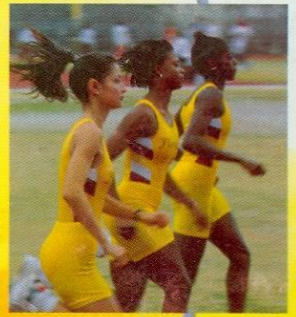
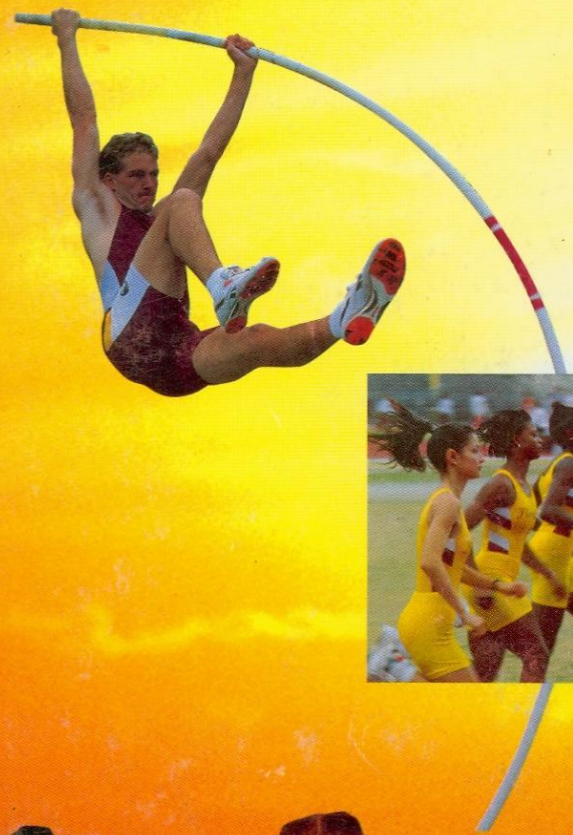
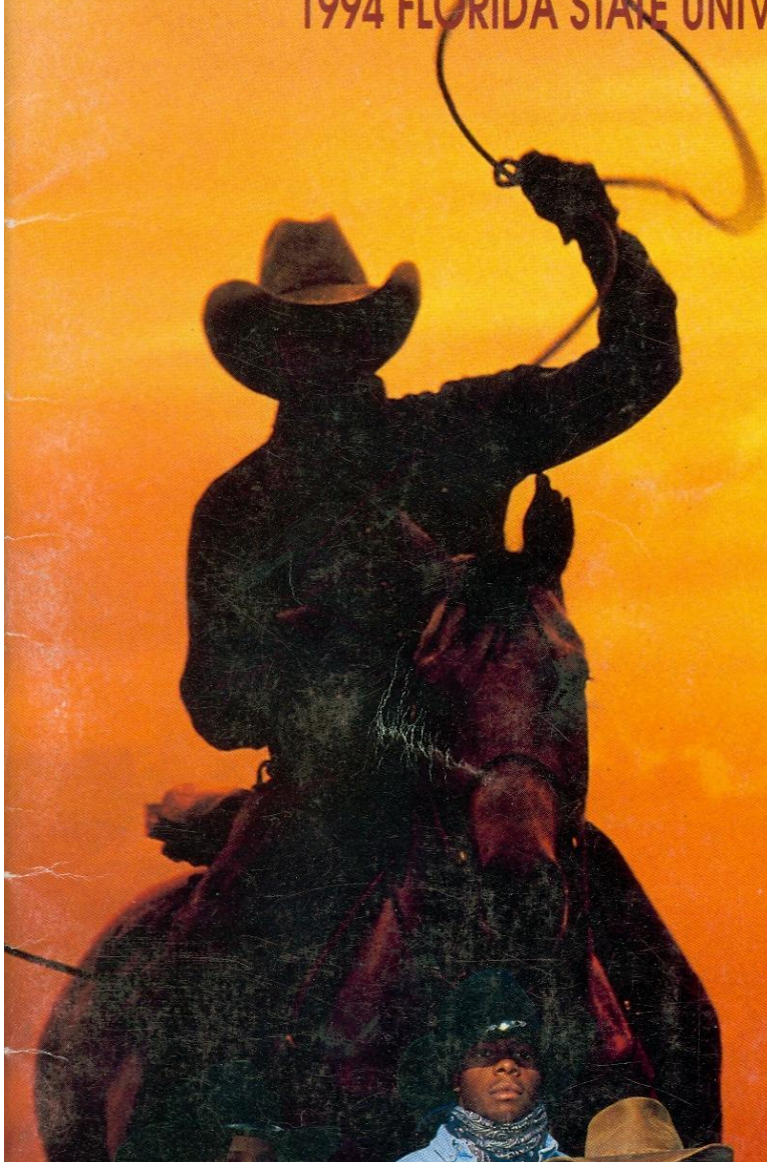


BLAZING NEW TRAILS

1994 FLORIDA STATE UNIVERSITY TRACK & FIELD GUIDE



MEDIA INFORMATION

FLORIDA STATE FINGERTIP FACTS

President _____ Sandy D'Alemberte
 Location _____ Tallahassee, Florida
 Enrollment _____ 29,000
 Founded _____ 1857
 Nickname _____ Seminoles
 Colors _____ Garnet & Gold
 Conference _____ Atlantic Coast Conference
 Facility _____ Mike Long Track

ATHLETIC ADMINISTRATION

Athletic Director _____ Bob Goin
 Athletic Director Phone _____ (904) 644-1079
 Associate Athletic Director _____ Jan Stocker
 Associate Athletic Director Phone _____ (904) 644-1091

TRACK & FIELD STAFF

Head Coach _____ Terry Long
 Assistant Coaches _____ Scott Irving, Pat O'Conner,
 Kim McKenzie, Dennis Nobles
 Track & Field Office Phone _____ (904) 644-5550

FLORIDA STATE SPORTS INFORMATION OFFICE

Assistant Athletic Director for Communications _____ Wayne Hogan
 Track & Field Media Contact _____ Chris Walker
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 Tallahassee, FL 32316
 SID Office Phone _____ (904) 644-1403
 SID Fax _____ (904) 644-3820

NOTE TO THE MEDIA

Florida State Track and Field meets are held at Mike Long Track on the campus of Florida State University. Members of the media may be seated in the press facility at the south end of the track. If any assistance is needed in covering the Seminoles at home, contact Chris Walker of the FSU Sports Information Office at (904) 644-1403.

The SID staff will provide complete results and fax service at all home meets. Coach Terry Long can be reached for interviews at 644-5550 anytime during the day before 3 p.m. Interviews of student-athletes or other information concerning the coaches or team members can also be handled by the Sports Information staff. Please let us know if we can be of any assistance to you in your coverage of Florida State athletics.

CREDITS

EDITOR—Chris Walker; **Photography**—Ryals Lee, Ross Obley, FSU Photo Lab, Ray Stanyard; **Design & Type**—Vision Advertising & Design; **Printing**—Florida Printing Company.

TABLE OF CONTENTS

	1
THIS IS FLORIDA STATE	
	2
HEAD COACH TERRY LONG	
	3
ASSISTANT COACHES	
	5
'94 WOMEN'S PREVIEW	
	6
'94 WOMEN'S ROSTER	
	7
'94 WOMEN'S BIOS	
	12
'93 LADY SEMINOLE REVIEW	
	13
'94 NCAA WOMEN'S QUALIFYING MARKS	
	14
WOMEN'S RECORDS	
	15
LADY SEMINOLE ALL-AMERICANS	
	16
WOMEN'S ALL-TIME TOP PERFORMANCES	
	17
FLORIDA STATE'S TWO-SPORT ATHLETES	
	20
THE FSU TRACK EXPERIENCE	
	21
MIKE LONG TRACK	
	22
ACC OPPONENTS	
	23
'94 MEN'S PREVIEW	
	24
'94 MEN'S ROSTER	
	25
'94 MEN'S BIOS	
	30
'93 SEMINOLE REVIEW	
	31
'94 NCAA MEN'S QUALIFYING MARKS	
	32
MEN'S RECORDS	
	33
SEMINOLE ALL-AMERICANS	
	34
MEN'S ALL-TIME TOP PERFORMANCES	
	36
FLORIDA STATE ATHLETICS...ON A ROLL	

THIS IS FLORIDA STATE

From its beginnings as "The Seminary West of the Suwannee" in 1857, Florida State University has grown to stretch across 347 acres of rolling oak and pine-covered hills to comprise a campus which has educated millions of students over the last century.

Florida State University has boasted a heritage of service and scholarship since the Florida legislature passed an act authorizing two state colleges - one east (now the University of Florida) and one west of the meandering Suwannee River.

Starting with a 130-member coed enrollment in 1857, the Seminary survived the Civil War, reconstruction, radical social changes, and a variety of name changes to emerge as the Florida State College for Women in 1909.

It was converted back into a coed institution in 1947 by a legislature anxious to open up the state's educational resources to thousands of degree-seeking ex-GI's from World War II. It also was granted a new name, "Florida State University."

The University today contrasts vividly with its beginning. Sixteen schools and colleges within the university serve more than 28,000 students who are enrolled in the 276 graduate and undergraduate degree programs, and live and work among 1,300 faculty and 2,600 staff members. About 5,000 degrees are awarded every year.

In the past several years, the University has joined an elite group of

institutions in the United States which produce more than 200 doctoral graduates annually. Emphasis on graduate research and study at the University continues to grow, and today more than 4,000 graduate students pursue a variety

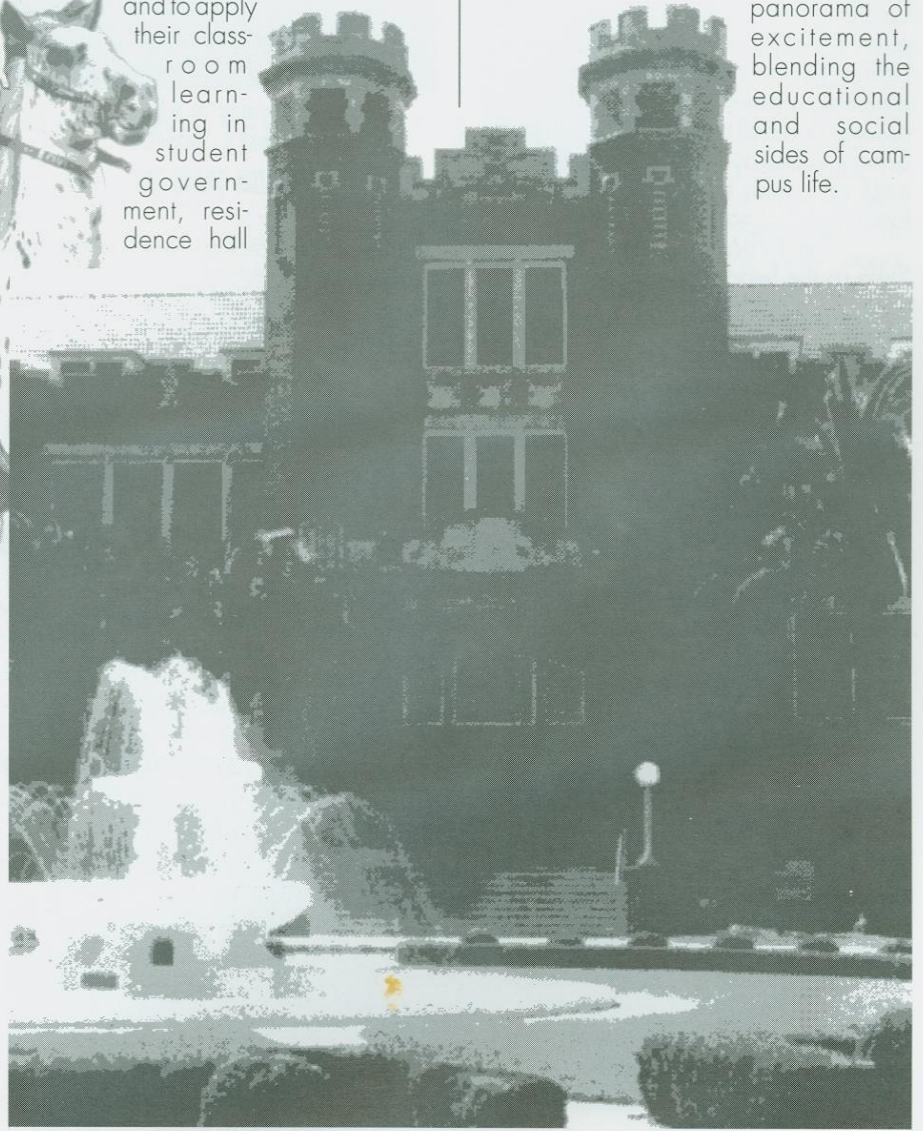
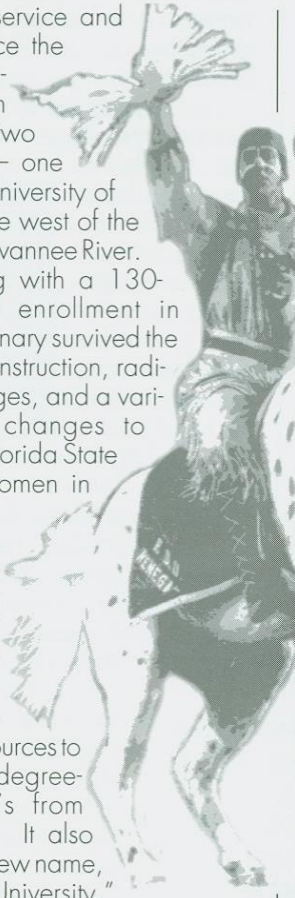
of government, Greek social organizations, honors programs, departmental organizations and more than 200 other registered student organizations active on campus. The FSU Artist Series, the Distinguished Lecture Series and outstanding music, theater and dance productions provide enjoyable evenings for the entire community.

Being a student at Florida State University means stepping into a tradition of more than 130 years of higher education. From its Flying High Circus to its Supercomputer Computations Research, Florida State provides a panorama of excitement, blending the educational and social sides of campus life.

FLORIDA STATE OFFERS 276 GRADUATE AND UNDERGRADUATE DEGREE PROGRAMS THROUGH ITS 16 COLLEGES

of degrees.

Student life at Florida State University also offers young people ample opportunity to acquire leadership skills and to apply their classroom learning in student government, residence hall



HEAD COACH TERRY LONG

Terry Long begins his sixth season as the head coach of both the men's and women's track teams. Following in his father's footsteps, Long continues the tradition fifteen seasons after his father, Mike, retired as head men's track coach at Florida State. Long has been associated with the Seminole track program since he was 15 years old, his age when Mike Long began his head coaching legacy at FSU in 1955.

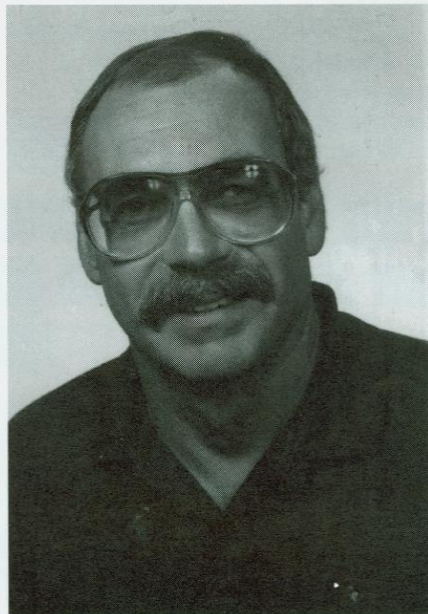
A few years later, Terry formally joined the program as a student-athlete and ran track for the Tribe for four seasons. His senior year, he had the nation's fastest time in the 220 yard hurdles. Completing his bachelor's degree in 1963, and his master's in 1965, both at FSU, Long then began his track coaching career as head track and assistant football coach at Seacrest High School in Delray Beach and then head track and cross country coach at Lakeland High School.

In 1986, Long rejoined Florida State as the head women's track coach and coordinator of both the men's and women's track teams. Following the retirement of men's coach Dick Roberts, after the 1988 season, Long became the head coach of both the men's and women's teams.

As head coach and administrator of the program over the past five seasons, Long has continued a strong tradition of track success by the Seminoles program. He has kept Florida State near the top in collegiate track with 29 Individual All Americans.

Long is currently coaching national intermediate hurdle champion and Olympic hopeful Kim Batten. Batten was named the TAC Outdoor meet's most outstanding female after breaking the collegiate record in the 400-hurdles in 1991.

In 1988, Long tutored U.S. Olympian Arthur Blake who made the Olympic finals in the 110 high hurdles



TERRY LONG
(FLORIDA STATE '63)

and is recognized as one of the top hurdlers in the world. In addition to Blake, Long coached former Olympians Chandra Cheeseborough, Michelle Finn,

coach. Long built his reputation as a top track coach during 14 years of coaching at Santa Fe and Seminole Community colleges in Gainesville and Sanford, Florida, respectively.

While serving in the Florida junior college ranks, Long developed literally hundreds of JC All Americans and 56 national junior college champions. His teams won 14 state junior college track and cross country titles. He was named Junior College National Coach of the Year three times. In 1982 and 1983, he guided the Santa Fe CC women's team to back-to-back national championships before moving on to Florida State.

During his tenure at Seminole Community College, Long was inducted into the Florida Track Hall of Fame, joining his father.

The sport of track has certainly been a tradition in the Long family. In addition to Mike Long, for whom Florida State's track facilities are named, his three sons all became coaches. Terry is now head coach at FSU, Jim was an assistant for the Seminoles and Curtis is the head coach at Western Kentucky.

Terry is extremely active in track outside of Florida State and even the state of Florida. In 1984, he coached the United States team in the first World Indoor Track Championships, held in Paris, France. Presently, he serves as co-chairman of the National Olympic Development Sprint Committee.

Long, 53, has been head coach of the Athletic Attic, Mazda and Bud Lite Track clubs and his indoor and outdoor teams have won six national TAC championships. In 1988, Long brought the TAC Junior National Meet to Tallahassee and worked closely with

TAC personnel to make the meet a resounding success.

A Tallahassee Leon High School graduate, Long is married to DeeDee Malone Long.

ABOUT COACH LONG

YEARS AT FLORIDA STATE:

9

YEARS OF COLLEGIATE COACHING EXPERIENCE:

24

Florida State - Men's & Women's Head Coach (1989-present),

Florida State - Women's Head Coach (1986-88)

Florida - Men's Assistant Coach (1984-85)

Santa Fe Community College - Head Coach (1982-83)

Seminole Community College - Head Coach (1970-82)

HIGH SCHOOL COACHING EXPERIENCE:

Lakeland High School - Head Track & Cross Country Coach (1968-70)

Delray Beach Seacrest High School - Head Track Coach (1966-68)

Tom Reither, Rey Robinson and Dennis Mitchell.

Long came to Florida State from the University of Florida where he served two seasons as an assistant men's track

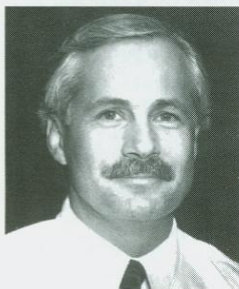
ASSISTANT COACHES

SCOTT IRVING

MIDDLE & LONG DISTANCE (WILLIAMETTE '73)

Scott Irving returns to the Sunshine State after a four year hiatus at the University of Illinois. A veteran coach, Irving enters his first season as a member of the Seminole track and field coaching staff. Irving will handle the Tribe middle and long distance runners.

Although a newcomer to Tallahassee, Irving is not new to track and field, or the state of Florida. Coach Irving brings well deserved credentials to Florida State University. He has directed countless conference champions, over 30



NCAA All-Americans, six national champions, numerous national team members and two Olympians, in a coaching career that spans nearly two decades.

Irving began his coaching career in the heart of distance running country at the University of Oregon (1977-83). He received cross country instruction from noted distance coach Bill Dellinger and was assistant track and field coach with the women's program.

Coach Irving's next stint was at the University of Florida (1983-89), where he assisted Dr. Lyle Knudson with the women's cross country program that captured the '85 SEC title. From Florida, Irving joined the Fighting Illini in the fall of '89 as the field events coach/recruiting coordinator. While at Illinois he recruited noted pole vault coach Chris Leeuwenburgh who, in turn, recruited 1993 NCAA indoor 800m and outdoor 1500m champion Marko Koers.

A recipient of two master's degrees, the 1973 Williamette University graduate places the pursuit of academic excellence an utmost priority. Oregon athletes annually dotted the dean's list. Athletes that were coached or recruited

by Irving at Florida made All-SEC Academic teams 40 times. Phenomenally, in two out of only four years at Illinois he had athletes awarded the most prestigious accolade, the Big Ten Medal of Honor, for academic/athletic excellence.

Coach Irving also played an instrumental role in the foundations for national championship programs at both Oregon (1985) and Florida (1991).

Irving and his wife, Allyn, have been married for twenty-one years and have two sons, seven-year-old Shannon and Kevin, four.

ABOUT COACH IRVING

YEARS AT FLORIDA STATE: 1

YEARS OF COLLEGIATE

COACHING EXPERIENCE: 17

University of Oregon - Assistant Coach (1977-83)

University of Florida - Assistant Coach (1983-89)

University of Illinois - Assistant Coach (1989-93)

Florida State - Assistant Coach (1993-present)

COLLEGIATE TRACK EXPERIENCE:

Williamette University - Distance (1970-73)

PAT O'CONNOR

RECRUITING COORDINATOR/THROWS

(UNIVERSITY OF IOWA '82)

Pat O'Connor starts his fifth year at Florida State after tenures at Central Missouri State and Colorado, where he coached throwers for eight years.

A native of New Hampton, Iowa, O'Connor walked on at the University of Iowa, where he earned three

letters. He broke the school record in the shot put as a junior.



O'Connor served at Central Missouri State from 1982-87, where he coached four Division II All-Americans, including Mark Blahnik, the 1987 indoor high jump champion. All throwing event records for both men and women were broken by CMS athletes under O'Connor's tutelage.



While at Colorado, O'Connor coached two time Big 8 high jump champion Jason Dudley along with four throwers who finished in the top three places at the conference meet.

During his tenure at Florida State, O'Conner has coached 1992 NCAA shot put qualifier Scott Peterson, 1992 ACC discus runner-up Eric Chambers and school discus record holder Tanya Granneman.

Pat and his wife, Amy, have been married for five years.

ABOUT COACH O'CONNOR

YEARS AT FLORIDA STATE: 5
YEARS OF COLLEGIATE COACHING EXPERIENCE: 10

Central Missouri State - Assistant Coach (1982-87)
University of Colorado - Assistant Coach (1987-89)
Florida State - Assistant Coach (1990-present)

COLLEGIATE TRACK EXPERIENCE:

University of Iowa - Shot put (1977-80)

KIM MCKENZIE

ASSISTANT COACH/SPRINTS
(TEXAS EL PASO '84)

Kim McKenzie begins her seventh season on the Florida State staff in 1994. The former Olympic bronze medalist began her coaching career in 1987 as a volunteer assistant while training for the '88 Olympic games.

