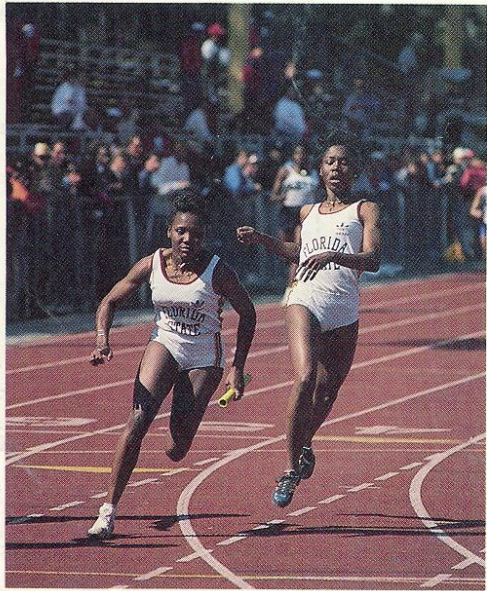


Florida State

1988 Track and Field Media Guide

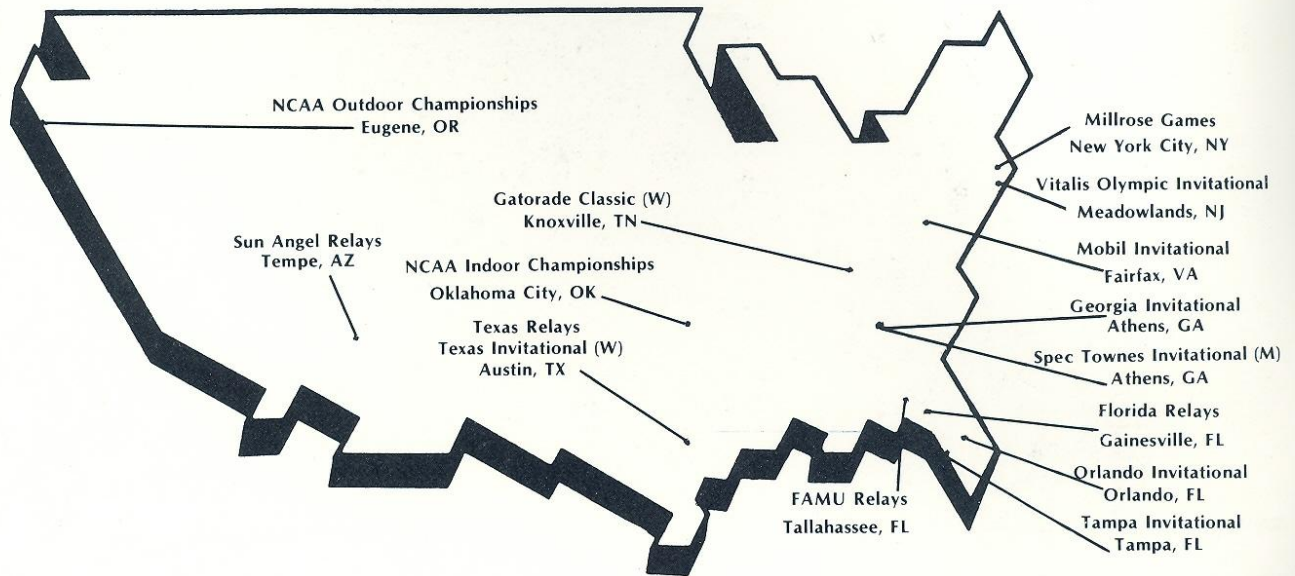
King Arthur

Olympic Hopeful Arthur Blake



All-American Janet Davis

THE SCHEDULE



INDOOR SCHEDULE

Jan. 10	Florida Open	Gainesville, FL
Jan. 22-23	Eastman Kodak Invitational	Johnson City, TN
Jan. 29-30	Florida Coke Classic	Gainesville, FL
Feb. 5	Millrose Games	New York City, NY
Feb. 7	Auburn-Georgia-Florida State	Montgomery, AL
Feb. 14	Gainesville Sun Invitational	Gainesville, FL
Feb. 13	Vitalis Olympic Invitational	Meadowlands, NJ
Feb. 14	Mobil Invitational	Fairfax, VA
Feb. 20-21	L.S.U. Invitational	Baton Rouge, LA
Feb. 26	TAC National Indoor Champs	New York City, NY
Mar. 6	Florida Fast Times	Gainesville, FL
March 11-12	NCAA Indoor Championships	Oklahoma City, OK

OUTDOOR SCHEDULE

Mar. 12	FAMU Relays	Tallahassee, FL
Mar. 18-19	FSU Relays	Tallahassee, FL
Mar. 25-26	Florida Relays	Gainesville, FL
Apr. 2	Sun Angel Relays	Tempe, AZ
Apr. 2	Georgia Invitational	Athens, GA
Apr. 7-9	Texas Relays	Austin, TX
Apr. 9	Tampa Invitational	Tampa, FL
Apr. 16	Florida Four-Way	Gainesville, FL
Apr. 23	Eastern Airlines Invitational	Tallahassee, FL
Apr. 30	Orlando Invitational	Orlando, FL
May 7	Spec Townes Invitational (M)	Athens, GA
May 7	Texas Invitational (W)	Austin, TX
May 20-21	Gatorade Classic (W)	Knoxville, TN
May 20-21	METRO Conference Championships (M)	Tallahassee, FL
May 28	Seminole Twilight	Tallahassee, FL
June 1-4	NCAA Outdoor Championships	Eugene, OR
June 16-18	TAC Outdoor Championships	Tampa, FL
June 24-25	TAC Junior Championships	Tallahassee, FL

FLORIDA STATE FINGERTIP FACTS

Location	Tallahassee
Nickname	Seminoles
Enrollment	23,500
Colors	Garnet and Gold
President	Dr. Bernard F. Sliger
Faculty Representative	Charles Ehrhardt
Conference	Metro
Track	Mike Long
1986 NCAA Indoor Finish	16th (Women) 38th (Men)
1986 NCAA Outdoor Finish	10th (Women) 21st (Men)
1986 Scored Meet Record	0-0 (Women) 6-1 (Men)

TRACK DIRECTORY

Phone (904) 644-1060
 Mailing Address:
 Track Office
 P.O. Drawer 2195
 Tallahassee, FL 32316
 Men's Head Coach: Dick Roberts
 Women's Head Coach: Terry Long
 Cross Country Head Coach: Al Schmidt
 Assistant Coaches:
 Jim Long
 Dennis Nobles
 William Garrett
 Track Trainers:
 Kent Knisley (Men)
 Karen Swanson (Women)
 Academic Advisors:
 Brian Mand (Men)
 Trudy Raybun (Women)
 Academic Coordinator:
 Beverly Yerg

ATHLETIC DIRECTORY

Athletic Director:
 C.W. "Hootie" Ingram
 Associate Director: Bob Goin
 Assistant Directors:
 Janice Stocker
 Claude Thigpen
 Larry Pendleton
 Marketing & Promotions:
 Terry A. Hume
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 Phone: (904) 644-1060
 After hours: 644-1403
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 Sports Information Office
 P.O. Box 2195
 Tallahassee, FL 32316
 Director: Wayne Hogan
 Associate: Lisa Franson
 Assistant: Rob Wilson
 Student Assistant: Chris Sears

Florida State

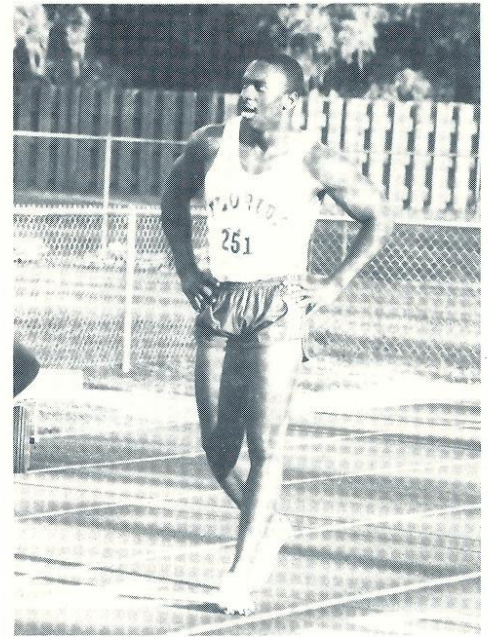
1988 Track and Field Media Guide



**Two-Time All-American
Arthur Blake**



Senior Ann Girvan



Junior Sammie Smith

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Renown for its prowess in the sprints and relays, Florida State will again feature national class athletes in those events. Several of FSU's headliners may have graduated, but Janet Davis and Andrea Thompson, a pair of returning All-Americans are ready to continue Florida State's string of top 10 national finishes.

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Chris Sears
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Photographers

The 1987 Florida State Track and Field Media Guide was selected as the third best in the Nation by the College Sports Information Directors of America. The guide was judged against division 1 schools from throughout the nation. The Florida State Track and Field Media Guide was one of four award winning guides produced last year by the FSU Sports Information Office.

COACHING STAFF

Terry Long Coordinator Men's and Women's Track (Florida State '63)



Age: 47
Years at Florida State: 3
Years of Collegiate
Coaching Experience: 18

Collegiate Coaching Experience:

Florida State—women's head coach (1986-88)
Florida—men's assistant coach (1984-85)
Santa Fe Community College—head coach (1982-83)
Seminole Community College—head coach (1970-82)

During the decade of the eighties, few women's collegiate track programs equalled the success of Florida State's. A portion of that success is due to head coach Terry Long. Over the last two seasons, Long has kept the Lady Seminole program at the pinnacle of collegiate track with a pair of top 10 outdoor finishes, a national championship 400 meter relay, and 22 All-Americans.

In 1988, Long will take on the added duties of coordinator of the entire track and field program at Florida State.

The 1963 FSU alumnus began his career in the high school ranks at Lakeland and Delray Beach High Schools. His notoriety in the coaching ranks came about during 13 years of coaching at Santa Fe and Seminole Community Colleges. Over those years, he developed hundreds of All-Americans and 56 national junior college champions. His teams won 14 state junior college track and cross country titles. He was named JuCo National Coach of the Year three times and three times he coached the Seminoles to runner-up spots at the national championships. He also guided the SFCC women's team to back to back national championships in 1982 and '83.

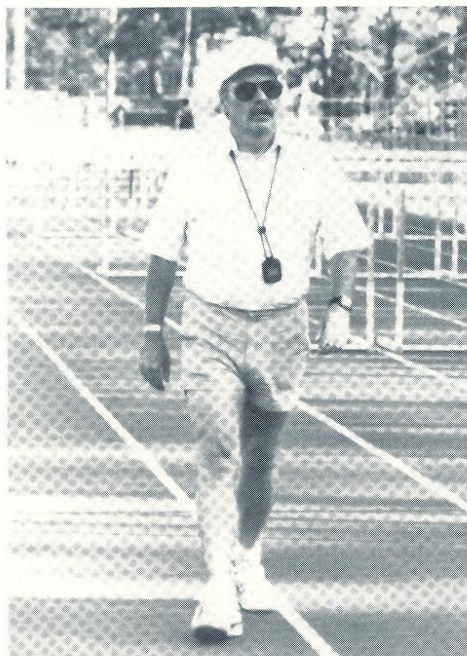
After a two-year stint as assistant coach at Florida, Long returned to his alma mater where his name was a familiar one in the Seminole program. Mike Long Track is named after his father, who coached three of his sons during his 23-year career at FSU. Today, Jim is an assistant at Florida State and Curtiss is head coach at Western Kentucky. In 1981, Terry joined his father in the state of Florida Track Hall of Fame. He presently serves as chairman of the Hall of Fame Committee.

Long received one of his greatest honors in 1984 as he was named head coach of the United States' entry in the first World Indoor Track Championships in Paris. He is presently co-chairman of the National Olympic Development Sprint Committee.

The 47-year-old has also served as coach of the
2 Florida State Track

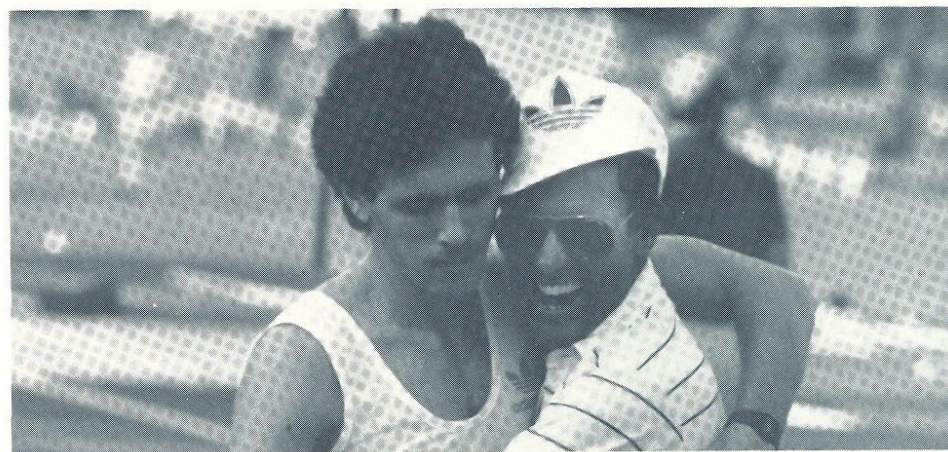
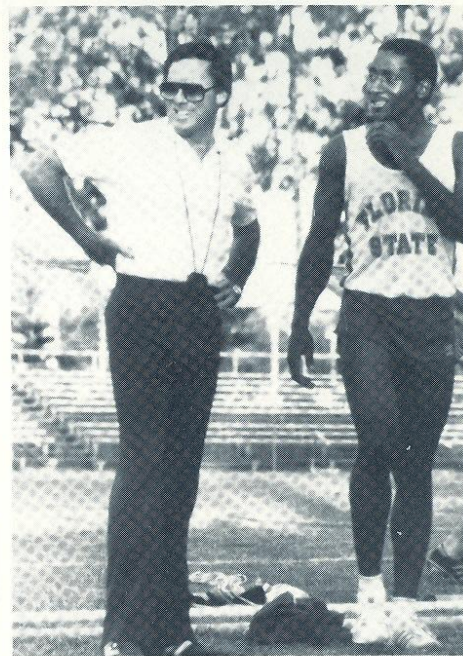
Athletic Attic Mazda and Bud Light Track clubs and has won six national TAC championships with his indoor and outdoor teams. Probably the most famous athlete he has coached on an individual basis is Chandra Cheeseborough, an Olympic gold medalist on two USA relays. He also supervises the training of Florida State Olympic hopeful Arthur Blake.

The Leon High School graduate, who also received his master's degree from FSU, is married to the former Dee Dee Malone.



Over the last 10 seasons, Florida State head coach Dick Roberts has led the men's program to new levels of success.

Since he took over the program's reins from the legendary Mike Long in 1978, Roberts has led the Tribe to a 119-31-2 record, 10 consecutive Metro titles and seven top 20 finishes. A total of 36 athletes have received 70 All-American awards and four have been national champions. Sprinter Walter McCoy (1977-81) was a member of 1980 and 1984 Olympic teams and was a gold medalist at the '84 games.



Dick Roberts Men's Head Coach (Florida State '64)



Age: 46
Years at Florida State: 19
Years of Collegiate

Coaching Experience: 23

Collegiate Coaching Experience:

Florida State—head coach (1978-88)
Florida State—assistant coach (1970-78)

Collegiate Track Experience:

Florida State—middle distance (1961-64)

Seminole athletes reset FSU school records in 26 events in the 10 years that Roberts has headed the program. His success at Florida State was recognized by his peers in 1978, 79, 80, 81, 84 and 86, when he was named Metro Conference coach-of-the-year.

Florida State has also risen to national prominence. The highest national finishes under Roberts came in 1979 and 1980 when the Seminoles were 10th and third, respectively. In 1980, the squad had a perfect 9-0 scored meet record before surprising the nation with its highest national finish ever. Following that year, Roberts was named District 3 Coach-of-the-Year. He received that honor again in 1986, when he led his Seminole squad to a 22-0 scored meet record.

The St. Petersburg native was an outstanding middle distance runner for FSU and earned

three varsity letters, putting his name in the school's record book in the indoor half-mile and as a member of the two-mile and distance medley relays. He remained on the Tallahassee campus for two additional seasons as a graduate assistant, receiving his master's degree in 1966.

He then moved to Dunedin High School as head track and field coach where he led his team to the state championship in 1968, earning Florida High School Coach-of-the-Year honors. His athletes won 10 individual state championships and set 13 state records during his three seasons as head coach.

Roberts returned to FSU in 1970 as academic advisor for all Seminole athletes as well as head cross country and assistant track and field



coach.

Recently, Roberts completed a two-year term as president of the NCAA Track and Field Coaches Association, the highest office in collegiate track and field. He also served as an assistant coach for the 1982 National Sports Festival, the 1984 Pan American Junior team and the 1987 World Indoor team.

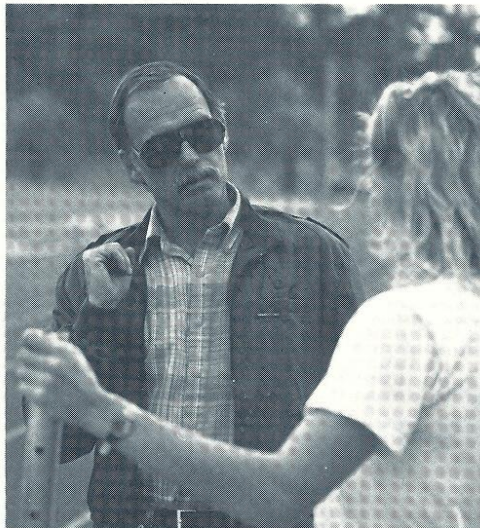
Roberts has spoken at many track and field affairs as well as participating in others. Those include track and field clinics sponsored by the Florida High School Athletic Association, Hardee's, the Marine Corps, Medalist, the National High School Athletic Coaches Association and the NCAA Track and Field Coaches Association.

Roberts has served as the meet director for the FSU-hosted Florida State Relays for several years and it was largely behind his efforts that

the meet was born.

Dick is married to the former Allene Hughes of St. Petersburg.

Al Schmidt Head Cross Country Coach Assistant Track (St. Louis '73)



Age: 37

Years at Florida State: 7

Years of Collegiate

Coaching Experience: 13

Collegiate Coaching Experience:

Florida State—women's cross country head coach, assistant track (1982-88)

Men's cross country head coach, assistant track (1985-88)

St. Louis—men's head coach (1975-80)

Al Schmidt, now in his seventh year at Florida State, has been a catalyst in bringing Florida State's program to the pinnacle of collegiate track and field.

Since his arrival in Tallahassee in August of 1982, the Lady Seminole track program has won two national championships—the 1985 NCAA indoor and 1984 outdoor—and has taken

the runner-up spot at the outdoor meets in 1983 and 1985. Acting as recruiting coordinator for track and field as well as coaching the distance runners, Schmidt helped build Florida State into a national power. This season, Schmidt will again direct both Florida State cross country teams and will coach the distance runners during track season.

