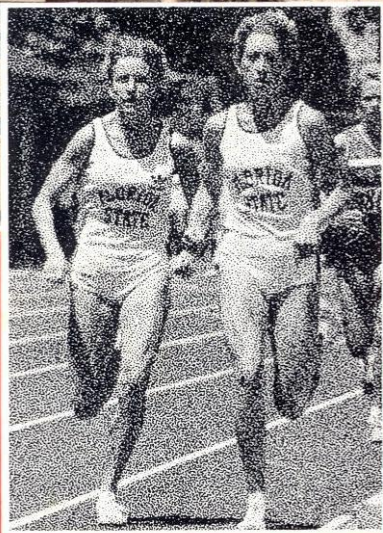
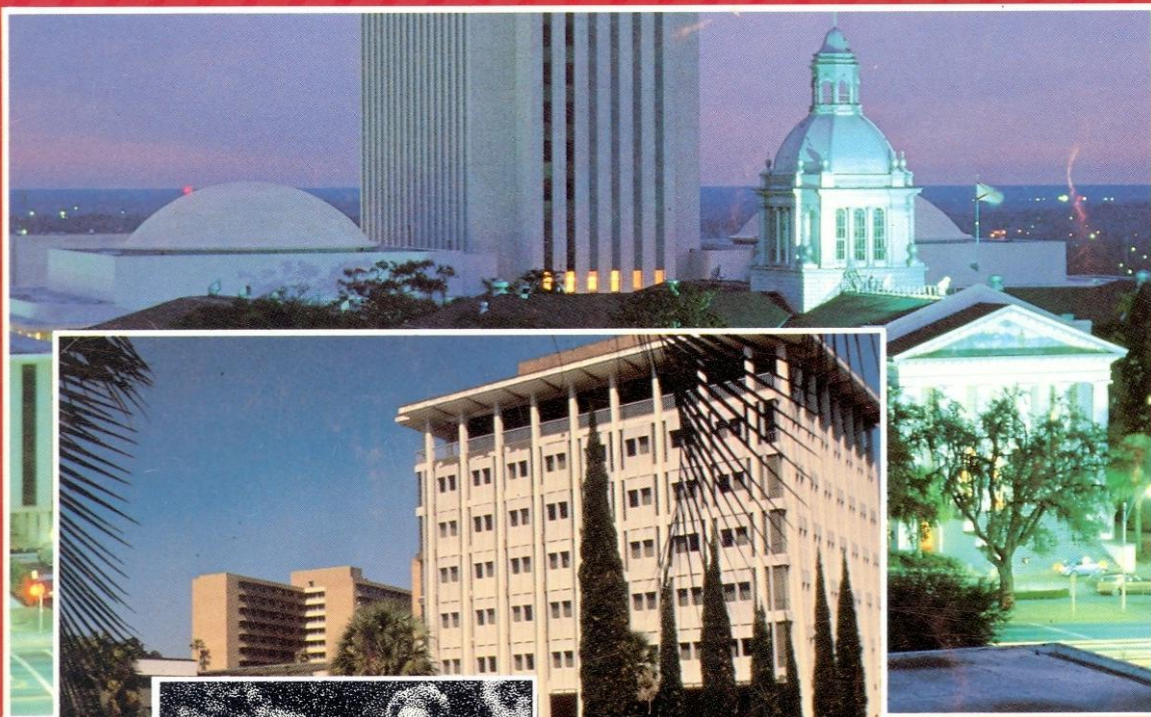




# Florida State University



*Women's Cross  
Country  
'84*



# Athletic Directory

Janice Dykehouse-Allen (women's basketball) .....	644-1091	Joe Labat (business manager) .....	644-1060
Wayne Allen (women's basketball) .....	644-1091	Marian Lee (ticket manager) .....	644-1060
Chuck Amato (football) .....	644-1060	Diane McCollister (ticket office) .....	644-1830
Mickey Andrews (football) .....	644-1060	Gene McDowell (football) .....	644-1060
Art Baker (football) .....	644-1060	Wayne McDuffie (football) .....	644-1060
Lavern Barrett (football secretary) .....	644-1060	Richard McKee (tennis) .....	644-1060
Cathy Beadnell (spring sports secretary) .....	644-1060	Brian Mand (academic advisor) .....	644-1060
Bobby Bowden (football) .....	644-1060	Patty Marker (accounting) .....	644-1060
John Brogle (cross country and track) .....	644-1060	Mike Martin (baseball) .....	644-1060
Dr. Emory Cain (dentist) .....	385-8419	Terry Maul (women's swimming) .....	644-1060
Jimmie Callaway (assistant equipment manager) .....	644-1060	Debra Miles (golf) .....	644-2582
Vicki Callaway (football Secretary) .....	644-1060	John Mooney (athletic trainer) .....	644-1060
Elane Clarke (women's athletic secretary) .....	644-1091	Rex Morgan (basketball) .....	644-1060
Gary Cole (diving) .....	644-1091	Lisa Morton (associate sports information director) .....	644-1060
Anne Davis (women's tennis) .....	644-1091	Randy Oravetz (athletic trainer) .....	644-1060
Jennifer Dean (women's athletic trainer) .....	644-1091	Cindy Owens (basketball secretary) .....	644-1060
Frank DeBord (equipment manager) .....	644-1060	Barbara Palmer (women's athletic director) .....	644-1091
Rod Delmonico (baseball) .....	644-1060	Dan Pearson (assistant sports information director) .....	644-1060
Winnie Dodgion (softball) .....	644-1091	Larry Pendleton (assistant athletic director) .....	644-1060
Charlie Durbin (cinematographer) .....	644-1060	Patty Planchard (athletic secretary) .....	644-1060
John Eason (football) .....	644-1060	Jackie Pons (basketball) .....	644-1060
Pam Eaves (equipment) .....	644-1060	Trudy Raybun (women's academic advisor) .....	644-1091
Don Fauls (athletic trainer) .....	644-1060	Cecile Reynaud (volleyball) .....	644-1091
Phyllis Fleet (athletic secretary) .....	644-1060	Dick Roberts (track) .....	644-1060
Jaye Flood (volleyball) .....	644-1091	Alma Rogers (equipment manager) .....	644-1091
Dee Frye (administrative assistant) .....	644-1060	Jackie Ross (ticket manager) .....	644-1060
Carl Gentile (women's strength coach) .....	644-1091	Mary Lee Rouse (ticket office) .....	644-1830
Verlyn Giles (men's and women's golf) .....	644-1060	Al Schmidt (women's cross country and track) .....	644-1091
Jim Gladden (football) .....	644-1060	Billy Sexton (football) .....	644-1060
Charlotte Glover (women's athletic secretary) .....	644-1091	Tammy Sexton (women's athletic secretary) .....	644-1091
Bob Goin (associate athletic director) .....	644-1060	John Sheffield (assistant to the athletic director) .....	644-1060
JoAnne Graf (softball) .....	644-1091	Bill Shults (swimming) .....	644-1060
Eugene Granger (equipment manager) .....	644-1060	Seneca Smith (marketing and promotions secretary) .....	644-1060
Evelyn Green (accounting) .....	644-1060	Virginia Smith (accounting) .....	644-1060
Judy Greve (sports information secretary) .....	644-1060	Vince Sthair (spring sports strength coach) .....	644-1060
Sue Hall (football secretary) .....	644-1060	Claude Thigpen (assistant athletic director) .....	644-1060
Dr. Tom Haney (physician) .....	877-8174	Cheryl Turkington (accounting) .....	644-1060
Bob Harbison (football) .....	644-1060	Sharon Turner (ticket office) .....	644-1830
Jo Heath (assistant athletic director) .....	644-1091	Dave Van Halanger (strength coach) .....	644-1060
Dr. Doug Henderson (physician) .....	877-8174	Don Veller (administrative assistant) .....	644-1060
Wayne Hogan (sports information director) .....	644-1060	Nancy Watson (women's athletic trainer) .....	644-1091
Terry Hume (women's promotions) .....	644-1091	Michelle White (switchboard operator) .....	644-1060
Hootie Ingram (athletic director) .....	644-1060	Joe Williams (basketball) .....	644-1060
Gloria Jordan (women's athletic secretary) .....	644-1091	Steve Williams (basketball) .....	644-1060
Kelly Jordan (women's basketball) .....	644-1091	Gary Winckler (women's track) .....	644-1091
Deborah Juggler (receptionist) .....	644-1091	Edith Yancey (women's athletic secretary) .....	644-1091
Clara Jump (football secretary) .....	644-1060		