McKenzie was a member of the 1984 U.S. Olympic team and won the



bronze medal in the 100 meter high hurdles in Los Angeles. She brings a multitude of experience and talents to her duties with the sprinters and high hurdlers, whom she has

helped for the past two years. She currently competes for the Mazda Track Club. Kim was the top scorer in the high hurdles during the 1991 Grand Prix season. In 1992, she was a finalist on

the Mobil Grand Prix circuit. McKenzie also finished fifth in the 100 meter high hurdles at the World Cup championships last year.

A native of Detroit, Michigan, McKenzie has an extensive background in national and international track. In 1990, she set the American record in the 50 meter hurdles in an indoor meet in Canada. In addition, McKenzie was the NCAA Champion in the 100 meter hurdles in 1983, her junior season at Texas El Paso. The following season, she took runner-up honors at the NCAA meet. McKenzie also captured a silver medal at the Pan Am Games in the 100 meter hurdles.

McKenzie and her husband Leander, a six-time All-American at Florida State, have one son, Leander III.

ABOUT COACH MCKENZIE

YEARS AT FLORIDA STATE: 7
YEARS OF COLLEGIATE COACHING EXPERIENCE: 7

Florida State - Assistant Coach (1987-present)

COLLEGIATE TRACK EXPERIENCE:

Texas El Paso - Sprints, hurdles (1980-84)

DENNIS NOBLES

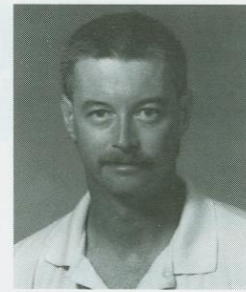
ASSISTANT COACH/POLE VAULT, JAVELIN, HIGH JUMP (FLORIDA STATE '82)

Dennis Nobles enters his eighth year with the Seminole track and field staff and has developed into one of the top coaches in the field.

A pole vaulter on FSU's track team from 1979-81, Nobles graduated cum laude from Florida State's School of Physical Education. He went on to obtain his master's degree from FSU in Exercise Physiology in 1983.

Following graduation from Florida State, he began his coaching career at Wayland Baptist College, an NAIA track powerhouse in Plainview, Texas.

While there, he coached 17 All-Americans, two national champions, a pair of Olympic qualifiers and a national record holder. He also led the school to a national championship and two runner-up finishes.



He returned to his alma mater in 1985 to accept a position as assistant coach. Nobles has since coached several All-Americans, another Olympian

and a world record holder. He is currently working towards his Ph.D in Athletic Administration.

His duties at FSU include coaching athletes in the javelin, high jump and pole vault events. In recent years, he has been invited to participate in the elite women's javelin clinic in Long Beach, California.

Nobles and his wife, Vicki, have one daughter, Sally.

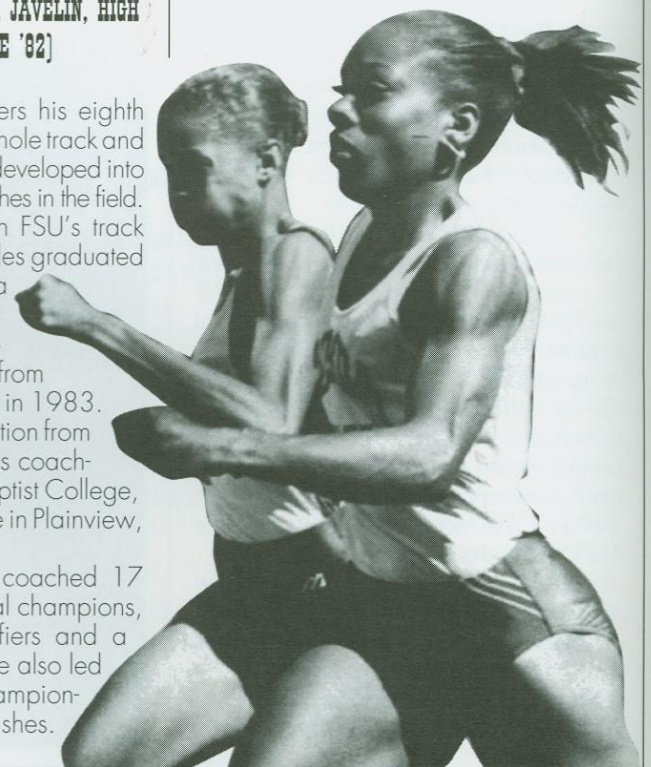
ABOUT COACH NOBLES

YEARS AT FLORIDA STATE: 8
YEARS OF COLLEGIATE COACHING EXPERIENCE: 10

Florida State - Assistant Coach (1985-present)
Wayland Baptist - Assistant Coach (1984-85)

COLLEGIATE TRACK EXPERIENCE:

Florida State - Pole vault (1979-81)



'94 WOMEN'S PREVIEW

As the Florida State Lady Seminole track and field team strives for its first Atlantic Coast Conference championship, it will rely on some talented veterans and promising youngsters to lead the way. But the ultimate success of the FSU women's team will hinge on the answers to a pair of questions. Will those skilled returnees exceed their already national caliber performance standards? And how long will it take for Florida State's young talent to step-up to the performance level of one of the toughest track and field conference's in the country?

Florida State track and field head coach Terry Long believes the answers to those questions are yes and not too long.

"We have some outstanding returning athletes on the women's side," said Long. "Sheryl Covington is a returning All-American and is one of the best we have ever had here at Florida State.

"Indy Henry is another NCAA qualifying athlete," Long said of his senior high jumper. "She is also one of the best I have had in the high jump."

Coach Long is also enthusiastic about some of his younger returnees. The 24 year veteran of collegiate coaching also brought in another superb group of newcomers.

"Petena Moultrie, Deletea Bradley, and Radhiya Teagle are three who have shown great improvement during the fall," Long said. "They are all capable of doing some good things for us."

Freshmen Erica Shepard, Kristen Thorne, and Casey Custer, all High School All-Americans, are newcomers who have caught Long's eye. But the coach warns that there is a big difference between high school and collegiate track and field.

"It is definitely a major jump from high school to the Atlantic Coast Conference in terms of competition. But I think a few of these girls just need a little seasoning to become excellent runners at the collegiate level."

As always Long will challenge his athletes with one of the most competitive schedules in the country. The difficult

slate should prepare the Tribe women for the ACC Indoor Championships, to be held in Greensboro, NC, February 18-19, and the ACC Outdoors in Raleigh, NC, April 22-23.

Here is the Lady Seminole breakdown, event by event:

SPRINTS — The sprints have always been one of the Lady Seminoles' strong points and it should be again this season. Senior Sheryl Covington returns after an All-American season as a junior. The Winter Haven, FL native placed seventh in the NCAA Indoor 200 meter dash and eighth in the 55 dash a year ago. She also qualified for the 100 and 200 meter dashes at the NCAA Outdoors last year. Covington won the ACC 55 meter dash in '93 and should be a top contender for ACC honors in all sprint events.

Sophomore Deletea Bradley should be FSU's other top sprinter this season. She could be a factor at the ACC meets after a fall of solid improvement.

Sophomore Kelly Rouse, fourth in the ACC 400 meters last year, and freshman Sophia Danvers, one of Florida State's top recruits, will anchor the quarter mile.

Danvers, Radhiya Teagle, Covington, and Erica Shepard should form an NCAA qualifying 4 x 400 relay team. And Rouse, Casey Custer, Karen Joseph, and Tracey Ray will make solid contributions in both relays.

HURDLES — This area should be another Lady Seminole strength. Junior Peggy Armand is emerging as an indoor and outdoor high hurdle conference threat. She placed third in the conference 100 meter hurdles and fifth in the 55 hurdles last season.

Teagle and Petena Moultrie are also vastly improved hurdlers and Long feels that Kristen Thorne has the potential to be one of FSU's best hurdlers since Olympian Kim Batton.

Teagle and freshman Kristen Kuehn, another All-American in high school, had excellent fall workouts in the 400 intermediate hurdles and should both be ACC meet contenders.

MIDDLE & LONG DISTANCE — Veterans will lead FSU's long

distance corps while youngsters will be called upon to head the middle distance group.

Tracy Pepoon, Holly Higgins, Stacey Bowrosen, and Lisa Beck, all seniors, have the experience and talent necessary to come through with big years. Of the foursome, Pepoon stands the best chance to make the NCAAs in the 5000 and 10000 meters.

Shepard and Kerry White were impressive in the middle distance runs in the fall and great things are expected of both. Freshman twins, Marjorie and Myriam Charles are both very talented and should be competitive at 800 meters.

THROWS — Sophomore Shannon Cook had an excellent freshman season last year and should improve on her numbers this year. Cook finished third in the discus and fourth in the shot put at the ACC Outdoor meet a year ago. She also placed sixth in the shot at the ACC indoors. The Lake Mary, FL native should contend for ACC honors in both events and may challenge NCAA qualifying standards.

Junior Cathy Erickson returns to the throws full-time after missing last year's indoor season while spending time with the Lady Seminole basketball team. She finished sixth and seventh in the discus and shot respectively at the ACC outdoors a year ago.

Laura Goens, a freshman from Deltona, FL, is a promising discus thrower. She has the ability to score at the ACC meet this year and her future is in front of her.

JUMPS — NCAA Outdoor qualifier Indy Henry returns in the high jump. The Tallahassee native placed eleventh in that event at the NCAAs a year ago and has the ability to improve on that finish and become an All-American. Armand will also high jump to go along with her hurdling duties and could also challenge NCAA standards.

In the long and triple jumps, Moultrie and Felicia Evans will carry the load. Evans was an ACC meet scorer in both the long and triple jumps at the indoor and outdoors last year. Both she and Moultrie have been improving gradually and could turn those events into Lady Seminole strengths.

'94 WOMEN'S ROSTER

NAME	EVENT	CL	HOMETOWN	NAME	EVENT	CL	HOMETOWN
Heather Anderson	D	FR	Orlando, FL	Holly Higgins	D	SR	Gainesville, FL
Peggy Armand	H	JR	Tampa, FL	Karen Joseph	S	SO	Brooklyn, NY
Lisa Beck	D	SR	West Palm Beach, FL	Kristen Kuehn	H	FR	Rochester, NY
Stacey Bowrosen	D	SR	Port Orange, FL	Kim Mobley	S	FR	Chattanooga, TN
Deletea Bradley	S	SO	Pensacola, FL	Petena Moultrie	H/J	SO	Jacksonville, FL
Marjorie Charles	S	FR	Jacksonville, FL	Tracy Peppoon	D	SR	Fort Walton Beach, FL
Myriam Charles	S/J	FR	Jacksonville, FL	Tracey Ray	S	SR	Lakeland, FL
Shannon Cook	T	SO	Lake Mary, FL	Susan Rothell	HJ	FR	Springfield, IL
Sheryl Covington	S	SR	Winter Haven, FL	Kelly Rouse	S	SO	West Palm Beach, FL
Casey Custer	S	FR	Arlington, TX	Erica Shepard	MD	FR	Detroit, MI
Sophia Danvers	S	FR	Miami, FL	Radhiya Teagle	H	SO	Philadelphia, PA
Cathy Erickson	T	JR	Hastings, NE	Kristen Thorne	H	FR	Washington, DC
Felicia Evans	J/H	JR	Largo, FL	Kerry White	MD	SO	Warsaw, IN
Laura Goens	T	FR	Deltona, FL	Erin Wilder	SO	SO	Miami, FL
Indy Henry	HJ	SR	Tallahassee, FL				

J-Jumps; S-Sprints; ME-Multi Events; MD-Middle Distance; T-Throws; HJ-High Jump; D-Distance; LJ-Long Jump



'94 WOMEN'S BIOS

HEATHER ANDERSON

FRESHMAN, ORLANDO, FL
(LAKE BRANTLEY HS)

Has shown flashes of potential in pre-season workouts for distance events ...



should be able to contribute on a regular basis ... good stride and endurance ... had a solid season in cross country during the fall ... **Prep:** first team all-conference and all-

state selection at Lake Brantley High School ... finished 11th in the state high school cross country meet ... **Personal:** undecided on a college major ... niece of professional golfer Greg Norman ... born April 5, 1975.

PEGGY ARMAND

JUNIOR, TAMPA, FL (LETO HS)
COLLEGIATE BESTS: 100HH (13.98), 400IH (1:04.34),
HIGH JUMP (5-5)

One of the top all-around athletes on the women's team ... very versatile and expected to compete in the hurdles, jumps, and sprints ... hard worker who is greatly



improved from a year ago ... had a great summer of training ... should contend for top spots at the ACCs in the hurdles and high jump ... expected to qualify for NCAA Cham-

pionship competition ... **1993:** finished third in the ACC Outdoor 100 meter hurdles in a time 14.04 ... in the 400 intermediate hurdles outdoors, she finished seventh ... came in fifth in the 55 meter hurdles and ninth in the high jump at the conference indoors ... **1992:** ran a team best (14.00) in the 100HH ...

Prep: all-county, all-conference, and all-region at Leto High School ... advanced to the state 4A track meet ...

Personal: majoring in nutrition and fitness ... born July 2, 1973.

LISA BECK

SENIOR, WEST PALM BEACH, FL
(CARDINAL NEWMAN HS)
COLLEGIATE BESTS: 1500M (4:37.60),
3000M (10:08.67), 5000M (17:28.59)

Mature, experienced distance runner ... steadily improved since coming to Florida



State ... has made great strides in her consistency ... expected to make a contribution at the conference meet, both indoors and outdoors ...

1993: best showing of the indoor season was a fourth place finish at the Barnett Bank Invitational in the 5000 meters (18:10.58) ... best time outdoors in the 1500 meters was 4:48.94 at the Spring Track Classic ... **1992:** ran collegiate best times at 3000 (10:08.67) and 5000 meters (17:28.59) ... **1991:** placed seventh at the Metro Championships in the 3000 ... **Prep:** class 3A state champion in the mile and two mile ... all-area, all-state and all-conference in both cross country and track at Cardinal Newman High School ... **Personal:** pursuing a degree in psychology ... born October 12, 1971.

STACEY BOWROSEN

SENIOR, PORT ORANGE, FL (FATHER LOPEZ HS)
COLLEGIATE BESTS: 800M (2:12.95), 1500M (4:36.79)

Veteran of the Seminole program ... team oriented athlete who is looked to as a leader ... will compete at 1500 and 3000 meters this year ... could be one of the sleepers at the conference meet ...



has four letters in cross country ...

1993: hampered by nagging injuries all season ... ran a 5:03.12 indoor mile for her best time of that season at the Barnett Bank Invitational

... best outdoor times were recorded at the ACC meet ... clocked in a 2:16.95 in the 800 and 4:55.19 in the 1500 ...

1992: improved collegiate bests in 800 and 1500 meters ... **Prep:** all-county, all-region, and all-state performer at Father Lopez High School ... **Personal:** majoring in nutrition and fitness ... born November 17, 1971.

DELETEA BRADLEY

SOPHOMORE, PENSACOLA, FL (ESCAMBIA HS)
COLLEGIATE BESTS: 100M (11.68), 200M (24.54)

Emerging as one of FSU's top sprint athletes ... will team with All-American Sheryl Covington to form possibly the best sprint duo in the Atlantic Coast Conference ... expected to be among the conference's elite sprinters ...



extremely intense competitor ... possible NCAA qualifier ... one of the most improved women on the team ... **1993:** made a fine showing at the ACC Outdoors by finish-

ing fifth in the 100 meter dash with a time of 11.75 ... clocked an NCAA provisional time of 11.68 in the 100 at the Run-Tex Invitational ... **Prep:** as a senior at Escambia High School, finished second in the state in both the 100 and 200 meters ... **Personal:** a nutrition and fitness major ... born August 20, 1974.

MARJORIE CHARLES

FRESHMAN, JACKSONVILLE, FL (WHITE HS)

Enters the Lady Seminole program as talented 800 meter prospect ... was a pleasant surprise during fall workouts ...



coaches love her attitude ... competitive fire is a positive ... may need a bit of time to get use to running at the collegiate level ... ran the 400 in high school but will run the 800

meters in college ... **Prep:** was an all-city, all-state performer for three years in the 400 meters and 4 x 400 relay while at White High School ... honor student while in high school ... **Personal:** born April 29, 1975 ... plans to double major in education and Spanish ... twin sister Myriam is also a newcomer to the program.

MYRIAM CHARLES

FRESHMAN, JACKSONVILLE, FL (WHITE HS)

Another surprising performer during fall workouts in the 800 meters ... moves up



to the 800 after a stellar high school career at 400 meters ... intelligent runner who excites the coaching staff with her potential ... might take some time to get use to running at

the college level ... **Prep:** all-city, all-state selection in the 400 meters ... district champion in the triple jump ... honor student at White High School ... **Personal:** twin sister Marjorie also runs for FSU ... has plans to double major in French and English education ... born April 29, 1975.

SHANNON COOK

SOPHOMORE, LAKE MARY, FL
(LAKE MARY HS)

COLLEGIATE BESTS: SHOT PUT (44.0), DISCUS (142.1)

Begins her sophomore season as Florida State's top thrower ... great improvement



in her technique ... could challenge for conference supremacy in both the shot and discus ... a possible NCAA provisional qualifier ... **1993:** had a fine first season

at FSU ... finished sixth in the shot at the ACC Indoors ... made a great showing at her first ACC Outdoor Championships ... finished third in the discus and fourth in the shot ... **Prep:** second in the state in the shot put as a senior at Lake Mary High School ... holds school, county and district records in the shot ... **Personal:** plans to major in biology ... born January 20, 1974.

★ ALL-AMERICAN ★

SHERYL COVINGTON

SENIOR, WINTER HAVEN, FL
(WINTER HAVEN HS)

COLLEGIATE BESTS: 100M (11.41),
200M (23.49), 400M (53.32)

One of the top performers in the Atlantic Coast Conference ... one of the favorites to win the 55, 100, and 200 meters at the conference championships ... expected to return to both the NCAA Indoor and Outdoor Championships ... extremely versatile and talented ... national caliber runner in all three sprints ... a team leader and true competitor ... a three time All-



American ... one of the best to ever run at Florida State ... **1993:** All-Atlantic Coast Conference selection during the

indoor and outdoor seasons ... captured the ACC 55 meters with a time of 6.87 ... finished second in the indoor 200 meters (24.04) ... second in the league in both the 100 and 200 dashes outdoors ... garnered indoor All-American honors by placing seventh in the 200 meters and eighth in the 55 dash at the NCAA Championships ... reached the semifinals of both the 100 and 200 dashes at the NCAA Outdoors ... **1992:** placed 4th in the 400 meters at the ACC Championships ... semifinalist at the NCAA Championships in the 400 meters ... improved 400 time by almost a second (54.22 to 53.32) ... mainstay on 4 x 100 relay team that placed 7th at the NCAA Championships ... **1991:** made first trip to NCAA's and competed in three events ... national semifinalist in the 100 ... ran anchor leg for FSU's 400-meter relay team that placed 6th nationally ... Metro Conference 100 champion and runner-up in the 200 meters ... **Prep:** Florida 4A champion in both the 100 and 200 meters ... set the state record in the 100 meters with a time of 11.84 ... **Personal:** a social work major ... born March 3, 1971.

CASEY CUSTER

FRESHMAN, ARLINGTON, TX
(JAMES MARTIN HS)

One of the nation's top sprint recruits ... lacks experience but has all the physical



tools ... outstanding junior season in high school but was limited by injury during her senior campaign ... must keep away from nagging injuries to fully develop ...

Prep: top ranked Texas high school 100 meter sprinter in '91, '92, '93 ... state 5A champion in the 200 meters as a junior ... ranked third and fourth nationally in the 100 and 200 meters respectively as a junior ... **Personal:** undecided on a major ... born July 12, 1975.

SOPHIA DANVERS

FRESHMAN, MIAMI, FL (NORLAND HS)

Another talented freshman that just needs experience to become a fine collegian at the 400 meter distance ... showed national class talent during a surprising fall ... could immediately challenge for conference 400 title ... will also run with the 4 x 400 relay team ... **Prep:** All-Dade County selection while at Miami's Norland High School ... district, regional, and state champion in the 400 meters ... also a honor roll student ... **Personal:** plans to major in communications ... born April 17, 1975.



CATHY ERICKSON

JUNIOR, HASTINGS, NE (HASTINGS HS)
COLLEGIATE BESTS: SHOT PUT (41-1), DISCUS (139-0)

Fierce competitor who will compliment Shannon Cook in the throws ... should again place at the ACC meet in both the shot put and discus ... dedicated athlete who should excel by working out in the throws full-time this season ... **1993:** sat out the indoor season while playing forward for the Lady Seminole basketball team ... returned to track and field full-time during the outdoor campaign ... scored at the ACC meet by placing sixth in the discus (130-8) and seventh in the shot (41-1) ... **1992:** placed seventh in shot put at the ACC Championships ... **Prep:** Dual Class A throwing champ (shot and discus) in the state of Nebraska as a senior ... broke school record in the shot put ... track and field MVP at Hastings High ... selected to the All-Tribeland track team ... **Personal:** majoring in criminology ... born March 24, 1973.



FELICIA EVANS

JUNIOR, LARGO, FL (SEMINOLE HS)
COLLEGIATE BESTS: 100HH (15.13),
LONG JUMP (19-11.5), TRIPLE JUMP (40-3.25)

Potential stand out in both the long and triple jumps ... FSU's only pure long and triple jumper ... shoulders much of the load in those events ... possesses fine technique ... **1993:** third indoors and fifth outdoors at the ACC Championships in the triple jump ... sixth indoors and seventh outside in the long jump ... best marks of the year were 40-3.25 in the triple jump and 19-11.5 in the long jump ... **Prep:** an all-county performer throughout high school ... state long jump champion at Seminole High School in 1990 ... **Personal:** currently majoring in management information systems ... born October 22, 1973.



LAURA GOENS

FRESHMAN, DELTONA, FL (DELTONA HS)

Enters the Lady Seminole program as a raw talent in the throws ... best throw is the discus ... still learning the shot put ... has a promising future ... may score at the ACC meet in the discus ... **Prep:** throwing stand out at Deltona High School **Personal:** has yet to decide on a college major ... born September 17, 1975



INDY HENRY

SENIOR, TALLAHASSEE, FL (GODBY HS)
COLLEGIATE BESTS: HIGH JUMP (6-0.5)

Set to close out her collegiate career in outstanding fashion ... should make her second trip to the NCAA Champion-

ships ... FSU's top high jumper in one of the ACC's most competitive events ... a hard worker and excellent student ... her hard work has paid off in improvement from her NCAA performance a year ago ... **1993:** closed out an impressive junior campaign with an eleventh place finish at the NCAA Outdoor Championships in the high jump ... best jump at the NCAAs was 5-8.75 ... placed third in the ACC Indoor and Outdoor high jump ... best leap of the year was a 6-0.50 performance at the Griffin Invitational ... **1992:** placed 3rd in high jump at ACC Championships ... an NCAA provisional qualifier ... **1991:** placed second at the Metro meet in the high jump ... **Prep:** a three-year state qualifier in the high jump ... class 3A state runner-up in the high jump as a senior at Godby High School ... placed 6th at state meet as a junior ... **Personal:** double majoring in accounting and marketing ... born March 24, 1971.