Schmidt's teams have also enjoyed success in cross country. His 1984 squad finished fourth at the NCAA Region III meet and narrowly missed a bid to the national championship. Schmidt is also credited with helping to sign one of the finest women's recruiting classes in the nation last year.

Prior to joining the FSU women's program, Schmidt spent one year as assistant men's track and field coach at the University of Kansas. While there, he worked with the distance runners in both cross country and track and helped the Jayhawks capture Big Eight titles in indoor and outdoor track.

Schmidt was also a long-time coach in the Metro Conference. From 1976-81, he was head coach of the men's track and field program at St. Louis University. During his five seasons at St. Louis, his cross country team was Metro Conference champion (1977) and runner-up (1978) before the school dropped out of the conference.

A 1973 graduate of St. Louis, Schmidt also attended Missouri for two years where he ran on the Tiger cross country teams. Upon transferring back to his hometown, Schmidt served as an assistant track coach at the University of Missouri-St. Louis while finishing his degree.

Schmidt holds a Level I coaching certificate from the Athletics Congress (TAC) and was chosen in 1985 to conduct the Florida High School Athletic Association Coaching clinic for distance and middle distance runners. In 1979, he represented the United States on a Brazilian tour during which he helped conduct coaching clinics for the State Department.

Schmidt and his wife Jessie have one daughter.

Dennis Nobles Assistant Coach (Florida State '82)



Age: 30

Years at Florida State: 3

Years of Collegiate

Coaching Experience: 4

Collegiate Coaching Experience:

Florida State—assistant coach (1986-88)

Wayland Baptist—assistant coach (1984-85)

Collegiate Track Experience:

Florida State—pole vault (1979-81)

Dennis Nobles, now in his third year on the Florida State staff, is rapidly developing into one of the most dynamic young coaches in track and field circles.

A pole vaulter on FSU's track team from 1979-81, Nobles graduated cum laude from Florida State's School of Physical Education. He went on to obtain his master's degree from FSU in exercise physiology in 1983.

Nobles began his coaching career at NAIA track powerhouse Wayland Baptist in Plainview, Texas. He helped that school to a national championship and a pair of runner-up finishes. Nobles also coached 14 All-Americans, two national champions, two U.S. Olympic qualifiers and a national record holder. He returned to his alma mater in 1986 when he accepted an assis-

tant coaching post. Since coming back to FSU he has coached several All-Americans, one Olympian and one world record holder. A noted academian, Nobles is currently working towards his Ph.D. in athletic administration.

His duties at FSU include coaching athletes in the javelin, discus, long jump and triple jumps. In recent years, he has also been invited to participate in the elite women's javeling clinic in Long Beach, California.

Nobles and his wife, Vicki, have one daughter, Sally.

William Garrett Assistant Coach (Florida A&M '82)



Age: 29
Years at Florida State: 2
Years at Collegiate
Coaching Experience: 2
Collegiate Coaching Experience:
Florida State—assistant coach (1987-88)
Collegiate Track Experience:
Seminole C.C.—distance (1977-79)

Since joining the Florida State coaching staff last year, William Garrett has proven to be a valuable asset to the program. Garrett assists coordinator Al Schmidt in the recruitment of student-athletes to the Florida State program; last season, FSU signed five high school All-Americans. On the track, Garrett coaches Florida State's sprinters and hurdlers.

A former runner for FSU women's head coach Terry Long at Seminole Community College, Garrett arrived at Florida State last season with extensive high school coaching experience.

In 1986, he directed the Tallahassee Maclay girls team to a second place finish at the class A meet.

Ben Paxton Graduate Assistant (Florida State '85)

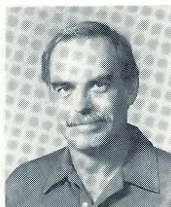


Age: 24
Years at Florida State: 2
Years of Collegiate
Coaching Experience: 2
Collegiate Coaching Experience:
Florida State—graduate assistant (1985-88)
Collegiate Track Experience:
Florida State—distance (1984-86)

Ben Paxton is in his second year as a graduate assistant coach. The 1986 FSU graduate ran for two seasons on the Seminole cross country and track teams. Before coming to Florida State, the Jacksonville native ran for Florida Junior College.

Paxton works closely with the men's and women's cross country runners during the fall and assists Al Schmidt with the distance runners in the spring. He will complete his graduate work in athletic administration this spring.

Jim Long Assistant Coach (Florida State '70)



Age: 37
Years at Florida State: 12
Years of Collegiate
Coaching Experience: 12
Florida State—sprints, hurdles (1975-88)
Collegiate Track Experience:
Florida State—sprints (1966-70)

Jim Long, former Florida State sprinter, enters his 12th season on the Florida State staff.

The son of former FSU head coach Mike Long, Jim returned to the Florida State program as an assistant coach in 1975, following a successful stint as head track coach at Leon High School. From 1974 until 1977, his coaching duties were in the sprint and hurdle events. In 1978, Long's coaching duties included working with the hurdlers, pole vaulters and decatheletes. His present duties include coaching Florida State athletes in both hurdle races and certain decathlon events.

During his years on the Florida State staff, he has coached 19 NCAA All-Americans, six of those individual, as well as 18 Metro Conference champions. One All-American decathlete, Rohn Stark, has gone on to lead the NFL in punting for the last three years.

Long has served as a clinician for the several years at the U.S. Olympic Development camp in Orlando along with brothers Terry, head women's coach at Florida State, and Curtiss, head coach at Western Kentucky.

Long holds a bachelor's degree in humanities, a master's degree in history and needs only a dissertation before completing a doctorate in physical education.

He and his wife Janis have two sons, Justin, 11, and Jarrett, 8.

Tom Shaw Assistant Track (Central Michigan '81)



Age: 28
Years at Florida State: 1
Collegiate Coaching Experience:
Florida State—assistant coach (1987-88)
Collegiate Track Experience:
Central Michigan—sprints relays (1978-82)

Tom Shaw is the newest addition to the Florida State staff. Shaw comes to Florida State after spending four years as the varsity track coach at Hudson High School, where he led the program to a third place finish at last year's state championships. He was named *St. Pete Times* and *Tampa Tribune* Coach-of-the-Year in 1985.

His duties at Florida State include working with Florida State throwers well as serving as assistant recruiting coordinator.

Kim McKenzie Volunteer Assistant (Texas El Paso '84)



Age: 26
Years at Florida State: 1
Collegiate Coaching Experience:
Florida State—assistant coach (1987-88)
Collegiate Track Experience:
Texas El Paso—sprints, hurdles (1980-84)

Olympic bronze medalist Kim McKenzie is Florida State's newest addition to the Florida State coaching staff.

She currently serves as a volunteer assistant, while training for the upcoming Olympic Games. McKenzie will coach Florida State's high hurdlers and sprinters. She will join the full-time Florida State staff next season after the Olympics. McKenzie was a member of the 1984 U.S. Olympic team and won the bronze medal in the 100 meter high hurdles.

The Detroit, Michigan native has an extensive background in national and international level competition. McKenzie finished first and second in the 100 meter hurdles in 1983 and '84, her final two years at Texas-El Paso. She also won a silver medal at the Pan Am Games.

McKenzie and her husband Leander, a former six-time All-American at Florida State, are the parents of a son, Leander III.

Track Support Staff



Greg Caprara
Strength Coach



Carl Gentile
Strength Coach



Karen Swanson
Athletic Trainer



Kent Knisely
Athletic Trainer



Chris Sears
Sports Information
Asst.



Lisa Franson
Assoc. Sports
Information Dir.



Brian Mand
Academic Advisor



Trudy Raybun
Academic Advisor



Dr. Beverly Yerg
Academic Coordinator

LADY SEMINOLE PREVIEW



A Changing of the Guard

If Florida State has its way, Lady Seminole track fans could be treated to a little *deja vu* by the end of the season. The Lady Seminoles, with six top 10 finishes in the last seven years, return to Eugene, Oregon for the NCAA Championships. It was four years ago in Eugene that FSU vaulted to national prominence in winning its first of two national titles.

With a little luck, FSU can again travel to Eugene and vie for another top 10 finish.

The Lady Seminoles will depend on a young, yet talented group to score at the NCAA Championships. In fact, you might even say that there's been a changing of the guard at Florida State.

"We have some young people who are very talented," Long says. "Somebody will have to step fourth and become a national-level athlete.

For the past two years, Florida State third-year head coach Terry Long has built his team around 13-time All-American Michelle Finn, who after four years with the program seemed



to stand as a reminder of the great Florida State teams of the past.

But Long is not worried, as two of the building blocks on that '84 national championship team remain. Janet Davis, a fifth place finisher at last year's 400 meter NCAA final returns for her senior season. The five-time All-American will be as versatile as she was last year. She could figure to score in the 100, 200, 400, 400 meter relay or 1600 meter relay in Eugene.

FSU's other top returnee, Andrea Thompson will also be a headliner in the sprint events.

A two-time All-American on FSU's relay teams, she could score as an individual in the 100 meters. Both Davis and Thompson will continue their key roles on FSU's defending national champion 400 meter relay that set the national record (43.19) for an all American, non-national team. That team was undefeated and ran sub-NCAA qualifying times at every meet.

If Davis and Thompson don't give the Lady Seminoles enough talent in the sprints, FSU has a trio of performers who are ready to step in and carry on the sprinting tradition. Junior Angela Curry, with a personal best of 11.57, returned to school in the best shape of her career and could qualify in the 100 or 400. Also keep an eye on sophomore Lisa Horton who has continued to improve since the day she walked on the FSU campus. Last year she ran near-NCAA qualifying times in the 200, and displayed her vast potential in the 100. The freshman signee who looks to make an immediate impact on the team is Mobile's Frenchie Holmes. She has run personal bests of 11.63 and 24.20 in the 100 and 200. Long truly believes that she could become the program's next nationally-ranked sprinter.

In the 100 hurdles, the potent 1-2 punch of Mary Hawkins and Ann Girvan give FSU an excellent chance to send two hurdlers to the NCAA Championships. Hawkins drastically cut her time last year and is also shooting to represent her native Panama at the Summer Olympics. Girvan will try to rebound from an off-year last year.

LADY SEMINOLE PREVIEW



In the middle distance events, 800 and 1500 meter race Carrie Boyd comes off a redshirt year that saw her gain added strength and conditioning to make her a national class athlete.

There are plenty of national class athletes in the jumps. You do have to put an asterisk by these events, however. Although Long recruited a goldmine of talent in the high, long and triple jumps, the corps is made up almost entirely of freshmen. The good news is they all have the tools to qualify for the NCAA meet. The headliner in the high jump is Miami Palmetto's Holly Kelly, who has cleared 6-1¼ in the high jump. She has the potential to not only qualify for NAAs, but score in her first year of collegiate competition as well.

In the horizontal jumps, Florida State could qualify either Kim Batten or Carolyn Hightower. The long jump is just one of several events that Hightower has shown the potential to qualify. Batten comes to FSU from East Rochester High where she topped 40 feet in the triple and 19 feet in the long jump. "Kim reminds me a lot of Esmeralda Garcia (the former world record holder in the triple jump)," Long says.

SPRINTS—Success in the sprinting events has become synonymous with Lady Seminole track and field. Just look at the success through the years. FSU has had 12 national champions in the last six years in the sprints and holds the fastest 400 and 1600 meter relay times ever run. Despite the departure of Finn, FSU has more overall talent than in the last several years. The headliner in this group is Davis, a five time All-American, who could qualify in the 100, 200 or 400 meter dashes. She will again be a prime cog on the 400 and 1600 meter relay.

The second returning member on that record-setting 400 meter relay, Andrea Thompson, will also try to qualify in the 100 meter dash in addition to running on the 400 and 1600 meter relays. She has run a personal best of 11.76 in the 100.

After living in the shadows of fellow Orlandoans Levy and Finn, junior Curry is expected to fulfill the expectations that followed her from her high school All-American days at Oak Ridge High. She will run the 100 and be a key member on the 400 and 1600 meter relays.

If these three veterans aren't enough, Florida State also boasts a corps of talented freshmen and sophomores waiting to make names for themselves. Perhaps the biggest surprise could be sophomore Lisa Horton who has improved her times in the 100 (12.03) and 200 (23.82) during pre-season workouts. "Lisa has worked very hard during the last year and is very much improved over her freshman year," Long says.

Although only a freshman, don't be surprised to see Frenchie Holmes of Mobile to make a quick impact on the team. With personal bests of 11.63 and 24.20 in the 100 and 200, Holmes was a top-flight high school performer and could be FSU's next great sprinter.

THE HURDLES—The 100 meter high hurdles is an event that could send not one, but two athletes to the NCAA Championships. One of the top stories on the team last year centered around the rapid development of junior Mary Hawkins. Hawkins, who earned a scholarship after walking on at FSU, cut nearly a full second off her time from the previous year to qualify for the NCAA Championships. After barely missing making the final at the NCAA meet, Hawkins went on to run her best time of the year (13.48) at the TAC Championships. "You rarely find people who improve from the 15's to the low 13's," Long says. "Although she's not a big strong girl, Mary has made herself into a nationally-ranked hurdler."

Making the event doubly difficult to opponents is the return to form of senior co-captain Ann Girvan. Ann spent last season primarily working on her conditioning, and she has been close to NCAA qualifying standards in the past.

MIDDLE DISTANCE—"We've been a little weak in the middle distance events over the last couple of years," Long says. Last year, the Lady Seminoles didn't have a single entrant in the event, but that will change with the emergence of freshman Carrie Boyd. The former Texas state champion comes off a redshirt year that has given her added strength and endurance to compete on the collegiate level. Boyd, along with junior Colleen O'Reilly and freshman Michele Farrall, decided to remain in Tallahassee last summer to train under distance coach Al Schmidt. All three improved tremendously and their results were seen at the Metro Conference Cross Country Championships where they led FSU to a second place finish.

Also on that team was freshman Lisa Samocki. Considered by many to be the finest high school miler in the state last year, she displayed the raw talent and competitive traits that impressed the FSU coaching staff during the past cross country season.

DISTANCE—Like the middle distance events, this is an area of concern going into the season. With the graduation of Barbara Matthews, no returning letterwinners are on the roster.

THE JUMPS—It's been four years since Florida State has had an athlete in the high jump. Long and his staff made up for lost time by signing Holly Kelly, one of the most heralded

freshmen to ever sign with the Lady Seminoles. As a senior at Miami Palmetto High, she was the top-ranked high jumper in the country, clearing 5-10 at five meets on her way to the state record in the event. If she can remain healthy and make a smooth transition to collegiate track, she could become an NCAA qualifier and perhaps a scorer at the NCAA indoor and outdoor meet.

In the long and triple jumps, Hightower and Batten show signs of superstar potential. Last year, Hightower soared 18-10 at the first meet of the season before receiving a medical red-shirt. The former Orlando Oak Ridge star will be looking for her first trip to the NCAA Championship in the jumps. The biggest acquisition in the event is Batten, whose value is doubled because of her prowess in both the long and triple jumps. Already many are comparing her to former Florida State great Esmeralda Garcia. A proven performer in high school, Batten's 19-8 jump was ranked 10th in the country among prep jumpers. But her most impressive performance came in the triple, where she jumped 40-6 to rank third.

Add to this group talented sophomore Sonya Blades and FSU has the makings for success for years to come. Blades was the second-leading long jumper on last year's team, leaping 18-8½.

It's almost scary to think that freshman Michelle Spear of Orlando Oak Ridge could have been added to this group. The three-time All-American came to FSU with a personal record of 20-5, but a back ailment has sidelined her indefinitely.

THE THROWS—Notoriously weak over the years, Florida State has proven it can be a national power with virtually no help in these events. The prospectus for the javelin had taken an upswing over the last two years with the addition of two-time NCAA qualifier and school record holder Kari Keith. Keith who doubled as a softball player on FSU's nationally ranked softball team, has elected to forego track to concentrate on softball. Her decision leaves a void in the javelin, shotput and discus events.

THE SCHEDULE—Keeping with Long's philosophy of emphasizing the outdoor season over the indoor one, Florida State will attempt to qualify as many athletes for the NCAA Championships during the indoor season without jeopardizing injury or overtraining. FSU will compete at the Milrose Games in New York, the Eastman Kodak Invitational in Johnson City, Tennessee and the Florida Fast Times in Gainesville.

Although FSU will compete against some of the nation's finest athletes at these meets, the Lady Seminoles face the problem of running on Oklahoma State's unique 176 meter bank-boarded track at the NCAA Championships, a track different from any other they will run on during the indoor campaign.

During the outdoor season, Florida State will again host three meets, including the FSU Relays, Eastern Airlines Invitational and the Seminole Twilight. On the road, FSU travels to a number of the finest meets across the country, including the Sun Angel Relays, the Florida Relays, the Texas Relays and the Penn Relays.

Florida State will cap its season at the NCAA Championships in June in Eugene, Oregon.

"The talent is there to be a top 10 team," Long says. "The competition in women's track has become so good that it's difficult to predict the meet in the pre-season. It's just hard to know if you're going to put it all together on that one day."

LADY SEMINOLE SKETCHES



KIM BATTEN

Freshman
Rochester, New York

LJ (19-8), TJ (40-6) — although considered a sleeper in recruiting circles, Kim has shown signs of national caliber potential . . . despite turning in the third best performance in the nation (40-6), she went relatively unrecruited . . . that can be attributed to the early signing date for spring sports, as that performance came much later in the spring . . . her coach, Betty Rich, who also coached FSU sprinter Lisa Horton, called FSU and Batten was offered a scholarship . . . compares favorably to former FSU All-American Esmeralda Garcia . . . joins four other nationally-ranked freshmen who form FSU's most heralded recruiting class since 1980 . . . **Personal:** enrolled in FSU's basic studies program . . . born March 29, 1969 . . .



SONYA BLADES

Sophomore
Ft. Lauderdale, Florida

LJ (18-8½) — a promising athlete who shows great potential in the horizontal jumps . . . **1987:** showed a portion of her potential early in the indoor season at the Florida All-Comers meet, where she jumped 17-11¾ in the long jump . . . returned in the outdoor season to jump 18-8½ at the Tampa Track Classic and 18-7¼ at the Eastern Invitational . . . **Prep:** a two-time runnerup at the state track meet . . . as a senior, she was named most valuable runner at Piper High . . . an honor student with a grade point average of 3.5 . . . **Personal:** enrolled in Florida State's basic studies . . . born May 15, 1968 . . . has excellent blood lines as brothers Brian and Bennie were starters on the University of Miami football team . . .



