

Miami 7-10

The Citadel 10-62

Boston College 17-28

Syracuse 38-14

Wake Forest 24-41

Virginia 21-26

Duke 24-55

Maryland 27-35

NC State 15-20

Clemson 14-35

Florida 34-7

Virginia Tech 22-27

Penn State 26-23

The attitude and the hustle
and the desire are always there.

- Coach **Bobby Bowden**

Having a strong rushing game was a prominent way to improve the team's record. In the dominate photo, junior Lorenzo Booker dodges a tackle from a Maryland Terp during the Homecoming game, to gain more yardage.

No longer does Miami have bragging rights, the wide right/wide left curse has been overcome with the season opener against Miami. Being one of the teams to have the youngest set of starters in college football, the win over Miami gave the Seminoles confidence to welcome Boston College to the ACC. Even though the Seminole were fourteen point underdogs, critics were silenced when FSU upset the Virginia Tech Hokies 27-22 in the ACC championship. Coach Bobby Bowden quotes, "We haven't been that heavy of an underdog in years. But any ways, we came back. That gum defense just played great. I didn't think we could stop the run like we did."

Voted the games MVP, Willie Reid ran an 83-yard, punt return and had a total of 177 yards. "I don't think the punt return had anything to do with the team thinking we were able to win the game," said Reid.

"They did a great job with us having that trust in ourselves and that confidence to make us feel like we were going to win the game." After winning their 12th conference ACC title, the Seminoles went to their first BCS bowl game since 2003 to face the legendary coach Joe Paterno's Penn State Nittany Lions, in the FedEx Orange Bowl.

The Florida State Seminoles entered the game ranked 22nd in the nation and Penn State ranked 3rd. The Noles were big underdogs but they were determined to play with a big heart. Going down early in the first quarter 7-0 the Noles looked for inspiration to get back into the game after many three and outs. Just like he did in the ACC Championship game, Willie Reid ignited the team with an 87-yard punt return with just a little over 4 minutes left in the half. After a back and forth second half the game went into overtime tied 16-16, where Penn State overcame with a late field goal to win the game in triple overtime 26-23. Willie Reid received the Orange Bowl MVP with 180 return yards and 235 all-purpose yards despite the Noles losing. Although young and inexperienced the team overcame many difficult challenges this season, which has the Noles entering next fall as contenders for the national title.

Kristin Mestre

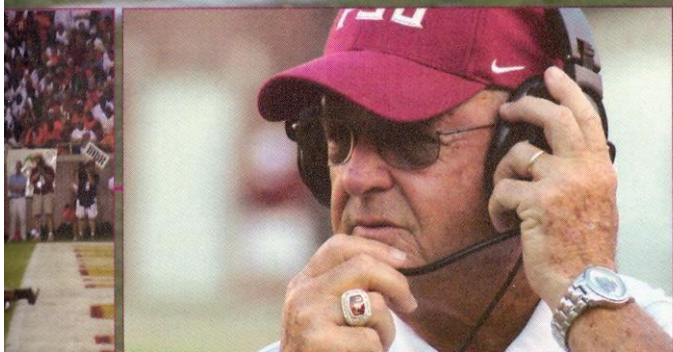
triumph

conquering the battle as ACC champs

- athletics -

Brittany Manfred





FSU Photo Lab



Courtesy of McGrath Studios

- revive victory -

50 Free
(ACC Championship)
Alex Kennon 19.96Y

100 Free
(ACC Championship)
Joel Roycik 43.75Y

200 Free
(ACC Championship)
Carl Marais 1:36.99Y

500 Free
(ACC Championship)
Steve Roof 4:21:08Y

1000 Free vs. Florida
Steve Roof 9:09.82Y

1650 Free
(ACC Championship)
Kyle Young 15:08:40Y

50 Back
(ACC Championship)
Ian Powell 23.16YL

100 Back
(ACC Championship)
Jarryd Botha 48.87YL

200 Back
(ACC Championship)
Jarryd Botha 1:45.54Y

100 Breast
(ACC Championship)
Billy Jamerson 54.81Y

200 Breast (Georgia
Tech Invitational)
Billy Jamerson 1:59.56Y

100 Fly
(ACC Championship)
Joel Roycik 47.16Y

200 Fly
(Georgia Tech Invitational)
Ian Powell 1:48.29Y

200 IM
(ACC Championship)
Danny Keeling 1:48.94Y

400 IM
(ACC Championship)
Steve Roof 3:53.89Y

1 Meter 6 Dives
(Georgia Tech Invitational)
Alex Tilbrook 375.25

Platform 6 Dives
(Georgia Tech Invitational)
Daniel Frebel 380.75

3 Meter 6 Dives
(Georgia Tech Invitational)
Alex Tilbrook 380.75

It takes a big staff, a great team, and everyone pushing and pulling together to get as far as we have.

- Coach Neil Harper

Junior Steve Roof earn Honorable Mention All-American honors as he placed 15th in the 1650 free with a new school record of 15:04.42. This is the second time in Roof's career that he has earned Honorable Mention All-American honors, his first being in 2005 when he took part of the Seminoles' 800 free relay that finished 16th.

With each passing season, the Florida State University men's swimming and diving program gets a little bit stronger and a little bit closer to being the best program in the Atlantic Coast Conference. This 2005-2006 school year brought success for FSU's Men's Swimming and Diving team.

Florida State athletes are a regular sight on top of the medal stand at the ACC Championships. The men's swimming and diving team amassed eighteen individual and relay titles, the second best six-year run in school history.

Seminole swimmers and divers excel in the classroom just as well as they do in the pool. Since 2000, the Seminoles have had at least 20 student-athletes on the ACC Honor Roll every year, including a program-high 32 in 2002.

This year the Atlantic Coast Conference named its post season award winners where head coach Neil Harper won ACC Women's Swimming and Diving Coach of the Year. Neil Harper, seven-year head coach, has orchestrated a winning strategy since his arrival to Florida State University.

"This is the biggest compliment that the other coaches in the conference can give someone. It will be there to remind me of the great year that we had as a team and a staff. When I look at the award it is something that we, the team, the entire coaching staff and the whole department share together. You can't accomplish something like that by yourself. It takes a big staff, a great team and everyone pulling and pushing together to get as far as we have," stated Harper.

Brandace Simmons

ferocity

pushing through the waves to the next level

- athletics -





FSU Photo Lab



Kristin Mestre

Marietta Palgutt



Marietta Palgutt



State	U
GUEST	0
156	LN
129	6



over-achieving to win the title

strive

Florida State University's women's swimming and diving team made a powerful mark as a program in 2006 on the university's history. As a program, it has produced 22 All-Americans, 42 ACC Champions and 79 All-ACC performers over the last six years.

Finishing the season with seven team members competing at the NCAA National Championships was a success in itself. Additionally, these competitors broke records as well. With seven years under his belt as head coach, Neil Harper could not have been more proud of the team's performance.

The NCAA Championship put the swimming and diving team's best foot forward. In the very beginning, the Florida State women's 400 medley relay earned Honorable Mention All-American setting an early standard that their presence would be felt. In the process, four members of the team won the consolation final and set a new Atlantic Coast Conference and school record of 3:39.01. End Day One.

The Florida State women's swimming and diving team continued to be a force at the NCAA National Championship. Day Two brought them All-American honors as they took third in the championship final.

The last day came as no surprise when they followed through with just as much effort, finishing 16th with 84 points. Earning multiple All-American and Honorable Mention All-American honors over the course of nationals the Seminoles finished a remarkable season with a success at Nationals. With countless hours of practice, team effort and an incredible coach, these ladies proved their abilities in and out of the water, progressing both athletically as well as academically.

Shannon Glynn

At the NCAA National Championships, the Seminoles placed 16th with 84 points. FSU made history when they won their first ever ACC title with 596.5 points and had nine event champions. The Seminoles set new school records, two conference records and one ACC meet record this season.

Everyone contributed to win the ACC title. In every possible way. It is just a phenomenal feeling to watch them pull out performances like they did.

- Coach Neil Harper

50 Free
(ACC Championship)
Christie Raleigh 22.75Y

100 Free
(Georgia Tech Invitational)
Carrie Ellis 49.32Y

200 Free
(ACC Championship)
Romy Altmann 1:48.67Y

500 Free
(ACC Championship)
Lindsay Kenney 4:53.20Y

1000 Free vs. Florida
Meredith Martelle
10:11.21Y

1650 Free
(Georgia Tech Invitational)
Meredith Martelle
16:54.09Y

50 Back
(ACC Championship)
Christie Raleigh 25.37YL

100 Back
(ACC Championship)
Romy Altmann 55.31YL

200 Back
(ACC Championship)
Romy Altmann 1:57.16Y

100 Breast
(ACC Championship)
Lauren Brick 1:00.93Y

200 Breast
(ACC Championship)
Georgia Holderness
2:14.06Y

100 Fly
(ACC Championship)
Christie Raleigh 54.01Y

200 Fly
(ACC Championship)
Lindsay Kenney 2:00.38Y

200 IM
(ACC Championship)
Georgia Holderness
2:02.96Y

400 IM
(ACC Championship)
Ann Cipoletti 4:21.69Y

1 Meter 6 Dives
(Georgia Tech Invitational)
Brittany Lerew 317.40

3 Meter 6 Dives
(Georgia Tech Invitational)
Brittany Lerew 364.85

FSU Photo Lab

- revive victory -

Appalachian State
Invitational:
1st- (25:41.62)

FSU Invitational:
1st- (24:39.51)

N. Dame Invitational:
4th- (24:00.00)

NCAA Pre-National:
7th- (23:49.00)

ACC Championship:
2nd- (23:43.1)

NCAA South Region
Championship:
2nd- (29:42.22)

NCAA National
Championship:
18th- (30:07.5)

As a team I think that we
really came together towards
the end of the season.

- Sean Burris, senior

Hydration after a long 8k run is crucial in order to stay healthy for the entirety of the season. In the dominate photo, senior Sean Burris stays refreshed after finishing 10th at the ACC Championship.

The nationally ranked Men's cross country team wrapped up a triumphant season, they finished in the top twenty of the NCAA National Championship. Progressively improving every year, this was the teams' third consecutive appearance in the NCAA Championship.

"This season was very rewarding. We achieved our main goal of being a Top 20 team at NCAAs," said red shirt sophomore Chris Nickinson.

Finishing first at every meet for Florida State, senior Andrew Lemoncello led the team to success. "Every race was a major improvement. I was really struggling with training at the beginning of the season, but I kept working on improving. I set two school records: two ACC performer of the week awards and an All-American performance," said Andrew Lemoncello who not only broke his own personal records this year, but also Cross Country records for Florida State University.

"It was a big deal when Andrew made All-American who has represented the men's team," said Head Coach Bob Braman. Andrew, along with the rest of the men's cross country, trained daily to build up stamina to make it to the championships.

Finishing number one at the NCAA National Championship was the teams' ultimate goal. "Some of the best memories are not made by winning a race or winning a match, It is the journey or road that you and your fellow teammates took to get there," said senior Sean Burris.

