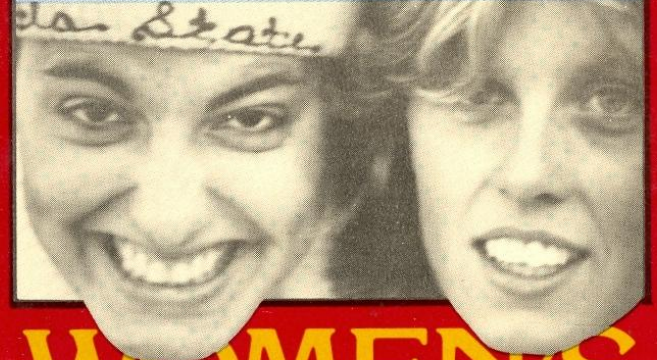


FSU



WOMEN'S SWIMMING



81/82

FLORIDA STATE UNIVERSITY
Tallahassee, Florida

Schedule

Date	Opponent	Site	Time
Oct. 31	Garnet and Gold meet	Tallahassee, Fla.	10:00 a.m.
Nov. 13	Daytona Beach CC	Tallahassee, Fla.	2:00 p.m.
Nov. 20	Georgia	Tallahassee, Fla.	11:00 a.m.
Nov. 21	Florida	Tallahassee, Fla.	11:00 a.m.
Dec. 4-6	Canada Cup Championships	Toronto, Canada	All Day
Dec. 12	South Florida, Indian River CC	Tampa, Fla.	10:00 a.m.
Jan. 1-3	Ill Mexican International	Mexico City, Mex.	All Day
Jan. 8-10	US Swimming International	Gainesville, Fla.	All Day
Jan. 15	Tennessee, Virginia Tech	Knoxville, Tenn.	1:00 p.m.
Jan. 16	Auburn	Auburn, Ala.	2:00 p.m.
Jan. 23	Miami	Miami, Fla.	11:00 a.m.
Feb. 5	South Carolina	Columbia, S.C.	1:00 p.m.
Feb. 25-27	Natl. Independent Championships	Columbia, S.C.	All Day
Mar. 17-20	AIAW National Championships	Austin, Texas	All Day
Apr. 7-10	USS Nationals	Gainesville, Fla.	All Day

WHY FSU?

For years, parents, coaches and educators have praised sports and athletics as a means for improving physical abilities and developing character. There is little argument against the fact that participation in a regularly scheduled athletic training program will improve the physical status of those involved. But what of sports as a character builder? Do individuals involved in athletics develop into more self-confident, understanding, humane, moral, achievement-oriented individuals? Does the experience give the participant a clearer understanding of her environment, herself, her peers, her lifestyle, the lifestyle of others, and the value of such things as dedication, positive thinking, perseverance, humility, etc.? Unfortunately, in today's society these questions may not always be answered affirmatively.

With the extensive involvement of our society in the sports world of today, the emphasis on winning and being number one has emerged as a priority in most athletic programs. This fact, plus the close economic ties to the production of winners has caused many athletic organizations to become so totally involved in winning that they lose sight of the potential of their sport as a means for character development.

WINNING IS IMPORTANT! Yet there is also an opportunity to learn through sport experiences. The potential does in fact exist. Many researchers and extremely knowledgeable men and women will agree that the athletic experience can aid in the development of the values mentioned earlier, IF DIRECTED TO THAT END.

Herein lies the philosophy of coaching in the Florida State program. The F.S.U. program is set up to develop the whole individual, not only physically, but mentally as well. Character traits such as perseverance, dedication, self-confidence, caring for others, "sportsmanship" and basic understanding of one's capabilities and limitations receive an equal amount of attention as do stroke work, interval training and meet performance.

Don't get us wrong. We work hard! We strive to win! We hold very strenuous workouts and we develop quality athletes. Yet their quality, when their participation is over, will hopefully not be just a memory in a scrapbook, but will be in the type of human being who will have a great deal of positive input to her environment.

Terry Maul

Florida State Swimming Information

Head Coach	Terry Maul
Years at FSU	Enters 7th season
Record at FSU	46-17-0
Swimming Phone	(904) 644-1214
Assistant Coach	Jody Yambor
Assistant Coach	Dave Lehner
Administrative Asst.	Beth King
Diving Coach	Dave Moreau
Sport Started	1975
Home Facility	Stults Aquatic Center

Florida State University Women's Swimming 1981-82

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FLORIDA STATE FINGERTIP FACTS

Location	Tallahassee, Fla.
Enrollment	22,500
Nickname	Seminoles
Colors	Garnet and Gold
University President	Dr. Bernard F. Sliger

ATHLETIC DEPARTMENT DIRECTORY

Director	C.W. Hootie Ingram
Assistant Directors	Bob Goin Barbara Palmer
Sports Information Director	Mark Carlson
Assisant Directors	Glen Greenspan Lisa Morton
Swimming Publicity	Dan Pearson
Sports Information Phone	(904) 644-4038

Credits

Written and Edited by Dan Pearson
Graphic Design by Canon Graphics
Photography by University Photo Lab, Terry Maul



1982 Outlook: On the Rise

An 11-1 record, five All-Americans and a 14th place finish at the AIAW National Championships. Seasons such as the one the Lady Seminoles experienced in 1981 are usually reserved for teams that have reached their full potential. But such is not the case for the Florida State women's swimming team.

With an excellent recruiting year tucked away, along with another year of valuable experience for the returning lettermen, Florida State appears headed for another great season.

