



Florida State University



1982 FSU Womens Track Guide

# 1982 Track and Field Schedule

## INDOOR SEASON

DATE	MEET	PLACE
January 16	Lady Gator Invitational	Gainesville, Fla.
January 29	Virginia Tech	Blacksburg, Va.
February 13	Montgomery Invitational	Montgomery, Ala.
February 19-20	L.S.U. Invitational	Baton Rouge, La.
March 12-13	AIAW NATIONALS (Northern Iowa)	Cedar Falls, Ia.

## OUTDOOR SEASON

DATE	MEET	PLACE
March 17	*Lady Seminole Relay Festival	Tallahassee, Fla.
March 20	Lady Gator Invitational	Gainesville, Fla.
March 27	Georgia	Athens, Ga.
April 3	**Virginia, Alabama	Tallahassee, Fla.
April 17	Alabama	Tuscaloosa, Ala.
April 22-24	Penn Relays	Philadelphia, Pa.
May 1	Florida Dual	Gainesville, Fla.
May 16	Virginia	Charlottesville, Va.
May 27-29	AIAW NATIONALS	College Station, Tex.

\*—6:00 p.m. at Mike Long Track

\*\*—2:00 p.m. at Mike Long Track

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## Florida State Facts

Location .....	Tallahassee, Fla.
Nickname .....	Seminoles
Colors .....	Garnet and Gold
Enrollment .....	22,500
President .....	Dr. Bernard F. Sliger
Athletic Director .....	C. W. "Hootie" Ingram
Women's Athletic Director .....	Barbara Palmer
Interim Head Track Coach .....	Gary Winckler
Interim Assistant Track Coach .....	Peter Thompson
Assistant Track Coach .....	Malcolm Coomber
Track Office .....	(904) 644-1431

## 1982 Outlook

Florida State was the Cinderella team of the 1981 AIAW national indoor and outdoor track and field championships. Having never scored a point in a national meet, the Seminoles crept up on the powerful track and field schools and finished in a tie for third place outdoors and second place indoors.

There won't be any surprises by the Seminoles this year. Word of the upstart FSU program has spread quickly and track and field enthusiasts are expecting to hear more from the garnet and gold. They should.

Provided FSU is still competing in the AIAW national championship, the coaching staff is candid in its belief that the Seminoles could be one of the strong favorites to win it. They also admit that this FSU squad could give any team in the country a run for the national championship. "If we went to the NCAA championships, we think we'd have to be just as strongly considered," says head coach Gary Winckler.

A strong sprinting corps that was the major reason for propelling FSU into the national limelight a year ago is even stronger this year. Although Esmeralda Garcia, a seven-time All-American in 1981, returned to her native Brazil, two transfers will add sparkle to the corps. Ovrill Brown, a transfer from Indiana, will run the 400 and 800 meters while national junior college 100 and 200 meter champion Kim Parrish also joined Florida State's program. Added to that are the improvements of Randy Givens, who continues to knock off seconds in the 100 and 200, and Marita Payne, who is also running the 100 after concentrating on the 200 and 400 last season.

That leaves Florida State with the trio of Payne, Givens and Parrish in both the 100 and 200 and the fleet group of Payne, Brown, Scooby Golden and Angie Wright in the 400. The 400 group could be the best foursome in the nation. Payne finished second in the AIAW championships last year while Wright was fourth indoors and sixth outdoors.

The hurdles is another strong area. While the Tribe lost numbers two and three from last year's depth chart, top-ranked Tonja Brown returns for her senior season. Brown was picked by many to challenge for the national championship in the intermediates last year, but a spill in the semi-finals prevented her from garnering any honors. She could also challenge for honors in the high hurdles. Freshman Carolyn Faison should be a good one in the 100 meter hurdles while 400 meter runner Wright is giving the highs a try for the first time. Also look to see sophomore Carla Borovicka running the intermediates.

The middle distances, the 800 and 1,500, have familiar names returning. National semi-finalist Janette Wood owns the outdoor 800 meter school record while Brown (Ovrill) set the indoor record in her first meet with FSU. Chris McKay, a freshman from Ontario, will add depth in the event.

Margaret Coomber leads in the 1,500 but senior Bev Cox is coming on and the two will battle it out at the finish line for top honors. Coomber is an indoor All-American in the 1,000 where she finished third in the country.

The 3,000, 5,000 and 10,000 meter distances are intact. Returning AIAW qualifier and senior Darien Andreu is coming off her best cross country season where she earned All-American honors. While her favorite event is the 10,000, she'll be running all three distances throughout the spring. Susan Eble and Susie Thrapp are still showing improvement in each race.

For the first time, Florida State will be able to field a field team in areas other than the long jump. A glaring weakness of the 1981 squad, the field events have been strengthened with recruiting.

The long jump is one event that could be a bit weaker this year. With Garcia's departure also went second place finishes in both the indoor and outdoor national meets. Junior Alice Bennett does return though—she finished fourth in the nation during the indoor campaign and made the semi-finals outdoors.

Jumping with her will be Golden, who is trying to avoid the injuries that have plagued her career and limited her to the running events.

The high jump may be the most improved area simply because of two freshmen who will compete here. Wendy Markham comes to FSU with outstanding credentials after jumping 6-0 in high school. While Markham is recovering from knee surgery, Faison will double over from her hurdle events to be the leader. The Panama City, Fla. native has already set an FSU indoor school record with a 5-8 jump this winter. Also able to score points is Marguerite Moynihan.

Freshman Rena Antanelis will be the main point scorer in the javelin, discus and shot put. Her most renowned event is the javelin which was the reason for her being named to the junior national field team. She is also outstanding in the discus and will be trying to master the squad's weakest area, the shot put.

Moynihan is FSU's prime candidate for pentathlon honors. Just a sophomore, she still needs time to develop.

The relays are FSU's most exciting events. Fans' favorite is the 4 x 100 meters where long jumper Bennett will join the three 100 meter speedsters—Givens, Payne and Parrish. That relay finished first in the outdoor championship in 1981 and is a favorite to repeat in 1982. The 1,600 meter relay, with fourth place finishes both indoors and outdoors, won't skip a beat as the competition for spots will be keen. All four returning All-Americans—Wright, Payne, Wood and Golden—will be challenged by the Browns (Tonja and Ovrill) for positions.

