  
**Florida State University**  
**Women's Cross Country**  
**1980 Schedule**

<u>DATE</u>	<u>OPONENT</u>	<u>PLACE</u>	<u>TIME</u>
Sept. 20	Alabama Invitational	Tuscaloosa, Ala.	11a.m.
Sept. 27	Tennessee Volunteer Classic	Knoxville, Tn.	11a.m.
Oct. 4	Florida State Invitational	Tallahassee, Fla.	10a.m.
Oct. 18	University of Florida	Gainesville, Fla.	11a.m.
Nov. 1	AIAW Region III Championships	Tuscaloosa, Ala.	1p.m.
Nov. 15	AIAW National Championships	Seattle, Wash.	10a.m.
Nov. 22	AAU Senior Women's Nationals	Ft. Collins, Colo.	1p.m.



  
**FLORIDA STATE**  
**Women's**  
**Cross**  
**Country**  
**1980**

## Women's Cross Country Coaching Staff

*All Offices at 118 N. Woodward Ave.*

Roger Smith, Head Coach . . . . . 644-1431  
Gary Winckler, Assistant Coach . . . . . 644-1431  
Gloria Jordan, Secretary . . . . . 644-1431

---

## Support Staff for Women's Cross Country

*All Offices in Tully Gymnasium*

Phillip R. Fordyce, Acting Athletic Director . . . 644-2790  
Barbara Palmer, Women's Athletic Director . . . 644-2087  
Terry Hume, Assistant to the W. Director . . . . 644-1013  
Jo Heath, Assistant to the W. Director . . . . . 644-1013  
Trudy Raybun, Academic Advisor . . . . . 644-1258  
Judy Spainhour, Equipment and Travel . . . . . 644-6871  
Charlotte Glover, Women's Athletic Secretary . . 644-2087

---

## Sports Information Office

*200 Tully Gym*

Director . . . . . Mark Carlson  
Assistant Director . . . . . Lisa Morton  
Assistant Director . . . . . Glenn Greenspan  
Staff Assistant . . . . . Tom Vogelgesang  
Secretary . . . . . Judy Greve  
Phone: 904/644-4038

---

*The 1980 Women's Cross Country Guide was written and edited by Assistant Sports Information Director Lisa Morton. The cover photograph was shot by Roger Smith, who is also head coach of the women's cross country team. All inside photographs were supplied by the University photo lab and by Judy Spainhour.*

## 1980 WOMEN'S CROSS COUNTRY

published by the

Department of Intercollegiate Athletics

### TABLE OF CONTENTS

	Page
Athletic Directory . . . . .	IFC
Sports Information Office . . . . .	IFC
Florida State Fingertip Facts . . . . .	1
Season's Outlook . . . . .	2
Coaching Staff . . . . .	3
Player Profiles . . . . .	4-5
Roster . . . . .	6
1979 Results . . . . .	7
Women's Athletic Staff . . . . .	8
This is Florida State . . . . .	IBC
1980 Schedule . . . . .	BC

### FLORIDA STATE FINGERTIP FACTS

Location . . . . . Tallahassee, Florida  
Nickname . . . . . Seminoles  
Colors . . . . . Garnet and Gold  
Enrollment . . . . . 22,000  
President . . . . . Dr. Bernard F. Sliger  
Acting Athletic Director . . . . . Phillip R. Fordyce  
Intercollegiate Sports . . . . . 16  
Men's Sports . . . . . 8  
Women's Sports . . . . . 8





## Women's Cross Country Outlook

"We're not building for the future. The future is now." Those words are spoken by first-year cross country coach Roger Smith.

"Don't get me wrong, we're not going to challenge for the national championship this year," says Smith. "But we've got talent and we're going to start using it now."

Florida State finished 22nd in the nation last season, and Smith hopes to improve on that mark. "The biggest thing is to win our Regional," he says. "Then we can get to nationals, and we think we can finish among the top 15 teams in the country. We'd consider that a great season."

