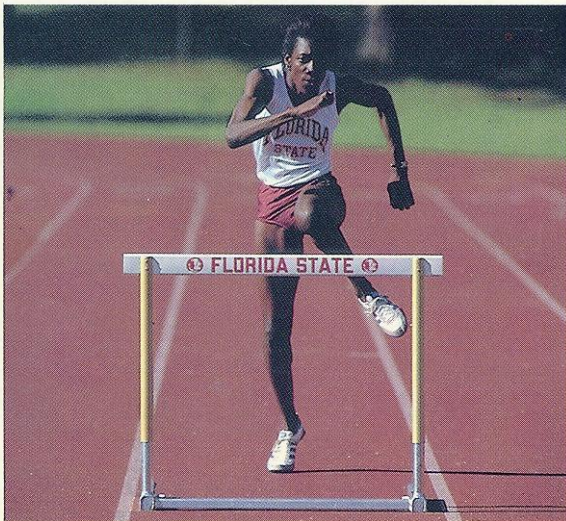
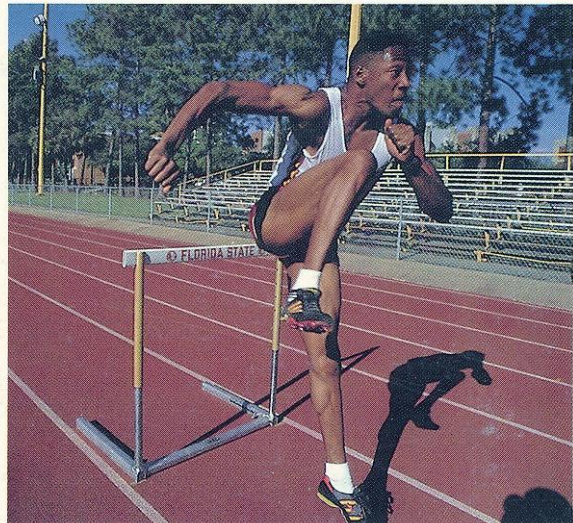
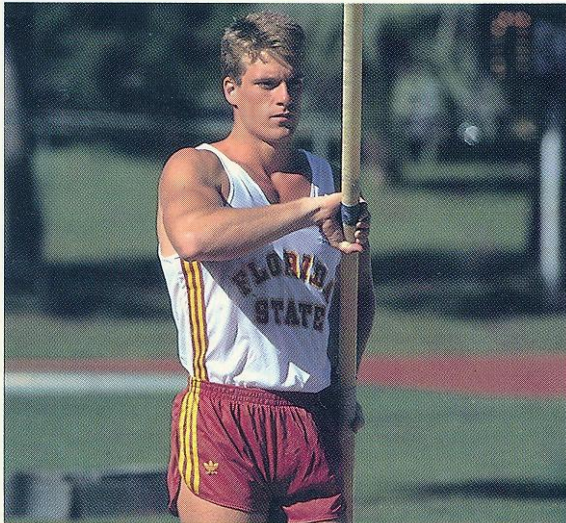


1989

FLORIDA STATE

TRACK GUIDE



INDOOR SCHEDULE

Jan.	15	Gainesville Open	Gainesville, Fla.
Jan.	22	Gainesville Open	Gainesville, Fla.
Jan.	27-28	Eastman-Kodak Invit.	Johnson City, Tenn.
Feb.	4	LSU Invitational	Baton Rouge, La.
Feb.	11	Barnett Bank Classic	Gainesville, Fla.
Feb.	24	TAC Indoor Champs.	New York, N.Y.
Mar.	4	Florida Fast Times	Gainesville, Fla.
Mar.	10-11	NCAA Indoor Champs.	Indianapolis, Ind.

OUTDOOR SCHEDULE

Mar.	11	FAMU Relays	Tallahassee, Fla.
Mar.	17-18	FSU Relays	Tallahassee, Fla.
Apr.	1	Sun Angel Relays	Tempe, Ariz.
Apr.	8	M-Clemson	Clemson, S.C.
Apr.	8	W-Lady Seminole Invit.	Tallahassee, Fla.
Apr.	15	Eastern Airlines Invit. (FSU-Georgia-Alabama)	Tallahassee, Fla.
Apr.	22	Orlando Track Classic	Orlando, Fla.
Apr.	29	Gatorade GP Final	Tampa, Fla.
May	6	Texas Invitational	Austin, Texas
May	11-13	METRO Conference Championships	Columbia, S.C.
May	27	Seminole Twilight	Tallahassee, Fla.
May	30-		
June	3	NCAA Outdoor Champs.	Provo, Utah

TRACK DIRECTORY

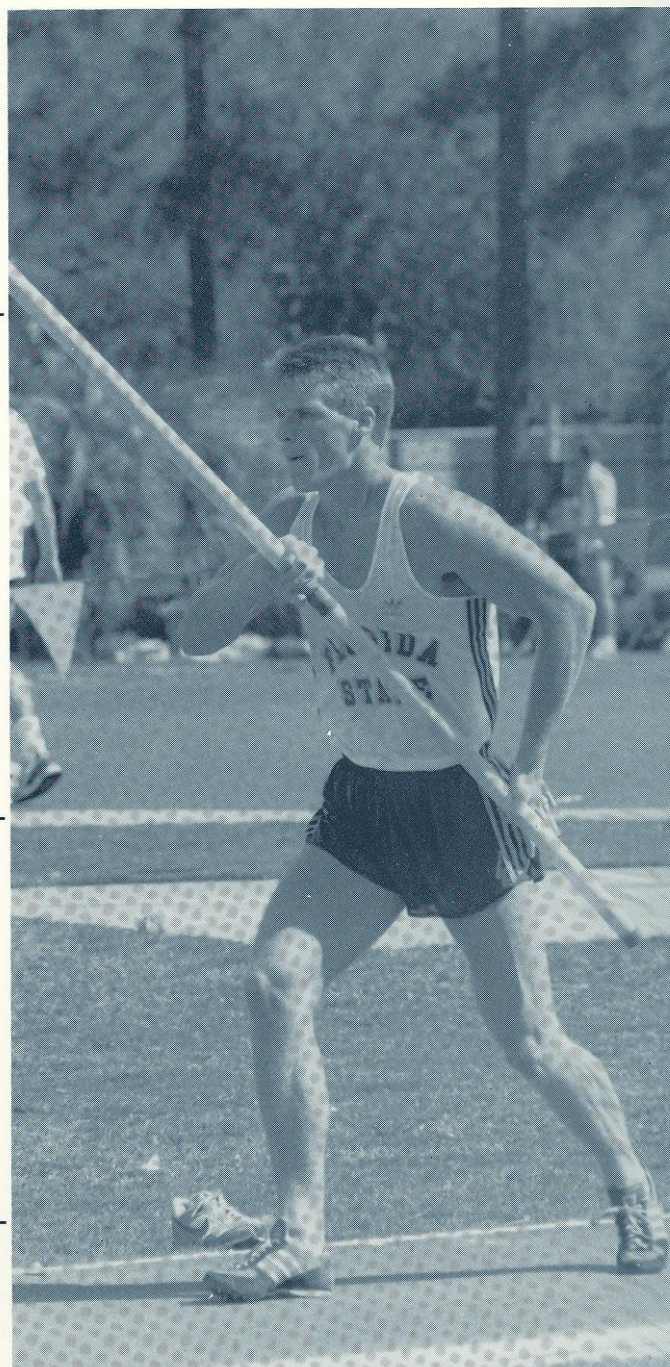
Phone:	(904) 644-1060
Mailing Address:	Track Office P.O. Drawer 2195 Tallahassee, FL 32316
Head Coach (Men and Women):	Terry Long
Cross Country Coach (Men and Women):	Sue Addison
Assistant Coaches:	Jim Long Dennis Nobles William Garrett Sam Lunt (Men) Karen Swanson (Women)
Track Trainers:	Trudy Raybun Beverly Yerg
Academic Advisor:	
Academic Coordinator:	

ATHLETIC DIRECTORY

Athletic Director:	C. W. "Hootie" Ingram
Associate Director:	Bob Goin
Assistant Directors:	Dr. Janice Stocker Charles Hurst Claude Thigpen Larry Pendleton John Sheffield Joe Labat Terry A. Hume
Assistant to the Athletic Director:	
Business Manager:	
Marketing & Promotions Director:	

Sports Information Office

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Sports Information Director:	Wayne Hogan
Assistants:	Donna Turner Rob Wilson Nick Gandy Chris Sears Steve Nelson
Graduate Assistant:	
Student Assistant (Track):	



FLORIDA STATE FINGERTIP FACTS

Location	Tallahassee, Fla.
Nickname	Seminoles
Enrollment	26,000
Colors	Garnet and Gold
President	Dr. Bernard F. Slioger
Faculty Representative	Dr. Charles Ehrhardt
Conference	Metro
Facility	Mike Long Track
1988 Metro Finish	
Women's Cross Country	2nd
Women's Outdoor	N/A
Men's Cross Country	3rd
Men's Outdoor	1st

FLORIDA STATE 1989 TRACK & FIELD MEDIA GUIDE

Credits

The 1989 FSU Track and Field Media Guide was edited by Assistant Sports Information Director Donna Turner with assistance from Graduate Assistant Chris Sears. Contributors included Joey Ferolito, Mark Ziegler, Steve Nelson and Richard Kennedy. Photography by Steve Spencer, Ryals Lee, Jr., and Chris Edwards. Design by Vision Marketing, Inc. Printing by The Rapid Rater Company.

Athletic Staff



C. W. "Hootie" Ingram
Athletic Director



Bob Goin
Associate Athletic Director



Dr. Janice Stocker
Assistant Athletic Director



Dr. Beverly Yerg
Academic Coordinator



Sam Lunt
Athletic Trainer



Karen Swanson
Athletic Trainer

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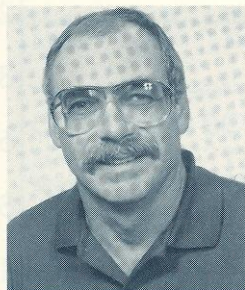
On the Cover

Florida State's four returning NCAA qualifiers lead the Seminoles into 1989 competition. They are: pole vaulter Larry Carr, who holds the Florida State and Metro Conference pole vault records; high jumper Holly Kelly, a sophomore who qualified for the NCAA's in just her freshman campaign a year ago; sophomore Kim Batten, a jumper/hurdler/sprinter, who became only the second Lady Seminole to qualify in both a field and a running event last year; and hurdler Rodney Lawson, who continues a Florida State tradition of excellence in the 110 meter high hurdles and will be a valuable performer in several other events as well.

FLORIDA STATE HEAD COACH

TERRY LONG

(Florida State '63)



Twelve seasons after his father, Mike, retired as head men's track coach at Florida State, a new Long, Terry, takes over the reigns of the men's track program. But he's not really new. Terry Long has been associated with the Seminole track program since he was 13 years old. That's how old he was in 1955 when Mike Long began his head coaching legacy at FSU.

A few years later, Terry formally joined the program as a student-athlete and ran track for the Tribe for four seasons. His senior year, he had the nation's fastest time in the 220 yard hurdles. He graduated from FSU in 1963 and immediately began his track coaching career as head coach at Lakeland, and then Delray Beach, high schools.

In 1986, Long rejoined Florida State as head women's track coach. Two years later, he was named coordinator of both the men's and women's track teams. Following the retirement of men's coach Dick Roberts after the 1988 season, Long becomes head coach of both the men's and women's track teams this year.

As head coach and administrator of the women's program over the past three seasons, Long continued a strong tradition of outdoor track success by the Lady Seminoles. He kept Florida State near the top in women's track with a pair of top 10 outdoor finishes, a national championship 400 meter relay team, and 23 All-Americans.

Last season, Long worked with the men's team for the first time. In

addition to helping the Seminoles to their 12th straight Metro Conference crown, Long tutored 1988 U.S. Olympian Arthur Blake. Blake made the Olympic final in the 110 High Hurdles and is recognized as one of the top young hurdlers in the world.

Long came to Florida State from the University of Florida where he served two seasons as an assistant men's track coach. However, Long built his reputation as a top track coach during 14 years of coaching at Santa Fe and Seminole Community colleges in Gainesville and Sanford, Fla., respectively.

While coaching in the Florida junior college ranks, Long developed literally hundreds of JC All-Americans and 56 national junior college champions. His teams won 14 state junior college track and cross country titles. He was named Junior College National Coach of the Year three times and coached the Raiders to runner-up spots at the national championships. In 1982 and 1983, he guided the SFCC women's team to back-to-back national championships before moving on to Florida the next season.

During his tenure at Seminole, Long was inducted into the Florida Track Hall of Fame. He joined his



Terry Long begins his first season as sole head coach of the men's team in 1989, although he has worked with the squad for the past two years.

father in that Hall and currently serves as chairman of the Hall of Fame Committee.

The sport of track has certainly been a lifelong, and a family-wide, tradition in the Long family. In addition to Mike Long, for whom Florida State's track facility is named, his three sons all became coaches. Terry is now head coach at FSU, Jim an assistant for the Seminoles and Curtiss the head coach at Western Kentucky.

Terry is extremely active in track outside of Florida State and even the state of Florida. In 1984, he coached the United States team in the first World Indoor Track Championships, held in Paris, France. Previously, he served as co-chairman of the National Olympic Development Sprint Committee.

Long, 48, has been head coach of the Athletic Attic, Mazda and Bud Light track clubs and his indoor and outdoor teams have won six national TAC championships. Last year, Long brought the TAC Junior National Meet to Tallahassee and worked closely with TAC personnel to make the meet a resounding success. In addition to Blake, Long coached former U.S. Olympic gold medalist Chandra Cheeseborough on an individual basis, and worked with United States Olympian Rey Robinson in his days at Lakeland High School.

The Leon High School graduate, who also received his master's degree from FSU, is married to the former DeeDee Malone.

Age: 48

Years at Florida State: 4

Years of Collegiate

Coaching Experience: 19

Collegiate Coaching Experience:

Florida State — Head Coach (men's and women's) (1989-), Coordinator (men's and women's track) (1988), Women's head coach (1986-87)

Florida — Men's assistant coach (1984-85)

Santa Fe Community College — Head Coach (1982-83)

Seminole Community College — Head Coach (1970-82)

FLORIDA STATE COACHING STAFF

SUE ADDISON

Cross Country Coach
(Michigan State '78)



Sue Addison is the newest member of the Seminole track and field coaching staff. A veteran runner and coach, she will handle the middle distance and distance runners in the spring and will direct all aspects of the cross country program this fall. Addison replaces Al Schmidt, who took over the head coaching job at Mississippi State.

Though a newcomer to Tallahassee, Addison is not new to track and field. A three-time Big Ten champion and two-time All-American at Michigan State and a member of four U.S.A. National track teams, she was ranked the number one miler of 1985 for the U.S. while representing Reebok as an international track athlete. In addition, she was the national champion in the 800 meters (2:03) her senior year at Michigan State. In 1985, she posted the nation's best time in the mile run (4:23), which stands as the third fastest time ever. She has served as a consultant with Reebok since 1985 and has continued her competitive career.

Her coaching experience includes a stint as head women's track and cross country coach at Brown University during the 1981-82 season and assistant track and field coach at the University of Colorado since 1985. During that time, she developed the Buffaloes' middle distance corps into one of the strongest in the Big Eight Conference.

Addison earned her bachelor's degree in Physical Education in 1978 and picked up her master's in Athletic Administration in 1981, both

from Michigan State.

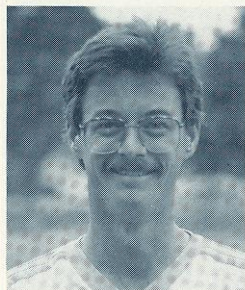
Age: 32
Years at Florida State: 1
Years of Collegiate

Coaching Experience: 5
Brown University-Head Women's Track and Cross Country (1981-82)
Colorado-Assistant Track & Field Coach (1985-88)

Collegiate Track Experience: 4
Michigan State-track and field, cross country 1975-78

DENNIS NOBLES

Assistant Coach
(Florida State '82)



Dennis Nobles enters his fourth year with the Seminole track staff and has developed into one of the top young coaches in track and field.

A pole vaulter on FSU's track team from 1979-81, Nobles graduated cum laude from Florida State's School of Physical Education. He went on to obtain his master's de-

gree from FSU in exercise physiology in 1983.

Following graduation from Florida State, he began his coaching career at Wayland Baptist College, a NAIA track powerhouse in Plainview, Texas. While there, he coached 14 All-Americans, two national champions, a pair of Olympic qualifiers and a national record holder while leading that school to a national championship and two runner-up finishes.

He returned to his alma mater in 1986 to accept an assistant coach position. Nobles has since coached several All-Americans, another Olympian and a world record holder. He is currently working towards his Ph.D. in athletic administration.

His duties at FSU include coaching the javelin, discus, long jump and triple jump events. In recent years, he has been invited to participate in the elite women's javelin clinic in Long Beach, Calif.

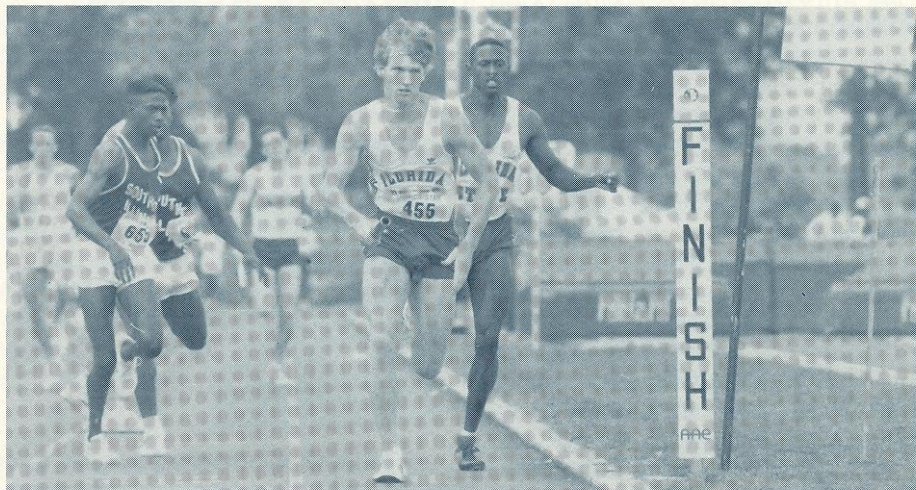
Nobles and his wife, Vicki, have one daughter, Sally.

Age: 31
Years at Florida State: 4
Years of Collegiate

Coaching Experience: 5
Florida State-assistant coach (1986-89)

Wayland Baptist-assistant coach (1984-85)

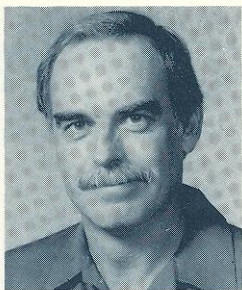
Collegiate Track Experience:
Florida State-pole vault (1979-81)



Florida State's middle distance and distance runners, including Billy Penick (455), will be coached by newcomer Sue Addison, a former All-American runner herself at Michigan State.