The sprint medley relay will also be wide open for Winckler to work his lineup around. Any four of 10 possible athletes could make this relay a winner.

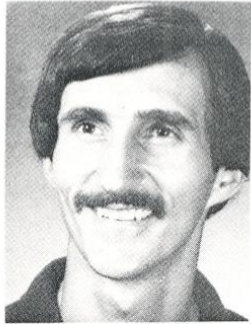
Last, but certainly not least, is the 4 x 800 meter relay. Florida State only ran this one a few times in 1981 but the squad's new depth should warrant a more frequent showing. Wood, Brown (Ovrill) and McKay will look for Coomber or Cox to join them in trying for national honors.

Although the Florida State coaching staff always maintains that the indoor and outdoor nationals are the two most important events on the schedule, the regular season will bring good competition to the 1982 squad.

"We've got some good meets lined up," says Winckler. "We'll be going to the Penn Relays this year and everybody knows the prestige that that meet holds. It gets almost as much attention as the nationals." Also on the Florida State schedule card is the Lady Seminole Relay Festival, a first for Tallahassee, and the Lady Gator Relays. Add to that dual or tri-meets with Auburn, Virginia and Alabama and this group of athletes will have quite a workout.

"All those meets are important but the real big ones are the nationals," says Winckler. "It's there that you get the recognition. We know where we want to finish. I'll give you a clue....there isn't a higher finish in college athletics."





## Gary Winckler

Interim Head Coach

Gary Winckler is in his second season with the Florida State track and field and cross country programs. He is stepping in from his assistant coaching duties to take over the program's leadership while head coach Roger Smith takes a leave of absence.

As assistant coach, Winckler assisted Smith with coaching and recruiting as well as taking care of travel details and other administrative functions during the track and field and cross country seasons. He specifically coached the sprinters, hurdlers and jumpers.

Last summer, he was co-director of the U.S. Southeastern Olympic Development Track and Field camp hosted by Florida State. He is also the southeast region hurdles coordinator for the Olympic Development program.

Winckler was assistant women's track and field coach at Oregon State prior to joining the Seminole staff. Over three seasons, he helped build the program from 10 athletes to a roster of 45 when he left. During that period, the track and field team climbed from the bottom of its 37-school region to a second place finish in 1980.

Winckler has other coaching experience at Lynnwood (Wash.) High School and Seattle Pacific University. He also attended the latter as an undergraduate student and competed in the high jump in the 1974 NCAA finals. While he was at Pacific, the program was consistently ranked among the nation's top five teams. Winckler held the school's high jump record (6-10).

Also an accomplished writer, he has had several articles published, including Perspective on the Back-Layout High Jump which appeared in the 1980 May/June issue of Scholastic Coach Magazine.

Winckler received his master's degree in mathematics from Oregon State in 1980.



## Peter Thompson

Interim Assistant Coach

Peter Thompson begins his first season at Florida State replacing Gary Winckler who takes over the interim head coaching job.

A native of England, Thompson brings to Florida State a wealth of coaching and teaching knowledge following a career in athletics.

While in England, Thompson was an outstanding track and cross country runner at the University of London. Following graduation in 1970 with a degree in geology, Thompson received a post-graduate certification of education at the University of Leeds. At Leeds, he continued his athletic career as a member of the cross country and track teams, as well as a member of the Worthing & District Harriers and Saxons Orienterring Club.



## Malcolm Coomber

Assistant Coach

Malcolm Coomber joined the Florida State staff last August. As an assistant coach, he is responsible for the throwing events, the multi-events and will assist with the relays. Coomber also monitors the academic progress of the program's athletes.

Coomber brings 10 years of coaching experience to the staff. The England native has coached international teams and Olympians throughout Europe. He has also served on the British Amateur Athletic Board and has coached the sprinting events for the British and English national teams.

Considered an authority on the physical development of the athlete, Coomber has lectured throughout Britain and Europe and his work has been published by many leading track and field journals.

Coomber, whose wife Margaret is an FSU sophomore half-miler, holds a teaching diploma and advanced certificate in Physical Education from the University of London. He has taught physical education in Britain high schools for 12 years.

He is presently pursuing a master's degree in motor learning at Florida State.



## Roger Smith

Recruiter

Roger Smith is currently on leave of absence as the head track coach at Florida State. He will be recruiting for the Seminoles from his former residence in Oregon.

Prior to joining the Florida State staff two years ago, Smith was head women's track coach at the University of Wyoming. He also has coached at Clackamas (Ore.) Community College, where he won the national championship, and El Monte (Calif.) High School.

He received his bachelor's degree from Idaho State in 1967 and his master's from Azusa Pacific College in 1971.

# Women's 1982 Track Roster

NAME	CLASS	EVENT	HOMETOWN
Darien Andreu	Sr.	D	Orange Park, Fla.
Rena Antanelis	Fr.	JAV,DS,SP	Randolph, N.J.
Janet Bassford	Jr.	D	Huntington, W. Va.
Alice Bennett	Jr.	S, LJ	Sanford, Fla.
Carla Borovicka	So.	IH	Portland, Ore.
Ovriil Brown	So.	MD, S	Lubbock, Tx.
Tonja Brown	Sr.	HH, IH, S	Bradenton, Fla.
Margaret Coomber	So.	MD	Charlton, London
Beverly Cox	Sr.	MD	Vancouver, British Columbia
Susan Eble	So.	D	Ocala, Fla.
Carolyn Faison	Fr.	HH, HJ	Panama City, Fla.
Randy Givens	So.	S	Amityville, N.Y.
Scooby Golden	Jr.	LJ, S	Tampa, Fla.
Lisa Gorospe	So.	HH	Jacksonville, Fla.
Tracy Grey	Fr.	DS, SP	Randolph, N.J.
Chris McKay	Fr.	IH, MD	Oakville, Ontario
Wendy Markham	Fr.	HJ	Cedarburg, Wisc.
Marguerite Moynihan	So.	PEN	Syosset, N.Y.
Kim Parrish	So.	S	Jacksonville, Fla.
Marita Payne	So.	S	Trante, Ontario
Susie Thrapp	So.	D	Kendallville, Ind.
Janette Wood	So.	MD, S	Oakville, Ontario
Angie Wright	Jr.	MD, S	Ocala, Fla.