HOLLY HIGGINS

SENIOR, GAINESVILLE, FL (BUCHHOLZ HS)

Experienced, veteran distance runner ... transferred into the Florida State program from UNC-Charlotte ... two-time All-American at UNCC ... **1993:** competed in two indoor meets during the season ... best performance was a 5:33.51 mile at the Florida Invitational ... **1992:** did not compete in track and field ... **1991:** All-American on 3200 meter relay team at UNC-Charlotte ... **1990:** All-American as a freshman in the 3000 meters ... **Prep:** all-state performer at Gainesville's Buchholz High School ... **Personal:** majoring in elementary education ... November 8, 1971.



KAREN JOSEPH

SOPHOMORE, BROOKLYN, NY (HUMANITIES HS)
COLLEGIATE BESTS: 100M (12.40), 200M (25.36)

Improving sprinter who will provide valuable depth amongst the sprint corps ...



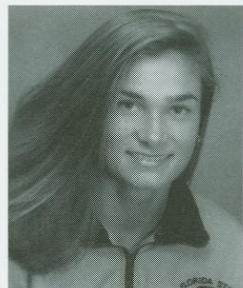
bothered by nagging injuries last season ... needs to stay healthy to contribute regularly ... **1993:** competed in both the 100 and 200 meter dashes during the out-

door season ... ran the 55 and 200 during the indoor campaign ... **Prep:** city champion in the 100 and 200 meter dashes ... **Personal:** majoring in nursing ... born October 26, 1974.

KRISTEN KUEHN

FRESHMAN, ROCHESTER, NY
(GREECE ATHENA HS)

Outstanding 400 intermediate hurdles prospect ... one of FSU's top recruits in the freshman class of '94 ... excellent size for a hurdler ... remarkably strong and good technique ...



Prep: prep All-American in the 400 hurdles ... second in the state 100 and 400 hurdles as a senior ... fourth

rated 400 hurdler in the nation as a senior ... **Personal:** born January 17, 1975 ... undecided on a college major.

PETENA MOULTRIE

SOPHOMORE, JACKSONVILLE, FL (RAINES HS)
COLLEGIATE BESTS: 100HH (15.09),
TRIPLE JUMP (35-11.5)

Versatile youngster who will contribute in the jumps and hurdles ... one of the fall's pleasant surprises ... has shown vast improvement in all areas from a year ago ... her performance in the long and triple



jumps is key ... **1993:** finished 12th at the ACC Outdoors in the triple jump ... did not compete during the indoor season ... **Prep:** district triple jump champion and

team captain as a senior at Raines High School in Jacksonville ... honor roll student ... **Personal:** majoring in psychology ... born November 15, 1974.

TRACY PEPOON

SENIOR, FT. WALTON BEACH, FL
(FT. WALTON BEACH HS)
COLLEGIATE BESTS: 1500M (4:33.55),
3000M (9:53.91), 5000M (17:12.66)

Leader of FSU's long distance runners ... coaches feel she is ready to step-up to the national level in the 5000 and 10000 meters ... popular team leader ... versa-



tile performer who will also run at 3000 meters ... **1993:** third place finisher in the ACC Outdoor 5000 meters ... fifth in the 3000 meter conference outdoors ... eighth indoors

in the ACC 3000 ... won the 1500 meters at the Springtime Invitational ... **1992:** placed ninth in 10000 meters at ACC Championships ... **1991:** placed fourth in the 3000 meters at the Metro Championships ... **Prep:** a three time cross country MVP at Ft. Walton Beach HS ... **Personal:** pursuing degrees in marketing and multi-national business ... born November 1, 1971.

TRACEY RAY

SENIOR, LAKE LAND, FL (LAKE GIBSON HS)
COLLEGIATE BESTS: 100M (12.02), 200M (25.31),
TRIPLE JUMP (31-8.5)

Will provide valuable sprint depth in her final season at FSU ... fine student who also excels in the classroom ... greatly improved ... may also see time in the



long jump ... **1993:** best 100 meter performance of the season came at the Gator Twilight when she placed third ... finished fourth in the 100 and 200 meters at

the Springtime Invitational ... **Prep:** an all-city sprinter at Lake Gibson High School ... **Personal:** a member of the Marching Chiefs, Tracy is a majorette at Florida State ... majoring in electrical engineering ... born May 28, 1971.

SUSAN ROTHELL

FRESHMAN, SPRINGFIELD, IL (LANPHIER HS)

Promising high jump prospect ... has been hampered by injuries that has



slowed down her progress ... possesses the right size for a high jumper ... progressed nicely during fall workouts ... **1993:** sat out both the indoor and outdoor seasons as a redshirt

... **Prep:** four year all-city selection ... indoor state high jump champion as a junior and outdoor state champ in her senior season ... all-conference and Illinois all-state pick every year of her prep career ... **Personal:** born February 15, 1974 ... majoring in child development.

KELLY ROUSE

SOPHOMORE, WEST PALM BEACH, FL
(SUMMIT CHRISTIAN HS)
COLLEGIATE BESTS: 100M (12.02), 400M (55.77)

Coming off of a solid first collegiate track season ... will provide depth in the longer sprint events ... again expected to be a solid contributor and may score in conference competition ... honors student ... **1993:** fourth in the 400 meters at the ACC Indoors ... won the 400 at the Spring Track Classic outdoor meet ... **Prep:** three year ('90, '91, '92) state



champion in the 200 meter dash ... 100 meter champion as a junior... valedictorian of her senior class at Summit Christian High School in West Palm Beach ...

Personal: born April 17, 1974 ... had the top GPA on the women's team last year ... majoring in biology and chemistry.

ERICA SHEPARD

FRESHMAN, DETROIT, MI (CASS TECH)

Might be Florida State's top female recruit in the class of 1994 ... outstanding athlete who will be used in the 400 and 800 meters ... might run more at 800 meters ... will also run on Florida State's 4 x 400 relay team ... that relay group should qualify for the NCAA Championships ...



Prep: Michigan state 800 meter champion at Detroit's Cass Technical High School ... prep All-American in the 400 meters as a senior ... 1992 AAU national champion in the 400 and 800 meters ... repeat AAU national champ in the 400 in '93 ... **Personal:** plans to major in psychology ... hails from the same high school as former Florida State stand out Trinette Johnson.

RADHIYA TEAGLE

SOPHOMORE, PHILADELPHIA, PA
(WILLIAM PENN HS)

COLLEGIATE BESTS: 100HH (14.61), 400HH (1:01.99)

Multi-talented, versatile performer ... will compete in the hurdles and will also run at 400 meters indoors ... great size and physical tools ... strong runner who coaches believe is a fine prospect ...



Prep: public league champion in the 100 and 300 hurdles

and the triple jump for three years ... **Personal:** majoring in nutrition ... born May 12, 1974.

KRISTEN THORNE

FRESHMAN, WASHINGTON, DC (BULLS SCHOOL)

Outstanding hurdle newcomer who coaches feel can be as good as she wants to be ... may emerge as the best



Florida State women's hurdler since Kim Batton ... expected to contribute immediately ... may challenge for ACC honors this season ... **Prep:** prep All-American 55 meter hurdler ...

AAU national indoor champion in the 100 hurdles ... **Personal:** food and nutrition major ... born May 2, 1975.

KERRY WHITE

SOPHOMORE, WARSAW, IN (WARSAW HS)
COLLEGIATE BESTS: 800M (2:13.10)

One of a group of talented distance runners ... coaches are not sure what to expect from her due to injuries ... can become a force if she stays away from injuries ... will most likely run at 800 meters ...



1993: best performance of the year was a 2:15.89 clocking in the 800 meters at the

ACC Indoors ... **Prep:** Indiana state champion in the 800 meters as a junior and senior ... all-state selection during her final two years at Warsaw High School ... **Personal:** born October 31, 1973 ... majoring in biology.

ERIN WILDER

SOPHOMORE, MIAMI, FL (NORTH STAFFORD HS)
COLLEGIATE BESTS: 800M (2:16.36), 1500M (4:44.64),
5000M (18:53.06)

Hard working distance runner who should be a steady contributor during the season ... has good range as shown by her ability to run from 800 to 3000 meters ...



1993: finished 17th in the ACC Indoor 3000 meters with a time of 10:51.77 ... finished second at the Springtime Invitational in the 800 meters ...

Prep: captured all-district and all-region honors in the 800 meters and was an all-state honoree in the 4 x 800 relay ... **Personal:** celebrates an April 11th (1974) birthday ... majoring in special education.



'93 LADY SEMINOLE REVIEW

The 1993 Florida State Lady Seminole track and field team continued its tradition as one of the top programs in the country.

In their second year in the Atlantic Coast Conference, the Lady Seminoles maintained their status as an upper division team in one of the top track and field leagues in the nation. The FSU women finished third at the ACC Indoor Championships in Johnson City, Tennessee in February, then placed fourth at the ACC Outdoors hosted by the University of North Carolina in April.

Lady Seminole athletes compiled an impressive Atlantic Coast Conference resume. Trinette Johnson won the conference indoor and outdoor long jump, while Sheryl Covington was the ACC indoor 55 meter dash champion. While winning the indoor long jump, Johnson set a meet record with a leap of 21'2".

Johnson and Covington were selected to both the indoor and outdoor All-ACC teams. Javelin thrower Kim Stephens

joined the pair on the outdoor team.

But Lady Seminole success was not limited to just conference participation. Johnson and Covington (indoor and outdoor) and Indy Henry (outdoor) all qualified for the NCAA Champion-

finals in both events. She ended up finishing seventh in the 200 and eighth in the 55, securing All-American status. Johnson also earned All-American honors by placing eighth in the long jump.

At the NCAA Outdoors in New Orleans on June 2-5, Henry joined Covington and Johnson. Johnson made the best showing of the trio, placing seventh in the long jump. Henry tied for eleventh in the high jump. Covington

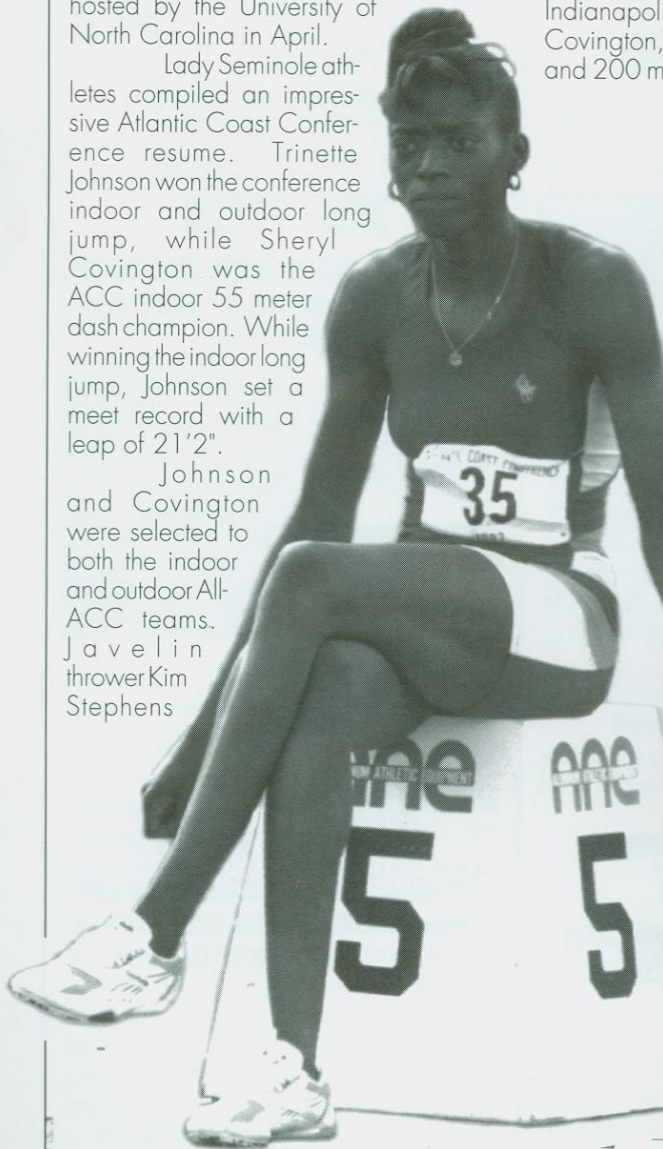
was eliminated after the semi-finals in both the 100 and 200 meter dashes.

The women finished the Championships in a tie for 49th place and in the process set the foundation for another successful campaign in 1994.

THE FSU WOMEN FINISHED THIRD AT THE ACC INDOOR CHAMPIONSHIPS...THEN PLACED FOURTH AT THE ACC OUTDOORS

ships.

The NCAA Indoor Championships were held in the Hoosier Dome in Indianapolis, Indiana on March 12-13. Covington, who qualified for both the 55 and 200 meter dashes, advanced to the



'94 NCAA WOMEN'S QUALIFYING MARKS

OUTDOOR

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
100 METER DASH	11.43	—	11.70	—
200 METER DASH	23.28	—	23.90	—
400 METER DASH	52.80	52.5	54.40	54.1
800 METER RUN	2:05.50	2:05.2	2:08.50	2:08.2
1500 METER RUN#	4:18.00	4:17.7	4:24.20	4:23.9
MILE RUN#	4:38.62	4:38.3	4:45.31	4:45.0
3000 METER RUN#	9:16.00	9:15.7	9:34.00	9:33.7
5000 METER RUN#	16:18.00	16:17.7	16:45.00	16:44.7
10,000 METER RUN#	34:00.00	33:59.7	35:15.00	35:14.7
100 METER HURDLES	13.30	—	13.75	—
400 METER HURDLES	57.65	57.4	59.80	59.5
400 METER RELAY	44.34	44.1	45.70	45.4
440 YARD RELAY	44.54	44.3	45.90	45.6
1600 METER RELAY	3:34.00	3:33.7	3:40.00	3:39.7
MILE RELAY	3:35.20	3:34.9	3:41.20	3:40.9
HIGH JUMP	1.87M	—	1.79M	—
LONG JUMP	6.50M	—	6.24M	—
TRIPLE JUMP	13.10M	—	12.60M	—
SHOT PUT	16.05M	—	14.60M	—
DISCUS	53.00M	—	48.50M	—
JAVELIN	52.00M	—	46.50M	—
HEPTATHALON	5,550	—	5,100	—

- Altitude adjustment available

1994 NCAA® DIVISION I MEN'S AND WOMEN'S



1994 DIVISION I MEN'S & WOMEN'S OUTDOOR CHAMPIONSHIP

INDOOR

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 METERS	6.86	—	6.96	—
55-METER HURDLES	7.68	—	7.93	—
200 METERS	—	—	—	—
(Under 200m/220 yds)*	24.08	—	24.70	—
(200m/220 yds)*	23.88	—	24.50	—
(Over 200m/220 yds)*	23.58	—	24.20	—
400 METERS	—	—	—	—
(Under 200m/220 yds)*	54.10	53.8	55.70	55.4
(200m/220 yds)*	53.50	53.2	55.10	54.8
(Over 200m/220 yds)*	52.80	52.5	54.40	54.1
800 METERS	—	—	—	—
(200m/220 yds or less)*	2:07.10	2:06.8	2:10.10	2:09.8
(Over 200m/220 yds)*	2:06.30	2:06.0	2:09.30	2:09.0
MILES#	—	—	—	—
(200m/220 yds or less)*	4:43.00	4:42.7	4:50.50	4:50.2
(Over 200m/220 yds)*	4:41.60	4:41.3	4:49.10	4:48.8
3000 METERS#	—	—	—	—
(200m/220 yds or less)*	9:23.00	9:22.7	9:38.00	9:37.7
(Over 200m/220 yds)*	9:20.80	9:20.5	9:35.80	9:35.5
5000 METERS#	—	—	—	—
(200m/220 yds or less)*	16:18.00	16:17.7	16:48.00	16:47.7
(Over 200m/220 yds)*	16:14.90	16:14.6	16:44.90	16:44.6
1600-METER RELAY	—	—	—	—
(Under 200m/220 yds)*	3:41.85	3:41.6	3:47.60	3:47.3
(200m/220 yds)*	3:39.25	3:39.0	3:45.00	3:44.7
(Over 200m/220 yds)*	3:36.65	3:36.4	3:42.40	3:42.1
MILE RELAY	—	—	—	—
(Under 200m/220 yds)*	3:43.10	3:42.8	3:48.85	3:48.6
(200m/220 yds)*	3:40.50	3:40.2	3:46.25	3:46.0
(Over 200m/220 yds)*	3:37.90	3:37.6	3:43.65	3:43.4
3200-METER RELAY	—	—	—	—
(Under 200m/220 yds or less)*	8:44.00	8:43.7	8:55.00	8:547.7
(Over 200m/220 yds)*	8:40.80	8:40.5	8:51.80	8:51.5
TWO-MILE RELAY	—	—	—	—
(Under 200m/220 yds or less)*	8:47.00	8:46.7	8:58.00	8:57.7
(Over 200m/220 yds)*	8:43.80	8:43.5	8:54.80	8:54.5
HIGH JUMP	1.87M	—	1.79M	—
LONG JUMP	6.38M	—	6.10M	—
TRIPLE JUMP	12.95M	—	12.40M	—
SHOT PUT	15.80M	—	14.65M	—

* - Size of track.

- Altitude adjustment available.

WOMEN'S RECORDS

EVENT	FSU OUTDOOR RECORD	MIKE LONG TRACK RECORD	ACC OUTDOOR RECORD	COLLEGIATE RECORD
100 METER DASH	11.20, 1986 Michelle Finn	11.27, 1984 Randy Givens, FSU	11.36, 1987 Sonja Fridy, Virginia	10.78, 1989 Dawn Sowell, LSU
200 METER DASH	22.31, 1983 Randy Givens	23.08, 1986 Pauline Davis, Alabama	23.03, 1992 Kim Graham, Clemson	22.04, 1989 Dawn Sowell, LSU
400 METER DASH	49.91, 1984 Marita Payne	52.37, 1987 Janet Davis, FSU	51.35, 1992 Nelrae Pasha, Georgia Tech	49.91, 1984 Marita Payne-Wiggins, FSU
800 METER RUN	2:04.6, 1982 Ovrill Dwyer-Brown	2:03.8, 1986 Linda Detiefsen, Athletics West	2:02.07, 1983 Tina Krebs, Clemson	1:58.33, 1985 Claudette Groenendaal, Oregon
1500 METER RUN	4:18.56, 1985 Nancy Rettie	4:16.42, 1988 Evelyn Adiru, Alabama	4:13.42, 1988 Rosalind Taylor, Maryland	4:05.81, 1991 Sonia O'Sullivan, Villa/IRL
3000 METER RUN	9:22.94, 1984 Margaret Coomber	8:47.73, 1984 Wendy Sly, Great Britain	8:59.79, 1983 Betty Springs, N.C. State	8:27.35, 1988 Vicki Huber, Villanova
5000 METER RUN	16:39.4, 1981 Darren Andreu	16:00.68, 1986 Patti S. Plumer, Puma Track Club	15:33.43, 1983 Betty Springs, N.C. State	15:07.56, 1985 Kathy Easker, Wisconsin
10,000 METER RUN	34:32.75, 1987 Kerrie Yenchak	34:27.75, 1987 Kerrie Yenchak, Edinboro	32:36.20, 1986 Kathy Ormsby, N.C. State	32:22.97, 1992 Carole Zajac, Villanova
100 METER HURDLES	13.06, 1991 Kim Batten	12.92, 1988 Kim McKenzie,	13.38, 1991 Sharon Couch, Mazda Track Club	12.61, 1988 Gail Devers, UCLA North Carolina
400 METER HURDLES	53.98, 1991 Kim Batten	56.08, 1984 Angela Wright-Scott, Bud Light TC	56.86, 1992 Rebecca Russell, North Carolina	53.41, 1984 Janeene Vickers, UCLA
4 X 100M RELAY	42.94, 1983 Wright, Payne, Cliette, Givens	43.9, 1984 Finn, Payne, Cliette, Givens, FSU	44.29, 1992 Johnson, Covington, Verdun, Lyons, FSU	42.50, 1989 Stanley, Sowell, Sheffield, Jones, Louisiana State
4 X 400M RELAY	3:28.46, 1983 Givens, Cliette Wright, Payne	3:34.07, 1987 Levy, Thompson Davis, Curry, FSU	3:32.17, 1990 Russell, Pollard, Putnam, Mackey, North Carolina	3:27.53, 1992 Beasley, Freeman Mitchell, Howard, UF
LONG JUMP	21-8 1/2, 1990 Sonya Blades	21-6 3/4, 1986 Esmeralda Garcia, FSU	21-9 1/2, 1990 Dana Boone, Virginia	23-9, 1985, 1987 Jackie Joyner, UCLA
TRIPLE JUMP	44-10 3/4, 1986 Esmeralda Garcia	43-6 3/4, 1986 Esmeralda Garcia, FSU	43-10 1/2, 1987 Kathy Harrison, Georgia Tech	46-0 3/4, 1990 Sheila Hudson, California
HIGH JUMP	6-1 1/2, 1983 Wendy Markham Holly Kelly, 1991	6-0 1/2, 1984 Bridgette Reid, Canada	6-3 1/2, 1992 Tisha Waller, North Carolina	6-5.5, 1987 Lisa Bernhagen, Stanford Tanya Hughes, Arizona
SHOT PUT	46-10 1/2, 1977 Vicki Smith	49-2, 1988 Colleen Rosensteel, UF	55-9, 1983 Marita Walton, Maryland	62-3 3/4, 1983 Meg Ritchie, Arizona
DISCUS	150-5, 1992 Tanya Grannemann	189-3, 1986 Kathy Landry, Alabama	178-2, 1992 Lynda Lipson, North Carolina	221-5, 1983 Meg Ritchie, Arizona
JAVELIN	174-10, 1990 Kari Keith	182-8, 1985 Susie Ray, UF	183-8, 1989 Julia Solo, Virginia	211-5, 1981 Karin Smith, Cal Poly SLO
HEPTATHLON	5410, 1991 Carmellia Shivers	5402, 1990 Carmellia Shivers, FSU	5578, 1992 Nicky Hudson, North Carolina	6718, 1985 Jackie Joyner, UCLA