Under seventh-year head coach Terry Maul, the Lady Seminoles appear stronger in every event than at any other time in their short but successful history.

"I look forward to the 1981-82 season with great anticipation," Maul says. "We have quality depth in almost every event this season, and that is something that we have lacked in prior years."

As was the case last season, the sprints will be the squad's strongest area. In addition to returning All-Americans Sharon Spuler and Lenore Gribble, the squad will be bolstered by the addition of junior Laurie Lehner. A former swimmer at Monmouth College, Lehner was ranked third in the world 50-meter freestyle and 14th in the 100 meter Butterfly in 1980. She holds the American record in the 50-meter (short course).

Gribble holds the Florida State records in both the 50 and 100-free events; while Spuler was FSU's highest individual finisher at Nationals a year ago.

At the middle distances, the Lady Seminoles will field an experienced squad in all strokes, with the exception of the freestyle. Meg McCully, Kim Foster and freshman Stacy Deck are three backstroke specialists that all have the potential to place at the National Championships. In the breaststroke, Lisa Nencioni and Sharon Spuler return for Florida State. Both qualified for breaststroke events at the AIAW Championships last season. Sonya Booth, a freshman from West Palm Beach, Fla., will give the Lady Seminoles added clout in the event. Booth finished third and fourth in the 50 and 100-meter breaststroke events this summer at

the Junior Olympic Championships at Mission Viejo, California. Her times, when translated to yards, are faster than FSU's varsity records in those events.

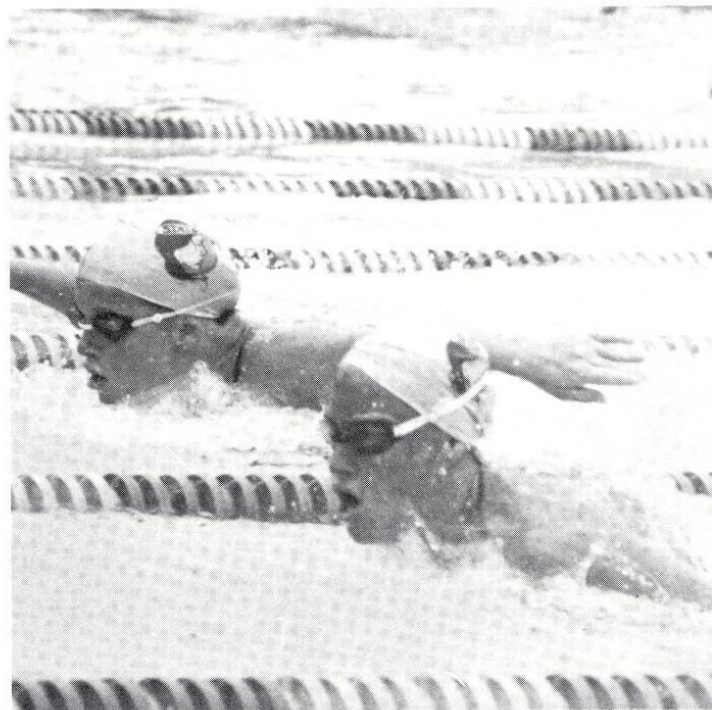
Gribble, Foster and senior Paula Hartzler return to give the Seminoles and experienced group in the individual medley events.

If any area of concern can be found on the 1981-82 FSU squad, that area would be the distance freestyle events. Lack of depth may cost Florida State points this season. McCully and Foster who will concentrate mostly on middle distance events, may help FSU at the longer events also. The Lady Seminoles will also look for points from juniors Amy Davis and Julie Day. Freshman Kelly Hillencamp, whose brother John is one of the nation's primere distance swimmers, may also help at these events.

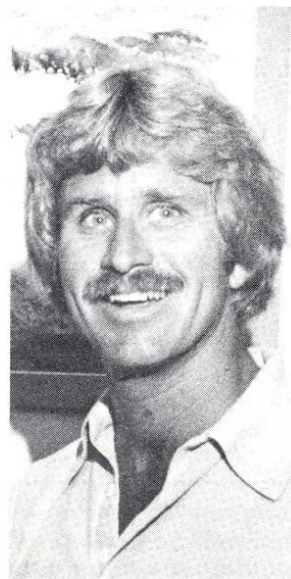
Under new diving coach Dave Moreau, FSU should improve significantly in the one and three-meter board competition. Veteran divers Camile Cox and Lynn McCoy will combine with freshman Susan Hahn to form a solid group of divers for the Lady Seminoles.

"Basically, I'd say we're a much stronger team in all events from the sprints to the middle distances," Maul says. "Since most dual and championship meets are composed of sprint and middle distance events, I'd say we're in pretty good shape."

Can the Lady Seminoles match last season's performance? Maul believes this year's squad can not only match but surpass last year's accomplishments. "As I see it Texas will be the favorite to repeat as National Champions. After that there are perhaps five or seven teams that could take second place. I would like to believe that we would be one of those teams in the running."



TERRY MAUL Head Coach



To allow each individual to develop to her fullest potential academically, educationally and athletically. For the past six years this has been Terry Maul's philosophy on coaching at FSU.

And for the past six years, the FSU women's swimming program has benefited from this philosophy. From a 2-4 year in 1975 (Maul's rookie coaching season) to an 11-1 record in 1981, Florida State has improved each year under Maul's tutelage until it is now recognized as one of the nation's top programs.

A mere look at Florida State's record under Maul backs this up. During the past three seasons,

Maul has racked up an impressive 30-5-0 record and has coached his squad to a top 20 ranking in both 1977 and 1981, including a 14th place finish at last season's AIAW National Championship.

