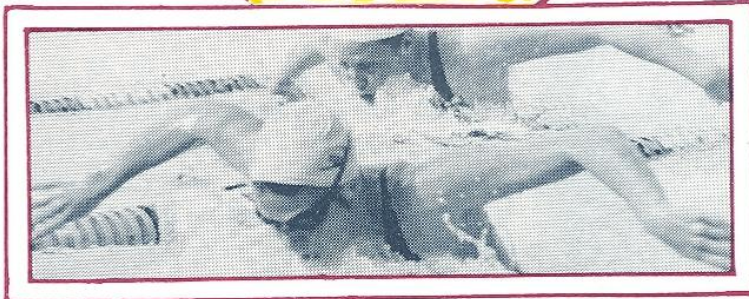


# FLORIDA STATE LADY SEMINOLE SWIMMING & DIVING



## Head Coach

A Florida State graduate and varsity swimmer, Terry Maul began coaching the Lady Seminoles in 1975 and has since guided them to top twenty national status in past seasons. Maul began coaching in 1971 as head coach of the Sheridan Swim Club in Quincy, IL. It was here that he developed Nicole Kramer, a member of the U.S. Olympic Team in Montreal.



**TERRY MAUL**

Maul has coached seven individual collegiate All-Americans during his tenure at Florida State. He received his masters degree from F.S.U. in 1975 and is currently completing work on his Ph.D. In addition to publishing several articles on swimming and Sports Psychology, Maul has recently been named to the Board of Directors of the National Collegiate Women's Swimming Coaches Association (NCWSCA). He was responsible for developing the NCWSCA's Research Newsletter which now circulates quarterly to more than 400 coaches throughout the world. Maul's knowledge and background in the sports sciences has allowed him to develop a winning program at Florida State through the "educational" and scientific development of top-level athletes.



**AL COFFEY**

## Diving Coach

Florida State's new diving coach, Al Coffey, brings to the University a great deal of personal and professional experience. His career as an athlete includes the following: All-American status at Ohio State and the University of Miami, undefeated Big-Ten Champion in 1951-52, member of the Pan American Games team in the three and ten meter boards in 1955 and world professional diving champion in 1964.

Coffey's coaching career has been equally impressive. He has been coach of the Central American Games, Puerto Rico Swimming Association, coach of seven eastern collegiate champions from 1974-79 on the one and three meter boards, coach of a platform diver who made the Olympic trials and of a three meter diver who made the Olympic team (Barbara Nejman). Coffey also led Steve Semich (1973) to a national and an international title in the age group ten meter competition. The coach is presently a member of the N.C.A.A. Division I Diving Rules Committee.

# Lady Seminole

## CAMILLE COX

An honorable mention high school All-American diver, Camille is a freshman from Cocoa Beach, Florida. Big things are expected of her this year on both the one and three meter boards.



## LISA DAVISON

Elected co-captain for this season, Lisa specializes in the sprint freestyle events and is the only senior on this year's squad. She is a native of Miami, Florida.

## JULIE DAY

A freshman from Papillion, Nebraska, Julie is a former Junior Olympic champion in the 200 backstroke. She has already qualified for Olympic Trials in that event. In addition to backstroke, she can be counted on in both freestyle and medley events.



## JEANNE DOWDLE

A junior from St. Petersburg, Florida, who specializes in the freestyle and breaststroke events. Jeanne is the school record holder in the 100 freestyle and is a two year relay All-American.

## KIM DUNLOP

A freestyler from Tallahassee, Kim is starting her second year on the team. Kim also competes in the modern pentathlon in which she is currently ranked 7th in the world and is the reigning national champion. The Pentathlon, includes riding, shooting, fencing, running and swimming.



## LENORE GRIBBLE

A high school All-American swimmer and water-polo player, Lenore is a freshman from Miami, Florida. She is a former AAU National qualifier. Her best stroke is butterfly.

# e Swimmers



## PAULA HARTZER

A sophomore from Indianapolis, Indiana, Paula swims butterfly, distance freestyle and individual medley. Paula is a former national qualifier and member of Rivera Swim Club.

## TERRI MILLER

An AIAW All-American in the 400 individual medley and the 1650 freestyle. She is also an AAU National qualifier. Terri is a distance specialist who can be counted on in any individual event. She was selected Most Valuable Swimmer on the 1977-78 squad and has been elected co-captain for this season.



## LISA NENCIONI

Chosen the Most Valuable swimmer of the 1978-79 season the sophomore's main focus is on breaststroke. She also swims individual medley and butterfly. Lisa is a former National qualifier as a member of the Solotar Swim Club.