LADY SEMINOLE ALL-AMERICANS

CROSS COUNTRY

1981 Darien Andreau

INDOOR

1981 Darien Andreau - 5,000m (5th); Alice Bennett - long jump (4th); Esmeralda Garcia - long jump (2nd), 60m (2nd); Angela Wright - 400m (4th); Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne - 4x200 (1st); Margaret Coomer - 1,000m (3rd); Scooby Golden, Debbie Moore, Marita Payne, Angela Wright - 4x400 (4th)

1982 Tonya Brown - 60-yd hurdles (7th); Ovrill Dwyer-Brown - 600 yards (5th); Margaret Coomer - 1,000 yards (8th); Carolyn Faison - 60-yd hurdles (6th); Randy Givens - 300 yards (2nd); Marita Payne - 60m (7th), 300 yards (4th); Angela Wright - 440 yards (6th); Carla Borovicka, Ovrill Dwyer-Brown, Margaret Coomer - 4x800 (1st); Alice Bennett, Randy Givens, Marita Payne, Janeette Wood - 4x200 (2nd); Tonya Brown, Ovrill Dwyer-Brown, Scooby Golden, Angela Wright - 4x400 (6th)

1983 Wendy Markham - high jump (3rd)

1984 Carla Borovicka - 1,500m (6th); Margaret Coomer - 1,500m (5th); Michelle Finn - 55m (4th); Ovrill Dwyer-Brown, Brenda Cliette, Janet Davis, Janet Levy, 4x400 (2nd)

1985 Michelle Finn - 55m (1st); Esmeralda Garcia - triple jump (1st); Nancy Rettie - 1,000m (3rd); Kelly Hackler, Chris McKay, Brenda Moore, Nancy Rettie - 4x800 (5th)

1986 Michelle Finn - 55m (2nd); Esmeralda Garcia - long jump (2nd)

1987 Michelle Finn - 55m (2nd)

1989 Kim Batten - triple jump (5th)

1990 Kim Batten - triple jump (5th); Carrie Boyd - 4x800 (6th); Sonya Blades - long jump (9th); Carrie Boyd, Tracey Howze, Karla Severs, Angela Harris - 4x800 (6th); Holly Kelly - high jump (4th), Patrice Verdun - 200m (6th), 55m

1991 Holly Kelly - high jump (4th)

Kim Batten - triple jump (5th)

1993 Sheryl Covington - 55m (8th), 200m (7th); Trinet Johnson - long jump (8th)

OUTDOOR

1981 Esmeralda Garcia - long jump (2nd), 100m (5th); Randy Givens - 200m (3rd); Marita Payne - 400m (2nd); Angela Wright - 400m (6th); Alice Bennett, Esmeralda Garcia, Randy Givens, Marita Payne - 4x100 (1st); Alice Bennett, Esmeralda Garcia, Randy

Givens, Marita Payne - 800 medley relay (6th); Marita Payne, Angela Wright, Janette Wood - 4x400 (4th)

1982 Alice Bennett - long jump (8th); Tonya Brown - 100 hurdles (4th), 400m IM hurdles (1st); Margaret Coomer - 1,500m (7th), 200m (3rd); Wendy Markham - high jump (tied-5th); Marita Payne - 200m (4th), 400m (3rd); Angela Wright - 400m (7th); Ovrill Dwyer-Brown, Randy Givens, Marita Payne, Angela Wright - 4x400 (2nd); Alice Bennett, Randy Givens, Marita Payne, Angela Wright - 4x100 (2nd)

1983 Ovrill Dwyer-Brown - 400m IM hurdles (8th); Brenda Cliette - 100 (3rd), 200m (4th); Randy Givens - 100m (6th), 200m (3rd); Wendy Markham - high jump (2nd); Marita Payne - 200m (6th), 400m (5th); Angela Wright - 400m IM hurdles (3rd); Brenda Cliette, Randy Givens, Marita Payne, Angela Wright - 4x100 (1st); Brenda Cliette, Randy Givens, Marita Payne, Angela Wright - 4x400 (1st)

1984 Ovrill Dwyer-Brown - 400m IM hurdles (6th); Brenda Cliette - 100m (2nd), 200m (2nd); Janet Davis - 200m (6th); Michelle Finn - 100m (4th); Randy Givens - 100m (1st), 200m (6th); Marita Payne - 200m (3rd), 400m (1st); Brenda Cliette, Michelle Finn, Randy Givens, Marita Payne - 4x100 (1st); Brenda Cliette, Janet Davis, Randy Givens, Marita Payne - 4x400 (1st)

1985 Michelle Finn - 100m (1st), 200m (2nd); Esmeralda Garcia - triple jump (1st), long jump (5th), 100m (3rd); Michelle Finn, Esmeralda Garcia, Andrea Thompson, Janet Levy - 4x100 (3rd)

1986 Michelle Finn - 100m (5th), 200m (7th); Michelle Finn, Esmeralda Garcia, Janet Levy, Andrea Thompson - 4x400 (5th); Esmeralda Garcia - triple jump (2nd)

1987 Janet Davis - 400m (5th); Michelle Finn - 100m (4th), 200m (6th); Michelle Finn, Janet Davis, Janet Levy, Andrea Thompson - 4x100 (1st)

1990 Kari Keith - javelin (8th); Kim Batten - 100m (8th), 400m hurdles (2nd); Carmellia Shivers - heptathlon (9th); Patrice Verdun, Lisa Horton, Trinet Johnson, Batten - 4x100 (4th)

1991 Holly Kelly - high jump (4th); Carmellia Shivers - heptathlon (10th); Kim Batten - 100m (4th), 400m hurdles (3rd); Andi Lyons, Sheryl Covington, Verdun, Batten - 4x100 (6th)

1992 Trinet Johnson - long jump (6th); Patrice Verdun - 200m (9th); Trinet Johnson, Patrice Verdun, Andi Lyons, Sheryl Covington - 4x100 (7th)

1993 Trinet Johnson - long jump (7th)

LADY SEMINOLE CHAMPIONS

INDIVIDUAL NCAA CHAMPIONS

Tonya Brown - 1982 - Outdoor 400m IH

Michelle Finn - 1985 - Indoor 55m Dash, 1985 - Outdoor 100m Dash

Esmeralda Garcia - 1985 - Indoor Triple Jump, 1985 - Outdoor Triple Jump

Randy Givens - 1984 - Outdoor 100m Dash, 1984 - Outdoor 200m Dash

Marita Payne - 1982 - Outdoor 400m Run, 1984 - Outdoor 400m Run

NCAA CHAMPIONSHIP

RELAY TEAMS

1981 Indoor 800-Meter Relay

1:36.88 Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens

1981 Outdoor 400-Meter Relay

44.35 Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens

1982 Indoor Two-Mile Relay

8:47.27 Janet Wood, Ovrill Dwyer-Brown, Carla Borovicka, Margaret Coomer

1983 Outdoor 400-Meter Relay

42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens

1984 Outdoor 1,600-Meter Relay

3:28.46 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens

1984 Outdoor 400-Meter Relay

43.72 Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens

1987 Outdoor 400-Meter Relay

43.19 Janet Levey, Andrea Thompson, Janet Davis, Michelle Finn

LADY SEMINOLES IN THE OLYMPICS

1992-BARCELONA, SPAIN

Michelle Finn (United States), 400 Meter Relay (Gold Medal)

1988-SEOUL, SOUTH KOREA

Marita Payne (Canada), 400 Meters

1984-LOS ANGELES, CALIFORNIA

Marita Payne (Canada), 400 Meters (4th place), 400 Meter Relay (2nd place), 1600 Meter Relay (2nd place)

Randy Givens (United States),

200 Meters (6th place)

Esmeralda Garcia (Brazil),

100 Meters; Long Jump

Brenda Cliette (United States), 400 Meter Relay (alternate)

Angela Wright-Scott (United States)

Ovrill Dwyer-Brown (Jamaica),

400 Meter Hurdles

WOMEN'S ALL-TIME TOP PERFORMANCES

100 METERS

1. Michelle Finn	11.20	1986
2. Randy Givens	11.27	1984
3. Brenda Cliette	11.30	1983
4. Esmeralda Garcia	11.32	1985
5. Patrice Verdun	11.40	1992
6. Sheryl Covington	11.41	1991
7. Marita Payne	11.43	1983
8. Andrea Thompson	11.44	1989
9. Janet Davis	11.52	1985
10. Angela Curry	11.57	1986

200 METERS

1. Randy Givens	22.30	1983
2. Marita Payne	22.62	1983
3. Janet Davis	22.90	1987
4. Michelle Finn	22.95	1986
5. Patrice Verdun	23.24	1992
7. Sheryl Covington	23.39	1993
8. Lisa Horton	23.60	1989
9. Esmeralda Garcia	23.61	1985
10. Angela Curry	23.84	1986

400 METERS

1. Marita Payne	49.90	1984
2. Janet Davis	52.33	1987
3. Kim Batten	52.53	1991
4. Sheryl Covington	53.09	1992
5. Janet Levy	53.47	1985
6. Andi Lyons	53.88	1990
7. Carol Samuels	54.46	1985
8. Pamela Hawkins	54.48	1985
9. Samantha Green	54.50	1985

800 METERS

1. Orvill Dwyer-Brown	2:00.60	1982
2. Scooby Golden	2:06.60	1983
Angela Harris	2:06.60	1992
4. Janet Wood	2:07.20	1981
Kelley Hackler	2:07.20	1985
6. Rose Giampalmo	2:07.96	1978
7. Samantha Green	2:08.00	1985
8. Jennifer Jones	2:08.60	1986
9. Carrie Boyd	2:12.51	1991

1500 METERS

1. Nancy Rettie	4:18.56	1985
2. Margaret Coomber	4:19.60	1983
3. Carla Borovicka	4:19.92	1983
4. Carrie Boyd	4:23.28	1991
5. Jennie Messinese	4:23.50	1986
6. Brenda Moore	4:31.82	1985

7. Tracy Pepoon	4:33.55	1993
8. Angela Harris	4:34.39	1991
9. Stacey Bowrosen	4:38.60	1992

3000 METERS

1. Margaret Coomber	9:22.94	1984
2. Carla Borovicka	9:36.50	1984
3. Darien Andreu	9:36.64	1981
4. Janie Regis	9:39.39	1985
5. Barbra Mathews	9:42.17	1988
6. Carrie Boyd	9:44.14	1989
7. Janet Bassford	9:46.00	1982
8. Colleen Curren	9:51.43	1983
9. Tracy Pepoon	9:53.91	1993
10. Colleen O'Reilly	10:10.00	1986

5000 METERS

1. Darien Andreu	16:39.40	1981
2. Janie Regis	16:43.50	1985
3. Tracy Pepoon	17:12.66	1993
4. Barbra Mathews	17:42.38	1988
5. Michelle Farrell	17:56.78	1989

10,000 METERS

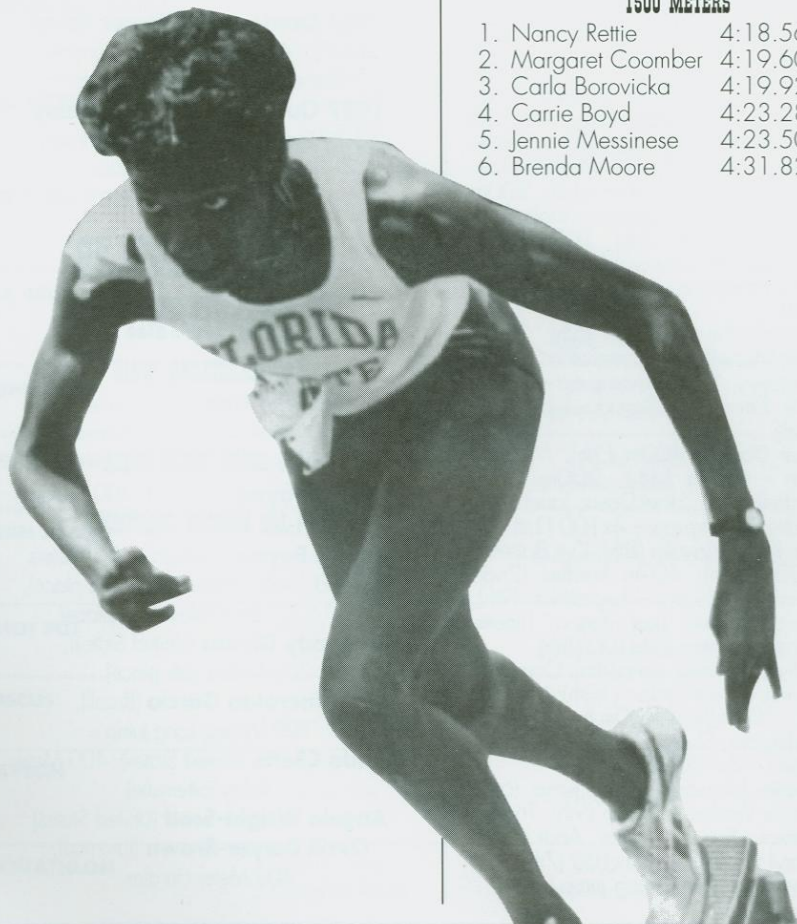
1. Kerrie Yenchak	34:32.05	1987
2. Darien Andreu	34:42.60	1981
3. Janie Regis	35:01.78	1985
4. Janet Bassford	35:52.20	1982
5. Barbra Mathews	36:11.70	1988
6. Michelle Farrell	37:04.90	1989

100 METER HURDLES

1. Kim Batten	13.06	1991
2. Mary Hawkins	13.20	1988
Andrea Thompson	13.20	1988
4. Tonja Brown	13.42	1982
5. Carmellia Shivers	13.62	1991
6. JoAnn Brown	13.71	1985
7. Ann Girvan	13.77	1986
8. Carolyn Faison	13.83	1982
9. Peggy Armand	13.98	1993
10. Kim Stephens	14.10	1992

400 METER INTERMEDIATE HURDLES

1. Kim Batten	53.98	1991
2. Tonja Brown	56.46	1982
3. Angie Wright	56.74	1983
4. Orvill Dwyer-Brown	56.94	1983
5. Carmellia Shivers	58.55	1991
6. Kim Stephens	59.32	1992
7. Chris McKay	59.98	1983
8. Andrea Thompson	1:00.01	1988
9. Fran Gordon	1:01.65	1986
10. Candi Odom	1:01.81	1991



LONG JUMP

1. Sonya Blades	21'8½"	6.61	1990
2. Esmeralda Garcia	21'7½"	6.59	1986
3. Trinette Johnson	21'6"	6.55	1993
4. Kim Batten	20'9"	6.32	1988
5. Alice Bennett	20'6"	6.24	1983
6. Michelle Finn	20'½"	6.10	1987
7. Felicia Evans	19'11½"	6.08	1993
8. Carolyn Hightower	19'2½"	5.85	1988
9. Candi Odom	19'2¼"	5.84	1991
10. Carmellia Shivers	17'11¼"	5.46	1991

TRIPLE JUMP

1. Esmeralda Garcia	44'10¾"	13.68	1986
2. Kim Batten	42'	12.95	1989
3. Felicia Evans	39'7¼"	12.07	1993
4. Janet Levy	37'6"	11.43	1987
5. Petena Moultrie	35'11½"	10.96	1993
5. Sonya Blades	35'3"	10.74	1989

HIGH JUMP

1. Wendy Markham	6'1¼"	1.86	1983
Holly Kelly	6'1¼"	1.86	1989
3. Indianne Henry	6'0½"	1.84	1993
4. Carmellia Shivers	5'9"	1.75	1990
5. Latashia Crews	5'8"	1.73	1985
6. Peggy Armand	5'7"	1.70	1992
7. Kim Stephens	5'5"	1.65	1991
Candi Odom	5'5"	1.65	1991

SHOT PUT

1. Vicki Smith	46'10½"	14.28	1977
2. Donna Williams	46'3"	14.09	1984
3. Eleanor Majors	45'8"	13.92	NA
4. Shannon Cook	44'	13.41	1993
5. Tonya Grannemann	42'3"	12.88	1992
6. Carolyn Darville	41'10½"	12.76	1983
7. Cathy Erickson	41'1"	12.52	1993
8. Latoshia Crews	39'2½"	11.95	1986
9. Hiedi Hargett	36'3"	11.05	1991
10. Carmellia Shivers	33'9½"	10.30	1991

DISCUS

1. Tonya Grannemann	150'5"	45.86	1990
2. Donna Williams	148'7"	45.30	1984
3. Rena Antanelis	145'2"	44.26	1990
4. Kim Travers	140'	42.68	1976
5. Cathy Erickson	139'	42.38	1993
6. Shannon Cook	138'6"	42.22	1993
7. Heidi Hargett	134'9"	41.08	1991
8. Carolyn Darville	133'2"	40.60	1983

JAVELIN

1. Kari Kieth	174'10"	53.30	1990
2. Cheryl Coker	167'	50.90	1985
3. Nancy Townsend	154'9"	47.18	1980
4. Rena Antanelis	149'8"	45.62	1983
5. Laura Gibbons	149'6"	45.58	1972
6. Rosa Diaz	145'6"	44.36	1989
7. Kim Stephens	145'3"	44.28	1991
8. Candi Odom	111'10"	34.10	1991
9. Carmellia Shivers	106'4"	32.42	1991

HEPTATHLON

1. Carmellia Shivers	5410	1991
2. Kim Stephens	5251	1991
3. Candi Odom	4911	1991
4. Latoshia Crews	4900	1985

4X100 RELAY

1. Wright, Payne, Cliette, Givens	42.94	1982
2. Levy, Thompson, Davis, Finn	43.19	1987
3. Finn, Payne, Cliette, Givens	43.40	1984
4. Wright, Payne, Cliette, Givens	43.73	1983
5. Garcia, Finn, Thompson, Levy	43.98	1985
6. Levy, Finn, Thompson, Davis	44.12	1986
7. Johnson, Covington, Verdun, Lyons	44.27	1992
8. Batten, Horton, Verdun, Johnson	44.30	1990
9. Garcia, Payne, Bennett, Givens	44.35	1981
10. Batten, Verdun, Covington, Lyons	44.44	1991
Horton, Thompson, Holmes, Curry	44.58	1988

4 X 400 RELAY

1. Givens, Cliette, Wright, Payne	3:28.46	1983
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2. Wright, Dwyer-Brown, Givens, Payne	3:28.70	1982
3. Davis, Cliette, Givens, Payne	3:28.93	1984
4. Wright, Dwyer-Brown, Golden, Payne	3:34.06	1982
5. Levy, Thompson, Davis, Curry	3:34.07	1987
6. Wright, Golden, Wood, Payne	3:34.80	1981
7. Levy, Finn, Samuels, Davis	3:34.98	1986
8. Payne, Givens, Levy, Cliette	3:36.14	1984
9. Shivers, Lyons, Covington, Batten	3:37.51	1991

4 X 200 RELAY

1. Givens, Cliette, Wright, Payne	1:33.20	1983
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4 X 800 RELAY

1. Coomber, Borovicka, Dwyer-Brown, Wood	8:42.00	1983
2. Stephens, Bowrosen, Severs, Harris	8:47.95	1992



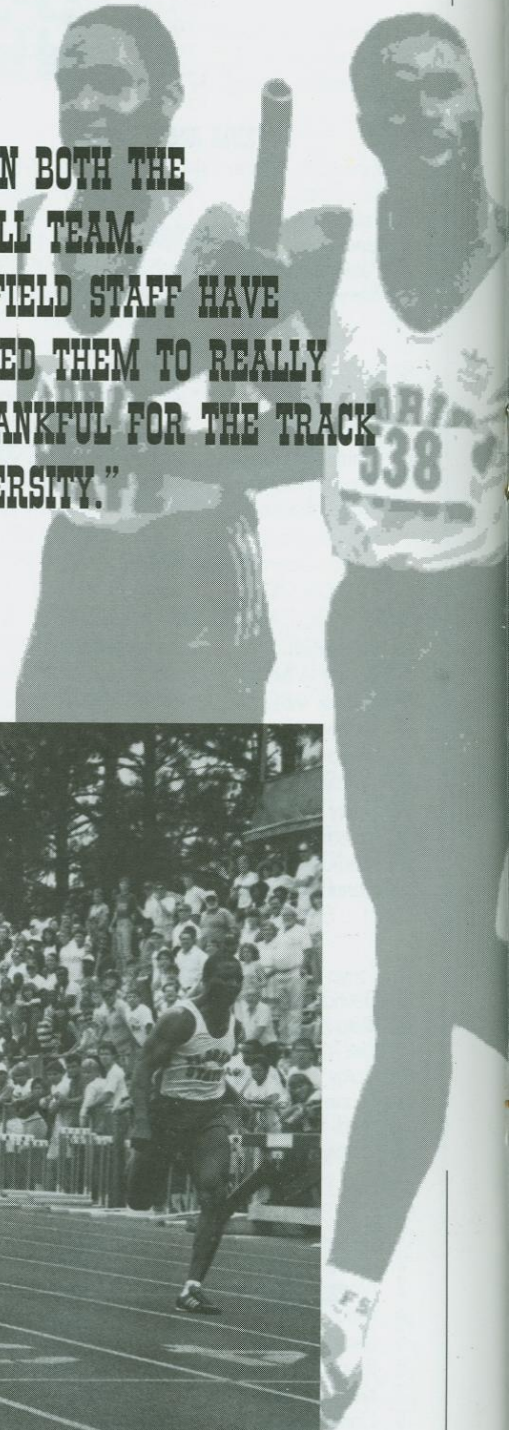
FLORIDA STATE'S TWO-SPORT ATHLETES

"WE ENCOURAGE THE PARTICIPATION BETWEEN BOTH THE TRACK AND FIELD SQUAD AND THE FOOTBALL TEAM.

COACH LONG AND THE FLORIDA STATE TRACK AND FIELD STAFF HAVE WORKED WITH OUR ATHLETES' SPEED AND HAVE HELPED THEM TO REALLY IMPROVE THEMSELVES. WE ARE REALLY PROUD AND THANKFUL FOR THE TRACK PROGRAM HERE AT FLORIDA STATE UNIVERSITY."