JIM LONG

Assistant Coach
(Florida State '70)



Jim Long brings a lengthy track background to his 13th season with the Florida State program.

A former Seminole sprinter, and son of former FSU head coach Mike Long, Jim came back to his alma

Long holds a bachelor's degree in humanities, a master's in history and needs only a dissertation before completing a doctorate in physical education.

He has served as a clinician at the U.S. Olympic Development camp in Orlando, joining brothers Terry, head coach at Florida State, and Curtiss, Western Kentucky mentor.

He and his wife Janis have two sons, Justin, 12, and Jarrett, 9.

Age: 38

Years at Florida State: 13

Years of Collegiate

Coaching Experience: 13

Florida State-sprints, hurdles, decathlon, pole vault (1975-89)

Years of Collegiate Experience:

Florida State-sprints (1966-70)



Assistant coach Jim Long has worked with FSU hurdlers for the past 13 seasons. Performers like Carolyn Hightower have benefitted under his tutelage.

mater in 1975 as an assistant coach. His return followed a successful stint as head track coach at Tallahassee's Leon High School.

Long's duties have varied since his arrival. He coached the sprinters and hurdlers until 1978, when he began working with the pole vaulters and decathletes in addition to the hurdlers. His current position has him directing athletes in both hurdle races and certain decathlon events.

During his years on the Florida State staff, Long has coached 19 NCAA All-Americans and 18 Metro Conference champions. One former All-America decathlete, Rohn Stark, has been one of the NFL's top punters over the past few seasons.

WILLIAM GARRETT

Assistant Coach
(Florida State '82)



William Garrett continues to be an outstanding attribute to the Seminole coaching staff in 1989. Since

joining the staff in 1987, Garrett has gradually moved up the ranks with hard work. After serving as a graduate assistant coach for the past two years, he was promoted to a full-time assistant coach this fall.

One of his primary responsibilities will be coordinating the recruiting efforts for both the men's and women's track programs. His labors have already been rewarded. In 1988, FSU signed junior national champions in both the men's and women's multi-events.

Garrett will keep his track duties, working with both the men and women sprinters and hurdlers again in 1989. He will attempt to keep Florida State's long-standing tradition of outstanding runners in those events going this season.

Garrett came to Florida State with extensive experience in the high school ranks, including leading Tallahassee Maclay's girls to a runner-up finish in the 1986 state class A meet.

A former distance runner at Seminole Community College, he ran for current FSU head coach Terry Long. Garrett, 30, is single.

Age: 30

Years at Florida State: 3

Years of Collegiate

Coaching Experience: 3

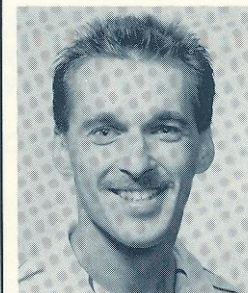
Florida State-assistant coach (1987-89)

Collegiate Track Experience:

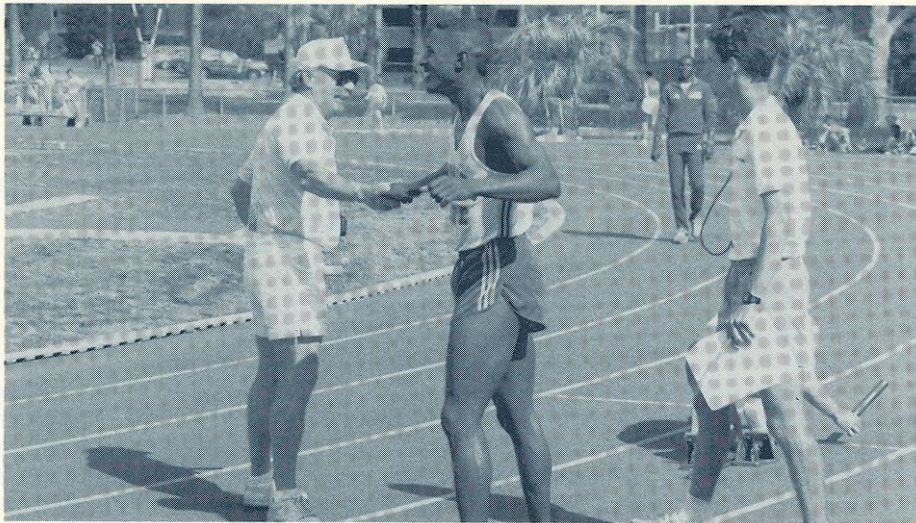
Seminole C.C.-distance (1977-79)

TOM SHAW

Assistant Coach
Home Meet Administrator
(Central Michigan '82)



Tom Shaw enters his second year with the Florida State staff in 1989 with added responsibilities. Shaw will serve as Home Meet Coordinator this season as well as working-



Terry Long heads the Florida State coaching staff which has nearly 50 years of experience total.

with the runners and jumpers in the field events. Shaw also is an assistant recruiting coordinator under William Garrett.

Shaw, a native of Phoenix, Ariz., joined the Seminole staff after spending five years as the varsity track coach at Hudson High School in Tampa, Fla. While there, he led the program to a third place finish at the state meet in his final season. In 1985, he earned *St. Pete Times* and *Tampa Tribune* Coach-of-the-Year honors for his work at Hudson.

Prior to moving to the position at Hudson, Shaw was a four-time letterwinner at Central Michigan. He graduated in 1982 with a bachelor's degree. He also earned his master's degree in education from CMU in 1983.

Shaw worked with the throwers last year and successfully recruited five athletes to the Seminole program. He becomes an even more important member of the Seminole staff in 1989.

Age: 29

Years at Florida State: 2

Years of Collegiate

Coaching Experience: 2

Florida State-assistant coach (1988-89)

Collegiate Track Experience:

Central Michigan-sprint relays (1978-82)

KIM MCKENZIE

Graduate Assistant Coach

(Texas El Paso '84)



Kim McKenzie begins her second season on the Florida State staff in 1989. The former Olympic bronze medalist served as a volunteer assistant last year while training for the 1988 Games.

McKenzie was a member of the 1984 U.S. Olympic team and won the bronze medal in the 100 meter high hurdles in Los Angeles. She brings a multitude of experience and talents to her duties with the sprinters and high hurdlers, whom she helped last year.

A native of Detroit, Mich., McKenzie has an extensive background in national and international track. Already this year, she set the American record in the 50 meter hurdles in an indoor meet in Canada. McKenzie was the NCAA Champion in the 100 meter hurdles in 1983, her junior season at Texas El Paso. The following season, she took runnerup honors at the NCAA meet. McKenzie also captured a silver medal at the Pan Am Games in the 100 meter hurdles.

McKenzie and her husband

Leander, a six-time All-American at Florida State, have one son, Leander III.

Age: 26

Years at Florida State: 2

Years of Collegiate

Coaching Experience: 3

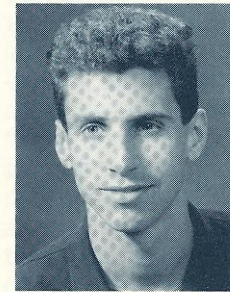
Florida State-assistant coach (1987-89)

Collegiate Track Experience:

Texas El-Paso-sprints, hurdles (1980-84)

MIKE CURCIO

Volunteer Assistant Coach



Mike Curcio begins his first season with the Seminole staff as a volunteer assistant in the program. He will join new cross country coach Sue Addison in developing the middle distance and distance runners after spending the fall working with the cross country teams.

A four-year letterwinner at Appalachian State, Curcio participated on both the track and cross country squads. Curcio then returned to his native New York and headed the St. John the Baptist High School track program. In that position, he was responsible for all aspects of running the track program for one of the largest Catholic schools in the state.

He is currently working on a master's degree in Athletic Administration after earning a bachelor's degree from Appalachian State in 1987.

Age: 24

Years at Florida State: 1

Years of Collegiate

Coaching Experience: 1

Florida State-graduate assistant (1989)

Collegiate Track Experience: 4

Appalachian State-track and cross country (1983-87)

FLORIDA STATE 1989 WOMEN'S TRACK OUTLOOK

It's true. In 1989, the Florida State women's track team can accomplish a feat no previous FSU team can claim, even though the Seminole women's team sports a storied tradition which includes two national championships and 11 top ten finishes, Olympians and individual champions, NCAA, American and world records. What could the 1989 Lady Seminoles possibly achieve that has not been done before?

Become Metro Conference Champions, that's what. In 1989, for the first time ever, the Metro Conference will hold a women's championship meet. Florida State will aim to start a new winning tradition at an event their male counterparts have dominated. While the women continue to aim for national success at the NCAA Championships, they now have another goal — the Metro crown.

"Several teams in the Metro Conference have strong women's track programs and it's past time they started holding this championship," FSU Head Coach Terry Long said. "We expect to have a battle for the women's championship. I think the meet will be a toss up between Virginia Tech, South Carolina, Cincinnati and us with Southern Miss as a sleeper team."

The FSU women's team that will fight for the first Metro Championship is relatively small in numbers, but large in terms of talent and enthusiasm. A pair of NCAA qualifiers and several others who came close head the list of returnees while four outstanding freshmen and a junior college All-American make up the newcomer class.

Any discussion of the Lady Seminole strengths has to begin with hurdler/jumper/sprinter Kim Batten. Batten, a sophomore, qualified for the NCAA's in both the triple jump and the 400 Intermediate Hurdles last season with 41-10 1/4 and 1:00.57 marks, respectively. She also qualified for the U.S. Olympic Trials in the 400 Meter IH in 1988 and has met the qualifying mark for the 1989 indoor and outdoor NCAA meets in the triple jump with a leap of

41-1 1/2.

In the high jump, sophomore Holly Kelly returns after qualifying for the NCAA's as a freshman with a leap of 5-10 1/2. Kelly already has reached the 5-11 1/4 1989 NCAA qualifying marks for both the indoor and outdoor championships. A superb athlete, she will be called on to run relays as well this season.

Junior Lisa Horton is the only returning sprinter while Colleen O'Reilly tops the list of middle distance prospects. Both have excellent chances to qualify for nationals this year, along with distance prospects Carrie Boyd and Michelle Farral.

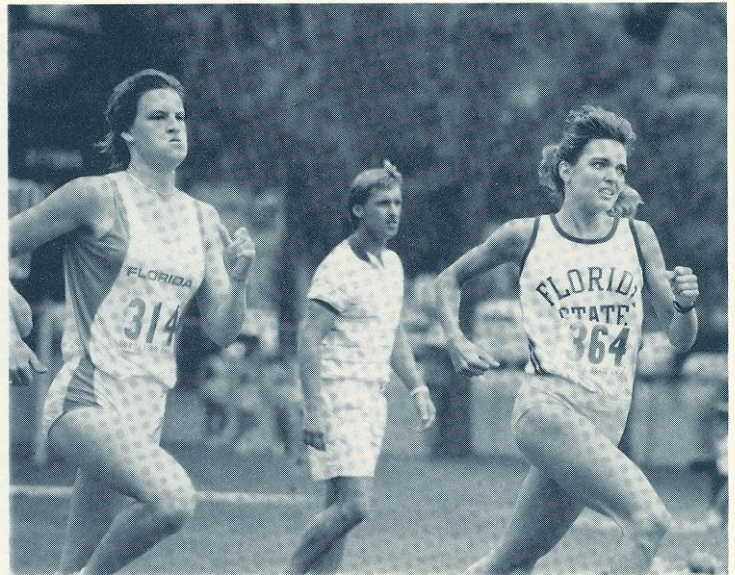
The newcomers are led by multi-event talent Candi Odom, the 1988 Junior Olympic Heptathlon champion. Odom will compete in the hurdles, jumps and even the throws for the Lady Seminoles. Sprinters Aundrea Lyons, Sherry Murphy, Angela Harris and Angela Nash make up the rest of the freshman class. Murphy claims a best time of 24.67 in the 200 meters while Harris was the Florida state high school champion in the 400 meters (56.1). Nash is an outstanding prospect out of Jacksonville Raines High.

Event by event, the Lady Seminoles shape up like this:

Sprints — The 100, 200 and 400 meter events, and the sprint relays, will feature youth, youth and more youth. Junior Lisa Horton, whose top performance last year was 11.80 in the 100, is the only experienced returnee in this area due to the loss of Frenchie Holmes and Angela Curry. Both Holmes and Curry had experience in the NCAA Championship which will be missed as Long turns to a foursome of youngsters. Freshmen

Aundrea Lyons of Gahanna, Ohio and Sherry Murphy of Spring Valley, N.Y. are top notch prospects who will improve and develop as the season progresses. A pair of Angela's — Orange Park's Harris and Jacksonville's Nash, will run the sprints with special emphasis on the 400 meter event, where both run in the 56 second range. All will be expected to contribute on relays along with Holly Kelly and Kim Batten.

Long says: "Lisa Horton will lead the way for the Lady Seminoles' sprint



Junior Colleen O'Reilly leads the FSU middle distance crew going into 1989.

contingent, but she is backed up by some outstanding prospects coming out of high school. We'll look for this area to really develop as the year progresses."

Hurdles — According to Long, his hurdlers could develop into one of the nation's finest groups with a little more experience. Of course sophomore Kim Batten is the primary talent in the 400 IH, with a best of 1:00:57. Also running the 400 IH will be Rosa Diaz and Carolyn Smith, along with junior college transfer Carmellia Shivers. Shivers specialty has been the 100 meter hurdles, where she was the state juco champ last season at Florida Junior College. She joins Orlando Evans product Carolyn Hightower in the 100 hurdles for FSU. Hightower, an NCAA indoor qualifier in 1989, looks to add some

successes in the outdoor arena after a best time of 14.26 last season. Rounding out the hurdlers is freshman Candi Odom.

Long says: "Batten, Hightower, Odom and Shiver team to produce a formidable hurdle group for us this season. They are extremely talented, but need experience to develop into the nation's finest."

Middle and Long Distance — Nearly the same crew will participate in the middle and long distance events for FSU with a few specializations. Florida State looks to qualify several of its middle distance runners for NCAA competition, as well as contend for Metro titles.

Colleen O'Reilly is FSU's most experienced competitor and has run 2:09.0 in the 800 meters. Lisa Samocki will run both the 1,500 and longer distances while newcomers Angela Harris and Angela Nash will run the 800. Standout juniors Carrie Boyd, who finished third in the Metro Conference cross country championships last fall, and Michele Farrall, a top 10 finisher at the Metro cross country meet, can run distances from the 1,500 to the 10,000.

Long says: "Led by senior Colleen O'Reilly, the middle distance is a solid area for us. Two standout juniors key our distance group. Both Carrie Boyd and Michelle Farral will be expected to challenge NCAA qualifying marks for the 1,500 through the 10,000 meter runs."

Jumps — With two NCAA

qualifiers among FSU's jumpers, it is one of the strongest groups on the squad. Batten in the triple jump and Kelly in the high jump provide a powerful duo.

With improvement on her 41-10 1/4 mark, Batten can contend for national honors, and Kelly was an All-America high jumper last year. Batten will also compete in the long jump as will freshman Odom. Junior Sonja Blades, with marks of 18-4 and 35-3 in the long and triple jumps, completes the jump area.

Long says: "The jumps, along with the hurdles, are one of the strongest areas for the Lady Seminoles in 1989. Both Kim Batten and Holly Kelly are developing rapidly into some of the nation's finest in their events."

Throws — Rarely a strength for FSU teams of the past, Florida State hopes for improvement in the javelin, shot and discus this season. Rosa Diaz is the top returning competitor here, but she'll receive help this season from Odom and newcomer Tanya Grannemann.

Long says: "This area remains thin in 1989. We hope to see steady improvement and some help at the Metro meet from our performers."

Schedule — Florida State coaches emphasize the individual when engineering their schedule. Thus, FSU athletes may be going in three different directions on any one weekend. The schedule is tailored to each individual's needs so athletes

who can compete on the highest national collegiate levels will find it, as will those more suited to regional competitions.

Florida State plays host to four women's track events in 1989, including the annual FSU Relays the weekend of March 17-18. Some of the top track teams from the South will be in town April 8 for the Lady Seminole Invitational, while SEC contenders Georgia and Alabama will participate in the Eastern Airlines Invitational.

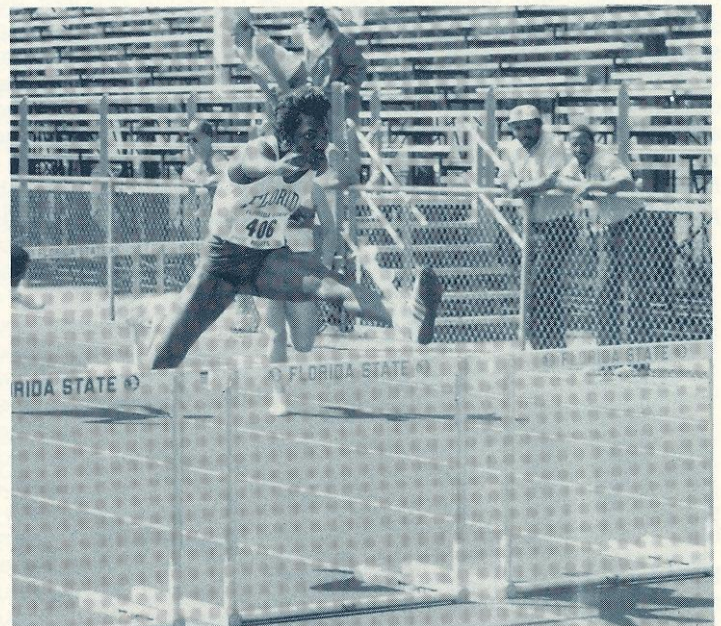
All of the meets will help athletes improve and develop on the way to one of the biggest meets of the season — the Metro Conference Championship May 11-13 in Columbia, S.C. Finally, it's on to Provo, Utah, where Florida State hopes to see itself, and several of its athletes among the nation's elite again.

"Horton, Batten, Hightower, O'Reilly and Boyd have to come into their own for us to be successful this season," Long said. "They are all on the verge of being outstanding. They just need to reach their talent potentials."

If the above mentioned veterans do "come into their own" and the freshmen and newcomers make strides, Florida State will be one of the favorites going into the first Metro Conference Championship meet. With the extra goal of a Metro Conference title, FSU hopes to prove once again why it is one of the top women's track teams in the nation.



Rochester, N.Y. native Lisa Horton leads a young but talented group of sprinters into the 1989 outdoor season.



In 1988, Kim Batten became the second FSU performer to qualify for the NCAA Outdoor Championships in both a field event and a track event when she competed in the triple jump and the hurdles.