## SHARON SPULER

A high school All-American swimmer and water polo player, Sharon is a freshman from Houston, Texas. Sharon was the 1979 Texas State Champion in the 50 freestyle and a Junior National qualifier in breaststroke and freestyle.



## JANE TRIAU

A three year high school All-American and former AAU National qualifier, Jane is a freshman from Derwood, Maryland, who specializes in backstroke and individual medley. Jane's home AAU club is Rockville Municipal.

## KIM YORK

A freshman from Topeka, Kansas, Kim has a great deal of experience in national level competition. She has competed in AAU nationals for the past three years. Kim is a backstroker who can also be counted on in butterfly and individual medley.

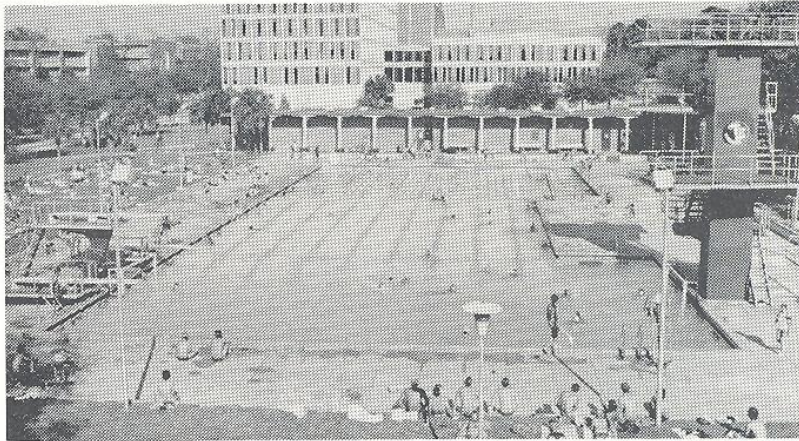


# OUTLOOK

*This season will be marked by a strenuous training schedule including Nautilus and Mini-Gym strength equipment, jogging, water-polo, and an average of four hours a day water time in Florida State's beautiful heated outdoor pool.*

*This year's team is shaping up as the best ever with five returning All-Americans and a quality group of new team members. The dual meet schedule is the toughest to date including teams such as Miami, Florida, Tennessee, Auburn and the University of South Carolina. The competition notwithstanding, coach Terry Maul predicts the "best dual meet record in our history" with a top-20 National finish as well.*

*The Lady Seminoles have arrived, and if the spirit of this years squad is any indication, the future is brighter.*



## SCHEDULE

### NOVEMBER

2	University of Alabama	Tallahassee, FL	1 p.m.
8	Auburn	Auburn, AL	7 p.m.
9	Brenau	Gainesville, GA	5 p.m.
16	Daytona Beach C. C.	Tallahassee, FL	1 p.m.
28	University of Nebraska	Lincoln, NB	4 p.m.
30-1	Nebraska Invitational	Lincoln, NB	All day

### DECEMBER

7	University of Tennessee University of South FL	Tampa, FL	4 p.m.
15-21	Christmas Training at Swimming Hall of Fame	Ft. Lauderdale, FL	
20	Ohio State University	Miami, FL	2 p.m.

### JANUARY

12	University of Florida	Tallahassee, FL	11 a.m.
19	Tulane	Tallahassee, FL	12 p.m.
26	University of South Carolina	Columbia, SC	10 a.m.

### FEBRUARY

1	Indian River C. C.	Ft. Pierce, FL	12 p.m.
2	University of Miami	Miami, FL	11 a.m.
14-16	Southern Intercollegiate Championship	Athens, GA	All day
28-1	Region III AIAW Championship	Auburn, AL	All day

### MARCH

19-22	AIAW National Championship	Las Vegas, NV	All day
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### APRIL

10-13	AAU National Championship	Austin, TX	All day
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# SCHOOL RECORDS