CARRIE BOYD

Freshman
Garland, Texas

800 (2:11), 1500 (4:32) — returns after being redshirted as a freshman . . . possible NCAA qualifier in the middle distance events . . . will help to fill a void in the 800 and 1500 meter races—two events that Florida State didn't have a single entry in last year . . . improvement during the off-season gave the team an added bonus . . . has already established herself as one of the premier cross country athletes in the Southeast . . . **1987:** finished in the top five in all five cross country meets she ran in . . . finished second at the Florida State Invitational with a time of 17:56 . . . returned the following week to finish first at the Florida State-Georgia dual meet . . . top performance of the year came at the Carolina Invitational when she set a course record of 17:43 on the way to winning the meet . . . capped the season with a third place finish at the Metro Conference Championships . . . **1986:** named to the All-South freshmen cross country team . . . redshirted during track season . . . **Prep:** won the 800 and 1500 class 5A Texas state crowns at L.U. Berkner High School . . . also turned in a second place finish in the state cross country championships . . . finished third at the TAC cross country nationals . . . a

seven-time letterwinner in high school . . . **Personal:** enrolled in FSU's basic studies . . . born October 29, 1967 . . .



ANGELA CURRY

Junior
Orlando, Florida

100 (11.57), 200 (23.84) — with the departure of Janet Levy and Michelle Finn, Angela looks to be one of FSU's headline sprinters . . . her value is magnified with her role on the 1600 meter relay . . . as the anchor, Curry helped FSU qualify for the NCAA Championships . . . **1987:** ran her top time in the 100 meter dash (11.83) at the FSU-Tenneco Relays . . . also ran times of 11.92 at the Tampa Track Classic and 11.84 at the Eastern Invitational . . . **1986:** placed first at the Springtime Invitational in the 100 (11.57) and 200 (23.95) . . . that 100 meter time is her personal record . . . ran a PR in the 200 meters (23.84) at the Tampa Invitational . . . **Prep:** a five-time 4A state champion at Orlando Evans . . . her best in the 200 meters of 23.94 ranked eighth in the U.S. among high school athletes . . . won the state 100 and 220 yard dashes in both her junior and senior years and also won the 220 as a sophomore . . . **Personal:** enrolled in basic studies . . . born July 1, 1967 . . .



JANET DAVIS

Senior
Indianola, Mississippi

100 (11.52), 200 (22.90), 400 (52.77) — she's one of two athletes remaining from Florida State's national championships in 1984 and '85 . . . was a national champion herself last year as a member of FSU's winning 400 meter relay team . . . that team was below NCAA qualifying standards in every race it ran in . . . Janet also scored in the 400 meter dash with a fifth place and personal best 52.77 in the final . . . will again run on the 400 relay and in the 100, 200 and 400 meter dashes . . . **1987:** ran the fastest 200 meter time on the team (22.90) at the Gatorade Classic in Knoxville—8/100's of a second faster than world class teammate Michelle Finn . . . that mark was also a personal record . . . also turned in impressive personal-best times in the 400 meter dash . . . ran 52.90 in the trials of the NCAA Championships before cruising to the 52.77 in the final . . . also ran on the FSU's NCAA qualifying 1600 meter relay . . . **1986:** had her best meet of the outdoor season at the Tampa Invitational where she ran a 23.45 200 meters—that qualified her for the NCAA Championships . . . also turned in a time of 53.39 in the 400 meters . . . **1985:** sat out the 1985 track and field season, taking a redshirt year . . . **1984:** ran on the national championship mile relay as well as placing sixth in the 200 meters at the NCAA meet . . . ran on the second place mile relay team at indoor championship . . . MVP at Spec Townes Relays where she won the 200, 400 and ran on the winning 1,600 meter relay team . . . **Prep:** had a fabulous high school career . . . owns the Mississippi records in the 100, 220 and 440 yard dashes . . . member of the '82 and '83 junior national teams and set a record in 1983 in the 100 meter dash (11.52) also ran on the '82 Pan American junior team . . . ranked number one in the country in 100 and 200 meters in 1983 . . . placed second in the 100 meters at '82 U.S. Junior Championships and ninth in '81 . . . ran in the '84 Olympic trials . . . member of the '81 Sports Festival South team . . . **Personal:** majoring in leisure services . . . born February 11, 1963 . . .

LADY SEMINOLE SKETCHES



MICHELE FARRALL

Freshman
Seminole, Florida

3000 (10:08)—is one of Florida State's top athletes in the distance events in '88 ... has showed tremendous improvement over the last year, as she spent her entire summer training in Tallahassee ... should compete in the 3000 and 5000 meter events ... **1987:** was redshirted during the track season, but was one of Florida State's top cross country runners during the fall ... finished 10th at the Metro Conference Championships with a time of 28:37 ... also finished fourth at the Carolina Invitational to give FSU victories over Georgia and South Carolina ... **Prep:** a national high school All-American at Seminole High ... finished seventh at the National High School Cross Country Championships ... won the 4A two-mile championship as a senior ... also placed third at the state cross country meet ... **Personal:** enrolled in basic studies ... born August 21, 1968.



ANN GIRVAN

Senior
London, England

100 HH (13.77) — will team with Mary Hawkins to give Florida State a formidable 1-2 punch in the 100 meter high hurdles ... after having a sub-par year as a junior, Ann has rebounded to become a probable NCAA qualifier ... has shown flashes of vast potential ... as a sophomore, she just missed the NCAA qualifying standards by 7/100's of a second ... will serve as the Lady Seminoles' co-captain again in 1988 ... **1987:** concentrated on conditioning for most of the year and ran only in one meet ... ran 14.04 at the first meet of the outdoor season, the FSU-Tenneco Relays ... **1986:** won the 100 meter hurdle championship at the Eastern Airlines Invitational with a 13.95 clocking ... best showing of the year came at the Springtime Invitational, as she ran a first place time of 13.77 ... that time also eclipsed the meet record ... **1984:** sat out the season after transferring from Brigham Young ... **1983:** enrolled at Brigham Young, but didn't run in any meets for the Lady Cougars ... **Prep:** ran a prep personal best of 13.55 in England during the summer following graduation ... **Personal:** majoring in fashion merchandising ... born November 25, 1965 ... although she is a resident of England, her parents are Scottish, which allows her to run for that country's national team ...



MARY HAWKINS

Junior
Columbus, Ohio

100 HH (13.48) — without question, Mary was one of the top stories in FSU track in 1987 ... in the period of only a year, the former walk-on cut her personal best in the 100 hurdles by almost a full second to become

a national class athlete ... as one of the hardest workers on the team, she qualified for her first appearance at the NCAA Championships and nearly missed winning an All-American award ... "You just don't see that kind of improvement in only a year's time," FSU head coach Terry Long says of Hawkins achievement ... has a good shot at making the Columbian Olympic team ... set the school record in the 100 meter hurdles with her 13.48 at the TAC trials ... **1987:** steadily improved during the outdoor season ... started the year by running a 13.88 at the FSU-Tenneco Relays ... made a big breakthrough at the Gatorade Classic when she qualified for the NCAA Championships with a 13.63 clocking ... continued to surprise at the NCAA Championships, where she ran 13.54 to just miss making the final ... **1986:** surprised many with her times at the prestigious Eastern Airlines Invitational ... ran a 14.78 in the 100 meter hurdles and later finished fourth in the 400 hurdles with a 54.67 ... that time gave her third place and was her PR during her freshman year ... **Prep:** won the 100 meter hurdles state crown as a junior and senior at Columbus East High ... **Personal:** majoring in business management systems ... born June 7, 1965 ...



CAROLYN HIGHTOWER

Sophomore
Orlando, Florida

LJ (19-2½), 100 HH (14.5) — has superstar potential if she can remain healthy—coaches are excited about Carolyn's ability for the upcoming season after seeing signs of that potential last year ... will see action in the high hurdles and long jump ... **1987:** was off to a tremendous freshman season before injuries cut her year short ... improved steadily in the 55 meter hurdles during the indoor season and was the team's top performer in the event ... just missed NCAA qualifying standards when she clocked 7.97 at the Florida Open ... also ran an indoor best of 7.17 in the 55 meter dash ... continued her success during the first part of the outdoor season with a fine early-season performance in the long jump at the Florida State-Tenneco Relays ... in that meet she jumped 18-10 ... **Prep:** hampered by injuries through much of her high school career ... won the state long jump championship as a sophomore ... a high school teammate of FSU sprinter Angela Curry ... a 12-time letterwinner ... **Personal:** enrolled in FSU's basic studies ... born December 24, 1967 ...



FRENCHIE HOLMES

Freshman
Mobile, Alabama

100 (11.63), 200 (24.20)—another high school All-American who will be counted on to carry on Florida State's sprinting tradition ... coaches already think she can have an immediate impact on the program ... should see action on FSU's 400 meter relay ... a highly recruited sprinter from McGill Toolen High in Mobile ... a fourth-place finisher in both the 100 and 200 meters at the '86 national championships ... has run personal bests of 11.63 and 24.20 in the 100 and 200 ... an indoor and outdoor Alabama state champion ... a four-year all-state selection ... **Personal:** enrolled in FSU's basic studies program ... born April 12, 1969 ...

LADY SEMINOLE SKETCHES



LISA HORTON

Sophomore
Rochester, New York

100 (12.04), 200 (23.82) — one of several new sprinters who are being groomed to carry on Florida State's sprinting tradition ... turned in a promising freshman campaign last season ... like most freshmen, she spent the year increasing her strength ... is on the verge of making tremendous improvements in the 100 and 200 that could put her within NCAA qualifying marks in the near future ... will also be a candidate for the 400 and 1600 meter relays ... ran on FSU's 400 meter relay at the Tampa Track Classic ... that time took first place on the way to an NCAA qualifying 44.65 ... **1987:** ran an impressive 23.82 time in the 200 meters at the Griffin Invitational ... that time was just .5 of a second off the NCAA mark of 23.30 ... also ran early-season 24.18 and 24.34 respectively at the Eastern Airlines Invitational and Florida Relays ... Lisa ran a 12.04 at the Eastern Invitational 100 ... **Prep:** a heavily recruited sprinter at East Rochester High ... coached by the respected Betty Rich ... high school teammate of FSU triple jumper Kim Batten ... **Personal:** enrolled in FSU's undergraduate studies program ... born April 1, 1968 ...



HOLLY KELLY

Freshman
Miami, Florida

HJ (6-1¼)—a high school All-American who is one of the most coveted signees in the history of the state ... expected to have an immediate impact as she has already surpassed NCAA qualifying standard while at Palmetto High ... an accomplished athlete, she could compete in the hurdles before her career is over ... finished ninth in the voting for *Track and Field News* High School Athlete-of-the-Year ... ranks seventh on the all-time national high school list ... a very consistent performer as she cleared 5-10 in the five meets in '87 ... finished her senior campaign as the top-ranked high jumper in the nation, clearing 6-1¼ ... that mark also set the state record ... was the national runner-up at the 1986 outdoor championships ... made several national teams, including the '86 Pan Am Junior and '86 World Junior Championship Teams ... a three-time all-state selection ... **Personal:** enrolled in FSU's undergraduate studies ... born December 28, 1968 ...



COLLEEN O'REILLY

Junior
Pembroke Pines, Florida

3000 (10:10) — is expected to fill a void in the distance events following a year that saw no Lady Seminole compete in a distance event after the first meet of the year ... could see action in the 3000 or 5000 races ... doubles

as the number two runner on the FSU cross country team that finished second at the 1987 Metro Championships ... **1986:** was FSU's second finisher at Florida State Invitational, Georgia dual meet, Carolina Invitational and Auburn dual meet ... best time came at the Florida State-Georgia dual meet, a second place 18:26 time ... did not compete during the 1987 track season ... named to the All-Metro cross country team ... turned in a fifth place time of 17:54 in her initial cross-country meet at the Auburn and Alabama Invitationals ... capped her freshman campaign with a sixth place showing at Metro Championships ... **1985:** reshirted as a freshman ... **Prep:** named Runner of the Year as a senior at Cooper City High ... **Personal:** majoring in interior design born February 15, 1967 ...



LISA SAMOCKI

Freshman
Orlando, Florida

1500 (5:00)—one of four high school All-Americans signed by head coach Terry Long ... is expected to be tested in the 1500 meters as a freshman ... as a senior, many considered her the premier miler in the state ... chose Florida State over Georgia, Florida and Auburn ... led Lake Howell High to the 4A state championship as a senior ... a three-time all-state pick ... **Personal:** enrolled in basic studies ... born March 7, 1969 ...



ANDREA THOMPSON

Senior
Orlando, Florida

100 HH (14.5), IH (1:00.01)—after sitting in the shadows of star sprinter Michelle Finn for the last three years, Andrea will be one of the headliners in the always-talented FSU sprinting corps ... after making the transition to the intermediate hurdles last year, she could be on her way to NCAA qualification ... her main duties came on the 400 meter relay where she ran the second leg of the national champion relay ... that relay ran the fastest time (43.19) ever by a non-national team made up entirely of Americans ... will again be an integral part of that relay ... also ran on the NCAA qualifying 1600 meter relay ... **1987:** ran the fastest time on the team in the 400 hurdles—1:00.01 at the Orlando Track Classic ... also ran a 1:00.71 at the Griffin Invitational ... those times missed the NCAA mark by just over a second ... also clocked 11.76 in the open 100 meters ... **1986:** produced a pair of third place finishes in the 100 meters at the Springtime Invitational (11.74) and the Seminole Twilight (11.82) ... also ran an 11.94 100 meters at the Gatorade Classic ... concluded her season by helping the 400 meter relay to a eighth place finish at the NCAA Championships with a season best time of 44.12 ... **1985:** earned All-American honors as a freshman member of the 400 meter relay that placed third in the outdoor NCAA Championships ... best in the 100 meter hurdles was the 14.23 she clocked in the trials of the Texas Relays ... **Prep:** high school All-American in 1982 and 1983 and state 110-yard hurdles champion in 1983 ... junior Olympics champion as well, who ran the fastest time in the nation ... attended Oak Ridge High—that's the same school that sent Michelle Finn and Janet Levy to FSU ... **Personal:** majoring in criminology ... born October 30, 1966 ...

THE LADY SEMINOLE NATIONAL CHAMPIONS

Nobody Has Done It Better

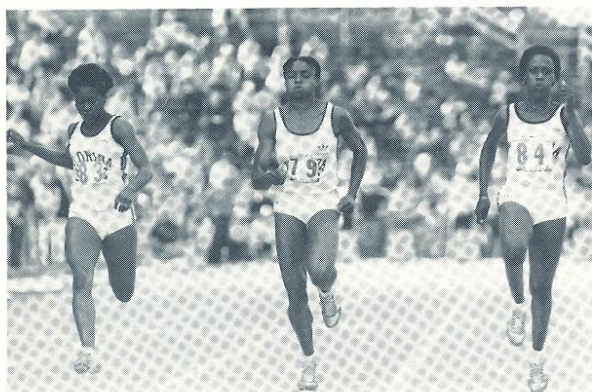
It's hard to imagine any women's track program in the nation that has attained the success Florida State has in just the first 10 years of the program's existence. The numbers are truly astonishing. As two-time national champions, Florida State athletes have won over 110 All-American awards and have finished in the top 10 a total of 11 times.

Here's a look at many of the program's highlights over the last few years.

June 6, 1981 and May 29, 1982—As a sign of things to come, the Lady Seminoles burst onto the national scene with a pair of third place outdoor finishes in 1981 and '82. Those finishes were just the start of what would begin a string of six top 10 finishes in seven years.



Top: The 400 relay team of Janet Levy, Andrea Thompson, Janet Davis and Michelle Finn turned in a superb year in 1987, winning an NCAA title in the 100 meters with a superb time of 43.13.



Left: The 1-2-4 finish by Randy Givens, Brenda Cliette and Michelle Finn, highlighted Florida State's drive to its first national title in 1984.

June 4, 1983—Powered by a pair of record-setting relays, the Lady Seminoles finished second at the NCAA Championships in Houston. On the first day of the finals Angela Wright, Brenda Cliette, Marita Payne and Randy Givens ran the fastest collegiate 1600 meter relay in history, as the Lady Seminoles ran 3:28.46. Florida State's foursome followed that feat with another record-breaking performance the next day in the 400 meter relay. In the final race of the meet, the same team ran 42.94 to win its second relay championship of the meet. Both records still stand today.

June 2, 1984—The Lady Seminoles saved their best outdoor performance for 1984, when they scored 145 points to win the national title in Eugene, Oregon. Florida State scored in a total of 11 events to outdistance second place Tennessee by 21 points. The performance was simply awesome. Florida State's dominance in the sprints continued as it successfully defended both its 400 and 1600 (Michelle Finn, Payne, Cliette and Givens) relays. In the 100, Florida State occupied lanes 4-5-6. Olympian Givens used a strong finish to win the event going away; Cliette finished second, followed by Finn in fourth. The results in the 200 were equally as impressive with the Lady Seminoles scoring

10 Florida State Track

48 points via a 1-2-3-6-9 finish by Givens, Cliette, Payne, Finn and Davis. The win by Givens, an 18-time All-American, completed a remarkable two days for the Amityville, NY, native, as she captured four national titles.

Teammate Payne came back in the 400 to smash the NCAA record and vault her to the Summer Olympics in Los Angeles. The 21-time All-American's time of 51.05 has yet to be broken.

March 5, 1985—With the graduation of Payne and Givens, many thought that Florida State would fade to an anonymous level. With a few athletes left over from possibly the greatest sprint team ever assembled on the collegiate level, including sophomore Finn, Florida State stormed back to win the 1985 Indoor NCAA Championship. The rise of Finn, who was a surprise winner in the 55 meters, was clearly one reason for FSU success as was triple jumper Esmeralda

Garcia, who had returned to Florida State following a three year absence.

May 31, 1985—If that showing didn't silence the critics, the Lady Seminoles proved that they intended to stay on top of the track world with a runner-up finish at the national championships. Leading the way was Finn, winning her second national title with a win in the 100 and a runner-up finish in the 200. Garcia won the triple jump and took third in the long jump and fifth in the 100.

March 15 and June 7, 1986—In what began with a rebuilding season in 1986 under first-year head coach Terry Long turned into sixth and 14th place showings at the NCAA Indoor and Outdoor Championships.

June 6, 1987—You could call them the untouchables. Through the course of the season, Janet Levy, Andrea Thompson, Janet Davis and Finn could not be beaten at their specialty—the 400 meter relay. Eight times they faced the nation's toughest competition and eight times they walked away with victories. Finn finished her sparkling college career by anchoring a national champion relay team that ran the fastest time (43.19) a non-national team which consisted entirely of American athletes has ever run. The victory gave the Lady Seminoles a 10th place finish, but more importantly, the achievement reminded the track establishment that through the years, nobody has done it better.