FLORIDA STATE LADY SEMINOLE PROFILES



KIM BATTEN

Sophomore
Rochester, New York

400 IH (1:00.57), TJ (41-10 1/4)—If her freshman year is any indication, Kim could be the next great track athlete at FSU...qualified for NCAA's in the 400 meter hurdles and the triple jump in her first season of collegiate competition...became only the second Lady Seminole (Esmeralda Garcia is the other) to qualify in both a field and sprint event...expected to see action in those events, in addition to possible work on relays...**1988:** After qualifying (41-10 1/4) for the Indoor NCAA Championships at the Florida All-Comers Meet, she did not surpass that mark during the outdoor season... her best outdoor mark came at the Seminole Twilight with a leap of 41-8 1/2...with the indoor qualification, she automatically received an invitation to the outdoor championships...diversified into the 400 hurdles and found early success in that event...cruised to a 1:00.57 at the Florida Tri-Meet to surpass NCAA standards...failed to score at the Indoor and Outdoor national championships...**Prep:** Despite turning in the third best leap in the nation in the triple jump (40-6), Kim went relatively unrecruited...that performance came some time after the early signing date for spring sports...her coach, Betty Rich, who also coached FSU sprinter Lisa Horton, called FSU and Batten was offered a scholarship...part of FSU's most heralded recruiting class since 1980...**Personal:** Enrolled in FSU's basic studies program...born March 2, 1969.



SONYA BLADES

Junior
Ft. Lauderdale,
Florida

LJ (18-4) TJ (35-3) Following three seasons of collegiate competition, Sonya has improved to the point of challenging NCAA standards...will again compliment NCAA qualifier Kim Batten in the

horizontal jumps...**1988:** Best meet of the year was the Florida Tri-Meet in Gainesville where she leaped 18-4 in the long jump...her top mark in the triple came two weeks earlier at the Georgia Open...**1987:** Displayed potential early in the indoor season at the Florida All-Comers meet, where she jumped 17-11 3/4 in the long jump...returned in the outdoor season to jump 18-8 1/2 at the Tampa Track Classic and 18-7 1/4 at the Eastern Airlines Invitational...**Prep:** A two-time runner-up at the state track meet...as a senior, she was named the most valuable runner at Piper High...an honor student...**Personal:** Majoring in Business Management...born May 15, 1968...her brothers Brian (Seattle Seahawks) and Bennie (Detroit Lions) are both starters in the NFL...an excellent student, she carries a grade point average above 3.3.



CARRIE BOYD

Junior
Garland, Texas

800 (2:13.17), 1,500 (4:29.19) Now in her third season, Carrie remained in Tallahassee during the summer to train...FSU coaches think that will pay off during the outdoor season, when she returns as FSU's ace in the 800, 1,500 and 3,000 meter events...makes the transition to the 3,000 after specializing in the middle distance events during her freshman and sophomore seasons...should make a strong run at qualifying for the NCAA Championships, as her personal bests are not far off the standards...**1988:** Ran the squad's top time (2:13.17) of the year in the 800 at the Georgia Open and 1,500 (4:29.19) at the Florida Tri-Meet...turned in one of the best cross country performances of the decade by winning both the Seminole and Clemson invitationals...at the Seminole, she ran a 17:36 to out-distance the second place finisher by 20 seconds...also set the course record to win the Clemson meet...**1987:** Finished in the top five in all five cross country meets she ran...finished second at the Florida State Invitational with a time of 17:56...returned the following week to finish first at the Florida State-Georgia dual meet...top performance of the year came at the Carolina Invitational when she set a course record of

17:43 on the way to winning the meet...capped the season with a third place finish at the Metro Conference Championships...**1986:** Named to the All-South freshmen cross country team...redshirted during indoor and outdoor track seasons...**Prep:** Won the 800 and 1,500 class 5A Texas state crowns at L.U. Berkner High School...also turned in a second place finish in the state cross country championship...finished third at the TAC cross country nationals...a seven-time letterwinner in high school...**Personal:** Majoring in physical education/physical rehabilitation...born October 29, 1967.



ROSA DIAZ

Sophomore
Miami, Florida

JAV (134-1) Showed great promise in the throwing events as a freshman and earned an invitation to the Olympic Development Camp...showed marked improvement during the indoor season after a knee injury limited her action on the track her freshman season...won the Eastern Airlines Invitational championship in the javelin with a throw of 134-1...**1988:** Improved throughout the season under the tutelage of FSU assistant Dennis Nobles...in her first collegiate meet, the FSU Relays, she posted a 120-5 effort in the javelin...came back just one month later to better that mark (129-1) by almost three meters at the Florida Tri-Meet...**Prep:** Ran for John Hammon-tree at Miami Sunset High...**Personal:** Enrolled in FSU's undergraduate studies program...born September 8, 1965.



MICHELE FARRALL

Junior
Seminole, Florida

3,000(10:08)—One of FSU's top athletes in the distance events in '89...has shown tremendous improvement, as she spent

the summer training in Tallahassee... will also compete in the 5,000 meters... combined with Carrie Boyd and Colleen O'Reilly during the cross country season to form one of the top distance trios in the South... **1988:** Ran the best time on the team in the 5,000 meters with her 17:56.78 effort at the Florida Tri-Meet in Gainesville... also finished third at the Seminole Twilight with a time of 10:08.66... **1987:** Redshirt during track season, but was one of Florida State's top cross country runners during the fall... finished 10th at the Metro Conference Championships with a time of 28:37... also finished fourth at the Carolina Invitational to give FSU victories over Georgia and South Carolina... **Prep:** a national high school All-America at Seminole High... finished seventh at the National High School Cross Country Championships... won the 4A two-mile championship as a senior... also placed third at the state cross country meet... **Personal:** A marketing major... born August 21, 1968.



CAROLYN HIGHTOWER

Sophomore
Orlando, Florida

100 HH (14.26) Following adjustment to collegiate competition, Carolyn is expected to finally unlock her potential... in fact, labeled a potential superstar if she can remain healthy and avoid nagging injuries that have plagued her throughout her career... will line up as one of FSU's star attractions in the 100 meter hurdles, as well as the long and triple jumps... **1988:** showed flashes of brilliance when she was not injured during the indoor and outdoor seasons... cruised to a team best 7.92 in the 55 meter hurdles at the Florida Fast Times meet in Florida's O'Connell Center... injured most of the outdoor season... made a last ditch effort to qualify at the Seminole Twilight in the 100 hurdles... ran a 14.26 to just miss the NCAA standard... **1987:** Was off to a tremendous freshman season before injuries cut short her year... improved steadily in the 55 meter hurdles during the indoor season and was the team's top performer in the event... just missed NCAA qualifying standards when she clocked 7.97 at the Florida Open... also ran an indoor best of 7.17 in the 55 meter dash... continued her success during the first part of the outdoor season with a fine performance in the long jump at the Florida State-Tenneco Relays... in that meet, she jumped 18-10... **Prep:** Hampered by injuries through much of her

high school career... won the state long jump championship as a sophomore... a 12-time letterwinner... **Personal:** Majoring in accounting... born December 24, 1967.



ANGELA HARRIS

Freshman
Orange Park, Florida

400 (56.1) Forecast to emerge as a future star in the sprint events... versatility allows her to run distances up to 800 meters... captured the state 4A 400 meter championship as a senior, running a 56.1... will fit into the FSU puzzle nicely, as she will be tested in the 1,600 and 3,200 meter relays... highly recruited, she chose FSU over a number of schools... coached by Terry Smith at Orange Park High... the 1988 Golden South 400 meter medalist... **Personal:** Enrolled in FSU's undergraduate studies... born December 1, 1970.



LISA HORTON

Junior
Rochester, New York

100 (11.80), 200 (23.6)—After spending most of the last two years in the apprentice role, Lisa is expected to step forward in 1989... since coming to FSU, she has trained with FSU sprinting stars Michelle Finn, Andrea Thompson, and Janet Davis, all multi-time All-Americans... this season, she leads a young contingent of sprinters in the 100 and 200 dashes... will again be an integral cog in the 400 and 1,600 relays... displayed marked improvement as a freshman and sophomore... should qualify this season after running a personal best 11.80 in the 100 meters last year... that time was second only to senior Thompson's 11.60 PR... **1988:** Posted FSU's top time in the 200 meters, racing to a 23.6 in the finals of the Eastern Airlines Invitational on April 23... gained invaluable experience as a member of FSU's 400 meter relay that qualified for the NCAA Championships... the team of Horton, Thompson, Janet Davis and Andrea Curry qualified at the April 2nd relays... ran the first leg of FSU's 1,600 meter relay which also qualified for

nationals... ran on FSU's 400 meter relay at the Tampa Track Classic... that time took first place on the way to an NCAA qualifying 44.65... **1987:** ran an impressive 23.82 time in the 200 meters at the Griffin Invitational... that time was just .5 of a second off the NCAA mark of 23.3... also ran 24.18 and 24.34, respectively, at the Eastern Airlines Invitational and Florida Relays... Lisa ran a 12.04 in the Eastern Invitational 100... **Prep:** a heavily recruited sprinter at East Rochester High... coached by Betty Rich... high school teammate of FSU triple jumper Kim Batten... **Personal:** A human resource management major... born April 1, 1968.



HOLLY KELLY

Sophomore
Miami, Florida

HJ (6-1 1/4) One of the premier high jumpers in the country... only a sophomore, Holly has the potential to clear 6-5 or 6-6 before her career is over... qualified for the NCAA and TAC Championships last season... will make a return trip this season, having qualified during the indoor season... FSU coaches experimented with her in the hurdles, sprints and relays—three events she may concentrate more on... showed good speed in the 200, running times in the 24.0 range... **1988:** showed patience during the early stages of the indoor and outdoor seasons, as she was able to only jump 5-8, a height she surpassed in high school by four inches... made her breakthrough at the Orlando Classic, clearing 5-10 1/2 to take first place... also won the Eastern Airlines Invitational, jumping 5-8 to win by two inches... medalist at the Seminole Twilight with a 5-10 3/4 effort... **Prep:** a high school All-American who was one of the most coveted signees in the history of the state... surpassed NCAA qualifying standards while at Palmetto High... finished ninth in the voting for *Track and Field News* High School Athlete-of-the-Year... ranks seventh on the all-time national high school list... consistent performer who cleared 5-10 in the five meets in '87... finished her senior campaign as the top ranked high jumper in the nation, clearing 6-1 1/4... that mark also set the state record... national runner-up at the 1986 outdoor championships... made several national teams, including the '86 Pan Am Junior and '86 World Junior Championship teams... a three-time all state selection... **Personal:** enrolled in

FSU's undergraduate studies...born December 28, 1968.



AUNDREA LYONS

Freshman
Gahanna, Ohio

200 (24.75), 400 (55.3) One of three freshmen expected to make contributions during their initial seasons at FSU...gives the Lady Seminoles a much-needed boost in the 400, where no sprinter returns from last year's squad...comes to FSU from Lincoln High School, where she was coached by Roger Whitaker...at Lincoln, she ran PRs of 24.75 and 55.3 in the 200 and 400 meter events, respectively...will also vie for a post on both the 400 and 1,600 meter relays...**Personal:** Enrolled in FSU's undergraduate studies program...born March 27, 1970.



SHERRY MURPHY

Freshman
Spring Valley,
New York

200 (24.67) A highly recruited signee who will have an immediate impact...FSU coaches hope she can overcome shin problems that hampered her performance in the fall and early part of spring workouts...should see action in the 200, 400 and the 400 and 1,600 relays...comes to FSU with a personal best of 24.67 in the 200...finished among the top three at the National High School Championships at Boston College...selected FSU over a host of schools including Auburn and Georgia...**Personal:** Enrolled in FSU's undergraduate studies program...born May 20, 1970.



ANGELA NASH

Freshman
Jacksonville, Florida

400 (56.8), 800 (2:15) One of the most versatile sprinters on the squad, Angie

can run any number of events...her versatility allows coaches to use her in either the 400 or 800, and even longer distances...ran cross country during the fall to tune-up for the upcoming outdoor season...enters her freshman season with personal bests of 56.8 and 2:15 in the 400 and 800, respectively...ran her high school track at Jacksonville's Ribault High under head coach Charlie Helm...**Personal:** Enrolled in FSU's Basic Studies program...born September 12, 1970.



CANDI ODOM

Freshman
Delray Beach, Florida

LJ (18-10 1/2) As the most heralded recruit in this year's freshman class, Candi is expected to have an impact as a freshman...won the National Junior Olympics and finished second at the TAC National Junior meet in the heptathlon...of the seven events, the shot and 800 are her best...will see action in the heptathlon early in the outdoor season, on March 18-19 in the FSU Relays...is eligible to make a return appearance at the Junior National meet due to her age...highly recruited, she chose FSU over a number of schools, including Florida and Auburn...**Personal:** Enrolled in FSU's Basic Studies program...born November 30, 1970.



COLLEEN O'REILLY

Junior
Pembroke Pines,
Florida

800 (2:09) Developed into a national level athlete in the 800 and 1,500 over the last year...showed improvement in the indoor season, when she just missed the NCAA qualifying standard in the 800 meters...joined the program as a walk-on and has developed into one of the squad's most valuable performers...an outstanding student, she is scheduled to graduate in December, but will use her fifth year of eligibility after redshirting earlier in her career...**1988:** teamed with Carrie Boyd to give FSU a formidable middle distance tandem...ran her best time of the season at the Georgia Relays (2:13.5)...also

doubled in the 1,500 at the Georgia meet and ran a 4:38.79 in the event...**1986:** FSU's second finisher at the Florida State Invitational, Georgia dual meet, Carolina Invitational and Auburn dual meet...best time came at the Florida State-Georgia dual meet, a second place 18:26...did not compete during the 1987 track season...named to the All-Metro cross country team...turned in a fifth place time of 17:54 in her initial cross-country meet at the Auburn and Alabama invitationals...capped her freshman campaign with a sixth place showing at Metro Championships...**1985:** redshirted as a freshman...**Prep:** named runner of the year as a senior at Cooper City High...**Personal:** majoring in interior design...born February 15, 1967.



LISA SAMOCKI

Sophomore
Orlando, Florida

3,000 (10:16.74) One of FSU's top performers in the distance events...also the number four runner on the Lady Seminole cross country team...after spending most of her freshman season making the transition to collegiate competition, Lisa posted respectable times in the 3,000 and 5,000 events...**1988:** ran a 10:38 in the 3,000 at the Georgia Open and came back two weeks later to better that mark with a 10:18 at the Florida Tri-Meet...saved her best performance for the final meet of the outdoor season at the Seminole Twilight, finishing fourth in the 3,000 meters with a 10:16.74...**Prep:** one of four high school All-Americans signed by FSU Head Coach Terry Long...as a senior at Winter Park's Lake Howell High, she was considered the premier miler in the state...chose FSU over Georgia, Florida and Auburn...led Lake Howell to the 4A cross country state championship as a senior...a three-time all-state performer...**Personal:** Enrolled in basic studies...born March 7, 1969.

FLORIDA STATE WOMEN'S TRACK TRADITION

The Lady Seminole National Champions

Tradition. Few women's track programs across the country can claim a tradition as rich and deep as Florida State's. In just over 10 years of existence, the Lady Seminoles have earned a pair of national championships and seven Top 10 finishes. In addition, FSU student-athletes have won over 110 All-America awards at the NCAA Indoor and Outdoor Championships. These successes are virtually unmatched by any other women's track team.

This season brings a new challenge for FSU women's track team members. For the first time, they will have an opportunity to compete in a Metro Conference Championship meet when the Metro women's track teams congregate in Columbia, S.C. May 11-13. Given the success the Tribe women's team has accomplished on the national level, expect Lady Seminole traditions to grow with Metro Conference honors.

Over the years, nobody has done it better than the Lady Seminole track teams. Here's the proof:

June 6, 1981 and May 29, 1982

— The Lady Seminoles burst onto the national scene with third place outdoor finishes in 1981 and 1982. Those finishes were the start of a string of six Top 10 finishes in seven years. Florida State gave notice to the collegiate track world, quietly but emphatically, that it had arrived.

June 4, 1983 — Powered by a pair of record-setting relays, the Lady Seminoles finished second at the NCAA Championships in Houston, Texas. The record setting began with the 1600 meter relay as the FSU foursome of Angela Wright, Brenda Cliette, Marita Payne and Randy Givens ran 3:28.46 to establish a new mark. The next day, the same group established a new collegiate record in the 400 meter relay (42.94)

to win their second title. Both records still stand today.

June 2, 1984 — FSU's best outdoor performance occurred in 1984 when the Tribe scored 145 points to win the national title in Eugene, Ore. Florida State scored points in 11 events to defeat runnerup Tennessee by 21 points. The Lady Seminoles dominated the sprints and relays again as the quartet of Michelle Finn, Payne, Cliette and Givens defended both the 400 and 1600 relay titles. In the 100, with FSU runners in lanes 4-5-6, Olympian Givens used a strong finish to win the event going away. Cliette came in second with Finn fourth. FSU's finish in the 200 was more impressive as the team picked up 48 points via a 1-2-3-6-9 finish by Givens, Cliette, Payne, Finn and Janet Davis. Givens' win capped a remarkable weekend for the 18-time All-American as she claimed four national titles. Teammate Payne, a 21-time All-American, also won the 400 in a time of 49.91 to smash the NCAA record and lead her to the 1984 Summer Olympics. Her time still stands.

March 5, 1985 — Although few predicted FSU could continue its success after the graduation of Payne and Givens, the Lady Seminoles proved them wrong by taking the 1985 NCAA Indoor Championship. Sophomore Finn, one of the remaining members of possibly the greatest sprint team ever assembled on the collegiate level, surprised the nation with a victory in the 55 meters to vault Florida State to the title. Triple jumper Esmeralda Garcia's victory also proved crucial.

May 31, 1985 — Florida State silenced the critics and proved absolutely that they

intended to stay on top of the track world with a runner-up finish at the NCAA Outdoor Championships. Finn led the way once again, winning the 100 and taking second in the 200. Garcia won the triple jump, took third in the long jump and finished fifth in the 100.

March 15 and June 7, 1986 — Although labeled a "rebuilding" season, the Lady Seminoles rebounded to claim sixth and 14th place at the NCAA Indoor and Outdoor Championships, respectively. It foreshadowed good performances to come under first-year head coach Terry Long.

June 6, 1987 — The highlight of the 1987 season was the performance of FSU's fabulous 400 meter relay team. Throughout the year, Janet Levy, Andrea Thomas, Davis and Finn were unbeatable in their specialty. Finn completed a sparkling collegiate career with another national championship relay as she anchored the team to a 43.19 time, the fastest time by a non-national team consisting of entirely American athletes. The win gave the Lady Seminoles a 10th place team finish.

Florida State prepares to write another chapter in its long NCAA tradition this season behind its stars of the future. The Lady Seminoles also plan to begin work on its new tradition — Metro Conference style.



In 1984, the Florida State foursome of Michelle Finn, Randy Givens, Brenda Cliette and Marita Payne won both the 400 and 1,600 relay titles to power FSU to its first outdoor national title.