Two holdovers from last season will probably be running at the head of the pack this year. Kathy Moore, a senior from Miami, Fla., and Darien Andreu, a sophomore from Orange Park, Fla., hold the key to most of Smith's high hopes. "Kathy could be our top runner," says Smith. "She's a three-year letter winner and if she stayed with the summer program we mapped out and recovers from a chronic ankle injury, look for her to be out front."

"And," the first-year coach continues, "Darien is our team leader in a lot of respects. We're looking for very big things from her. She'll be up there challenging for the number one position."

Smith's top "freshman" recruit checks into Florida State at 29. Margaret Coomber, a native of London, England, has been timed at 2:02 in the half mile which ranks her among the Top 30 women in the world. She's been a member of the Great Britain International team since 1972 and the Scottish International team since 1967. "Margaret's experience as a runner should be an asset to our program," says Smith.

The "younger" freshman class standouts include Jannette Wood, a native of Oakville, Ontario, and walk-ons Sue Ebler and Stephanie Smith. Chris Edwards and Bonita Bradov may cause a few surprises too.

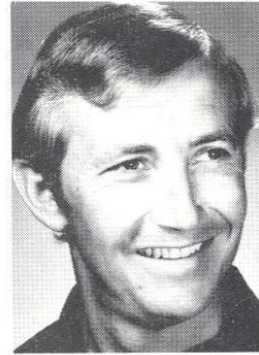
"We're hoping one or two of those young women can come to the top and contribute to the squad," says Smith.

Three sophomores and two juniors also will be candidates for the first seven slots. Sophomores Mary Banks, Gale Grant and Lisa Rhoden are all back as is junior Debbie Kemp.

"We have a good nucleus," says Smith. "I had a late start on recruiting since most distance runners had signed by the time I was hired at Florida State. Although there are a lot of question marks, I feel confident with the team we have."

A week of high altitude training in Boone, North Carolina is something new that Smith added to the FSU program. "We had two purposes in implementing the training," Smith says. "One was to test our summer program and see how well the team had kept pace with it. The second was to build team comradery since we had a lot of new faces in addition to mine."

Florida State's schedule is built around the concept of training for two meets at season's end, the AIAW Region III Championships and the AIAW Nationals. "We won't ignore the other meets and we won't train through them," Smith says, "but we will gear everything towards the regional and national tournaments. What we do in those meets will be the barometer to measure our success."



## Head Coach ROGER SMITH

Winning seems to follow Roger Smith around the country. After establishing winning programs at El Monte (Calif.) High School, Clackamas (Ore.) Community College and the University of Wyoming, Smith has headed southeast to Florida State for yet another challenge.

"I have always maintained that there are three areas in the country -- Florida, Texas and California -- where a coach can build teams of national championship caliber," Smith says. "The climate is conducive to year-round training and that gives us a jump on some of the other schools. With the backing of our administration, we are committed to the goal of producing a national caliber program here at Florida State."

At El Monte High School, Smith took a program that had not won a dual meet in 63 attempts and won the Pacific League Championship in two years.

Smith's next move took him to Clackamas where he won the national championship in cross country and track and field in his first year of coaching (1977). Over a three-year period, his teams compiled a 51-1 record in cross country and a 119-4 record in track and field. Five of his cross country athletes and 19 track athletes achieved All-America status.

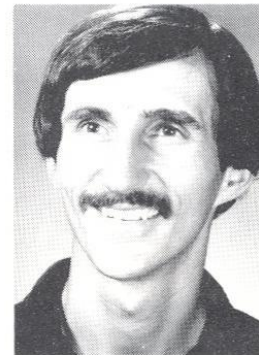
Before arriving on the FSU campus, Smith spent a year at the University of Wyoming. His cross country, indoor track and outdoor track squads all qualified for nationals, with indoor finishing 24th in the nation and outdoor 38th.

Smith was assistant coach at the 1978 Summer Olympic Festival in Colorado Springs, Colorado. The same year, he was named both state and region Coach of the Year for cross country and track in Oregon.