BOBBY BOWDEN

HEAD FOOTBALL COACH, FLORIDA STATE UNIVERSITY



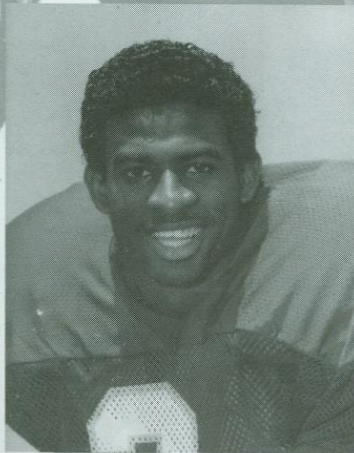
DEION SANDERS AND SAMMIE SMITH

Background, from left:
 ARTHUR BLAKE, DEXTER CARTER,
 SAMMIE SMITH, DEION SANDERS

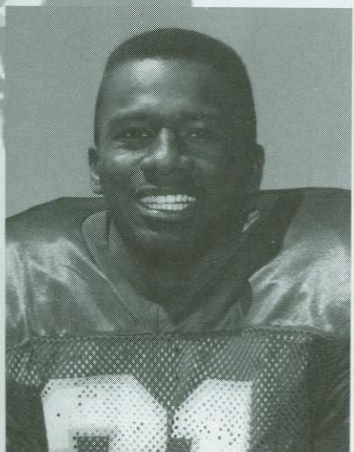
TRACK SEMINOLES IN THE NFL

Here is a list of former Florida State Track Athletes who have played in the National Football League during the '80s and '90s.

NAME	POSITION	CURRENT TEAM
Rohn Stark	Punter	Indianapolis Colts
Jessie Hester	Wide Receiver	Indianapolis Colts
Ken Lanier	Offensive Tackle	Los Angeles Raiders
Bobby Butler	Cornerback	Atlanta Falcons
Martin Mayhew	Defensive Back	Tampa Bay Buccaneers
Deion Sanders	Cornerback	Atlanta Falcons
Dexter Carter	Running Back	San Francisco 49ers
Terrell Buckley	Defensive Back	Green Bay Packers
Shannon Baker	Wide Receiver	Indianapolis Colts
Greg Allen	Running Back	(retired)
Sammie Smith	Running Back	(retired)



DEION SANDERS



TERRELL BUCKLEY

TRACK SEMINOLES HELP WIN NATIONAL FOOTBALL CHAMPIONSHIP

Eight current or former Florida State track athletes were members of FSU's 1993 football team that became the first in school history to win the national championship.

NAME	POSITION	HOMETOWN
Warrick Dunn	Running Back	Baton Rouge, LA
Kevin Knox	Wide Receiver	Niceville, FL
Kez McCorvey	Wide Receiver	Gautier, MS
Wayne Messam	Wide Receiver	Belle Glade, FL
Phillip Riley	Wide Receiver	Orlando, FL
Corey Fuller	Cornerback	Tallahassee, FL
Steve Gilmer	Safety	Tallahassee, FL
Tiger McMillon	Running Back	Kissimmee, FL

THE FSU TRACK EXPERIENCE

WHEN STUDENT ATHLETES COME TO FLORIDA STATE, THEY RECEIVE THE BEST IN TERMS OF ATHLETICS AND ACADEMICS. FROM STATE-OF-THE ART STRENGTH AND CONDITIONING EQUIPMENT, TO INDIVIDUALIZED TUTOR SESSIONS, TO ONE-ON-ONE COACHING, FLORIDA STATE PROVIDES EVERYTHING THAT A STUDENT ATHLETE COULD NEED TO EXCEL IN THE CLASSROOM AND ON THE PLAYING FIELD.



The Florida State track and field team has their own separate strength and training facility within the Mike Long Track Complex. It offers over 3,000 square feet for athletes to improve their strength and flexibility.



Seminole track and field athletes receive individual attention focusing on technique through video analysis and play back on the track office's 48" inch television.



Florida State student athletes receive extra academic attention in their own study hall.



Florida State's southern location and attractive campus make it one of the most popular schools in the country.

MIKE LONG TRACK

Open since 1955, Mike Long Track has been the home of the Seminole track and field program for close to forty years. In its existence, the complex has grown and seen the Seminole track and field program grow into national prominence.

The Mike Long Track complex is recognized as one of the best outdoor facilities in the country. Aside from the 1,500 seat stadium, Florida State track and field athletes have the luxury of working out in a 3,000 square foot strength and training facility adjacent from the track that is used exclusively by Seminole track and

field team members that opened in October of 1989.

That facility also houses the FSU track coaches' offices and also offers the latest in personalized training with the use of video cameras and the facilities

see have played host to the USA Track and Field National Junior Championships in 1988 and the AAU National Championships in 1991. The USA Track and Field National Junior Championships will return to Mike Long in the summer of 1994. Florida State and Mike Long Track also played host to the Atlantic Coast Conference Outdoor Track and Field Championships in its first year in the league, 1992.

Mike Long Track has been the training facility for many national and world class athletes. And as the Seminole track and field program continues to prosper, will continue to host many more.

THE MIKE LONG TRACK COMPLEX IS RECOGNIZED AS ONE OF THE BEST OUTDOOR FACILITIES IN THE COUNTRY

48" inch television to work on technique.

Named after Florida State's first track and field head coach Mike Long, the complex has attracted some of the top track and field meets in the nation. Mike Long Track and the City of Tallahas-



ACC OPPONENTS

CLEMSON UNIVERSITY

Location: Clemson, SC
Enrollment: 17,667
President: Dr. Max Lennon
Athletic Director: Bobby Robinson
Track Facility: Littlejohn Coliseum (indoor); Rock Norman Track Complex (outdoor)
Women's Head Coach: Wayne Coffman
Men's Head Coach: Bob Pollock
1993 Women's Conference Place: Indoor-2nd; Outdoor-2nd
1993 Women's NCAA Place: Indoor-33rd; Outdoor-26th
1993 Men's Conference Place: Indoor-1st; Outdoor-1st
1993 Men's NCAA Place: Indoor-2nd; Outdoor-10th
SID Contact: Annabelle Vaughan
SID Office Phone: (803) 656-2114

DUKE UNIVERSITY

Location: Durham, NC
Enrollment: 5,948
President: Dr. Nan Keohane
Athletic Director: Tom Butters
Track Facility: Wallace Wade Stadium Track
Women's Head Coach: Michael Forbes
Men's Head Coach: Al Buehler
1993 Women's Conference Place: Indoor-9th; Outdoor-9th
1993 Women's NCAA Place: DNP
1993 Men's Conference Place: Indoor-9th; Outdoor-9th
1993 Men's NCAA Place: DNP
SID Contact: Lori Regnier
SID Office Phone: (919) 684-2633

GEORGIA TECH

Location: Atlanta, GA
Enrollment: 12,900
President: Dr. John P. Crecine
Athletic Director: Dr. Homer C. Rice
Track Facility: George C. Griffin Track
Men's Head Coach: Grover Hinsdale
Women's Head Coach: Wendy Truvillion
1993 Women's Conference Place: Indoor-5th; Outdoor-6th

1993 Women's NCAA Place: Indoor-tie 27th; Outdoor-tie 26th
1993 Men's Conference Place: Indoor-4th; Outdoor-5th
1993 Men's NCAA Place: Indoor-7th; Outdoor-15th
SID Contact: Heidi Moshier
SID Office Phone: (404) 894-5445

NORTH CAROLINA STATE UNIVERSITY

Location: Raleigh, NC
Enrollment: 27,150
President: Larry K. Monteith
Athletic Director: Todd Turner
Track Facility: Paul Derr Track
Head Coach: Rollie Gieger
1993 Women's Conference Place: Indoor-7th; Outdoor-8th
1993 Women's NCAA Place: DNP
1993 Men's Conference Place: Indoor-5th; Outdoor-3rd
1993 Men's NCAA Place: Indoor-21st; Outdoor-25th
SID Contact: Darrell Orand
SID Office Phone: (919) 515-1182



UNIVERSITY OF MARYLAND

Location: College Park, MD
Enrollment: 21,799
President: Dr. William Kirwin
Athletic Director: Andy Geiger
Head Coach: Bill Goodman
1993 Women's Conference Place: Indoor-8th; Outdoor-7th
1993 Women's NCAA Place: DNP
1993 Men's Conference Place: Indoor-8th; Outdoor-8th
1993 Men's NCAA Place: DNP
SID Contact: Debbie Drucker
SID Office Phone: (301) 314-7064

UNIVERSITY OF NORTH CAROLINA

Location: Chapel Hill, NC
Enrollment: 23,944
Chancellor: Paul Hardin
Athletic Director: John Swofford
Track Facility: Joe Hecton Complex (indoor); Belk Track at Fetzer Field (outdoor)
Head Coach: Dennis Craddock
1993 Women's Conference Place: Indoor-1st; Outdoor-1st
1993 Women's NCAA Place: Indoor-21st; Outdoor-44th
1993 Men's Conference Place: Indoor-2nd; Outdoor-2nd
1993 Men's NCAA Place: Indoor-9th; Outdoor-34th
SID Contact: Steve Kirschner
SID Office Phone: (919) 962-2123

UNIVERSITY OF VIRGINIA

Location: Charlottesville, VA
Enrollment: 18,016
President: John T. Casteen, III
Athletic Director: Jim Copeland
Track Facility: Lannigan Field
Director of Track: Fred Binggeli
1993 Women's Conference Place: Indoor-4th; Outdoor-3rd
1993 Women's NCAA Place: Indoor-tied 38th; Outdoor-tied 36th
1993 Men's Conference Place: Indoor-7th; Outdoor-7th
1993 Men's NCAA Place: DNP
SID Contact: Cathy Tapogna
SID Office Phone: (804) 982-5500

WAKE FOREST UNIVERSITY

Location: Winston-Salem, NC
Enrollment: 3,600
President: Dr. Thomas K. Hearn, JR
Athletic Director: Ron Wellman
Track Facility: Campus Stadium
Women's Head Coach: Francie Goodridge
Men's Head Coach: John Goodridge
1993 Women's Conference Place: Indoors-6th; Outdoors-5th
1993 Women's NCAA Place: DNP
1993 Men's Conference Place: Indoors-6th; Outdoors-6th
1993 Men's NCAA Place: DNP
SID Contact: Theresa Kelly
SID Office Phone: (919) 759-5640

'94 MEN'S PREVIEW

The 1994 track and field season will mark Florida State's third year in the Atlantic Coast Conference. And the 1994 Seminole men look like they could pose the school's most serious threat to the ACC track and field crown.

Coach Terry Long returns six NCAA qualifiers and two more that exceeded the NCAA's provisional marks. Add to that an impressive list of newcomers and you will understand why Long is enthusiastic about his '94 Seminole squad.

"I think we have a fine group of returning athletes," Long said. "We look like we will be solid in all individual events. And we have also brought in a very good recruiting class."

Among Florida State's best returnees are Jeff Bray (pole vault), Marcus Dixon (hurdles), Jonathan Carter (sprints), Kevin Ansley (sprints), Kelsey Nash (sprints and jumps), Phillip Riley (hurdles), and John Rothell (hurdles). All seven advanced to the NCAA Championships during the 1993 season and Bray, Dixon, Carter, Ansley, and Nash garnered All-American honors a year ago.

"That is a fine nucleus to build around," Long said of the group. "Some of our newcomers and recruits will compliment them well."

Two of the newcomers that could make immediate contributions are freshman Warrick Dunn and junior college transfer Martin Reid. A sprinter, Dunn had an amazing first year with the national champion Florida State football team, and was as highly regarded a track prospect as he was a football player. Reid, from Coffeyville (Kansas) Junior College, may be Florida State's top distance runner in his first year of Division I competition.

Continuing their long-standing tradition of competing with the best, Coach Long has put together another challenging schedule for his team. That competition should prepare the Seminoles well for the conference indoors championships on February 18-19 in Greensboro, North Carolina and the

ACC Outdoor Championships on April 22-23 in Raleigh, North Carolina.

Here is what to expect from the Seminoles in each event:

SPRINTS — This might be the Seminoles most potent area. Jonathan Carter, a junior from Fort Lauderdale, is FSU's top sprinter and will run the 55 indoors, and 100 and 200 outdoors. Carter will be pushed by Warrick Dunn, who is expected to qualify for the NCAA's, Phillip Riley, who will sprint to go along with hurdling duties, and Kelsey Nash. In addition to his hurdles chores, Marcus Dixon will also see some time as a sprinter.

Kevin Ansley will hold down most of Florida State's 400 meter duties. The junior from Live Oak, Florida has placed in the ACC's top three in the 400 during his first two seasons and is posed to make a run for the title this year.

Any combination of the sprinters above should form a lethal relay team and one that can advance to the NCAA Championships.

HURDLES — Dixon returns for his final collegiate season and has a great chance to repeat as an All-American in the 110 meter hurdles. He finished sixth at the NCAA Outdoor Championships and should make a return visit to the NCAAs again this year.

Riley, who doubles as a wide receiver on FSU's national champion football team, was an NCAA indoor qualifier in the 55 hurdles last year and should do the same again this season. Riley, according to Long, "has worlds of potential and can be as good as he wants to be."

Wayne Messam, another football wide receiver, and Don West will also run the 55 and 110 hurdles and should fare well in ACC competition.

John Rothell leads FSU's 400 intermediate hurdle contingent. He was the ACC champion in that event a year ago, before advancing to the NCAA Outdoors. The senior should finish his collegiate career in similar fashion.

Sophomore Tim Franklin is expected to make a strong 400 IM contribution, while freshman Chris Lucas is an

excellent prospect, but may redshirt.

MIDDLE & LONG DISTANCE — Reid will be the leader of this Seminole group. He has great range as a runner and is capable of running anywhere from 800 to 5000 meters. Tim Hampton is in excellent condition and should also be very valuable.

Ian Potter and Jason Kaiser are maturing nicely and should both be able to run between 1500 and 5000 meters. Freshman David Ogletree is a top steeplechase prospect.

THROWS — Five Seminoles will be responsible for FSU's throws.

Lou Angelo, a transfer from the University of Illinois, will be Florida State's top javelin thrower. He won the Big 10 championship in that event last while at Illinois and should qualify for the NCAA Championships. Freshman Justin Johnson was one of the top three prep javelin throwers a year ago and should also make a strong push to qualify for the NCAA field.

Ryan Carson could be Florida State's best all-around thrower and should be a factor in ACC competition. Marc Anderson, who has made good strides in both the shot and discus in the last year, and Anthony Sasso may also be ACC meet scorers.

JUMPS & POLE VAULT — Big things are expected of Nash. He is an NCAA qualifier and FSU record holder in the triple jump and is also FSU's best long jumper. He could qualify for the NCAA Championships in as many as three events and is, as Long describes, "a key guy on our team."

Sophomore Anthony Washington will also triple jump and met NCAA provisional standards in the high jump as a freshman. The FSU coaching staff feels that Washington should make automatic standards this time around. Sophomore Jason Costner should be an ACC scorer in the high jump and freshman Hunter Glaum has a good high jump future but may redshirt this season.

Jeff Bray, the best pole vaulter in FSU history, is one of the nation's best and a national championship may be within his grasp.

'94 MEN'S ROSTER

NAME	EVENT	CL	HOMETOWN	NAME	EVENT	CL	HOMETOWN
Lou Angelo	T	JR	Pittsburgh, PA	Jason Kaiser	D	SR	Sanford, FL
Marc Anderson	T	JR	Westerville, OH	Anton Kelly	MD	FR	Tallahassee, FL
Kevin Ansley	S	JR	Live Oak, FL	Eric Lucas	H	FR	Tallahassee, FL
Jeff Bray	PV	SR	Bloomfield, NM	Todd McBride	J	SO	Seminole, FL
Ryan Carson	T	JR	Sarasota, FL	Wayne Messam	H	SO	Belle Glade, FL
Jonathan Carter	S	JR	Fort Lauderdale, FL	Tim Middelkoop	MD	SO	Tara, Ontario
Jason Costner	HJ	SO	Lakeland, FL	Kelsey Nash	J/S	SR	Atlanta, GA
Marcus Dixon	H	SR	Jacksonville, FL	David Ogletree	D	FR	Tallahassee, FL
Warrick Dunn	S	FR	Baton Rouge, LA	Ian Potter	D	FR	Ottawa, Ontario
Tim Franklin	H	SO	Chattanooga, TN	Martin Reid	MD	JR	St. Catherine, Jamaica
Hunter Glaum	HJ	FR	St. Petersburg, FL	Phillip Riley	H	JR	Orlando, FL
Mark Grey	MD	JR	St. Elizabeth, Jamaica	John Rothell	H	SR	Titusville, FL
Richard Grist	PV	FR	Blakely, GA	Anthony Sasso	T	SO	Cape Coral, FL
Mike Hampton	MD	JR	Punxsutwney, PA	Anthony Washington J	J	SO	Lake Brantley, FL
Justin Johnson	T	FR	Belgrade, MT				

J-Jumps; S-Sprints; H-Hurdles; PV-Pole Vault; ME-Multi Events; MD-Middle Distance; T-Throws; HJ-High Jump; D-Distance; R-Relay



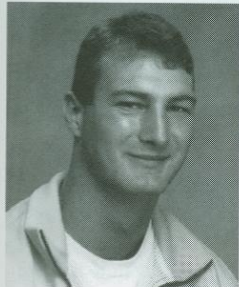
'94 MEN'S BIOS

LOU ANGELO

JUNIOR, PITTSBURGH, PA. (BALDWIN-WHITEHALL HS)
COLLEGIATE BESTS: JAVELIN (220-6)

Enters the Seminole program as a transfer from the University of Illinois ... captured the Big 10 javelin title last year with the Illini ... also holds the Big 10 conference meet record in that event ... considered a team leader by the Seminole coaching staff ... favorite to win the ACC javelin

championship ... should qualify for the NCAA Championships ... **Prep:** second in the state of Pennsylvania in the javelin as a senior at Baldwin-Whitehall High School ... **Personal:** majoring in English Education.



MARC ANDERSON

JUNIOR, WESTERVILLE, OH (ALLIANCE HS)
COLLEGIATE BESTS: SHOT PUT (53-8), HAMMER (110-4)

Transfer from Case Western Reserve University two years ago ... solid at the shot put ... should be a scorer at the Atlantic Coast Conference Championships ... should be a greatly improved discus thrower... **1993:** finished third at the ACC Outdoors in the shot with a throw of

52'11" ... went 52 feet with the shot in his second best performance of the year at the Springtime Invitational ... **Prep:** three time All-Ohio shot put performer... **Personal:** a secondary math education major ... born January 1, 1972.



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KEVIN ANSLEY

JUNIOR, LIVE OAK, FL (SUWANNEE HS)
COLLEGIATE BESTS: 400M (46.23)

Outstanding 400 meter man when healthy ... potential ACC 400 meter champion ... coming off an NCAA Indoor qualifying season in the 400 meters ... outstanding speed and strength ... will anchor FSU's 4 x 100 and 4 x 400 relay teams ... may see some action in the sprints ...

1993: placed third at the ACC Indoors with an FSU indoor record time of 46.73 ... took fourth in the conference outdoors in the 400 in 46.72 ... participated in the NCAA Indoor Championships in Indianapolis despite being slowed by injuries all year ... garnered All-American status in the 4 x 100 relay ... **1992:** an NCAA provisional qualifier...finished fourth at the ACC meet in a season best 46.26...**Prep:** the 1991 state champ in the 400 for Suwannee High...also a Golden South Champion ...named Florida's top sprinter in 1991...**Personal:** a criminology major...born October 23, 1972.



THREE-TIME

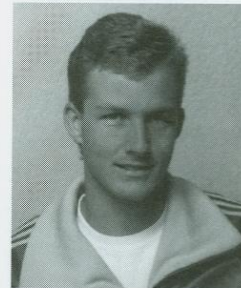
★ ALL-AMERICAN ★

JEFF BRAY

SENIOR, BLOOMFIELD, NM (ELK CITY HS)
COLLEGIATE BESTS: POLE VAULT (18-6.5)

Returns for the final year of his outstanding collegiate career ... one of the top pole vaulters in the country ... considered one of the top track and field athletes in Florida State history ... three time ACC pole vault champion ('92 indoor and outdoor, '93 outdoor) ... fierce competi-

tor ... inspirational team leader ... potential '96 Olympian in Atlanta ... **1993:** took eighth at the NCAA Indoor Championships in Indianapolis with a vault of



17-8.5 ... placed 12th at the NCAA Outdoors in New Orleans ... tied his own ACC indoor record with an 18-0.5 vault at the conference indoor meet ... season

best outdoor performance was a vault of 18-5 at the University of Florida Gator Field Events meet ... **1992:** set the outdoor ACC pole vault record as well as the Florida State record (18-6.5)... an Olympic Trials qualifier ... an automatic NCAA qualifier and finished third at the meet ... **1991:** finished ninth at the NCAA championships ... won the Metro Conference pole vault title ... **1990:** participated in the indoor season only and redshirted during the outdoor season ... **Prep:** the top prep pole vaulter in the nation in 1989 out of Oklahoma's Elk City HS ... *Parade and Track and Field News* High School All-American selection ... a three-time All-State performer ... **Personal:** a physical education major ... born September 8, 1970.

RYAN CARSON

JUNIOR, SARASOTA, FL (RIVERVIEW HS)
COLLEGIATE BESTS: SHOT PUT (54-2.50), DISCUS (163-3)

Expected to be Florida State's best all-around thrower ... coming off a knee



injury but was very impressive in fall training ... coaches expect improved performance from this hard worker ... fine athletic skills ... should be a factor at the conference meet ...

1993: had a third place showing at the ACC indoors in the shot ... placed fifth at the ACC Outdoor meet in both the shot

and discus ... **1992:** placed fifth in the discus and sixth in the shot at the ACC meet ... **Prep:** a third place finisher at the state meet both his junior and senior seasons ... named honorable mention All-American ... **Personal:** a finance major ... born December 14, 1972.

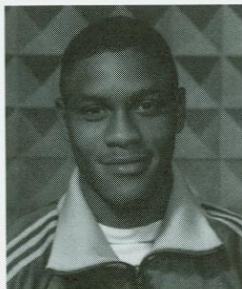
★ ALL-AMERICAN ★

JONATHAN CARTER

JUNIOR, FORT LAUDERDALE, FL (DILLARD HS)

COLLEGIATE BESTS: 55M (6.24), 100M (10.19), 200M (21.34)

Coming off a superb sophomore season ... outstanding sprint talent ... top sprinter



on the men's squad ... potential ACC champion at 55, 100 and 200 meters ... should qualify for both the NCAA Indoor and Outdoor Championships ... standout performer both indoors and outdoors ...

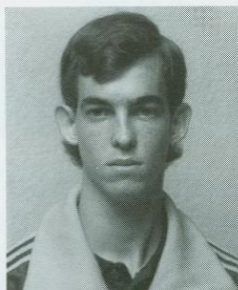
1993: placed third at the ACC Indoors in the 55 meters (6.24) and fourth in the 200 meters (21.44) ... qualified for the NCAA Indoor field in the 55 meters but failed to advance after running a 6.48 in the opening round ... finished third and sixth at the ACC outdoors in the 100 and 200 meters respectively ... ran a career best 10.19 in the 100 at the Run-Tex Invitational to automatically qualify for the NCAA Outdoors ... clocked a 10.46 and was eliminated after the preliminaries at the NCAAs ... earned All-American in the 4x100 relay ... **1992:** red-shirted during the outdoor season after suffering a foot injury ... **Prep:** anchored Florida's fastest 4x100 relay team ever (40.8) ... state champion in the 100 meter dash as a senior at Fort Lauderdale's Dillard High School ... **Personal:** a communications major ... born May 5, 1972.