NATIONAL CHAMPS

Tonja Brown
1982 - 400 Meter Hurdles (56.46)

Michelle Finn
1985 - Indoor 55 meter Dash (6.57)
1985 - 100 Meter Dash (11.06w)

Esmeralda Garcia
1985 - Indoor Triple Jump (44-4)
1985 - Triple Jump (43-7½)

Randy Givens
1984 - 100 Meter Dash (11.06w)
1984 - 200 Meter Dash (22.87)

Marita Payne
1982 - 400 Meter Dash (52.01)
1984 - 400 Meter Dash (51.05)

LADY SEMINOLE ALL-AMERICANS

Darien Andreu (1978-81)

1981
CROSS COUNTRY
1981
INDOOR
5,000 Meters (5th)

Alice Bennett (1979-82)

1981
INDOOR
Long Jump (4th)
800 Meter Relay (1st)
OUTDOOR
400 Meter Relay (1st)
800 Meter Medley Relay (6th)
1982
INDOOR
880 Yard Relay (2nd)
OUTDOOR
Long Jump (8th)
400 Meter Relay (2nd)

Carla Borovicka (1982-84)

1982
INDOOR
Two-Mile Relay (1st)
1984
INDOOR
1,500 Meters (6th)

Tonja Brown (1978-82)

1982
INDOOR
60 Yard Hurdles (7th)
Mile Relay (6th)
OUTDOOR
100 Meter Hurdles (4th)
400 Meter Hurdles (1st)

Ovrill Dwyer-Brown (1982-84)

1982
INDOOR
600 Yard Run (5th)
Two-Mile Relay (1st)
Mile Relay (6th)
OUTDOOR
1,600 Meter Relay (2nd)
1983
OUTDOOR
400 Meter Hurdles (8th)
1984
INDOOR
1,600 Meter Relay (2nd)
OUTDOOR
400 Meter Hurdles (6th)

Brenda Cliette (1983-84)

1983
OUTDOOR
100 Meters (3rd)
200 Meters (4th)
400 Meter Relay (1st)
1,600 Meter Relay (1st)
1984
INDOOR
1,600 Meter Relay (2nd)
OUTDOOR
100 Meters (2nd)
200 Meters (2nd)
400 Meter Relay (1st)
Mile Relay (1st)

Margaret Coomber (1981-84)

1981
INDOOR
1,000 Meters (3rd)
1982
INDOOR
1,000 Yards (8th)
Two-Mile Relay (1st)
OUTDOOR
1,500 Meters (7th)
1984
INDOOR
1,500 Meters (5th)

Janet Davis (1984-86)

1984
INDOOR
1,600 Meter Relay (2nd)
OUTDOOR
200 Meters (6th)
Mile Relay (1st)
1987
OUTDOOR
400 Meters (5th)
400 Meter Relay (1st)

Carolyn Faison (1982)

1982
INDOOR
60 Yard Hurdles (6th)

Michelle Finn (1984-87)

1984
INDOOR
55 Meters (4th)
OUTDOOR
100 Meters (4th)
400 Meter Relay (1st)
1985
INDOOR
55 Meters (1st)
OUTDOOR
100 Meters (1st)
200 Meters (2nd)
400 Meter Relay (3rd)

1986
INDOOR
55 Meters (2nd)
OUTDOOR
100 Meters (5th)
200 Meters (7th)
400 Meter Relay (5th)
1987
INDOOR
55 Meters (2nd)
OUTDOOR
100 Meters (4th)
200 Meters (6th)
400 Meter Relay (1st)

Esmeralda Garcia (1981, 1985-86)

1981
INDOOR
Long Jump (2nd)
60 Meters (2nd)
800 Meter Relay (1st)
OUTDOOR
Long Jump (2nd)
100 Meters (5th)
400 Meter Relay (1st)
800 Meter Medley Relay (6th)
1985
INDOOR
Triple Jump (1st)
OUTDOOR
Triple Jump (1st)
Long Jump (2nd)
100 Meters (5th)
400 Meter Relay (3rd)

1986
INDOOR
Long Jump (2nd)
OUTDOOR
Triple Jump (2nd)
400 Meter Relay (5th)

Randy Givens (1981-84)

1981
INDOOR
800 Meter Relay (1st)
OUTDOOR
200 Meters (3rd)
400 Meter Relay (1st)
800 Meter Medley Relay (6th)

1982

INDOOR
300 Yard Dash (2nd)
880 Yard Relay (2nd)
OUTDOOR
100 Meters (7th)
200 Meters (3rd)
400 Meter Relay (2nd)
1,600 Meter Relay (2nd)
1983
OUTDOOR
100 Meters (6th)
200 Meters (3rd)
400 Meter Relay (1st)
1,600 Meter Relay (1st)
1984
OUTDOOR
100 Meters (1st)
200 Meters (1st)
400 Meter Relay (1st)
Mile Relay (1st)

Scooby Golden (1979-82)

1981
INDOOR
1,600 Meter Relay (4th)
OUTDOOR
1,600 Meter Relay (4th)
1982
INDOOR
Mile Relay (6th)

Kelley Hackler (1983-84)

1984
INDOOR
800 Meters (6th)
1985
INDOOR
3,200 Meter Relay (5th)

Janet Levy (1984-87)

1984
INDOOR
1,600 Meter Relay (2nd)
1985
OUTDOOR
400 Meter Relay (3rd)
1987
OUTDOOR
400 Meter Relay (1st)

Chris McKay

1985
INDOORS
3,200 Meter Relay (5th)

Wendy Markham (1982-84)

1982
OUTDOOR
High Jump (5th), tie
1983
INDOOR
High Jump (3rd)
OUTDOOR
High Jump (2nd)

Brenda Moore

1985
INDOOR
3,200 Meter Relay (5th)

Debbie Moss (1979-81)

1981
INDOOR
1,600 Meter Relay (4th)

Kim Parrish (1982)

1982
INDOOR
880 Yard Relay (2nd)

Marita Payne (1981-84)

1981
INDOOR
800 Meter Relay (1st)
1,600 Meter Relay (4th)
OUTDOOR
400 Meters (2nd)
400 Meter Relay (1st)
1,600 Meter Relay (4th)
800 Meter Medley Relay (6th)
1982
INDOOR
60 Yard Dash (7th)
300 Yard Dash (4th)
880 Yard Relay (2nd)
OUTDOOR
200 Meters (4th)
400 Meters (1st)
400 Meter Relay (2nd)
1,600 Meter Relay (2nd)
1983
OUTDOOR
200 Meters (6th)
400 Meters (5th)
400 Meter Relay 91st
1,600 Meter Relay (1st)
1984
OUTDOOR
200 Meters (3rd)
400 Meters (1st)
400 Meter Relay (1st)
Mile Relay (1st)

Nancy Rettie

1985
INDOOR
1,000 Meters (3rd)
3,200 Meter Relay (5th)

Andrea Thompson

1985
OUTDOOR
400 Meter Relay (3rd)
1987
OUTDOOR
400 Meter Relay (1st)

Janette Wood (1981-82)

1981
OUTDOOR
1,600 Meter Relay (4th)
1982
INDOOR
Two-Mile Relay (1st)

Angela Wright (1980-83)

1981
INDOOR
400 Meters (4th)
1,600 Meter Relay (4th)
OUTDOOR
400 Meters (6th)
1,600 Meter Relay (4th)
1982
INDOOR
440 Yards (6th)
Mile Relay (6th)
OUTDOOR
400 Meters (7th)
400 Meter Relay (2nd)
1,600 Meter Relay (2nd)
1983
OUTDOOR
400 Meter Hurdles (3rd)
400 Meter Relay (1st)
1,600 Meter Relay (1st)

LADY SEMINOLE RECORDS

NCAA Qualifying (FAT) (MT)	1987 Women's Bests	FSU Outdoor	Mike Long Track	Collegiate	American	World
100 Meters (11.48) (11.2)	11.22 Michelle Finn Gatorade Classic May 23	11.20 Michelle Finn 1986	11.27 Randy Givens Florida State 1984	10.94 Diane Williams Cal-State-LA 1983	10.76 Evelyn Ashford USA 1984	10.76 Evelyn Ashford USA 1984
200 Meters (23.30) (23.0)	22.90 Janet Davis Gatorade Classic May 23	22.31 Randy Givens 1983	23.08 Pauline Davis Alabama 1986	22.17 Merlene Ottey Nebraska 1982	21.81 Valerie Brisco-Hooks West Coast AC 1984	21.71 Marita Koch GDR 1979
400 Meters (53.24) (53.0)	52.33 Janet Davis Seminole Twilight May 30	49.91 Marita Payne 1984	52.37 Janet Davis Florida State 1987	49.91 Marita Payne Florida State 1984	48.83 Valerie Brisco-Hooks West Coast AC 1984	47.60 Marita Koch GDR 1985
800 Meters (2:05.24) (2:05.0)	N/A	2:04.6 Ovrill Dwyer-Brown 1982	2:03.8 Linda Detiefsen Athletics West 1986	1:58.33 Claudette Groenendaal Oregon 1985	1:56.90 Mary Slaney AW 1985	1:53.28 Jarmila Kratochilova CZE 1983
1,500 Meters (4:20.50) (4:20.3)	4:31.78 Carrie Boyd FSU-FL Feb. 8	4:18.56 Nancy Rettie 1985	4:17.21 Liz Lynch Unattached 1985	4:05.88 Leann Warren Oregon 1982	3:57.12 Mary Slaney AW 1983	3:52.47 Tatyana Kazankina USSR 1980
3,000 Meters (9:22.24) (9:22.0)	9:42.17 Barbara Matthews Gatorade Classic May 24	9:22.94 Margaret Coomber 1984	8:47.73 Wendy Sly Great Britain 1984	8:49.64 Cathy Branta Wisconsin 1985	8:25.83 Mary Slaney AW 1982	8:22.62 Tatyana Kazankina USSR 1984
5,000 Meters (16:25.24) (16:25.0)	17:42.38 Barbara Matthews FSU-Tenneco Relays March 21	16:39.4 Darren Andreu 1981	16:00.68 Patti Sue Plumer Puma T.C. 1986	15:07.56 Cathy Branta Wisconsin 1985	15:06.53 Mary Slaney AW 1985	14:37.33 Ingrid Kristiansen NOR 1986
10,000 Meters (34:25.24) (34:25.0)	36:11.7 Barbara Matthews FSU-Tenneco Relays March 21	34:27.75 Kerrie Yenckak Edinboro 1987	34:42.6 Darren Andreu Florida State 1981	32:32.75 Stephanie Herbst Wisconsin 1986	31:35.3 Mary Slaney AW 1982	30:13.74 Ingrid Kristiansen NOR 1986
100-Meter Hurdles (13.65) (13.4)	13.48 Mary Hawkins TAC Trials June 25	13.42 Tonja Brown 1982	13.2 Rhonda Blanford Nebraska 1985	12.80 La Vonna Martin Tennessee 1987	12.79 Stephanie Hightower Naturite TC 1982	12.25 Gink Zagorcheva Bul 1987
400-Meter Hurdles (58.50) (58.2)	1:00.01 Andrea Thompson Orlando Track Classic April 25	56.46 Tonja Brown 1982	56.08 Angela Wright -Scott Bud Light TC 1984	54.61 Nawal El Moutawakil Iowa State 1984	54.23 Judi Brown King AW 1987	52.94 Marina Stepanova USSR 1986
400-Meter Relay (45.24) (45.0)	43.19 (Levy, Thompson, Davis, Finn) NCAA Trials June 5	42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens 1983	43.9 Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens Florida State 1984	42.94 Florida State 1983	41.61 National Team 1983	41.37 GDR 1985
1,600-Meter Relay (3:36.24) (3:36.0)	3:34.07 (Levy, Thompson, Davis, Curry) Seminole Twilight May 30	3:28.46 Randy Givens, Brenda Cliette, Angela Wright, Marita Payne	3:34.07 (Levy, Thompson, Davis, Curry) Seminole Twilight May 30	3:28.46 Florida State 1983	3:18.29 National Team 1984	3:15.92 GDR 1983
Long Jump (6.26)	18-10 Carolyn Hightower FSU-Tenneco Relays March 20	21-7 Esmeralda Garcia 1985	21-6 ³ / ₄ Esmeralda Garcia Florida State 1986	23-9 Jackie Joyner UCLA 1985	24-5 ¹ / ₂ Jackie Joyner-Kersey WC 1987	24-5 ¹ / ₂ Heike Dreschler EG 1986
Triple Jump (12.60)	37-6 Janet Levy FSU-Tenneco Relays March 30	44-10 ³ / ₄ Esmeralda Garcia 1986	43-6 ¹ / ₂ Esmeralda Garcia Florida State 1986	45-5 ¹ / ₄ Sheila Hudson California 1987	45-5 ³ / ₄ Sheila Hudson Cal 1987	44-10 ³ / ₄ Esmeralda Garcia BRAZ 1986
High Jump (1.83)	N/A	6-1 ¹ / ₂ Wendy Markham 1983	6-0 ¹ / ₂ Bridgette Reid Canada 1984	6-4 ³ / ₄ Katrena Johnson Arizona 1985	6-7 Louise Ritter Pacific Coast TC 1983	6-10 ¹ / ₄ Stefka Kostadinova Bul 1987
Shot Put (15.24)	N/A	46-10 ¹ / ₂ Vickie Smith 1977	47-8 ¹ / ₂ Quenna Beasley Bud Light TC 1984	62-3 ³ / ₄ Meg Ritchie Arizona 1983	63- ³ / ₄ Ramona Pagel MAZ 1987	74-3 Natalya Lisovskhya USSR 1987
Discus (51.36)	N/A	148-7 Donna Williams 1984	189-3 Kathy Landry Alabama 1986	221-5 Meg Ritchie Arizona 1983	216-10 Carol Cady STC 1986	244-7 Zdenka Silhava CZE 1984
Javelin (51.36)	172-2 Kari Keith Eastern Invitational April 17	172-2 Kari Keith 1987	182-8 Susie Ray Florida 1985	211-5 Karin Smith Cal Poly-SLO 1981	227-5 Kate Schmidt Pacific Coast TC 1977	258-10 Petra Felke EG 1987
Heptathlon (5,300)	N/A	N/A	N/A	6718 Jackie Joyner UCLA 1985	7158 Jackie Joyner-Kersey USA 1986	7158 Jackie Joyner-Kersey USA 1986

RECORDS

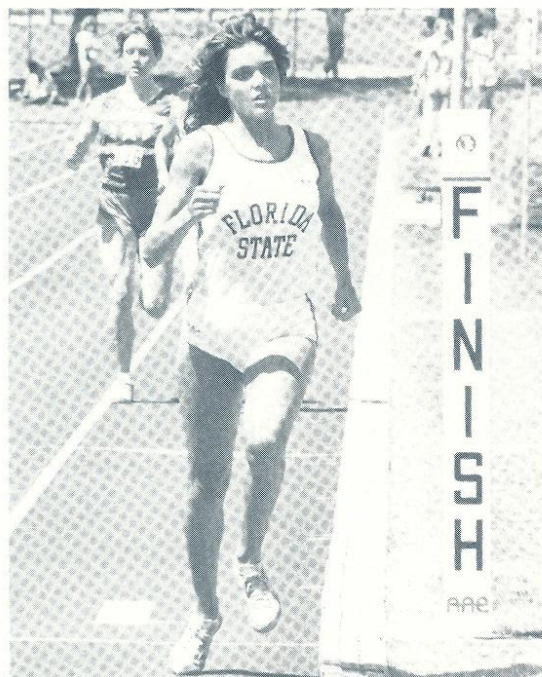
Indoor Records NCAA Qualifying

Event	FAT	Manual	Time/Distance	Name	Date
50mH			7.0	Tonja Brown	1982
60 Yd H	7.92	**	7.74	Carolyn Faison	1982
50m			6.41	Randy Givens	1982
55m	6.87	**	6.72	Michelle Finn	3-15-86
60m			7.26	Esmeralda Garcia	1981
60 Yds	6.87	**	6.81	Marita Payne	2-11-84
300m			37.84	Marita Payne	1982
300 Yds *			34.07	Randy Givens	3-13-82
400m			54.21	Janet Davis	3-2-84
440 Yds			55.16	Angela Wright	3-13-82
500m	1:12.17	1:11.6	1:12.24	Ovriill Dwyer-Brown	3-2-84
600m			1:28.9	Ovriill Dwyer-Brown	1983
600 yds	1:20.16	1:19.6	1:20.16	Ovriill Dwyer-Brown	1983
800m	2:09.00	2:08.7	2:09.03	Kelley Hackler	2-11-84
880 Yds			2:13.09	Janette Wood	1982
1,000m	2:45.54	2:45.3	2:43.08	Nancy Rettie	3-09-85
1,000 Yds	2:31.54	2:31.3	2:31.73	Margaret Coomber	3-13-82
				Brenda Moore, Chris McKay	
1,500m	4:24.34	4:24.1	4:17.73	Nancy Rettie	3-2-85
2,000m			6:18.98	Gale Grant	3-07-80
3,000m	9:23.53	9:23.2	9:55.9	Gale Grant	1981
Mile	4:45.60	4:45.3	4:45.79	Margaret Coomber	2-11-84
5,000m			17:06.0	Darien Andreu	1981
Two Mile	10:05.00	10:04.4	10:27.08	Darien Andreu	2-20-82
Three Mile			15:59.94	Darien Andreu	2-19-82
4 x 176y Relay			1:18.18	Kim Parrish, Marita Payne, Alice Bennett, Randy Givens	1982
4 x 200m Relay			1:36.80	Janet Davis, Michelle Finn, Marita Payne, Randy Givens	1984
4 x 220y Relay**			1:36.8	Janet Davis, Marita Payne, Michelle Finn, Randy Givens	2-03-84
4 x 400m Relay			3:37.47	Janet Davis, Janet Levy, Ovriill Dwyer-Brown, Brenda Cliette	3-10-84
4 x 440y Relay			3:39.11	Janet Davis, Martia Payne, Janet Levy, Ovriill Dwyer-Brown	2-11-84
4 x 800 Meter Relay			8:38.34	Kelley Hackler, Nancy Rettie, Brenda Moore, Chris McKay	3-09-85
Two Mile Relay**	8:51.80	8:51.6	8:47.27	Margaret Coomber, Carla Borovicka, Janette Wood, Ovriill Dwyer-Brown	3-13-83
Distance Medley Relay (Yds)			11:55.3	Janette Wood, Scooby Golden, Gale Grant, Margaret Coomber	1981
Long Jump	6.17		21-0	Esmeralda Garcia	3-15-1986
High Jump	1.81		6-0	Wendy Markham	1983
Shot Put	15.24		46-10	Vickie Smith	1977
Triple Jump***	12.48		44-4	Esmeralda Garcia	3-8-85
Pentathlon			3432	Margaret Moynihan	2-21-81

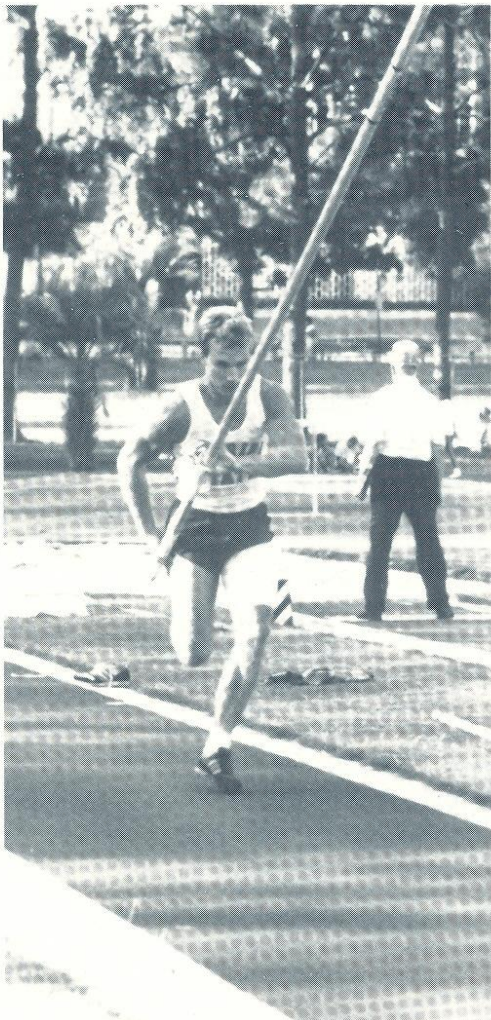
* - Ties American Record

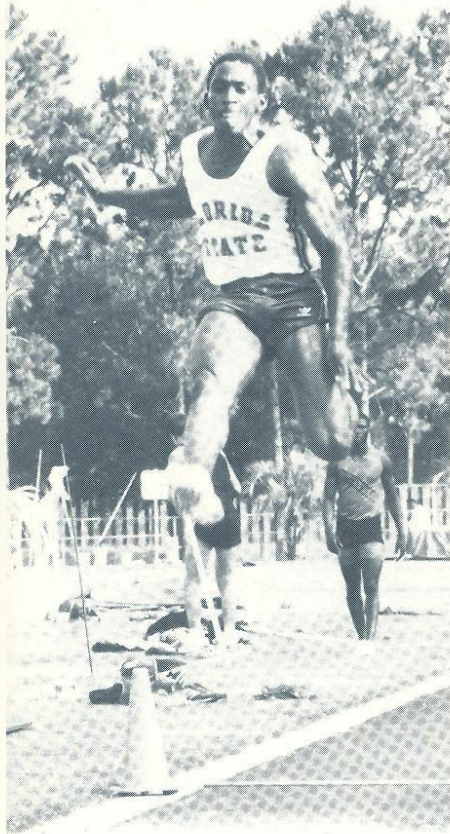
** - National Collegiate Record

*** - World Record



A World Class Environment . . .