Smith is well-respected in his field. While at Clackamas, he was chairperson for women's cross country in the National Junior College Athletic Association. He also authored the NJCAA Region XVIII cross country and track and field operating manual.

Smith received his bachelor's degree from Idaho State in 1967 and his master's from Azusa Pacific College in 1971.

He is married and is the father of one child.



## Assistant Coach GARY WINCKLER

Assisting Roger Smith this season with both cross country and track and field will be first-year coach Gary Winckler. Winckler was assistant women's track and field coach at Oregon State prior to joining the Seminole staff.

Over the past three seasons at Oregon State, Winckler helped to build the women's track and field program from 10 athletes to the current program involving 45 young women. During that period, the track team climbed from the bottom of the 37-school region to a second place finish in 1980. Winckler's duties as assistant

included setting up the squad's training programs, coordinating travel arrangements and organizing annual track and field clinics.

Winckler has other coaching experience at Lynnwood (Wash.) High School and Seattle Pacific University. At the latter, he competed in the high jump in the 1974 NCAA finals and still holds Seattle Pacific's record in the event (6-10). Pacific's program was consistently ranked in the nation's top five during Winckler's career.

Also an accomplished writer, Winckler has had several articles published, including *Perspective on the Back-Layout High Jump* which appeared in the 1980 May/June issue of *Scholastic Coach Magazine*.

Winckler received his master's degree in mathematics from Oregon State in 1980.

Winckler will coach the sprinters, hurdlers and jumpers in track.



# SEMINOLE

# PROFILES



**DARIEN ANDREU**  
Junior  
Orange Park, Fla.

... one of Florida State's top two returning runners ... finished in top half of the field at the 1979 AIAW Nationals ... MVP of last year's squad ... region winner in the 5000 and 3000 meters in track last spring ... attended Orange Park High School where she was an all-conference tennis player ... has written for the Flambeau, the FSU student newspaper ... an English major ...



**DEBBIE KEMP**  
Junior  
Orange Park, Fla.

... two-year member of the track and cross country teams ... runs the 800 meters on the track squad ... MVP of the track squad as an FSU freshman ... could challenge for one of the top seven positions in cross country this season ... attended Bayshore High School ... was the state champion in the 440 yards in both 1978 and 1979 ... a finance major ...

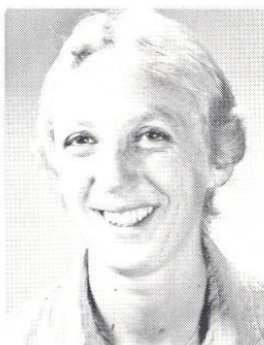
**MARY BANKS**  
Sophomore  
Hazlet, N. J.

... finished in sixth place at Region III championships ... participated in nationals as a freshman ... also lettered in track in the 5000 and 10,000 meters ... attended Raritan High School where she was a four-year letterwinner in cross country ... three times the state's two-mile champion ... three time conference cross country champion ... a physical education major ...



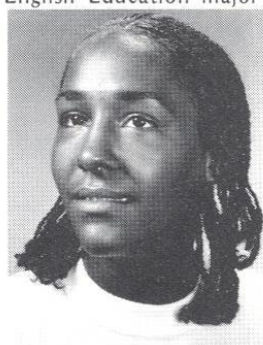
**KATHY MOORE**  
Senior  
Miami, Fla.

... may be the top runner going into the 1980 campaign ... finished seventh at Regional in 1979 ... was the Region champion in 1977 ... was the first FSU runner to cross the finish line at last year's AIAW championships ... finished 25th in the nation in 1977 ... MVP of the 1977 cross country team ... also a member of the track team, in 1979 she was the region champ in the 5,000 and 1,500 meters ... all-county in cross country at Miami Southwest High School ... an English Education major ...



**MARGARET COOMBER**  
Freshman  
Charlton, London

... FSU's most experienced freshman at age 29 ... will challenge for the squad's top position ... ranked among the top 30 women in the world in the half-mile ... has been a long time member of two international teams - Great Britain and Scotland ... Smith is counting on Coomber's age and experience to provide an asset to the team ... a home economics major at Florida State ...