**KEY: S—Sprints, HH—High Hurdles, IH—Intermediate Hurdles, MD—Middle Distance, D—Distance, HJ—High Jump, LJ—Long Jump, SP—Shot Put, DS—Discus, PEN—Pentathlon, JAV—Javelin**



# Seminole Profiles



## Darien Andreu

Senior — Distance  
Orange Park, Fla.

...four-year member of the cross country team as well as three-year track letterwinner... two-time national qualifier in cross country and finished 20th in the nationals last fall, good for All-American status...cross country MVP as a soph...All-American in the indoor 5,000 meters after placing fifth in the national meet...qualified for outdoor nationals in the 3,000, 5,000 and 10,000 meters last year but only ran in the 10-K and finished eighth...holds FSU outdoor school records in all three events as well as another three indoor records...attended Orange Park High School where she was an outstanding Tennis Player... writes occasionally for FSU's student newspaper... an English major.

## Rena Antanelis

Freshman — Javelin/Discus/Shot  
Randolph, N.J.



...recruited to FSU after winning her state's javelin championship in 1981 and the state's discus crown in 1980 at Randolph High School...was the national junior javelin champ in 1981 also...named to the Adidas and Coaches Magazine All-American teams... a member of the 1980-81 junior national field team... will score points for FSU in the javelin and discus and is working on the shot put...coaches also found she can high jump and will add depth in that event...majoring in business at Florida State.



## Janet Bassford

Junior — Distance  
Huntington, W. Va.

...a transfer from Marshall University...participated in cross country in the fall and immediately cracked the top five... usually was the third FSU runner to cross the finish line... expected to add depth to FSU's distance squad this spring... voted Track Athlete of the Year twice while at Marshall...placed sixth in regional competition in the 800 meters there and won the state 800 and 1,500 meter runs...an accomplished road racer during the summer...attended Huntington East High School where she was captain and MVP twice...a psychology major.

## Alice Bennett

Junior — Long Jump/Sprints  
Sanford, Fla.



...had a super sophomore season...four-time All-American...two of those All-American awards came on relays that won the national championship in 1981—the indoor 800 meter and the outdoor 400 meter relays...the indoor relay set a collegiate record (1:36.88) while the outdoor relay recorded the nation's best time in 1981 and the sixth fastest time ever (44.35)...other All-American awards came in the indoor long jump where she placed fourth with a personal best 20-4 and the outdoor sprint medley relay...attended Seminole High School...major is movement science.

## Seminole Profiles



### Ovrill Brown

Sophomore — Middle Distance/Sprints  
Lubbock, Tex.

...transfer from Indiana University where she was an indoor All-American in the 600 meters two years ago and team captain last year...will run the 400 meters and the 800 meters as well as the 1,600 meter relay...along with Marita Payne, Scooby Golden and Angie Wright, Brown helps to form what may be the best 400 meter foursome in the country...all-state in the 400 and 600 yards while at Rochelle High School...one of two married squad members...communications major.

### Tonja Brown

Senior - Hurdles  
Bradenton, Fla.

...three-year letterwinner and MVP of the squad as a soph...outstanding intermediate hurdler (57.53) and also does well at the high hurdles (13.53)...qualified for AIAW nationals in both events last year...had been picked to finish second in the nation in the 400 hurdles but tripped over a hurdle in the national championship semi-finals and had to be taken from the track on a stretcher...that spill also eliminated her from the 1,600 meter relay finals...owns the best three hurdle times in both the 100 and 400 hurdles in Florida State history...holds three indoor and another two outdoor school records...attended Southwest High School where she was a track standout...majoring a business management.



### Margaret Coomber

Sophomore — Middle Distance  
Charlton, London

...two-year member of the cross country team...finished among the top 50 in the nation both years at the national championships...All-American last year as a freshman in the indoor 1,000 meters, placing third in the country...qualified for outdoor nationals in the 1,500 but did not place...holds indoor records in the 1,000 and mile as well as being a member of the distance medley relay that owns a school mark...holds two outdoor records including the 1,500 (4:23.14)... at one time was ranked among the top 30 women in the world in the half-mile...has participated in 14 World Cups, more than any woman in the world...British Olympic team member...husband is an assistant coach with the program...home economics major.

### Bev Cox

Senior — Middle Distance  
Vancouver, British Columbia

...three-year cross country runner as well as a member of the middle distance corps in the spring...ran in FSU's top five last fall and finished among the top 75 at the AIAW cross country nationals...a member of the 3,200 meter relay that set a school record at the Texas Relays...owns individual indoor school records in the 1,000 yards and 1,500 meters...may challenge the school record in the 1,500 this year as her times have improved...ran a 4:29 her first time out this year in the indoor 1,500...attended Victoria High School...won two gold and one silver medals in both the Canadian Junior Olympics and the Canadian games...a special education major.



## Seminole Profiles



### Susan Eble

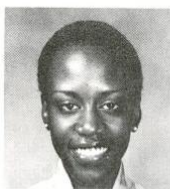
Sophomore — Distance  
Jupiter, Fla.

...originally came to FSU as a walk-on but has blossomed into a fine cross country runner...has been among the top five cross country runners in the last two fall campaigns...has improved also in track...runs the 5,000 and 10,000 meter events...best time for the 10,000 meter distance is 36:10...attended Ocala Forest High School where she was the county and district champion in cross country three times...majoring in exercise physiology.

### Carolyn Faison

Freshman — Hurdles/High Jump  
Panama City, Fla.

...has come on faster than FSU coaches expected she would...will double over from her main events—the hurdles—and high jump, too...already set FSU indoor school record in the high jump (5-8) at the Lady Gator Indoor Invitational...Florida State champion in the 100 meter hurdles in 1981 at Bay High School...ranked by Track and Field News as the best hurdler in high school in 1981...qualified for junior nationals the past three years...honored by Sports Illustrated last year... college major is undecided.



### Randy Givens

Sophomore — Sprinter  
Amityville, N.Y.

...one of the finest sprinters in the country...had an outstanding freshman year and earned four All-American awards...was a member of the national champion indoor 800 meter relay that set a collegiate record...ran the last leg of the national championship outdoor 400 meter relay and was also on the sixth-place outdoor sprint medley relay team...individually, took third place in the 200 meters (23.35), setting a school record at the outdoor AIAW nationals...also owns five relay school records and two individual indoor marks...at one time, briefly held the American record in the indoor 300 meters (38.33)...state high school champ in the 100 and 200 meters at Amityville High School...invited to the 1980 Olympic trials...majoring in nursing.