## Media Information

### Credentials

Required for all events where an admission is charged. Please contact the sports information office at least one week before event to be covered. Space for the working press, radio, television and scouts is allocated by the Sports Information Office.

### Press Parking

Passes not required except for games at the Leon County Civic Center. For those events, make request at same time credentials are issued. Ample parking may be found in Doak Campbell stadium lots for baseball games and around Tully Gym area for basketball, track, and tennis events.

### Photographers

Only accredited photographers will be issued working credentials. All still photographers must shoot from designated areas. Space for video cameras for certain events will be assigned by the Sports Information Office.

### Statistical Services

Complete statistics will be provided for all basketball and baseball games. Additional services will be provided as requested for all other events.

### Telecopiers

Two telecopiers are owned by the Sports Information Office. These will be made available on a first come - first served basis, free of charge.

### Telephones

Telephone service for visiting radio stations should be secured directly through Centel Telephone Company of Florida, phone (904) 222-2236. For baseball, Seminole Flagship Station WTNT radio has installed a visitor's radio line that may be used free of charge on a reciprocal basis. Call (904) 386-6143 for more information.

### Interviews

All interviews with Florida State coaches and athletes should be arranged through the Sports Information Office. For phone interviews, the SID office will fill out a call card, instructing the athlete who to call and at what time the call should be placed. All athlete calls to the media will be on a collect basis.

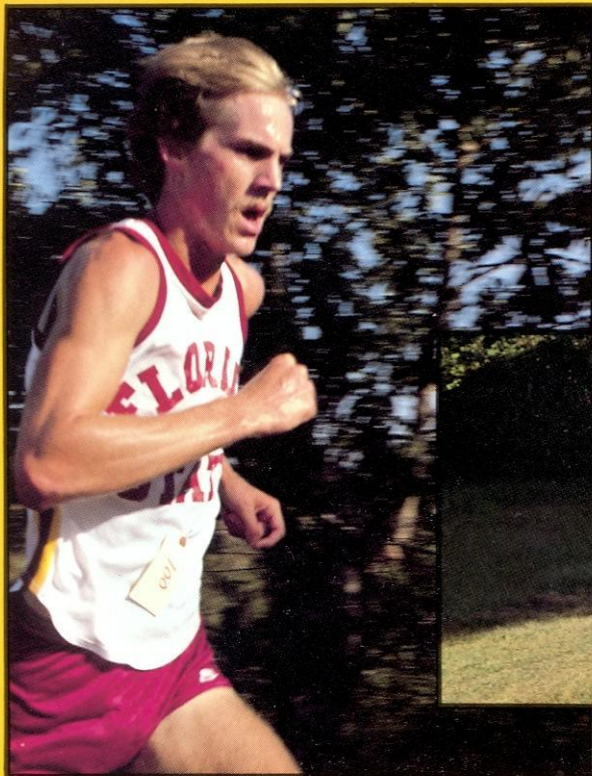
### How to Contact Us:

At the office...The Florida State Athletic telephone number is (904) 644-1060. Sports Information Director Wayne Hogan can be reached through extension 147, Associate Director Lisa Morton at extension 151 and Assistant Director Dan Pearson at extension 149.

At home...Hogan (904) 386-5359; Morton (904) 575-4773; Pearson (904) 562-4628 After 5:00 call (904) 644-1403 to reach



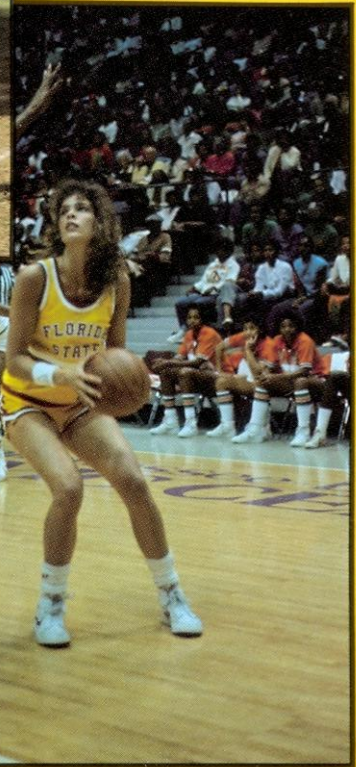
# Sports At Florida State



From the quiet solitude of the cross country runner to the deafening noise and excitement inside historic Tully Gym, athletics at Florida State offer something for everyone. Perhaps no athletic program in the country offers the combination of winning attitude, great facilities, perfect climate and a staff of coaches and administrators so committed to excellence in every athletic endeavor.

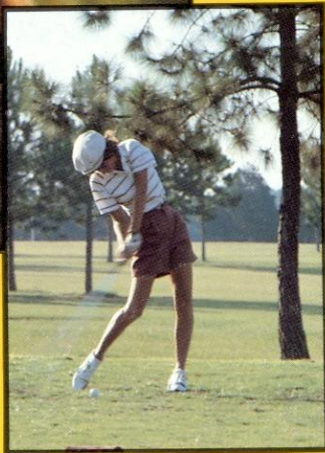
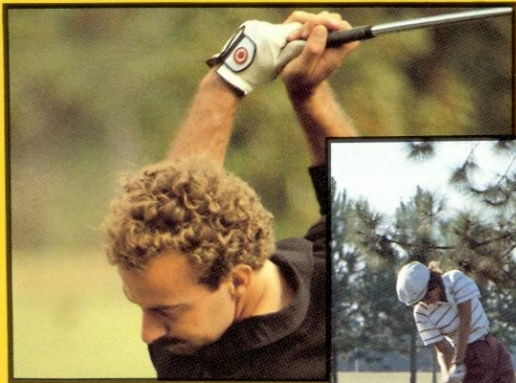


In just a few short years, the Lady Seminole Basketball program has grown into a giant. Already with NCAA playoff experience, this team has given Florida State its all-time basketball point leader in the sensational Sue Galkantas. Incredibly, she scored 2323 points in a four-year career, tops for any Seminole, male or female. Others are poised to follow.