FLORIDA STATE NCAA ALL-AMERICANS

WOMEN'S TRACK & FIELD AND CROSS COUNTRY

DARIEN ANDREU

- 1981 Cross Country
- 1981 Indoor 5,000 Meters (5th)

ALICE BENNETT

- 1981 Indoor Long Jump (4th)
- 1981 Indoor 800 Meter Relay Champion
- 1981 Outdoor 400 Meter Relay Champion
- 1981 Outdoor 400 Meter Medley Relay
- 1982 Indoor 880 Yard Relay (2nd)
- 1982 Outdoor Long Jump (8th)
- 1982 Outdoor 400 Meter Relay (2nd)

CARLA BOROVICKA

- 1982 Indoor Two-Mile Relay Champion
- 1984 Indoor 1,500 Meters (6th)

TONJA BROWN

- 1982 Indoor 60-Yard Hurdles (7th)
- 1982 Indoor Mile Relay (6th)
- 1982 Outdoor 100 Meter Hurdles (4th)
- 1982 Outdoor 400 Meter Hurdles Champion

OVRILL DWYER-BROWN

- 1982 Indoor 600 Yard Run (5th)
- 1982 Indoor Two Mile Relay Champion
- 1982 Indoor Mile Relay (6th)
- 1982 Outdoor 1,600 Meter Relay (2nd)
- 1983 Outdoor 400 Meter Hurdles (8th)
- 1984 Indoor 1,600 Meter Relay (2nd)
- 1984 Outdoor 400 Meter Hurdles (6th)

BRENDA CLIETTE

- 1983 Outdoor 100 Meters (3rd)
- 1983 Outdoor 200 Meters (4th)
- 1983 Outdoor 400 Meter Relay Champion
- 1983 Outdoor 1,600 Meter Relay Champion
- 1984 Indoor 1,600 Meter Relay (2nd)
- 1984 Outdoor 100 Meters (2nd)
- 1984 Outdoor 200 Meters (2nd)
- 1984 Outdoor 400 Meter Relay Champion
- 1984 Outdoor Mile Relay Champion

MARGARET COOMBER

- 1981 Indoor 1,000 Meters (3rd)
- 1982 Indoor 1,000 Yards (8th)
- 1982 Indoor Two Mile Relay Champion
- 1982 Outdoor 1,500 Meters (7th)
- 1984 Indoor 1,500 Meters (5th)

JANET DAVIS

- 1984 Indoor 1,600 Meter Relay (2nd)
- 1984 Outdoor 200 Meters (6th)
- 1984 Outdoor Mile Relay Champion
- 1987 Outdoor 400 Meters (5th)
- 1987 Outdoor 400 Meter Relay Champion

CAROLYN FAISON

- 1982 Indoor 60 Yard Hurdles (6th)

MICHELLE FINN

- 1984 Indoor 55 Meters (4th)
- 1984 Outdoor 100 Meters (4th)
- 1984 Outdoor 400 Meter Relay Champion
- 1985 Indoor 55 Meters Champion
- 1985 Outdoor 100 Meters Champion
- 1985 Outdoor 200 Meters (2nd)
- 1985 Outdoor 400 Meter Relay (3rd)
- 1986 Indoor 55 Meters (2nd)
- 1986 Outdoor 100 Meters (5th)
- 1986 Outdoor 200 Meters (7th)
- 1986 Outdoor 400 Meter Relay (5th)
- 1987 Indoor 55 Meters (2nd)
- 1987 Outdoor 100 Meters (4th)

- 1987 Outdoor 200 Meters (6th)
- 1987 Outdoor 400 Meter Relay Champion

ESMERALDA GARCIA

- 1981 Indoor Long Jump (2nd)
- 1981 Indoor 60 Meters (2nd)
- 1981 800 Meter Relay Champion
- 1981 Outdoor Long Jump (2nd)
- 1981 Outdoor 100 Meters (5th)
- 1981 Outdoor 400 Meter Relay Champion
- 1981 Outdoor 800 Meter Medley Relay (6th)
- 1985 Indoor Triple Jump Champion
- 1985 Outdoor Triple Jump Champion
- 1985 Outdoor Long Jump (2nd)
- 1985 Outdoor 100 Meters (5th)
- 1985 Outdoor 400 Meter Relay (3rd)
- 1986 Indoor Long Jump (2nd)
- 1986 Outdoor Triple Jump (2nd)
- 1986 Outdoor 400 Meter Relay (5th)

RANDY GIVENS

- 1981 Indoor 800 Meter Relay Champion
- 1981 Outdoor 200 Meters (3rd)
- 1981 Outdoor 400 Meter Relay Champion
- 1981 Outdoor 800 Meter Medley Relay (6th)
- 1982 Indoor 300 Yard Dash (2nd)
- 1982 Indoor 880 Yard Relay (2nd)
- 1982 Outdoor 100 Meters (7th)
- 1982 Outdoor 200 Meters (3rd)
- 1982 Outdoor 400 Meter Relay (2nd)
- 1982 Outdoor 1,600 Meter Relay (2nd)
- 1983 Outdoor 100 Meters (6th)
- 1983 Outdoor 200 Meters (3rd)
- 1983 Outdoor 400 Meter Relay Champion
- 1983 Outdoor 1,600 Meter Relay Champion
- 1984 Outdoor 100 Meters Champion
- 1984 Outdoor 200 Meters Champion
- 1984 Outdoor 400 Meter Relay Champion
- 1984 Outdoor Mile Relay Champion

SCOOBY GOLDEN

- 1981 Indoor 1,600 Meter Relay (4th)
- 1981 Outdoor 1,600 Meter Relay (4th)
- 1982 Indoor Mile Relay (6th)

KELLEY HACKLER

- 1984 Indoor 800 Meters (6th)
- 1985 Indoor 3,200 Meter Relay (5th)

JANET LEVY

- 1984 Indoor 1,600 Meter Relay (2nd)
- 1984 Outdoor 400 Meter Relay (3rd)
- 1987 Outdoor 400 Meter Relay Champion

CHRIS MCKAY

- 1985 Indoor 3,200 Meter Relay (5th)

WENDY MARKHAM

- 1982 Outdoor High Jump (tie 5th)
- 1983 Indoor High Jump (3rd)
- 1983 Outdoor High Jump (2nd)

BRENDA MOORE

- 1985 Indoor 3,200 Meter Relay (5th)

DEBBIE MOSS

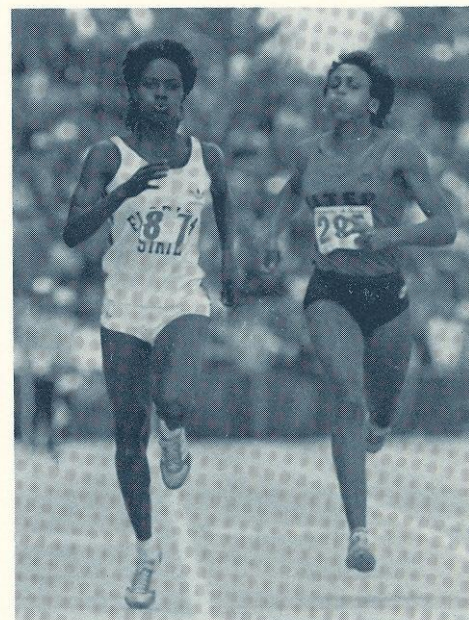
- 1981 Indoor 1,600 Meter Relay (4th)

KIM PARRISH

- 1982 Indoor 880 Yard Relay (2nd)

MARITA PAYNE

- 1981 Indoor 800 Meter Relay Champion
- 1981 Indoor 1,600 Meter Relay (4th)
- 1981 Outdoor 400 Meters (2nd)
- 1981 Outdoor 400 Meter Relay Champion



Marita Payne was a 21-time All-American at Florida State from 1981-84.

- 1981 Outdoor 1,600 Meter Relay (4th)
- 1981 Outdoor 800 Meter Medley Relay (6th)
- 1982 Indoor 60 Yard Dash (7th)
- 1982 Indoor 300 Yard Dash (4th)
- 1982 Indoor 880 Yard Relay (2nd)
- 1982 Outdoor 200 Meters (4th)
- 1982 Outdoor 400 Meters Champion
- 1982 Outdoor 400 Meter Relay (2nd)
- 1982 Outdoor 1,600 Meter Relay (2nd)
- 1983 Outdoor 200 Meters (6th)
- 1983 Outdoor 400 Meters (5th)
- 1983 Outdoor 400 Meter Relay Champion
- 1983 Outdoor 1,600 Meter Relay Champion
- 1984 Outdoor 200 Meters (3rd)
- 1984 Outdoor 400 Meters Champion
- 1984 Outdoor 400 Meter Relay Champion
- 1984 Outdoor Mile Relay Champion

NANCY RETTIE

- 1985 Indoor 1,000 Meters (3rd)
- 1985 Indoor 3,200 Meter Relay (5th)

ANDREA THOMPSON

- 1985 Outdoor 400 Meter Relay (3rd)
- 1987 Outdoor 400 Meter Relay Champion

JANETTE WOOD

- 1981 Outdoor 1,600 Meter Relay (4th)
- 1982 Indoor Two Mile Relay Champion

ANGELA WRIGHT

- 1981 Indoor 400 Meters (4th)
- 1981 Indoor 1,600 Meter Relay (4th)
- 1981 Outdoor 400 Meters (6th)
- 1981 Outdoor 1,600 Meter Relay (4th)
- 1982 Indoor 440 Yards (6th)
- 1982 Indoor Mile Relay (6th)
- 1982 Outdoor 400 Meters (7th)
- 1982 Outdoor 400 Meter Relay (2nd)
- 1982 Outdoor 1,600 Meter Relay (2nd)
- 1983 Outdoor 400 Meter Hurdles (3rd)
- 1983 Outdoor 400 Meter Relay Champion
- 1983 Outdoor 1,600 Meter Relay Champion

FLORIDA STATE LADY SEMINOLE RECORDS

EVENT	1988 TRACK BESTS	FSU OUTDOOR RECORD	MIKE LONG TRACK RECORD	COLLEGIATE RECORD
100 Meter Dash	11.44 Andrea Thompson Texas Invitational 5/7	11.20 Michelle Finn 1986	11.27 Randy Givens Florida State 1984	10.94 Dicne Williams Cal State-LA 1983
200 Meter Dash	23.6 Lisa Horton Eastern Airlines 4/23	22.31 Randy Givens 1983	23.08 Pauline Davis Alabama 1986	22.17 Merlene Ottey Nebraska 1982
400 Meter Dash	54.04 Janet Davis Eastern Airlines 4/23	49.91 Marita Payne 1984	52.37 Janet Davis Florida State 1987	49.91 Marita Payne Florida State 1984
800 Meter Run	2:13.17 Carrie Boyd Georgia Open 4/2	2:04.6 Ovill Dwyer-Brown 1982	2:03.8 Linda Detelesen Athletics West 1986	1:58.33 Claudette Groenendaal Oregon 1985
1,500 Meter Run	4:29.19 Carrie Boyd Florida Tri-Meet 4/16	4:18.56 Nancy Rettie 1985	4:16.42 Evelyn Adiru Alabama 1988	4:05.88 Lecnn Warren Oregon 1982
3,000 Meter Run	9:44.14 Carrie Boyd FSU Relays 3/17	9:22.94 Margaret Coomber 1984	8:47.73 Wendy Sly Great Britain 1984	8:47.35 Vicki Huber Villanova 1988
5,000 Meter Run	17:56.78 Michele Farrall Florida Tri-Meet 4/16	16:39.4 Darien Andreu 1981	16:00.68 Patti Sue Plumer Puma Track Club 1986	15:07.56 Cathy Branta Wisconsin 1985
10,000 Meter Run	N/A	34:42.6 Darien Andreu Florida State 1981	34:27.75 Kerrie Yenckak Edinboro 1987	32:28.57 Sylvia Mosqueda Cal State-LA 1988
100 Meter Hurdles	13.2 Mary Hawkins Eastern Airlines 4/23 & Andrea Thompson Eastern Airlines 4/23	13.42 Tonja Brown 1982	13.00 Pat Davis Mazda Track Club 1988	12.61 Gail Devers UCLA 1988
400 Meter Hurdles	58.33 Kim Batten Texas Invitational 5/7	56.46 Tonja Brown 1982	56.08 Angela Wright- Scott Bud Light TC 1984	54.61 Narwal El Moutawakel Iowa State 1984
400 Meter Relay	44.58 Lisa Horton, Andrea Thompson, Frenchie Holmes, Angela Curry Sun Angel Classic, 4/2	42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens 1983	43.9 Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens 1984	42.94 Wright, Payne, Cliette, Givens Florida State 1983
1,600 Meter Relay	3:51.30 Mary Hawkins, Frenchie Holmes, Angela Curry, Lisa Horton 4/2	3:28.46 Randy Givens, Brenda Cliette, Angela Wright, Marita Payne 1983	3:34.07 Janet Levy, Andrea Thompson, Janet Davis, Angela Curry Seminole Twilight 1987	3:28.46 Givens, Cliette, Wright, Payne Florida State 1983
Long Jump	19-7 3/4 Kim Batten Orlando Classic 4/9	21-7 Esmeralda Garcia 1985	21-6 3/4 Esmeralda Garcia Florida State 1986	23-9 Jackie Joyner UCLA 1985
Triple Jump	41-8 1/2 Kim Batten Seminole Twilight 5/28	44-10 3/4 Esmeralda Garcia 1986	43-6 1/2 Esmeralda Garcia Florida State 1986	45-5 1/4 Sheila Hudson California 1987
High Jump	6-1 1/4 Holly Kelly Texas Invitational 5/7	6-1 1/2 Wendy Markham 1983	6-0 1/2 Bridgette Reid Canada 1984	6-5 Maryse Ewanje-Epu Arizona 1985
Shot Put	26-4 1/4 Rosa Diaz Florida Tri-Meet 4/16	46-10 1/2 Vickie Smith 1977	49-2 Colleen Rosensteel Florida 1988	62-3 3/4 Meg Ritchie Arizona 1983
Discus	N/A	148-7 Donna Williams 1984	189-3 Kathy Landry Alabama 1986	221-5 Meg Ritchie Arizona 1983
Javelin	129-1 Rosa Diaz Florida Tri-Meet 4/16	172-2 Kan Keith 1987	182-8 Susie Ray Florida 1985	211-5 Karin Smith Cal Poly-SLO 1981
Heptathlon	N/A	N/A	N/A	6718 Jackie Joyner UCLA 1985

FLORIDA STATE 1989 MEN'S TRACK OUTLOOK

In the past, the Metro Conference Championship track meet was little more than a formality. Sure, the conference teams would gather to contest the title, but year after year, Florida State dominated the event. As a result, the gleam on that championship trophy did not shine too brightly.

For the past three seasons, it's been a different story as several schools have made serious runs at Florida State's stronghold on the title. Still, the Seminoles have managed to continue the longest conference winning streak in collegiate track and field.

"Up until three years ago the Metro championship was a lock, a walkover, for FSU," Florida State Head Coach Terry Long said. "Now, it has turned into an outstanding, evenly-matched track meet which offers more excitement. The fact that other conference teams have elevated their programs makes the championship much more meaningful."

Last year, FSU stretched its string of conference crowns to 12 on the basis of strong performances from three key juniors — Arthur Blake, Sammie Smith and Deion Sanders, who was named the meet's outstanding performer. With a strong junior contingent, it appeared Florida State was set for 1989, too.

But neither Smith, Blake, nor Sanders return for FSU this season. Smith and Sanders are pursuing professional football careers while Blake, a member of the 1988 U.S. Olympic team in the 110 high hurdle event, left school to devote his attentions to track on a full-time basis.

Instead of a senior-laden, veteran group, a host of freshmen, sophomores and juniors will be called on to carry the load in most events. A few have experience, the majority are talented and improving, but young, inexperienced and unproven.

"With those super talents gone, it will be up to the younger guys to take their place at the top of the heap," Long said.

The first-year men's head coach is excited about going into 1989 with some new faces to take over starring roles. Some of those more prominent new faces are athletes like James Milton, a 6-4, 190 pound freshman out of Ocala, Fla., who was the Junior Olympic National Decathlon champion last year. Milton will run the sprints, relays and hurdles, and do jumps. With bests of 21.6 in the 200, 24-1 in the long jump and 48-6 in the triple jump, FSU coaches are excited about his talent and potential.

Other freshmen who will be asked to contribute include jumper Harris Anthony (brother of Florida State wide receiver Terry), middle distance man Jason Frank, and pole vaulters Chris Keen and Darryl Meadows, a pair of state high school champions from Georgia and Florida, respectively, who both vaulted 15-9 in their prep days.

While the freshman crew is talented, it is the returnees who can provide leadership and experience.

In the field events, that role goes to pole vaulter Larry Carr, an NCAA qualifier last season, javelin specialist Tom Fetters and the combination of Eric Chambers and Mike Hill in the shot and discus. Erik Robinson returns for his senior season in the triple and long jump, while multi-event men Mark Napier and Mark McIntosh will be asked to contribute as well.

Carr is the FSU record holder and Metro Conference champion who has jumped 17-6 1/4 in his career. After battling injuries last season, he is expected back in full stride again. Fetters, who consistently threw over the 200 foot mark last season, hopes to improve on his 218-10 best.

On the track, All-Metro performers David Keen and Jacob Hoesly are FSU's strongest hopes in the distance events; a big group of middle distance runners is led by junior Billy Penick, who finished second in the 1,500 meters at the Metro meet last year. Sophomore Tyrone Bligen and junior Rodney Lawson claim seniority in the sprints and hurdles, respectively. Bligen and Lawson, the 1988 Metro champion in the 110 High Hurdles (13.83), will also be asked to run the sprint events in 1989. Bruce James is FSU's main man in the 400 IH race, and is looking to improve on his 52.33 PR in the event.

Here's the Seminole breakdown event by event:

Sprints — The challenge here will be to replace Deion Sanders, Arthur Blake and Sammie Smith in events which Florida State dominated last season. Sophomore Tyrone Bligen, who has run a 47.35 in the 400 race, is the top returnee, although he'll have help from Dexter Carter, a football scholarship athlete who also participated in track last season, and hurdler Rodney Lawson. Carter was only the third best football player on the track team last year, but showed promise by running the 100 meters in 10.77. Freshmen James Milton and Hillard



Sophomore Tyrone Bligen is expected to play a key role on Florida State's 1,600 meter relay team again in 1989.

Goldsmith have excellent credentials out of high school.

Long says: *"The sprint crew is very young and talented, but it's going to take time for them to gain experience and develop."*

Hurdles — NCAA qualifier and '88 Metro champion Lawson leads a talented group of FSU hurdlers in 1989 action. John Whitehead, a third place finisher at the Metro meet last year behind Lawson and Arthur Blake, also returns in the 110 High Hurdles while Milton and Mark McIntosh back them. In the 400 IH, FSU's Bruce James was second in the Metro last season in a time of 52.33 with Chris Sloan third. Both have shown steady improvement and appear on the verge of meeting NCAA qualifying marks. Lawson, McIntosh and jumper Erik Robinson could also score in these events.