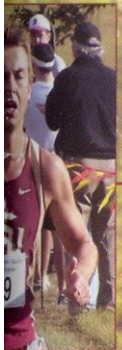
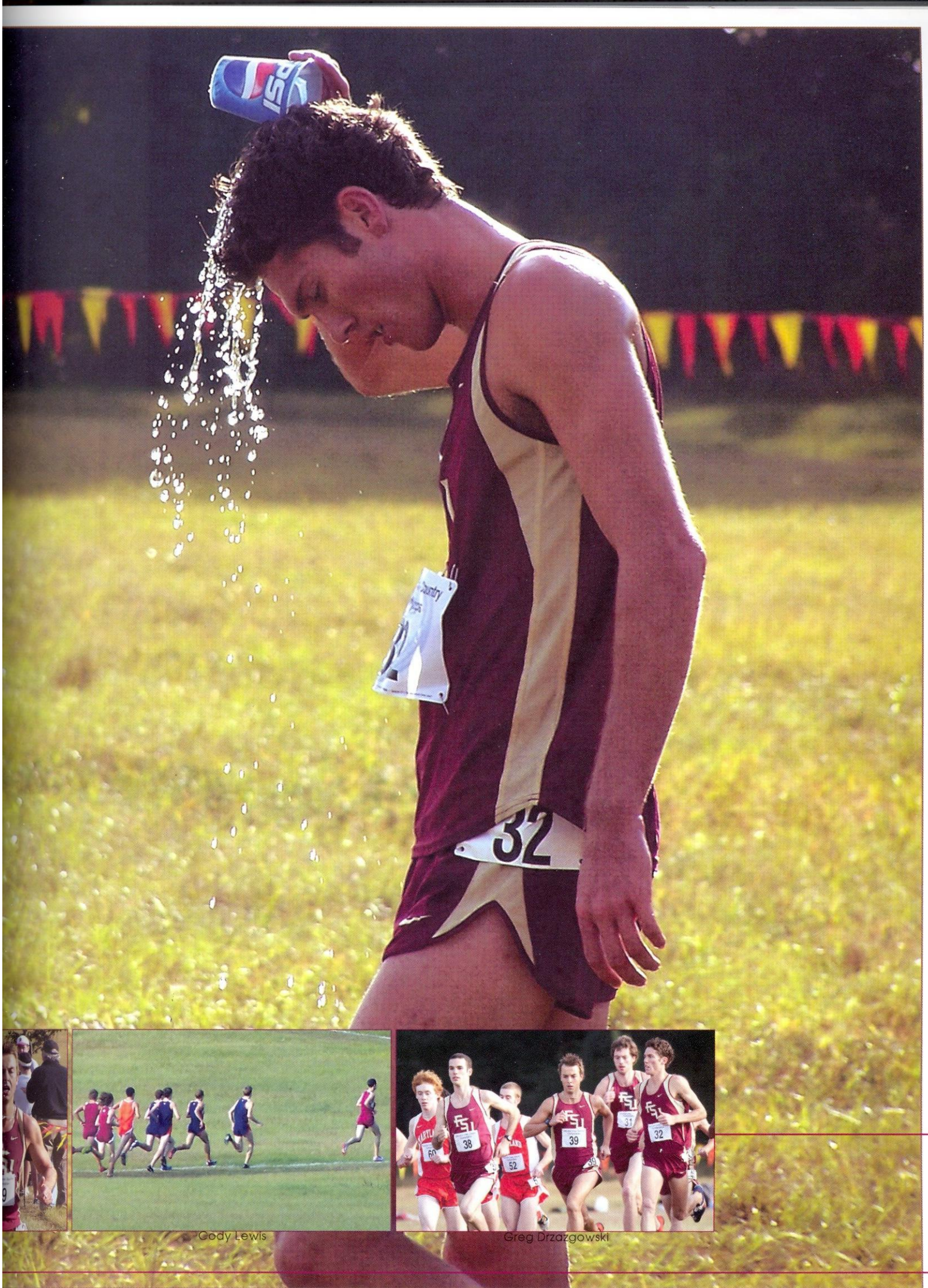
Tiffany Anderson

intensity

going the distance to persevere

- ath letics -





Cody Lewis



Greg Drzazgowski

Greg Drzazgowski

Cody Lewis



turning a young team into a tribe

fellowship

The women's cross country had an admirable season including two first-place finishes and placing seventh in the ACC Championship. They also found themselves with something that can not be placed in a trophy case, a sisterhood that ended up being the key to the team's successful season.

"I loved being in the huddles before every race. You can taste the passion we have for the sport, see the intensity in my teammates' eyes, and feel the unity we have together. The last few moments before we scream 'Go Noles' are the most powerful, because we all look at each other. There in that moment, the true sisterhood we have for one another comes alive within our gazes," said sophomore Shannon Coates.

Having such a close-knit team made the freshmen's transition from high school cross country to the collegiate level much smoother. The upperclassmen gave the incoming freshman the benefits of their experience at the NCAA level. Freshman Lydia Willemse stated, "cross country this year, as a freshman, was so much more than I expected. I had a great season, and learned so much. Our team really improved throughout the year. I am so excited for the next cross country season!"

Even though the team just missed out on their chance to make an appearance in the NCAA National Championship, they feel confident about next year's season. With only one graduating senior, this young team will use their experience to run their way into a national championship.

Tiffany Anderson

Staying determined and focused through out the course is the key to making great time and getting points for the team. In the dominate photo; Jessica Crate gives the course her undivided attention to finish the race with a time of 21:06.5, in which the team placed 7th.

I came here to run and ended up with something even better... friendships, laughs, memories, and some awesome experiences

- Kaley Matthews, freshman

Appalachian State Invitational:

1st- (18:17.44)

UF Invitational:

10th- (19:07.86)

FSU Invitational:

1st- (17:56.45)

N. Dame Invitational:

12th- (17:07.00)

NCAA Pre-National:

13th- (20:41.00)

ACC Championship:

7th- (20:07.9)

NCAA South Region Championship:

3rd- (20:52.59)



Cody Lewis

- Mercer 0-3
- S. Carolina 3-1
- Pittsburgh 3-2
- Kansas State 3-0
- Minnesota 3-0
- Houston 2-3
- South Florida 1-3
- Florida 3-0
- Maryland 3-0
- Boston College 1-3
- Georgia Tech 3-2
- Clemson 3-2
- N. Carolina 3-1
- NC State 0-3
- Miami 3-1
- Virginia Tech 0-3
- Virginia 3-1
- Duke 3-0
- Wake Forest 3-0
- Boston College 2-3
- Maryland 3-1
- Clemson 1-3
- Georgia Tech 0-3
- Virginia 3-2
- Virginia Tech 0-3
- Miami 2-3
- NC State 0-3
- N. Carolina 2-3
- Duke 3-2
- Wake Forest 0-3

Our team played with heart
 and determination this entire
 season and never gave up.

- Coach **Todd Kress**

Staying focus and playing as a team were the fundamentals in making a successful season. In the dominate photo, junior Sarah Griffin spikes the ball to aide her team in the 3-0 victory over Mercer.

The Florida State volleyball team was able to do something Wednesday night September 19th, that it was unable to do in it's previous four outings: earn a much deserved victory.

Snapping a four-match losing streak with a 3-1 win over the University of South Florida on Lucy McDaniel Court at Tully Gym in front of roughly 700 fans didn't come easy, however, as all four games for the Tribe were close. After dropping the first game to the Bulls 23-30 — a contest that saw USF out-hit the 'Noles in percentage .206 to .128 — the Garnet and Gold fought back in the second game behind the play of junior setter Jessica Skower and sophomore Libero Summer Weissing. Both players registered five kills and six digs apiece in the contest. While the Weissing-Skower tandem guided the Seminoles to the 30-22 victory in the second game, Senior outside hitter Kristen Rust led both the offense and defense in the third contest with five kills and a game-high seven digs for the 30-25 win. For the fourth and final game, Freshman outside hitter Marrita Royster-Crockett paved the way for the 'Noles hitting at a .400 mark with six kills on ten attempts. The impressive play helped FSU slip past the Bulls with a final score of 30-28.

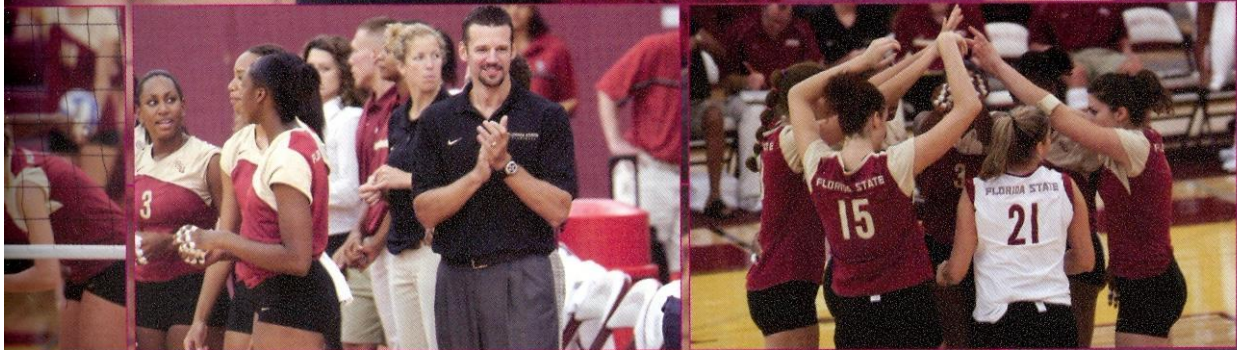
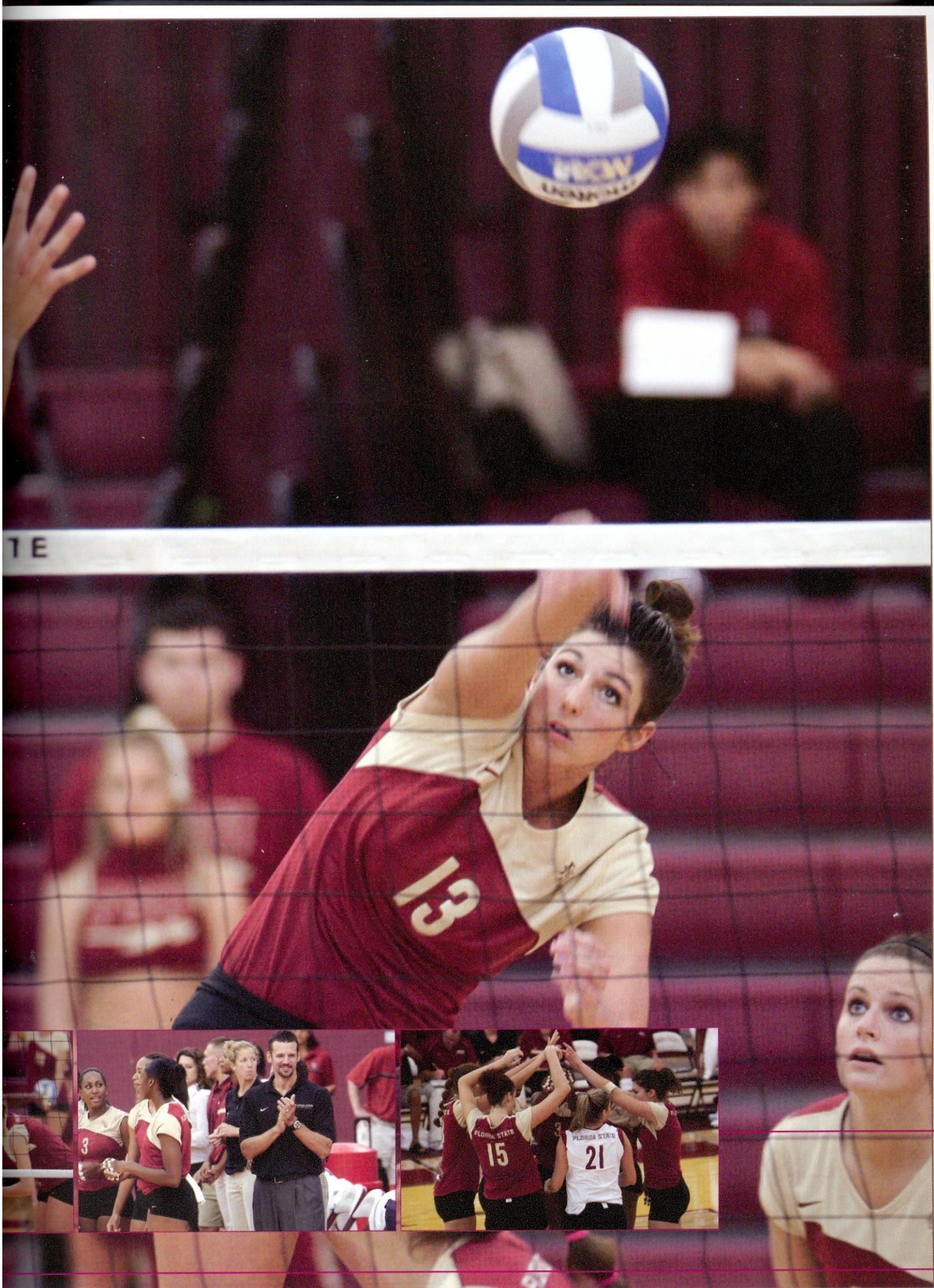
For the match, Skower finished with fifty-one set assists, one ace, twelve digs, three blocks and twelve kills while Royster-Crockett had a team-high fifteen kills. Skower and Rust notched their second respective double-doubles of the season. Weissing had seventeen digs to push her total double-digit dig count to six of seven matches this season.

Brandon Mellor of the FSView

surmount
 overcoming a rough start to triumph

- ath letics -





- revive victory -



going beyond the goal to rise to the top

admirable

"All season long this group has done a heck of a job. It is nice that the NCAA rewarded us with a number 2 seed," said first year FSU Head Coach, Mark Krikorian. The loss of six seniors, the transfer of two essential players, and the parting of the teams most successful head coach last year left many people skeptical if the 2005 year was going to be a rebuilding year. Despite critics predictions about the outcome of their season, they became one of the top four teams in the nation. The Seminole soccer team accomplished a record breaking season, which is sure to go down in history. For the second time in three years, the Seminole team has seen it's hopes of playing for a National Championship slip away with the loss of one game.

Although they fell just short of a National Championship, loosing to fourth ranked UCLA in the quarterfinals, their twenty win, four lost, and one tie (20-1-4) season gave the Seminoles something of which to be proud.

"There are no expressions to describe how it feels to be a part of this. I had to watch from the sidelines the last time we made it to the College Cup. To be able to be a part of this on the field this year is a dream come true for me and this team," said Ali Mims. With the loss of two seniors and a promising freshman class, the Lady Seminoles expect to continue with their success and add a National championship towards another impressive season.

Tiffany Anderson

Getting the upper hand on your competitor on the field was key in order to retain ball control. In the dominate photo, junior Viola Odebre displays her athletic ability while performing a bicycle kick to keep the ball in bounds and under her direction.