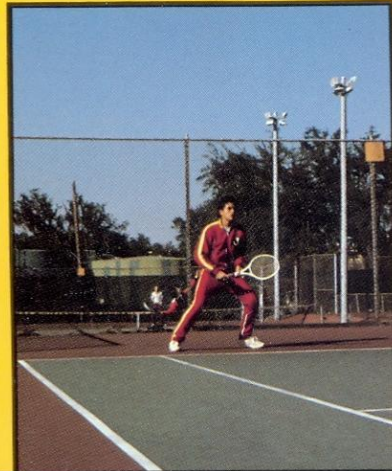


What goes together better than the sport of swimming and the State of Florida. With the attraction of fine weather year-round, a newly renovated Olympic swimming and diving complex and young, innovative leadership in both men's and women's programs, Florida State swimmers and divers have made a name for themselves and the school world-wide. One visit to Seminole Territory will convince anyone that watersport is second nature in this part of the country.

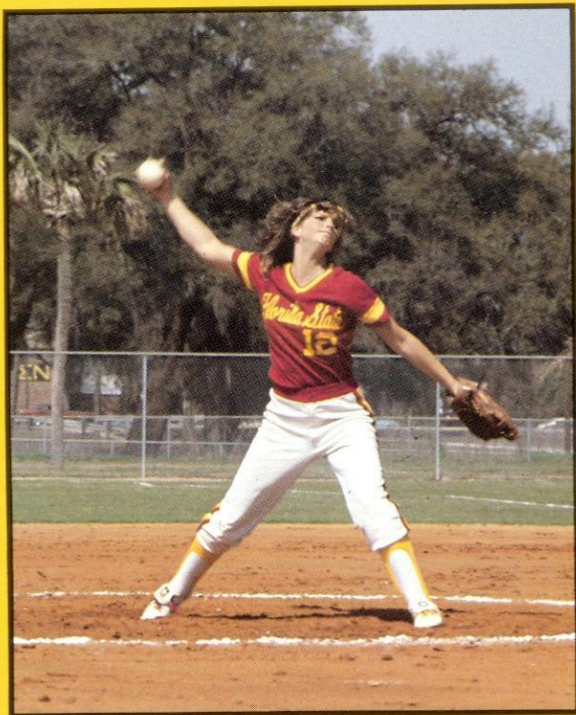




Here's the quiz for the day... What state has more golf courses and tennis courts than any other? You guessed it, FLORIDA. And the Seminole teams prove that it's a serious priority at FSU. The Lady Seminole golfers already have a national championship to their credit and a host of top money-winners now playing on the LPGA Tour. The Florida State men are a yearly fixture at the NCAA Championships. And, with one of the finest collegiate golf courses in America to help improve stroke-making, it's no wonder.

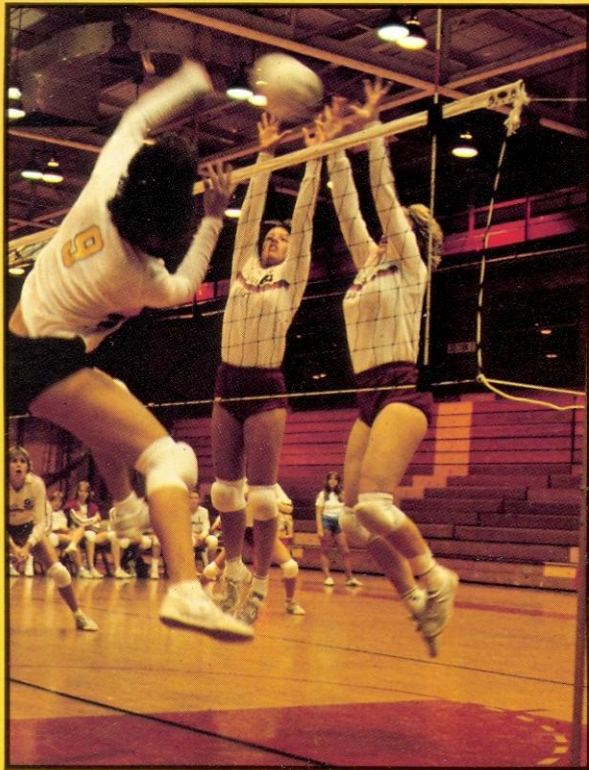


For the serious tennis player with a desire to improve their game as well as participate on the major college level, there is no choice but Florida State. Where else can you work on your backhand in December, taking advantage of perfect playing conditions and the best instruction you'll find.



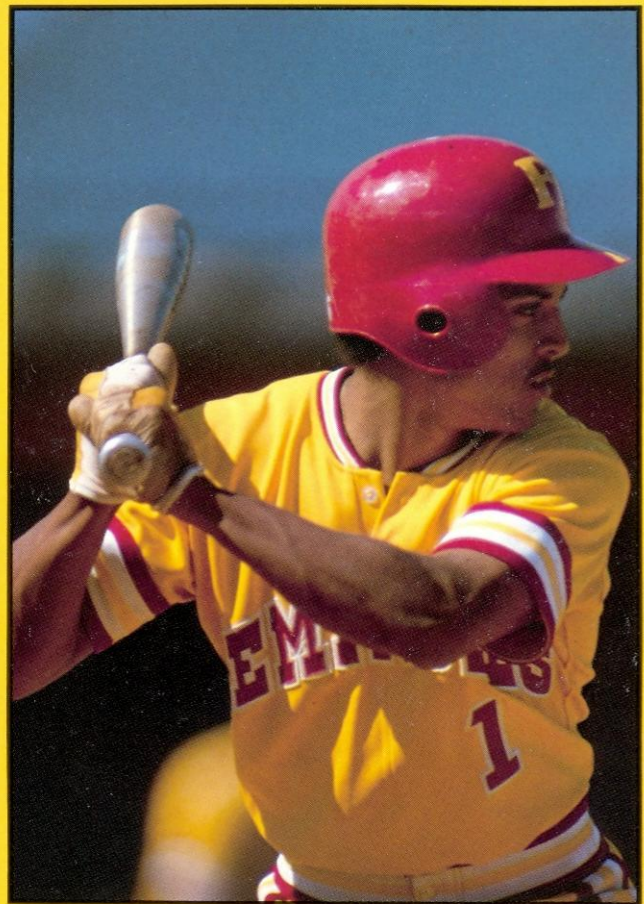
Softball is another sport where Florida State claims a national championship trophy. And what a wonderful place to try for another...in its brand new state of the art complex. These ladies travel throughout the south, but who can blame them if they get just a little bit spoiled by the grand set-up on their own campus. They show it off every year at the prestigious Lady Seminole Tournament in March.



