



Florida State Women's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

60 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
21	Pemberton, Marecia	7.33	ACC Indoor Track & Field Championships	Feb 27, 2014
81	Davis-White, Kali	7.46	UAB Blazer Invitational	Jan 10, 2014
202	Freeman, Der'Renae	7.56	ACC Indoor Track & Field Championships	Feb 27, 2014
312	Zagre, Anne	7.64	Razorback Invitational	Jan 31, 2014
476	Smith, Bianca	7.72	Auburn Indoor Invitational	Jan 18, 2014
2184	Settingington, Nicole	8.23	Razorback Invitational	Jan 31, 2014

200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
400	Pierce, Jande	24.88	Razorback Invitational	Jan 31, 2014
517	Smith, Bianca	25.08	Razorback Invitational	Jan 31, 2014

300 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
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RANK	ATHLETE	TIME	MEET	MEET DATE
5	Ichite, Elizabeth	38.59	UAB Blazer Invitational	Jan 10, 2014
53	Ariol, Marsha	40.14	UAB Blazer Invitational	Jan 10, 2014
56	Pierce, Jande	40.16	UAB Blazer Invitational	Jan 10, 2014

400 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
31	Watson, Sage	53.42	UNM Cherry and Silver Invitational	Jan 24, 2014
50	Ichite, Elizabeth	53.99	ACC Indoor Track & Field Championships	Feb 27, 2014
349	Chandler, Sarah	56.52	Tyson Invitational	Feb 14, 2014
536	Over, Sydnee	57.25	UNM Cherry and Silver Invitational	Jan 24, 2014
587	Ariol, Marsha	57.42	Razorback Invitational	Jan 31, 2014

500 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
228	Over, Sydnee	1:18.20	UAB Blazer Invitational	Jan 10, 2014
263	Chandler, Sarah	1:18.69	UAB Blazer Invitational	Jan 10, 2014

800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
156	Over, Sydnee	2:10.58	Tyson Invitational	Feb 14, 2014
183	Quigley, Colleen	2:11.29	UNM Cherry and Silver Invitational	Jan 24, 2014

RANK	ATHLETE	TIME	MEET	MEET DATE
302	Hall, Linden	2:13.11	UNM Cherry and Silver Invitational	Jan 24, 2014
416	Peel, Georgia	2:14.35	UNM Cherry and Silver Invitational	Jan 24, 2014
635	Holdiman, Anna	2:16.47	UNM Cherry and Silver Invitational	Jan 24, 2014
2600	Martinez, Alejandra	2:28.63	ACC Indoor Track & Field Championships	Feb 27, 2014
3213	Sadieko, Grete	2:32.15	Razorback Invitational	Jan 31, 2014
5576	Brits, Maryke	3:05.89	Razorback Invitational	Jan 31, 2014

Mile

RANK	ATHLETE	TIME	MEET	MEET DATE
5	Quigley, Colleen	4:34.80	ACC Indoor Track & Field Championships	Feb 27, 2014
6	Hall, Linden	4:34.94	ACC Indoor Track & Field Championships	Feb 27, 2014
69	Peel, Georgia	4:44.61	UNM Cherry and Silver Invitational	Jan 24, 2014
116	Walker, Hannah	4:48.20	Auburn Indoor Invitational	Jan 18, 2014
237	Woolven, Pippa	4:53.80	Auburn Indoor Invitational	Jan 18, 2014
277	Holdiman, Anna	4:55.27	Tyson Invitational	Feb 14, 2014
711	Tyerman, Kayleigh	5:03.84	Auburn Indoor Invitational	Jan 18, 2014

3000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
38	Quigley, Colleen	9:18.85	Auburn Indoor Invitational	Jan 18, 2014
59	Hall, Linden	9:22.37	Auburn Indoor Invitational	Jan 18, 2014
65	Woolven, Pippa	9:24.08	UW Husky Classic	Feb 14, 2014
76	Walker, Hannah	9:26.55	UW Husky Classic	Feb 14, 2014
357	Woodruff, Chelsi	9:50.76	Tyson Invitational	Feb 14, 2014
712	Tyerman, Kayleigh	10:08.85	UNM Cherry and Silver Invitational	Jan 24, 2014