I am so happy for everyone who stuck with us and invested themselves in this program.

- Kelly Rowland, junior

- 4-0 USC
- 2-1 Loyola
- 7-0 Jacksonville
- 2-0 Mercer
- 3-0 UCF
- 1-0 Mississippi
- 4-2 Florida
- 1-4 N. Carolina
- 3-1 N.C. State
- 0-1 Virginia
- 3-0 Virginia Tech
- 3-1 Maryland
- 3-0 Boston College
- 3-1 Miami
- 4-1 Wake Forest
- 2-1 Duke
- 5-0 The Citadel
- 3-0 Clemson
- 4-0 Clemson
- 0-2 Virginia
- 3-0 FAU
- 2-1 Illinois
- 2-1 Cal. State
- 1-1 N. Carolina
- 0-4 UCLA

All photos by Greg Dirzazowski

- Jacksonville 78-48
- Alcorn State 85-67
- Florida 66-74
- Purdue 97-57
- Louisiana-Monroe 85-62
- Texas Southern 90-59
- Bowling Green 71-60
- Stetson 75-57
- Campbell 108-73
- Nebraska 74-60
- Clemson 55-61
- Virginia Tech 74-68
- Virginia 87-82
- Boston College 87-90
- North Carolina 80-81
- Wake Forest 75-68
- Miami 78-84
- Clemson 69-59
- Duke 96-97
- Georgia Tech 80-79
- U Mass 73-63
- NC. State 64-86
- Virginia 76-72
- Maryland 71-62
- Virginia Tech 61-72
- Duke 79-74
- Miami 69-64
- Wake Forest 66-78
- Butler (NIT) 67-63

To say that we were disappointed, I guess would probably be an understatement.

- Coach Leonard Hamilton

Tying the game at 77 with a with only 2:06 left in the second half, Alexander Johnson dunks the ball knocking his Georgia Tech defender off his feet. Alexander Johnson led the Seminoles with 14 points to beat Georgia Tech 80-79, including a slam dunk that tied the ragged contest at 77 with 2:06 left.

After a rough start last season, the Seminoles came into the 2006 season with high expectations and a determination to play well. Threshing out 10 wins of the first 11 games, the predominantly younger Seminole team's leadership came from experienced senior veterans Andrew Wilson, Diego Romero, and Todd Galloway.

The Seminoles produced one of the best featured offenses in the Atlantic Coast Conference, scoring an average of 80.5 points per game and 224 more points than their opponents while averaging 10 steals through 20 games.

A rocky schedule left the Seminole Men tackling some of the Atlantic Coast Conference's heavyweights. With their backs against the wall and desperate to stay alive in the NCAA Tournament hunt, the Noles banded together to beat rival Virginia at home.

The match-up game versus Virginia was highlighted by Andrew Wilson with a career high 21 points and Alexander Johnson who scored 15 points and was the games' top rebounder with 13, adding to his fifth double-double in seven games. Coach Leonard Hamilton commented of his team, "During one of our recent team meetings one of our players stepped up and said that we really need to play the remaining of the year for our seniors and to try and send them off on a positive note."

The struggle to stay alive for an NCAA Tournament bid came in the most unlikely of times. Florida State in the last minutes against No.1 Duke finished off the Blue Devils 79-74 in a huge upset that caused the students to storm the court twice. "I couldn't have written it any better. This is unbelievable," said Senior Andrew Wilson "I got to do it in front of my whole family, my mom bought thirty tickets for a whole bunch of family members to come in that don't get to see me play. I have been here so long and it is such a relief to be able to go out on top."

The Florida State team ended up getting snubbed by the selection committee and did not get into the Big Dance. "I must say that to say that we were disappointed, I guess would probably be an understatement," said Coach Hamilton "We did realize that we basically controlled our destiny and we thought we did a good enough job to considered a top 64 team, but when you really don't have a total knowledge of what all the criteria is that the committee is using, I guess you are really somewhat in the dark. The men's basketball team got invited into the National Invitation Tournament with a No.2 seed and plan to take this as a great step towards the future.

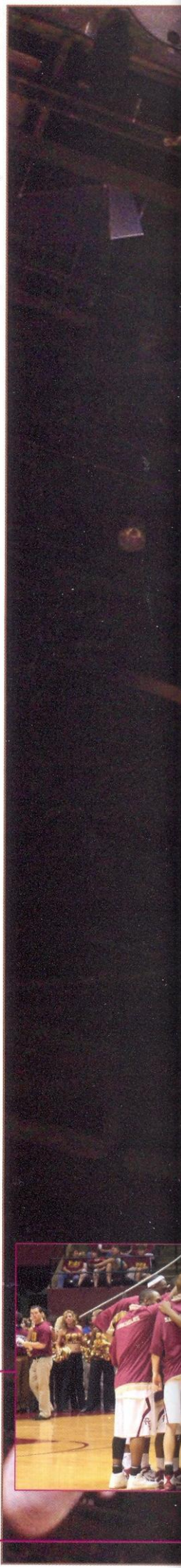
Robert Pando

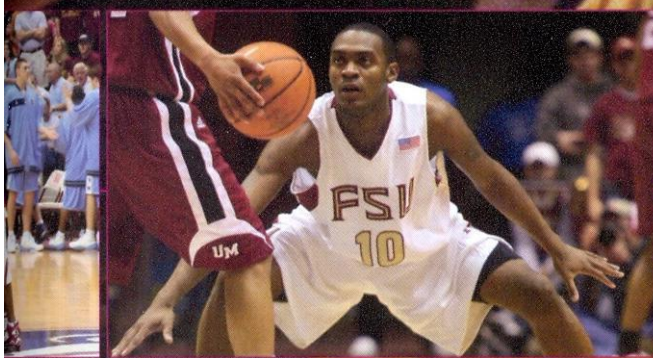
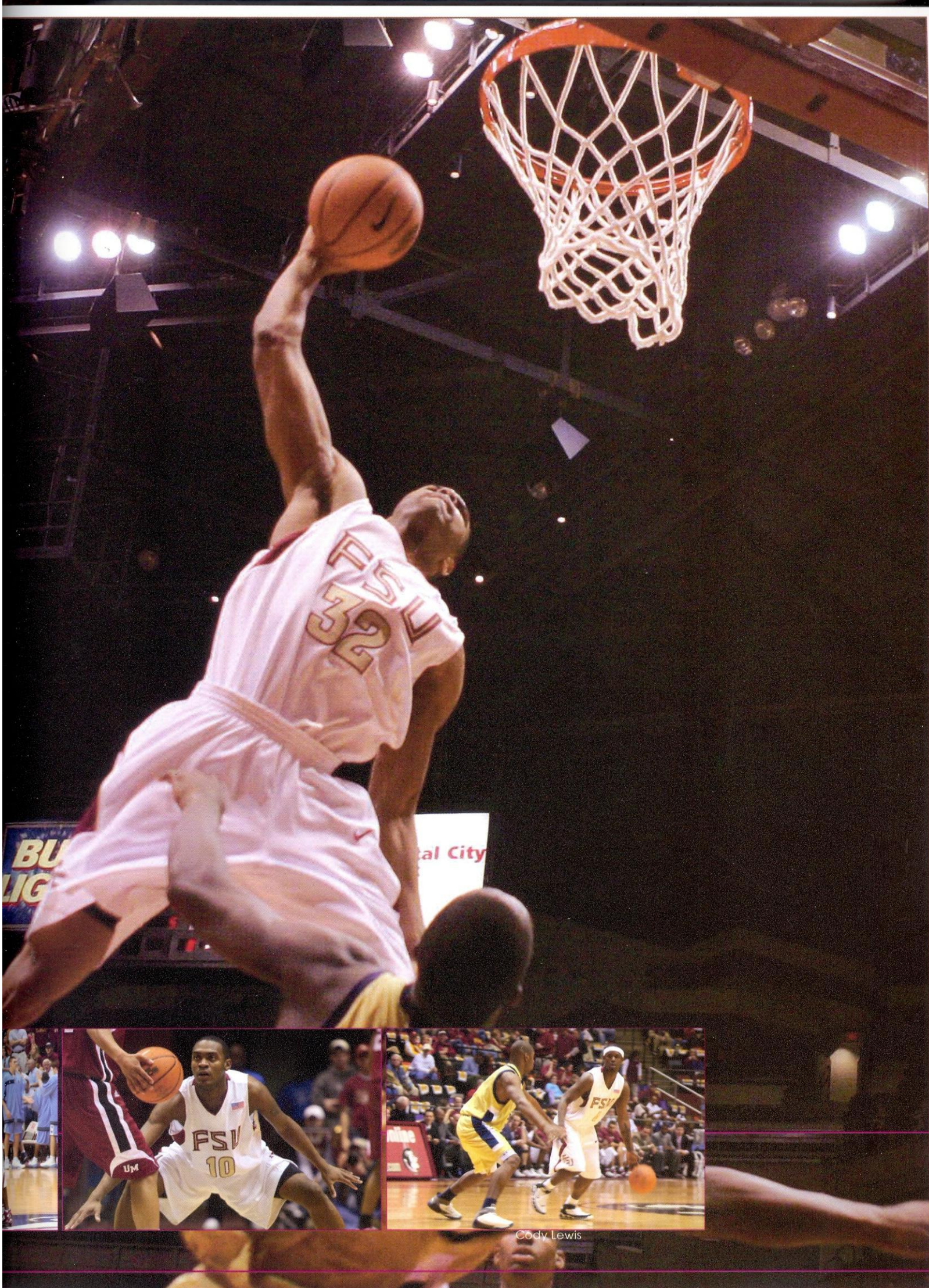
persistence

having the tenacity to drive to the hoop

- ath letics -

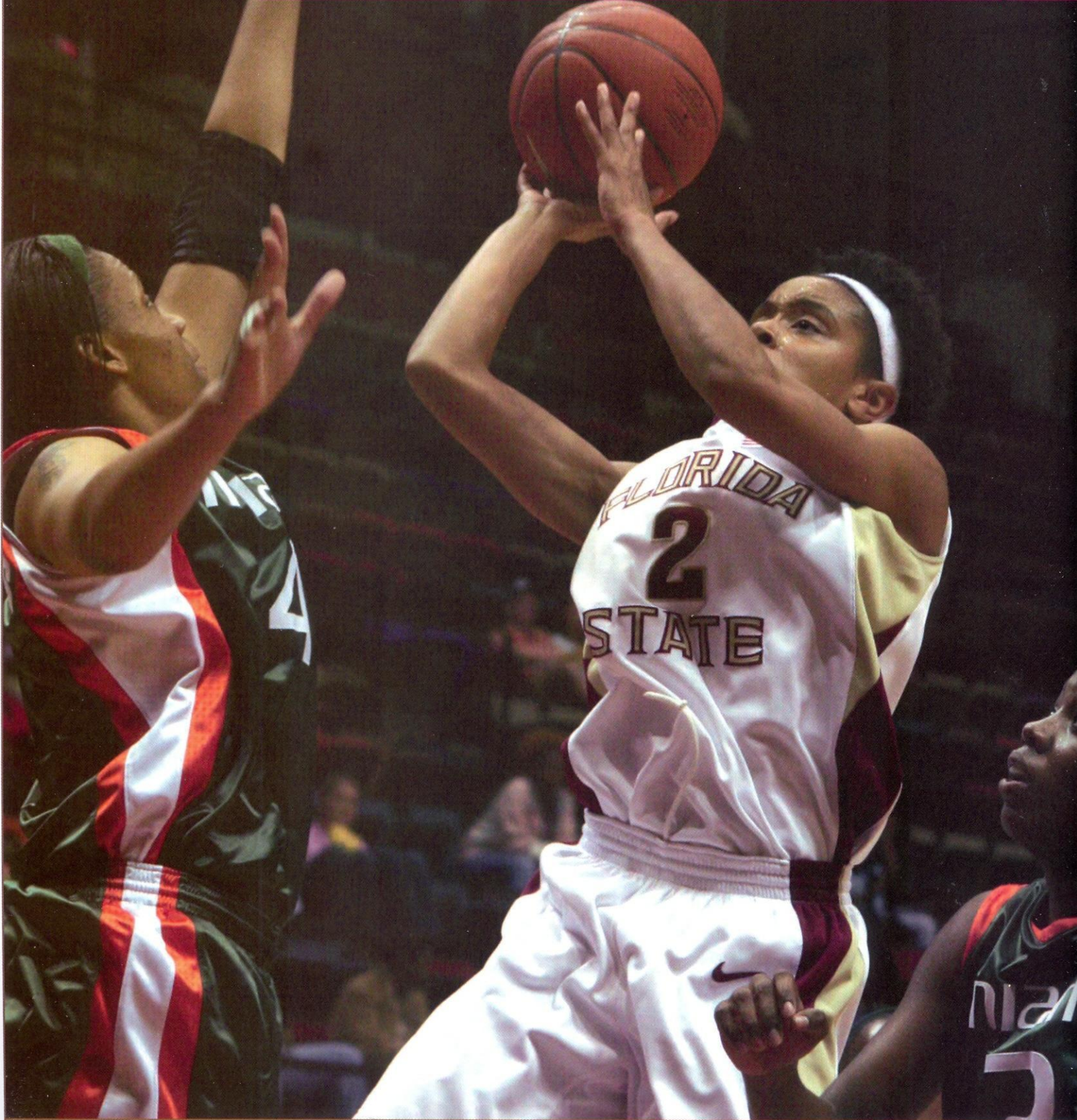
All photos courtesy of www.Warchant.com





Cody Lewis

- revive victory -



- athletics -

defeating the battles to make it to the dance

conquest

The Florida State Women's Basketball team came out strong in the 2004-05 season and decided to repeat their success again in 2005-2006. Lead by their Head Coach Sue Semrau, the Lady Noles head into the season with high hopes and making it to the Big Dance. The season would turn out to be everything they hoped for going 19-9 overall and 10-4 in the Atlantic Coast Conference; the Lady Noles secured a bid to the NCAA Tournament for the 5th time in school history with victories over rivals Florida, Miami and nationally ranked teams Boston College and North Carolina State. The team got even better news when they team heard of their No.6 seeding which matches last years and is the highest seeding the Tribe has had in the 64 team format.