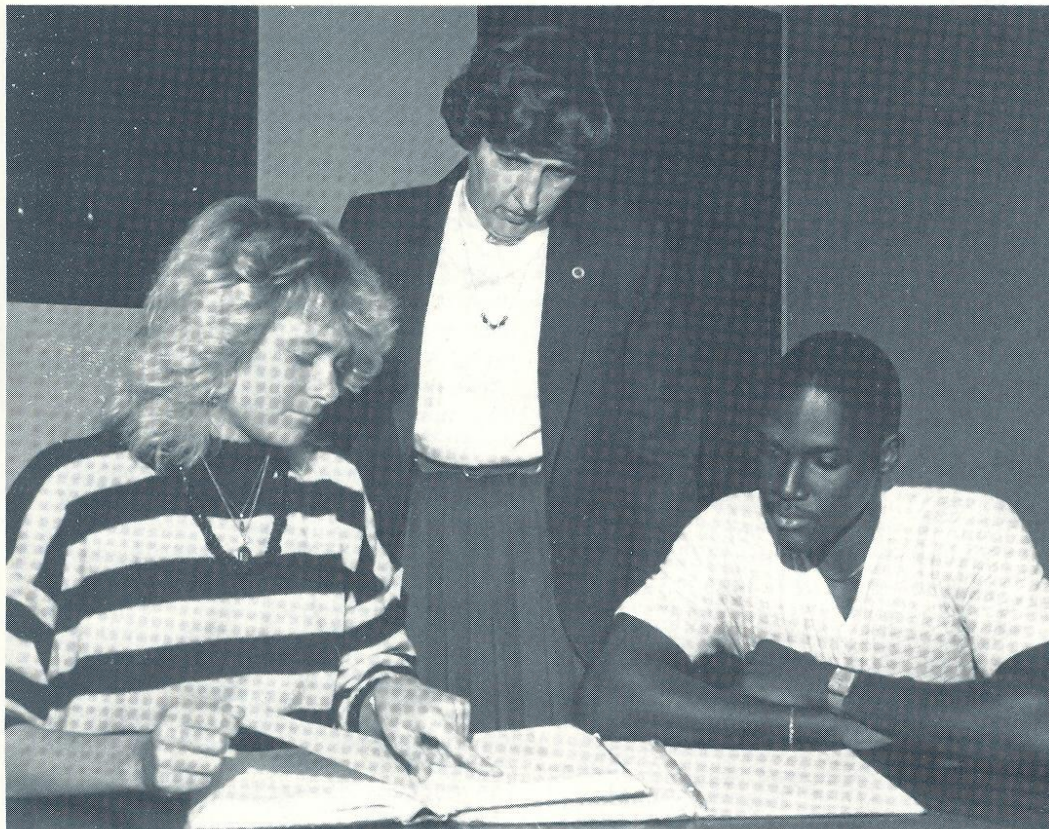


Florida State is truly a world class environment. And over the years, FSU athletes have produced some world class performances. Both Florida State's men's and women's programs are perennial national powers, as the men's team has won 11 consecutive Metro Conference Championships while the women have finished in the nation's top 10 in seven of the last eight years and have won two national championships. This year, junior hurdler Arthur Blake is ranked third in the nation and fourth in the world in the 110 meter high hurdles.

Much of the program's success goes to the Seminole coaching staff who has helped to develop hundreds of All-Americans and even an Olympic Gold Medalist.

If that isn't enough, Florida State athletes train at the most modern facilities in the nation. The 5,000-seat Mike Long Track is host to five major meets during the outdoor season and features the same surface that will be used at the 1988 Summer Olympics.

The Florida State experience prepares an athlete for the future. "Running track at Florida State definitely helped me make it to the Olympics," said Walter McCoy, a 1984 gold medalist. "I can travel anywhere and people recognize the quality of Florida State's academic and track programs. I still train at FSU because the facilities and coaching is so good."

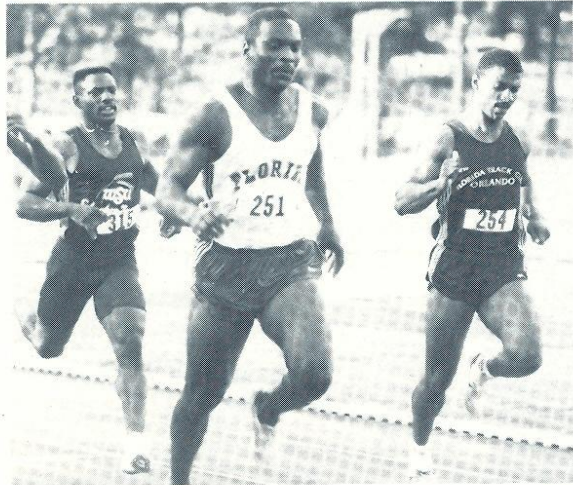
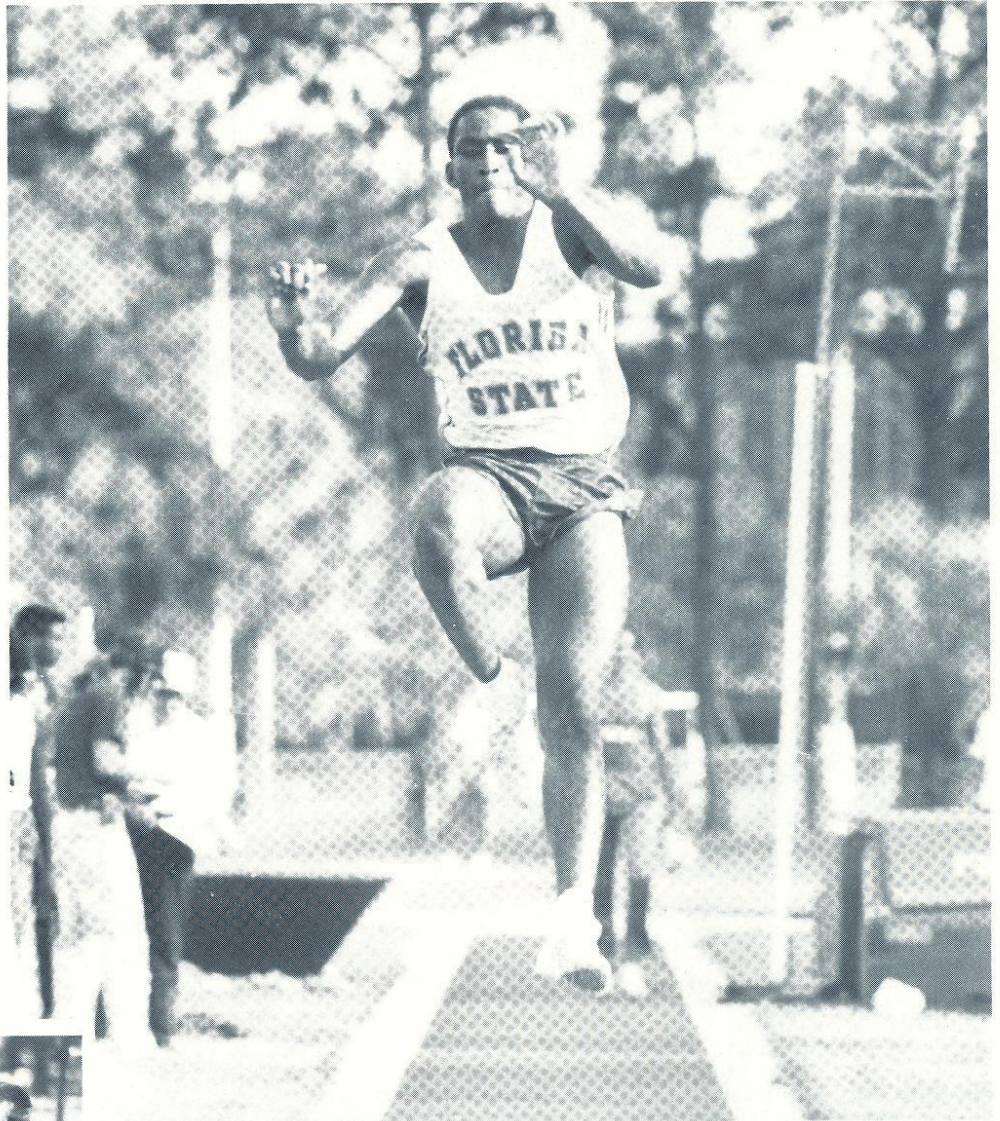


On the Right Track

Once again, Dick Roberts proves the prognosticators wrong. Roberts, now in his 10th season at the helm of the Seminole track program, continues to amaze onlookers with Florida State's success in the face of adversity.

Case in point—the 1987 Metro Conference Championships. Going into last year's meet, almost everyone predicted that FSU would finally lose its 11 year stronghold on the conference championship. After all, favorite South Carolina hosted Florida State and the six other member schools in its own back yard. With FSU superstar Arthur Blake sidelined with mononucleosis, it looked as if it was only a matter of time before the Seminoles lost their first title in 11 years.

But Roberts' team rallied during the two-day event to continue the longest conference winning streak in collegiate track and field. With almost every member of that team back, it is that monumental win that helps to generate much of the enthusiasm going into this year's campaign.



Left: Junior sprinter Sammie Smith, the defending Metro Conference champion in the 100 and 200, is expected to lower his time of 10.31 during the 1988 season. **Above:** After making his first trip to the NCAA Championships last year during the indoor season, senior Billy Close is expected to again challenge for the Metro Conference title.

Right: Larry Carr was the surprise of the team in 1987, as he went over 17-6 to qualify for the NCAA Championships. This year Carr teams with Riether to form one of the most talented vault teams in the country.

Trophy winner. In 1987, Smith ran a 10.31 in the 100 meters to win the Metro title. This season, he is expected to improve on that impressive mark.

In the long jump, watch for Billy Close to improve on his PR of 25-8 in the long jump. The injury-prone Close made his first visit to the indoor NCAA Championships last year.

Another FSU athlete seeking a return trip to the NCAA Championships is high jumper Darrell Wills, indoor school record (7-3½) holder.

FSU will also get an added bonus with the return of junior world class hurdler Arthur Blake. Blake enters the season needing an impressive showing during the latter part of the spring to propel him to a spot on the U.S. Olympic team. The idea is not so farfetched considering that he is ranked third in the nation and fourth in the world with a personal best of 13.29 in the 110 meter high hurdles. After finishing second at last year's NCAA Championships, Blake is the top returning performer in the nation. A healthy Blake translates to instant points for FSU at nationals.

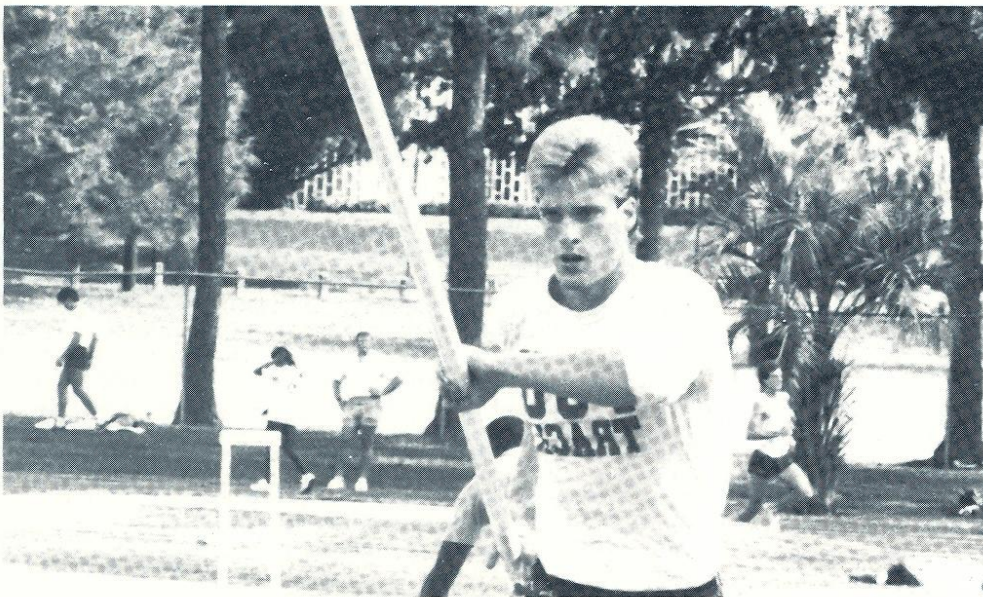
16 Florida State Track

Florida State will probably have to turn to the field events for the remainder of its points at the NCAA meet. In the pole vault, the 1-2 combination of junior Larry Carr and senior Tom Riether could figure into FSU's point total. Both have cleared 17-6 during their careers and are quickly closing in on the 18-foot barrier.

Just behind this group, Florida State boasts a host of athletes who are expected to qualify for the NCAA meet. Reminding many of Herschel Walker, Florida State's Sammie Smith is one two-sport athlete who continues to draw favorable comparisons to the former Georgia Heisman

SPRINTS—Coming off the best rushing season in Florida State history, where he racked up 1,230 yards on the ground, Smith will use that momentum to spring him into the track season. "I don't think there's any question that he can improve," Roberts says. "With his breakthrough last year and his enthusiasm, Sammie comes into this season in an even better position than he did last year." At press time, Smith is FSU's only entrant in the 100 and 200, although there is some talk that several of Smith's teammates on the football team might join him in the starting blocks.

SEMINOLE PREVIEW



In the 400, FSU will rely solely on freshman Tyrone Bligen. He will attempt to help alleviate the loss of Carter Williams, who elected to graduate early. A 46+ sprinter in high school, Bligen could see action on FSU's 400 and 1600 relays in addition to his work in the quarter.

HURDLES—This will be without question Florida State's strong suit entering the season. Blake, who is seeking to become Florida State's second individual to make a U.S. Olympic team, will headline the event. Last season, the Haines City native cut his personal best to 13.29 to finish second to Greg Foster at the National Sports Festival.

The quality in the highs does not end with Blake, however; Jason Welsh and Rodney Lawson are a pair who are not far off NCAA qualifying standards and figure to score at the Metro Championships.

In the intermediate hurdles, sophomore Bruce James returns after finishing in the Metro last year. He owns a personal record of 53.31 in the 400 hurdles.

MIDDLE DISTANCE—Florida State has so many new athletes in the middle distance events that spectators to Mike Long Track will have to pay special attention to their programs. The Seminole coaching staff, trying to break Virginia Tech's domination in these events in recent years, signed Alex Caulder and Philip Harrell, a pair of outstanding high school athletes. Harrell is a former Alabama state champion in the 800 and 1500, while Caulder was one of the top three school boy milers in England.

After spending last year straightening out his academics, Richard Corbett also returns to shore up the middle distance events. The versatile Corbett, with a personal best of 3:53 in the 1500, could see action from the 1500 and 3000.

DISTANCE—The distance events is one area that has steadily improved in recent years. That trend should continue with the return of several talented runners.

Two-time All-Metro selection David Keen returns in the 3000 and 5000 meters. The Marianna junior finished last year at the Conference meet, racing to a 31:12.15 time. Also figuring to score is junior John Charlton. Charlton was one of the top runners on the cross country team over the past two years. After spending most of last year on the sideline because of injury, former state champ Billy Penick will also team with Keen and Charlton to give the Seminoles a powerful trio. Last year's distance ace, Jacob Hoesly, will take a redshirt year to give him an added year of eligibility.

THE JUMPS—From top to bottom the horizontal jumps are loaded with top-flight talent. Teaming with newcomer Erik Robinson in the long and triple jumps, Close could have his finest year ever. Often hampered by injuries, Close took advantage of an injury-free indoor season in 1987 to qualify with a school record jump. He could very likely do the same this year during both the indoor and outdoor seasons. He will be pushed by junior college transfer Robinson who is equally adept in the triple or long jumps. Robinson comes to FSU from Miami Dade South with PRs of 24+ and 51+ in the long and triple jumps, respectively.

Sophomore Brian Mallory, a fifth place finisher at the '87 Metro Conference meet in the long jump, provides quality depth in both events. Darrell Wills, FSU's top returner in the high jump, could very well be the best athlete on the track team. A former community college basketball player, Wills has shown superstar potential in the high jump, soaring 7-3½ two years ago as a sophomore. He will need to overcome nagging injuries that bothered him last year to challenge the nation's best.

THE VAULT—Never before have the Seminoles had a combination as potent as Carr and Riether in the pole vault. Probably the biggest surprise of the '87 season was the development of Carr, who

bettered his PR by almost 1½ feet. The Jacksonville sophomore continues to be one of the most diligent workers on the team, which means 18 feet is within reach.

Riether cleared 17-6 last summer and looks to sky even higher this spring.

THE THROWS—With heavy graduation losses in the discus and shotput, Florida State will spend the season rebuilding these events with a corps of young talent. In the shot, FSU lost two-time Metro champion Mike Bell. He will be replaced by freshman Eric Chambers, the 4A state champ out of Altamonte Springs. Before his career is over, many think he could rewrite the FSU record book.