Under Maul, FSU has had 23 athletes earn 31 All-America titles. His overall coaching record at Florida State



stands at 46-17-0, good for a .730 winning percentage. Maul was named "Region III Coach of the Year" in 1980.

But excellence in athletics is only a part of Maul's program. At Florida State, Maul places academic and educational aspects at the same priority level as athletics. "We have three goals for our swimmers at Florida State—academic, educational and performance," Maul says. "Our academic goal is to have a team grade point average of at least a 3.0. Educationally, we'd like members of our team to use the experience and techniques we offer them and put them to use in other areas of life.

"Finally, our performance goals are to assist each individual to produce personal best performances and through that, complete a winning dual meet season and finish among the nation's top 20 teams."

A former Seminole swimmer, Maul was graduated from Florida State University with a bachelor's degree in 1968. He then earned a masters' degree in sports psychology from FSU, finishing that degree in 1975. He has completed all course work for a doctorate on the same subject.

Maul's coaching career began during his undergraduate years at FSU where he coached summer swimming teams in both Tallahassee and Wellington, Kansas. In 1971, Maul became manager and coach of the Sheridan Swim Club in Quincy, Ill. It was there that he developed Nicole Kramer, who would later become a member of the 1980 United States Olympic Team.

Maul returned to Florida State in 1976 to become FSU's first full-time women's swimming coach.

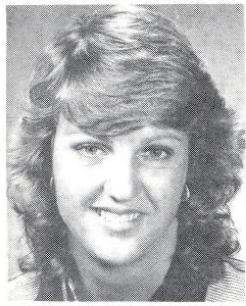
In addition to having several articles on swimming and sports psychology published, Maul is a member of the Board of Directors of the National Collegiate Women's Swimming Coaches Association. He is responsible for developing a research newsletter for that organization which circulates quarterly to more than 400 coaches throughout the world.

Maul's Record at Florida State

Year	Record	Pct.
1976	2-4-0	.333
1977	8-4-0	.666
1978	6-3-0	.666
1979	10-2-0	.833
1980	9-3-0	.750
1981	11-1-0	.917
Totals	46-17-0	.730

JODI YAMBOR

Assistant Coach



Jodi Yambor begins her third season at Florida State as Terry Maul's top assistant. As a member of Maul's staff, Yambor is in charge of coaching the middle distance events as well as handling certain administrative tasks for the squad.

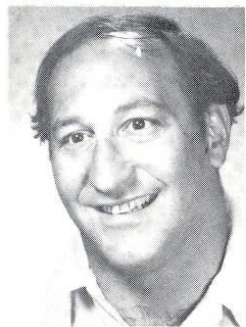
Yambor started her coaching duties at Florida State in 1979, following a standout career at the University of Miami. At Miami, Yambor was a 16-event All-American and helped her alma mater win the AIAW National Championship twice. As a member of the 200-yard medley relay team, Yambor helped Miami win that event three times.

Previous coaching experience for Yambor includes aquatic club coaching of age-group swimmers for six summers at the Carrollwood Village Swim Team in Tampa, Fla.

Yambor received her bachelor's degree from the University of Miami in 1978 and finished her master's degree in movement science from FSU in 1980. She is currently working on doctorate in sports psychology.

ANDREW LEHNER

Assistant Coach



Andrew Lehner enters his first season at Florida State as assistant swimming coach to Terry Maul. A native of Caldwell, N.J., Lehner brings a wealth of coaching experience to the Lady Seminoles.

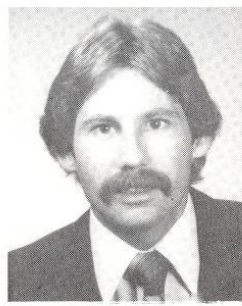
Lehner's coaching experience includes stints as swimming coach at the Ft. Lauderdale Swimming Team (1980-81), North Houston (Texas) Dolphins Swim Club (1979-80) and the Somerset Hills (New Jersey) YMCA Club (1978-79).

Prior to coaching, Lehner was a standout athlete at Monmouth College (New Jersey) and before that at the University of Southern California. While at USC, Lehner finished 11th at the 1973 NCAA Championships in the 100-fly. He also was a member of the USA senior national team that same year. After transferring to Monmouth College in 1975, Lehner went on to set an NCAA record in the 100-fly.

Lehner's duties at Florida State include working primarily with distance swimmers and development of a strength program.

DAVE MOREAU

Diving Coach



Dave Moreau is in his first year as the Florida State diving coach. He joined the Seminole staff last August after serving as the diving coach of six high school teams in Houston's (Tex.) Spring Branch School District.

While coaching for Spring Branch, he was named Texas High School Coach of the Year, the only diving coach to ever receive that honor. He also coached the high school all-state diving teams from 1979-81 and took the 1979 squad to Norway and Sweden to compete in international competition.

Moreau also coached the Dad's Club AAU team in Houston and was named AAU Coach of the Year in both 1979 and 80.

He received his bachelor's degree from Ohio State University in 1977 after a successful diving career in which he achieved All-American honors on the one and three meter boards. He worked as a part-time coach of the OSU women's diving team as a junior and co-captained the men's squad as a senior.

Moreau received Ohio State's student athlete award, an honor that combines athletics and academics, in his sophomore, junior and senior years.

He has been associated with Ron O'Brien, the nation's premier diving coach, for the last seven years. He was coached by O'Brien during his early competitive years and later worked at the O'Brien School of Diving.