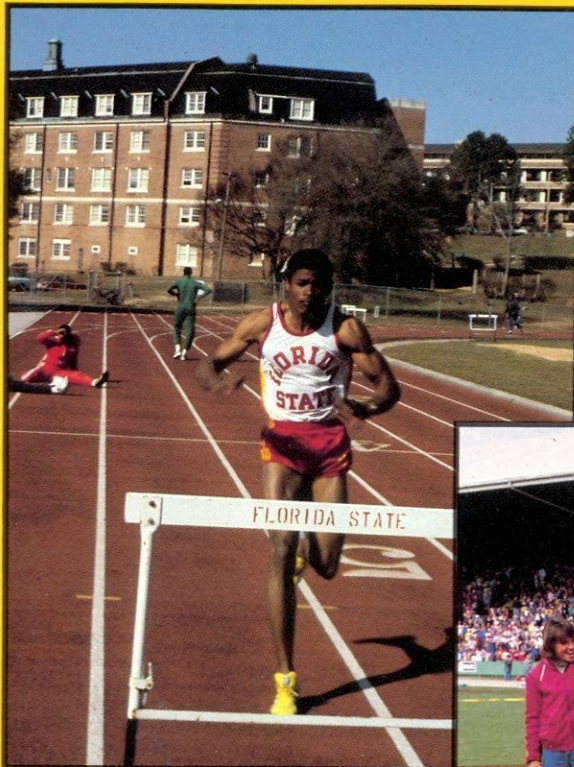


When the Lady Seminoles play Volleyball, Tully Gym is electric. This sport has come so far in capturing the sports fans of this capital city that the seating capacity has been expanded. This is another sport in which Florida State has been represented in the NCAA playoffs. So popular is the game in Tallahassee and so powerful is the FSU program, that plans are in the works to host a regional playoff.

Baseball at Florida State has long been the pacesetter among the nation's colleges. The reasons why go back to the program's roots. Never has a Seminole baseball team had a losing record. Only two schools have appeared in more NCAA Regionals; and all of that against the toughest schedule in college baseball. Such a showcase of the sport it is, that Florida State plays its games in a shining million dollar baseball park, unmatched in this part of the country. A Seminole baseball player spends 11 months a year playing the game, with fall, summer and spring programs affording him the opportunity to play an incredible 150 games a year.





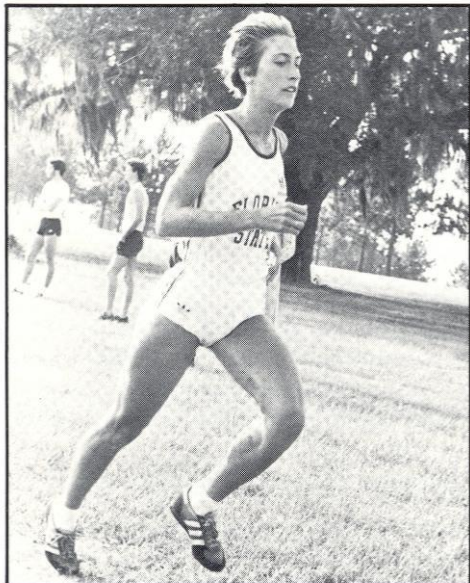


What a proud tradition there is in track and field at Florida State. The Lady Seminoles recently added the latest of the national titles to the heritage by winning the 1984 NCAA Championships in Eugene, Ore. Incredibly, they had finished third and second in the two previous years. Members of the Lady Seminole track team have earned 51 All-American titles since 1982. That is about as close to domination of a sport as you'll find. The mens' track team continues to uphold its own proud tradition. Not only the leader in its own state, this team has won The Metro Conference title for eight consecutive years. And Florida State's prowess in this sport, too is aided by a newly renovated and upgraded track and field stadium. Utilizing the annual site of the prestigious Domino's Pizza relays, no other track athletes in the area have the advantages that these Seminoles do in terms of training facilities and coaching.





# 1984 Women's Cross Country



## 1984 Roster

Name	Cl.	High School/Hometown
Carla Borovicka	Sr.	Beaverton/Portland, Oregon
Samantha Green	So.	Simon Gratz/Philadelphia, Pennsylvania
Kelley Hackler	So.	Eustis/Eustis, Florida
Julie Leonard	So.	James Madison/Vienna, Virginia
Barbara Matthews	So.	Venice/Nokomis, Florida
Jeanie Messinese	Sr.	Beaches Chapel/Jacksonville Beach, Florida
Brenda Moore	Fr.	Amarillo/Amarillo, Texas
Sue Pockell	So.	Cherry Hill West/Cherry Hill, New Jersey
Janie Regis	Jr.	Florida Junior College/Jacksonville, Florida
Nancy Rettie	Sr.	Univ. of Manitoba/Winnipeg, Manitoba, Canada

## 1984 Outlook

One top, experienced collegiate cross country runner. Two transfers with junior college and university experience. One highly recruited freshman. Four returning letterwomen, and two collegiate track standouts ready to try out their cross country shoes for the first time.

That's the mixture Florida State cross country coaches Al Schmidt and Malcolm Coomber will be looking for cross country success this fall. With only one top runner departed from last season's team, it's no wonder Coomber and Schmidt are looking forward to 1984.

In 1983 the Seminoles performed well despite fielding a team that was, for the most part, young and inexperienced. Led by graduated senior Margaret Coomber and Carla Borovicka, the Tribe placed second at the North Carolina State, Florida State and Florida Invitationals. But in one of the toughest NCAA regional meets in the country, the best the Seminoles could muster was a ninth place finish.

"As a team we are much stronger now than we were last year," said Schmidt. "With our new runners and Carla a year older and more experienced, we have an excellent chance to run well this year."

Borovicka was FSU's second runner throughout last season until the regional. There, she was Florida State's top finisher, crossing the line 19th overall and just missing a place at the NCAA national meet.

However, Borovicka's place at the top of the Seminole heap is not cemented down. She will get strong competition from

transfers Nancy Rettie and Janie Regis. A senior from Winnipeg, Canada, Rettie ran unattached at FSU home meets last year while waiting to become eligible. She took the women's Open Division title at the 1983 FSU Invitational. Regis, a junior college cross country All-American, led her Florida Junior College cross country team to the junior college national championship two years ago.

Also new to the team in 1984 is top freshman recruit Brenda Moore. Moore finished ninth at the national high school cross country meet last fall and was Texas state cross country champion.

"Janie, Nancy and Brenda, along with Carla, give us a very strong nucleus at the top," said Schmidt. "Last year we did not have a strong top four. If they all run like they are capable of running, and progress the way they can, the team will be strong."

Four returning runners will battle for the last spot in the top five. Senior Jeanie Messinese and sophomores Barbara Matthews, Julie Leonard and Sue Pockell give this year's squad a lot of depth. Messinese was a teammate of Regis' on the FJC national championship squad, while Matthews' excellent summer of road racing should help her this season.

Rounding out the Seminole roster are a pair of FSU tracksters who will try their luck at cross country for the first time. Although sophomores Samantha Green and Kelley Hackler are more accustomed to the shorter distances of the track, both have the potential to contribute to the

cross country team.