Handling the discus chores will be redshirt freshman Mike Hill. One of the pleasant surprises during the '87 season, Hill figures heavily in the Seminoles' hopes to score in the discus at the Metro meet.

After working in the shadow of All-American Horatio Garcia for the last two years, George Karakatsanis will prove to be a talented replacement in the hammer. Although he has limited meet experience, Karakatsanis could step in and make his presence felt at the Metro meet.

The strength of the throw lies with senior Tom Fetters in the javelin. The returning Metro champion was just four feet from the NCAA qualifying mark during pre-season workouts. As one of the hardest workers on the team, Fetters could get the added distance to improve on the PR of 208-2 to surpass the NCAA standard.

THE SCHEDULE—As has been the case in recent history, Florida State will not accentuate its indoor schedule. The Seminoles will meet national caliber competition at the Millrose Games in New York, the Vitalis Olympic Invitational in Meadowlands, NJ, and the Mobil Invitational in Fairfax, VA. The NCAA Indoor Championships will again be held in Oklahoma City.

The Florida State Relays on March 18-19 will highlight a four-meet home schedule for the Seminoles. FSU will also host the Eastern Airlines Invitational, Metro Conference Championships and Seminole Twilight Invitational. One noticeable change in the 1988 schedule is the interruption of the 32-year series with Florida, as the Gators elected not to renew the rivalry. On the national front, Florida State will compete at the Sun Angle Relays in Tempe, AZ, the Texas Relays in Austin, TX and the Gatorade Classic in Knoxville, TN. The outdoor meet schedule will help Florida State prepare for the NCAA Championships in Eugene, Oregon.

In Eugene, FSU will be shooting for its 10th top 20 finish in as many years.

"Last year we were 21st in the nation," Roberts says. "I see us as possibly better than that this year. There's again a possibility of a top 20 finish."

SEMINOLE SKETCHES



ARTHUR BLAKE

Junior
Haines City, Florida

110 HH (13.29) — one of the premier hurdlers in the world, Arthur is a prime candidate for a spot on the U.S. Olympic team . . . Greg Foster, the number one ranked hurdler in the world told Track and Field News, "I'd pick Arthur Blake as the next great hurdler. He's young, he's quick, and he can handle big competitions" . . . although nationally known since his high school days at Haines City High, last year he made his breakthrough to join the world's elite . . . at Haines City, he set the national high school mark of 13.84 in the Standard Collegiate 42-inch hurdles . . . entered last season with a personal best of 13.54 in the 110 high's and by the time the summer was over, he cut that to 13.29 . . . in fact, during his tour of Europe and the United States in the summer, Arthur ran sub 13.5 clockings a total of nine times . . . his emergence was remarkable considering that he battled mononucleosis in May . . . after he received the FSU team doctors' approval to continue his training, he ran an uncharacteristic 14.29 at the final meet of the outdoor season . . . not knowing what to expect, Blake decided to give the NCAA Championships a try . . . to the surprise of onlookers, he finished second to LSU's Eric Reid . . . ran a 13.59 to finish only 8/100's behind Reid . . . continued to surprise during his summer meet schedule and finished second at the World University Games in Budapest, hurdling to a personal best of 13.36 . . . perhaps his most notable accomplishment was at the U.S. Olympic Festival in Durham, NC . . . used a rocket-like start to take an early lead on Foster . . . Foster caught Blake on the fourth hurdle and went on to set the Olympic Festival record of 13.19, while Blake finished second at 13.29 . . . also ran both 13.31 and 13.32 in a two-day period at the London and Cologne Grand Prix's **1987**: started the '87 season off in record-breaking fashion . . . cruised to one of the fastest 60 meter hurdle times ever recorded (7.05) in only his first indoor meet of the season at the LSU Relays . . . tied Willie Gault's O'Connell Center record of 7.19 in the 55 meter highs . . . concluded the indoor season by running the second fastest prelim. (7.18) time in the 55 highs at the NCAA Indoor Championship . . . ended up with a fourth place in a time of 7.21 . . . made an easy transition to the outdoor season the following week at the FSU-Tenneco Relays . . . used a quick start to run 13.63, which just edged Alabama's Keith Talley . . . also ran 13.53 at the Orlando Track Classic . . . showed his versatility by qualifying for the NCAA Outdoor Championships in the 200 meters with 20.63 and 20.67 clockings at the Tampa Track Classic and FSU-Florida dual . . . met NCAA qualifying standards in every race but two during the season . . . his bout with mono sidelined him during the Metro Championships . . . **1986**: sat out the year as a redshirt after he transferred from the University of Florida . . . won the open 110 highs at the Martin Luther King Games in Atlanta and at the Domino's Pizza Relays where he ran a 13.87 . . . **1985**: led Florida's shuttle hurdle relay to a first place time of 57.15 at the Penn Relays . . . **Prep**: named by *Track and Field News* as the national high school athlete-of-the-year runnerup . . . recipient of the Hertz #1 Award, given annually to Florida's top prep athlete . . . eclipsed the national high school records in the 110 meter hurdles (13.18) and the 300 intermediates (35.3) . . . the 110 meter record was previously held by current world record holder Renaldo Nehemiah . . . claimed state crowns in both hurdle events, as well as the 100 yard dash . . . was also the Pan-American and USA Junior 110 meter high hurdle champion . . . **Personal**: a communication/coaching major . . . born August 10, 1965 . . . nicknamed King Arthur . . . appeared in *Sports Illustrated's* "For the Record" section for his accomplishment in 1984 . . .

BLAKE'S TOP 10 TIMES

1. 13.29 Olympic Sports Festival (Final), Durham, NC, July 26, 1987.
2. 13.31 London Grand Prix, London, England, August 14, 1987.
3. 13.32 Cologne Grand Prix, Cologne, West Germany, August 16, 1987.
4. 13.36 World University Games, Budapest, Hungary, July 16, 1987.
5. 13.38 World University Games, Budapest Hungary, July 15, 1987.
6. 13.43 Switzerland Grand Prix, Weltkassée, Switzerland, July 19, 1987.
7. 13.44 Grossetto Invitational, Grossetto, Italy, August 10, 1987.
8. 13.48 TAC Championships, San Jose, CA, June 30, 1987.
9. 13.51 Orlando Track Classic, Orlando, FL, April 25, 1987.
10. 13.59 NCAA Championships (Final), Baton Rouge, CA, June 6, 1987.



TYRONE BLIGEN

Freshman
Charleston, South Carolina

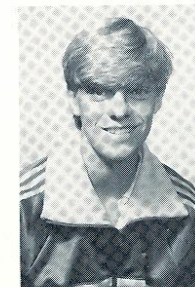
400 (48.6) — his signing last spring immediately fills FSU's needs in the 400 meters . . . as FSU's only entrant in that event, some feel he could be an NCAA qualifier . . . will also see action on FSU's 400 and 1600 meter relays . . . has already impressed the coaching staff with his work ethic during pre-season practice . . . the former South Carolina state champion in the 440, Tyrone has run sub-48 times in the quarter and has run 46+ in the 1600 meter relay . . . is out of the mold of several of Florida State's great sprinters of the past, including Olympian Walter McCoy . . . picked Florida State over Clemson and South Carolina . . . **Personal**: enrolled in Florida State's basic studies program . . . born March 14, 1968 . . .



LARRY CARR

Junior
Jacksonville, Florida

PV (17-6) — the biggest surprise of the 1987 track season . . . considered by the coaches as the hardest worker on the track team, Larry showed remarkable consistency through the season as he went over the 17-foot mark in seven meets . . . improved his previous year's personal record by 1½ feet . . . will combine with Tom Riether to form a formidable 1-2 combination that could score for the Seminoles at the NCAA championships . . . his vault of 17-6 at the Orlando Track Classic broke the 10-year school record of 17-1 . . . also holds the Metro Conference pole vault record of 17-2½ . . . **1987**: started off the indoor season by topping his previous personal best when he vaulted 16-3½ at the LSU Relays . . . his real breakthrough came at the Florida State-hosted Tenneco Relays as he jumped 17-0 . . . jumped 17-2 at the Griffin Invitational, 17-1¾ at the Gatorade Classic . . . and 17-2½ at the Metro Championships . . . in his first appearance at the NCAA Championships, he cleared 17-1¾ in both the trials and finals to finish 10th in the nation . . . **1986**: cleared 15-2¾ and 15-0 in dual meets against Auburn and Florida . . . tied for fourth at the Metro Championships with a vault on 15-6 . . . **Prep**: attended Wolfson High where he was the state champ in the pole vault with a best of 16-0 . . . that mark made him the first high school athlete to clear 16-feet in Florida . . . **Personal**: enrolled in basic studies . . . born December 14, 1966 . . .



ALEX CAULDER

Freshman
Hamel Hempstead, England

3000 (8:30) — prior to his enrollment at Florida State, he was one of the top three prep milers in England . . . is expected to shore up the distance events . . . Florida State coaches are working with him extensively in a new training program . . . because of the weather in England, his training cycle is almost the exact opposite of U.S. runners . . . spent most of the cross country season working on that adjustment . . . figures to be a factor at the Metro Conference Championships . . . **Personal**: like all incoming freshmen to Florida State he is enrolled in undergraduate studies . . . born August 16, 1967 . . .

SEMINOLE SKETCHES



ERIC CHAMBERS

Freshman
Altamonte Springs, Florida

SP (61-0)—another talented freshman signee who the coaching staff believes can be one of the finest shotputters in school history before he's through . . . a young freshman, Eric will only be 17 years old at the start of the season . . . came in during pre-season training and set the freshman lift record for the track team . . . that convinced the coaching staff that he had the strength and potential to become a great one in the shot and discus . . . suffered a setback in November, when a virus turned into pneumonia and sidelined him for a month . . . lost much of the strength and bulk that he had gained from training . . . one of three freshmen signees who are former state champions . . . won the 4A shot put title as a senior . . . coached in high school by Marty Williams and former Florida State All-American Charlie Harris at Lake Brantley High . . . **Personal:** enrolled in Florida State's basic studies program . . . born July 8, 1970 . . .



JOHN CHARLTON

Senior
Kissimmee, Florida

5000 (15:01) — should give Florida State something that it hasn't had in several years—quality depth in the distance events . . . teams with David Keen in the 5000 and 10,000 to enable the Seminoles to challenge Virginia Tech, the conference's top team in the distance events . . . **1987:** as a member of the Florida State cross country team, his best time of the season came at the Florida State Invitational where he finished seventh in 25:02 . . . finished third at the Griffin Invitational in the 5000 with a personal best of 15:04 . . . **1986:** scored at both the Florida and Auburn dual meets in the 3000 steeplechase . . . **1985:** was on the varsity track team and scored in the 3000 steeplechase at the Florida dual meet . . . **1984:** redshirted during the cross country season but made the varsity track team as a freshman . . . **Prep:** all-state cross country selection as a senior at Kissimmee's Osceola High . . . holds Osceola's school record in both the two and three mile events . . . **Personal:** a history major . . . an excellent student, John is a three-time Metro Conference Commissioner's List selection, which awards athletes with grade point average of 3.0 or better . . . born April 29, 1966.

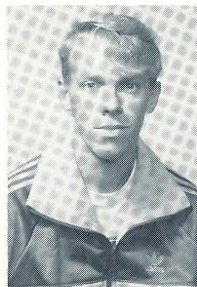


BILLY CLOSE

Senior
Tallahassee, Florida

LJ (25-8) — showed flashes of potential in the long jump that the FSU coaches had been talking about for the last two seasons . . . the key for Billy in 1988 will be to stay healthy . . . has been hampered throughout his career by nagging injuries . . . qualified for the NCAA Championships for the first time during the indoor season . . . jumped 25-6¼ at the Florida All-Comers, the first meet of the season, to set the school record in the event and earn his first trip to the indoor NCAA Championships . . . his personal record in the outdoor long jump continues to be his mark of 25-8 set two years ago at the National Invitational Championships in Indianapolis . . . served as team captain in 1987 and will again share that honor in '88 . . . the recipient of a Metro Conference post graduate scholarship . . . **1987:** after jumping 25-6¼ to qualify at the Florida All-Comers, Close jumped only one other time during the in-

door season . . . cleared 24-4½ at the Gainesville Sun Invitational . . . finished the indoor season with a 10th place showing at the NCAA Championships where he jumped 24-7¾ . . . saved his best performance during the outdoor season for the Metro Conference Championships, leaping 24-8½ to finish first . . . also came in second in the Metro triple jump with a jump of 49 feet . . . **1986:** his top mark of the indoor season came in Gainesville where he long jumped 24-6¼ . . . showed steady improvement throughout the year and helped FSU to a dual meet victory over Auburn with a jump of 24-10½ . . . **1985:** took first in the Domino's Pizza Relays (24-0), FSU-Florida dual meet (24-3¾) and the Springtime Invitational (24-7½) . . . was fourth in the Metro Conference (24-1) . . . **1984:** received a medical redshirt as a freshman after he had bone spurs in his ankles that orthotics helped to heal . . . **Prep:** a high school All-American as a senior at Tallahassee's Leon High School, where he was the State 3A long and triple jump champion . . . also won the triple jump at the Golden South Classic . . . **Personal:** majoring in psychology and criminology . . . born January 1, 1965 . . . came to FSU on an academic scholarship and has put together an A average in his first three years . . .



RICHARD CORBETT

Senior
Marietta, Georgia

1500 (3:53), 3000 (8:31), 3000 SC (9:21)—Florida State coaches are counting on his senior leadership in the middle distance and distance events . . . will serve as the distance captain in '88 . . . a versatile runner, Richard could see action in any number of events, including the 1500, 3000, 3000 steeplechase at the Metro Conference Championships . . . also ran a 3:02 split on FSU's distance medley relay at the Tenneco Relays . . . ran a personal best of 3:53 in the 1500 at the Orlando Invitational . . . **1986:** did not run during the track season as he was enrolled at Tallahassee Community College . . . **1985:** redshirted as a sophomore . . . **1984:** hampered by an ankle injury during his first year of collegiate competition . . . **Prep:** a three time all-state pick at Walton High . . . ran a PR of 4:22 in the mile as a prep athlete . . . **Personal:** a physical education major . . . born February 18, 1967 . . .



TOM FETERS

Junior
Longboat Key, Florida

JAV (217-11) — one of the returning Metro Conference champions in the javelin . . . one of the hardest workers on the team . . . continues to improve and will again be a force at the Metro Championships . . . improved his personal best in the event by eight feet in 1987 . . . his determination was rewarded two years ago, when he earned a scholarship after joining the team as a walkon . . . the only factor that hinders his efforts is his lack of size at 5-10, 170 pounds . . . **1987:** started the outdoor season by throwing a personal best at the Florida State-hosted Tenneco Relays (217-11) . . . eclipsed the 200 foot barrier two other times . . . threw 206-2 at the Griffin Invitational in Atlanta . . . won the Metro with a 208-2 effort . . . **1986:** although he was redshirted, Tom competed in the open division in a number of meets . . . threw 185-1 at the Seminole Twilight . . . also finished first with a throw of 203-5 at the Domino's Pizza Relays . . . **1984-85:** attended Edison Community College in Ft. Myers . . . **Prep:** was the captain of the North Hills Track team in Pittsburgh . . . **Personal:** majoring in marketing . . . born August 1, 1965 . . .

SEMINOLE SKETCHES



PHILIP HARRELL

Freshman
Gadsden, Alabama

800 (1:52), 1500—(4:13)—FSU cross country coach Al Schmidt calls Harrell, "the find of the year;" ... came to FSU with impressive credentials, running personal bests of 1:52 in the 800 and 4:13 in the 1500 ... was an Alabama 800, mile and two-mile champion ... Florida State recruited him

early while other schools discovered him late last spring ... FSU insiders predict success for him, as he's only competed for two years ... will be FSU's only entrant in the 800 and 1500, replacing All-American Ocky Clark ... **Personal:** enrolled in basic studies ... born June 16, 1969 ...

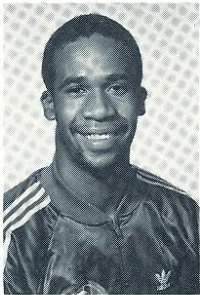


RODNEY LAWSON

Sophomore
Jacksonville, Florida

110 HH (13.5), 400IH (54.7) — returns as one of Florida State's top hurdlers in both the 110 and 400 races ... has steadily improved in making the transition from high school to collegiate competition ... FSU's coaches were impressed with his raw sprinter's speed when they made him their

lead-off leg on the 400 meter relay ... that relay ran NCAA qualifying times on two occasions ... in a fine early season showing, the relay ran 39.55 at the Florida Relays ... the relay came back three weeks later to upset Florida's 400 meter foursome at the Florida State-Florida dual meet, running with a 39.84 time ... **1987:** ran a season-best time of 14.40 in the 110 high hurdles at the Florida State-Florida dual meet ... also ran on the 1600 meter relay team ... **Prep:** ranked second in the nation in 1986 ... named to the Track and Field News High School All-America team ... also placed sixth at the junior national championships ... **Personal:** enrolled in basic studies ... born January 22, 1967 ...



MIKE HILL

Freshman
Kingston, Jamaica

D (165-1) — after spending a year with the Florida State program, Mike is expected to take on added duties in '88 ... enters the season as the team's top performer in the discus ... coaches considered his improvement last year as one of the team's bright spots ... this year, he is forecasted to have

an outstanding year in his specialty—the discus ... figures to score in that event as well as the shotput at the Metro Conference Championships ... **1987:** was hurt during much of the season and was redshirted ... **Prep:** a high school teammate of FSU hurdler Bruce James ... **Personal:** a pre-med major ... born May 28, 1968 ...



MARK McINTOSH

Freshman
West Palm Beach, Florida

DEC (6900)—after not having an entry in the decathlon at last year's Metro Conference Championships for the first time in history, FSU's coaching staff signed this former state champion ... excels in the pole vault and the hurdles, two events where Mark could make early contributions

to the team ... his long-term project, however, is the decathlon ... has worked hard in the weightroom since coming to Florida State ... his continued improvement is only limited by his 150 pound frame ... **Personal:** enrolled on FSU's undergraduate studies ... born May 13, 1968



DAVID KEEN

Junior
Marianna, Florida

5000 (14:46.84), 10,000 (31:12) — a two time-All-Metro selection ... Florida State's top returning distance runner ... also was FSU's number one runner on the cross country team ... has made dramatic breakthroughs since coming to Florida State three years ago ... wasn't even among the

squad's top seven runners as a freshman, but came on during his sophomore year ... **1987:** was Florida State's top finisher in all but one cross country meet ... capped the cross country season with a third place finish at the Metro Conference Championships ... his top time in the 5000 during the track season came at the Florida State-Florida dual meet, when he ran 14:46.84 ... came in fourth place at the Metro Conference Track and Field Championships with a 31:12 clocking ... **1986:** Keen was a member of the FSU cross-country team, but wasn't even among its top seven runners ... made a startling breakthrough in the spring and placed fourth in the Metro Championships with a time of 31:34.43 ... received All-Metro honors for that performance ... **Prep:** the state runner-up in the mile as a junior ... attended Marianna High ... **Personal:** a business major ... born June 17, 1967 ...