### Scooby Golden

Junior — Long Jump/Sprints  
Tampa, Fla.

...has participated in track two years at Florida State and had a redshirt year, too...originally came to FSU to play basketball but after a year and a half, devoted all her energies to track...best jump at FSU has been 19-9½ which she did at the region meet her freshman year...also runs a leg on the 1,600 meter relay...that relay placed fourth at both the indoor and outdoor nationals, earning All-American awards...a member of four different relay teams that hold school records...attended Tampa's Robinson High School where she was second in the state in the long jump...real name is Eunice, Scooby is just a nickname...a special education major.



## Seminole Profiles



### Chris McKay

Freshman — Middle Distance  
Oakville, Ontario

...hails from the same hometown as FSU teammate Janette Wood...one of four Canadians on the 1982 roster...ran on FSU's cross country team last fall...expected to contribute most to the 800 meters and intermediate hurdles...attended White Oaks Secondary School where she was Ontario High School champion in the 400 and 800 meter distances...also a high honor student...majoring in clothing and textiles.

### Wendy Markham

Freshman — High Jump  
Cedarsburg, Wisc.

...most consistent high school high jumper in the nation last year...comes to the Seminole program with a jump (6-0) that is four inches better than FSU's present indoor record and almost six inches better than the existing outdoor record...has jumped 6-0 four times in her career at Cedarsburg High School where she was the state champion in the event...invited to the Olympic trials in 1980...is recovering from knee surgery and will take a while to get back to her old form...college major is undecided.



### Marguerite Moynihan

Sophomore — Pentathlon  
Syosset, N.Y.

...second year with the Florida State program...is improving every day in the pentathlon...holds the indoor record in the event...best events are the high jump and the long jump where she's gone over 18 feet...attended Syosset High School where she was a New York state qualifier in the pentathlon as a senior in 1980...also won the county tennis championship...majoring in nursing at Florida State.

### Kim Parrish

Sophomore — Sprints  
Jacksonville, Fla.

...transferred to Florida State from Mount Hood Junior College...named most outstanding woman in the national junior college track meet in 1981...was the national champion in the 100 and 200 meters and holds national records in both...also anchored the 400 and 1,600 meter relays that won national championships...should take the place of 1981 sensation Esmeralda Garcia and could be better...attended Jacksonville's Ribault High School where she was all-state on two relay teams...was also her high school's homecoming queen...college major is undecided.



## Seminole Profiles



### Marita Payne

Sophomore — Sprints  
Trante, Ontario

...one of the outstanding talents in the country...six time All-American after just a year at FSU...achieved that status as a member of FSU's national championship indoor 800 and outdoor 400 meter relays as well as both indoor and outdoor 1,600 meter relays and the sprint medley relay...also copped one individual All-American award when she placed second in the AIAW national 400 meter race with a school record 52.01 timing...owns a total of nine school records, two of those individual...concentrated on the 400 last season and did some work in the 200 but is adding the 100 to her repertoire...a native of Canada, Payne could be the first FSU and Canadian runner to break 50 seconds in the 400...a member of the Americas World Cup team...attended Vaughan Road Collegiate Institute in Ontario...majoring in early childhood education.

### Janette Wood

Sophomore — Middle Distance/Sprints  
Oakville, Ontario

...two-year cross country runner at FSU and joins the track squad for her second season...best event is the 800 meters where she holds the school record (2:07.85)...All-American as a member of FSU's 1,600 meter relay where she filled in for an injured Tonja Brown in the AIAW national finals...that relay finished fourth...made it to the AIAW semi-finals in the 800 meters...owns two indoor school records and two outdoor marks...comes from Canada where she attended T.A. Blakelock High School...at one time was a member of the Canadian national team...a music major.



### Angie Wright

Junior — Sprints  
Ocala, Fla.

...outstanding 400 meter runner...was All-American four times last season and each time the distance was 400 meters...took fourth place in the nation in the indoor 400 meters and sixth in the outdoor 400...also ran on two fourth place relays—the indoor and outdoor 1,600 meter relays...holds the indoor 400 meter record (54.37) and has the third fastest outdoor time in the event (53.11) in FSU history...name is in the FSU school record book five times...also being tried at the 100 meter hurdles this year...attended Forest High School where she was a track standout and honor student...majoring in political science.

## Indoor Track and Field Records

EVENT	TIME/DISTANCE	NAME	YEAR
50mH	7.0	Tonja Brown	1982
60 Yd H	8.19	Tonja Brown	1981
50m	6.41	Randy Givens	1982
55m	6.98	Marita Payne	1982
60m	7.26	Esmeralda Garcia	1981
60 Yds	6.87	Esmeralda Garcia	1981
300m	38.33	Randy Givens	1981
300 Yds	35.3	Randy Givens	1981
400m	54.37	Angela Wright	1981
440 Yds	57.3	Debbie Moss	1981
600m	1:33.2	Tonja Brown	1981
600 Yds	1:23.79	Tonja Brown	1980
800m	2:13.27	Ovrill Brown	1982
880 Yds	2:17.91	Janette Wood	1981
1000m	2:46.3	Margaret Coomber	1981
1000 Yds	2:37.36	Bev Cox	1981
1500m	4:29.0	Bev Cox	1982
2000m	6:18.98	Gale Grant	1980
3000m	9:55.9	Gale Grant	1981
Mile	4:53.33	Margaret Coomber	1981
5000m	17:06.0	Darien Andreu	1981
Two Mile	10:41.4	Darien Andreu	1981
Three Mile	16:17.43	Darien Andreu	1981
4x176y Relay	1:18.87	Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens	1981
4x200m Relay	1:36.88	Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens	1981
4x400m Relay	3:40.57	Debbie Moss, Angie Wright, Scooby Golden, Marita Payne	1981
4x440y Relay	3:45.9	Randy Givens, Debbie Moss, Scooby Golden, Angie Wright	1981
Mile Relay	3:56.2	Tonja Brown, Debbie Moss, Angie Wright, Lisa Rhoden	1980
Two Mile Relay	9:24.60	Rose Giampalmo, Debbie Kemp, Leslie Sullivan, Nancy McCormac	1979
Distance Medley Relay (Yds)	11:55.3	Janette Wood, Scooby Golden, Gale Grant, Margaret Coomber	1981
Long Jump	20-9¼ (6.33m)	Esmeralda Garcia	1981
High Jump	5-8 (172m)	Carolyn Faison	1982
Shot Put	46-10	Vickie Smith	1977
Pentathlon	3432	Margaret Moynihan	1981