BETH KING

Administrative Assistant



Beth King begins her first season on the Florida State coaching staff as an administrative assistant following a year on Terry Maul's staff as an assistant coach. As an administrative assistant, King is responsible for the day-to-day affairs and duties associated with running a major collegiate program.

A graduate of the University of Alabama, King served for three seasons as a student coach for her alma mater before coming to Florida State as an assistant coach last season.

King's additional coaching experience includes several years as a coach for several swimming clubs, including Sea Horse Swimming Club (Huntsville, Ala.), Greater Tampa Swim Association (Tampa, Fla.) and AAU University Aquatic Club (Tuscaloosa, Ala.).

King is presently pursuing a master's degree in counseling at FSU.

Name	Event	Yr.	Hometown/High School
Sally Andresen	Back	Junior	Silver Spring, Md./Montgomery Blair
Sonya Booth	Breast	Freshman	West Palm Beach, Fla./Forest Hills
Amy Davis	Dis. Free	Junior	Jacksonville, Fla./Blazer
Julie Day	IM	Junior	Papillion, Neb./Papillion
Stacy Deck	Back	Freshman	Toledo, Ohio/Delta
Kim Foster	Back	Sophomore	Lompoc, Calif./Cabrillo
Lenore Gribble	Fly	Junior	Miami, Fla./Palmetto
Tanya Hanson	Free	Junior	Miami, Fla./Palmetto
Paula Hartzler	Fly	Senior	Indianapolis, Ind./North Central
Kelly Hillencamp	Dis. Free	Freshman	Jacksonville, Fla./Wolfson
Simone Kusseling	Fly	Sophomore	Alexandria, Va./Thomas Jefferson
Kammy Laycock	Free	Sophomore	Stuart, Fla./Martin
Laurie Lehner	Free, Fly	Junior	St. Lauderdale, Fla./Mercersburg
Meg McCully	Back	Senior	St. Petersburg, Fla./St. Petersburg, Catholic
Lisa Nencioni	Breast	Senior	Fairfax, Va./Woodson
Nancy Norton	Breast	Sophomore	Maitland, Fla./Lake Howell
Cheryl Polowski	IM	Freshman	Ft. Lauderdale, Fla./Ft. Lauderdale
Dawn Smith	Breast	Senior	Tallahassee, Fla./Lincoln
Sharon Spuler	Breast	Junior	Houston, Texas/Clear Lake
Jane Thiau	IM, Back	Junior	Derwood, Md./Holy Cross Academy
Camille Cox	Diver	Junior	Cocoa Beach, Fla./Cocoa Beach
Susan Hahn	Diver	Freshman	Ft. Washington, Md./Friendly
Lynn McCoy	Diver	Senior	Orlando, Fla./Oak Ridge



Sally Andresen
Backstroke
Junior
Silver Spring, Md.

Will swim the distance freestyle and backstroke events for FSU this season ... Has two seasons of varsity experience and has lettered twice at FSU ... Lettered in swimming three years at Montgomery Blair High School ... Paced high school team to county championship.



Sonya Booth
Breaststroke
Freshman
W. Palm Beach, Fla.

One of Florida State's top recruits, Booth is expected to help the Lady Seminoles immediately in several events ... Placed third and fourth in the 100-meter and 200-meter breaststroke at the 1981 United States Junior Olympic Championships ... Has recorded several times that are already faster than FSU school records ... Was high school All-American at Forest Hills High School.



Amy Davis
Freestyle
Junior
Jacksonville, Fla.

Will provide quality depth at the butterfly and distance freestyle events for the Lady Seminoles ... Begins third season as a member of FSU varsity ... Was a three-time All-State selection at Blazer High School ... Led high school team to state championship in 1977 and 1978 ... Expected to be one of FSU's top distance swimmers in 1981-82.



Julie Day
IM
Junior
Papillion, Neb.

Has won two letters at FSU ... Qualified for the 1980 AIAW National Championships ... Former Florida State record holder in the 200-back ... Outstanding swimmer at Papillion High School under coach Lyn Weaver ... Expected to add quality depth in IM and backstroke events this year.



Stacy Deck
Backstroke
Freshman
Toledo, O.

Highly recruited out of Delta High School, Deck is expected to be one of FSU's top backstrokers this year ... Was a finalist in the U.S.S. Junior National Championship in 100-back last season ... Placed in AAU State competition.



Kim Foster
Backstroke
Sophomore
Lompoc, Calif.

Earned All-America recognition in her first season as a member of FSU's 200-medley relay team ... Holds varsity records at FSU in 200-medley and 400-free relays ... Was an All-American selection at Cabrillo High in 1980 ... Three-time Junior Olympic qualifier ... State high school champion in the 100-back in 1979 and 1980 ... Four-time MVP of high school team.



Lennore Gribble
Butterfly
Junior
Miami, Fla.

One FSU's top performers, Gribble won All-American titles in six different races in two years of competition ... Record holder in the 50-free, 100-free, 50-fly, 100-fly and five different relays for a total of nine Florida State records ... Was a three-time All-American selection at Palmetto High School ... lettered three times in water polo and three times in swimming at Palmetto.



Tanya Hanson
Freestyle
Junior
Miami, Fla.

Begins third season on squad ... Will swim the distance freestyle events for FSU ... Earned first team, All-City honors in swimming at Palmetto High School ... Earned first team, All-American honors in water polo and second team, All-America honors in swimming in high school. Has lettered twice at FSU.