Long says: *"Although the loss of Olympian Arthur Blake hurts, we have some top-notch people returning, including NCAA qualifier Rodney Lawson."*

Middle Distance — Junior Billy Penick, who finished second in the Metro in the 1,500 meter race last season in his best time of 3:53.6, is the top name among a large group of middle distance men for FSU.

He and fellow juniors Gary Rosen and Allen Williams will be asked to provide leadership and help to the younger athletes. Williams comes to FSU after an outstanding career at Florida Junior College where he was one of the top JC runners in the state. His top event was the 800 where he posted a best of 1:51.7.

Also in the middle distance group are freshmen Jason Frank, Derwent Palmer and Rance Kay, Tallahassee sophomore John DeGrummond and Chris Mooney. Frank is the freshman to watch, according to Long, he could develop into a key performer for the Seminoles as he joins the team with a best of 4:17.0 for the mile.

Long says: *"We've got the greatest talent pool in this area and we'll be counting on them to make a valuable contribution this season. They are closely grouped together and we'll need someone in this group to come through."*

Distance — The Seminoles are thinnest in the distance events — the 5,000 and 10,000 meter runs. All-Metro performer David Keen and

Jacob Hoesly, both seniors, will carry the load for FSU. Keen has run times of 14:46.84 in the 5,000 and 31:12 in the 10K. Hoesly's specialty has been the 3,000m Steeplechase where he has a 9:02.70 time to his credit. DeGrummond and Mooney could be called on to work here as well. They'll be working under new distance coach Sue Addison, who joined the staff in January.

Long says: *"We will redshirt some of our young distance runners and hope to get by with Keen and Hoesly this season. Obviously, it's an area where we are extremely thin."*

Jumps — Long hopes to get improved performances out of his horizontal jumpers this year as newcomers Harris Anthony and James Milton join seniors Erik Robinson and Mark Napier.

Milton's best of 24-1 in the long jump and 48-6 in the triple jump compare favorably with FSU's top marks of a year ago as Napier recorded the best triple jump at 48-7 1/2 and Robinson's long jump best stood at 24-0. It's an area Long says "could" be strong with a blend of new and old talent.

In the high jump, Napier and a pair of freshmen — Anthony and Chris Wilkey — will try to fill the hole left by the departure of All-American Darryl Wills.

Long says: *"Our horizontal jumpers form possibly the most talented event area group on our squad. The high jumpers, for the most part, are very young. We're hoping one will emerge to fill the void left when Darryl Wills graduated."*

Throws — A small, but quality, group of three individuals comprises the Seminole throw contingent. Leading the way is javelin specialist Tom Feters, a solid threat to win the Metro title after a runner-up finish last year. Feters returns for his final season with a best of 218-10. In the shot and discus, sophomores Eric Chambers and Mike Hill are the Florida State 1-2 punch. Chambers, who prefers the shot, has thrown 51-8, and Hill's discus best was a 155-8 last season.

Long says: *"These three give us a solid threat in the throwing events."*

Pole Vault — Although FSU lost Tom Reither to graduation, two high school standouts join returning NCAA qualifier Larry Carr to give Florida State one of its strongest vault groups ever. Carr, who vaulted 17-

5 1/4 last season in qualifying for the NCAA meet, will be backed by state high school champions Chris Keen (Georgia) and Darryl Meadows (Florida). Carr will look to regain the form which put him among the nation's elite in the event before injuries slowed him last year. The junior has jumped 17-6 1/4 before.

Long says: *"The pole vault will be a strength for our team this year. Larry Carr is the leader of a strong contingent of field event athletes and our freshmen bring impressive credentials to this area."*

Schedule — Florida State's schedule is designed to provide the level of competition needed by each athlete, according to the individual's needs. Thus, the Seminoles focus on the outdoor season rather than stress the indoor meets, and will at times send different athletes to different meets on any weekend. Thus, FSU athletes will participate in meets from coast to coast including the Sun Angel Relays in Tempe, Ariz., the Orlando Track Classic in Orlando, Fla. and the Texas Invitational in Austin, Texas.

As usual, the Seminoles will play host to some of the top track talent in the South at the FSU Relays the weekend of March 17-18. Although the Metro Conference meet will be held in Columbia, S.C. this season, Florida State will also hold the Eastern Airlines Invitational and the Seminole Twilight Meet in Tallahassee.

All the competitions are designed to prepare the Seminole athletes for their run at the 13th straight Metro crown. While Long stops short of calling 1989 a "rebuilding" year, he'll admit retaining that Metro title will not be as easy as once thought.

"We could've been a juggernaut, but we'll take the people we've got and make a run at it," Long said. "It is a transition year — it's a challenging year for our people. The attention will be focused on their ability to show dramatic improvement and leadership. Those are the keys to this season."

With Virginia Tech and especially South Carolina prepared to knock Florida State off the top of the Metro heap, Long hopes "13", as in a 13th consecutive Metro crown, will be the Seminoles' lucky number in 1989.

FLORIDA STATE SEMINOLE PROFILES



TYRONE BLIGEN

Sophomore
Charleston,
South Carolina

400 (47.35) Returns as Florida State's top performer in the 400 meters...a key member on FSU's 400 and 1,600 meter relays...style is comparable to that of former Olympian and FSU All-American Walter McCoy...FSU coaches have tinkered with his race strategy to make him a more aggressive runner...continues to improve his self-confidence and performance, which leads many to think NCAA qualification is not far away...made a breakthrough last season, cutting his time by almost a full second at the Florida Tri-Meet...**1988:** Ran not only FSU's top time, but a personal best of 47.35 at the Florida Tri-Meet in Gainesville...also ran 47.54 at the Seminole Twilight...up to that point he had only run times in the mid-48s...also anchored FSU's Metro Championship 1,600 meter relay... that posted a 3:09.65...**Prep:** the South Carolina state champion in the 440, he ran sub-48 times in the quarter and ran 46+ on the 1,600 meter relay...selected Florida State over Clemson and South Carolina...**Personal:** Enrolled in FSU's undergraduate studies program...born March 14, 1968.

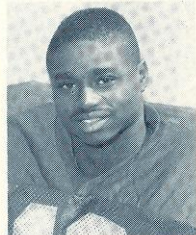


LARRY CARR

Junior
Jacksonville, Florida

PV (17-6 1/4) FSU's premier field event performer and one of the top pole vaulters in the nation...came to FSU with a PR of 16-0 and has improved to a 17-6 1/4 in the event...one of the hardest workers on the team...the FSU (17-6) and Metro Conference (17-2) record holder in the pole vault...has overcome back problems that plagued him last year...one of only two returning NCAA qualifiers from last year's squad...**1988:** Set the school record in the pole vault during the indoor season, but was hampered by back injuries that led to his taking a

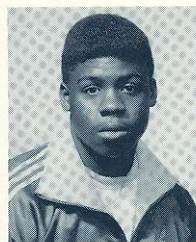
redshirt during the outdoor season...**1987:** Started off the indoor season by bettering his previous personal best with a 15-3 1/2 vault at the LSU Relays...breakthrough came at the Florida State-Tenneco Relays, where he jumped 17-0...also vaulted 17-2 1/2 at the Griffin Invitational and 17-1 3/4 at the Gatorade Classic...matched the 17-2 1/2 at the Metro Championships...in his first appearance at the NCAA Championships, cleared 17-1 3/4 in both the trials and finals to finish 10th in the nation...**1986:** cleared 15-2 3/4 and 15-0 in dual meet against Auburn and Florida...tied for fourth at the Metro Championships with a vault of 15-6...**Prep:** Attended Wolfson High, where he was the state champ in the pole vault with a best of 16-0...first high school athlete in Florida to clear 16-feet...**Personal:** Majoring in Communication...born December 14, 1966.



DEXTER CARTER

Junior
Baxley, Georgia

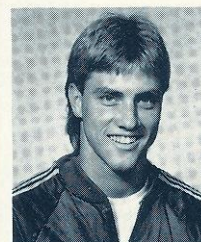
100 (10.77) A popular two-sport athlete who will see his workload increase with the graduation of several sprinters off last year's team...ran the leadoff leg of the school-record 400 meter relay team that ran a 39.40...the team of Dexter, Deion Sanders, Sammie Smith and Arthur Blake also qualified for the NCAA Championships, but did not score at the meet...in first year of collegiate track competition, Dexter went through spring football practice in the afternoon and came to track practice later in day...in the fall, he'll battle for the starting running back duties on the football team...averaged 5.7 yards a carry on 58 attempts last season...**1988:** Finished fourth at the Metro Championships, behind fellow football stars Deion Sanders and Sammie Smith in running his personal best in the 100 meters...**Prep:** Starred in football and track at Baxley High...**Personal:** Majoring in child development...born September 15, 1967.



ERIC CHAMBERS

Sophomore
Altamonte Springs,
Florida

SP (51-8) After scoring at the Conference meet as a freshman, Eric returns as a major contributor this season... finished third at the Metro Championships and picked up unexpected points in the shot put that enabled FSU to win its 12th straight title...scheduled to double in the shot put and discus...a young sophomore, he turns 18 in July...his youth allowed him to compete in a number of age-group meet including the Junior Olympics, where he finished second...FSU coaches think he can emerge as one of the top shot putters in school history before he's done...**1988:** Spent most of the indoor and outdoor season recovering from pneumonia...sidelined for more than a month and lost much of the strength and bulk he gained during the fall of his freshman year...managed to post the team's top shot put effort of the season (51-4)... also threw 50-3 1/2 in first meet of his collegiate career at the FSU Relays...**Prep:** won the Florida 4A shot put title as a senior...coached in high school by former Florida State All-American Charlie Harris at Lake Brantley High...an all-district linebacker at LBHS...**Personal:** Enrolled in Florida State's basic studies program...born July 8, 1970.

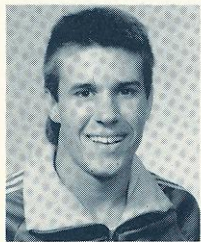


TOM FETTERS

Senior
Longboat Key, Florida

JAV (218-10) Perhaps the team's top story in 1989...one of the hardest workers on the team...has improved to challenge NCAA qualifying standards, despite his lack of size (5-10, 170 pounds)...one of the smallest competitors in the javelin throw at every meet this year... determination was rewarded three years ago, when he earned a scholarship after joining the squad as a walk-on...a three-time Metro Conference champion...**1988:** Won his third consecutive Metro title...also surpassed the 210 foot

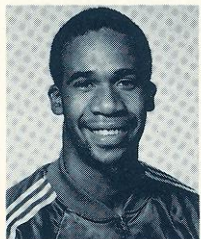
mark in four meets (Georgia Open, FSU Relays, FSU-Tri Meet and Metro)...his second best mark of the season came at the Georgia Open with a heave of 218-10, also a personal best...made a last ditch effort to qualify for the NCAA Championships at the Seminole Twilight and missed with a 191-6 throw...**1987:** started the outdoor season by throwing a personal best at the Florida State-Tenneco Relays (217-11)...eclipsed the 200-foot barrier on two other occasions...threw 206-2 at the Griffin Invitational in Atlanta...won the Metro Conference title with a 208-2 effort...**1986:** Although redshirted, Tom competed in the open division of a number of meets...threw 185-1 at the Seminole Twilight...also finished first with a throw of 203-5 at the Domino's Pizza Relays...**1984-85:** Attended Edison Community College in Ft. Myers...**Prep:** captained the North Hills track team in Pittsburgh...**Personal:** Majoring in marketing...born August 1, 1965.



JASON FRANK

Freshman
Nobleton, Florida

Mile (4:17) One of the top middle distance prospects in Florida a year ago...should help fill a void in the 800 and 1,500 for FSU...won the Golden South mile last year, racing to a 4:17 clocking...will also help the FSU cross country team...although already a top freshman in his specialty, FSU coaches think he'll make marked improvement in the years to come...**Personal:** Enrolled in FSU's undergraduate studies program...born October 2, 1970.



MIKE HILL

Sophomore
Kingston, Jamaica

D (155-8) Expected to be FSU's top performer in the discus...will also put the shot to give FSU a formidable 1-2 combination in he and Eric Chambers...figures to score in both events at the Conference Championships in '89...**1988:** Best throw of the season came at the Georgia Open, where he threw a personal best 155-8...came close to that mark at the FSU Relays with a heave of 155-6...**1987:** hurt during much of the season and was

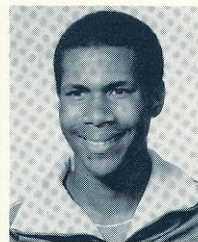
redshirted...**Prep:** A high school teammate of hurdler Bruce James...**Personal:** An outstanding student, Mike is a pre-med major...born May 28, 1968.



JACOB HOESLY

Senior
Addison, Illinois

3,000 SC (9:02.70) His return from a red-shirt season is a huge boost to the distance corps...should have an immediate impact in the distance events as he won the Metro 3,000 steeplechase in 1987...should also see action in the 1,500 and 3,000 distances...**1988:** Redshirted during the outdoor season...**1987:** Won the Metro Conference Championship in the 3,000 meter steeplechase with his 9:02.70 time...that time was 16 seconds faster than the second place finisher...also finished fifth in the 1,500 meters...**1985-86:** A junior college All-American at DuPage Junior College...appeared at the Domino's Pizza Relays his sophomore year and left an impression on the FSU coaching staff by winning the 3,000 meters Division II steeplechase with a time of 9:09.81...**Personal:** Majoring in Geography...born December 1, 1965.



BRUCE JAMES

Junior
Kingston, Jamaica

400 IH (52.33) Perhaps FSU's most improved performer going into '89...his improvement in the 400 intermediate hurdles gives FSU a formidable scoring threat in that event at the Metro Championships... will run a leg on FSU's 1,600 meter relay team, after running lead-off on the Metro Champion unit last year...posted times in the low 50's in the latter stages of the '88 outdoor season and could challenge NCAA qualifying standards before the end of his career...**1988:** Ran his best time of the outdoor season at the Seminole Twilight, finishing the year with an outstanding time of 52.33...also cruised to a 52.62 at the Metro Championships to finish second...doubled at the Metro meet on FSU's 1,600 meter relay and keyed team to a 3:09.65 clocking to win the conference crown...**Prep:** A high school teammate of FSU discus thrower Mike Hill at Jamaica's Wolmers School...**Personal:**

Majoring in business management...born September 2, 1967.



RANCE KAY

Freshman
Ocala, Florida

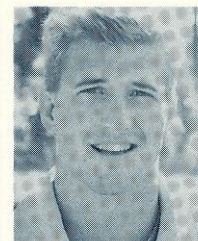
800 (1:56.1) FSU's lone signee in the 800...gives squad depth in the traditionally thin middle distance events...state 1A champion in the 800...ran a personal best of 1:56.1 as a high school senior...FSU coaches are impressed with his potential, which could lead to him taking a redshirt during the indoor season...needs only added maturity and experience before he posts outstanding times...another FSU athlete who hails from a small high school...**Personal:** Enrolled in FSU's undergraduate studies program...born July 19, 1970.



CHRIS KEEN

Freshman
Jefferson, Georgia

PV(15-9) One of the top pole vaulters to come out of the high school ranks last spring...named the outstanding track athlete in the state of Georgia by *USA Today*... has cleared 15-9 in the vault and should reach NCAA qualifying standards in his career...a gifted athlete, he was an all-state wide receiver in high school and won a state wrestling championship...ran the intermediate hurdles in high school, but will concentrate on the pole vault in college...**Personal:** Enrolled in Florida State's undergraduate studies program...born August 3, 1968.



DAVID KEEN

Senior
Marianna, Florida

5,000 (14:46.84), 10,000 (31:12) Returns for his senior season as FSU's top performer in the 5,000 and 10,000 events...hard worker who has developed into one of the top distance men in the

Southeast...a former walk-on who earned a scholarship with rapid development following his freshman campaign...**1988:** Ran the squad's top time in the 5,000 at the Georgia Open, racing to a 14:55.74...helped FSU to a 12th straight Metro Conference title with his performance at the Championships...scored points for FSU with a 30:55.74 in the 10,000...**1987:** FSU's top finisher at all but one cross country meet...capped the cross country season with a third place finish at the Metro Conference Championship...top time in the 5,000 during the track season came at the Florida State-Florida dual meet, when he ran 14:46.58...finished fourth at the Metro Conference Track and Field Championships with a 31:12 clocking...**1986:** A member of the FSU cross country team, but wasn't among top seven runners...made a startling breakthrough in the spring to place fourth in the Metro Championships with a time of 31:34.43...received All-Metro honors for that performance...**Prep:** State runner-up in the mile as a junior...attended Marianna High...**Personal:** An economics major...born June 17, 1967.

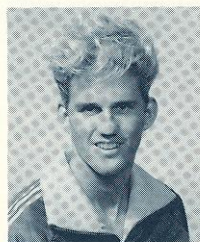
though FSU coaches were hoping for at the Metro Championship, when he won the event...won medalist honors with an NCAA qualifying time of 13.83...FSU coaches were impressed with his speed in the 400 meters and made him the lead-off leg on the 1,600 meter relay...**1988:** After qualifying for his first NCAA Championship just a few weeks earlier, surprised many with a 10th place finish at the NCAA Outdoor Championships...ran 14.00 in the semi-final heat in Eugene, Ore...**1987:** ran a season-best time of 14.40 in the 110 meter high hurdles at the Florida State-Florida dual meet...also ran on the 1,600 meter relay team...**Prep:** Ranked second in the nation in the high hurdles in 1986...named to the *Track and Field News* High School All-America team...also placed sixth at the Junior National Championships...**Personal:** Majoring in public administration...born January 22, 1967.

mer All-America Arthur Blake to Florida State...**Personal:** an excellent student, he is enrolled in FSU's undergraduate studies program...born November 8, 1969.



CHRIS KEENEY

Freshman
Honolulu, Hawaii



MARK MCINTOSH

Sophomore
West Palm Beach,
Florida



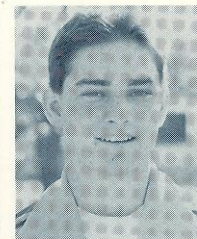
JAMES MILTON

Freshman
Ocala, Florida

200 (21.6), LJ (24-1), TJ (48-6) A raw talent who will be groomed as a decathlete...will also compete in the 200, long and triple jumps...does not favor one event over another and does not have a weakness among the 10 events...an unknown among track and field circles until late in his senior year, when he won the state decathlon championship...Florida State coaches recruited and signed him early, despite a late rush by a number of schools following his win at state...**Personal:** Enrolled in Florida State's undergraduate studies program...born August 28, 1970.

1,500 (4:00.0) Although he appears to be a year away from contributing, expected to become a major factor in the distance events...lettered during the cross country season...expected to take a redshirt year during the outdoor track season to preserve a year of eligibility...**Personal:** Enrolled in FSU's undergraduate studies program...born October 5, 1970.