Event	Time	Swimmer	Meet	Date
50 YD. FREESTYLE	24.46	SUSIE YATES	AIAW NAT.	03/18/77
100 YD. FREESTYLE	53.13	JEANNE DOWDLE	FLORIDA INV.	03/04/79
200 YD. FREESTYLE	1:54.43	KATHI MILLER	AIAW NAT.	03/16/79
500 YD. FREESTYLE	5:00.02	TERRI MILLER	REGION III	02/23/79
1000 YD. FREESTYLE	10:20.68	TERRI MILLER	AIAW NAT.	03/18/78
1650 YD. FREESTYLE	17:09.58	TERRI MILLER	AIAW NAT.	03/18/78
50 YD. BACKSTROKE	28.11	LAURA BARBER	AIAW NAT.	03/16/78
100 YD. BACKSTROKE	1:00.67	LAURA BARBER	AIAW NAT.	03/17/78
200 YD. BACKSTROKE	2:09.69	JULIE DAY	NEB. INV.	12/01/79
50 YD. BREASTSTROKE	31.61	SHARON SPULER	USF	12/07/79
100 YD. BREASTSTROKE	1:07.30	LISA NENCIONI	FLORIDA INV.	03/04/79
200 YD. BREASTROKE	2:25.78	LISA NENCIONI	REGION III	02/04/79
50 YD. BUTTERFLY	26.37	LENORE GRIBBLE	USF	12/07/79
100 YD. BUTTERFLY	56.92	JANA WILKINS	AIAW NAT.	03/16/78
200 YD. BUTTERFLY	2:07.66	JANA WILKINS	REGION III	02/24/78
100 YD. IND. MEDLEY	1:00.34	LISA NENCIONI	AIAW NAT.	03/17/79
200 YD. IND. MEDLEY	2:08.73	TERRI MILLER	AIAW NAT.	03/15/79
400 YD. IND. MEDLEY	4:31.50	TERRI MILLER	AIAW NAT.	03/16/79
200 YD. MEDLEY RELAY	1:50.58	JULIE DAY LISA NENCIONI LENORE GRIBBLE KIM DUNLOP	USF	12/07/79
400 YD. MEDLEY RELAY	4:00.02	KIM YORK LISA NENCIONI LENORE GRIBBLE SHARON SPULER	AUBURN	11/08/79
200 YD. FREE RELAY	1:37.23	SUSIE YATES JANA WILKINS RITCHIE DORRIER LAURA BARBER	AIAW NAT.	03/18/77
800 YD. FREE RELAY	7:43.25	JULIE DAY LENORE GRIBBLE KATHI MILLER TERRI MILLER	ALABAMA	11/02/79
1 METER DIVING				
6 DIVES	237.35	TINA PATALA	MICH. STATE	12/21/78
11 DIVES	369.75	TINA PATALA	USF	02/04/78
3 METER DIVING				
6 DIVES	226.50	TINA PATALA	USF	02/03/79
11 DIVES	370.95	TINA PATALA	REGION III	02/24/79

## ROSTER 79-80

NAME	YEAR	EVENT	HOMETOWN
SALLY ANDRESEN	FR.	Back/Fly	Silver Spring, MD
KIM AVERILL	SO.	Back	Bangor, MA
JACKIE BAJUS	JR.	Free/Fly	Fanwood, NJ
TERRI BROWN	FR.	Free/Fly	Ft. Lauderdale, FL
CAMILLE COX	FR.	Diving	Cocoa Beach, FL
AMY DAVIS	FR.	Fly/Free	Ashland, KY
SALLY DAVIS	JR.	Fly/IM	Ashland, KY
LISA DAVISON	SR.	Free	Miami, FL
JULIE DAY	FR.	Back/IM	Papillion, NE
JEANNE DOWDLE	JR.	Free/Breast	St. Petersburg, FL
PATI DOWDLE	FR.	Free	St. Petersburg, FL
KIM DUNLOP	SO.	Free	Tallahassee, FL
LENORE GRIBBLE	FR.	Fly/IM	Miami, FL
TANYA HANSON	FR.	Free	Miami, FL
PAULA HARTZER	SO.	Fly	Indianapolis, IN
CHERYL HAYNES	SO.	Back	Dunedin, FL
THERESE LOVE	FR.	Free	Indianapolis, IN
SUE LOWE	FR.	Free	St. Petersburg, FL
TERRI MILLER	JR.	Fly/IM	Tinton Falls, NJ.
DEAN NELSON	JR.	Diving.	Nashville, TN
LISA NENCIONI	SO.	Breast	Fairfax, VA
LAURA SHOWS	FR.	Free	Florence, SC
DAWN SMITH	SO.	Breast	Tallahassee, FL
SHARON SPULER	FR.	Free	Houston, TX
JANE TRIAU	FR.	Back/IM	Derwood, MD
LINDA WESEMAN	SR.	Free	Tallahassee, FL
JACKIE WISE	JR.	Diving	Franklin, TN
KIM YORK	FR.	Back	Topeka, KS

TERRY MAUL, Head Coach  
 JODI YAMBOR, Asst. Coach  
 AL COFFEY, Diving Coach  
 KIKI FARMER, Manager