BILLY PENICK

Sophomore
Sanford, Florida

1500 (4:17.7), 3000 SC (16:03) — proved to be a valuable addition to the Florida State track program last year ... earned a spot on FSU's cross country team as a freshman and retained it as a sophomore ... during the track season, Billy will concentrate on the 3000 meter steeplechase and

the 1500 ... **1987:** cracked the top 12 at three meets during the cross country season ... came in 12th at the FSU-Auburn dual meet and 10th at the Carolina Invitational ... also finished seventh at the Florida State-Georgia dual meet ... **Prep:** won the class 4A crown as a junior and placed second in that event last spring ... helped Seminole to consecutive state championships his final two years there ... also won the 4A individual title at the 1985 Florida State Cross Country invitational ... made the transition to the steeplechase in meets over the summer ... **Personal:** enrolled FSU's basic studies ... born June 21, 1968 ...

SEMINOLE SKETCHES



TOM RIETHER

Senior
Cooper City, Florida

PV (17-6) — with his return in the pole vault, there's no doubt that Tom and teammate Larry Carr are two of the top pole vaulters in the country ... both have consistently gone over the 17-foot mark and could be on their way to moving to 18-feet in the event ... an excellent athlete, Tom was a decathlete during his first three years at FSU ... has since discontinued his training in that event to concentrate on the pole vault ... will vie for a spot on Chile Olympic team this summer ... **1986:** consistently vaulted over 17 feet throughout the season ... his top performance of the indoor season came in Gainesville where he vaulted 17-1½ came back to jump 17-0 at the George C. Griffin Invitational in Atlanta and 17-6 at the Springtime Invitational in Tallahassee ... **1985:** was the runnerup to Leander McKenzie for the outstanding performer award in the Metro Conference Championships after setting meet records in the decathlon (7162) and pole vault (16-6) ... finished second in the Domino's Pizza Relays decathlon with a personal best of 7193 ... **1984:** Metro Conference runnerup in the decathlon with 6702 points ... his best total of the year came at the Domino's Pizza Relays (6861) ... **Prep:** selected as the MVP of his Western High School track and field team as a senior ... **Personal:** majoring in Spanish and business ... born April 10, 1964 ...



ERIK ROBINSON

Junior
Miami, Florida

LJ (24-0), TJ (51-5½) — a junior college transfer who will team with Billy Close to give FSU a powerful duo in the horizontal jumps ... with PRs of 24-0 and 51-5½ in the long and triple jumps, Erik should have an immediate impact at the Metro Championships ... came to Florida State after spending two seasons at Miami Dade South Community College ... finished third at the FSU-Tenneco Relays with a jump of 48-10 ... **Personal:** is a biology and computer science major ... born January 17, 1967 ...



SAMMIE SMITH

Junior
Apopka, Florida

100 (10.31), 200 (21.00) — without a doubt, Sammie is one of the finest collegiate athletes in the country ... his astounding numbers tell the story ... at 6-2, 221, he has the blazing speed and bulldozing power that have led many to compare him to two-sport athlete Herschel Walker ... Smith himself lists Walker as his favorite sports personality ... after setting the Florida State single season rushing record in the fall (1,230), he will be on nearly every Heisman Trophy and All-American list in 1988 ... many believe that his success can be traced to his efforts on the track ... showed signs of his game-breaking potential last year at the Metro Conference Championships when he ran a near-world class time (10.31) in the 100 meters ... that performance astonished *Columbia Record* sports writer Bob Gillespie, who wrote a story the next day that called Smith a definite Heisman Trophy candidate in '88 ... also made his first appearance at the NCAA Championships as a member of FSU's 400 meter relay ... combined with football teammate Martin Mayhew on that team ... that relay team upset the University of Florida's team, that consisted of football players Stacey Simmons and Tony Jones ... Sammie was redshirted during his freshman football season, but ran track that spring ... **1987:** steadily improved during the course of the

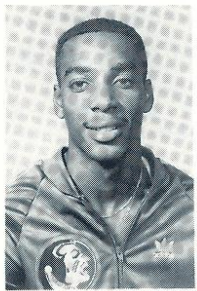
season ... ran a 10.66 in his first meet of the year at the Florida Relays ... cut that time one month later at the Florida State-Florida dual meet ... then came the big surprise at the Metro Championships ... first ran 10.45 in the Metro trials, then ran 10.31 in the finals ... also won the 200 meters with a blistering 20.97 that just missed NCAA qualifying standards ... **1986:** placed third in the Metro Championships in the 100 meters with a personal record of 10.58 ... also ran on the FSU Metro Championship 400 meter relay team that ran 40.54 ... placed third at the Florida State-Florida dual meet in the 100 with a 10.63 clocking ... **1985:** was medically redshirted as a freshman footballer but gained 121 yards in three games ... **Prep:** won the class 4A 100 (9.6) and 220 yard (21.3) state titles as a junior and placed third in both races as a senior ... captained Orange County all-star track team ... most highly sought-after prep player in the country out of Apopka High ... *Parade Magazine* All-America ... **Personal:** Majoring in communication and sociology ... born May 16, 1967 ...



JASON WELSH

Junior
Dunedin, Florida

110 HH (14.11) — his presence in the 110 meter high hurdles makes that event one of the strongest for the Seminoles ... with continued improvement, Jason could develop into an NCAA qualifier before his career is over at FSU ... along with teammate Arther Blake, Jason originally ran track at Florida before transferring to Florida State ... figures to be a factor at the Metro Conference Championships after his second place finish in the 110 meter highs (14.42) last year ... **1987:** ran his season-best time (14.24) at the Florida State-Florida dual meet ... also ran a 14.42 at the Tampa Track Classic ... **1986:** sat out the year as a red-shirt transfer ... **1985:** a member of the Florida track team who developed under the tutelage of Long ... ran on the Gator shuttle hurdle relay that took first place at the prestigious Penn Relays ... combined with Blake to make up half of the relay team ... **Prep:** slowed by injuries during his senior year at Dunedin High ... did run a 13.9 time in the 120 yard hurdles ... **Personal:** majoring in finance ... born September 10, 1965 ...



DARRELL WILLS

Senior
Florahome, Florida

HJ (7-3½) — has regained the form that helped him make his first appearance at the NCAA Championships two years ago ... the key for a successful season for Darrell will be his ability to stay healthy ... has been on the verge of greatness for the last two years, only to have injuries cut the season short ... an interesting story, Darrell originally went to St. Johns Community College to play basketball ... at St. Johns, he started training in the high jump on his own and FSU coaches were impressed enough to offer a scholarship ... many think he can become a national-level performer ... Kenny Smith's school record of 7-4½ could fall before the year is out ... Darrell already owns the FSU indoor record of 7-3½ ... **1987:** his best jumps of the season (6-10) came at the season opening-Florida State-Tenneco Relays and the Florida State-Florida dual meet ... **1986:** won the Miller Lite Indoor Invitational in Flagstaff, AZ with a jump of 7-3½ ... took first place at the Florida All-Comers meet with a jump of 7-0 during the indoor season ... went on to clear 7-2 in the final regular season indoor meet of the year in Gainesville ... finished second at the Florida Relays, clearing the bar at 7-2½ ... **1984-85:** played junior college basketball at St. Johns River Community College ... **Prep:** high jumped a best of 6-9 while at Intellachen High where he was the high jump state champion ... **Personal:** majoring in marketing ... born December 1, 1965 ...

ROSTERS

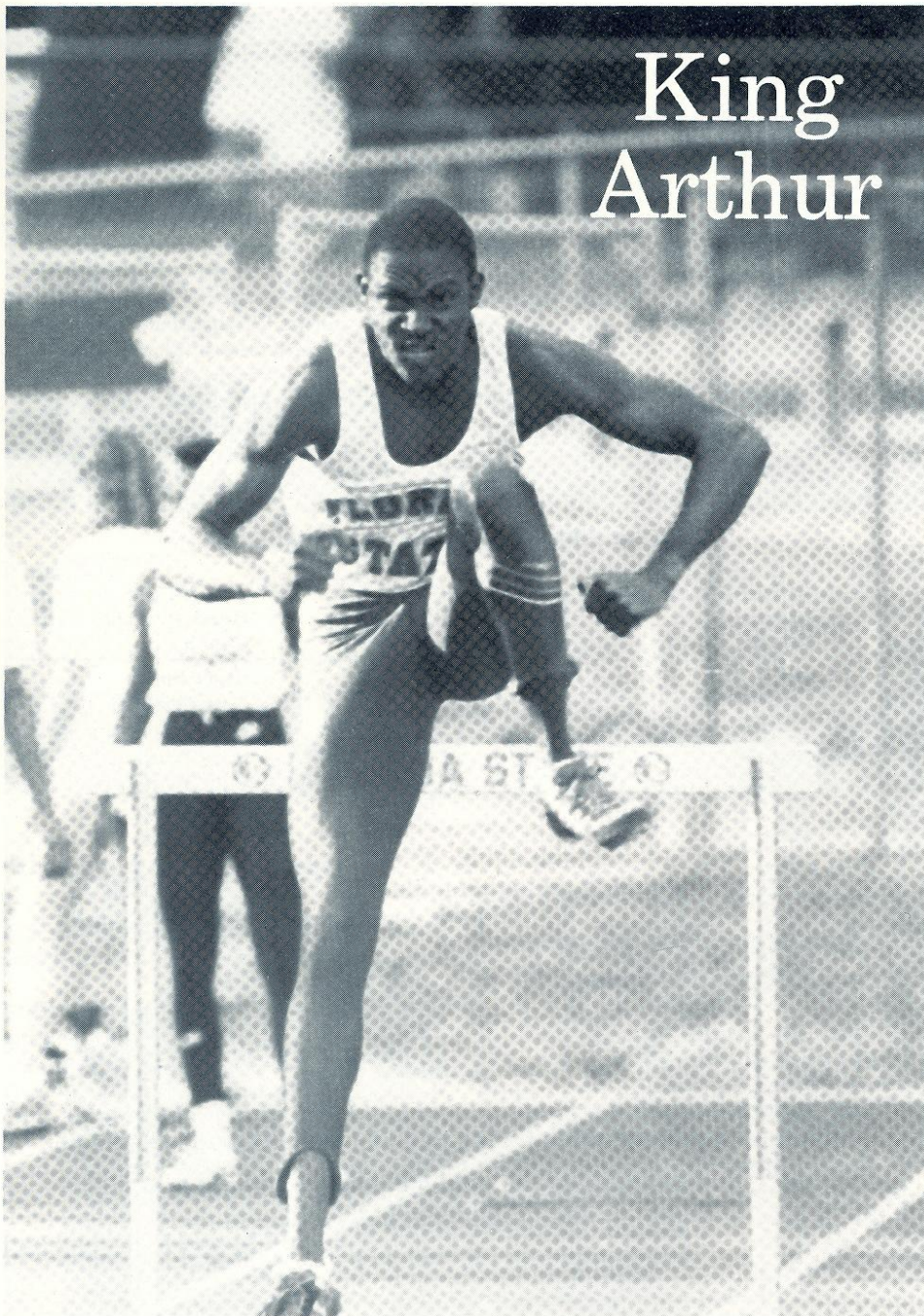
MEN'S TRACK

NAME	EVENT(S)	HGT.	WGT.	CL.	HOMETOWN	HIGH SCHOOL JUNIOR COLLEGE	HIGH SCHOOL J.C. COACH
Arthur Blake	S,R, HH	5-11	150	Jr.	Haines City, Fla.	Haines City	Jerry Barber
Tyrone Bligen	S,R	5-11½	160	Fr.	Charleston, SC	St. Andrews Parish	Richard A. Luden
Robert Cappellan	D	6-0	150	Sr.	Altamonte Springs, Fla.	Sachem	Charles Johnson
Larry Carr	P,V	6-2	185	So.	Jacksonville, Fla.	Wolfson	Paul Nowicki
Dexter Carter	S,R	5-8	179	So.	Baxley, GA	Appling County	None
Alex Caulder	MD	5-8	128	Fr.	Hemel-Hempstead, Eng.	Hemel-Hempstead	George Harrison
Eric Chambers	SP	6-1	225	Fr.	Altamonte Springs, Fla.	Lake Brantley	Marty Williams
John Charlton	D	6-2	160	Jr.	Kissimmee, Fla.	Osceola	Mike Lehminy
Billy Close	LJ, TJ	5-9¾	162	Sr.	Tallahassee, Fla.	Lincoln	Lattamore Chavis
Richard Cochrane	IH, HH	6-1½	155	Fr.	Apopka, Fla.	Apopka	Lee Cowen
Richard Corbett	MD, D, SC	5-10	137	Sr.	Rosewell, GA	Walton	A.J. Johnson
Anthony Eaton	LJ, TJ	6-0	128	Jr.	Washington, DC	T.C. Williams	Tommy Harrison
Jeff Ellis	MD	5-10	150	So.	Memphis, TN	Germantown	Chris Richards
Tom Feters	JAV	5-10	170	Jr.	Pittsburgh, PA	North Hills	None
Victor Floyd	S,R	6-0	201	Jr.	Pensacola, FL	Pensacola	None
Philip Harrell	MD	6-2	155	Fr.	Gadsden, AL	Southside Gadsden	Jimmy Owens
Michael Hill	SP, D	6-2	210	So.	Kingston, Jamaica	Wolmers	Steven Francis
Jacob Hoesly	D	6-1	145	Sr.	Addison, IL	DuPage Community Col.	Dan Ottoson
Mike Hohnadell	D	5-9	140	Fr.	Jupiter, Fla.	Jupiter	John Lee
Bruce James	IH	6-3	178	So.	Kingston, Jamaica	Wolmers	Steven Francis
George Karakatsanis	HAM	6-1	200	Jr.	Hollywood, Fla.	Greece	None
David Keen	D	6-3	162	Jr.	Marianna, Fla.	Marianna	Lowell Centers
Rodney Lawson	HH, S	6-0	150	So.	Jacksonville, Fla.	Sandalwood	Charles McPhilomy
Andy Lunn	D	5-11	150	Fr.	Oultewah, TN	Baylor	Jon Chu
Michael McIntosh	DEC, HH	6-0	150	Fr.	Palm Beach, Fla.	Twin Lakes	Dick Meler
Brian Mallory	LJ, TJ	5-10	140	So.	Rockville, MD	Richard Montgomery	Jerome Easter
Steven Mitchell	S, R	5-11	170	Fr.	Cooper City, Fla.	Western	Bob Sable
Mark Napier	DEC, TJ	6-2	175	Jr.	Apopka, Fla.	Lake Brantley	Charlie Harris
Billy Penick	D	6-0	155	So.	Sanford, Fla.	Seminole	Ken Brauman
Tom Riether	PV	5-10	165	Sr.	Cooper City, Fla.	Western	Bob Sable
Erik Robinson	TJ, LJ	6-1	164	Jr.	Miami, Fla.	Miami-Dade C.C.	Jerry Isom
Gary Rossen	MD	5-7	143	So.	Great Neck, NY	Great Neck South	Bob Barratta
Deion Sanders	S,R	6-0	192	Jr.	Ft. Myers, Fla.	N. Ft. Myers	None
Chris Sloan	IH, R	5-11	150	Fr.	Clearwater, Fla.	Clearwater	Jim Eubank
Sammie Smith	S, R	6-1	219	So.	Apopka, Fla.	Apopka	Phil Bohleder
Jason Welch	HH	6-4	185	Sr.	Dunedin, Fla.	Dunedin	R. Lightfoot
John Whitehead	IM, HH	6-4	178	Jr.	Melbourne, Fla.	Brevard C.C.	John Burchinal
Darrell Wills	HJ	6-3	180	Sr.	Florahome, Fla.	St. Johns, C.C.	Frank Craig
							Bobby Stevens

WOMEN'S TRACK

NAME	EVENT(S)	HGT.	WGT.	CL.	HOMETOWN	HIGH SCHOOL JUNIOR COLLEGE	HIGH SCHOOL J.C. COACH
Kim Batten	TJ, LJ, IH	5-7	122	Fr.	Rochester, NY	East	Betty Rich
Sonya Blades	LJ, TJ	5-4	126	So.	Ft. Lauderdale, Fla.	Piper	Theodore Beverly
Carrie Boyd	MD	5-8	127	So.	Garland, TX	Berkner	Sandra Lyman
Krissa Cox	MD	5-8	129	Fr.	Dallas, TX	Richardson	Terry Jessun
Angela Curry	S,R	5-5	115	Jr.	Orlando, Fla.	Evans	Tonna Duke
Janet Davis	S,R	5-5	115	Sr.	Indianaola, MS	Indianola	Bob Pryor
Rosa Diaz	JAV, IM	5-8¾	125	Fr.	Miami, Fla.	Miami Sunset	Stanley Lott
Denise Farley	MD	5-7	119	Fr.	Pensacola, Fla.	Pensacola Catholic	John Hammontree
Michele Farrall	D	5-4	104	Fr.	Seminole, Fla.	Seminole	Richard Zacholski
Ann Girvan	HH	5-8	130	Sr.	Cheshire, England	Helsby	Lynda Humphreyville
Mary Hawkins	HH	5-2	111	Sr.	Columbus, OH	Columbus East	Bruce Calhoun
Carolyn Hightower	LJ, TJ, HH	5-5	127	So.	Orlando, Fla.	Evans	Tim Harris
Frenchie Holmes	S, R	5-7	129	Fr.	Mobile, AL	McGill-Toolen	Douglas Smith
Lisa Horton	S, R	5-5	110	So.	Rochester, NY	East	Bob Pryor
Holly Kelly	HJ	5-11¾	138	Fr.	Miami, Fla.	Miami Palmetto	Edith Santoli
Colleen O'Reilly	D	5-8	118	Jr.	Pembroke Pines, Fla.	Cooper City	Kate Stanky
Lisa Samocki	MD	5-4¾	118	Fr.	Orlando, Fla.	Lake Howell	Betty Rich
Krista Shreve	MD	5-3	111	Fr.	Orlando, Fla.	Bishop Moore	Dr. Robert Miller
Carolyn Smith	MD	5-8¾	108	Fr.	Orlando, Fla.	Oak Ridge	Steve Yerk
Andrea Thompson	S, HH, R	5-4	124	Sr.	Orlando, Fla.	Oak Ridge	Tom Hammontree
							Robert Desormier
							Bill Stamper
							Bill Stamper

King Arthur



There's an old axiom that still holds true today—if you want a direct answer to a question, go straight to the top. That's why, when you want to know who is the next great athlete to emerge in world track and field circles, ask the number-one ranked hurdler in the world, Greg Foster.

"I'd pick Arthur Blake as the next great hurdler in the world," Foster told **Track and Field News** this winter.