JASON COSTNER

SOPHOMORE, LAKELAND, FL (LAKELAND CHRISTIAN HS)

COLLEGIATE BESTS: HIGH JUMP (6-6)

Promising young high jumper with excellent ability ... quick leaper but needs to



develop a bit more physically ... could be a point scorer at the conference meets ... **1993:** competed in two events (Florida Classic and Barnett Bank Invitational) during the indoor season ... jumped 6-6 at both meets ... redshirted during the outdoor season ... **Prep:** All-Conference selection at Lakeland Christian High School ... conference, district, and state champion in the high jump during his senior year ... Junior Olympic qualifier ... **Personal:** majoring in art ... born December 1, 1973.

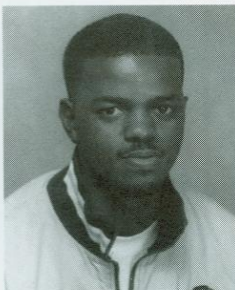
★ ALL-AMERICAN ★

MARCUS DIXON

SENIOR, JACKSONVILLE, FL (RAINES HS)

COLLEGIATE BESTS: 110HH (13.60), 100M (10.66), 200M (21.99)

Enters his senior season as one of Florida State's top returning athletes ... may vie



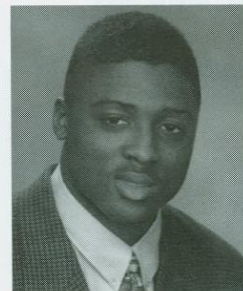
for ACC and NCAA hurdles honors ... expected to match his All-American status of a year ago ... should lead FSU's hurdlers and may also see some time as a sprinter ... **1993:**

capped a remarkable junior season by placing sixth in the 110 high hurdles at the NCAA Outdoors (14:08) and garnering All-American honors ... was an automatic qualifier for the Championships after clocking a 13.65 at the Run-Tex Invitational ... provisional qualifier for the NCAA Indoors in the 55 meter hurdles ... finished sixth in the ACC 55 meter hurdle indoors ... **Prep:** two time state champion in the 110 high hurdles and as a member of the 4 x 400 relay team at Raines High School ... **Personal:** majoring in criminology ... born July 6 1970.

WARRICK DUNN

FRESHMAN, BATON ROUGE, LA (CATHOLIC HS)

Top sprint prospect who doubles as a tailback on Florida State's national championship football team ... very quick out of the blocks ... great competitor ... as highly regarded in track as he was football



while in high school ... counted on for immediate contributions in the 55 meter dash indoors and the 100 dash outdoors ... will also run on the 4x100 relay ... led the Seminole football

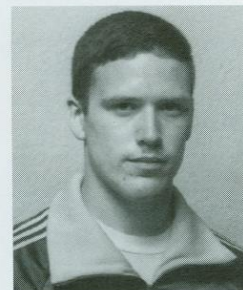
team with 10 touchdowns as a freshman ... **Prep:** Louisiana state champion in the 100 meter dash as a senior at Catholic High School in Baton Rouge ... ran for 1,187 yards and accounted for 17 touchdowns as a senior while playing quarterback ... **Personal:** undecided on a major ... born January 5, 1975.

TIM FRANKLIN

SOPHOMORE, CHATTANOOGA, TN, (MCCALLIE HS)

COLLEGIATE BESTS: 400IH (52.21)

Coaching staff expects strong contributions in the 400 intermediate hurdles ... big, strong athlete ... one of the most improved members of the FSU team ... potential to contend for ACC honors in the 400 hurdles ... **1993:** made a good



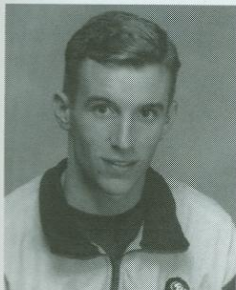
showing at the ACC Championships by finishing third in the 400 intermediate hurdles (52.71) ... ran a season and career best 52.21 and placed first in the 400 intermedi-

ate hurdles at the Don Kirby Memorial ... saw action as a sprinter during the indoor season by running the 200 and 400 meter dashes ... **1992:** redshirted during the outdoor season ... **Prep:** an All-City performer for three years at McCallie High School ... also an All-State selection for three straight years ... holds five McCallie records ... **Personal:** plans to dual major in biology and chemistry ... born May 17, 1973.

HUNTER GLAUM

FRESHMAN, ST. PETERSBURG, FL (SHORECREST HS)

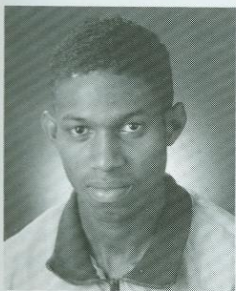
Top high jump prospect who may spend his first season at the collegiate level as a redshirt ... will use his first season in the Seminole program working on his physical training and the improvement of his technique ... coaches feel he has the raw tools to be an outstanding collegian in the future ... **Prep:** three time letter winner in track and field at Shorecrest Prep School in St. Petersburg ... all-conference selection and the team's Most Valuable Athlete ... **Personal:** born on September 9, 1974 ... undecided on a college major.



MARK GREY

JUNIOR, ST. ELIZABETH, JAMAICA
(ST. ELIZABETH TECHNICAL HS)

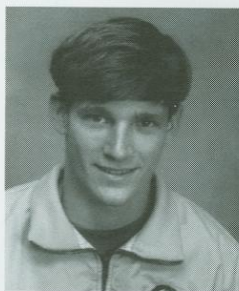
Outstanding middle distance prospect from Jamaica ... transfers into the Seminole track and field program from Coffeyville (Kansas) Junior College ... has natural running ability ... coaches feel he has as great range as a runner ... can run effectively from 400 meters through the mile ... **Prep:** outstanding high school runner at St. Elizabeth Technical High School in St. Elizabeth, Jamaica ... **Personal:** computer science major ... born January 18, 1971.



RICHARD GRIST

FRESHMAN, BLAKELY, GA (EARLY COUNTY HS)

Young pole vaulter who may also spend his first year in the Seminole program as a redshirt ... will benefit from working with All-American pole vaulter Jeff Bray ... will improve his strength and endurance after a year in the Seminole weight



MIKE HAMPTON

JUNIOR, PUNXSUTWNEY, PA
(PUNXSUTWNEY HS)

COLLEGIATE BESTS: 800M (1:51.20), 1500M (3:49.21)

One of Florida State's two best distance runners ... potential scorer at the ACC Championships ... will run in the 3000 indoor and focus on the 1500 outdoors ... **1993:**



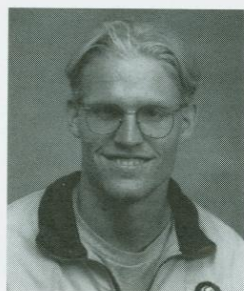
placed eighth in the 1500 meters at the ACC Outdoors a year ago ... best time of the season was a 3:49.21 in the 1500 at the Gator Twilights ... ran in

just one indoor meet, the Florida Invitational ... **1992:** spent the outdoor season as a redshirt due to illness ... **1991:** finished third in 1500 meter run at the Metro Championships ... **Prep:** ran the second best 1500 time by a prep in the nation for 1990 (3:50.1) ... a high school All-American ... two time Pennsylvania state champion in the mile ... **Personal:** a communications major ... born January 28, 1972.

JUSTIN JOHNSON

FRESHMAN, BELGRADE, MT (BELGRADE HS)

One of the top javelin throwing recruits in the country a year ago ... expected to come in and contribute right away ...



forms one of the country's top javelin throwing tandems with Illinois transfer Lou Angelo ... potential NCAA qualifier ... may contend for ACC honors ...

room ... **Prep:** all-conference and all-state pick while at Early County high School ... **Personal:** plans to major in business while at FSU.

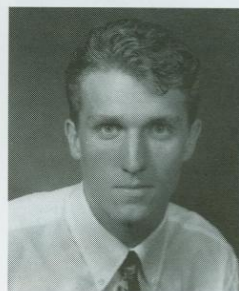
Prep: Montana state high school champion in the javelin ... had the second best throw by a prep in the nation last year ... carried a 3.6 GPA throughout high school ... a high school All-American ... **Personal:** plans to major in biological sciences ... born November 24, 1974.

JASON KAISER

SENIOR, SANFORD, FL (SEMINOLE HS)

COLLEGIATE BESTS: 1500M (4:07.52),
3000M (8:49.50), 5000M (15:04.08)

Enters his final season of track and field after having his best cross country season



ever during the fall ... mature runner who is expected to score at the ACC meet in the 5000 meters ... needs to stay healthy to have an effective season ...

1993: had his career best performance in the 5000 at the Spring Track Classic (15:04.08) ... finished 29th at the ACCs in the 5000 ... ran in a pair of indoor meets (Florida Classic and the Barnett Bank Invitational) ... **Prep:** district and regional champion in the two mile at Seminole High School in Sanford, FL ... winner of the Orlando Amateur Sportsmanship Award ... **Personal:** double major in English and real estate.

ANTON KELLY

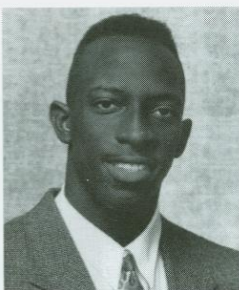
FRESHMAN, TALLAHASSEE, FL (LINCOLN HS)

Fine middle distance prospect from the city of Tallahassee ... will most likely redshirt during the indoor season but



compete during the outdoor season ... good size for a middle distance runner ...

Prep: Big Bend Track Athlete of the Year as a senior at Lincoln High School ... one of the top half milers in the state of Florida as a senior ... finished fifth in the 800 meter run at the Class AAAA state high school championships ... **Personal:** plans to major in pre-med ... born September 27, 1974.



two-sport athlete who doubles as a wide receiver on the national champion football team ... **Prep:** all-state track and field selection at Central High School ... also one of

the nation's top 100 high school football players as a senior ... **Personal:** born June 7, 1974 ... plans to major in biological services.

TIM MIDDLEKOOP

SOPHOMORE, TARA, ONTARIO
(CHESLEY DISTRICT HS)

CAREER BESTS: 400M (47.54), 800M (1:49.45)

One of the top middle distance runners in the Seminole program ... excellent leg speed ... may contend for the ACC title in the indoor and outdoor 800 meters ...



1993: placed third in the ACC Indoor 800 (1:51.12) and sixth in the conference outdoor 800 (1:51.35) ... placed first at the Gator Twilight

in the 800 meters by clocking in at 1:49.45 ... **Prep:** took third in both the 400 and 800 meters at the Canadian Junior Nationals in 1990 ... **Personal:** plans to major in industrial engineering ... born April 15, 1972.

☆ ALL-AMERICAN ☆

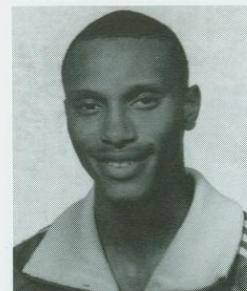
KELSEY NASH

SENIOR, MABLETON, GA
(WESTMINSTER SCHOOL)

COLLEGIATE BESTS: 100M (10.57), 200M (21.27), 400M (54.43); LONG JUMP (25-0); TRIPLE JUMP (54-6)

Popular team leader who provides the Seminoles with great versatility ... can be used in the sprints up to 400 meters and is also an excellent long and triple jumper ... expected to repeat as an All-American in his final collegiate season ... school record holder in the indoor (51-11.25) and outdoor triple jump (54-6) ... **1993:** provisional qualifier for the NCAA In-

door Championships in the triple jump ... finished fifth in both the long (24-0.25) and triple jumps (50-10) at the ACC Indoors ... fourth at the ACC Outdoors in the long (24-11) and triple jumps (48-11) ... also placed eighth in the 400



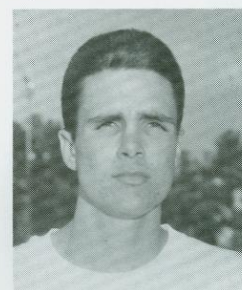
intermediate hurdles (54.43) ... part of the Seminole 4 x 100 All-American relay team that placed eighth at the NCAA Outdoors (39.84) ... **1992:**

Olympic Trials and NCAA automatic qualifier ... ACC Outdoor champion in the triple jump with a school record leap of 54-6 ... **1991:** Metro Conference champion in the triple jump ... finished third in the long jump at the Metro Championships ... **Prep:** state triple jump champion in 1988 and 1989 ... took the state 300 meter hurdles in 1988 and the 200 meter dash in 1990 ... Atlanta Track Club Athlete of the Year in 1989 and 1990 ... **Personal:** majoring in criminology ... born July 19, 1971.

DAVID OGLETREE

FRESHMAN, TALLAHASSEE, FL (LINCOLN HS)

One of three freshman on this year's squad from Tallahassee's Lincoln High



School ... will run the steeplechase during the outdoor season ... great potential and a possible future conference champion ... **Prep:** city and district champion in both the one and

two mile ... regional champ in the two mile ... Big Bend cross country athlete of the year as a senior ... all-state in cross country as a junior ... **Personal:** undecided on a major ... born August 12, 1974.

IAN POTTER

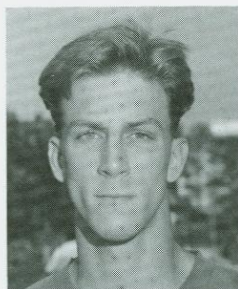
FRESHMAN, OTTAWA, ONTARIO
(GLOBE COLLEGIATE INSTITUTE HS)
CAREER BESTS: 1500M (3:59), 800M (1:55.8)

Excellent prospect in the distance events ... coaches feel he is maturing quickly

TODD McBRIDE

SOPHOMORE, SEMINOLE, FL (SEMINOLE HS)
COLLEGIATE BESTS: LONG JUMP (21-2),
TRIPLE JUMP (43-5)

All-around physical talent ... skilled long and triple jumper who may also run some sprints ... will provide quality support to Kelsey Nash in both jumps ...



1993: competed in one indoor event, the Florida Invitational, and triple jumped 43-2.5 ... jumped in three outdoor events with his best showing at

the Spring Track Classic ... finished fourth in the triple (42-8.25) and sixth in the long (20-7.25) ... **Prep:** track and field standout at Seminole High School ... **Personal:** majoring in geology ... celebrates a February 9th (1974) birthday.

WAYNE MESSAM

SOPHOMORE, BELLE GLADE, FL (CENTRAL HS)
COLLEGIATE BESTS: 110HH (14.91)

Vastly improved hurdler who should score at the both the ACC indoor and outdoor meets ... may also run some sprints during both the indoor and outdoor seasons ... raw talent who adds to FSU's deep lineup of hurdlers ... another FSU



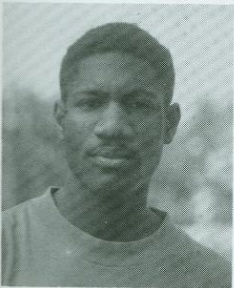
and could be a factor at the ACC Championships ... will run the 1500 meters and the 5000 indoors and outdoors ... impressive during fall conditioning drills ...

1993: competed at four meets during the indoor season ... best showing was a fourth place finish in the mile at the Barnett Bank Invitational (4:21.85) ... reshirted during the outdoor campaign ... **Prep:** placed ninth at the Canadian Junior Championships in cross country ... first alternate to the Canadian Junior team ... **Personal:** plans on majoring in business ... born May 17, 1973.

MARTIN REID

**JUNIOR, ST. CATHERINE, JAMAICA
(ST. CATHERINE HS)**

Talented distance runner who transferred into the Florida State program from Coffeyville (Kansas) Junior College ... great range as a runner ... may run from 800 to 5000 meters ... efficient while running... very valuable member of the distance corps ...



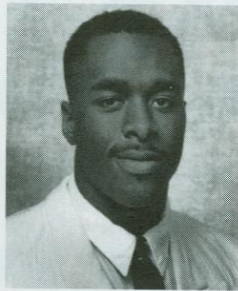
may also run some distance relays ...

Prep: track standout while at St. Catherine High School ... **Personal:** born January 21, 1971 ... majoring in civil engineering.

PHILLIP RILEY

**JUNIOR, ORLANDO, FL (JONES HS)
COLLEGIATE BESTS: 55M (7.13), 55M HURDLES (6.21)**

Potential All-American after a great showing during his first season at FSU ... FSU coaches believe he can be a great as he wants to be ... has worlds of potential ... will challenge for ACC titles in the 55 and 110 hurdles ... will also see time as a sprinter ... also plays wide receiver for the football national champs ... national junior college indoor 55 meter high hurdles champion two years ago ... **1993:** automatically qualified for the



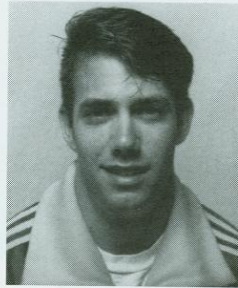
NCAA Indoor Championships by clocking a 7.13 55 meter hurdles time at the Barnett Bank Invitational ... that time broke the University of Florida's O'Connell Center record previ-

ously held by FSU Olympian Arthur Blake and NFL wide receiver Willie Gault ... advanced to the semifinals at the NCAAs but did not finish that race ... provisionally qualified for the 55 meter dash but did not compete ... **Prep:** state champion in both the 110m and 300m hurdles as a junior at Orlando's Jones High School ... the third-fastest high school senior in the country ... *Parade* All-American as a wide receiver ... **Personal:** has yet to decide on a major ... born September 24, 1972.

JOHN ROTHELL

**JUNIOR, TITUSVILLE, FL (ASTRONAUT HS)
COLLEGIATE BESTS: 400M INTERMEDIATE
HURDLES (50.45)**

Another in Florida State's deep talented line of hurdlers ... could repeat as the ACC's 400 intermediate hurdles champion ... great technique and form... could challenge for All-American status after qualifying for the NCAA Outdoor Championships last year ... **1993:** ran a 51.11 400 intermediate hurdles but did not advance at the NCAA Outdoors ... ACC champ in that event by clocking a 51.72 ... automatically advanced to the NCAAs with a 50.45 time at the Run-Tex Invitational ...



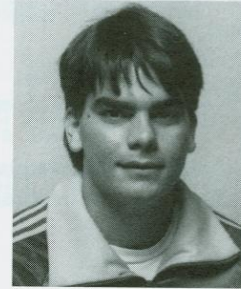
1992: sat out both the indoor and outdoor seasons as a redshirt ... **1991:** an Olympic Trials qualifier... Pan-Am Junior Champion 400 hurdles... also a Junior TAC National Champion... **Prep:** a prep All-American intermediate hurdler... Junior Olympic National Champion... ranked No. 1 in the nation by USA Today in the 400 IH in 1989... an All-Space Coast, All-Conference, and All-Brevard County selection ... **Personal:** undecided on a major... born March 29, 1972.

1993: ran a 51.11 400 intermediate hurdles but did not advance at the NCAA Outdoors ... ACC champ in that event by clocking a 51.72 ... automatically advanced to the NCAAs with a 50.45 time at the Run-Tex Invitational ...

ANTHONY SASSO

**SOPHOMORE, CAPE CORAL, FL (CAPE CORAL HS)
COLLEGIATE BESTS: SHOT (47-2.25), DISCUS (146-11)**

Top discus thrower on the Florida State team ... should score in the discus at the outdoor conference meet ... improved strength since last year and had a strong fall ... **1993:** finished ninth in the discus at the ACC meet (142-8) ... placed 12th in the shot put (44-1.25) ... best discus throw

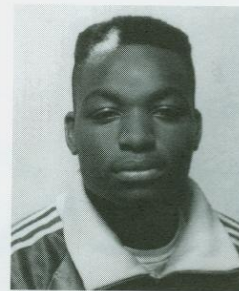


of the year came at the Springtime Invitational with a mark of 146-11 ... put the shot 47-2.25 at the Gator Field Events for a season and career best ... **Prep:** placed fourth in the state meet his senior year ... **Personal:** majoring in mechanical engineering ... born March 12, 1974.

ANTHONY WASHINGTON

**SOPHOMORE, ALTAMONTE SPRINGS, FL
(LAKE BRANTLEY HS)
COLLEGIATE BESTS: HIGH JUMP (6-10.75),
TRIPLE JUMP (48-0.75)**

Great jumps prospect who may surprise at the conference meets ... needs to develop more focus to reach the next level ... fine all-around athlete ... possible NCAA high jumper ... has the



potential to be as good as any jumper in Florida State history ... **1993:** third at the ACC Indoors with an NCAA provisional high jump of 7-1 ... eighth in the conference indoor triple jump (48-8.75) ... fifth at the ACC Outdoor in the high jump with a leap of 6-10.75 ... **Prep:** received the Guy Garrett Award as Lake Brantley's best male athlete ... honorable mention all-state in basketball ... **Personal:** majoring in psychology ... born October 7, 1973.

'93 SEMINOLE REVIEW

The 1993 men's track and field season was another stellar year for head coach Terry Long's Seminoles. Florida State had 12 individuals qualify for both NCAA Championships.

FSU took four athletes to the NCAA Indoors in Indianapolis and eight to the NCAA Outdoors in New Orleans.

The Seminoles were again an Atlantic Coast Conference team to contend with. The FSU men finished third at the league's indoor meet in Johnson City, Tennessee and placed fourth at the outdoor championships in Chapel Hill, North Carolina.

Three FSU men earned All-ACC honors after conference competition. Leading the way was pole vaulter Jeff Bray who was named to both the indoor and

outdoor teams after sweeping the event at both meets. High jumper Kevin Crist made the indoor team after winning that event in Johnson City. John Rothell rounded out the Tribe contingent by being named to the outdoor team. He won the 400

did not advance in their respective events.

The Seminole men fared better at the NCAA Outdoor Championships. Kevin Crist (fourth place, high jump), Marcus Dixon (sixth place, 110 meter hurdles), and the relay team of Carter, Dixon, Ansley, and Kelsey Nash (eighth place, 4x100 relay) all earned All-American honors.