## Outdoor Track and Field Records

EVENT	TIME/DISTANCE	NAME	YEAR
100mH	13.53w	Tonja Brown	1981
400mH	57.53	Tonja Brown	1981
100m	11.29w	Esmeralda Garcia	1981
200m	23.57	Randy Givens	1981
220 yds	23.94	Marita Payne	1981
400m	52.01	Marita Payne	1981
800m	2:07.85	Janette Wood	1981
1500m	4:23.14	Margaret Coomber	1981
3000m	9:36.64	Darien Andreu	1981
5000m	16:39.54	Darien Andreu	1981
10,000m	34:43.74	Darien Andreu	1981
4x100m	44.35	Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens	1981
440 yd relay	45.84	Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens	1981
4x400m	3:34.80	Angela Wright, Scooby Golden, Marita Payne, Janette Wood	1981
4x800m	8:55.74	Margaret Coomber, Bev Cox, Janette Wood, Debbie Seiler	1981
Sprint Medley Relay	1:38.67	Esmeralda Garcia, Alice Bennett, Randy Givens, Marita Payne	1981
2 Mile Relay	9:40.3	Debbie Kemp, Michell Dunaway, Delight Chambers, Rose Giampalmo	1979
Javelin	154-9 (47.16m)	Nancy Townsend	1980
Discus	132-6 (40.40m)	Tina Rhoades	1980
Shot Put	45-8 (13.92m)	Eleanor Majors	1980
High Jump	5-6¼ (1.68m)	Nancy Townsend	1980
Long Jump	21-6½ (6.57m)	Esmeralda Garcia	1981

w - wind aided

## Mike Long Track Records

100 meter dash	- 11.3, Esmeralda Garcia (Florida State)	1981
100 meter hurdles	- 13.8, Tonja Brown (Florida State)	1981
200 meter dash	- 23.6, Marita Payne (Florida State)	1981
220 yard dash	- 23.7, Marita Payne (Florida State)	1981
400 meter dash	- 53.5, Marita Payne (Florida State)	1981
400 meter hurdles	- 1:00.3, Jeannette Bradley (Florida State)	1981
800 meter run	- 2:08.8, Janette Wood (Florida State)	1981
1500 meter run	- 4:23.0, Margaret Coomber (Florida State)	1981
3000 meter run	- 9:49.8, Letha Davis (Drake)	1981
10,000 meter run	- 34:42.6, Darien Andreu (Florida State)	1981
4x100 meter relay	- 46.2, Florida State (Garcia, Payne, Bennett, Van Huele)	1981
4x400 meter relay	- 3:41.2, Florida State (Wright, Wood, Payne, Brown)	1981
Sprint medley relay	- 1:44.3, Florida State (Garcia, Bennett, Golden, Wood)	1981
Javelin	- 147-8½, Nancy Racezka (Florida)	1981
Discus	- 136-1, Krissy Terpening (Auburn)	1981
Shot Put	- 45-8, Eleanor Major (Florida State)	1980
Long Jump	- 20-0, Pat Johnson (Wisconsin)	1981
High Jump	- 5-8, Anne Erpenbeck (Drake)	1981