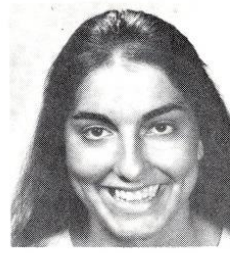
Paula Hartzler
Butterfly
Senior
Indianapolis, Ind.

Will also swim distance freestyle and 400-IM for Lady Seminoles ... Three-time letter-winner at FSU ... Qualified and competed at AIAW National Championships freshman year ... While swimming for AAU club in high school, Hartzler set several state AAU records and qualified for Nationals a number of times.



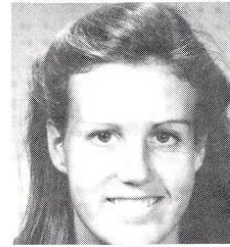
Kelly Hillencamp
Freestyle
Freshman
Jacksonville, Fla.

Will provide quality depth in distance freestyle events for FSU ... Voted most outstanding swimmer for high school team senior year ... Was high school All-American junior year at Wolfson High ... Brother, John, is one of nation's premiere distance swimmer at University of Florida.



Simone Kusseling
Butterfly
Sophomore
Alexandria, Va.

Joins with teammates Lenore Gribble and Laurie Lehner to give FSU one of the strongest trio of butterfly specialists in the country ... Placed in AAU Junior Nationals three straight years ... Former Virginia State Champion in 50-fly ... Two-time high school All-American selection.



Kammy Laycock
Freestyle
Sophomore
Stuart, Fla.

One of FSU's most versatile swimmers, Kammy will swim in the breaststroke, backstroke and individual medley events in addition to the sprint freestyle events ... While at Martin High School, Kammy earned All-State, All-Conference and All-County honors ... Lettered four times in high school.



Laurie Lehner
Freestyle
Junior
Ft. Lauderdale, Fla.

An All-American at Monmouth College, Lehner will have two years of eligibility following her transfer to FSU ... Competing for an AAU team based in Ft. Lauderdale, Lehner placed third in the 50-free and 100-fly at the Senior National Long Course Championships ... She is currently an American record holder in the 50-meter free (short course) ... Was a three-time high school All-American at Mercerburg Academy.



Meg McCully
Backstroke
Senior
St. Petersburg, Fla.

Earned All-American honors in four different events at 1981 AIAW National Championships ... Holds a total of eight different Florida State swimming records ... Transferred to FSU after sophomore year from the University of Florida where she earned All-American honors both freshman and sophomore seasons ... Was a two-time state champion and high school All-American selection at St. Petersburg Catholic High School.



Lisa Nencioni
Breaststroke
Senior
Fairfax, Va.

A senior co-captain for the coming season, Lisa earned All-American honors in both 1980 and 1981 for the Lady Seminoles ... Holds FSU varsity records in 50-breast, 100-breast, 100-IM and 400-medley relay ... Was selected team MVP in 1979 and 1980 ... Was a high school All-American at Woodson High School and state record holder in 100-breast.



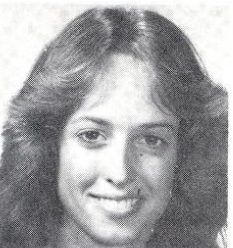
Nancy Norton
Breaststroke
Sophomore
Maitland, Fla.

Starts second year on squad ... Lettered four years at Lake Howell High School under Duane Picou ... MVP of high school team senior year ... May swim freestyle events this season in addition to breaststroke events.



Cheryl Polowski
IM
Freshman
Ft. Lauderdale, Fla.

Was a member of Ft. Lauderdale High School's 400-free relay state championship team ... Will specialize in breaststroke and IM events at FSU ... Lettered four years in high school under coach Jack Nelson.



Dawn Smith
Breaststroke
Senior
Tallahassee, Fla.

Will be a co-captain for the 1981-82 season ... Has three years of varsity experience at Florida State ... Will provide quality depth for Lady Seminoles in breaststroke events ... Lettered three times at FSU.



Sharon Spuler
Breaststroke
Junior
Houston, Texas

One of Florida State's most consistent swimmers, Sharon has won All-American titles in five different events during the past two seasons, including two individual events and three relays ... Spuler holds varsity records in the 50-breast, 200-medley relay, 400-medley relay, 200-free relay and the 400-free relay ... Was a three-time All-American at Clear Lake High School in Houston.



Jane Triau
IM
Junior
Derwood, Md.

Qualified for the AIAW National Championships as a freshman ... Will also swim backstroke events for FSU ... Was a three-time High School All-American at Holy Cross Academy ... Qualified for AAU senior nationals ... Has earned two letter at FSU.



Camille Cox
Diver
Junior
Cocoa Beach, Fla.

Has lettered in diving twice at Florida State ... Holds the six-dive, three-meter record at Florida State ... Lettered four seasons at Cocoa Beach High School ... Also lettered one season at Broward Community College ... Was an All-American in high school.



Susan Hahn
Diver
Freshman
Ft. Washington, Md.

Lettered three seasons at Friendly High School under coach Russ Anderson ... Earned All-County honors in 1979 and 1980 ... Should provide FSU with solid number three diver.



Lynn McCoy
Diver
Senior
Orlando, Fla.

Returns as FSU's most experienced diver ... Has lettered three times, twice at Daytona Beach Junior College and once at Florida State ... Earned JUCO All-American honors in 1980 by winning both the one and three meter dives at the National Junior College Championships ... Holds FSU varsity record in the one meter dive.