Seniors Ganiyat Adeduntan, Holly Johnson, Hannah Linqvist, and LaQuinta Neely should feel especially proud knowing they were part of the first class to lead Florida State to seven or more Atlantic Coast Conference wins in four consecutive seasons including a record 10 wins in the conference this season. "I am really proud of our players because there has been a lot of hard work on their part," Coach Sue Semrau said.

This year's team helped Florida State achieve three top four finishes in the Atlantic Coast Conference, a fourth straight post-season appearance and second straight trip to the NCAA Tournament for the first time since the 1990-91 season.

Robert Pando

LaQuinta Neely works against the UM defense to shoot a lay-up. Last year Neely was tied for first in averaging 4 assists per game.

I am really proud of our players because there has been a lot of hard work on their part.

- Coach Sue Semrau

All photos by Cody Lewis

- 82-57 Georgia Southern
- 69-71 Washington
- 82-76 Florida
- 75-67 Western Carolina
- 69-56 Montana
- 75-59 Mississippi State
- 81-49 UCF
- 71-80 Tulsa
- 76-63 Florida Atlantic
- 68-75 Xavier
- 73-50 Fordham
- 92-42 Lipscomb
- 62-72 Florida
- 68-87 Duke
- 60-46 Virginia
- 57-75 Maryland
- 80-64 Clemson
- 51-68 North Carolina
- 58-67 Virginia
- 59-54 Georgia Tech
- 68-87 Duke
- 60-46 Virginia
- 57-75 Maryland
- 80-64 Clemson
- 51-68 North Carolina
- 58-67 Virginia
- 59-54 Georgia Tech
- 75-61 NC State
- 79-54 Miami
- 69-76 Virginia Tech
- 68-61 Miami
- 80-72 Clemson
- 70-57 Wake Forest
- 71-60 Boston College



seizing the moment to envision a hole-in-one

pertinacity

With the nation's 16th toughest schedule, the Men's Golf Team set out to prove that they are building one of the top programs in the country. But with every season's end comes the time to say goodbye to the seniors who contributed so much to the team.

Adam Wallace, a high school state champion and three-time varsity letterman, brought the most collegiate experience to the team. After competing in 14 events comprising of nearly 40 rounds over a three-year career there is no doubt that he will be missed.

Another senior moving on is Gonzalo "Gonzo" Ibarra. Gonzo, from Saltillo-Coahuila, Mexico, won two Junior National Championships in Mexico before moving to Florida to perfect his game. In fact, Gonzo represented Mexico in the Junior World Championships and placed sixth. Like Wallace, Gonzo was a three-time varsity letterman as well. Majoring in social science, Gonzalo plans on becoming a professional golfer in the future.

The last senior leaving the team is Jacob Davis, a Varsity letterman and Brevard Community College transfer student, won the all out individual junior college national championship before moving on to Florida State. During his division I career he competed in five tournaments, completing 14 rounds and averaging 77 strokes per round.

There is no denying that the loss of Adam Wallace, Gonzalo Ibarra and Jacob Davis will leave a void in the team that must be filled, however the amazing play by junior Torstein Nevestad, sophomores Jonas Blixt, Tommy Rymer and Song Jeon and the play of freshmen stand-out Matt Savage, will leave head-coach Trey Jones feeling very comfortable about next year. "Our task as a team is to continue to work hard and show improvements... we showed that we have the ability to become a good team—now we have to become a good team."

Rebecca Sibielski

Freshman Nicholas Smith led the Seminoles' at the General Jim Hackler Invitational place third at the TPC of Myrtle Beach. Smith is tied for fifth place in individual standings after carding a pair of one-under par scores of 71.

We showed that we have the ability to become a good team now we have to become a good team.

- Coach Trey Jones

- 6th & 3rd
Coca Cola
Tournament of
Champions
- 8th & 8th
Shoal Creek
Intercollegiate
- 8th & 8th
Gary Koch/
Cleveland Golf
Intercollegiate
- 3rd & 10th
The Ridges
Intercollegiate
- 3rd & 3rd
Gator Invitational
- 3rd & 2nd
Gator Invitational
- 10th & 10th
Seminole
Intercollegiate
- 3rd & 4th
General Jim Hackler
- 11th & 12th
Hootie at Bulls Bay
Intercollegiate
- 12th & 13th
Georgia Tech
Collegiate
- 5th, 4th & 6th
ACC Championship
- 3rd & 6th
Lingerlonger
Invitational
- 18th, 19th & 14th
NCAA Regionals
- 14th
NCAA
Championships

All photos courtesy of Sports Information

14th
Cougar Classic

11th, 10th, & 9th
Tar Hell Invitational

7th, 6th, & 6th
Seminole Classic

9th, 13th, & 11th
Derby Invitational

13th, 11th, & 13th
LSU/Cleveland
Classic

3rd & 4th
Lady Gamecock

4th, 6th, & 4th
Classic Liz Murphey
Collegiate Classic

1st & 1st
Ryder/Florida
Championship

2nd, 3rd, & 5th
ACC Championship

4th & 4th
NCAA East Regional

15th, 16th, 16th,
& 16th
NCAA Championship

I enjoy the experience most
when I or one of my team-
mates has reached a goal, played
a really great round or had
a personal best and their hard
work has finally paid off.

- Whitney Brummett, sophomore

Whitney Brummett accomplished her second consecutive top-15 finish as she carded a 76 in the final round of the ACC Championship for a total of 231 and tied with teammate Jaclyn Burch by placing 15th in the individual standings.

Whitney Brummett, Caroline Larsson, and Jaclyn Burch -- three Florida State golfers who helped the Seminoles to a 16th place finish at the NCAA Championship -- have been named to the national All-American Scholar Team by the National Golf Coaches Association. It marks the fourth time Larsson has been named to the prestigious team, the second time Brummett has been named and the first time Burch has been so honored.

The National Golf Coaches Association represents women's collegiate golf coaches and was formed to encourage the playing of golf by women while promoting education. The organization represents more than 400 coaches nationally and is dedicated to promoting and recognizing student-athletes throughout the United States. The criteria for selection to the All-America Scholar Athlete team is stringent with a minimum 3.50 grade point average and regular competition in two-thirds of the school's regularly scheduled competitive rounds during the academic year a must.

Larsson has earned a 3.94 grade point average over her four year academic career with a major in psychology and a minor in communication. She has continuously demonstrated leadership in the classroom earning recognition on the Dean's List and President's List, as well as on the ACC Top 6 for community service all four years. Larsson also excelled on the course during her career as she served as the Seminoles' team captain as a junior and senior. In addition, she earned All-ACC honors in 2004 and led Florida State to four tournament championships and played in three NCAA championships in her career. Brummett, a sophomore majoring in political science and minoring in business, holds a 3.86 grade point average. Brummett helped lead the Seminoles to the team title at the Ryder/Florida Collegiate Championship in 2006 and has helped Florida State to two team titles in her first two collegiate seasons. In the classroom, she has earned Dean's List honors three times and has made the ACC Honor Roll, as well as the ACC Top 6 Community Service in 2005 and 2006.

Burch, a junior at Florida State, holds a 3.58 grade point average in sport management. Burch was named to the All-ACC team in 2005 and was a team captain in 2006. She has helped Florida State to three team championships and the NCAA championships twice. She has earned Dean's List honors three times and is the third scholar athlete to make ACC Top 6 for community service team awards in 2003, 2004, and 2005.

Florida State finished in 16th in the team standings at the NCAA Division I Women's Golf Championship to end the season ranked in the nation's top 16 for the first time since 1999 and only the third time in school history. The Seminoles, who entered the championship ranked No. 24 nationally, finished the event at the Scarlet Course at The Ohio State University ahead of No. 12 Texas A&M, No. 13 UNLV, No. 19 Kent State and No. 21 Arizona.

Stephanie Ecott

endurance

pursuing the perfect game

- athletics -





- revive victory -



aiming for rankings to fulfill their desires

passion

The Seminole's Men's Tennis team ends the season strong with an 18-12 record, the second-best recording the last 11 years for the program.

It was a nail biter until the last moment at the second round of the NCAA tournament against Ole Miss. Unfortunately for the Seminoles, it was Florida State that came up on the short end.

The Men's team along with a good record gained recognition with junior Ytai Abougzir was named the ACC "Performer of the Week" on March 20th and with senior Chris Westerhof becoming FSU's all-time double's leader after earning 80 career doubles victories.

Junior Ytai Abougzir logged the biggest accomplishment of his career as he became the first Seminole in 12 years to be selected to participate in the singles and doubles competition of the 2006 NCAA Division I Men's Tennis Championships.

Abougzir is ranked No. 36 nationally in singles and he and classmate Chris Westerhof make up the No. 11-ranked duo in the nation. The dynamic pair had an impressive 20-8 record this season, with a win over the top-team in the nation. Abougzir is the first FSU player to qualify for both the singles and doubles championships.

One of the program's all-time great players, Chris Westerhof, took his final team bow as a Seminole and went out in style. Recording the Seminoles' first point of the day at the NCAA tournament with a 6-3, 6-1 win at No. 5 singles over Robbye Poole. Westerhof's 68 career singles wins puts him at No. 10 on the all-time singles list. With 162 total career wins (singles and doubles victories combined), Westerhof is ranked second.

"Chris wins every big match," Hultquist said, "and if you look at his NCAA record during the last four years it is outstanding. He had a great career at FSU and I think it's fair to say we can always count on him and Maciek (Sykut) during big matches."

The team also gave back to the community this past year with hosting "Children in Action Sport and Exercise Health Day" on March 28th where children could learn about healthy activities such as bowling and martial arts from providers of such services from around the community. In between breaks the players and children would handout prizes donated to the cause by community organizations.

Recording a new Seminole tradition, the Men's tennis team along with staff, administrators and fans gathered at the "Unconquered" statue for the lighting of the spear to mark the end of the 2005-2006 season for the team.

FSU adopted a policy that allows flames to lap more frequently from the spear of the "Unconquered" statue recognizing events of great significance and accomplishment on the FSU campus.

"I think the coaches and players take a lot of pride in the Seminole spirit," Hultquist commented. "Lighting the torch tonight and having a selection show was really special and something we are looking forward to each year. We have the best fans in the nation and it was really special for our team and program to receive that amount of support."

Jonathan Brand

Chris Westerhof broke the FSU career record of 80 doubles wins when beating Alabama 5-2 at home.

AA Nick brings a lot of dedication, energy and enthusiasm to our program. **UU**

- Head Coach **Dwayne Hultquist** on **Nick Crowell** who was named ITA Mideast Region Assistant Coach of the Year

All photos by Cody Lewis

- 5-2 Florida Atlantic
- 3-4 Louisiana-Lafayette
- 0-7 Miami
- 5-2 Penn
- 3-4 Nebraska
- 7-0 Furman
- 0-4 Pepperdine
- 4-1 South Carolina
- 0-4 Baylor
- 5-2 Alabama
- 1-4 Ohio State
- 5-2 USF
- 4-3 Rice
- 3-4 Texas A&M
- 7-0 Georgia Tech
- 3-4 Notre Dame
- 4-3 Clemson
- 6-1 Maryland
- 6-1 Boston College
- 2-5 North Carolina
- 4-3 Duke
- 4-3 Virginia Tech
- 2-5 Virginia
- 5-2 North Carolina State
- 7-0 Wake Forest
- 4-0 Boston College (ACC Tournament)
- 4-2 North Carolina (ACC Tournament)
- 2-4 Duke (ACC Tournament)
- 4-2 Auburn (NCAA Championship)
- 2-4 Ole Miss (NCAA Championship)

- Auburn 4-3
- Bethune-Cookman 7-0
- FAMU 5-0
- Stetson 6-1
- Florida 0-7
- Georgia Southern 7-0
- Troy State 4-3
- LSU 5-2
- UAB 5-2
- Florida International 2-5
- Miami 0-7
- Boston College 4-3
- Maryland 3-4
- North Carolina 1-6
- North Carolina State 2-5
- Wake Forest 0-7
- Clemson 3-4
- Georgia Tech 2-4
- Virginia 6-1
- Virginia Tech 3-4
- Duke 4-1
- Wake Forest (ACC Championship) 4-1

OO We are now in the toughest conference in the nation for women's tennis. **OO**

- Nicola Slater, junior

Senior Alina Mihailescu and her double partner, Tapiwa Marobela had their first ranked wins first the first time in their respective careers versus No. 14 Georgia Tech.