DEC (6,117) Although he specializes in the decathlon, Mark's value to the team goes much farther...could make contributions in several other events, including the pole vault and hurdles...combines with Mark Napier to give FSU a 1-2 scoring punch in the Metro decathlon...his collegiate personal best came at the Metro Championship, where he scored 6,117 points...**1988:** Besides a fourth place finish at the Metro Championships, competed in the decathlon at the Georgia Open, where he compiled 6,082 points...**Prep:** the 1987 state decathlon champion at West Palm Beach Twin Lakes High School...**Personal:** Enrolled in FSU's undergraduate studies program...born May 13, 1968.



DARRYL MEADOWS

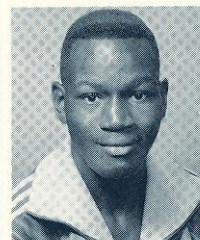
Freshman
Orlando, Florida

PV (15-9) The 1988 Florida state high school and Golden South champion in the pole vault...expected to have an impact, despite competing in just his freshman season...comes to FSU with personal bests of 15-9 outdoors and 15-6 indoors...one of two state champion pole vaulters signed by FSU last spring to carry on vaulting tradition...changed his technique since arriving at FSU, which should help him make an easier transition to collegiate competition...coached by Aubrey Whitaker at Orlando's Lake Highland Prep...**Personal:** Enrolled in FSU's Basic Studies program...born January 19, 1970.



RODNEY LAWSON

Junior
Jacksonville, Florida

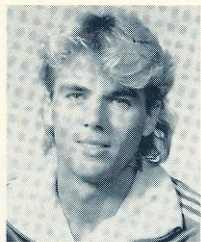


DERWENT PALMER

Freshman
Lake Hamilton,
Florida

110HH(13.83) Returns as one of only two NCAA qualifiers off last season's team...has been training with Olympian and former FSU All-America Arthur Blake at Mike Long Track...Blake has helped him with mental preparation in the hurdles...helped Lawson run personal best times during the latter stages of the '88 outdoor season...made the break-

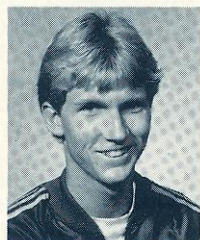
400 (47.7) Signed for immediate help in the 400 meters, but will work in any number of areas, including the 400, 800 and relays...FSU coaches think his future may lie in the 800...hails from the same high school (Haines City) that sent for-



MARK NAPIER

Senior
Apopka, Florida

DEC (6,491) TJ (48-7 1/2) Although he has never qualified for an NCAA Championship event, may well be the most valuable athlete on the FSU squad...versatility allows him to run a number of events, which will translate to points at the Metro Championships in May...came to FSU as a specialist in the decathlon, but will compete in the pole vault, high jump and triple jump...**1988:** scored a team-high 6,491 point in the decathlon at the Metro Championships to finish third...jumped 48-7 1/2 to post the longest triple jump by an FSU athlete during the outdoor season...**1986:** sat out the season in accordance with NCAA rules after transferring from Mississippi...**1984-85:** competed for the University of Mississippi...**Prep:** Ran high school track for former FSU All-America Charlie Harris at Altamonte Springs Lake Brantley High...named Lake Brantley's Athlete-of-the-Year his senior year...**Personal:** Majoring in physical education...born November 8, 1969.



BILLY PENICK

Sophomore
Sanford, Florida

1,500 (3:53.6) Came on strong at the end of the outdoor season last year... expected to pick up where he left off...one of the key performers for FSU...needs to come through in order for FSU to repeat as Metro Conference champions for the 12th year in a row...after experimenting with the 3,000 meter steeplechase earlier in his career, he will be called on to run in that event as well as the 800 and 1,500...although a junior academically, he was redshirted during the outdoor track season and has three years of eligibility remaining...**1988:** Finished third in the Metro Conference Championships with a personal best of 3:53.6...the fastest time run by a Seminole in '88...raced to a 3:37.9 at the Florida Tri-Meet...**1987:** Cracked the top 12 at three meets during cross country season...came in 12th at the FSU-Auburn dual meet and 10th at the Carolina Invitational...also finished seventh at the Florida State-Georgia dual meet...**Prep:** Won the class 4A state crown

as a junior and placed second in that event as a senior...helped Seminole High to consecutive state titles his final two years there...also won the 4A individual title at the 1985 Florida State Cross Country Invitational...**Personal:** Majoring in physical education...born June 21, 1968.



ERIK ROBINSON

Senior
Miami, Florida

LJ (24-0) TJ (51-5 1/2) Spent most of his first season at FSU becoming accustomed to collegiate competition...came to FSU from Miami-Dade South, where he went over the 50-foot mark in the triple jump many times...holds personal bests of 51-5 1/2 in the triple jump and 24-0 in the long jump...FSU coaches expect a better outdoor season of competition, which could lead to Metro Championships in both events...**1988:** Concentrated his efforts on the triple jump...best jump of he season came at the Orlando Track Classic in Winter Park, where he leaped 48-5 1/2...mark was second only to Mark Napier on the team...**JuCo:** Came to Florida State after two seasons at Miami-Dade South Community College...finished third at the FSU-Tenneco Relays as a sophomore, jumping 48-10 in the finals...**Personal:** A biology major...born January 17, 1967.

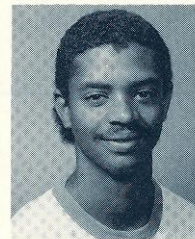


CHRIS SLOAN

Sophomore
Clearwater, Florida

400 IH (53.79) One of the most pleasant surprises for the FSU coaching staff last year...will again be a contributor in the 400 intermediate hurdles and the 1,600 meter relay...filled in nicely last year on the 1,600 meter relay team when FSU lacked 400 meter sprinters...**1988:** Ran two of his top times of the season in the 400 intermediate hurdles at the Georgia Open (53.79) and the FSU Relays (53.99)...ran the third leg of the Metro Championship 1,600 meter relay...that team saved its best performance for the Conference meet, when it cruised to a 3:09.65 time...all four members of the relay return in '89...**Prep:** Ran high school track for Coach John Citron at Clearwater High...**Personal:** Enrolled in FSU's under-

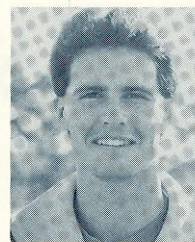
graduate studies program...born October 27, 1969.



ALLEN WILLIAMS

Junior
Hillside, New Jersey

800 (1:51.7) One of the top middle distance runners coming out of the junior college ranks last season... expected to have an immediate impact in both the 800 and 1,500 meter events...comes to FSU from Florida Junior College in Jacksonville, where his best time in the 800 was 1:51.7...his stride and style is reminiscent of another juco transfer in the middle distance events, Seminole All-America Ocky Clark...**Personal:** Majoring in French and minoring in international business...born July 21, 1965



JOHN WHITEHEAD

Junior
Melbourne, Florida

110 HH (13.28) His development in the high hurdles gives FSU another legitimate point scorer at the Metro Championships...helped sweep the event last year at the Conference meet, as he teamed with Arthur Blake and Rodney Lawson to take the top three places...**1988:** Finished third in the finals of the 100 meter highs at the Metro Championships, running to a personal best time of 13.28...**JuCo:** Transferred to FSU from Brevard Community College in his hometown of Melbourne...**Personal:** Majoring in criminology...born June 2, 1966.

FLORIDA STATE ROSTERS

MEN'S TRACK

NAME	EVENTS	HGT	WGT	CL	HOMETOWN	HIGH SCHOOL	HS/JC COACH
Harris Anthony	J	6-1	155	FR	Daytona Bch., FL	Spruce Creek	Wayne Wheeler
Tyrone Bligen	S	5-11	160	SO	Charleston, SC	St. Andrews	Richard Luden
LeRoy Butler	S,R	6-0	193	JR	Jacksonville, FL	Lee	Corky Rogers
Larry Carr	PV	6-0	175	JR	Jacksonville, FL	Wolfson	Paul Nowicki
Dexter Carter	S,R	5-9	174	JR	Baxley, GA	Appling County	John Stephens
Eric Chambers	SP,DI	6-1	225	SO	Apopka, FL	Lake Brantley	Charles Harris
John DeGrummond	D	5-10	145	SO	Tallahassee, FL	Leon	Jim Everett
Anthony Eaton	J	6-0	128	SR	Alexandria, VA	T.C. Williams	A.J. Johnson
Tom Fetters	JAV	5-10	170	SR	Pittsburgh, PA	North Hills	Chris Richards
Jason Frank	MD	6-2	172	FR	Nobleton, FL	Hernando	Brian Andrews
Hillard Goldsmith	S,MD	5-9	155	FR	Pensacola, FL	Washington	Richard Erwin
Michael Hill	SP,DI	6-2	210	SO	Miami, FL	Wolmers (Jamaica)	Steven Francis
Jacob Hoesly	MD	6-3	155	SR	Addison, IL	DuPage CC	Dan Ottoson
Bruce James	R,IH	6-3	179	JR	Kingston, Jamaica	Wolmers	Steven Francis
Rance Kay	MD	6-2	163	FR	Ocala, FL	St John Lutheran	Mark Hoger
Chris Keen	PV	6-0	165	FR	Jefferson, GA	Jefferson	Jack Keen
David Keen	D	6-3	160	SR	Marianna, FL	Marianna	Lowell Centers
Chris Keeney	D	5-9	136	FR	Honolulu, HI	Punahou	Al Rowan
Rodney Lawson	S,H	6-0	156	JR	Jacksonville, FL	Sandalwood	Charles McPhilomy
Ronald Lewis	S,R	6-0	179	JR	Jacksonville, FL	Raines	Freddie Stephens
Brian Mallory	S,J	5-9	140	JR	Orlando, FL	Montgomery (Md.)	Jerome Easter
Mark McIntosh	S,H	6-0	150	SO	Palm Beach, FL	Twin Lakes	Dick Meler
Darryl Meadows	PV	5-11	150	FR	Orlando, FL	Lake Highland	Aubrey Whitaker
James Milton	S,J	6-4	190	FR	Ocala, FL	Forest	Dave Homer
Chris Mooney	D	5-8	140	FR	Bronx, NY	South Plantation	Guy Taglianti
Mark Napier	J	6-2	175	SR	Apopka, FL	Lake Brantley	Charlie Harris
Derwent Palmer	MD	6-0	156	FR	Lake Hamilton, FL	Haines City	George Harris
Billy Penick	MD	6-1	170	SO	Sanford, FL	Seminole	Ken Brauman
Erik Robinson	J	6-1	173	SR	Miami, FL	Dade South CC	Jerry Isom
Gary Rossen	MD	5-7	143	JR	Great Neck, NY	Great Neck South	Bob Barratta
Sean Schultz	PV	5-10	171	FR	Cape Coral, FL	Mariner	Coach Halvick
Chris Sloan	H	5-11	150	SO	Clearwater, FL	Clearwater	John Citron
Oliver Strickland	SP	6-3	285	FR	Philadelphia, PA	W. Philadelphia	Bill Clausen
Shelton Thompson	DI	6-3	248	JR	Lakeland, FL	Lake Gibson	Tom Atwell
Billy Walden	D	5-10	130	FR	Daytona Bch., FL	Mainland	James Jewell
John Whitehead	H	6-4	178	JR	Melbourne, FL	Brevard CC	Frank Craig
Christopher Wilkey	HJ	6-2	150	FR	Jacksonville, FL	Bishop Kenny	Steve Lyons
Allen Williams	D	6-0	140	JR	Hillside, NJ	Florida JC	Larry Monts

WOMEN'S TRACK

NAME	EVENTS	HGT	WGT	CL	HOMETOWN	HIGH SCHOOL	HS/JC COACH
Kim Batten	J,IH	5-7	122	SO	Rochester, NY	East	Betty Rich
Sonya Blades	J	5-4	126	JR	Ft. Lauderdale, FL	Piper	Theodore Beverly
Carrie Boyd	D	5-8	127	JR	Marietta, GA	Berkner	Sandra Lyman
Rosa Diaz	JAV, H	5-9	130	SO	Miami, FL	Sunset	John Hammontree
Michele Farrall	D	5-4	104	JR	Seminole, FL	Seminole	Richard Zacholski
Tanya Grannemann	SP,DI	5-11	156	FR	Pompano Beach, FL	Northeast	Bruce Calhoun
Angela Harris	S,MD	5-6	114	FR	Orange Park, FL	Orange Park	Fred Jones
Dolly Hill Harrison	D	5-6	140	JR	Valparaiso, FL	Niceville	Terry Smith
Carolyn Hightower	H,J	5-5	128	SO	Orlando, FL	Evans	Don Foy
Lisa Horton	S	5-5	112	JR	Rochester, NY	East	Bob Pryor
Holly Kelly	HJ, R	6-0	130	SO	Miami, FL	Palmetto	Betty Rich
Aundrea Lyons	S	5-5	122	FR	Gahanna, OH	Lincoln	Dr. Robert Miller
Sherry Murphy	S	5-7	129	FR	Spring Valley, NY	Spring Valley	Roger Whitaker
Angela Nash	S,MD	5-4	113	FR	Jacksonville, FL	Ribault	Jim Ashcroft
Candi Odom	S,H,J	5-5	123	FR	Delray Beach, FL	Atlantic	Charlie Helm
Colleen O'Reilly	MD,R	5-7	119	JR	Pembroke Pines, FL	Cooper City	Donna Mannion
Anita Robinson	D	5-2	107	SO	Ft. Pierce, FL	Westwood	Norman Price
Lisa Samocki	D	5-5	118	SO	Casselberry, FL	Lake Howell	Steve Yerks
Carmellia Shivers	S,H	5-9	125	JR	Titusville, FL	Florida CC	Coach Cash
Carolyn Smith	MD	5-9	115	SO	Orlando, FL	Oak Ridge	Tom Hammontree

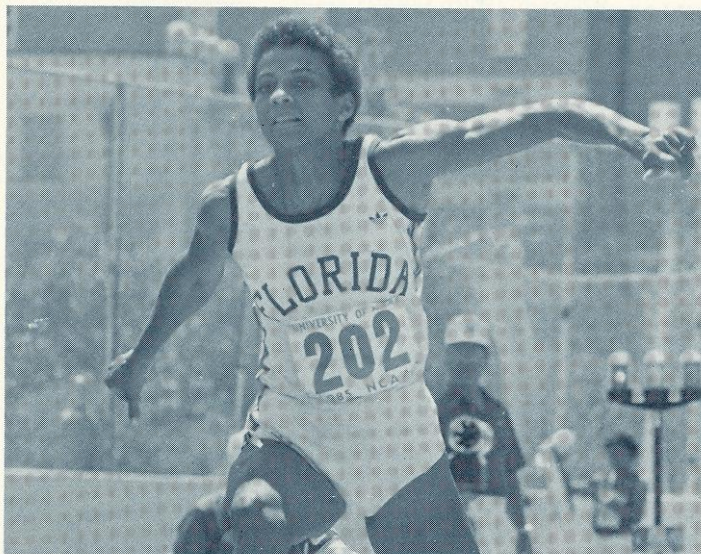
J=Jumps, S=Sprints, MD=Middle Distance, D=Distance, PV=Pole Vault, JAV=Javelin, SP=Shot Put, DI=Discus, H=Hurdles, IH=Intermediate Hurdles, R=Relays, HJ=High Jump

INDOOR RECORDS MEN'S TRACK

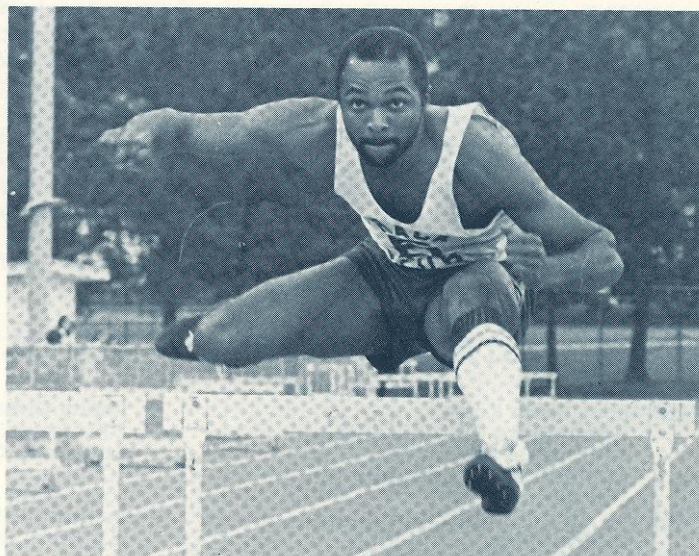
EVENT	TIME/DISTANCE	RECORD HOLDER	YEAR
55 Meter Hurdles	7.10	Arthur Blake	1988
60 Yard Dash	6.13	Mike Roberson	1979
500 Meter Dash	1:01.10	Thomas Johnson	1986
600 Yard Dash	1:08.9	Walter McCoy	1981
800 Meter Run	1:49.86	Ocky Clark	1986
1,000 Yard Run	2:09.3	Robb Gomez	1980
1,000 Meter Run	2:21.32	Ocky Clark	1986
Mile Run	4:05.6	Cliff Cook	1979
Two Mile Run	8:42.13	Herb Wills	1982
50 Yard High Hurdles	5.8	Danny Smith	1974
60 Yard High Hurdles	6.9	Danny Smith	1974
70 Yard High Hurdles	8.0	Danny Smith	1975
1,600 Meter Relay	3:08.67	Leander McKenzie, Reggie Ross, Charlie Carr, Vince Washington	1984
Two Mile Relay	7:33.5	Glenn Kettenacker, Walter McCoy, Earl Caruthers, Lynn Brown	1984
Four Mile Relay	17:33.4	Del Ramers, Jack Wise, Randy Stow, Bobby Brooks	1971
Distance Medley Relay	9:52.4	Jack Wise, Randy Stow, Del Ramers, Ken Misner	1971
Shot Put	59-0	Mike Bell	1987
Pole Vault	17-8	Tom Reither	1988
High Jump	7-3 1/2	Darrell Wills	1986
Long Jump	25-6 1/4	Billy Close	1987
Triple Jump	51-3 1/2	Leon Hutchins	1982

WOMEN'S TRACK

EVENT	TIME/DISTANCE	RECORD HOLDER	YEAR
55 Meter Dash	6.72	Michelle Finn	1986
400 Meter Dash	54.21	Janet Davis	1984
800 Meter Run	2:09.03	Kelley Hackler	1984
Mile Run	4:45.79	Margaret Coomber	1984
3,000 Meter Run	9:55.9	Gale Grant	1981
1,600 Meter Relay	3:37.47	Janet Davis, Janet Levy, Ovrill Dwyer-Brown, Brenda Cliette	1984
3,200 Meter Relay	8:38.34	Kelley Hackler, Nancy Rettie, Brenda Moore, Chris McKay	1985
Two Mile Relay	8:47.27	Margaret Coomber, Carla Borovicka, Janette Wood, Ovrill Dwyer-Brown	1983
Long Jump	21-0	Esmeralda Garcia	1986
High Jump	6-0	Wendy Markham	1983
Shot Put	46-10	Vickie Smith	1977
Triple Jump	44-4	Esmeralda Garcia	1985



Brazil's Esmeralda Garcia holds the Florida State indoor records for both the long jump and the triple jump.