Carter (100 meter dash), Rothell (400 meter intermediate hurdles), and Darren Nutt (110 meter

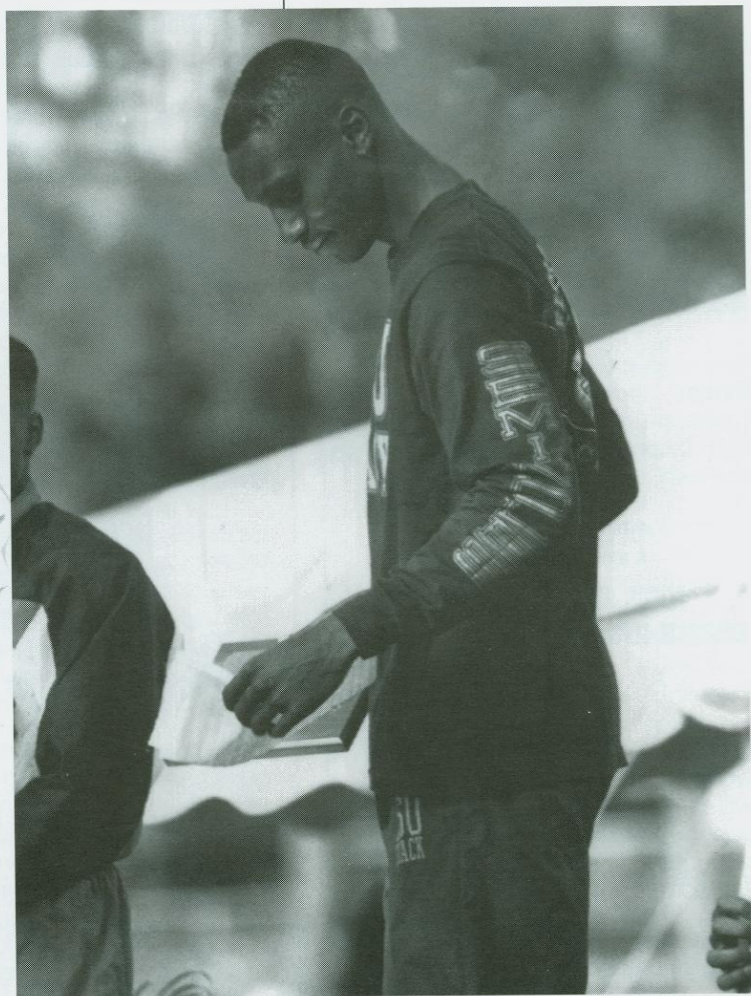
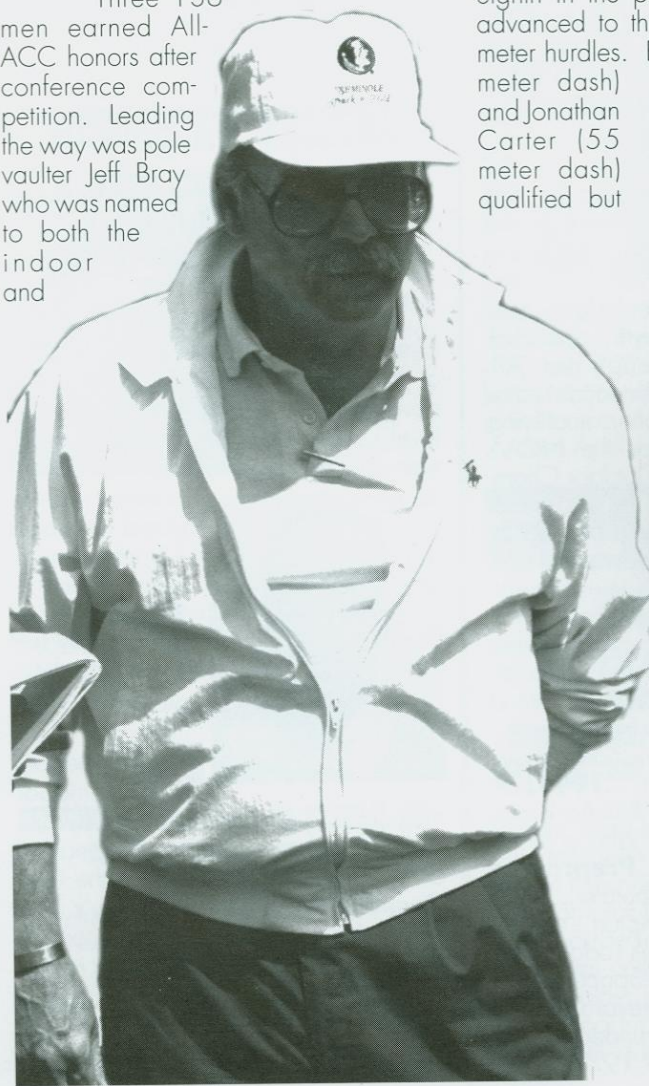
hurdles) all qualified for the meet but did not advance.

The strong FSU showing produced a 31st place tie in the overall standings. Long had molded another outstanding track and field team and was looking forward to 1994 as six NCAA qualifiers would return.

THE FSU MEN FINISHED THIRD AT THE ACC INDOOR MEET...THEN PLACED FOURTH AT THE OUTDOOR CHAMPIONSHIPS

meter intermediate hurdles at the outdoor meet.

At the NCAA Indoor Championships, Bray was Florida State's best finisher. He cleared 17'8.5" to place eighth in the pole vault. Phillip Riley advanced to the semi-finals in the 55 meter hurdles. Both Kevin Ansley (400 meter dash) and Jonathan Carter (55 meter dash) qualified but



'94 NCAA MEN'S QUALIFYING MARKS

OUTDOOR

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
100 METER DASH	10.22	—	10.40	—
200 METER DASH	20.55	—	20.90	—
400 METER DASH	45.70	45.4	46.60	46.3
800 METER RUN	1:47.50	1:47.2	1:48.95	1:48.7
1500 METER RUN*	3:41.40	3:41.1	3:46.00	3:45.7
MILE RUN*	3:59.09	3:58.8	4:04.06	4:03.7
3000 METER				
STEEPLECHASE*	8:44.00	8:43.7	8:55.00	8:54.7
5000 METER RUN*	13:52.00	13:51.7	14:15.00	14:14.7
10,000 METER RUN*	28:58.00	28:57.7	29:45.00	29:44.7
110 METER HURDLES	13.72	—	14.02	—
400 METER HURDLES	50.70	50.4	51.60	51.3
400 METER RELAY	39.45	39.2	40.00	39.7
440 YARD RELAY	39.65	39.4	40.20	39.9
1600 METER RELAY	3:04.70	3:04.4	3:07.50	3:07.3
MILE RELAY	3:05.90	3:05.6	3:08.70	3:08.5
HIGH JUMP	2.25M	—	2.18M	—
LONG JUMP	8.05M	—	7.70M	—
TRIPLE JUMP	16.40M	—	15.80M	—
SHOT PUT	18.80M	—	17.50M	—
POLE VAULT	5.52M	—	5.30M	—
DISCUS	59.00M	—	54.50M	—
JAVELIN	74.00M	—	68.00M	—
HAMMER	65.00M	—	59.50M	—
DECATHALON	7,700	—	7,100	—

* - Altitude adjustment available

1994 NCAA® DIVISION I MEN'S AND WOMEN'S



1994 DIVISION I MEN'S & WOMEN'S OUTDOOR CHAMPIONSHIP

INDOOR

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 METERS	6.18	—	6.28	—
55-METER HURDLES	7.24	—	7.38	—
200 METERS				
(Under 200m/220 yds)*	21.18	—	21.60	—
(200m/220 yds)*	21.08	—	21.50	—
(Over 200m/220 yds)*	20.78	—	21.20	—
400 METERS				
(Under 200m/220 yds)*	47.10	46.8	48.20	47.9
(200m/220 yds)*	46.70	46.4	47.80	47.5
(Over 200m/220 yds)*	46.10	45.8	47.20	46.9
800 METERS				
(200m/220 yds or less)*	1:49.10	1:48.8	1:51.00	1:50.7
(Over 200m/220 yds)*	1:48.10	1:47.8	1:50.00	1:49.7
MILE*				
(200m/220 yds or less)*	4:01.80	4:01.5	4:07.00	4:06.7
(Over 200m/220 yds)*	4:00.20	3:59.9	4:05.40	4:05.1
3,000 METERS*				
(200m/220 yds or less)*	8:01.20	8:00.9	8:12.00	8:11.7
(Over 200m/220 yds)*	7:58.60	7:58.3	8:09.40	8:09.1
5,000 METERS*				
(200m/220 yds or less)*	13:59.00	13:58.7	14:15.00	14:14.7
(Over 200m/220 yds)*	13:55.30	13:55.0	14:11.30	14:11.0
1,600-METER RELAY				
(Under 200m/220 yds)*	3:11.80	3:11.5	3:14.80	3:14.5
(200m/220 yds)*	3:09.00	3:08.7	3:12.00	3:11.7
(Over 200m/220 yds)*	3:06.20	3:05.9	3:09.20	3:08.9
MILE RELAY				
(Under 200m/220 yds)*	3:13.00	3:12.7	3:16.00	3:15.7
(200m/220 yds)*	3:10.20	3:09.9	3:13.20	3:12.9
(Over 200m/220 yds)*	3:07.40	3:07.1	3:10.40	3:10.1
3,200-METER RELAY				
(Under 200m/220 yds or less)*	7:24.00	7:23.7	7:32.00	7:31.7
(Over 200m/220 yds)*	7:20.00	7:19.7	7:28.00	7:27.7
TWO-MILE RELAY				
(Under 200m/220 yds or less)*	7:27.00	7:26.7	7:35.00	7:34.7
(Over 200m/220 yds)*	7:23.00	7:22.7	7:31.00	7:30.7
HIGH JUMP	2.25M	—	2.16M	—
LONG JUMP	7.90M	—	7.62M	—
TRIPLE JUMP	16.20M	—	15.70M	—
POLE VAULT	5.48M	—	5.25M	—
SHOT PUT	18.60	—	17.50	—
35-POUND WEIGHT	19.75	—	18.40	—

* - Size of track.

- Altitude adjustment available.

MEN'S RECORDS

EVENT	FSU OUTDOOR RECORD	MIKE LONG TRACK RECORD	ACC OUTDOOR RECORD	COLLEGIATE RECORD
100 METER DASH	10.08, 1979 Mike Roberson	10.11, 1988 Andre Cason, Texas A&M	10.03, 1993 James Trapp, Clemson	9.91, 1992 Davidson Ezinwa, Azusa/NGR
200 METER DASH	20.08, 1980 Mike Roberson	20.47, 1979 James Mallard, Alabama	20.27, 1988 Danny Peebles, N.C. State	*19.75, 1988 Joe DeLoach, Houston
400 METER DASH	44.99, 1981 Walter McCoy	45.34, 1984 James Rolle, Bud Light TC	44.71, 1984 Antonio McKay, Georgia Tech	43.50, 1992 Quincy Watts, Southern California
800 METER RUN	1:46.19, 1986 Ocky Clark	1:46.61, 1985 Ocky Clark, Bud Light TC	1:43.16, 1989 Paul Ereg, Virginia	1:41.77, 1984 Joaquinn Cruz, Oregon
1500 METER RUN	3:43.02, 1986 Ocky Clark	3:43.02, 1986 Ocky Clark, FSU	3:38.57, 1987 Terrance Herrington, Clemson	3:31.71, 1987 Abdl Bile, George Mason
3000 METER STEEPLECHASE	8:52.7, 1976 Bobby James	8:26.46, 1986 Brian Abshire, Auburn	8:21.72, 1981 Hans Koeleman, Clemson	8:05.4, 1978 Henry Rono, Wa. St /KEN
5000 METER RUN	13:53.26, 1982 Herb Wills	13:45.2, 1982 Barry Brown, Florida Track Club	13:24.46, 1984 Stijn Jaspers, Clemson	13:08.04, 1978 Henry Rono, Wa. St /KEN
10,000 METER RUN	28:58.7, 1982 Herb Wills	29:06.0, 1983 Jim Saplenza, Dartmouth	28:48.37, 1991 Bob Henes, N.C. State	27:22.47, 1978 Henry Rono, Wa. St /KEN
110 HIGH HURDLES	13.29, 1987 Arthur Blake National Sports Festival	13.27, 1990 Arthur Blake, Mazda TC	13.00, 1979 Renaldo Nehemiah, Maryland	13.00, 1979 Renaldo Nehemiah, Maryland
400 IM HURDLES	49.33, 1985 Leander McKenzie	49.36, 1985 Tony Rambo, Bud Light TC	48.60, 1986 Derrick Adkins, Georgia Tech	47.45, 1977 Edwin Moses, Morehouse
4 X 100M RELAY	39.34c, 1977 Roberson, Walker, Merrick, Forbes	39.15, 1984 Butler, Krulee, Smith, Lattany, Bud Light TC	39.07, 1989 Bryant, Frazier, Brooks, Braunskill, N.C. State	38.23, 1989 Porter, Smith, Scholars, Stewart, Texas Christian
4 X 400M RELAY	3:03.76, 1986 Williams, McKenzie, Waddell, Johnson	3:03.34, 1985 Krehnbrink, Hind, Bernard, Armour, Georgia Tech	2:59.95, 1992 Terry, Amedee, Adkins, Mills Georgia Tech	2:59.91, 1988 Lewis, Young, Everett, Thomas, UCLA
HAMMER	215-8, 1986 Horatio Garcia	221-8½, 1983 Derrin Hegerty, Boston	199-3, 1981 Al Baginski, Maryland	257-0, 1986 Ken Flax, Oregon
SHOT PUT	60-8, 1987 Mike Bell	64-0, 1986 Mike Spiritoso, Clemson	68-4¼, 1986 Mike Spiritoso, Clemson	71-11, 1984 John Brenner, UCLA
DISCUS	212-6, 1979 Brad Cooper	211-4, 1986 Brad Cooper, Bahamas TC	203-4, 1982 Jack Harkness, Clemson	232-4, 1992 Kamy Keshmiri, Nevada
JAVELIN	250-4, 1981 Hank Langee	248-5, 1988 Tom Pukstys, DuPage	240-8, 1992 Sean Murray, North Carolina	292-4, 1990 Patrick Bodin, Texas
HIGH JUMP	7-5¼, 1993 Kevin Crist	7-5¼, 1993 Kevin Crist, Florida State	7-6, 1986 Victor Smalls, Clemson	7-10, 1989 Hollis Conway, Southwestern Louisiana
LONG JUMP	25-11½, 1983 Mark Freeman	27-6¾, 1982 Larry Myricks, Unattached	26-2¼, 1985 Jake Howard, N.C. State	28-3½, 1981 Carl Lewis, Houston
TRIPLE JUMP	54-6, 1992 Kelsey Nash	54-0¾, 1984 Charlie Simpkins, Liberty Baptist	55-3, 1979 Dennis Ivory, Maryland	58-7¼, 1985 Charlie Simpkins, Liberty Baptist
DECATHLON	7612, 1981 Rohn Stark	7873, 1990 Kevin McGorty, Unattached	7920, 1992 Stephen Dunphy, Virginia	8322, 1986 Mike Ramos, Washington
POLE VAULT	18-6½, 1992 Jeff Bray, Florida State	18-6½, 1992 Jeff Bray, Florida State	18-6½, 1992 Jeff Bray, Florida State	19-2¼, 1985 Joe Dial, Oklahoma State

SEMINOLE ALL-AMERICANS

CROSS COUNTRY

- 1969 Ken Misner
- 1970 Ken Misner
- 1971 Bobby Brooks
- 1981 Herb Wills

INDOOR

- 1980 Mel Boodie, Walter McCoy, Reggie Ross, Palmer Simmons - mile relay (1st)
- 1982 Philip Rolle - 800 yards
- 1984 Reggie Ross - 4x400
- 1987 Arthur Blake - 55m hurdles
- 1988 Arthur Blake - 55m hurdles
- 1991 Kevin Crist - high jump
- 1992 Kevin Crist - high jump
- 1993 Jeff Bray - pole vault

OUTDOOR

- 1963 Carter Williams - shot put
- 1968 Mike Kelly - 120-yd hurdles
- 1969 Doug Brown - 100 yards; Mike Kelly - 120-yd hurdles; Mike Kelly - 440-yd IM hurdles; Phil Parker - triple jump
- 1971 Ken Misner - 3 and 6 miles
- 1972 Joel Garren - 200 m
- 1973 Danny Smith - 60-yd hurdles
- 1974 Tyrone Frederick - 880 yards; Danny Smith - 60-yd hurdles (1st), 120-yd hurdles
- 1975 Rudy Falana - long jump; Jesse Forbes - 100 yards; Charlie Harris - triple jump; Tyrone Frederick - 880 yards; Danny Smith - 60-yd hurdles (1st)
- 1976 Don Merrick - 60 yards; Mike Roberson - 200m; Phares Rolle - pole vault
- 1977 Mike Roberson - 60-yd hurdles
- 1978 Bradley Cooper - discus; Rudy Forbes - 100m; Walter McCoy - 600 yards (1st), 400m; Rudy Forbes, Kevin Johnson, Walter McCoy, Mike Roberson - 4x100; Walter McCoy, Ron Nelson, Mike Roberson, John Walker - mile relay
- 1979 Bradley Cooper - discus (1st); Walter McCoy - 400m; Earl Carruthers, Walter McCoy, Palmer Simmons, Ron Nelson - 4x400
- 1981 Walter McCoy - 400m; Philip Rolle - 800m; Rohn Stark - decathlon; Herb Wills - 10,000m; Don Frost, Walter McCoy, Ronnie Taylor, Chip Wells - 4x100; Lynn Brown, Walter

- McCoy, Ron Nelson, Philip Rolle - 4x400
- 1982 Ronnie Taylor - 200m; Herb Wills - 10,000m
- 1984 Leander McKenzie - 400m IM hurdles; Kenny Smith - high jump; Charlie Carr, Leander McKenzie, Vince Washington, Reggie Ross - 4x400
- 1985 Leander McKenzie - 400m IM hurdles; Kevin Gordon, Thomas Johnson, Leander McKenzie, Vince Washington - 4x400
- 1986 Ocky Clark - 800m; Leander McKenzie - 400m IM hurdles; Thomas Johnson, Leander McKenzie, Clark Waddell, Carter Williams - 4x400
- 1987 Horatio Garcia - hammer
- 1988 Arthur Blake - 110m hurdles
- 1989 Larry Carr - pole vault
- 1990 Larry Carr - pole vault
- 1992 Kevin Crist - high jump; Jeff Bray - pole vault
- 1993 Kevin Crist - high jump; Marcus Dixon - 110m hurdles; Jonathan Carter, Kevin Ansley, Kelsey Nash, Dixon - 4x100

SEMINOLE CHAMPIONS

NATIONAL CHAMPIONSHIP RELAYS

1980 OUTDOOR MILE RELAY

Reggie Ross, Melford Boodie, Palmer Simmons, Walter McCoy

INDIVIDUAL NCAA CHAMPIONS

- Danny Smith** - 1974 - Indoor 60-yd. HH, 1975 - Indoor 60-yd. HH
- Walter McCoy** - 1978 - Outdoor 600-yd. Run
- Bradley Cooper** - 1979 - Outdoor Discus
- Mike Roberson** - 1980 - Outdoor 200m Dash

SEMINOLES IN THE OLYMPICS

1992-BARCELONA, SPAIN

Arthur Blake (United States), 110 Hurdles

Tom Reither (Chile), Pole Vault

1988-SEOUL, SOUTH KOREA

Arthur Blake (United States), 110 Hurdles (8th place)

Bradley Cooper (Bahamas), Discus

1984-LOS ANGELES, CALIFORNIA

Bradley Cooper (Bahamas), Discus

Walter McCoy (United States)

1600 Meter Relay (Champion)

1976-MONTREAL, CANADA

Danny Smith (Bahamas), 110 Hurdles



MEN'S ALL-TIME TOP PERFORMANCES

100 METERS

1. Mike Roberson	10.08	1979
2. Don Merrick	10.14	1975
3. Jonathan Carter	10.19	1993
4. Ron Nelson	10.20	1980
5. Jimmy Daniel	10.24	1985
6. Deion Sanders	10.26	1988
7. Clark Waddell	10.28	1985
8. Bobby Butler	10.30	1980
9. Sammie Smith	10.31	1987
10. Vesco Bradley	10.35	1975

200 METERS

1. Mike Roberson	19.96 (w)	1980
2. Mike Roberson	20.08	1980
3. Don Merrick	20.39	1976
4. Ron Harrison	20.42	1960
5. Deion Sanders	20.60	1987
6. Arthur Blake	20.63	1987
7. Clarke Waddell	20.76	1986
8. Sammie Smith	20.82	1988
9. Jimmy Daniel	20.85	1985
Visco Bradley	20.85	1974

w-wind aided

400 METERS

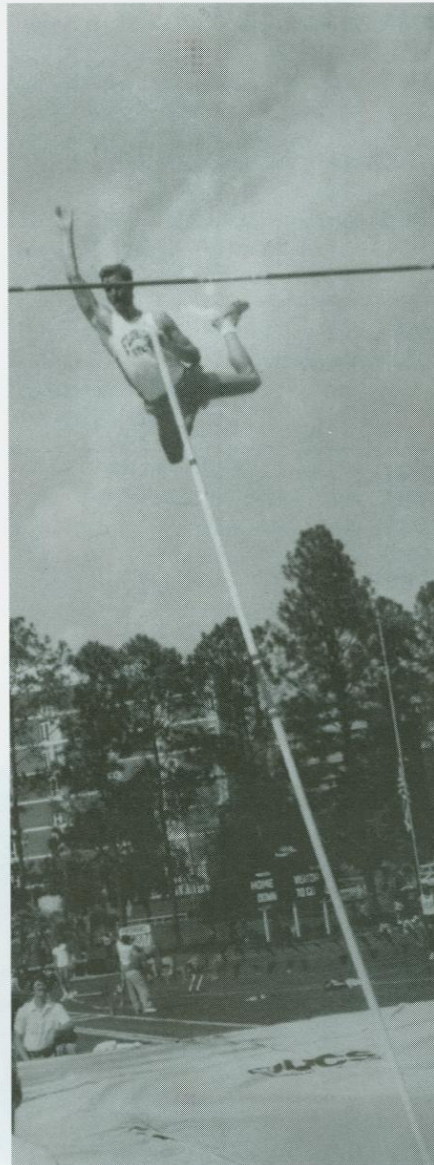
1. Walter McCoy	44.99	1981
2. Thomas Johnson	45.69	1986
3. Clark Waddell	45.80	1985
4. Carter Williams	45.85	1985
Vince Washington	45.85	1985
6. Ron Nelson	46.16	1980
7. Vince Bostic	46.20	1984
8. Kevin Ansley	46.23	1992
9. John Walker	46.50	1977
Lynn Brown	46.50	1980

800 METERS

1. Ocky Clark	1:46.19	1986
2. Philip Rolle	1:46.58	1981
3. Palmer Simmons	1:47.30	1980
4. Rob Circelli	1:47.40	1991
5. Tyrone Frederick	1:47.44	1974
6. Rob Gomez	1:48.80	1980
7. Doug Loftus	1:48.83	1983
8. Jason Frank	1:49.24	1989
9. Ray Broughton	1:49.20	1983
10. Carter Williams	1:49.50	1987