Despite having difficult losses and a strain of injuries, the Lady Seminole tennis squad managed to finish off their season strong finishing 65th with 2-9 in the ACC and 9-13 overall.

Suzanna Mansour and Nicola Slater were both able to finish off the season with each of them having a 9-4 record. The last game of the regular season against Duke saw freshman Lisa Nystrom Skold defeat Jessie Robinson 7-5 and 6-3, which in turn led to the only point that the Seminoles picked up. That day was also proclaimed "Alina Mihailescu Day" in honor of the only senior on the team who contributed much to her teammates during her four years at Florida State.

The No. 10-seeded Florida State women's tennis team saw its ACC Title hopes come to an end as the Seminoles fell 4-1 to seventh-seeded Wake Forest in the opening round of the 2006 ACC Women's Tennis Championship at the Cary Tennis Center.

FSU came out strong and captured the doubles point with victories at Nos. 2 and 3 at the ACC Championship. First the freshmen pair of Ania Rynarzewska and Suzanna Mansour overpowered Ashlee Davis and Ana Jerman, 8-3, and the Tapiwa Marobela-Alina Mihailescu duo followed suit with a 9-7 win at No. 3.

"This was our best doubles performances of the year at Nos. 2 and 3," FSU head coach Jennifer Hyde said. "It was great for Alina (Mihailescu) to finish up her career really strong. This has been the best I have seen her play in doubles since I started coaching here."

"It's been a long season with the injuries and other things we couldn't control," Hyde said. "But I cannot say enough about the character and heart of this team. Everyone competed hard all season long and I can honestly say we had a blast together this season and that shows a lot about their character. When we got knocked down, they'd get right back up. I am extremely proud of our team and I just adore each and every one of them. As a coach, you couldn't ask for more. We have the intangibles intact and next year we'll have the numbers. Again, I cannot express and describe what a joy it has been to work with these girls this season."

Hand in hand with being an athlete, a being a top student is also an important part of being a Seminole. The women's tennis squad fulfilled this expectation with seven of the players on the squad landed on the 2006 ACC Honor Roll and five of the student-athletes on the team finished the spring semester with a GPA above 3.5. With the combined GPA of 3.467 for the academic year and a 3.507 average for the 2006 spring semester the FSU women's tennis team recorded the highest team GPA of the 2005-06 academic year.

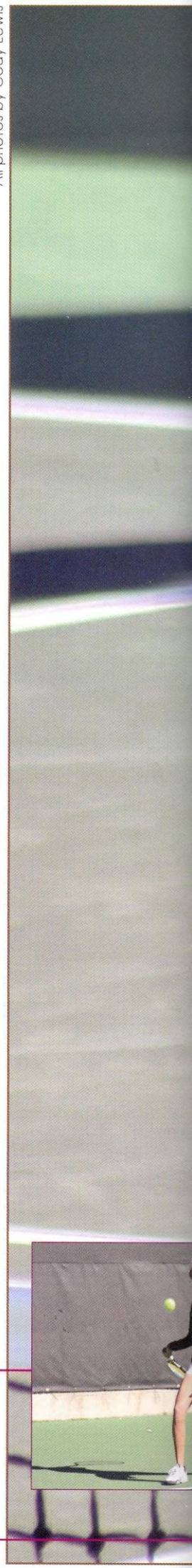
"I think it is extremely important to have student-athletes that excel in the classroom, in the community and on the court," second-year FSU head coach Jennifer Hyde said. "I am very proud of the hard work and dedication our players displayed towards academics this year. It is not easy to play a collegiate sport and be a student because of the time and travel demands. However, our student-athletes made a valiant effort to succeed in all perimeters of their lives and I couldn't be more pleased."

Jonathan Brand

certitude

having the drive to vanquish the weak

- athletics -





- revive victory -



rallying the tribe to bring them home

provoking

The Women's Softball team is looking at the new season as a stepping stone after a great run the season before. The team is lead by seniors, Kim Hoffer, BillieAnne Gay, Carly Brieske, Natasha Jacob, and Carey Galuppi whom help the team tackle on opponents in a strong Atlantic Coast Conference.

The team started with a rocky first half of the season going 20-12 overall with a relatively young squad, but the Lady Noles have done some great things along the way. In Fielder, Yuruby Alicart received the first ACC Player of the Week honors which is the 75th award for a Florida State player ever and the most handed out to any single school after she had raised her hitting average by 80 points during the FSU Invitational. The best occurred during the Judi Garman Classic where FSU upset No.10 Arizona State 1-0 in 10 innings.

"This is a big win for us over a Top 10 team," FSU head coach JoAnne Graf said. "This shows our team that we can win any game against any team in the country. This will be a big confidence booster. We bent, but we didn't break and our pitching and defense came through when we needed them."

The Lady Noles battled through the tough competition and surpassed everyone's expectations as they rolled into Regionals and upset No.8 Georgia advancing themselves into the Super Regionals as the only ACC school and one of only two unranked teams to do so. Even though the Noles were on a great run the magic ended when Arizona State got payback eliminating them 5-1 in the series second game. "I told the kids that I'm really proud of them," FSU head coach Dr. JoAnne Graf said. "We went a step farther than we did last year and I told them next year we can go that extra step."

Florida State recorded its 24th season that school had reached 40 wins and 16th in the last 17 seasons.

Robert Pando

Whitney Buckmon hook slides into home to put the Seminoles in the lead by one to then later beat Boston College 7-5. In 2005 Buckmon led the freshmen with 16 runs scored and nine stolen bases.

W All that matters is that we get the "W." **W**

- Melissa Wood, sophomore

All photos by Cody Lewis

- 3-12 Louisville
- 7-2 Samford
- 11-3 Nicholls State
- 3-2 & 10-2 Georgia Southern
- 4-3 & 2-4 South Carolina
- 5-0 & 9-1 Iowa State
- 8-1 & 1-2 Jacksonville
- 1-14 Louisiana-Lafayette
- 0-1 Tennessee
- 0-9, 3-6, 0-5 & 3-11 Michigan
- 2-1 Western Michigan
- 6-5, 4-6, 4-1 & 8-4 Maryland
- 1-0 & 5-2 Connecticut
- 2-4 Kent State
- 11-6 Western Illinois
- 5-2 Georgia State
- 5-2 5-3, 0-4 & 9-3 Florida A&M
- 7-2 St. Johns
- 2-1, 3-5, & 1-3 North Carolina
- 1-6 Cal State Fullerton
- 1-0 Arizona State
- 0-1 Notre Dame
- 3-1 & 8-0 Florida International
- 5-7, 8-0, & 7-5 Boston College
- 2-7 Auburn
- 9-1, 3-8, & 7-4 Georgia Tech
- 4-0 & 6-5 Florida
- 0-1 & 8-5 Virginia
- 0-2, 5-6 & 2-0 N.C. State
- 4-3 & 2-4 Troy
- 0-2, 2-10, & 9-6 Virginia Tech
- 2-0 & 8-2 UCF
- 10-1, 3-4 & 7-4 Georgia Tech (ACC Tournament)
- 6-0 & 1-4 N.C. State (ACC Tournament)
- 7-1 Coastal Carolina (NCAA Regionals)
- 3-2, 1-3 & 2-0 Georgia (NCAA Regionals)
- 1-6 & 1-5 Arizona State (NCAA Super Regionals)

Charleston Southern
 6-3, 12-2, & 15-8
 Auburn
 8-3 & 2-5
 UNC Asheville
 10-0, 9-1, & 8-2
 Minnesota
 5-0, 12-4, & 8-6
 Florida
 6-4
 Brown
 12-0, 21-5, & 15-7
 Mercer
 8-4
 Maryland
 9-7, 6-2, & 4-3
 Winthrop
 10-0
 Virginia Tech
 11-2, 7-9, 9-4
 Jacksonville
 4-1
 Duke
 7-2, 12-4, 15-5
 North Florida
 14-8
 North Carolina 3-4,
 0-4, & 6-5
 Jacksonville 4-21
 NC State 7-3, 7-8,
 11-10, 7-1, 7-15
 ACC Championships
 2-6, 7-6, 11-0
 NCAA Championships
 18-0, 6-4, 1-7, 2-3

(It's) ... hard to expect anything other than continued success.

- Jonathan Butnick on Shane Robinson

Collegiate Baseball's National Player of the Year Shane Robinson, knocks one out of the park and leads Florida State to a 6-2 victory over Maryland Terps.

When going into the new season, the Florida State Baseball team wanted to go where the team has not been in recent years, The College World Series.

The 'Noles returning 11 starters from last year's team that went 53-20 and reached the Super Regional of the NCAA Tournament. The reigning National Player of The Year, Shane Robinson returns to the squad hoping to improve or repeat last years great season.

The Seminoles started off the season 21-2 and received the No.1 ranking in the nation by winning 17 in a row and beating nationally ranked teams Florida 6-4 and Winthrop 10-0. One of the great moments early in the season was legendary head coach Mike Martin reaching 1,400 wins in his career as one of only three Division I coaches to do so with a .700 career winning percentage or more.

"This program is about our team," said Martin after the historic win. "I am just very blessed and proud to be a part of the Florida State team. We have a great administration. We have a great staff. We have been fortunate to keep everybody around and I am just fortunate to be a part of it."

The Seminoles soon had to face the heart of the Atlantic Coast Conference one of the toughest in the nation with nationally ranked teams such as North Carolina, Miami, Clemson, and Georgia Tech. The Noles' struggled throughout the rest of the season dropping in the rankings to No.18 but continued to give it their all. The team came together to make a great run in the ACC tournament falling just short of the championship game losing 8-7 to North Carolina State. "This was a great baseball game," said FSU Head Coach Mike Martin. "NC State was a very tough team. They did everything better than we did tonight. Give them all the credit. I am just proud of the way our ball club fought and hung together. Another hit here or there, who knows? But that is what makes the game great."

The Seminoles were not able to host a Regional but soon traveled to Athens, Georgia to face the competition but were eliminated by Goergia in an exciting third game ending Florida State with a 44-21 record and a 29th consecutive Regional appearance.