# All Time "Top Three Listings"

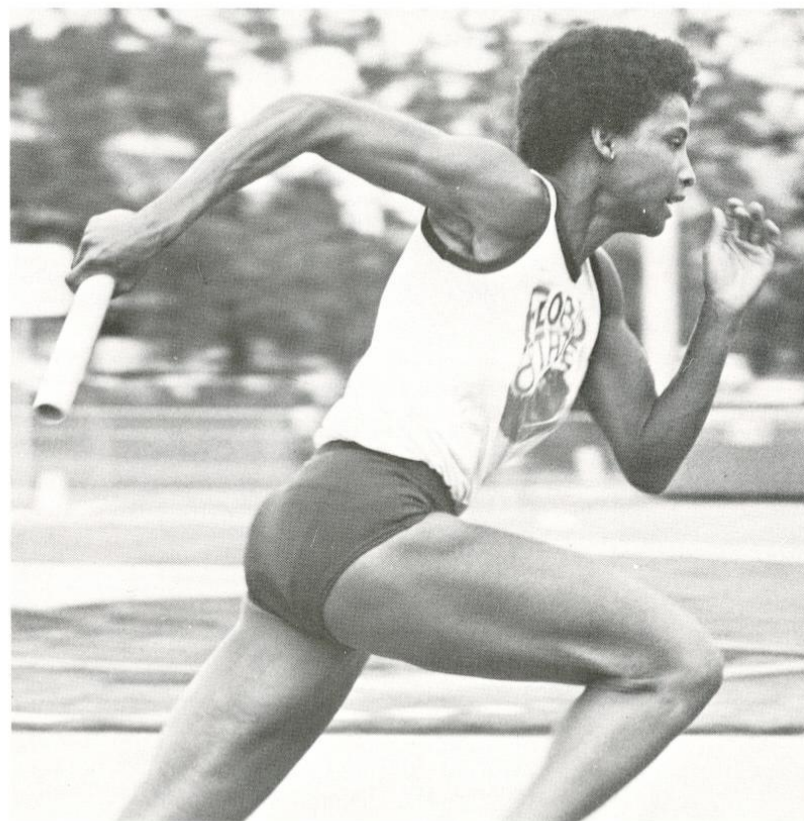
## Indoor

50m	1. 6.41 — Randy Givens — 1982 3. 6.58 — Kim Parrish — 1982	2. 6.43 — Marita Payne — 1982
55m	1. 6.98 — Marita Payne — 1982 3. 7.22 — Kim Parrish — 1982	2. 7.01 — Randy Givens — 1982
60 yds.	1. 6.87 — Esmeralda Garcia — 1981 3. 6.94 — Esmeralda Garcia — 1981	2. 6.91 — Esmeralda Garcia — 1981
60m	1. 7.26 — Esmeralda Garcia — 1981 3. 7.35 — Esmeralda Garcia — 1981	2. 7.34 — Esmeralda Garcia — 1981
300 yds.	1. 35.3 — Randy Givens — 1981 3. 37.9 — Kathy Van Huele — 1981	2. 35.73 — Randy Givens — 1981
300 m	1. 38.33 — Randy Givens — 1981	2. 39.02 — Randy Givens — 1981
400m	1. 54.37 — Angela Wright — 1981 3. 56.58 — Marita Payne — 1981	2. 55.4 — Angela Wright — 1981
440 yds.	1. 57.3 — Deborah Moss — 1981 3. 60.20 — Almetha Roland — 1981	2. 57.62 — Marita Payne — 1981
600 yds.	1. 1:23.79 — Tonja Brown — 1980 3. 1:24.9 — Janette Wood — 1981	2. 1:24.3 — Tonja Brown — 1981
1000 yds.	1. 2:37.36 — Bev Cox — 1981 3. 2:38.61 — Margaret Coomber — 1981	2. 2:37.4 — Gale Grant — 1980
1000m	1. 2:46.3 — Margaret Coomber — 1981	
	2. 2:47.25 — Margaret Coomber — 1981	3. 2:50.2 — Bev Cox, 1981

## Outdoor

100m	1. 11.29 — Esmeralda Garcia — 1981 3. 1:24.9 — Janette Woods — 1981	2. 11.2 — Esmeralda Garcia — 1981
200m	1. 23.35 — Randy Givens — 1981 3. 23.72 — Randy Givens — 1981	2. 23.57 — Randy Givens — 1981
400m	1. 52.01 — Marita Payne — 1981 3. 53.11 — Angela Wright — 1981	2. 52.3 — Marita Payne — 1981
800m	1. 2:07.84 — Janette Wood — 1981 3. 2:08.8 — Janette Wood — 1981	2. 2:07.9 — Rose Giampalmo — 1978
1500m	1. 4:23.0 — Margaret Coomber — 1981	
	2. 4:24.91 — Margaret Coomber — 1981	3. 4:26.1 — Bev Cox — 1981
3,000m	1. 9:36.5 — Darien Andreu — 1981 3. 9:48.9 — Kathy Moore — 1980	2. 9:46.4 — Darien Andreu — 1981
5,000m	1. 16:39.4 — Darien Andreu — 1981 3. 17:06.6 — Darien Andreu — 1981 (indoor)	2. 17:05.4 — Darien Andreu — 1980
10,000m	1. 34:42.6 — Darien Andreu — 1981 3. 35:11.7 — Darien Andreu — 1981	2. 34:47.50 — Darien Andreu — 1981
100H	1. 13.53 — Tonja Brown — 1981 3. 13.65 — Tonja Brown — 1981	2. 13.58 — Tanja Brown — 1981
400H	1. 57.53 — Tonja Brown — 1981 3. 58.3 — Tonja Brown — 1981	2. 58.46 — Tonja Brown — 1981
Long Jump	1. 21-6½ — Esmeralda Garcia — 1981 3. 20-8½ — Esmeralda Garcia — 1981	2. 20-9 — Esmeralda Garcia — 1981
High Jump	1. 5-6¼ — Nancy Townsend — 1980 3. 5-4½ — Joanne MacLeod — 1980	2. 5-4½ — Nancy Townsend — 1980
Shot Put	1. 46-10 — Vickie Smith — 1977 3. 44-8 — Elanor Majors — 1980	2. 45-8 — Elanor Majors — 1980
3 Mile	1. 16:17.43 — Darien Andreu — 1981	2. 16:58.0 — Susan Eble — 1981

4x100m R	1. 44.35 2. 44.7 3. 45.27	Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens, 1981 Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens, 1981 Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens, 1981
4x400m R	1. 3:34.80 2. 3:38.30 3. 3:40.57	Angela Wright, Scooby Golden, Janette Wood, Marita Payne, 1981 Angela Wright, Scooby Golden, Tonja Brown, Marita Payne, 1981 Deborah Moss, Angela Wright, Scooby Golden, Marita Payne, 1981
4x200m R	1. 1:36.88 2. 1:37.34	Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens, 1981 Esmeralda Garcia, Marita Payne, Alice Bennett, Randy Givens, 1981
800m Sprint Medley (100, 100, 200, 400)	1. 1:38.67 2. 1:40.09 3. 1:40.77	Esmeralda Garcia, Alice Bennett, Randy Givens, Marita Payne, 1981 Esmeralda Garcia, Alice Bennett, Randy Givens, Marita Payne, 1981 Esmeralda Garcia, Alice Bennett, Randy Givens, Marita Payne, 1981



## Florida State All-Americans



Andreu



Bennett



Coomber



Givens



Garcia



Golden



Moss



Payne



Wood



Wright

### Their Events

Darien Andreu	1981 AIAW Indoor 5,000 Meters
Alice Bennett	1981 AIAW Indoor Long Jump 1981 AIAW Indoor 800 Meter Relay* 1981 AIAW Outdoor 400 meter Relay* 1981 AIAW Outdoor 800 Meter Medley Relay
Margaret Coomber	1981 AIAW Indoor 1,000 Meters
Randy Givens	1981 AIAW Indoor 800 Meter Relay* 1981 AIAW Outdoor 200 Meters 1981 AIAW Outdoor 400 Meter Relay* 1981 AIAW Outdoor 800 Meter Medley Relay
Esmeralda Garcia	1981 AIAW Indoor Long Jump 1981 AIAW Indoor 60 Meters 1981 AIAW Indoor 800 Meter Relay* 1981 AIAW Outdoor Long Jump 1981 AIAW Outdoor 100 Meters 1981 AIAW Outdoor 400 Meter Relay* 1981 AIAW Outdoor 800 Meter Medley Relay
Scooby Golden	1981 AIAW Indoor 1,600 Meter Relay 1981 AIAW Outdoor 1,600 Meter Relay
Debbie Moss	1981 AIAW Indoor 1,600 Meter Relay
Marita Payne	1981 AIAW Indoor 800 Meter Relay* 1981 AIAW Indoor 1,600 Meter Relay 1981 AIAW Outdoor 400 Meters 1981 AIAW Outdoor 400 Meter Relay* 1981 AIAW Outdoor 1,600 Meter Relay 1981 AIAW Outdoor 800 Meter Medley Relay
Janette Wood	1981 AIAW Outdoor 1,600 Meter Relay
Angela Wright	1981 AIAW Indoor 400 Meters 1981 AIAW Indoor 1,600 Meter Relay 1981 AIAW Outdoor 400 Meters 1981 AIAW Outdoor 1,600 Meter Relay

\*National Champion(s)



## 1981 FSU Women's Cross Country

Onward and upward was the unofficial theme of the 1981 cross country team at Florida State. Coming off its best season ever in 1980, the 1981 Lady Seminoles equaled or topped all the achievements of that great season.