1980-81 FINAL RESULTS (11-1-0)

FSU	Opp.	
77	Indian River CC	34
68	at Florida	81
79	Daytona Beach CC	34
79	South Florida	52
93	Brenau College	37
99	at Nebraska	39
1st	at Nebraska Invitational	
73	at Georgia	58
88	Miami	60
86	Louisiana State	63
71	South Carolina	60
87	at Tulane	27
80	at Alabama	60
1st	at Southern Intercollegiate	
14th	at AIAW Championships	

FSU Most Valuable Swimmer Award

At the conclusion of each season, a Most Valuable swimmer is selected on the basis of her performance during the past season. Previous award winners are listed below:

1976-77 Sara Shuster	1979-80 Lisa Nencioni
1977-78 Terri Miller	1980-81 Jeanne Dowdle
1978-79 Lisa Nencioni	

Team Captains

Two swimmers have been elected by their teammates to serve as Florida State captains for the 1981-82 season. Lisa Nencioni, a senior from Fairfax, Va., and Dawn Smith, a senior from Tallahassee, will fulfill this duty during the coming season.



FLORIDA STATE DUAL MEET RESULTS

1976 (2-4-0)		1979 (10-2-0)		
FSU	Opp.	FSU	Opp.	
43	Florida	82	Brenau College	43
81	South Florida	57	Alabama	74
38	Miami	71	Daytona Beach CC	42
42	Indian River CC	75	Auburn	56
35	Alabama	92	Oklahoma	33
73	Brenau College	77	Tennessee	54
		63	Michigan State	48
		71	Georgia	41
		51	Florida	79
		66	Miami	65
		75	Indian River CC	56
		77	South Florida	52
1977 (8-4-0)		1980 (9-3-0)		
FSU	Opp.	FSU	Opp.	
65	Brenau College	72	Alabama	59
77	M/IW	78	Auburn	53
83	Georgia Southern	87	Brenau College	42
76	South Florida	76	Daytona Beach CC	37
86	Nebraska	82	Nebraska	56
43	Florida	87	South Florida	52
40	Alabama	91	Tennessee	49
72	M/IW	83	Ohio State	46
58	Indian River CC	48	Florida	90
66	Miami	44	South Carolina	82
83	Georgia	71	Indian River CC	59
78	South Carolina	53	Miami	78
1978 (6-3-0)		1981 (11-1-0)		
FSU	Opp.	FSU	Opp.	
67	Brenau College	77	Indian River CC	34
67	Charleston	68	Florida	81
72	Daytona Beach CC	79	Daytona Beach CC	34
66	Alabama	79	South Florida	52
49	South Carolina	93	Brenau College	37
29	Florida	99	Nebraska	39
75	Indian River CC	73	Georgia	58
31	Miami	88	Miami	60
74	South Florida	86	Louisiana State	63
		71	South Carolina	60
		87	Tulane	27
		80	Alabama	60

FLORIDA STATE WOMEN'S SWIMMING RECORDS

Event	Time	Holder	Year
50-free	29.10	Lenore Gribble	1981
100-free	51.55	Lenore Gribble	1981
200-free	1:53.20	Meg McCully	1981
500-free	4:59.80	Meg McCully	1981
1650-free	17:09.58	Terri Miller	1978
50-back	27.58	Meg McCully	1981
100-back	58.55	Meg McCully	1981
200-back	2:06.16	Meg McCully	1981
50-breast	30.23	Sharon Spuler	1981
100-breast	1:06.66	Lisa Nencioni	1981
200-breast	2:24.78	Lisa Nencioni	1981
50-fly	25.69	Lenore Gribble	1981
100-fly	56.12	Lenore Gribble	1981
200-fly	2:07.40	Terri Miller	1981
100-IM	59.87	Lisa Nencioni	1981
200-IM	2:08.73	Terri Miller	1981
400-IM	4:31.50	Terri Miller	1981
200-medley relay	1:46.37	McCully, Spuler Gribble, Foster	1981
400-medley relay	3:55.81	McCully, Nencioni Gribble, Spuler	1981
200-free relay	1:36.0	Gribble, Spuler Dowdle, Kusseling	1981
400-free relay	3:30.47	Gribble, Spuler Dowdle, Foster	1981
800-free relay	7:40.33	McCully, Gribble Simpson, T. Miller	1981

FLORIDA STATE WOMEN'S DIVING RECORDS

Event	Score	Holder	Year
1-meter			
(6-dives)	237.35	Lynn McCoy Tina Patala	1981 1978
(11-dives)	369.75	Tina Patala	1978
3-meter			
(6-dives)	260.05	Camile Cox	1980
(11-dives)	370.95	Tina Patala	1981