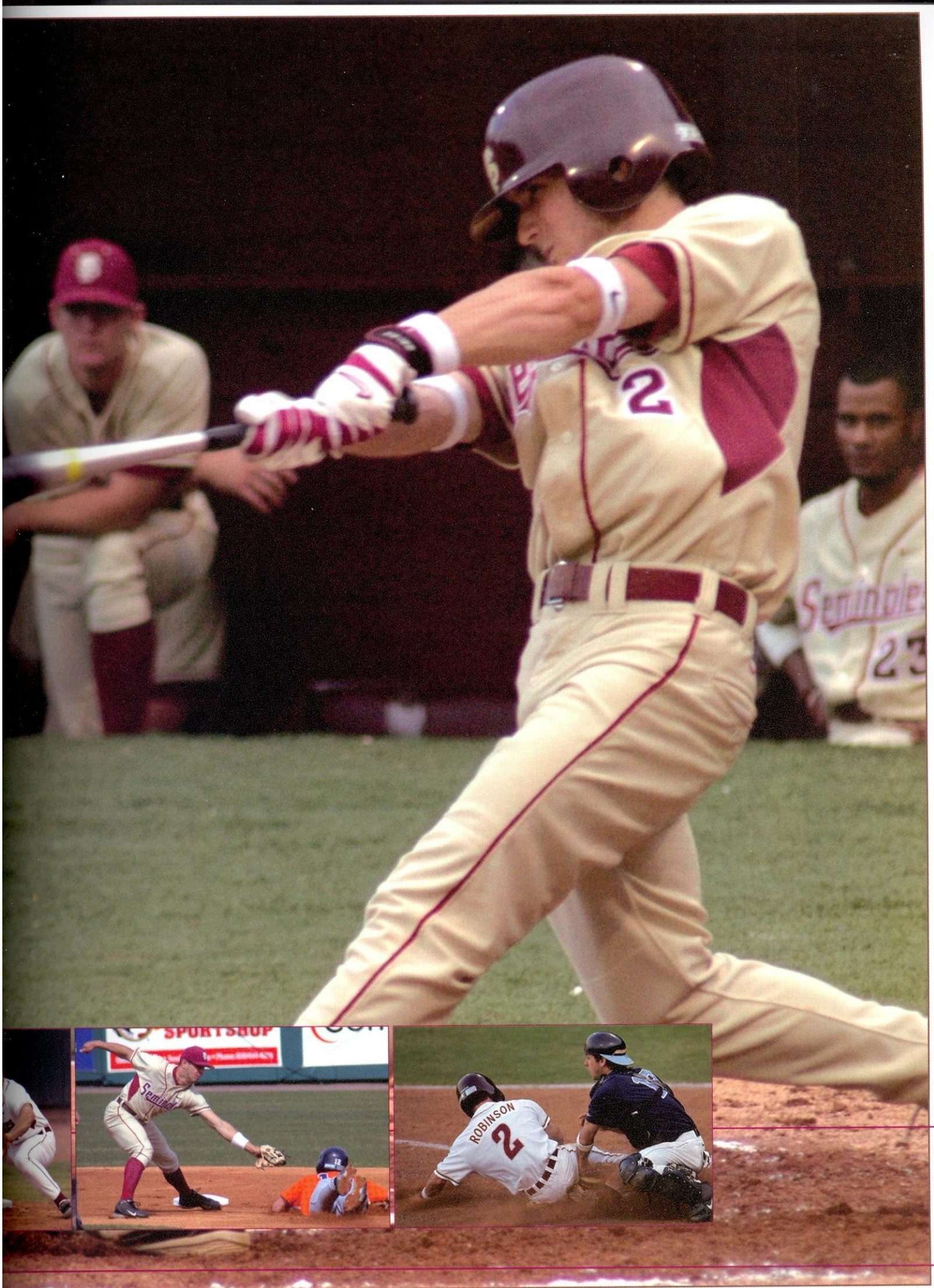
Robert Pando

conquer

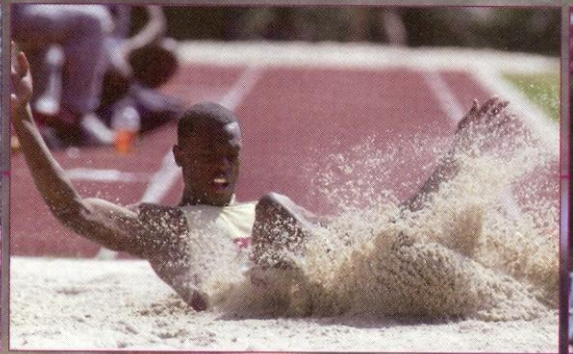
awakening the bats to defeat the rivals

- ath letics -





- revive victory -



dashing beyond the hurdle

champions

Five top two finishes helped the Florida State men's track and field team to its first-ever NCAA Outdoor Track and Field Championships in front of a crowd of 9,116 at the Alex G Spanos Sports Complex in Sacramento, Calif. The men scored 67 points ahead of LSU (51 points), Texas (36 points), Arizona (34) and Arkansas (33).

The men clinched the team victory with a second-place finish in the 1500m run by Tom Lancashire. Indoor national champions Walter Dix and Garrett Johnson won outdoor titles. The nation's top-ranked triple jumper Rafeeq Curry added another individual national crown and Dix and sophomore Ricardo Chambers posted runner-up finishes in the 100m and 400m dash.

Lancashire clinched the team championships with a second-place finish in the 1500m run. The two-time All-American ran 3:44.20 to secure the first place position for the Seminole squad.

The title is the first for the Florida State men and the third track national title for the program. The women's 1984 outdoor team and 1985 indoor squads also won NCAA crowns. The men win the Triple Crown (conference, regional and national titles) for the first time in program history.

The title is the first for the Atlantic Coast Conference. The Seminoles doubled the all-time number of outdoor national champions with the three winners today.

The finish marks the highest team placing since taking third place in 1980 and only the fourth time in the program's history that a team has placed in the top 10 at outdoor nationals.

Dix won his third national title in taking the top spot in the 200m dash with a time of 20.30. He is one of three people to win a national championship in both the 100m and the 200m in the last ten years. Rookie Michael Ray Garvin was eighth in the group scoring one point and earning All-American honors.

Kicking off the point scoring barrage was Dix earned his eighth All-American honor with a second-place finish in the 100m. The incoming defending champion had the seventh fastest time of the year before Wednesday. It is his second NCAA runner-up finish this year after placing second in the 60m during the indoor season. Last year Dix, went one-four in the 100m and 200m, respectively. Dix is the second two-time All-American 100m runner since Jonathan Carter put together back to back top-eight finishes in 1995 and 1996.

Less than an hour later, Chambers added another eight-spot with a second-place finish in the 400m in an FSU school record 44.71. Chambers is the second two-time 400m All-American joining Olympian Walter McCoy on the short list. It is the fifth 400m national honor in program history.

The points kept rolling as Johnson completed the sweep of the indoor and outdoor shot put championships, hitting 66'7" (20.29m). He earned his fourth All-American honor and second of the meet, as he finished in fifth place in the discus yesterday.

By the time Curry wrapped up his first national title in the triple jump, the team title already belonged to the Seminoles. The ACC Long and Triple Jump Champion saved the farthest jump of his career for last. He hit the sand in 54'9.5" (16.70m), besting the FSU school record that he owned by 3.5 inches. This year Curry scored 13 points towards the team title, the most in his career and became the first Seminole to win the triple jump national championship.

Senior Andrew Lemoncello extended the team lead with a run of 8:39.45. He finished fourth for the second consecutive season, earning his third All-American honor.

Sports Information

Tywayne Buchanan marked his spot in the top eight through the first three weeks of the outdoor season. He had an ACC best time of 53.09 to compete in the 400m intermediate hurdles.

We show up everyday to run, jump, or throw with the hopes of winning another conference title, but this year, we are going to Squad Up and work on winning the national title.

- John Fallone, redshirt junior

10.12 - 100m

Walter Dix

20.25 - 200m

Walter Dix

45.52 - 400m

Richardo Chambers

1:45.76 - 800m Tom

Lancashire

3:41.03 - 1500m

Tom Lancashire

28:32.92 - 10000m

Andrew Lemoncello

8:34.84 - 3000m

steeplechase

Andrew Lemoncello

14.10 - 110m

High Hurdles

Javier Garcia-Tunon

50.30 - 400m

Intermediate Hurdles

Elliott Wood

38.90 - 4x100m Re-

lay FSU 'A':

Bolden, Wright,

Garvin, Nabe

3:07.35 - 4x400m

Relay FSU 'A':

Buchanan, Mitchell,

Gaines, Tunon

2.05m - High Jump

Shawn Allen

7.75m - Long Jump

Rafeeq Curry

16.44m - Triple

Jump Rafeeq Curry

20.84m - Shot Put

Garrett Johnson

60.75m - Hammer

Andrew Diakos

57.88m - Discus

Garrett Johnson

5.20m - Pole Vault

Matt Hurley

47.11m - Javelin

Alvarado Bada

6107 points - De-

cathlon Jacob Pea-

cock

All photos courtesy of the FSU Photo Lab

- revive victory -

- 100m - **11.34**
- Evelyne-Cynthia Niako
- 200m - **22.99**
- Evelyne-Cynthia Niako
- 400m - **53.36**
- Alycia Williams
- 800m - **2:07.64**
- Natalie Hughes
- 1500m - **4:16.69**
- Natalie Hughes
- 3000m - **9:49.87**
- Susan Kuijken
- 5000m - **16:20.30**
- Susan Kuijken
- 10000m - **36:38.54**
- Kara Newell
- 3000m steeplechase - **10:21.16**
- Barbara Parker
- 100m Hurdles - **13.62**
- Lakendra McCollum
- 400m Hurdles - **58.16**
- Lakendra McCollum
- 4x100m Relay - **45.48**
- FSU 'A': Williams, Niako, McCollum
- 4x400m Relay - **3:31.43**
- FSU 'A': Williams, Pettus, Batchelor, Niako
- Long Jump - **5.90m**
- Charlene Walker
- Triple Jump - **13.44m**
- LaToya Legree
- Pole Vault - **4.58m**
- Lacy Janson
- Hammer - **153.51m**
- Sarah Reed
- Shot Put - **15.41m**
- Sarah Reed
- Discus - **47.77m**
- Lindsey Nelson
- Javelin - **40.91m**
- Kate Purcell

OO I always say, 'don't talk about it, be about it.' **OO**

- Kimberly Adams, senior

LaKendra McCollum earned Performer of the Week honors this season. McCollum, an All-ACC candidate, got clocked at 58.04 and ran a season-best mark in the 400m hurdle finals in the Texas Relays.

The success of the Women's Track and Field team in 2006 has been measured by the success of its athletes, the team has been having an extraordinary year breaking records and making history.

Florida State senior hurdler, LaKendra McCollum earned her first Atlantic Coast Conference Outdoor Performer of the Week award at her home meet performance at the FSU Relays on March 22-25th, 2006. She did exceptionally well reaching regional qualifying times in the 100-meter and 400-meter.

"LaKendra had an awesome weekend," said head coach Bob Braman. "She's doing a great job across the board in all her events. Her 400m hurdles time is particularly outstanding for this early in the season. We're excited about her chasing All-American honors."

The success continued for the squad as they went on to the Atlantic Coast Conference Indoor Track and Field Championships at Rector Field house on the campus of Virginia Tech University on Saturday, February 25, 2006 where the team had their highest finish since the 2003 season and holstered a sixth top three finish in fifteen years in the league.

At the 2006 Clyde Littlefield Texas Relays in Austin, Texas red shirt senior and NCAA runner-up Lacy Janson broke the FSU school pole vault record by over three feet setting a new standard for FSU athletics after her. At the NCAA Championships Janson won the pole vault national championship while teammates Natalie Hughes and Alyce Williams earn All-American honors to help team to first top 15 finish in 15 years.

The 2006 NCAA Indoor National Championships was a successful one for the women's track team where they finished in a tie for 14th place with 18 points. It is the highest team finish since FSU placed ninth in 1991. Lacy Janson won the 2006 NCAA Outdoor Track and Field Pole Vault National Championship by clearing a height of 13'11.25" (4.25m). Natalie Hughes was third in the 1500m run with a lifetime best time of 4:15.72. She earns her fifth All-American honor in five seasons and bettered the FSU school record that she set in 2003. Redshirt junior Alyce Williams placed seventh in the triple jump to round out the scoring for Florida State.

To anyone who watches the group together at practice or during team outings, you can see the true bond that has formed through the season.

"We all have the same goal which is to run to the best of our ability. I think everybody wants to give it their best so the other person will be proud of them and so we don't let anyone else down." Said Senior captain Evelyne Cynthia Niako who is among the fastest women to ever don Garnet and Gold and one of the top sprinters for the Seminoles this decade.

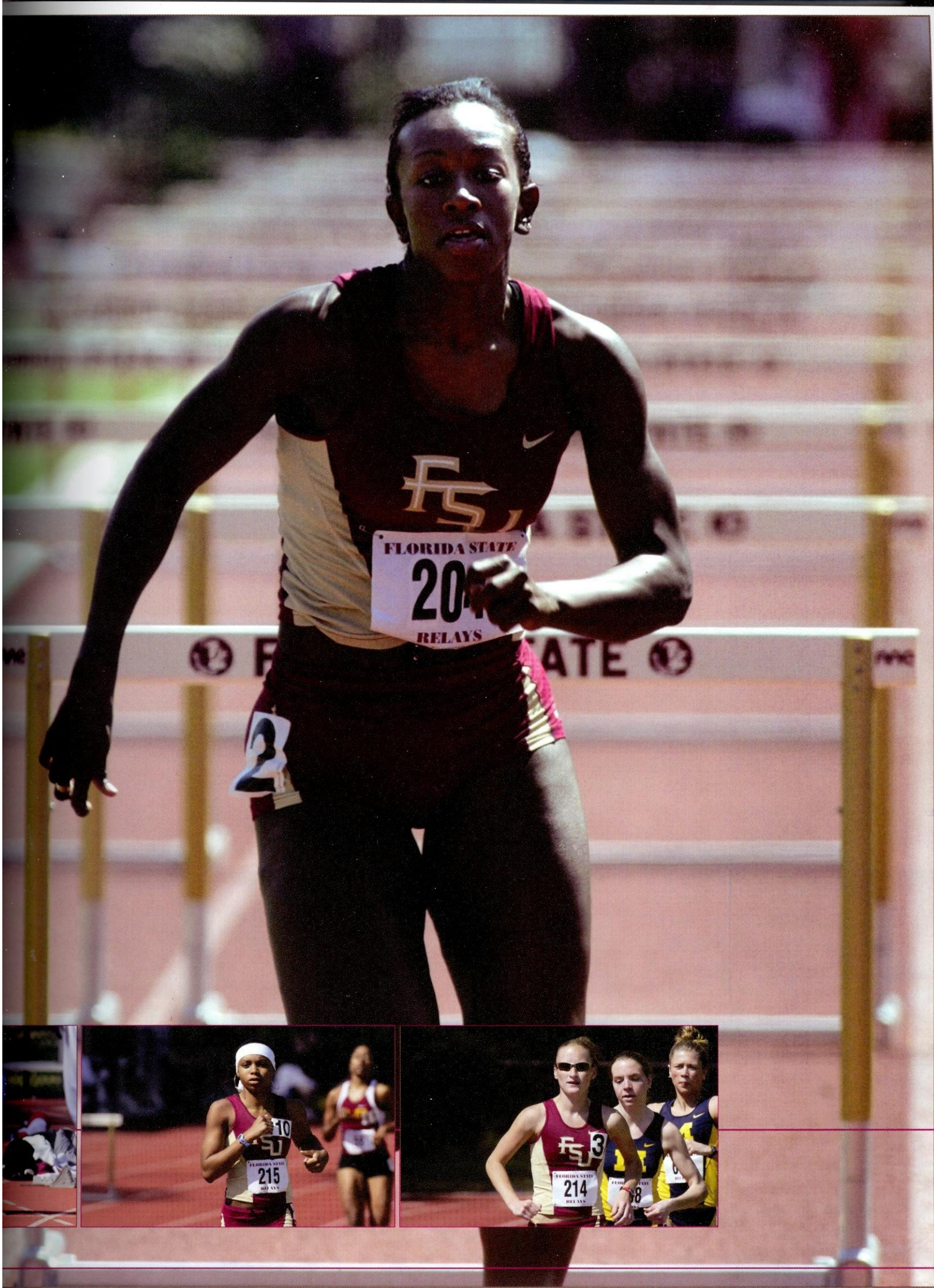
The Florida State women's track and field team put together a great 2006 season. A large part of their success can be attributed to hard work, excellent leadership and national level experience.