While Schmidt and Coomber like the way the team looks as a whole, for now they are concentrating more on the individual performances of each athlete.

"Our approach is that by concentrating on the individuals now and developing each of them, the team concept will come along," said Schmidt. "If each individual progresses the way she can, our team will do well as a consequence of that improvement."

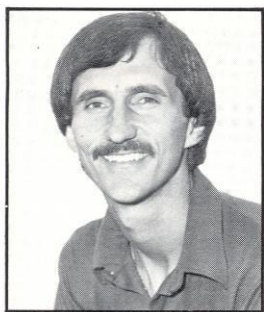
Florida State runners will get several opportunities to show improvement this season. The action officially begins September 29 when Troy State and Auburn come to Tallahassee for a tri-meet. Teams and runners from across the Southeast will once again come to FSU on October 6 for the FSU Invitational. Then it is off to meets at Florida and Furman before returning home November 3 for the Metro Women's Meet. The next weekend (November 10), it's on to NCAA Regional competition in Greenville, S.C.

The keys to Florida State's women's cross country success this season, according to Schmidt are strength, experience and depth. With those three factors working for the Seminoles and steady improvement by each individual throughout the season, the FSU squad could be one to contend with come November.





# Coaching Staff



**Gary Winckler**  
Head Track and Field Coach

Before Gary Winckler arrived in Tallahassee in 1980, no FSU track and field team had finished in the nation's top 50. Since then, the Seminole program has been in the national spotlight. After a year as an assistant coach, Winckler led the Seminoles to third and second place finishes at the NCAA championships in 1982 and 1983. Last year, Winckler's team finished its climb to the top and brought home the national championship—the first by an FSU women's team in NCAA history.

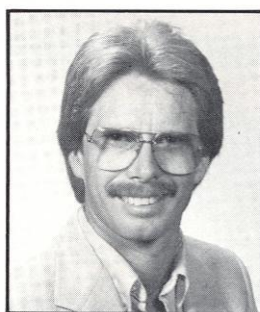
Prior to joining the Seminole staff, Winckler was assistant women's track and field coach at Oregon State. Over three seasons, he helped build the program from the bottom of its 37-team region to a second place finish in 1980.

Winckler also picked up coaching experience at Seattle Pacific University and Lynnwood (Wash.) High School. After graduating from Seattle Pacific where he set the school's high jump record (6-10) and made the 1974 NCAA high jump finals, he worked on the coaching staff. During Winckler's tenure at Pacific, the program was consistently ranked among the nation's top five teams.

Winckler has had several articles published, including "Perspective on the Back-Layout High Jump" which appeared in a 1980 issue of Scholastic Coach Magazine.

In the summer of 1981, Winckler was co-director of the U.S. Southeastern Olympic Development Track and Field camp hosted by Florida State. Last year's national title earned him national Coach of the Year honors.

The 31-year-old coach also finds time for his position as Associate Director of the TAC National Coaching Certification program.



**Al Schmidt**  
Cross Country Coach  
Assistant Track & Field Coach

Beginning his third season as Florida State cross country coach and assistant track and field coach is Al Schmidt. Schmidt joined the Seminole program in August of 1982 after serving one year as assistant men's track and field coach at the University of Kansas.

Since his arrival the women's track program at Florida State has reached new heights. In 1983, the track and field team finished second in the nation. They topped that last year by winning the NCAA championship. Schmidt helped build the team in his role as FSU's recruiting coordinator for track and field as well as in his work with the distance runners.

During his one-year stay at Kansas, Schmidt coached the distance runners in both cross country and track and helped the Jayhawks capture Big Eight titles in indoor and outdoor track.

Prior to his tenure at KU, Schmidt was the head coach of the men's track and field program at St. Louis University for five seasons. His cross country team was Metro Conference champion in 1977 and earned the runner-up position to FSU in 1978 when St. Louis was still a member of the conference.

Before receiving his bachelor's degree from St. Louis in 1973, Schmidt attended the University of Missouri for two years where he ran on the Tiger cross country and track teams. After transferring back to his native St. Louis, he served as an assistant track coach at the University of Missouri-St. Louis his senior year.

Schmidt represented the United States on a Brazilian tour in 1979 where he helped conduct coaching clinics for the State Department.



**Malcolm Coomber**  
Cross Country Coach  
Assistant Track & Field Coach

Malcolm Coomber joins Schmidt in coaching the cross country team for the first time this season. But Coomber is no stranger to the FSU track program. He has been at Florida State as an assistant track and field coach for three seasons. He coaches the throwing events, the multi-events and some of the relays for FSU's track and field team.

When Coomber joined the staff two years ago, he brought with him 10 years of coaching experience and an impressive list of credentials. A native of England, Coomber has coached international teams and Olympians of many nationalities. He served on the British Amateur Athletic Board (B.A.A.B.) and coached the sprinting events for the British and English national teams.

Coomber has lectured throughout the United Kingdom and Europe on the physical development of the young athlete. His work has been published by many leading track and field journals.

Coomber, whose wife Margaret was one of FSU's top cross country runners for four years, holds

a teaching diploma and advanced certificate in Physical Education from the University of London. He also taught physical education in British high schools for 12 years.

This past year, Coomber received his master's degree in motor behavior from Florida State.

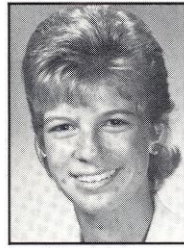




Borovicka



Green



Hackler



Leonard



Matthews

## Lady Seminole Profiles

### **CARLA BOROVICKA SENIOR, PORTLAND, OREGON...**

Number two runner for Florida State most of last year...first FSU runner to cross the finish line at regionals where she placed 19th...should remain in the top three in 1984 after an excellent summer of road racing in Oregon...best time was at FSU Four-Way Meet where she finished ninth (17:02.3)...fourth at FSU Invitational and 14th at the Clemson meet...a two-time All-American in track...runs the 800 and 1,500 for Florida State's national championship track team...a transfer from Oregon State...college major is multinational business

### **SAMANTHA GREEN SOPHOMORE, PHILADELPHIA, PENNSYLVANIA...**

Experienced track athlete...running cross country for the first time...ran the 400, 800 and several relays during track season for the Seminoles...adds depth to the cross country squad this fall...Philadelphia Public League champion in the 800 meters in 1981, '82 and '83 at Simon Gratz High School...competed on the USA national team against a team from Canada in 1981...majoring in physical therapy

### **KELLEY HACKLER SOPHOMORE, EUSTIS, FLORIDA...**

An All-American in track and field making her first appearance on the FSU cross country team this season...had successful track season as a freshman...ran 800 meters for national championship track team...scored important points in that event at NCAA Championships...all-state in track at Eustis High School...won 800 meter run at 1982 state high school track meet...a communications major