RECORDS VS. ALL OPPONENTS

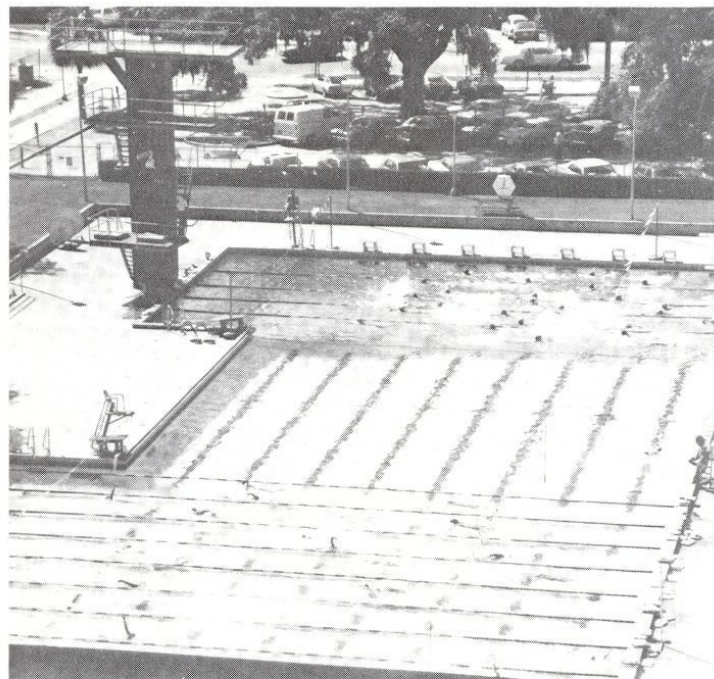
Opponent	W	L	T	Pct.	Series Began
Alabama	3	3	0	.500	1976
Auburn	2	0	0	1.000	1978
Brenau College	5	1	0	.833	1976
Charleston College	1	0	0	1.000	1977
Daytona Beach CC.	4	0	0	1.000	1977
Florida	0	6	0	.000	1975
Georgia	3	0	0	1.000	1977
Georgia Southern	1	0	0	1.000	1976
Indian River CC	4	2	0	.667	1976
Louisiana State	1	0	0	1.000	1981
Miami	3	3	0	.500	1975
Michigan	1	0	0	1.000	1979
MUW	1	0	0	1.000	1977
Nebraska	3	0	0	1.000	1976
Ohio State	1	0	0	1.000	1980
Oklahoma	1	0	0	1.000	1978
South Carolina	2	2	0	.500	1977
South Florida	6	0	0	1.000	1975
Tennessee	2	0	0	1.000	1979
Tulane	1	0	0	1.000	1981

YEAR BY YEAR RECORD

Year	Record	Pct.	Coach	Captain
1976	2-4-0	.333	Terry Maul	Kathy MacHardy
1977	8-4-0	.666	Terry Maul	Ritchie Dorrier Sara Shuster
1978	6-3-0	.666	Terry Maul	Sara Shuster Nancy Pfaff
1979	10-2-0	.833	Terry Maul	Nancy Pfaff Terri Miller
1980	9-3-0	.750	Terry Maul	Lisa Davison Terri Miller
1981	11-1-0	.917	Terry Maul	Lisa Nencioni Terri Miller Jeanne Dowdle

FLORIDA STATE NCWSCA ALL-AMERICANS

Name	Year	Event(s)
Laura Barber ...	1976	50-back, 100-back, 200-free relay, 400-free relay
Kim Reeves	1976	200-free relay, 400-free relay
Patty Taylor	1976	200-free relay
Ritchie Dorrier ..	1976	200-free relay, 400-free relay
Kathy MacHardy	1976	400-free relay
Susie Yates	1977	50-free, 200-free relay, 200-medley relay, 400-free relay
Laura Barber ...	1977	100-back, 200-free relay, 400-free relay, 800-free relay
Jana Wilkins	1977	100-fly, 200-medley relay, 200-free relay, 400-free relay
Teri Winking	1977	200-medley relay
Kim Krueger ...	1977	200-medley relay
Ritchie Dorrier ..	1977	200-free relay, 400-free relay
Sara Shuster ...	1977	800-free relay
Nancy Pfaff	1977	800-free relay
Beth Jones	1977	800-free relay
Jana Wilkins	1978	50-fly, 100-fly, 200-medley relay, 400-free relay, 800-free relay
Terri Miller	1978	400-IM, 1650-free, 400-free relay, 800-free relay
Laura Barber ...	1978	200-medley relay, 400-free relay
Jeanne Dowdle	1978	200-medley relay, 400-free relay
Jackie Bajus	1978	200-medley relay, 800-free relay
Lisa Davison	1978	200-medley relay
Sara Shuster ...	1978	800-free relay
Lisa Davison	1979	400-free relay
Jeanne Dowdle	1979	400-free relay
Kim Dunlop	1979	400-free relay
Kathi Miller	1979	400-free relay
Sharon Spuler ..	1980	50-breast, 200-free relay
Lisa Nencioni ...	1980	100-breast
Lenore Gribble ..	1980	100-fly, 200-free relay
Jeanne Dowdle	1980	200-free relay
Kim Dunlop	1980	200-free relay
Meg McCully ...	1981	100-back, 400-medley relay, 200-medley relay, 50-back
Lenore Gribble ..	1981	50-fly, 400-medley relay, 100-fly, 200-medley relay
Sharon Spuler ..	1981	400-medley relay, 50-breast, 200-medley relay
Lisa Nencioni ...	1981	400-medley relay
Kim Foster	1981	200-medley relay



N. B. "Bim" Stults Aquatic Center

Long known as one of the most respected swimming programs in the country, Florida State boasts some of the finest facilities found anywhere in the nation. The spacious Stults Aquatic Center on the FSU campus is no exception.

Heated for maximum comfort, the pool itself sports the standard 25 yard collegiate course which has eight lanes set into a 60-foot wide area. This leaves each of the outside lanes two feet from the wall making them as fast as the middle lanes. The same holds true for the eight-lane 50-meter course.

In addition, the pool itself is equipped with Keifer lane lines for both 25 and 50 meters, has extremely deep gutters which allow swimmers to compete in perfectly smooth water, and also has three underwater windows for stroke analysis and filming.