Robert Pando

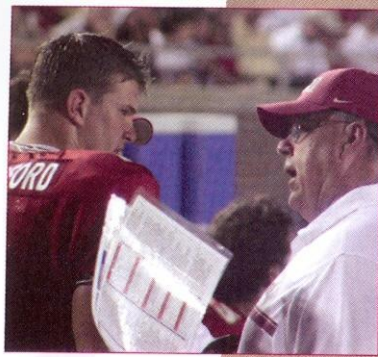
domination
rising above the horizon to reign

- athletics -



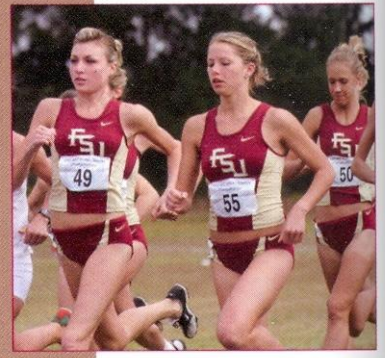
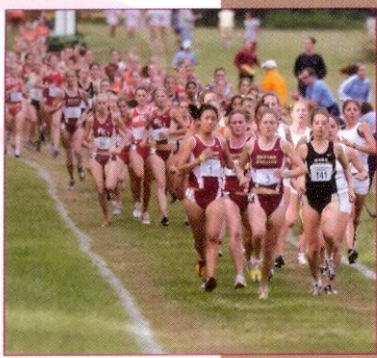


- revive victory -



Dumaka Atkins, Russell Ball, Geoff Berniard, Lorenzo Booker, Alex Boston, Everette Brown, J.R. Bryant, Brodrick Bunkley, Carrell Burston, Greg Carr, Donnie Carter, Tony Carter, David Castillo, Marcello Church, Gary Cismesia, Jacky Claude, James Coleman, Antonio Cromartie, Buster Davis, Chris Davis, B.J. Dean, Emmanuel Dunbar, Jamaal Edwards, De'Cody Fagg, Andre Fluellen, Trevor Ford, John Frady, Rodney Gallon, Graham Gano, Michael Ray Garvin, Chase Goggans, Richard Goodman, Charlie Graham, Letroy Guion, Chris Hall, Kyler Hall, Robert Hallback, Eugene Hays, Mario Henderson, Matt Henshaw, Myles Hodish, Anthony Houllis, Aaron Jones III, Willie Jones, Tommy Keane, Anthony Kelly, Mikhal Kornegay, Xavier Lee, Lamar Lewis, Ron Lunford, Korey Mangum, Darius McClure, Sam McGrew, Matt Meinrod, Neefy Moffett, Cory Niblock, A.J. Nicholson, Derek Nicholson, D.J. Norris, Kenny O'Neal, David Overmyer, Rod Owens, Willie Reid, Jamie Robinson, Matt Root, Gerard Ross, Joslin Shaw, Ernie Sims, Antone Smith, Kendrick Stewart, Joe Surratt, Jae Thaxton, Lawrence Timmons, Leon Washinton, Pat Watkins, Drew Weatherford, Roger Williams, MKamerion Wimbley

Coaches: Bobby Bowden-Head Coach, Mickey Andrews-Associate Head Coach/Defense Coordinator, Jeff Bowden-Offensive Coordinator/Wide Receivers, Mark McHale-Offensive Line Coach, Billy Sexton-Asstant Head Coach/Running Backs Coach, Kevin Steele-Executive Head Coach/Linebackers Coach, Jody Allen-Defensive Ends Coach, Daryle Dickey-Quarterbacks Coach, Odell Haggins-Defensive Tackles Coach, John Lilly-Tight Ends/Recruiting Coordinator, James Colzie-Graduate Assistant/Defense, Jon Jost-Strength and Conditioning.



Mens: Trey Andrews, Luke Beevor, Jordon Bradshaw, Sean Burriss, JP Cook, Kevin Cook, Eric Critzer, Javier Cruz, Sam Gibbons, Kenny Jesensky, Tony Krock, Jason Lakritz, Tom Lancshire, Andrew Lemoncello, Alex Miletich, Phil Nichols, Chris Nickinson, Tommy Noves, Steven Wilson

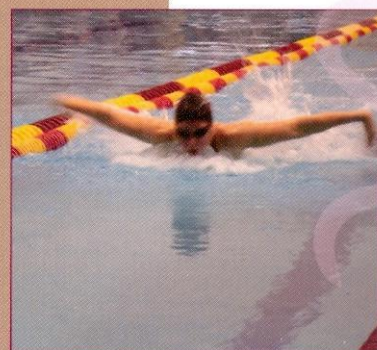
Women: Ashley Andress, Pamela Arnedos, Stefanie Bechler, Tina Biedenharn, Laura Bowerman, Leilani Caraballa, Shannon Coates, Jessica Crate, Abbie Day, Raquel Espinosa, Kirsten Hagen, Amanda Hahn, Audrey Hand, Sarah Hughes, Meredith Kelly, Danielle Laramee, Courtney Laster, LAdrienne Lufkin, Mary Magee, Kaley Matthews, Ashley Montagnese, Kara Newell, Barbara Parker, Jennifer Patterson, Brittany Raffa, Angelina Ramos, Meredith Urban, Julia Vola, Candace Walls, Kristin Walls, Lydia Willemse, Abigail Wilshire, Christina Woytalewicz

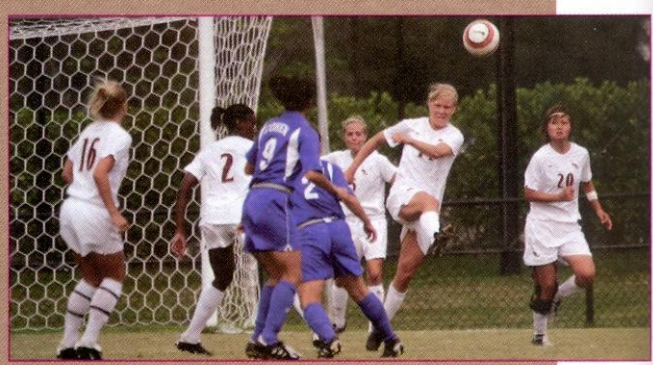
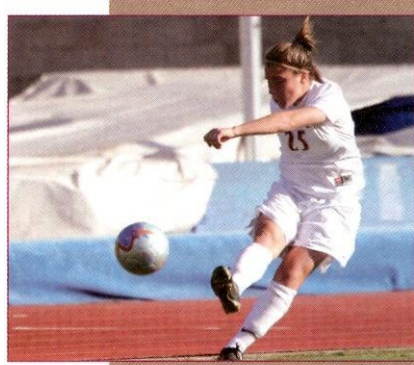
Coaches: Bob Braman-Head Coach, Sean McManus-Assistant Coach, Keith Battèn-Graduate Assistant, Althea Belgrave-Graduate Assistant, Joey Zins-Volunteer Coach, Vicky Gill-Administrative Assistant

Coaches: Neil Harper-Head Coach, Patrick Jeffrey-Diving Coach, Andy Robins-Associate Head Coach, Liz Klink-Assistant Coach, James Barber-Assistant Coach

Mens: Jason Beinlich, Jarryd Botha, Brendan Burke, Stephan Connor, Peter Crane, Ed Denton, Scott Derner, David Ellis, Paul Erben, Dan Frebel, Matt Hammon, Jared Heine, Jimmy Holway, Billy Jamerson, Derek Jones, Danny Keeling, Alex Kennon, Carl Marais, Mark Nicholls, Ian Powell, Michael Rice, Steve Roof, Joel Roycik, Alex Tilbrook, Jeffrey Vivo, Kyle Young

Women: Romy Altmann, Lauren Brick, Ann Cipoletti, Kelly Dean, Carrie Ellis, Carissa Hanna, Elise Hatfield, Georgia Holderness, Courtney Hudak, Kylene Huntwork, Lindsay Kenney, Abbie King, Brittany Lerew, Meredith Martelle, Megan Matherly, Katie Metka, Janine Pariente, Stacy Rademacher, Christie Raleigh, Caroline Robertson, Katie Ronan, Cameron Russell, Kate Skaggs, Lauren Sparg, Teresa Tessier





Jordan Bryant, Alli Ferreri, Libby Glandeski, Sel Kuralay, Rachel McDowell, Ali Mims, Painge Murrery, Viola Odebrecht, Holly Peltzer, Minna Pyykko, Toby Ranck, Teresa Rivera, Sarah Rosseau, Kelly Rowland, Melissa Samokishyn, Katrin Schmidt, Ceci Shell, Sage Sizemore, Collette Swensen, India Trotter, Jessica Vaccaro, Kirsten van de Ven, Sarah Wagenfuhr, Mami Yamaguchi

Coaches: Mark Krikorian-Head Coach, Mick Statham-Assistant Coach, Erica Walsh-Assistant Coach, Lisa Cole-Volunteer Assistant Coach, Kristin Boyce-Team Manager, Paulina Mietinen-Team Manager



Kim Crawford, Sarah Griffin, Gabrielle Rivera, Marrita Royster-Crockett, Kristen Rust, Andreza Santos, Lauren Scott, Jessica Skover, Makini Thompson, Zrinka Tomic, Lauren Walker, Summer Weissing

Coaches: Todd Kress-Head Coach, John Spinney-Assistant Coach

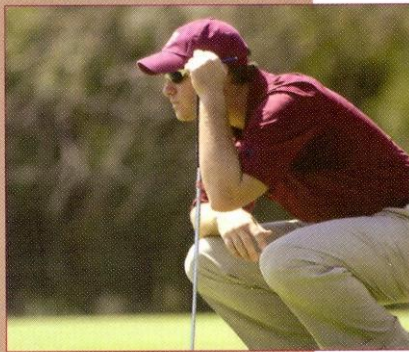


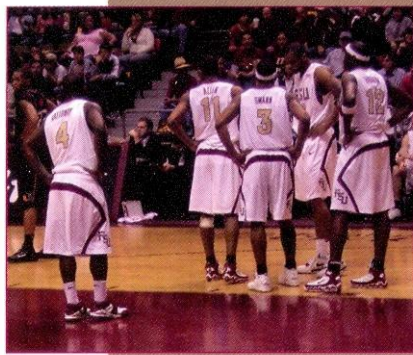


Ashleigh Anderson, Whitney Brummett, Jaclyn Burch, Lauren Cousart, Erica Gonzalez, Kim Haskins, Ashley Kemp, Caroline Larsson, Michelle Steakin, Kayla Shaul, Kristin Sordel, Caroline Westrup, Whitney Wright, Sara Young
Coaches: Debbie Dillman-Head Coach, Amy Bond-Assistant Coach



Jonas Blixt, Ivan Branran, Jacob Davis, Gonzalo Ibarraran, Song Jeon Torsein Nevestad, Bradley Ruch, Tommy Rymer, Matt Savage, Nocholas Smith, Adam Wallace
Coaches: Trey Jones Head Coach, Landry Mahan-Assistant Coach





Jerel Allen, Casaan Breeden, Toney Douglas, Uche Echefu, Todd Galloway, Brian Hoff, Alexander Johnson, Ralph Mims, Jason Rich, Diego Romero, Isaiah Swann, Al Thornton, Andrew Wilson, Matt Zitani.