### **JULIE LEONARD SOPHOMORE, VIENNA, VIRGINIA...**

Top five runner for Florida State as a freshman...best time last year was at the FSU Four-Way Meet where she finished 20th (18:22.9)...coming off a slow summer due to injuries...ran well at FSU and Clemson Invitationals in 1983...district and region MVP in cross country her senior year of high school...also garnered all-state honors...third in state track meet at 5,000 meter distance...majoring in hotel and restaurant administration

### **BARBARA MATTHEWS SOPHOMORE, NOKOMIS, FLORIDA...**

Strong candidate for one of the top five slots after an excellent summer of racing...took a redshirt year in 1983...injured during cross country season...ran distance events for FSU track team as a freshman...finished sixth in state high school cross country meet...all-state in cross country her senior year...state's 3A runner-up in the mile and two-mile at Venice High School...a leisure services major

### **JEANIE MESSINESE SENIOR, JACKSONVILLE BEACH, FLORIDA...**

One of three seniors on the squad in 1984...ran in the top five for the Seminoles last fall...her best time came at the FSU Invitational where she placed ninth (17:44.6)...will battle Brenda Moore and a slew of sophomores to hold onto that place in the top five...teammate of Janie Regis at Florida Junior College before coming to Florida State...member of FJC's national championship cross country squad in 1982...major is criminology

### **BRENDA MOORE FRESHMAN, AMARILLO, TEXAS...**

One of the most highly recruited high school runners in the country last year...could be one of FSU's top three runners in 1984...Texas state cross country champion and high school mile champion in 1983...ninth at the national high school cross country championships...MVP of her track team at Amarillo High School her junior and senior years

### **SUE POCKELL SOPHOMORE, CHERRY HILL, NEW JERSEY...**

A steady performer for the Seminoles last year...gained valuable experience which should help her in 1984...one of top five FSU runners at Clemson Invitational...all-South Jersey in cross country and track at Cherry Hill West High School...college major is hotel and restaurant administration

### **JANIE REGIS JUNIOR, JACKSONVILLE, FLORIDA...**

Another runner who has the potential to lead the Tribe this year...national junior college 5,000 meter champion last year at Florida Junior College...led FJC to the national JC cross country championship, earning All-American honors for herself along the way...placed fifth among college women at last year's Florida State Invitational in a time of 17:28.2...a three-time All-American in track at FJC...plans to major in leisure services

### **NANCY RETTIE SENIOR, WINNIPEG, MANITOBA, CANADA**

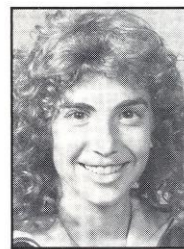
1984 will be her first season of cross country at Florida State after transferring from the University of Manitoba...ran unattached at FSU home meets last year and had excellent times...won the Open women's division at the FSU Invitational with a time of 17:02.4...became eligible in January in time for 1984 track season...qualified for NCAA 1,500 meters and finished 12th at the NCAA Championships...placed eighth in the Canadian Cross Country Championships...majoring in speech pathology



Messinese



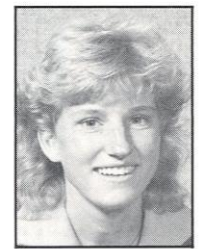
Moore



Pockell



Regis



Rettie



# 1983 Team Results

## North Carolina State Invitational — 2nd

1. North Carolina State	17
2. Florida State	47
3. George Mason	70
4. Appalachian State	108

## Florida State Invitational — 2nd

1. Florida	33
2. Florida State	55
3. Florida Jr. College	68
4. Berry College	110
5. Florida International	112
6. Auburn	129
7. Troy State	173
8. Alabama-Birmingham	277
9. Brevard Community College	286
10. Albany State	306

## Four Way Meet — 4th

1. Tennessee	23
2. Florida	51
3. Texas	63
4. Florida State	73

## Clemson Invitational — 6th

1. Clemson	36
2. Tennessee	37
3. Florida	75
4. Georgia	105
5. James Madison	117
6. Florida State	131
7. Emory	199

## Florida Invitational — 2nd

1. Florida	23
2. Florida State	32
3. Miami	77

## Dual Meet — 1st

1. Florida State	21
2. Appalachian State	35



# 1983 Individual Results

## North Carolina State Invitational

4 Margaret Coomber 18:01.1	9 Jeanie Messinese 18:54.7
7 Carla Borovicka 18:16.0	10 Lori Littell 19:08.5
14 Barbara Matthews 19:34.1	

## Florida State Invitational

3 Margaret Coomber 16:57.1	9 Jeanie Messinese 17:44.6
4 Carla Borovicka 17:09.8	16 Lori Littell 18:19.7
23 Julie Leonard 18:40.6	

## Four-Way Meet

7 Margaret Coomber 16:53.5	20 Julie Leonard 18:22.9
9 Carla Borovicka 17:02.3	21 Lori Littell 18:24.4
23 Jeanie Messinese 18:34.0	

## Clemson Invitational

12 Margaret Coomber 17:28.2	31 Lori Littell 18:43.2
15 Carla Borovicka 17:39.4	42 Sue Pockell 19:19.2
47 Julie Leonard 20:11.2	

## Dual Meet

1 Margaret Coomber 17:42.8	4 Lori Littell 18:13
2 Carla Borovicka 17:42.8	6 Marcia Brownlee 18:35
8 Sue Pockell 18:56	

# 1984 Women's Cross Country Schedule

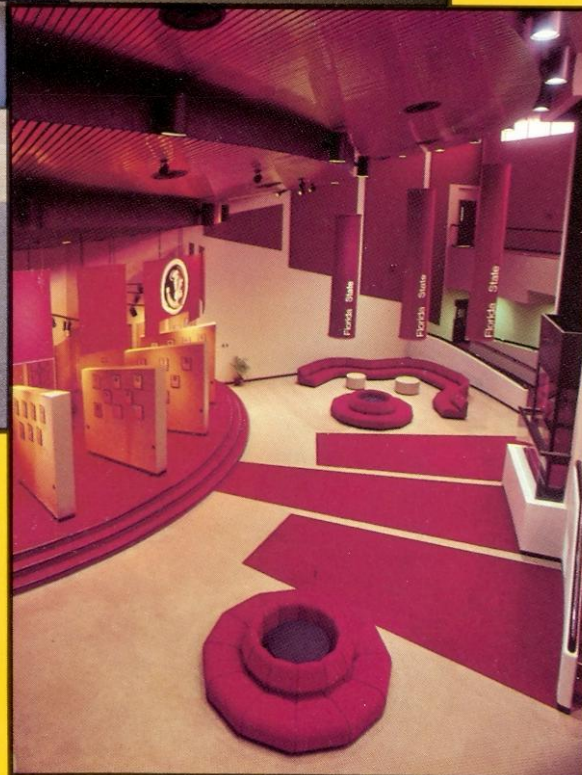
Date	Event	Site	Time
September 29	Troy State, Auburn	Tallahassee, Florida	9:00 a.m.
October 6	Roger Smith Memorial Invitational	Tallahassee, Florida	9:00 a.m.
October 13	Furman Invitational	Greenville, South Carolina	10:30 a.m.
October 19	Florida Invitational	Gainesville, Florida	4:00 p.m.
November 3	Metro Women's Invitational	Tallahassee, Florida	10:30 a.m.
November 10	NCAA Regional Meet	Greenville, South Carolina	10:30 a.m.