The diving areas meet or exceed the published specifications as outlined by the NCAA and the AAU. Included in the diving area are a pair of one-meter and three-meter boards and a platform tower. All four maxiflex boards are mounted on Durafilm fulcrums. The tower has platforms at five, seven-and-a-half and 10 meters.

The mild climate of the Tallahassee winter has allowed outdoor workouts over the years, but last spring the state legislature allotted monies to have the Aquatic Center enclosed in a heated bubble for the colder months. During the warm months, the translucent bubble will be removed.

Florida State also offers one of the finest dry practice setups found anywhere in the country. A complete set of Nautilus weights are available to all athletes and are used extensively by the Florida State swimming program.

C. W. "Hootie" Ingram Director of Athletics



C. W. Hootie Ingram is in his first year as athletic director at Florida State. Assuming his post on January 16, 1981, Ingram brings to Florida State an outstanding reputation as athletic administrator.

Prior to accepting the Florida State post, Ingram worked with the prestigious Southeastern Conference for eight years—first as an assistant commissioner and then as an associate commissioner since 1978.

A native of Tuscaloosa, Alabama, Ingram played football for the University of Alabama from 1951-54. Following a stint in the army after graduation from college, Ingram turned to coaching. After several years in the high school ranks, Ingram moved into college coaching. He served as an assistant coach at Wake Forest, Virginia Tech, Georgia and Arkansas. He assumed the head coaching job at Clemsom University in 1970 and remained there for three years before joining the SEC.

While with the SEC, Ingram's duties included supervision of football and basketball officials, rules interpretations and eligibility.

Barbara Palmer Women's Athletic Director



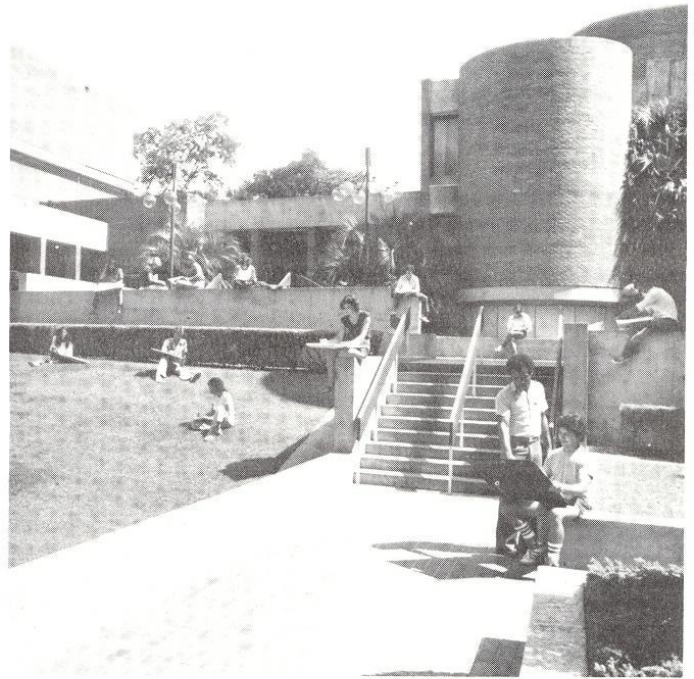
As the women's athletic director at Florida State since 1977, Barbara Palmer has been instrumental in the development of women's athletics at FSU to the point that the Lady Seminole athletic program is regarded as one of the finest in the country.

Only one women's team has experienced a losing record in the last two years, while two teams—golf and volleyball won their respective national championships in 1981.

Palmer's duties as women's athletic director includes the hiring of coaches, preparation of budgets, monitoring of scheduling and travel and raising of funds. She was directly responsible for the funding FSU women's athletics receives from the state legislature each year. It was Palmer's lobbying that pushed Title IX legislation through the state government in 1980.

Palmer joined Florida State after serving four years as executive director of a private leisure and recreation services organization. A long-time resident of Tallahassee, Palmer graduated from FSU in 1970 and earned a master's degree in leisure services in 1974.

Palmer is currently president of Region III of the AIAW.



THIS IS FLORIDA STATE

Florida State University—the home of more than 22,500 Seminoles—has a campus that starts at the top of one of Tallahassee's famed seven hills, and rolls gently downward and westward across 340-odd acres of pines, palms and pecan trees.

Founded in 1857 as the Seminary West of the Suwannee, its heritage is evidenced in the wide range of architectural struggles to preserve history and keep up with modern times and air conditioning. Yet it still ranks as one of the South's last, few bastions of campus greenery—the kind that combines the blossoms of camellias, azaleas and dogwoods with moss-hung oaks that are, in some cases, as old as the University itself, if not older.

From the Gothic towers of Westcott at the eastern entrance to the campus, to the modern glass and steel structures of its Science Complex to the west, Florida State University has moved forward in time and growth more rapidly than many of its newer counterparts in the State University System. Its enrollment has quadrupled since it became coeducational in 1947, following nearly half a century as the Florida State College for Women.

Today, its 14 schools and colleges are spread through \$150 million worth of buildings, its annual budget exceeds \$100 million and it attracts more than \$18 million a year in research contracts and grants. Students can pick and choose from more than 100 career options offered in arts and sciences, business, communication, criminology, dance, education, home economics, law, library science, music, nursing, social sciences, social work, theater and visual arts programs.

The location of FSU in the Capitol City of Florida offers unusual opportunities for study and research in the social and policy sciences, and an optimum environment for internships and on-the-job learning experiences for students in many fields of study.

A city within a city, Florida State has 1,200 faculty members, more than 6,000 additional employees and a construction program that will exceed \$50 million before the end of 1981.