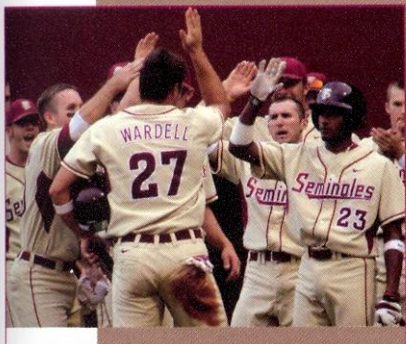
Coaches: Leonard Hamilton-Head Coach, Stan Jones-Associate Head Coach, Mike Jaskulski, Tony Sheals-Assistant Coaches, Michael Bradley-Strength and Conditioning Coach, Sma Lunt-Associate Trainer, Martin Unger-Video Coordinator, Dan Spainhour-Director of Operations



Ganiyat Adeduntan, Nikki Anthony, Tiffany Buckelew, Kyria Buford, Tanae Davis-Cain, Mara Freshour, Alicia Gladden, Holly Johnson, Christie Lautsch, Hannah Linquist, Britany Miller, Cayla Moore, LaQuinta Neely, Dranadia Roc, Shante Williams.

Coaches: Sue Semrau-Head Coach, Cori Close-Associate Head Coach, Angie Johnson-Assistant Coach, Lance White-Assistant Coach, Nadia Flaim-Director of Basketball Operations





Coaches: Mike Martin-Head Coach, Mike Martin, Jr.,-Assistant Head Coach/Third Base/ Catchers, Jamey Shouppe-Assistant Coach/ Pitchers/Recruiting, Chip Baker-Director of Baseball Operations, Pete Jenkins-Volunteer Assistant Coach, Dane Smith-Clubhouse Manager, Mike Bracken-Baseball Coaches Video, Elliott Finebloom-Sports Information Director, Jake Pfiel-Athletic Trainer, Jeremy Back-Manager, Chris Cosce, Yves De La Costa-Student Trainers, Jonathon Guffey, Mike Kozar, Danny Scott, Matt Sifrin, Partick Yount, Josh Atkins, Ben Park-Managers, Russell Orr-Strength&Conditioning Coach.



Travis Anderson, Barret Browning, Travis Burge, Brian Chambers, Tyler Chambliss, Charles Cleveland, Danny Diaz, Matt DiBlasi, D.J. Echols, Mark Gildea, Caleb Gramh, Dennis Guinn, Bryan Henry, Michael Hyde, Trent Jarvis, Brian Kelley, Ryne Malone, Neil Malpass, Brent Marsh, Jimmy Marshall, Kyle Maxie, Ryan McArdle, Ruairi O'Conner, Stephen Ochs, Tommy Oravetz, Buster Posey, Brandon Reichert, Shane Robinson, Jack Rye, Mark Sauls, Josh Spivey, Ryan Strauss, Sean Stuyverson, Brady Thomas, Tony Thomas, Jr., Luke Tucker



Veronica Wootson, Melissa May, Whitney Buckmon, Kim Hoffer, BillieAnne Gay, Brittany Osmon, Melissa Wood, Carly Brieske, Natasha Jacob, Yuruby Alicart, Michelle Snyder, Robyn Petrovich, Kim Petrovich, LaShaun Davis, Tiffany McDonald, Carey Galuppi, Kayla Collins

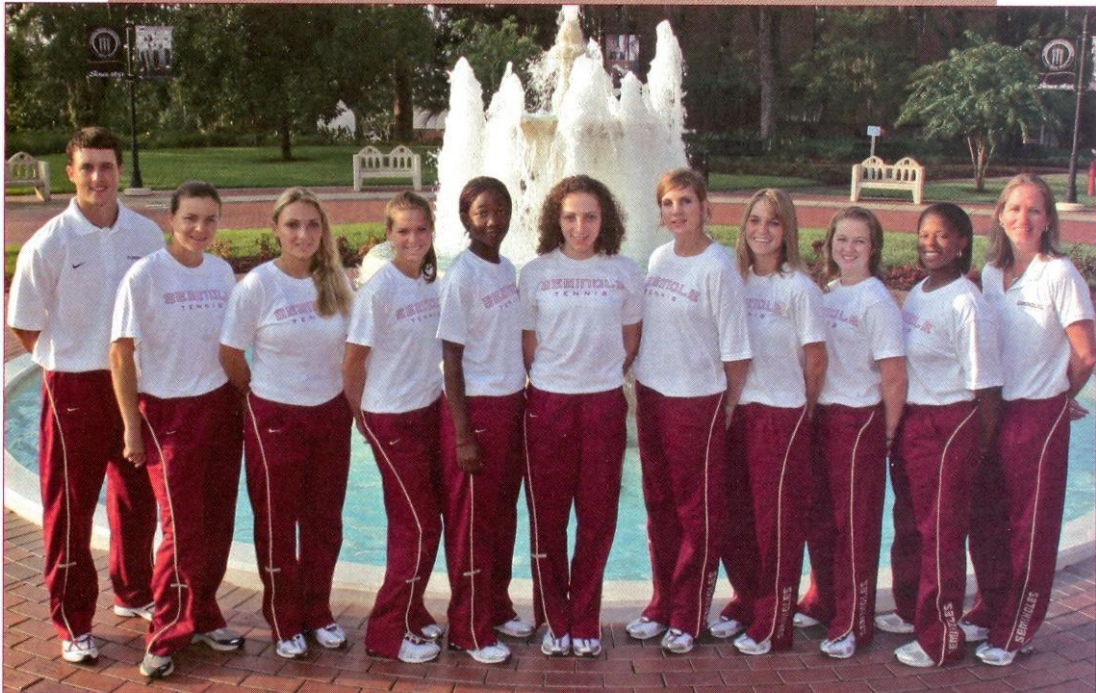
Coaches: JoAnne Graf-Head Coach, Louie Berndt-Associate Head Coach, Megan Matthews Buning-Assistant Coach/Pitchers, Tatiana George-Manager, Robin Gibson-Head Trainer, Clayton Noa-Student Trainer, Dwane Riggins-Strength Coach, Jessica Cortese-Equipment Manager



- revive victory -



Men: Ytai Abougzir, Andrew Bailey, Ryan Boyajian, Sam Chang, Chris Cloer, Jason Hood, Jonathas Sucupira, Meciek Sykut, Chris Westerhof. **Coaches:** Dwayne Hultquist-Head Coach, Nick Crowell-Assistant Coach. **Women:** Whitney Eber, Miranda Foley, Suzanna Mansour, Tapiva Marobela, Alina Mihailescu, Lisa Nystrom Skold, Anna Rynarzewska, Nicola Slater, Carolin Walter. **Coaches:** Jennifer Hyde-Head Coach, Oliver Foreman-Assistant Coach



Men: Jonas Blixt, Ivan Brannan, Jacob Davis, Gonzalo Ibarra, Song Jeon, Torstein Nevestad, Bradley Ruch, Tommy Rymer, Matt Savage, Nicholas Smith, Adam Wallace. **Coaches:** Trey Jones-Head Coach, Landry Mahan-Assistant Coach. **Women:** Ashleigh Anderson, Whitney Brummett, Jaclyn Burch, Lauren Cousart, Erica Gonzalez, Kim Haskins, Ashley Kemp, Caroline Larsson, Michelle Steakin, Kayla Shaul, Kristin Sordel, Whitney Wright, Sara Young. **Coaches:** Debbie Dilman-Head Coach, Amy Bond-Assistant Coach

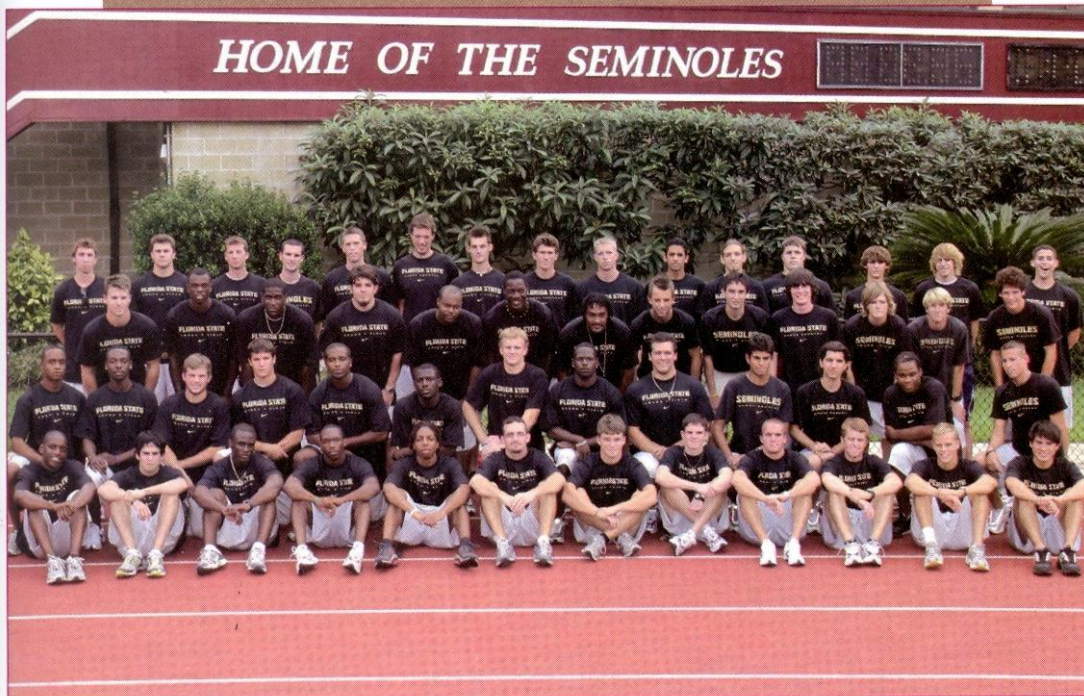




Coaches: Bob Braman-Head Coach, Har-
 lis Meaders-Associate Head Coach, Dennis
 Nobles-Pole Vault, Multi's & Jump, Ken Har-
 den-Sprints, Hurdles and Relays, Sean McMa-
 nus-Assistant Coach, Jackie Richards-Sprints
 and Relays, Triple/Long Jump, Lisa Gross-
 man-Volunteer Coach, Jowy Zins-Volunteer
 Coach, Keith Batten-Graduate Assistant, Al-
 thea Belgrave-Graduate Assitant, Vicky Gill-
 Administrative Assitant



Kim Adams, Nakeisha Adams, Tori Allen,
 Jacintha Anderson, Ashley Andress, Domo-
 nique Andrews, Kandia Batchelor, Stefanie
 Bechler, Tina Biedenharn, Porsche Bonnett,
 Laura Bowerman, Leilani Caraballo, Shan-
 non Coates, Jessica Crate, Jessica Crate,
 Bernetta Davis, Abbie Day, Tracy Fried-
 lander, Kirsten Hagen, Amanda Hahn, Au-
 dreya Hand, Naikeya Heath, Quiana Holsey,
 Natalie Hughes, Marla Jackson, Brittany
 Janson, Kristin Janson, Lacy Janson, Lauren
 Kolakowski, Susan Kujiken, Deanna Lane,
 Heather Leblanc, LaToya Legree, Adrienne
 Lufkin, Dand Massiah, LaKendra McColum,
 Dominique McGarrath, Leah McNaughton,
 Lindsey Nelson, Kara Newell, Evelyne Cyn-
 thia Niako, Barbara Parker, Jennifer Patter-
 son, India Pettus, Mesra Phanord, Kate Pur-
 cell, Angelina Ramos, Sarah Reed, Hshkeni
 Richemond, Rheindie Richemond, Jessica
 Rushing, Kayla Smith, Audrey Snider, Shan-
 non Suckman, Ashley Thompson, Meredith
 Urban, Erin Voss, Charlene Walker, Can-
 dace Walls, Stacie Wilds, Lydia Willemse, Al-
 yce Williams, Alycia Williams, Abbie Wilshire,
 Christina Woytalewicz



Kennieth Allen, Shawn Allen, Ricky
 Argro, Alvaro Bada, Jean Baptiste,
 Luke Beevor, Greg Bolden, Tywayne
 Buchanan, Sean Burriss, Brian Calyore,
 Darius Carter, Richardo Chambers,
 Bruce Chapman, JP Cook, Kevin
 Cook, Robert Cooper, Charles Cot-
 ton, Eric Critzer, Javier Cruz, Rafeeg
 Curry, Travis Dane, Andrew Diakos,
 Walter Dix, John Fallone, Michael
 Fingado, Chad Freeland, Matt Frith,
 Javier Garcia-Tunon, Johnta Griffin,
 Duane Griffith, Tom Hendry, Matt Hur-
 ley, Kenny Jesensky, Garrett Johnson,
 TOM Lancashire, Andrew Lemoncello,
 Jelani McLean, Alex Miletich, Hubert
 Mitchell, Cedric Nabe, Chris Nickin-
 son, Tommy Noyes, Kenny O'Neal,
 Rod Owens, Jacob Peacock, Chris
 Potter, Tim Reen, Eddie Rodriguez, Ja-
 heed Smith, Michael Snowden, Matt
 Wernke, Elliot Wood, Ronald Wright.



- revive victory -