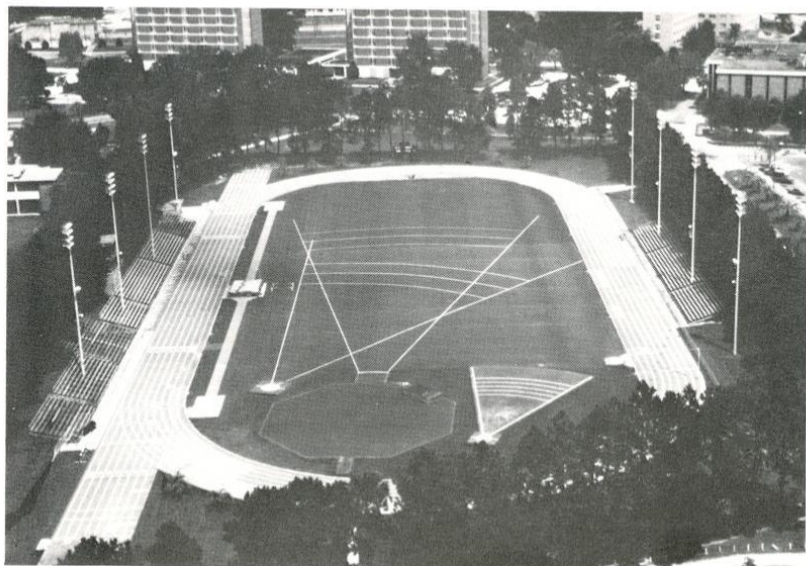
For openers, FSU easily raced to victories in the Alabama and Florida State Invitationals. The Lady Seminoles then traveled to the University of California-Berkeley and came away with a fourth place finish in what was described as the "nation's biggest invitational meet."

November saw Florida State place four runners in the top 10 as the Lady Seminoles breezed past arch rivals Florida, Georgia, Alabama and Auburn to win their third consecutive AIAW Region III Championship.

The season concluded in Pocatello, Idaho where FSU finished 11th at the AIAW National Championships—10 places higher than any Lady Seminole cross country team had ever finished before.

Individually, FSU was paced by the running of senior Darien Andreu and sophomore Margaret Coomber. Andreu capped her cross country career with a 20th place finish at nationals out of 390 runners and became Florida State's first cross country All-American. She also placed second at regionals.

Coomber placed third in the 1981 regionals and 48th in the national championships. Other top runners for Florida State included Bev Cox, Janet Bassford and Susan Eble.



## MIKE LONG TRACK

Located conveniently on the FSU athletic complex, the eight lane, quarter mile oval has a highly regarded Chevron 440 running surface. The same surfacing material is used for the jump runways in the infield portion of the track. The Chevron 440 surface is reputed to be one of the finest all-purpose surfaces for a multi-use university track. It not only gives a uniform, fast, all-weather track for meets, but also is soft enough to be an ideal daily workout surface.

A sign board commemorating the Mike Long Track includes a running display clock which connects with an Accutrack system to be viewed by both runner and spectator. The clock can stop for split times and then catch up. It can be used to record the winning time and then continue. A time and temperature clock is also featured on the sign board which displays in five second intervals, of time and temperature. The time readout displays seconds as well as the hour and minutes.

Illuminated for 24 hours, the clock can be utilized not only by the Seminole athlete, but by joggers in training.

Added to Mike Long Track is an innovative design, combination highjump takeoff and javelin approach area. Located at the south end, the area features an octagonal design which provides eight separate takeoff areas. The area is completely covered with "rubaturf" surfacing.

Extending from the northernmost side is an additional extension to increase the length of the runup for the javelin to 110 feet.

The shot put is located to the southeast corner and the discus throwing circle is at the southwest end of the track.

Chutes at both ends of the straightaway provide the opportunity to take advantage of prevailing winds in the 110 HH and 100 meter dash. Additionally, the long-jump, triple jump, and pole vault are constructed to take advantage of any favoring wind.

The facility, completely enclosed and surrounded by tall pines and short palms, is used by the entire campus. The track has seating for approximately 5,000 people and a press box is located over the west stands. The facility is lighted for night events.

## C. W. "Hootie" Ingram *Director of Athletics*



C. W. Hootie Ingram is in his first year as athletic director at Florida State.

Prior to accepting the Florida State post, Ingram worked with the prestigious Southeastern Conference for eight years, first as an assistant commissioner and then as an associate commissioner since 1978.

A native of Tuscaloosa, Alabama, Ingram played football for the University of Alabama from 1951-54. Following a stint in the army after graduation from college, Ingram turned to coaching. After several years in the high school ranks, he moved into college coaching. He served as an assistant coach at Wake Forest, Virginia Tech, Georgia and Arkansas and then assumed the head coaching job at Clemson University in 1970. He remained there for three years before joining the SEC.

While with the SEC, Ingram's duties included supervision of football and basketball officials, rules interpretations and eligibility.

## Barbara Palmer *Women's Athletic Director*



As the women's athletic director at Florida State since 1977, Barbara Palmer has been instrumental in the development of women's athletics at FSU to the point that the Lady Seminole athletic program is regarded as one of the finest in the country.

Only one women's team has experienced a losing record in the last two years, while two teams—golf and softball—won their respective national championships in 1981.

Palmer's duties as women's athletic director includes the hiring of coaches, preparation of budgets, monitoring of scheduling and travel and raising of funds. She was directly responsible for the funding FSU women's athletics receives from the state legislature each year. It was Palmer's lobbying that pushed Title IX legislation through the state government in 1980.