5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
15	Walker, Hannah	15:58.15	UW Husky Classic	Feb 14, 2014
22	Woolven, Pippa	16:08.93	ACC Indoor Track & Field Championships	Feb 27, 2014
117	Tyerman, Kayleigh	16:47.07	UW Husky Classic	Feb 14, 2014

60 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
37	Zagre, Anne	8.31	ACC Indoor Track & Field Championships	Feb 27, 2014
194	Settingington, Nicole	8.63	Razorback Invitational	Jan 31, 2014
282	Sadieko, Grete	8.74	ACC Indoor Track & Field Championships	Feb 27, 2014
302	Brits, Maryke	8.76	ACC Indoor Track & Field Championships	Feb 27, 2014

RANK	ATHLETE	TIME	MEET	MEET DATE
596	Martinez, Alejandra	9.02	ACC Indoor Track & Field Championships	Feb 27, 2014

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
71	3:43.55	Razorback Invitational	Jan 31, 2014

Distance Medley Relay

RANK	TIME	MEET	MEET DATE
8	11:01.59	UW Husky Classic	Feb 14, 2014

High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
117	Sadieko, Grete	1.73m	5' 8"	UNM Cherry and Silver Invitational	Jan 24, 2014
590	Drilling, Stacey	1.62m	5' 3.75"	Auburn Indoor Invitational	Jan 18, 2014
1034	Martinez, Alejandra	1.55m	5' 1"	ACC Indoor Track & Field Championships	Feb 27, 2014
1561	Brits, Maryke	1.49m	4' 10.5"	Razorback Invitational	Jan 31, 2014

Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
79	Jackson, Karly	3.97m	13' 0.25"	Razorback Invitational	Jan 31, 2014
113	Acton, Hannah	3.90m	12' 9.5"	Tyson Invitational	Feb 14, 2014
294	Schmidt, Madison	3.65m	11' 11.75"	UAB Blazer Invitational	Jan 10, 2014

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
752	Cook, Stephanie	3.20m	10' 6"	UAB Blazer Invitational	Jan 10, 2014
1258	Woodruff, Alexandria	2.60m	8' 6.25"	UAB Blazer Invitational	Jan 10, 2014

Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
6	Freeman, Der'Renae	6.38m	20' 11.25"	ACC Indoor Track & Field Championships	Feb 27, 2014
61	Brits, Maryke	6.07m	19' 11"	ACC Indoor Track & Field Championships	Feb 27, 2014
355	Sadieko, Grete	5.63m	18' 5.75"	UNM Cherry and Silver Invitational	Jan 24, 2014
498	Martinez, Alejandra	5.53m	18' 1.75"	ACC Indoor Track & Field Championships	Feb 27, 2014

Triple Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
36	Ileso, Izehi	12.74m	41' 9.75"	UNM Cherry and Silver Invitational	Jan 24, 2014
975	Sewell, Michelle	10.56m	34' 7.75"	UAB Blazer Invitational	Jan 10, 2014

Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
23	Whalen, Chelsea	16.27m	53' 4.5"	Razorback Invitational	Jan 31, 2014
31	Knibb, Kellion	16.01m	52' 6.5"	UNM Cherry and Silver Invitational	Jan 24, 2014

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
59	Johnson, Lakitta	15.55m	51' 0.25"	ACC Indoor Track & Field Championships	Feb 27, 2014
502	Reiman, Victoria	12.90m	42' 4"	Auburn Indoor Invitational	Jan 18, 2014
1080	Sadieko, Grete	11.53m	37' 10"	Tyson Invitational	Feb 14, 2014
1511	Martinez, Alejandra	10.77m	35' 4"	Razorback Invitational	Jan 31, 2014
2682	Brits, Maryke	8.90m	29' 2.5"	Razorback Invitational	Jan 31, 2014

Weight Throw

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
15	Cherry-Bronson, Briana	20.98m	68' 10"	UNM Cherry and Silver Invitational	Jan 24, 2014
38	Johnson, Lakitta	20.10m	65' 11.5"	ACC Indoor Track & Field Championships	Feb 27, 2014
544	Vangsnes, Katja	15.46m	50' 8.75"	ACC Indoor Track & Field Championships	Feb 27, 2014

Pentathlon

RANK	ATHLETE	POINTS	MEET	MEET DATE
68	Sadieko, Grete	3776	ACC Indoor Track & Field Championships	Feb 27, 2014
158	Martinez, Alejandra	3528	ACC Indoor Track & Field Championships	Feb 27, 2014
446	Brits, Maryke	3076	Razorback Invitational	Jan 31, 2014

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Florida State Women's Top Performances

Note: This is a list of top performances in all events. No conversions are applied. Wind-aided marks are excluded.