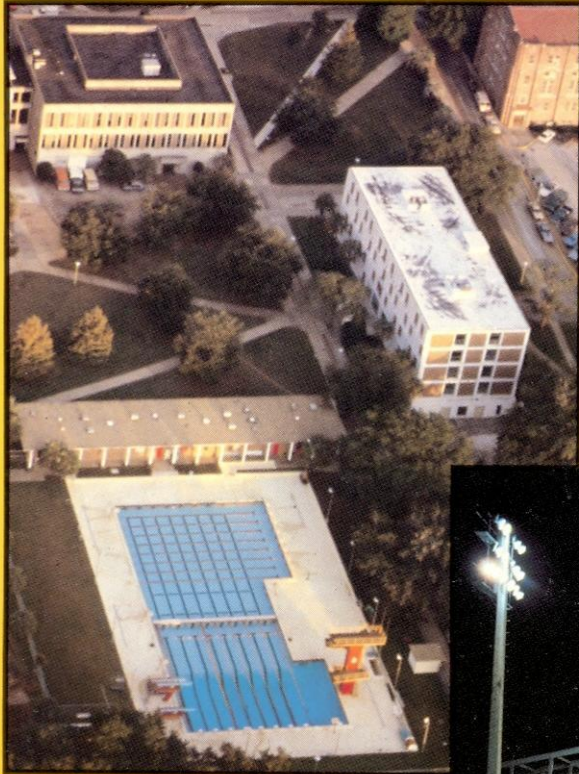
# Athletic Facilities



More than six million dollars have been invested in athletic improvements, renovations and additions in just the last two years. There may be no other institution that can claim such a feat. Florida State's facilities are in a word... AWESOME. On this page you see part of a new \$4.5 million athletic complex...the Coyle E. Moore Athletic Center. It is the hub of FSU's Men's sports operation, housing all of the men's athletic administrators, coaches and support personnel. Amid the plush furnishings, the building boasts 1 1/2 basketball gymnasiums, two fully equipped weight rooms, locker rooms for each sport, two equipment rooms, a training room, a complete cafeteria and kitchen, a projection room seating more than 100, an academic work area for athletes, numerous meeting rooms board rooms and plush, spacious office suites. The entire ticket and business operations are also afforded space here.







One advantage for a Florida State athlete is that his or her sport is always played just a stone's throw from the middle of campus. The glistening heated swimming pool is in the shadows of academia and right next door to the Student Union Building. This set-up, like that of most of the athletic facilities at FSU, makes students and townspeople alike feel close to the program and like Seminole sports, are a part of campus life.

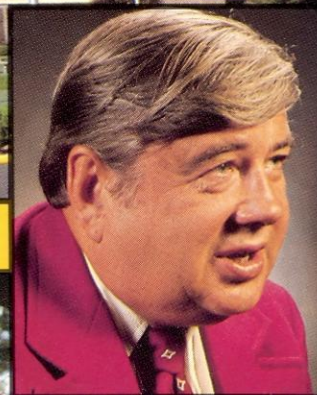
The new baseball stadium is really a monument to the tradition of the sport at Florida State.

Again, it is easy to see that residence halls and classrooms are the backdrop for the beautiful Mike Long Track and Donald Loucks Tennis Courts. Tully Gym, newly renovated itself, is nearby and houses all of Florida State's women's athletic personnel.





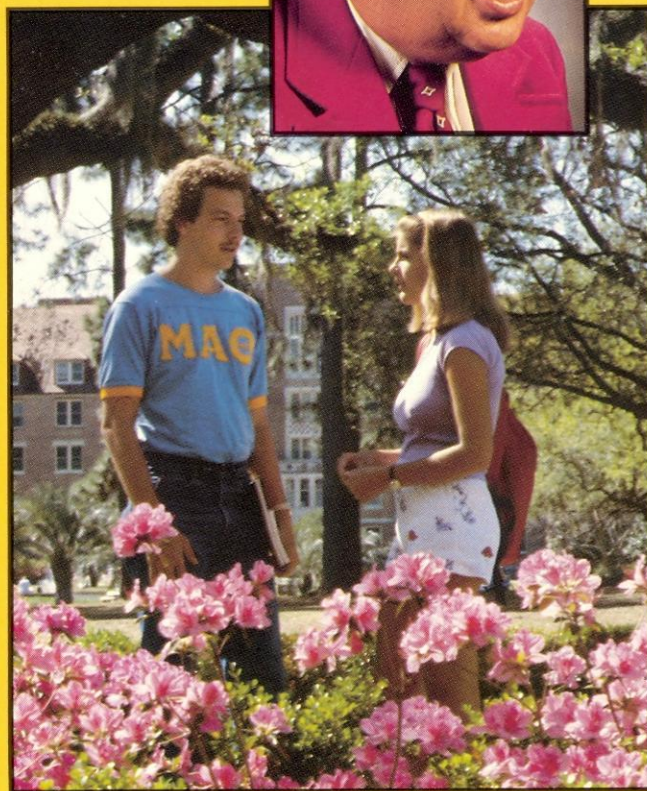
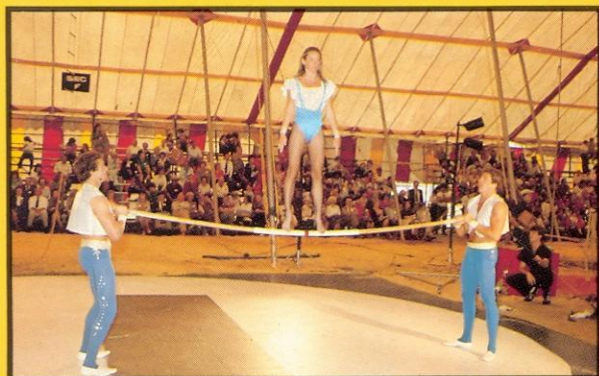
# Florida State University