**LISA RHODEN**  
Sophomore  
Philadelphia, Pa.

... was one of Florida State's top five runners over most of last season ... finished in 11th place at the Region III cross country championships ... attended Martin Luther King High School in Philadelphia where she was the city cross country champion in 1977 ... finished 11th at the Junior National Cross Country Championships in 1979 ... Scholar-Athlete of her high school in 1979 ... a nutrition major ...

**GALE GRANT**  
Sophomore  
Mississauga, Ontario

... was Florida State's top finisher in the Region III Championships, taking fourth place ... finished in the top half of the field at nationals ... in track, placed first in the region in the 1500 meter run ... attended Clarkson Secondary School in Canada ... was the 1977 Canadian Junior Champion in the 1,500 meter and 3,000 meters ... is one of two Canadians listed on the roster ... majoring in leisure services ...



**JANNETTE WOOD**  
Freshman  
Oakville, Ontario

... a promising freshman ... one of two Canadians on the squad and one of three foreigners ... attended T.A. Blakelock High School in Ontario, Canada ... four-year All-Ontario high school champion in the 200 and 400 meters ... finished among the top three runners in the Ontario cross country championships for two straight years ... plans to major in music ...





## Women's 1980 Cross Country Roster

<u>Name</u>	<u>Class</u>	<u>Hometown</u>
Darien Andreu	Junior	Orange Park, Fla.
Mary Banks	Sophomore	Hazlet, NJ
Bonita Bradov	Freshman	Deland, Fla.
Jeannette Bradley	Senior	Tampa, Fla.
Margaret Coomber	Freshman	Charlton, London
Susan Eble	Freshman	Ocala, Fla.
Chris Edwards	Freshman	Plantation, Fla.
Gale Grant	Sophomore	Mississaxga, Ontario
Marcia Wills	Sophomore	Tallahassee, Fla.
Debbie Kemp	Junior	Bradenton, Fla.
Kerrie Moore	Freshman	Miami, Fla.
Kathy Moore	Senior	Miami, Fla.
Lisa Rhoden	Sophomore	Philadelphia, Pa.
Jane Smith	Sophomore	Clearwater, Fla.
Stephanie Smith	Freshman	Longwood, Fla.
Leslie Sullivan	Senior	Maitland, Fla.
Cindy Summa	Sophomore	Hazlet, NJ
Jannette Wood	Freshman	Oakville, Ontario

Head Coach: Roger Smith  
Assistant Coach: Gary Winckler



## FLORIDA STATE UNIVERSITY 1979 CROSS COUNTRY RESULTS

SEPTEMBER 22	<b>ALABAMA INVITATIONAL</b> 1st - Florida State 2nd - Alabama 3rd - Auburn
SEPTEMBER 29	<b>FLORIDA STATE INVITATIONAL</b> 1st - UCLA 2nd - Florida State 3rd - Texas 4th - Alabama
OCTOBER 6	<b>RUTGERS INVITATIONAL</b> 1st - Maryland 2nd - Florida State 3rd - Penn State
OCTOBER 20	<b>LADY SEMINOLE INVITATIONAL</b> 1st - North Carolina State 2nd - California 3rd - Tennessee 4th - Alabama 5th - Florida State
NOVEMBER 3	<b>IAIW REGION III CHAMPIONSHIPS</b> 1st - Alabama 2nd - Florida State 3rd - Auburn
NOVEMBER 17	<b>IAIW NATIONALS (at Florida State)</b> 1st - North Carolina State 2nd - Oregon 3rd - Penn State 22nd - Florida State
NOVEMBER 24	<b>SENIOR AAU NATIONALS</b> 1st - North Carolina State 2nd - Oregon 8th - Florida State



Florida Governor Bob Graham is shown above signing a bill that allocated funds for women's athletics in eight universities across the state, making Florida the first state in the nation to attain full compliance with Title IX. Florida State University received \$182,579 for facilities improvement and \$460,480 for day-to-day operations of the women's athletic department.