100 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
27	Pemberton, Marecia	11.38	FSU Twilight	May 9, 2014
36	Zagre, Anne	11.44	FSU Twilight	May 9, 2014
285	Smith, Bianca	11.91	FSU Seminole Invitational	Apr 11, 2014
381	Davis-White, Kali	12.01	Georgia Tech Invitational	May 16, 2014
1007	Settingington, Nicole	12.44	FSU Twilight	May 9, 2014

200 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
113	Davis-White, Kali	23.73	NCAA East Preliminary Round	May 29, 2014
127	Zagre, Anne	23.80	ACC Outdoor Track & Field Championships	Apr 17, 2014
231	Pierce, Jande	24.13	FSU Twilight	May 9, 2014
510	Smith, Bianca	24.65	FSU Relays (College/Open)	Mar 21, 2014
715	Martinez, Alejandra	24.93	ACC Outdoor Track & Field Championships	Apr 17, 2014

RANK	ATHLETE	TIME	MEET	MEET DATE
943	Sadeiko, Grete	25.19	FSU Relays (College/Open)	Mar 21, 2014
1076	Brits, Maryke	25.31	FSU Relays (College/Open)	Mar 21, 2014
1462	Settingington, Nicole	25.64	Georgia Tech Invitational	May 16, 2014

800 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
66	Hall, Linden	2:06.49	Georgia Tech Invitational	May 16, 2014
181	Over, Sydnee	2:09.54	FSU Twilight	May 9, 2014
626	Peel, Georgia	2:13.89	Georgia Tech Invitational	May 16, 2014
743	Woodruff, Chelsi	2:14.67	Jace LaCoste Invitational	May 2, 2014
2064	Aldridge, Alicia	2:22.39	FSU Seminole Invitational	Apr 11, 2014
2127	West, Courtney	2:22.73	FSU Seminole Invitational	Apr 11, 2014
2506	Martinez, Alejandra	2:24.82	ACC Outdoor Track & Field Championships	Apr 17, 2014
2962	Sadeiko, Grete	2:27.03	2014 Clyde Littlefield Texas Relays	Mar 26, 2014
3311	Midgett, Alexandra	2:28.67	FSU Seminole Invitational	Apr 11, 2014
3518	Swopes, Jensen	2:29.55	FSU Relays (College/Open)	Mar 21, 2014
4254	Carey, Brittany	2:33.77	FSU Relays (College/Open)	Mar 21, 2014
4430	Slocum, Haley	2:34.98	FSU Relays (College/Open)	Mar 21, 2014

1500 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
19	Peel, Georgia	4:15.88	NCAA East Preliminary Round	May 29, 2014
21	Quigley, Colleen	4:16.04	Payton Jordan Cardinal Invitational	May 4, 2014
23	Hall, Linden	4:16.42	Payton Jordan Cardinal Invitational	May 4, 2014
267	Butler, Jessica	4:28.64	FSU Seminole Invitational	Apr 11, 2014
293	Woodruff, Chelsi	4:29.35	FSU Seminole Invitational	Apr 11, 2014
537	Woolven, Pippa	4:34.27	Georgia Tech Invitational	May 16, 2014
1388	Walker, Hannah	4:45.37	Georgia Tech Invitational	May 16, 2014
1705	Griggs, Christine	4:48.57	FSU Twilight	May 9, 2014
2394	Brodie, Chantelle	4:55.35	FSU Seminole Invitational	Apr 11, 2014
2645	Thomas, Carly	4:57.39	FSU Relays (College/Open)	Mar 21, 2014
2942	West, Courtney	4:59.85	FSU Seminole Invitational	Apr 11, 2014
3483	Kelly, Kaitlyn	5:04.83	FSU Seminole Invitational	Apr 11, 2014
3558	Hibbard, Mollie	5:05.52	FSU Relays (College/Open)	Mar 21, 2014
3904	Charlassier, Erica	5:09.19	FSU Seminole Invitational	Apr 11, 2014
4265	Swopes, Jensen	5:12.85	FSU Seminole Invitational	Apr 11, 2014
4331	Phipps, Christina	5:13.56	FSU Seminole Invitational	Apr 11, 2014
4355	Aldridge, Alicia	5:13.84	FSU Seminole Invitational	Apr 11, 2014
4666	Midgett, Alexandra	5:18.05	FSU Seminole Invitational	Apr 11, 2014