FSU Hall of Fame member Danny Smith is the Seminoles' most prolific indoor record holder as he owns the records for the 50, 60, and 70 yard high hurdles.

FLORIDA STATE HISTORY

METRO CONFERENCE CHAMPIONSHIPS

Year	Team Champion	Runnerup	Outstanding Athlete
1988	Florida State	South Carolina	Deion Sanders (Florida State)
1987	Florida State	South Carolina	Anthony Bennan (South Carolina)
1986	Florida State	Virginia Tech	Leander McKenzie (Florida State)
1985	Florida State	Cincinnati	Leander McKenzie (Florida State)
1984	Florida State	Virginia Tech	Leander McKenzie (Florida State)
1983	Florida State	Virginia Tech	Donnie Young (Southern Miss)
1982	Florida State	Virginia Tech	Rodney Johnson (Cincinnati)
1981	Florida State	Virginia Tech	Ronnie Taylor (Florida State)
1980	Florida State	Virginia Tech	Terron Wright (Memphis State)
1979	Florida State	Memphis State	Mike Roberson (Florida State)
1978	Florida State	Georgia Tech	Terron Wright (Memphis State)
1977	Florida State	Georgia Tech	Walter McCoy (Florida State)
1976	Georgia Tech*	Memphis State	John Walker (Florida State)
			Paul Bannon (Memphis State)

*Florida State was not yet in Conference.

LADY SEMINOLE NATIONAL FINISHES

Year	National Indoor Finish	National Outdoor Finish	Outdoor Scored Record	Head Coach
1981	2nd	3rd (tie)		Roger Smith
1982	4th	3rd	6-0	Gary Winckler
1983	-	2nd	8-4	Gary Winckler
1984	4th	1st	5-0	Gary Winckler
1985	1st	2nd (tie)	0-0	Gary Winckler
1986	6th	14th	14-0-1	Terry Long
1987	18th	10th	0-0	Terry Long
1988	-	-	0-0	Terry Long



In 1988, the Florida State men's track team won its 12th consecutive Metro Conference crown which stands as the nation's longest win streak.

NATIONAL CHAMPIONSHIP RELAYS

1981 Indoor 800 Meter Relay

1:36.88 Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens

1981 Outdoor 400 Meter Relay

44.35 Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens

1982 Indoor Two-Mile Relay

8:47.27 Janette Wood, Ovril Dwyer-Brown, Carla Borovicka, Margaret Coomber

1983 Outdoor 400 Meter Relay

42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens

1984 Outdoor 1,600 Meter Relay

3:28.46 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens

1984 Outdoor 400 Meter Relay

43.72 Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens

1984 Outdoor Mile Relay

3:28.93 Janet Davis, Brenda Cliette, Randy Givens, Marita Payne

1987 Outdoor 400 Meter Relay

43.19 Janet Levy, Andrea Thompson, Janet Davis, Michelle Finn

FLORIDA STATE ATHLETES IN THE OLYMPICS

1988-Seoul, South Korea

Arthur Blake (United States)

110 Hurdles (8th place)

Marita Payne (Canada)

400 Meters

1984-Los Angeles, California

Marita Payne (Canada)

400 Meters (4th place)

400 Meter Relay (2nd place)

1,600 Meter Relay (2nd place)

Randy Givens (United States)

200 Meters (6th place)

Esmeralda Garcia (Brazil)

100 Meters

Long Jump

Brenda Cliette (United States)

400 Meter Relay (alternate)

Angela Wright-Scott (United States)

Ovril Dwyer-Brown (Jamaica)

400 Meter Hurdles

SEMINOLES IN THE NFL

Here's a list of former Florida State track athletes who have played in or been drafted by a National Football League team during the eighties.

NAME	POSITION	TEAM
Rohn Stark	Punter	Indianapolis Colts
Jessie Hester	Wide Receiver	Atlanta Falcons
Ken Lanier	Offensive Tackle	Denver Broncos
Bobby Butler	Cornerback	Atlanta Falcons
Greg Allen	Running Back	Cleveland Browns
Billy Allen	Kick Returner	New Orleans Saints
Eric Riley	Defensive Back	Los Angeles Rams
Martin Mayhew	Defensive Back	Buffalo Bills

MEN'S TRACK YEAR-BY-YEAR RECORDS

Year	Coach	Captains	W	L	T
1949	Ken Miller	None	0	3	0
1950	Ken Miller	Al Bradford	5	1	0
1951	Ken Miller	Max Watson	5	1	0
1952	Ken Miller	John Poston	6	1	0
1953	Ken Miller	Dick Mise	3	3	0
1954	Ken Miller	Carlos Fraundorfer	1	6	0
	MILLER'S TOTALS (6 Years)		20	15	0
1955	Mike Long	Ron Weaver	5	1	0
1956	Mike Long	Ron Weaver	7	1	0
1957	Mike Long	Joe Davis	4	1	0
1958	Mike Long	Mike Conely, Jack Terwilliger	4	0	0
1959	Mike Long	Jim Casteel, Dick Elwood	3	1	0
1960	Mike Long	Ted Keen	4	0	0
1961	Mike Long	Don Ostergaard	3	2	0
1962	Mike Long	Jeff Clark, Quintin Till	5	0	0
1963	Mike Long	Carign Johnson, Herb Craft	4	1	0
1964	Mike Long	None	5	0	0
1965	Mike Long	Al Cato, Jerry McDaniel	5	0	0
1966	Mike Long	Kenny White, John Brogle	*4	*4	0
1967	Mike Long	Sid Gainey, Steve Landis	4	8	0
1968	Mike Long	Bud Manning, Charlie Vickers	7	4	0
1969	Mike Long	Mike Kelly	7	3	0
1970	Mike Long	Randy Stow, Ken Misner, Charlie Galloway	11	2	0
1971	Mike Long	Randy Stow, Ken Misner, Bill Jackson	6	5	0
1972	Mike Long	Chuck Crowder, Bernie Waxman	2	5	0
1973	Mike Long	Rudy Falana, Allen McMillen, Tyrone Frederick	10	5	0
1974	Mike Long	None	7	2	0
1975	Mike Long	None	15	2	0
1976	Mike Long	None	12	2	0
1977	Mike Long	Don Merrick	11	2	0
	LONG'S TOTALS (23 Years)		145	51	0
1978	Dick Roberts	Jesse Forbes, Cliff Cook	11	4	0
1979	Dick Roberts	Brad Cooper, John Citron	11	2	0
1980	Dick Roberts	Tom Herron, Palmer Simmons	13	3	0
1981	Dick Roberts	Philip Rolle, Walter McCoy, Larry Greene	14	1	0
1982	Dick Roberts	Ronnie Taylor, Robb Gomez	13	4	0
1983	Dick Roberts	John Subers, Larry Greene	7	8	1
1984	Dick Roberts	Reggie Ross, Dusty Harmon, Ronnie Treadway	11	3	1
1985	Dick Roberts	Vince Washington, Andy Latimers, Leander McKenzie, Mark Sleman	11	5	0
1986	Dick Roberts	Vince Washington, Ocky Clark, Ashley Peoples	22	0	0
1987	Dick Roberts	Arthur Blake, Billy Close, Mike Bell, Ocky Clark	6	1	0
1988	Dick Roberts	None	2	0	0
	ROBERTS' TOTALS (11 Years)		121	31	2
OVERALL TOTALS (40 Years)			286	97	2

FLORIDA STATE 1989 NCAA QUALIFYING MARKS

OUTDOOR

EVENT	MEN		WOMEN	
	ELECTRONIC	HAND-TIMED	ELECTRONIC	HAND-TIMED
100 Meter Dash	10.29	10.0	11.5x	11.2
200 Meter Dash	20.70	20.4	23.55	23.3
400 Meter Dash	46.20	45.9	53.14	52.9
800 Meter Run	1:47.86	1:47.6	2:06.00	2:05.7
1,500 Meter Run	3:42.70	3:42.4	4:20.50	4:20.2
3,000 Meter Steeplechase	8:48.00	8:47.7	9:25.24	9:25.0
5,000 Meter Run	13:53.12	13:57.8	16:27.24	16:22.0
10,000 Meter Run	29:17.00	29:16.7	34:25.24	34:25.0
100 Meter Hurdles	—	—	13.60	13.3
110 Meter High Hurdles	13.87	13.6	—	—
400 Meter IM Hurdles	50.85	50.6	53.14	52.9
400 Meter Relay	39.85	39.6	45.34	45.1
1,600 Meter Relay	3:06.00	3:05.7	3:36.64	3:36.4
Hammer	61.02	200-2	—	—
Shot Put	18.16	59-7	15.10	49-6 1/2
Discus	57.30	188-0	51.36	168-6
Javelin	68.58	225-0	51.20	168-0
High Jump	2.22	7-3 1/4	1.83	6-0
Long Jump	7.88	25-10 1/4	6.26	20-6 1/2
Triple Jump	16.10	52-10	12.60	41-4 1/2
Pole Vault	5.34	17-6 1/4	—	—
Heptathlon	—	—	5,280	—
Decathlon	7,425	—	—	—

INDOOR

EVENT	MEN		WOMEN	
	ELECTRONIC	HAND-TIMED	ELECTRONIC	HAND-TIMED
55 Meter Dash	6.23	N/A	6.90	N/A
55 Meter Hurdles	7.27	N/A	7.90	N/A
200 Meter Dash (1)	21.67	N/A	24.55	N/A
200 Meter Dash (2)	21.37	N/A	24.25	N/A
200 Meter Dash (3)	21.07	N/A	23.95	N/A
400 Meter Dash (1)	47.96	47.7	55.70	55.4
400 Meter Dash (2)	47.16	46.9	54.80	54.5
400 Meter Dash (3)	46.76	46.5	54.13	53.8
800 Meter Run	1:50.40	1:50.1	2:09.30	2:09.0
Mile Run	4:03.48	4:03.2	4:45.60	4:45.3
3,000 Meter Run	8:03.98	8:03.7	9:24.26	9:24.0
1,600 Meter Relay (1)	3:13.45	3:13.2	3:44.34	3:44.1
1,600 Meter Relay (2)	3:10.65	3:10.4	3:41.75	3:41.5
1,600 Meter Relay (3)	3:07.85	3:07.6	3:39.16	3:38.9
Mile Relay (1)	3:14.65	3:14.4	3:45.54	3:45.3
Mile Relay (2)	3:11.85	3:11.6	3:43.00	3:42.7
Mile Relay (3)	3:09.05	3:08.8	3:40.36	3:40.1
3,200 Meter Relay	7:25.60	7:25.3	8:48.80	8:48.5
Two-Mile Relay	7:28.60	7:28.3	8:51.80	8:51.5
High Jump	2.22	7-3 1/4	1.81	5-11 1/4
Long Jump	7.72	25-4	6.10	20-0 1/4
Triple Jump	15.94	52-3 3/4	12.46	40-10 1/2
Shot Put	18.50	60-8 1/2	15.10	49-6 1/2
Pole Vault	5.28	17-3 3/4	—	—

(1) = Size of track under 200m/220 yds

(2) = Size of track 200m/220 yds

(3) = Size of track over 200m/220 yds

FLORIDA STATE NCAA ALL-AMERICANS
MEN'S TRACK & FIELD AND CROSS COUNTRY

ARTHUR BLAKE

1987 Indoor 55 Meter Hurdles
 1987 Outdoor 110 Meter Hurdles
 1988 Indoor 55 Meter Hurdles

MEL BOODIE

1980 Indoor Mile Relay Champion

BOBBY BROOKS

1971 USTFF* Cross Country

DOUG BROWN

1969 USTFF* Outdoor 100 Yard Dash

LYNN BROWN

1981 Outdoor 1,600 Meter Relay

BOBBY BUTLER

1980 Outdoor 400 Meter Relay

CHARLIE CARR

1984 Outdoor 1,600 Meter Relay

EARL CARUTHERS

1979 Outdoor 1,600 Meter Relay

OCKY CLARK

1986 Outdoor 800 Meter Run

BRADLEY COOPER

1978 Outdoor Discus
 1979 Outdoor Discus Champion

RUDY FALANA

1975 USTFF* Outdoor Long Jump

JESSE FORBES

1975 Outdoor 100 Yard Dash
 1978 Outdoor 100 Meter Dash
 1978 Outdoor 400 Meter Relay

TYRONE FREDERICK

1974 Outdoor 880 Yard Run
 1975 USTFF* Outdoor 880 Yard Run

DON FROST

1981 Outdoor 400 Meter Relay

HORATIO GARCIA

1987 Outdoor Hammer

JOEL GARREN

1972 USTFF* Outdoor 200 Meter Dash

KEVIN GORDON

1985 Outdoor 1,600 Meter Relay

CHARLIE HARRIS

1975 USTFF* Outdoor Triple Jump

LEON HUTCHINS

1980 Outdoor Triple Jump

KEVIN JOHNSON

1978 Outdoor 400 Meter Relay
 1980 Outdoor 400 Meter Relay

THOMAS JOHNSON

1985 Outdoor 1,600 Meter Relay
 1986 Outdoor 1,600 Meter Relay

MIKE KELLY

1968 Outdoor 120 Yard High Hurdles
 1969 USTFF* Outdoor 120 Yard High Hurdles
 1969 USTFF* Outdoor 440 Yard IM Hurdles

WALTER MCCOY

1978 USTFF* Outdoor Mile Relay
 1978 Outdoor Mile Relay
 1978 Outdoor 600 Yard Run Champion
 1978 Outdoor 400 Meter Dash
 1978 Outdoor 400 Meter Relay
 1979 Outdoor 400 Meter Dash
 1979 Outdoor 1,600 Meter Relay
 1980 Outdoor 400 Meter Relay
 1980 Outdoor 400 Meter Dash
 1980 Indoor Mile Relay Champion

1981 Outdoor 400 Meter Relay
 1981 Outdoor 1,600 Meter Relay
 1981 Outdoor 400 Meter Dash

LEANDER MCKENZIE

1984 Outdoor 400 Meter IM Hurdles
 1985 Outdoor 400 Meter IM Hurdles
 1984 Outdoor 1,600 Meter Relay
 1985 Outdoor 1,600 Meter Relay
 1986 Outdoor 400 Meter IM Hurdles
 1986 Outdoor 1,600 Meter Relay

DON MERRICK

1976 Outdoor 60 Yard Dash

KEN MISNER

1969 USTFF* Cross Country
 1969 Cross Country, 1970 USTFF* Cross Country
 1971 Outdoor Six Mile Run
 1971 USTFF* Outdoor Three Mile Run

RON NELSON

1978 USTFF* Outdoor Mile Relay
 1978 Outdoor Mile Relay
 1979 Outdoor 1,600 Meter Relay
 1980 Indoor Mile Relay Champion
 1981 Outdoor 1,600 Meter Relay

PHIL PARKER

1969 USTFF* Outdoor Triple Jump

MIKE ROBERSON

1976 Outdoor 200 Meter Dash
 1977 Outdoor 60 Yard High Hurdles
 1978 USTFF* Outdoor Mile Relay
 1978 Outdoor Mile Relay
 1978 Outdoor 400 Meter Relay
 1980 Outdoor 100 Meter Dash
 1980 Outdoor 200 Meter Dash Champion
 1980 Outdoor 400 Meter Relay

PHARES ROLLE

1976 Outdoor Pole Vault

PHILIP ROLLE

1981 Outdoor 800 Meter Run
 1981 Outdoor 1,600 Meter Relay

1982 Indoor 800 Yard Run

REGGIE ROSS

1980 Indoor Mile Relay Champion
 1984 Indoor 1,600 Meter Relay

PALMER SIMMONS

1979 Outdoor 1,600 Meter Relay
 1980 Indoor Mile Relay Champion

DANNY SMITH

1973 Outdoor 60 Yard High Hurdles
 1974 Outdoor 60 Yard High Hurdles Champion
 1974 Outdoor 120 Yard High Hurdles
 1975 Outdoor 60 Yard High Hurdles Champion

KENNY SMITH

1984 Outdoor High Jump

ROHN STARK

1981 Decathlon

RONNIE TAYLOR

1981 Outdoor 400 Meter Relay
 1982 Outdoor 200 Meters

CLARK WADDELL

1986 Outdoor 1,600 Meter Relay

JOHN WALKER

1978 USTFF* Outdoor Mile Relay
 1978 Outdoor Mile Relay

VINCE (BOSTIC) WASHINGTON

1984 Outdoor 1,600 Meter Relay
 1985 Outdoor 1,600 Meter Relay

CHIP WELLS

1981 Outdoor 400 Meter Relay

AL WILLIAMS

1963 Outdoor Shot Put

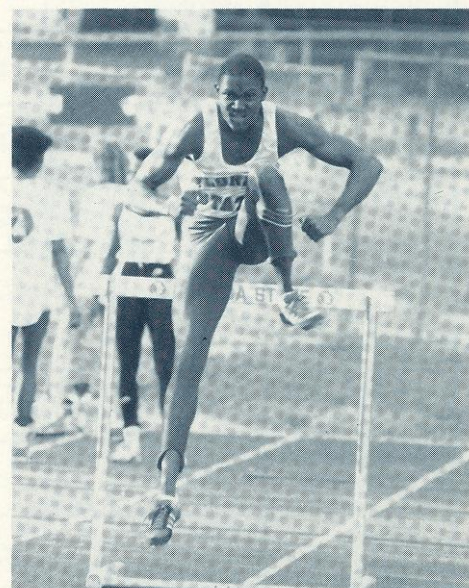
CARTER WILLIAMS

1986 Outdoor 1,600 Meter Relay

HERB WILLS

1980 Outdoor 10,000 Meter Run
 1981 Outdoor 10,000 Meter Run
 1981 Cross Country
 1982 Outdoor 10,000 Meter Run

*USTFF- United States Track and Field Federation



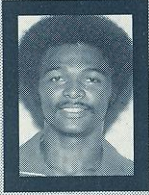
Former U.S. Olympians Walter McCoy (l), who won a gold medal at the 1984 Games, and Arthur Blake (r), who made the finals of the 110 meter high hurdles in 1988 in Seoul, are two of FSU's most re-knowned track stars.