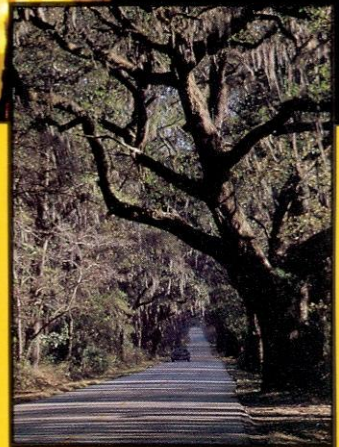
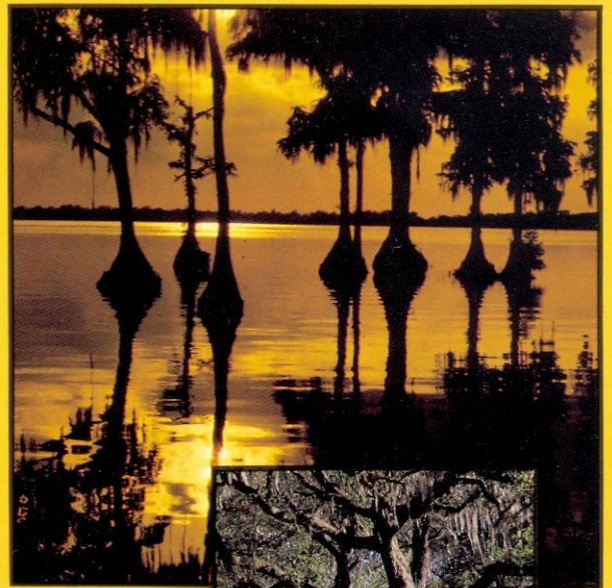
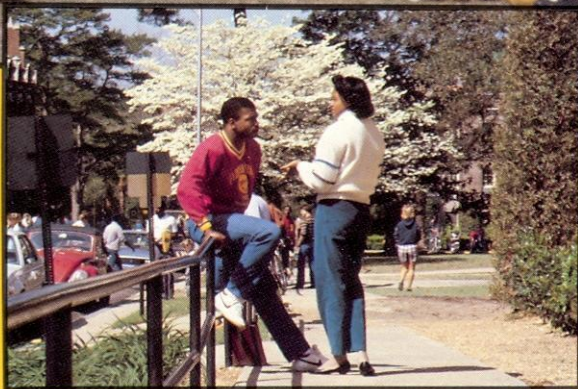
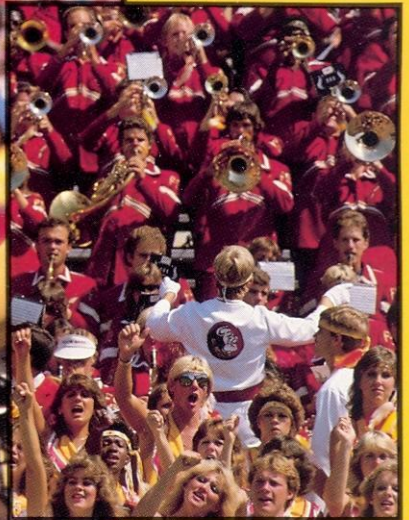
One of the great compliments bestowed upon Florida State was by a now famous Ex-Seminole athlete named Burt Reynolds. He said he chose to attend school here because, comparing several Universities in the state, FSU "looked like a University." With its gothic architecture and ivy covered walls, it has maintained some of the old traditional look while combining it with the ultra-modern buildings that make up much of the progressive campus.

Dr. Bernard Sliger is the popular President of Florida State and he is a reflection of the friendly, outgoing nature of the people that make up this great University.

Among many interesting facets, Florida State boasts the only Collegiate circus in the world.







## Tallahassee

As the Capital of one of the most progressive states in America, Tallahassee is the home to Florida State. The modern state capitol complex, casting its shadow on the original capitol building, is one of the most scenic in the 50 states. It too, is a part of the Florida State experience with the new structure clearly visible from the campus and the athletic facilities. Tallahassee itself is unique. Far from the traditional "Florida" stereotype of sandy beaches and palm trees, Tallahassee is more famous for its lazy southern appearance. Yet in 30 minutes or less one can enjoy some of the most beautiful secluded white sand beaches anywhere. Canopy roads, like this one, are a highlight of the Tallahassee lifestyle. And the people of the community are invaluable. They are proud of their state and their city, but most of all, they are proud of their Seminoles.





**C.W. "Hootie" Ingram**  
Athletic Director

Cecil Ingram, known to most of his friends and associates as simply "Hootie", has headed the Florida State athletic department since 1981 after serving as associate commissioner of the Southeast Conference.

Since his arrival in Tallahassee, Ingram has initiated a \$10 million dollar building program for athletic facilities, including the Moore Athletic Center...Home of Florida State athletics.

A native of Tuscaloosa, Alabama, Ingram played for the Crimson Tide from 1951 through 1954 and led the nation in interceptions as a sophomore. He also lettered in baseball as an infielder. Following a stint in the army, Ingram turned to coaching. After several years of high school coaching, Ingram moved into collegiate athletics; making assistant coaching stops at Wake Forrest, Virginia Tech, Georgia and Arkansas.



**Bob Goin**  
Associate Athletic Director

A member of the Florida State athletic staff since 1981, Bob Goin begins his fourth full year as Associate Athletic Director.

All men's non-revenue coaches report to Goin and he also assists Director Ingram in the day-to-day operations of the athletic department. A large portion of football, basketball and baseball game day operations fall under his leadership.

A 1959 graduate of Bethany College, Goin recieved his master's degree from West Virginia in 1961. From 1960-76, Goin served Bethany in several administrative and coaching capacities, before moving on to West Virginia as an assistant athletic director. He was named athletic director at California (Pa.) State College in 1980, where he formed that institutions first scholarship fund for athletics and the college's first booster club.



**Charles W. Ehrhardt**  
Faculty Athletic  
Committee Chairman

A Florida State University professor of law, Charles W. Ehrhardt is in his first year as Chairman of the Athletic Committee.

He is currently in his second stint on the committee, serving from 1969-71 and then being reappointed to the board in 1983. As chairman, Ehrhardt succeeds Dr. James Jones, who served in that capacity since 1980. Ehrhardt becomes Florida State's representative to the NCAA.

A native of Elkader, Iowa, Ehrhardt received his bachelor's degree from Iowa in 1962, before earning a law degree at Iowa State two years later. He came to Florida State in 1967.

A widely respected expert in the field of Evidence, Ehrhardt is frequently called on to lecture on the subject by lawyers and judges nationwide.



**Barbara Palmer**  
Associate Athletic Director

Barbara Palmer has been with Florida State athletic program since 1977. As Associate Athletic Director, Palmer is in charge of the women's athletic program and also holds the title of women's athletic director.

Since her arrival, the Florida State Lady Seminoles program has been recognized as one of the strongest in the country...with four national championship teams in the last four years (track, 1984; softball, 1981-82; and golf 1981). In 1982, all eight varsity sports went to national tournaments...one of only two schools to make the claim nationwide.

A 1970 graduate of Florida State, Palmer has been recognized as the driving force behind FSU's climb toward national excellence. Palmer headed a lobbying effort that pushed Title IX legislation through state government and she is directly responsible for state funding women's athletic recieves each year.



**Jo Heath**  
Assistant Athletic  
Director



**Wayne Hogan**  
Sports Information  
Director



**Terry Hume**  
Women's  
Promotions



**Joe Labat**  
Business Manager



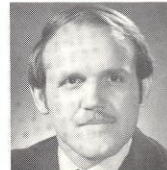
**Brian Mand**  
Men's Academic  
Advisor



**Lisa Morton**  
Associate Sports  
Information Director



**Dan Pearson**  
Assistant Sports  
Information Director



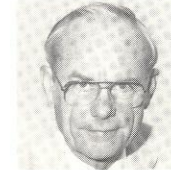
**Larry Pendleton**  
Assistant Athletic  
Director



**Trudy Raybun**  
Women's Academic  
Advisor



**John Sheffield**  
Assistant to the  
Director



**Claude Thigpen**  
Assistant Athletic  
Director





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