RANK	ATHLETE	TIME	MEET	MEET DATE
6019	Bartlett, Hollis	5:39.41	FSU Seminole Invitational	Apr 11, 2014
6124	White, Sarah	5:42.01	FSU Seminole Invitational	Apr 11, 2014
6289	Carey, Brittany	5:46.27	FSU Seminole Invitational	Apr 11, 2014
6479	Pagan, Allyson	5:53.40	FSU Seminole Invitational	Apr 11, 2014
6656	Ardaman, Kassel	6:03.28	FSU Seminole Invitational	Apr 11, 2014
6898	Segura, Oyuki	6:38.60	FSU Seminole Invitational	Apr 11, 2014

Mile

RANK	ATHLETE	TIME	MEET	MEET DATE
22	Woodruff, Chelsi	4:53.54	Jace LaCoste Invitational	May 2, 2014
58	Butler, Jessica	5:02.40	Jace LaCoste Invitational	May 2, 2014
171	Thomas, Carly	5:23.31	Jace LaCoste Invitational	May 2, 2014
244	Kelly, Kaitlyn	5:36.31	Jace LaCoste Invitational	May 2, 2014

5000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
72	Walker, Hannah	16:13.77	Crimson Tide Invitational	Apr 5, 2014
123	Woolven, Pippa	16:28.21	ACC Outdoor Track & Field Championships	Apr 17, 2014
126	Hall, Linden	16:28.36	ACC Outdoor Track & Field Championships	Apr 17, 2014
188	Peel, Georgia	16:38.06	Crimson Tide Invitational	Apr 5, 2014

RANK	ATHLETE	TIME	MEET	MEET DATE
194	Quigley, Colleen	16:38.86	ACC Outdoor Track & Field Championships	Apr 17, 2014
861	Thomas, Carly	17:44.16	Crimson Tide Invitational	Apr 5, 2014
1321	Kelly, Kaitlyn	18:12.04	FSU Relays (College/Open)	Mar 21, 2014
1649	Brodie, Chantelle	18:27.86	FSU Seminole Invitational	Apr 11, 2014
2412	Charlassier, Erica	19:05.33	FSU Seminole Invitational	Apr 11, 2014
2586	Phipps, Christina	19:14.39	FSU Relays (College/Open)	Mar 21, 2014
2861	Hibbard, Mollie	19:29.78	FSU Seminole Invitational	Apr 11, 2014
3689	Pagan, Allyson	20:28.73	FSU Relays (College/Open)	Mar 21, 2014
3922	White, Sarah	20:51.91	FSU Relays (College/Open)	Mar 21, 2014
3997	Bartlett, Hollis	20:59.75	FSU Seminole Invitational	Apr 11, 2014
4300	Turner, Laura	21:47.91	FSU Relays (College/Open)	Mar 21, 2014
4342	Ardaman, Kassel	21:57.90	FSU Seminole Invitational	Apr 11, 2014

10,000 Meters

RANK	ATHLETE	TIME	MEET	MEET DATE
9	Walker, Hannah	32:56.90	ACC Outdoor Track & Field Championships	Apr 17, 2014

100 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
9	Zagre, Anne	12.97	NCAA Division I Outdoor Track & Field Championships	Jun 11, 2014
52	Settingington, Nicole	13.43	FSU Seminole Invitational	Apr 11, 2014
217	Sadeiko, Grete	14.03	FSU Twilight	May 9, 2014
298	Brits, Maryke	14.18	FSU Seminole Invitational	Apr 11, 2014
503	Martinez, Alejandra	14.57	ACC Outdoor Track & Field Championships	Apr 17, 2014

400 Hurdles

RANK	ATHLETE	TIME	MEET	MEET DATE
173	Ariol, Marsha	1:00.64	Georgia Tech Invitational	May 16, 2014
218	Chandler, Sarah	1:01.17	FSU Seminole Invitational	Apr 11, 2014