Palmer joined Florida State after serving four years as executive director of a private leisure and recreation services organization. A long-time resident of Tallahassee, Palmer graduated from FSU in 1970 and earned a master's degree in leisure services in 1974.

Palmer is currently president of Region III of the AIAW.

### Women's Athletic Staff

Women's Athletic Director .....	Barbara Palmer
Assistant to the Director .....	Jo Heath
Director of Promotions .....	Terry Hume
Student Affairs Coordinator .....	Trudy Raybun
Travel, Equipment, Cinematographer .....	Judy Spainhour
Special Events Coordinator .....	Janice Yecco
Head Athletic Trainer .....	Nancy Watson
Athletic Trainer .....	Tamra Oliner
Strength Coach .....	Donna Murdoch
Sports Information .....	Lisa Morton



## This Is Florida State

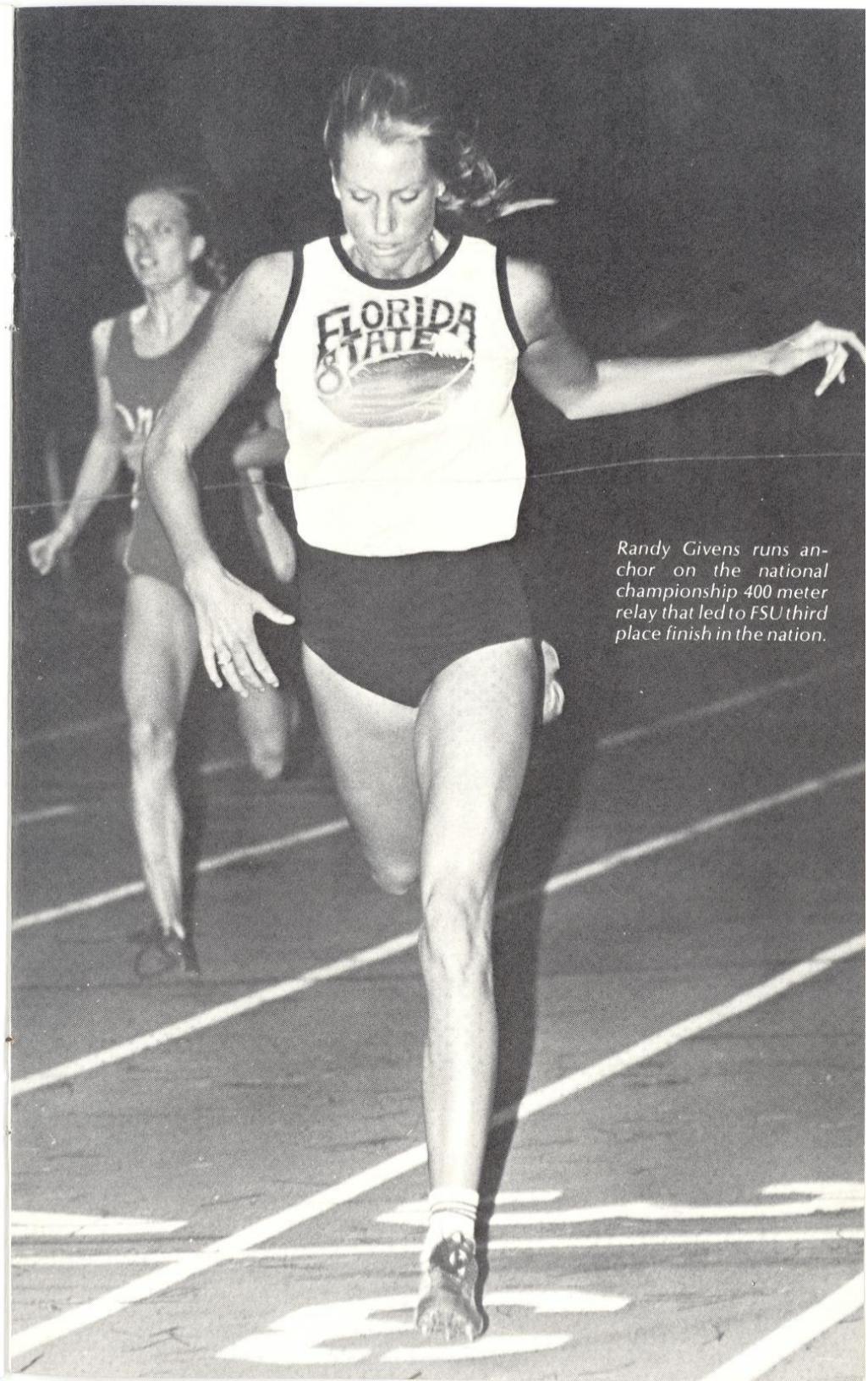
Florida State University—the home of more than 22,500 Seminoles—has a campus that starts at the top of one of Tallahassee's famed seven hills, and rolls gently downward and westward across 340-odd acres of pines, palms and pecan trees.

Founded in 1857 as the Seminary West of the Suwannee, its heritage is evidenced in the wide range of architectural struggles to preserve history and keep up with modern times and air conditioning. Yet it still ranks as one of the South's last, few bastions of campus greenery—the kind that combines the blossoms of camellias, azaleas and dogwoods with moss-hung oaks that are, in some cases, as old as the University itself, if not older.

From the Gothic towers of Westcott at the eastern entrance to the campus, to the modern glass and steel structures of its Science Complex to the west, Florida State University has moved forward in time and growth more rapidly than many of its newer counterparts in the State University System. Its enrollment has quadrupled since it became coeducational in 1947, following nearly half a century as the Florida State College for Women.

Today, its 14 schools and colleges are spread through \$150 million worth of buildings, its annual budget exceeds \$100 million and it attracts more than \$18 million a year in research contracts and grants. Students can pick and choose from more than 100 career options offered in arts and sciences, business, communication, criminology, dance, education, home economics, law, library science, music, nursing, social sciences, social work, theater and visual arts programs.

The location of FSU in the Capitol City of Florida offers unusual opportunities for study and research in the social and policy sciences, and a optimum environment for internships and on-the-job learning experiences for students in many fields of study.



*Randy Givens runs anchor on the national championship 400 meter relay that led to FSU third place finish in the nation.*