1500 METERS

1. Ocky Clark	3:43.02	1986
2. Robb Gomez	3:43.60	1982
3. Bobby Burr	3:44.46	1974
4. Jason Frank	3:47.10	1990
5. Bobby Shakeford	3:47.30	1982
6. Mike Conley	3:47.52	1958
7. Martin Enholm	3:47.60	1984
8. Bob Circelli	3:49.10	1991
9. Mike Hampton	3:49.53	1991
10. Philip Healy	3:49.73	1991



5000 METERS

1. Herb Wills	13:53.26	1982
2. George West	13:55.10	1976
3. Larry Greene	14:05.83	1983
4. Greg Doss	14:07.45	1985
5. Ken Misner	14:08.90	1971
6. Paul Waldon	14:20.96	1984
7. Ronnie Treadway	14:22.00	1982
8. Doug Overfelt	14:24.00	1980
9. Jason Frank	14:30.00	1990
10. Marc Trigg	14:38.00	1980

1000 METERS

1. Herb Wills	27:58.70	1982
2. Ken Misner	28:55.51	1971
3. Larry Greene	29:34.00	1983
4. Paul Waldron	29:43.10	1981
5. David Keen	29:47.20	1989
6. John Hodge	30:30.00	1980
7. Ronnie Treadway	30:35.00	1982
8. Greg Doss	30:43.50	1985
9. Matt Dobson	31:32.27	1991
10. Steve Wilcox	32:12.50	1992

3000 STEEPLECHASE

1. Bobby James	8:52.70	1976
2. Jacob Hoesly	8:58.52	1987
3. Doug Overfelt	8:59.00	1980
4. Ronnie Treadway	8:59.34	1984
5. Trey Culbertson	9:02.83	1993
6. Richard Corbett	9:04.77	1988
7. Billy Penick	9:11.20	1989
8. Chris Daniels	9:14.26	1985
9. Chris Mooney	9:15.43	1990
10. Marc Trigg	9:21.00	1980

110 METER HIGH HURDLES

1. Arthur Blake	13.29	1987
2. Mike Roberson	13.40	1976
3. Danny Smith	13.44	1974
4. Rodney Lawson	13.50	1987
5. Marcus Dixon	13.65	1993
6. Mike Kelly	13.74	1969
7. Leander McKenzie	13.81	1984
8. Darren Nutt	13.91	1992
9. Jason Welsh	14.10	1987
10. Gary Bassa	14.14	1975

400 METER INTERMEDIATE HURDLES

1. Leander McKenzie	49.33	1985
2. Mike Kelly	49.99	1969

S E M I N O L E T R A C K & F I E L D

3. John Rothell	50.45	1993
4. John Citron	50.46	1975
5. Eric Riley	50.71	1984
6. Charlie Carr	50.83	1984
7. Chris Sloan	51.31	1991
8. Eric West	51.73	1987
9. Kelsey Nash	52.16	1992
10. Tim Franklin	52.22	1993

LONG JUMP

1. Mark Freeman	25'11½"	7.91	1983
2. Billy Close	25'8½"	7.83	1988
3. Vesco Bradley	25'6¾"	7.79	1975
4. James Milton	25'2½"	7.68	1990
5. Kelsey Nash	25'	7.62	1993
6. Greg Allen	24'11¾"	7.61	1984
7. Sid Gainey	24'11"	7.59	1966
8. Rudy Falana	24'10¾"	7.58	1985
9. Carlton Scott	24'5¼"	7.44	1985
10. Bernie Waxman	24'4½"	7.42	1972

TRIPLE JUMP

1. Kelsey Nash	54'6"	16.61	1992
2. Leon Hutchins	54'2¼"	16.51	1982
3. Andy Latimar	52'7¼"	16.03	1985
4. Henry Finney	51'10"	15.80	1976
5. Charlie Harris	51'8½"	15.75	1974
6. Eric Robinson	51'5½"	15.68	1987
7. Art Nelson	50'1"	15.27	1992
8. Charles Galloway	49'11"	15.21	1970
Billy Close	49'11"	15.21	1987
10. Greg Allen	49'8"	15.13	1983

HIGH JUMP

1. Kevin Crist	7'5¾"	2.28	1993
2. Kenny Smith	7'4¼"	2.24	1984
3. Darrel Wills	7'3½"	2.22	1988
4. Tom Stiit	7'2½"	2.20	1987
5. Larry Sawyer	7'2"	2.18	1980
6. Jeff Nedimyer	7'1"	2.16	1976
7. David Etheridge	7'	2.13	1985
8. Ashley Peeples	7'	2.13	1985
9. Anthony Washington	6'10¾"	2.10	1993
10. Mike Lee	6'10"	2.08	1973

SHOT PUT

1. Mike Bell	60'8"	18.49	1987
2. Ken Lanier	60'4"	18.39	1979
3. Allen Williams	59'10"	18.23	1963
4. Scott Peterson	59'5"	18.21	1992
5. Ray Nuredini	56'4"	17.17	1975
6. Jeff Clark	55'3¼"	16.84	1962
7. Eric Chambers	55'1"	16.79	1991
8. Chuck Cowder	55'	16.76	1971
9. John Snyder	54'4"	16.56	1970
10. Don Ostergaard	54'½"	16.47	1961

DISCUS

1. Bradly Cooper	212'6"	64.78	1979
2. Eric Chambers	179'8"	54.76	1992
3. Harry Glenn	178'9"	54.48	1980
4. Earl Johnson	171'7"	52.30	1986

5. Ken Lanier	171'	52.12	1980
6. Ray Nuredini	168'9"	51.44	1977
7. George Frank	168'5"	51.34	1969
8. Bruce McCambell	167'	50.90	1971
9. John Subbers	166'10"	50.86	1980
10. Mike Hill	165'1"	50.32	1988

JAVELIN

1. Hank Langee	250'4"	76.30	1981
2. Eric Allen	250'	76.20	1977
3. Randy Hutchinson	235'1"	71.66	1973
4. Jim Buck	233'6"	71.18	1971
5. Tom Fetters	230'5"	70.24	1989
6. Jerry Henderson	227'5"	69.32	1958
7. Rich Richekderfer	223'7"	68.16	1973
8. Roy Dunn	222'11"	67.94	1970
9. Bud Manning	220'8"	67.26	1967
10. Glenn Quesenbury	209'5"	63.84	1983

HAMMER

1. Horatio Garcia	215'8"	65.74	1986
2. Eric Chambers	165'10"	50.56	1991
3. Andy Shirk	165'7"	50.48	1993
4. Mike Brinkman	165'	50.30	1984
5. George Karakatsansis	162'6"	49.54	1988
6. Mark Sleeman	149'7"	45.60	1985
7. Anthony Sasso	135'	41.16	1993
8. Vinny Bilotto	127'	38.72	1979
9. Marc Anderson	110'4"	33.63	1993
10. Scott Peterson	103'2"	31.46	1991

DECATHLON

1. Rohn Stark	7612	1981
2. Tom Reither	7193	1985
3. Charlie Galloway	6829	1971
4. Mark Nugen	6800	1980
5. Chris Keen	6526	1993
6. Mark Napier	6491	1988
7. Lenx Jackson	6419	1983
8. Thomas Bowman	6417	1950
9. Mark McIntosh	6117	1988
10. Bill Lickson	6035	1982

POLE VAULT

1. Jeff Bray	18'6½"	5.65	1992
2. Larry Carr	18'1"	5.51	1989
3. Tom Reither	17'6"	5.34	1988
4. Chares Rolle	17'1"	5.21	1976
5. Dusty Harmon	17'	5.18	1983
Brian Fitzsimmons	17'	5.18	1986
7. Allen McMillian	16'6"	5.03	1972
Joel Smith	16'6"	5.03	1985
9. Darrell Meadows	16'3"	4.95	1992
10. Bill Jackson	16'1"	4.90	1971

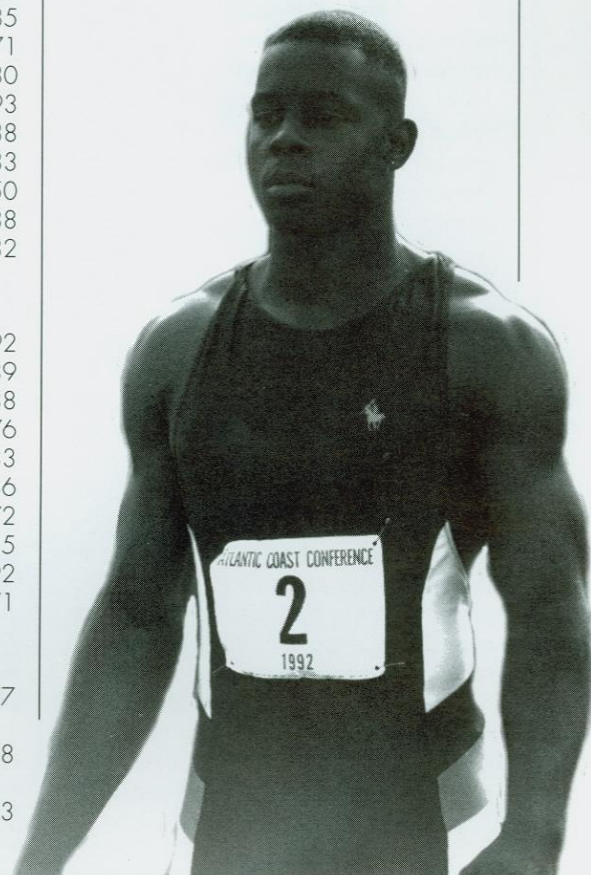
4X100 RELAY

1. Roberson, Walker, Merrick, Forbes	39.34	1977
2. Carter, Blake, Sanders, Smith	39.40	1988
3. Carter, Nash Dixon, Ansley	39.54	1993

4. Lawson, Blake, Mayhew, Smith	39.55	1987
5. Gilmer, Milton, Nash, Ansley	39.95	1992
6. McKenzie, Mayhew, Bryant, Waddell	40.09	1986
7. G. Allen, B. Allen, Scott, Daniel	40.23	1985

4X400 METER RELAY

1. Williams, McKenzie, Waddell, Johnson	3:03.76	1986
2. Nelson, Ross, McCoy, Simmons	3:04.29	1980
3. McKenzie, Washington, Gordon, Johnson	3:04.33	1980
4. McKenzie, Ross, Carr, Bostic	3:05.50	1984
5. Nelson, Caruthers, McCoy, Simmons	3:05.70	1979
6. Taylor, Brown, Rolle, McCoy	3:07.39	1981
7. Jefferson, Goldsmith, Nash, Ansley	3:07.49	1992
8. James, Bligen, Goldsmith, Jefferson	3:07.58	1990
9. Nelson, Brown, Roberson, McCoy	3:07.60	1978
10. Williams, Caruthers, Dixon, Kincaid	3:08.50	1975



FLORIDA STATE ATHLETICS

...ON A ROLL

A relative infant on the collegiate sports scene, Florida State has distinguished itself as one of the top all-around athletic programs in the country. And under the leadership of Athletic Director Bob Goin, it keeps getting better.

In just over 46 years of competition in men's intercollegiate athletics, the Seminoles are already a household name — with the FSU football, basketball and baseball programs leading the way.

On the women's side, Florida State is even younger. FSU's first organized women's teams are celebrating a quarter-century of intercollegiate competition this decade. Yet, Lady Seminole squads have claimed five national championships.

Each year, Florida State teams strive to climb one notch higher on the ladder of national success. On July 1, 1991, Florida State joined one of the nation's most prestigious leagues when it entered the Atlantic Coast Conference. The move enabled Florida State's athletic program to reach new heights.

During the fall of 1993 Florida State's football team captured its second ACC championship in as many years in the league while on the way to claiming its first national championship on the gridiron. The Associated Press and CNN/USA Today both honored the Seminoles with the national championship after FSU's 18-16 Orange Bowl victory over Nebraska. Quarterback Charlie Ward became the first Seminole football player to win the Heisman Trophy and in the process, set a Heisman record by garnering the most percentage of first place votes in the award's history.

The '93 edition of Lady Seminole volleyball continued its run of success by appearing in the NCAA tournament for the sixth time in seven years and ninth time overall.

The 1992-93 school year marked Florida State's first season of ACC competition in each of its 16 sports. The triumphs nearly every FSU team enjoyed during the '92-93 season are unmatched in school history.

This year's Seminole squads will be challenged to surpass the successes of last season, both on and off the playing surface. Athletically, Florida State claimed conference championships in football and softball, and finished in the upper division of nearly every league race. The softball team became Florida State's first repeat champion by winning the ACC title for the second consecutive year.

The Tribe men's basketball team made its best showing in the NCAA Tournament since 1972 (when it reached the championship game) by advancing to the Elite Eight. That success followed a second-place finish in the Atlantic Coast Conference for the second consecutive year.

In tennis, the doubles team of Laura Randmaa and Audra Brannon made FSU history by advancing to the quarterfinals of the NCAA Championship Tournament, the highest finish ever by a Florida State duo or individual. Brannon also qualified on the singles side of the tournament.

For the fourth straight year, the Lady Seminole softball team emerged as NCAA Regional champions to advance to the eight-team College World Series. FSU is becoming a regular at the championship in Oklahoma City.

Florida State qualified one of its largest contingents ever for the NCAA Track & Field Championships in 1993. Ten athletes qualified in 11 different events, with Seminoles reaching the finals in six of them.

The baseball, swimming and diving, and men's and women's golf teams all competed in NCAA Regional Tournaments.

Individually, Seminole coaches and athletes picked up individual honors. Head football coach Bobby Bowden was the '93 ACC Coach of the Year, while both Cecile Reynaud (volleyball) and Dr. JoAnne Graf (softball) were named ACC Coach of the Year in their respective sports during the '92-'93 year.

Florida State has produced three All-Americans so far this year: Ward, and fellow football players Derrick Brooks and Corey Sawyer. FSU produced 10 All-Americans in 1993. Marvin Jones and Tamarick Vanover were both named football All-Americans, while Randmaa and Brannon (tennis); Marla Looper, Lisa Davidson and Susan Buttery (softball); and Trinette Johnson, Kevin Crist and Marcus Dixon (track & field) all garnered All-America honors.

Seminole athletes had a banner year in the classroom, too. Seventy student athletes were named to the ACC's Academic Honor Roll for 1992-93. These athletes maintained a grade point average of 3.0 and above for both the fall and spring semesters. The Lady Seminole golfers took top team honors among all 16 FSU teams on the year with a 3.14 g.p.a. in the fall and a 3.32 mark last spring. Football player Carl Simpson and golfer Kelly Pittman were named the University's ACC Scholar-Athletes of the Year.

Fans across the country are jumping on the Florida State bandwagon as evidenced by the sale of FSU apparel. Seminole logos and merchandise are among the five most popular sellers in the nation, which is another boon to the University through licensing benefits.

With Florida State's vision toward the future, ever-improving facilities and the support of the University administration, athletic department staff and fans across the country, the successes enjoyed by Florida State student athletes in 1992-93, both on and off the playing surface, are sure to continue for years to come.

INDOOR RECORDS

LADY SEMINOLE INDOOR

55m Dash	Michelle Finn	6.72	1986
55m Hurdles	Kim Batten	7.67	1991
200m Dash	Sheryl Covington	23.86	1993
400m Dash	Janet Davis	54.21	1984
800m Run	Angela Harris	2:07.24	1991
Mile Run	Margaret Coomber	4:45.79	1984
3,000m Run	Gale Grant	9:55.90	1981
1,600m Relay	Janet Davis, Janet Levy, Brenda Cliette, Dwyer Brown	3:37.47	1984
3,200m Relay	Nancy Rettie, Chris Mackey Kelley Hackler, Brenda Moore	8:38.34	1985
Long Jump	Sonya Blades	21'8.5"	1990
Triple Jump	Esmeralda Garcia	44'4"	1985
High Jump	Holly Kelly	6'1/4"	1989
Shot Put	Vickie Smith	46'10"	1977

ACC WOMEN'S INDOOR

55m Dash	Kendra Mackey, North Carolina	6.86	1991
55m Hurdles	Sharon Couch, North Carolina	7.63	1991
200m Dash	Kim Graham, Clemson	23.59	1992
400m Dash	Nelrae Pasha, Georgia Tech	53.43	1992
800m Run	Rebecca Russell, North Carolina	2:06.62	1992
Mile Run	Rosalind Taylor, Maryland	4:42.92	1989
3,000m Run	Katrina Price, N.C. State	9:25.35	1991
5,000m Run	Laurie Gomez, N.C. State	15:55.26	1991
1,600m Relay	Georgia Tech (Jones, O'Neal, Dempsey, Pasha)	3:39.91	1982
3,200m Relay	North Carolina (Miller, Chambers, Verrinder, Pollard)	7:32.72	1987
High Jump	Natasha Alleyne, Georgia Tech	6'2 1/4"	1992
Long Jump	Trinette Johnson, Florida State	21'2"	1993
Triple Jump	Marchelle Payne, Maryland	43'9 1/4"	1992
Shot Put	Kelly Bodiford, Virginia	51'4 1/4"	1991

NCAA WOMEN'S INDOOR

55m Dash	Gwen Torrence, Georgia	6.56	1987
55m Hurdles	Michelle Freeman, Florida	7.34	1992
200m Dash	Mertene Otley, Nebraska	22.79	1982
400m Dash	Maicel Malone, Arizona State	51.05	1991
800m Run	Meredith Rainey, Harvard	2:02.77	1990
Mile Run	Vicki Huber, Villanova	4:28.31	1988
3,000m Run	Patti Sue Plumer, Stanford	8:53.54	1983
5,000m Run	Sonia O'Sullivan, Villanova	15:17.28	1991
High Jump	Lisa Bernhagen, Stanford	6'5 1/2"	1987
Long Jump	Carol Lewis, Houston	22'3"	1985
Triple Jump	Sheila Hudson, California	45'9"	1990
Shot Put	Regina Cavanaugh, Rice	57'11 3/4"	1986
4x400	Texas	3:32.01	1990
4x800	Villanova	8:25.5	1987

SEMINOLE INDOOR

55m Dash	Mike Roberson	6.13	1979
55m Hurdles	Arthur Blake	7.05	1988
400m Dash	Kevin Ansley	46.73	1993
800m Dash	Rob Circelli	1:48.86	1991
Mile Run	Cliff Cook	4:05.60	1979
3,000m Run	Herb Wills	8:04.10	1982
5,000m Run	Herb Wills	14:00.10	1982
1,600m Relay	Leander McKenzie, Charlie Carr, Vince Washington, Reggie Ross	3:08.67	1984
3,200m Relay	Allen Williams, Billy Pennick, Mark Bednarz, Jason Frank	7:29.00	1990
Shot Put	Mike Bell	59'0"	1987
Pole Vault	Jeff Bray	18'0.5"	1993
High Jump	Darrell Wills	7'3.5"	1986
Long Jump	Billy Close	25'6 1/4"	1987
Triple Jump	Kelsey Nash	51'11 1/4"	1993

ACC MEN'S INDOOR

55m Dash	Michael Green, Clemson	6.10	1993
55m Hurdles	Larry Ryans, Clemson	7.12	1992
	Duane Ross, Clemson		1993
200m Dash	Reggie Harris, North Carolina	20.60	1992
400m Dash	Reggie Harris, North Carolina	45.94	1992
800m Run	Conrad Nichols, Georgia Tech	1:49.06	1993
Mile Run	Tony Waldrop, North Carolina	3:56.4	1974
3,000m Run	Jim Farmer, North Carolina	8:10.33	1988
5,000m Run	Yehezkel Halifa, Clemson	14:04.79	1989
1,600m Relay	Georgia Tech (Terry, Amedee, Adkins, Mills)	3:10.35	1993
3,200m Relay	Clemson (Soggs, Hines, Whitman, Herrington)	7:26.99	1989
High Jump	William Skinner, Maryland	7'3 1/2"	1987
Long Jump	Allen Johnson, North Carolina	26'8 1/2"	1993
Triple Jump	Mike Patton, N.C. State	54'4 1/2"	1988
Pole Vault	Jeff Bray, Florida State	18'1 1/2"	1993
Shot Put	Mike Spiritoso, Clemson	63'4"	1987
35-lb Throw	Sean Murray, North Carolina	62'2 1/2"	1991

NCAA MEN'S INDOOR

55m Dash	Lee McRae, Pittsburgh	6.00	1986
55m Hurdles	Renaldo Nehemiah, Maryland	6.89	1979
200m Dash	Michael Johnson, Baylor	20.59	1989
400m Dash	Tyrone Kemp, Florida	45.78	1990
800m Run	Paul Ereng, Virginia	1:44.84	1989
Mile Run	Tony Waldrop, North Carolina	3:55	1974
3,000m Run	Joe Falcon, Arkansas	7:46.42	1989
5,000m Run	Suleiman Nyambui, Texas El Paso	13:20.4	1981
High Jump	Hollis Conway, SVU Louisiana	7'9 1/2"	1989
Long Jump	Carl Lewis, Houston	27'10 1/2"	1981
Triple Jump	Charlie Simpkins, Baptist	57'5"	1981
Pole Vault	Istvan Bagyula, George Mason	19'1"	1992
Shot Put	Terry Albritton, Stanford	70'6 1/2"	1977
4x400	Baylor	3:04.89	1992
4x800	Clemson	7:17.45	1989

FLORIDA STATE UNIVERSITY 1994 TRACK & FIELD SCHEDULE

INDOOR

- JAN 9
Florida Open - Gainesville, FL
- JAN 21
Barnett Bank Invitational - Gainesville, FL
- FEB 5
Bill Cosby Invitational - Reno, NV
- FEB 13
Gator Classic Indoor - Gainesville, FL
- FEB 18-19
ACC Indoor Championships - Greensboro, NC
- MAR 3
Gator Fast Times - Gainesville, FL
- MAR 5
USA Track Indoor Championships - Atlanta, GA
- MAR 11-12
NCAA Indoor Championships - Indianapolis, IN

OUTDOOR

- MAR 12
FAMU Relays - Tallahassee, FL
- MAR 16-19**
FSU Relays - Tallahassee, FL
- MAR 25-26
Florida Relays - Gainesville, FL
- APR 2**
Kiwanis Invitational - Tallahassee, FL
- APR 9**
Auburn, FAMU, Miami-Dade, FCCJ - Tallahassee, FL
- APR 16
Florida, Alabama, Miami, FIU - Gainesville, FL
- APR 22-23
ACC Outdoor Championships - Raleigh, NC
- APR 28-30
100th Penn Relays - Philadelphia, PA
- APR 30
Gator Field Events Weekend - Gainesville, FL
- MAY 1
Gator Open Run - Gainesville, FL
- MAY 6-7
Run-Tex Invitational - Austin, TX
Jesse Owens Classic - Columbus, OH
- MAY 14
Clemson Open - Clemson, SC
- MAY 21
Griffin Invitational - Atlanta, GA
- MAY 25**
Seminole Twilight "Last Chance" - Tallahassee, FL
- JUN 2-4
NCAA Outdoor Championships - Boise, ID
- home meets in bold type