3000 Steeplechase

RANK	ATHLETE	TIME	MEET	MEET DATE
9	Woolven, Pippa	9:54.24	NCAA East Preliminary Round	May 29, 2014
12	Quigley, Colleen	9:56.96	Crimson Tide Invitational	Apr 5, 2014
101	Woodruff, Chelsi	10:28.22	NCAA East Preliminary Round	May 29, 2014

4 x 100 Relay

RANK	TIME	MEET	MEET DATE
10	44.17	NCAA Division I Outdoor Track & Field Championships	Jun 11, 2014

4 x 400 Relay

RANK	TIME	MEET	MEET DATE
84	3:41.77	FSU Relays (College/Open)	Mar 21, 2014

High Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
124	Sadeiko, Grete	1.74m	5' 8.5"	FSU Seminole Invitational	Apr 11, 2014
286	Drilling, Stacey	1.68m	5' 6"	USF Open	Mar 13, 2014
1196	Martinez, Alejandra	1.54m	5' 0.5"	FSU Seminole Invitational	Apr 11, 2014

Pole Vault

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
72	Acton, Hannah	4.02m	13' 2.25"	FSU Relays (College/Open)	Mar 21, 2014
91	Jackson, Karly	3.98m	13' 0.75"	ACC Outdoor Track & Field Championships	Apr 17, 2014
198	Schmidt, Madison	3.80m	12' 5.5"	USF Open	Mar 13, 2014
704	Cook, Stephanie	3.30m	10' 10"	FSU Seminole Invitational	Apr 11, 2014

Long Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
15	Freeman, Der'Renae	6.34m	20' 9.75"	ACC Outdoor Track & Field Championships	Apr 17, 2014
127	Sadeiko, Grete	5.99m	19' 8"	FSU Twilight	May 9, 2014

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
168	Brits, Maryke	5.91m	19' 4.75"	FSU Twilight	May 9, 2014
544	Martinez, Alejandra	5.56m	18' 3"	FSU Twilight	May 9, 2014

Triple Jump

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
210	Ileso, Izehi	12.13m	39' 9.75"	FSU Twilight	May 9, 2014
924	Sewell, Michelle	10.81m	35' 5.75"	FSU Seminole Invitational	Apr 11, 2014

Shot Put

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
24	Whalen, Chelsea	16.40m	53' 9.75"	2014 Clyde Littlefield Texas Relays	Mar 26, 2014
41	Johnson, Lakitta	16.04m	52' 7.5"	2014 Clyde Littlefield Texas Relays	Mar 26, 2014
139	Knibb, Kellion	14.69m	48' 2.5"	Crimson Tide Invitational	Apr 5, 2014
397	Reiman, Victoria	13.38m	43' 10.75"	FSU Relays (College/Open)	Mar 21, 2014
643	Sadeiko, Grete	12.55m	41' 2.25"	ACC Outdoor Track & Field Championships	Apr 17, 2014
1955	Martinez, Alejandra	10.05m	32' 11.75"	FSU Seminole Invitational	Apr 11, 2014

Discus

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
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RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
2	Knibb, Kellion	61.34m	201' 3"	NCAA East Preliminary Round	May 29, 2014
196	Reiman, Victoria	46.97m	154' 1"	FSU Seminole Invitational	Apr 11, 2014
248	Campbell, BreeAnne	45.87m	150' 6"	FSU Seminole Invitational	Apr 11, 2014

Hammer

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
30	Vangsnes, Katja	60.99m	200' 1"	Georgia Tech Invitational	May 16, 2014
165	Cherry-Bronson, Briana	54.57m	179' 0"	2014 Clyde Littlefield Texas Relays	Mar 26, 2014

Javelin

RANK	ATHLETE	MARK	CONV	MEET	MEET DATE
19	Whalen, Chelsea	50.99m	167' 3"	FSU Relays (College/Open)	Mar 21, 2014
114	Sadeiko, Grete	45.24m	148' 5"	ACC Outdoor Track & Field Championships	Apr 17, 2014
2307	Martinez, Alejandra	24.17m	79' 3"	FSU Twilight	May 9, 2014

Heptathlon

RANK	ATHLETE	POINTS	MEET	MEET DATE
8	Sadeiko, Grete	5706	ACC Outdoor Track & Field Championships	Apr 17, 2014
206	Martinez, Alejandra	4639	ACC Outdoor Track & Field Championships	Apr 17, 2014

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