## THIS IS FLORIDA STATE

### Women's Athletic Director — BARBARA PALMER



Determination. Dedication. Enthusiasm. Each of these words has been used to describe Florida State women's athletic director Barbara Palmer at one time or another. Never has one individual had such a dynamic impact on a program in such a short period of time.

Since Palmer was hired in August of 1977, Florida State has developed one of the top programs in the nation.

"It is and always has been our goal to build a national-caliber program here at Florida State," says Palmer. "We are committed to that goal and we will not accept anything short of it. But at the same time, we are concerned with the academic achievement of our athletes.

We're building winners in all aspects of personal and professional growth.

Palmer's duties as athletic director include the hiring of coaches, preparation of budgets, monitoring of scheduling and travel and fund-raising.

The Lady Seminoles Booster Club is yet another area where Palmer has directed much of her energy. "The development of the Booster Club has meant a great deal to our program," she says. "There are a lot of people out there interested in the Lady Seminoles and they let us know that. They're behind us 100 percent."

Palmer is directly responsible for the funding Florida State will receive each year from the state for women's athletics, making Florida the first state in the nation to come into full compliance with Title IX. It was Palmer's lobbying that pushed the bill through the 1980 Legislature to make it law.

Additionally, she was instrumental in the hiring of full-time coaches for each of FSU's eight women's sports. More recently, full-time assistant coaches have been added to the growing staff.

Palmer joined the Florida State staff after serving four years as executive director of a private leisure education and recreation services organization. Prior to that, she served as administrator of Camp Indian Springs, program director for Wakulla County and recreation supervisor of Merritt Island.

A long time Tallahassee, Fla. resident, Palmer received her bachelor's degree in recreation at FSU in 1970 and earned her master's degree in leisure services and studies in 1974.

Palmer is presently the president of the southeast region, region III, of the AIAW.

Florida State University — the home of more than 20,000 Seminoles — has a campus that starts at the top of one of Tallahassee's famed seven hills, and rolls gently downward and westward across 340-odd acres of pines, palms and pecan trees.

Founded in 1857 as the Seminary West of the Suwannee, its heritage is evidenced in the wide range of architectural struggles to preserve history and keep up with modern times and air conditioning. Yet it still ranks as one of the South's last, few bastions of campus greenery — the kind that combines the blossoms of camellias, azaleas and dogwoods with moss-hung oaks that are, in some cases, as old as the University itself, if not older.

From the Gothic towers of Wescott at the eastern entrance to the campus, to the modern glass and steel structures of its Science Complex to the west, Florida State University has moved forward in time and growth more rapidly than many of its newer counterparts in the State University System. Its enrollment has quadrupled since it became coeducational in 1947, following nearly half a century as the Florida State College for Women.

Today, its 14 schools and colleges are spread through \$150 million worth of buildings, its annual budget exceeds \$100 million and it attracts more than \$18 million a year in research contracts and grants. Students can pick and choose from more than 100 career options offered in arts and sciences, business, communication, criminology, dance, education, home economics, law, library science, music, nursing, social sciences, social work, theater and visual arts programs.

The location of FSU in the Capital City of Florida offers unusual opportunities for study and research in the social and policy sciences, and an optimum environment for internships and on-the-job learning experiences for students in many fields of study.

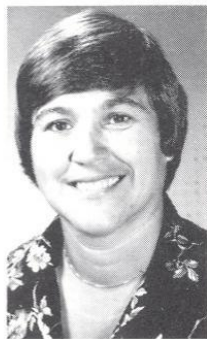
A city within a city, Florida State has 1,200 faculty members, more than 6,000 additional employees and a construction program that will exceed \$50 million between now and 1981. The construction of a new civic center and a center for continuing education — both near the State Capitol — are destined for completion by the fall of 1980.



**Terry Hume**  
Assistant  
to the Director



**Trudy Raybun**  
Academic  
Advisor



**Judy Spainhour**  
Travel &  
Equipment