FLORIDA STATE MEN'S RECORDS

EVENT	1988 TRACK BESTS	FSU OUTDOOR RECORD	MIKE LONG TRACK RECORD	FSU RELAYS RECORD	METRO CONFERENCE RECORD	COLLEGIATE RECORD
100 Meter Dash	10.26 Deion Sanders FSU Tri-Meet 4/23	9.9 Mike Roberson 1979	10.11 Andre Cason Texas A&M	10.0 Don Merrick Florida State 1977	10.27 Mike Roberson Florida State 1977	9.93 Calvin Smith Alabama 1983
200 Meter Dash	20.82 Sammie Smith FSU Tri-Meet 4/23	20.08 Mike Roberson 1980	20.47 James Mallard Alabama 1979	20.74 Mike Roberson Athletic Attic 1981	20.55 Terron Wright Memphis State 1981	19.87 Lorenzo Daniels Mississippi State 1988
400 Meter Dash	47.35 Tyrone Bligen FSU Tri-Meet 4/23	44.99 Walter McCoy 1981	45.34 James Rolle Bud Light TC 1984	45.34 James Rolle Bud Light TC 1984	45.52 Walter McCoy Florida State 1981	43.68 Lee Evans San Jose State 1968
800 Meter Run	1:53.45 Gary Rossen Metro Champs 5/20-21	1:46.19 Ocky Clark 1986	1:46.61 Ocky Clark Bud Light TC 1985	1:47.19 James Mays Athletic Attic 1983	1:48.02 Ocky Clark Florida State 1986	1:41.77 Joacum Cruz Oregon 1984
1,500 Meter Run	3:53.05 Billy Penick Metro Champs 5/20-21	3:43.02 Ocky Clark 1986	3:43.02 Ocky Clark Florida State 1986	3:43.70 Earl Jones Eastern Michigan 1985	3:43.1 Geoff Cooper Memphis State 1982	3:31.71 Abdi Bile George Mason 1987
3,000 Meter Steeplechase	9:04.77 Richard Corbett Metro Champs 5/20-21	8:52.7 Bobby James 1976	8:26.46 Brian Abshire Auburn 1986	8:32.49 Edison Wedderburn Unattached 1983	8:53.39 Bernie Weber Cincinnati 1981	8:19.27 Farley Gerber Web 1984
5,000 Meter Run	14:55.74 David Keen Georgia Open 4/2	13:53.26 Herb Wills 1982	13:45.2 Barry Brown Florida Track Club 1973	13:52.96 Eliot Bikini Forsyth Dickinson 1986	13:57.71 Herb Wills Florida State 1981	13:14.80 Bill McChesney Oregon 1982
10,000 Meter Run	30:55.74 David Keen Metro Champs 5/20-21	28:58.7 Herb Wills 1982	29:06.0 Jim Sapienza Dartmouth 1983	29:06.0 Jim Sapienza Dartmouth 1983	29:16.0 Mark Stickley Virginia Tech 1983	27:41.05 Ed Eystone BYU 1985
110 High Hurdles	13.44 Arthur Blake Orlando Classic 4/9	13.29 Arthur Blake National Sports Festival 1987	13.49 Arthur Blake Florida State 1988	13.43 Roger Kingdom Unattached 1984	13.8 Terron Wright Memphis State 1981	13.00 Rencido Nehemiah Maryland 1979
400 IM Hurdles	52.62 Bruce James Metro Champs 5/20-21	49.33 Leander McKenzie 1985	49.36 Tony Rambo Bud Light TC 1985	49.38 Reggie Davis Florida A&M 1985	49.58 Leander McKenzie Florida State 1984	47.45 Edwin Moses Morehouse 1977
400 Meter Relay	39.40 Dexter Carter, Arthur Blake, Deion Sanders, Sammie Smith Florida Tri-Meet 4/16	39.1 Mike Roberson, John Walker, Don Merrick, Jesse Forbes 1977	39.15 James Butler, Marty Krulce, Calvin Smith, Mel Lattany Bud Light TC, 1984	39.15 Butler, Krulce, Smith, Lattany Bud Light TC 1984	39.63 Carter, Blake, Sanders, Smith Florida State 1988	38.46 Tatum, Smith, Reid, Scholars Texas Christian 1986
1600 Meter Relay	3:09.65 Bruce James, Rodney Lawson, Chris Sloan, Tyrone Bligen Metro Champs 5/20-21	3:03.76 Carter Williams, Leander McKenzie, Clark Waddell, Thomas Johnson 1986	3:03.34 Mike Krehnbrink, Tom Hind, Carlyle Bernard, Mike Armour Georgia Tech, 1985	3:05.64 James Butler, James Rolle, Calvin Smith, Walter McCoy Bud Light TC, 1984	3:07.39 Taylor, Brown, Rolle, McCoy Florida State 1981	2:59.91 Lewis, Young, Everett, Thomas UCLA 1988
Hammer	162.6 George Karakatsansis Metro Champs 5/20-21	215.8 Horatio Garcia 1986	221-8 1/2 Derrin Hegerty Boston 1983	221-8 1/2 Derrin Hegerty Boston 1983	191-1 Paul Sulik Virginia Tech 1981	257-0 Ken Flax Oregon 1986
Shot Put	51-4 Eric Chambers Metro Champs 5/20-21	60-8 Mike Bell 1987	64-0 Mike Spiritoso Clemson 1986	64-0 Mike Spiritoso Clemson 1986	58-2 1/2 Carlos Tandon Georgia Tech 1978	71-11 John Brenner UCLA 1984
Discus	155-8 Mike Hill Georgia Open 4/2	212-6 Brad Cooper 1979	211-4 Brad Cooper Bahamas T.C. 1986	204-10 1/2 Brad Cooper Florida T.C. 1980	198-2 Brad Cooper Florida State 1979	217-11 Mike Bunic Kentucky 1985
Javelin	218-10 Tom Fetters Georgia Open 4/2	250-4 Hank Langee 1981	248-5 Tom Pukstys DuPage 1988	248-5 Tom Pukstys DuPage 1988	233-8 Eric Allain Florida State 1977	271-1 Dag Wennlund Texas 1987
High Jump	7-0 Darrell Wills	7-4 1/4 Kenny Smith 1984	7-5 James Barineau Unattached 1983	7-5 James Barineau Athletic Attic 1983	7-2 Kenny Smith Florida State 1984 & Paul Wiechem South Carolina 1988	7-8 Dennis Lewis LBCC 1985
Long Jump	22-10 1/2 Billy Close Georgia Open 4/2	25-11 1/2 Mark Freeman 1983	27-6 3/4 Larry Myricks Unattached 1982	27-6 Larry Myricks Athletic Attic 1982	25-9 1/2 Larry Pennington Tulane 1983	28-3 1/2 Carl Lewis Houston 1981
Triple Jump	48-7 1/2 Mark Napier FSU Tri-Meet 4/23	54-2 1/4 Leon Hutchins 1982	54-0 3/4 Charlie Simpkins Liberty Baptist 1984	54-0 3/4 Charlie Simpkins Liberty Baptist 1983	52-3 1/2 Larry Lowe Georgia Tech 1977	58-7 1/4 Charlie Simpkins Liberty Baptist 1985
Decathlon	6,491 Mark Napier Metro Champs 5/20-21	7,612 Robin Stark 1981	7,835 (m.t.) John Christ Athletic Attic 1979	7,773 Paul Doyle Notre Dame, 1982 & John Szyre Unattached, 1983	7,162 Tommy Reither Florida State 1985	8,322 Mike Ramos Washington 1986
Pole Vault	17-0 Tom Reither Florida Tri-Meet 4/16	17-6 1/4 Larry Carr 1987	18-13 1/2 Jeff Ward Unattached 1988	18-1 Billy Olson Pacific Coast Club 1983	17-2 Larry Carr Florida State 1987	19-2 1/4 Joe Dital Oklahoma State 1985

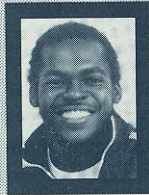
FLORIDA STATE TRACK TRADITION

NCAA CHAMPIONS



DANNY SMITH
60 yd. HH (7.1)
1974 and 1975

In 1975, Danny Smith became the first person to win the NCAA Indoor Championships in the 60 yd. high hurdles two years in a row. Including trials and finals over three years, Smith won 11 of 12 races, placing second to Olympic champion Rod Milburn in 1973.



WALTER McCOY
600 yd. run (1:09.6)
1978

McCoy's upset victory as a freshman was only a tenth of a second off the NCAA meet record of 1:09.5 set by Olympian and world record holder Rick Wolhuter.



BRADLEY COOPER
Discus (212-6)
1979

Cooper's victory established a new NCAA meet record and climaxed an undefeated senior year. His record throw was the second longest in collegiate history.



MIKE ROBERSON
200 Meters (19.96)
1980

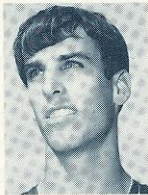
Roberson saved his greatest collegiate race for last. After three races in the 4 x 400 relay (which placed third) and three races in the 100 meters where he finished second, he became the first human in history to break 20 seconds for 200 meters at sea level, finally winning an NCAA championship in the race he loved most.

(RON NELSON), REGGIE ROSS, MELFORD BOODIE, PALMER SIMMONS, WALTER McCOY

*Mile Relay (3:16.7)
1980*

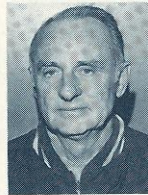
Lead-off runner Nelson suffered a severe hamstring strain during the qualifying race, but even so the Seminoles were the fastest qualifier. Boodie flew in the next morning and Ross replaced Nelson as the lead off man. McCoy's come-from-behind anchor leg was the fastest of the meet and brought FSU victory.

HALL OF FAME



KEN MISNER
Elected 1977

The team captain of the 1970 and 1971 Seminoles, Misner specialized in distance events. He earned All-America status in two sports (track and cross country). Misner first made All-American in 1969 in cross country and repeated that honor in 1970. The following year, he was All-America in both the three and six mile runs. Misner at one time held school records in the indoor two mile run, as well as the outdoor 2, 3 and 6 mile events.



MIKE LONG
Elected 1978

One of the most prolific coaches in the history of the sport, Mike Long headed the Florida State track and field program for 23 seasons. During that time, Long recorded a won-lost record of 145-51 and had only one losing season. He coached five undefeated teams at FSU and five others that lost only once. He coached 14 athletes who garnered 26 All-America titles.



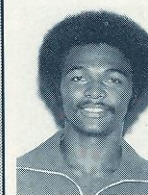
MIKE KELLY
Elected 1979

An outstanding hurdler for Florida State in the late sixties, Kelly earned All-America honors in both the 120-yard high hurdles and the 440-yard IM hurdles. His combined time of 63.9 in those two events set a world mark that stood for seven years.



MIKE CONLEY
Elected 1980

As a member of Florida State's track team, Conley was one of the South's most dominating runners from 1956-58. During his junior and senior seasons, he went undefeated in the one mile run. So dominating was Conley that his time of 4:05.7 in the mile run at the Meet of Champions in Houston (1958) would set a Florida State school record that stood for 16 years.



DANNY SMITH
Elected 1981

A three-time All-American in the hurdles, Smith at one time was co-holder of the world record in the indoor 50-yard hurdles. In 1974-75, Smith became the first athlete in NCAA history to claim back-to-back

NCAA Championships in the indoor hurdles. A former world and NCAA record holder, Smith finished his career at FSU with seven university records to his credit.



BRADLEY COOPER
Elected 1984

Florida State's greatest field event performer came to Tallahassee from the Bahamas. In 1978, his junior year, Cooper won All-America honors by finishing fourth in the NCAA discus competition with a throw of 189 feet. His senior year, Cooper became FSU's first NCAA record-holder in track and field when he won the NCAA Championship discus event with a throw of 212-6. That mark stood for four years. Cooper, the co-captain of the 1979 track and field team, also holds the second-best shot put mark in FSU history at 60-2.



MIKE ROBERSON
Elected 1985

A world class sprinter all four years (1976-1980) at Florida State, Mike Roberson set records at all levels of competition. He set FSU indoor and outdoor marks in the 60, 100 and 200, and Metro Conference records in the 100 and 200. Roberson won a gold medal in the 100 at the World University Games and was a member of the gold medal winning 400 meter relay team in the Pan American Games.

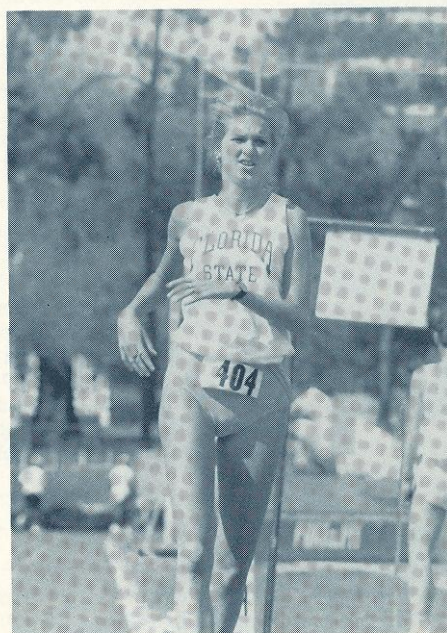
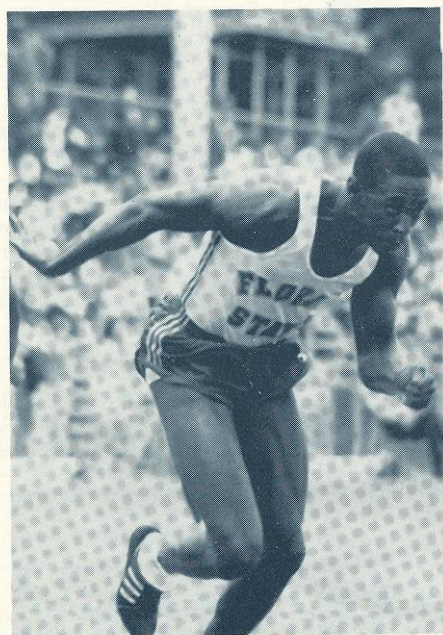
In 1980, FSU's greatest team, led by Roberson, finished third in the nation. He won the NCAA 200 meter championship in 19.6, becoming the first human in history to break 20 seconds at sea level. He also picked up second place in the 100 and was a member of FSU's third place 400 meter relay.



WALTER McCOY
Elected 1986

Upon his arrival at Florida State from Daytona Beach in 1978, Walter McCoy started setting records for the Seminoles. As a freshman, he was the NCAA's 600 yard indoor champion, finishing the race in 1:09.6—just one tenth of a second off the NCAA meet record held by Olympian Rick Wolhuter. McCoy captained Florida State during his final season and set the school and Metro Conference 400 meter dash records, both of which still stand today. The 12 time All-American was a member of the U.S. Olympic team and won a gold medal as a member of the 400 meter relay.

A WORLD CLASS ENVIRONMENT.....



Florida State boasts a world class track environment and over the years, Seminole athletes have produced some world class performances.

Both the FSU men's and women's programs are perennial national powers. The men's team has won 12 consecutive Metro Conference Championships, while the women have reached the nation's Top 10 in seven of the last nine years. Their NCAA finishes include two national championships, two runnerup trophies and a pair of third-places.

Last year, Florida State's Arthur Blake advanced FSU's world class reputation as he represented the United States at the 1988 Summer Olympics in Seoul, South Korea. Blake reached the finals of his event, the 110 meter high hurdles, and is recognized world-wide as one of the nation's elite hurdlers. Blake is just the latest in a long line of FSU track athletes who have gone on to success on the national and international levels.

Much of the program's success goes to the Seminole coaching staff, which can claim over 50 years of collegiate coaching experience. The staff has helped to develop hundreds of All-America performers and even an Olympic gold medalist.

Florida State athletes train at facilities which are among the most modern in the nation. The 5,000 seat Mike Long Track is the site of five major meets during the outdoor season and features the same surface used at the 1988 Summer Olympics.

A Florida State experience prepares an athlete for the future.

"Running track at Florida State definitely helped me make it to the Olympics," said Walter McCoy, a 1984 Olympic gold medalist. "I can travel anywhere and people recognize the quality of Florida State's academic and track programs. I still train at FSU because the facilities and the coaching are so good."

FLORIDA STATE THE UNIVERSITY

Florida State University, home of the world's fastest supercomputer, is setting the pace as higher education in the state prepares to enter the 21st century. The FSU Supercomputer Computations Research Institute attracts international attention with scientists from many nations using the University's two powerful supercomputers in their research.

The Department of Physics' Tandem Van de Graaff Superconducting Accelerator Laboratory, ranked in the top four in the nation by the National Science Foundation, houses two powerful atom smashers which also provide unique research opportunities.

Located in Tallahassee, the capital of Florida, FSU is a public, coeducational university and a senior member of the State University System. More than 24,000 students are enrolled, representing all 50 states and 100 foreign countries. The University offers more than 250 graduate and undergraduate degrees in its 15 schools and colleges. Outstanding programs in the colleges of arts and sciences, business, communication, education, engineering, home economics, law and social sciences combine with the schools of criminology, library and information studies, music, nursing, social work, theater and visual arts to make Florida State a nationally acclaimed university.

The Florida State campus, located just blocks away from the state capitol, is beautiful in all seasons. Its 347 acres mirror the picturesque features of the surrounding North Florida region. The buildings are nestled among evergreen live oaks, pines and palms, as well as hardwoods that provide fall color, and dogwoods and azaleas that are covered with a profusion of springtime blossoms.

As an institution, FSU began as coeducational Seminary West of the Suwannee River, approved by the Florida Legislature in 1851 and

assigned to Tallahassee in 1857. Name changes over the years included Florida State College in 1901; then in 1905, Florida Female College and, in 1909, Florida State College for Women. Gov. Millard Caldwell signed a bill in 1947 which again made the institution coeducational and changed the name to Florida State University.

The University's location affords excellent research and internship opportunities in government, law and the social sciences. The reputation of Florida State's research programs and the expertise of its more than 1,500 faculty members—including four members of the National Academy of Sciences and four members of the American Academy of Arts and Sciences—represent major strengths of the University. FSU prides itself on pursuing academic quality while maintaining a friendly, welcoming atmosphere.

Programs in music, dance and theater at Florida State have earned well-deserved national recognition.

The visual and performing arts exhibited and produced on campus offer students and the community a wealth of enrichment opportunities.

Student activities at FSU create an important balance between the classroom experience and the personal life of the individual scholar. Honors programs, student government, intramural sports and more than 200 organizations are available for student involvement. Furthermore, the Flying High Circus, the world's only all-collegiate circus, makes its home here.

Florida State academic programs extend well beyond Tallahassee. The FSU Marine Laboratory is located on the Gulf of Mexico, 45 miles away. Students participate in professional training programs at the Asolo State Theater in Sarasota and the Burt Reynolds Institute for Theatre Training in Jupiter. The Panama City Campus of Florida State offers upper-level courses which lead to bachelor's and master's degrees. The Center for Professional Development and Public Service, housed in the Florida State Conference Center on the edge of the main campus, manages educational outreach activities from Pensacola to Miami.

The physical growth of the University during the 11-year administration of President Bernard Sliger represents new construction expenditures of more than \$100 million. It includes such additions as the University Union expansion project, the new Paul A.M. Dirac Science Library Building, the Jeffersonian-style Village Green project at the College of Law, the new wing of the Rovetta Business Building, and the new FAMU/FSU College of Engineering at Innovation Park.

It is not only the academic programs and facilities of Florida State, but also its people—students, faculty, alumni, administrators and staff—who make this University a proud monument to learning.



The Rovetta Building houses FSU's nationally-recognized College of Business - one of the largest colleges on campus.