Foster ought to know. In this past summer's National Sports Festival in Durham, NC, Blake gave Foster an unexpected test in the 110 meter high hurdles. Rocketing out of the starting blocks, Blake led the world champion going into the fourth hurdle and went on to finish second to Foster. Foster's time of 13.19 was the fastest run during 1987 and

Blake's second place clocking of 13.29 was his personal best. With that performance, Blake finally gained a huge dose of self-confidence that he needed to move among the world's elite.

"This summer I got my confidence back," says Blake, who at age 21 has had to learn how to compete against older and more experienced hurdlers like Foster. "Every time I go out on the track, I feel like I can win."

Throughout the course of the summer, Blake enjoyed the taste of winning on a number of occasions. Slashing his personal best by an unheard of 3/10's of a second in only a period of three months, Blake took a lesson in world geography while running on the European circuit. He duelled every member of the hurdling fraternity; one-by-one he walked away a

winner. Probably no win was more satisfying than the victory over 1984 Olympic gold medalist Roger Kingdom at the London Grand Prix. After racing to a 13.30 time, a curious thing happened. The shy and reserved Blake was ready to leave the track, just as he had after scores of other victories in the United States, when Kingdom approached him. "Arthur," he said, "go ahead and take a victory lap. You ran a good race." Blake hesitated for a moment, before jogging a lap on the 400 meter oval track, much to the delight of the huge following of track fans. Perhaps Kingdom recognized Blake's win as an omen of things to come. "He knows I'll be ready for next year," Blake says, referring to the approaching Summer Olympics in South Korea. "I make so many more mistakes than Kingdom does. If I get my act together, I think he thinks that he might be in trouble."

With all the success Blake experienced during the summer, it could have easily turned into the summer of his discontent. In his first year in a Seminole uniform, he had a record-breaking year, running NCAA qualifying performances in nearly every race. But late in the season, Blake contracted mononucleosis which forced him to miss several key meets, including the Metro Conference Championships during the crucial stretch leading up to the NCAA Championships. While mono might not be the most serious or dreaded of diseases, it is particularly debilitating to a world class athlete when it robs him of his conditioning and strength. "Once I got mono, people told me it would take a while to come back," Blake says. "I wasn't allowed to start training until one week before the NCAA meet. I wasn't as strong as I could have been."

"I'd pick Arthur Blake as the next great hurdler in the world."

— Greg Foster

Undaunted, Blake decided to give the NCAA Championships a try after receiving the medical clearance only one week before the meet. Most didn't even figure Blake to make the final—after all, the week before he ran 14.29—which is hardly Blake standards. But in Baton Rouge, Blake surprised, cutting his time to 13.59 in the final to finish second in the nation. That surprising finish, together with his development over the summer, makes Blake the heavy favorite in college meets this season. For most young runners who are unaccustomed to the new-found attention, reaching the top and maintaining peak performance is more difficult than getting to that point. But Blake, a hurdling prodigy in high school, is used to the pressure of the track world.

Blake now looks toward the '88 Olympics as his next goal. Ranked fourth in the world and third in the nation, Blake may have the credentials to make the Olympic team, but you'd only know he was a world class athlete by looking at him. His sleek and aerodynamic 5-11 frame could not be mistaken for anything other than a fine-tuned athlete. That is the only thing that would tip one off. Blake is as modest a person as you'll find. Despite his fame, he genuinely cares about others. "Arthur gets more satisfaction when a teammate does well, than when he does well," Long says.

Blake seems to leave his impressions on people he surrounds, which is why track experts feel he has a legitimate shot at making the U.S. Olympic Team this summer. "When experts speak of those who will wear the U.S. uniform, Arthur will have to be mentioned in the conversation," FSU men's head coach Dick Roberts says.

"He's young, he's still learning and he can handle the big competitions," said an impressed Foster who usually does not talk about his opponents openly.

Arthur Blake may still be learning, but if past experience indicates future performances, Blake has risen to the front of the class.

As a senior at Haines City High, he drew national attention from the likes of **Sports Illustrated** and **Track and Field News** for his exploits on the track. He won the 3A 100 and 200 dashes and 120 yard high hurdles to single handedly scored enough points for Haines City to walk away with the 3A team title. He also set the national high school record (13.18) in the 110 meter high hurdles that was previously held by Renaldo Nehemiah. He was the toast of the prep track world, as he was selected as the State's top athlete and finished second in the balloting for National High School Athlete of the Year by **Track and Field News**. Nearly every college and university in the country descended upon the small town of Haines City, which is in the shadows of Walt Disney World. After a heated recruiting battle, he decided on Florida, where he developed a close relationship with then-Florida assistant Terry Long. Raised by his grand mother Viola, Blake looked up to Long and trusted his career with him. It was that relationship that moved Blake to transfer to Florida State when Long accepted the head women's post at his alma mater. "Terry Long was the main reason I came to Florida State," Blake now says. "I had different coaches all the way through high school and I didn't want another change. He's worked a lot of things for me in Europe and has helped me become mentally stronger."

Long feels the same way for his star pupil. "There is a personal relationship that has emerged," Long says. "I feel a personal duty to help him achieve his goals."

24 Florida State Track

Metro Conference Championships

Year	Team Champion	Runnerup	Outstanding Athlete
1987	Florida State	South Carolina	Anthony Bennan (South Carolina)
1986	Florida State	Virginia Tech	Leander McKenzie (Florida State)
1985	Florida State	Cincinnati	Leander McKenzie (Florida State)
1984	Florida State	Virginia Tech	Leander McKenzie (Florida State) Donnie Young (Southern Miss)
1983	Florida State	Virginia Tech	Rodney Johnson (Cincinnati)
1982	Florida State	Virginia Tech	Ronnie Taylor (Florida State)
1981	Florida State	Virginia Tech	Terron Wright (Memphis State)
1980	Florida State	Virginia Tech	Mike Roberson (Florida State)
1979	Florida State	Memphis State	Terron Wright (Florida State)
1978	Florida State	Georgia Tech	Walter McCoy (Florida State)
1977	Florida State	Georgia Tech	John Walker (Florida State)
1976	Georgia Tech*	Memphis State	Paul Bannon (Memphis State)

*Florida State was not yet in Conference

Lady Seminole National Finishes

Year	National Indoor Finish	National Outdoor Finish	Outdoor Scored Record	Head Coach
1981	2nd	3rd (tie)		Roger Smith
1982	4th	3rd	6-0	Gary Winckler
1983	—	2nd	8-4	Gary Winckler
1984	4th	1st	5-0	Gary Winckler
1985	1st	2nd (Tie)	0-0	Gary Winckler
1986	6th	14th	14-0-1	Terry Long
1987	18th	10th	0-0	Terry Long

National Championship Relays

- 1981 Indoor 800 Meter Relay (Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens) 1:36.88
- 1981 Outdoor 400 Meter Relay (Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens) 44.35
- 1982 Indoor Two-Mile Relay (Janette Wood, Ovrill Dwyer-Brown, Carla Borovicka, Margaret Coomber) 8:47.27
- 1983 Outdoor 400 Meter Relay (Angela Wright, Marita Payne, Brenda Cliette, Randy Givens) 42.94
- 1984 Outdoor 1,600 Meter Relay (Angela Wright, Marita Payne, Brenda Cliette, Randy Givens) 3:28.46
- 1984 Outdoor 400 Meter Relay (Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens) 43.72
- 1984 Outdoor Mile Relay (Janet Davis, Brenda Cliette, Randy Givens, Marita Payne), 3:28.93
- 1987 Outdoor 400 Meter Relay (Janet Levy, Andrea Thompson, Janet Davis, Michelle Finn), 43.19

Florida State Athletes in The Olympics

1984 - Los Angeles, Ca.

Marita Payne (Canada)

- 400 Meters (4th place)
- 400 Meter Relay (2nd place)
- 1,600 Meter Relay (2nd place)

Randy Givens (United States)

- 200 Meters (6th place)

Esmeralda Garcia (Brazil)

- 100 Meters
- Long Jump

Brenda Cliette (United States)

- 400 Meter Relay (alternate)

Angela Wright-Scott (United States)

Ovrill Dwyer-Brown (Jamaica)

- 400 Meter Hurdles

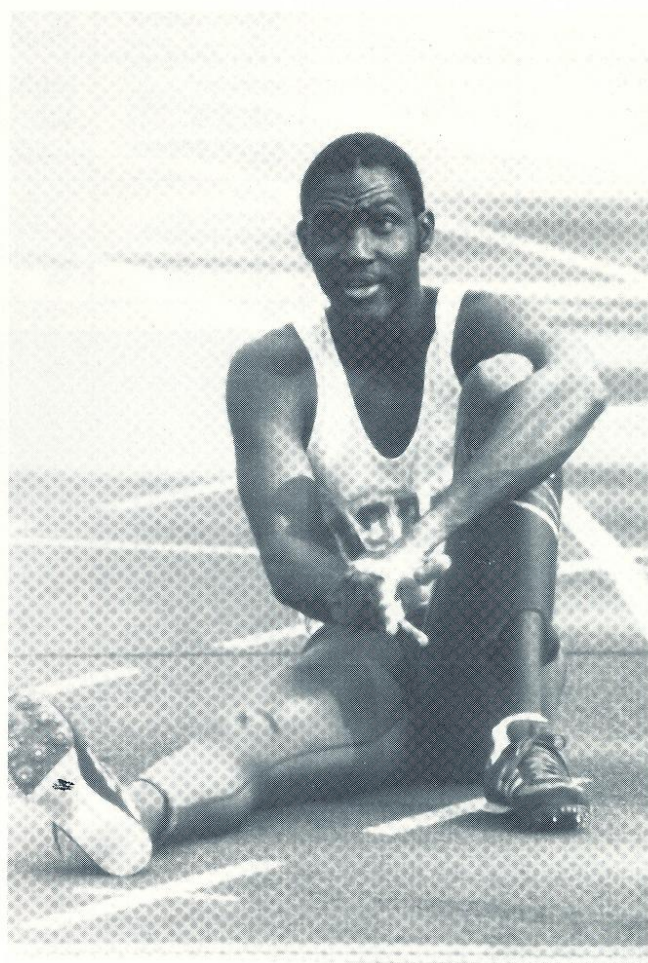
Seminoles in the NFL

Here's a list of former Florida State track athletes who have played or have been drafted in the NFL during the eighties.

Rohn Stark	Punter	Indianapolis Colts
Jesse Hester	Wide Receiver	Los Angeles Raiders
Ken Lanier	Offensive Tackle	Denver Broncos
Bobby Butler	Cornerback	Atlanta Falcons
Greg Allen	Running back	Cleveland Browns
Billy Allen	Kick Returner	New Orleans Saints
Eric Riley	Defensive Back	Los Angeles Rams

RECORDS

Event	FAT	MT	Time	Record Holder	Year
55 Meter Hurdles	7.26	**	7.16	Arthur Blake	1987
60 Yard Dash	6.22	**	6.13	Mike Roberson	1979
500 Meter Dash	1:01.50	1:01.2	1:01.10	Thomas Johnson	1986
600 Yard Dash	1:08.51	1:08.2	**1:08.9	Walter McCoy	1981
			1:09.6	Walter McCoy	1978
800 Meter Run	1:50.50	1:50.2	1:49.86	Ocky Clark	1986
1,000 yard Run	2:08.70	2:08.5	2:09.3	Robb Gomez	1980
1000 Meter Run			2:21.32	Ocky Clark	1986
Mile Run	4:03.58	4:03.3	4:05.6	Cliff Cook	1979
2 Mile Run	8:41.00	8:40.8	8:42.13	Herb Willis	1982
50 Yard High Hurdles			*5.8	Danny Smith	1974
60 Yard High Hurdles	7.27	**	***6.9	Danny Smith	1974
70 Yard High Hurdles			****8.0	Danny Smith	1975
4 x 400 Meter Relay			3:08.67	Leander McKenzie, Reggie Ross, Charlie Carr, Vince Washington	1984
2 Mile Relay	7:29.80	7:29.6	7:33.5	Glenn Kettenacker, Walter McCoy, Earl Caruthers, Lynn Brown	1984
4 Mile Relay			17:33.4	Del Ramers, Jack Wise, Randy Stow, Bobby Brooks, Ken Misner	1971
Distance Medley Relay			**9:52.4	Jack Wise, Randy Stow, Del Ramers, Ken Misner	1971
Distance Medley Relay			10:00.0	Bobby James, Billy Weldon, Bob Burr, Bobby Brooks	1974
Shot Put	18.75		59.0	Mike Bell	1987
Pole Vault	5.26		17-2	Phares Rolle	1976
High Jump	2.22		7-3½	Darrell Wills	1986
Long Jump	7.72		25-6¼	Billy Close	1987
Triple Jump	15.95		51-3½	Leon Hutchins	1981, 82



SEMINOLE RECORDS

Event NCAA Qual.	1987 Track Bests	FSU Outdoor Records	Mike Long Track Record	FSU Relays Record	Metro Conference Track Record	Collegiate Record
100 Meter Dash (10.29) (10.0)	10.31 Sammie Smith Metro Conference May 16	9.9 Mike Roberson 1979	10.16 Mel Lattany Athletic Attic 1983	10.0 Don Merrick Florida State 1977	10.27 Mike Roberson Florida State 1977	9.93 Calvin Smith Alabama 1983
200 Meter Dash (20.64) (20.4)	20.63 Arthur Blake Tampa Track Classic April 11	20.08 Mike Roberson 1980	20.47 James Mallard Alabama 1979	20.74 Mike Roberson Athletic Attic 1981	20.55 Terron Wright Memphis State 1981	19.95 Floyd Heard Texas A&M 1987
400 Meter Dash (46.10) (45.8)	45.69 Thomas Johnson Tampa Inv. 1986	44.99 Walter McCoy 1981	45.34 Calvin Rolle Bud Light Track Club 1984	45.35 Calvin Long Odessa J.C. 1985	45.52 Walter McCoy Florida State 1981	43.68 Lee Evans San Jose State 1968
800 Meter Run (1:47.86) (1:47.6)	1:48.08 Ocky Clark Orlando Track Classic April 25	1:46.19 Ocky Clark 1986	1:46.61 Ocky Clark Bud Light Track Club 1985	1:47.19 James Mays Athletic Attic 1983	1:48.02 Ocky Clark Florida State 1986	1:41.77 Joaquim Cruz Oregon 1984
1,500 Meter Run (3:42.20) (3:41.9)	3:51.5 Jacob Hoesly Orlando Track Classic April 25	3:43.02 Ocky Clark 1986	3:43.02 Ocky Clark Florida State 1986	3:43.70 Earl Jones Eastern Michigan 1985	3:43.1 Geoff Cooper Memphis State 1982	3:31.1 Jim Ryan Kansas 1967
3,000 Meter Steeplechase (8:46.00) (8:45.7)	8:58.52 Jacob Hoesly Florida State-Florida Dual April 17	8:52.7 Bobby James Bernie Weber 1976	8:26.46 Brian Abshire Auburn 1986	8:32.49 Edison Wedderbunn Unattached 1983	8:53.39 Bernie Weber Cincinnati 1981	8:19.27 Farley Gerber Web 1984
5,000 Meter Run (13:57.00) (8:45.7)	14:41.86 Jacob Hoesly Florida State-Florida Dual April 17	13:53.26 Herb Wills 1982	13:45.2 Barry Brown Florida Track Club 1973	13:52.96 Elliot Bikani Farleigh Dickenson 1986	13:57.71 Herb Wills Florida State 1981	13:14.80 Bill McChesney Oregon 1982
10,000 Meter Run (29:17.00) (29:16.7)	31:12.15 David Keen Metro Conference May 16	28:58.7 Herb Wills 1982	29:06.0 Jim Sapienza Dartmouth 1983	29:06.0 Jim Sapienza Dartmouth 1983	29:16.0 Mark Stickley Virginia Tech 1983	27:41.05 Ed Eyestone BYU 1985
110 High Hurdles (13.84) (13.6)	13.29 Arthur Blake National Sports Festival 1987	13.29 Arthur Blake National Sports Festival 1987	13.57 Arthur Blake Unattached 1986	13.43 Roger Kingdom Unattached 1984	13.8 Terron Wright Memphis State 1981	13:00 Renaldo Nehemiah Maryland 1979
400 IM Hurdles (50.50) (50.1)	51.73 Eric West Griffin Invitational May 9	49:33 Leander McKenzie 1985	49:36 Tony Rambo Bud Light Track Club 1985	49:38 Reggie Davis Florida A & M 1985	49:58 Leander McKenzie Florida State 1984	47.45 Edwin Moses Morehouse 1977
400 Meter Relay (39.85) (39.6)	39.55 (Lawson, Blake, Mayhew, Smith) Florida Relays March 28	39.1 Mike Roberson, John Walker, Don Merrick, Jesse Forbes 1977	39.15 James Butler, Marty Krullee, Calvin Smith, Mel Lattany Bud Light Track Club 1984	39.15 James Butler, Marty Krullee, Calvin Smith, Mel Lattany Bud Light Track Club 1984	40.0 Roberson, McCoy, Forbes, Johnson 1978	38.46 Tatum, Smith Reid, Scholars Texas Christian 1986
800 Meter Relay N/A	N/A	1:23.3 Ron Nelson, Walter McCoy, Kevin Johnson, Mike Roberson 1978	1:22.26 Ronnie Taylor, Mel Lattany, Walter McCoy, Anthony Blair Athletic Attic 1983	1:21.44 Wayne Banks, Yura Bryant, Lorenzo Daniel, Ronnie Dennis Mississippi State 1984	N/A	N/A
1600 Meter Relay (3:05.4)	3:16.0 (James, West, Clark, Lawson) Griffin Invitational May 9	3:03.76 Carter Williams, Leander McKenzie, Clark Waddell Thomas Johnson 1986	3:03.34 Mike Krehnbrink, Tom Hind, Carlyle Bernard, Mike Armour Georgia Tech 1985	3:05.64 James Butler James Rolle, Calvin Smith, Walter McCoy Bud Light T.C. 1984	3:07.39 Taylor, Brown, Rolle, McCoy 1981 1981	3:00.55 UCLA 1987
Hammer (61.02)	215-10 Horatio Garcia Florida State-Florida Dual April 17	196-11 Horatio Garcia Springtime Inv. 1986	221-8½ Derrin Hegerty Boston 1983	221-8½ Derrin Hegerty Boston 1983	191-1 Paul Sulik Virginia Tech 1981	257-0 Ken Flax Oregon 1986
Shot Put (18.29)	60-5¼ Mike Bell Tampa Track Classic March 11	60-4 Ken Lanier 1979	64-0 Mike Spiritoso Clemson 1986	64-0 Mike Spiritoso Clemson 1986	58-2½ Carlos Tandron Georgia Tech 1978	71-11 John Brenner UCLA 1984
Discus (57.92)	146-3 Mike Bell Metro Conference May 16	212-6 Brad Cooper 1979	211-4 Brad Cooper Bahamas T.C. 1986	204-10½ Brad Cooper Florida T.C. 1980	198-2 Brad Cooper Florida State 1979	217-11 Mike Bunick Kentucky 1985
Javelin (68.58)	217-11 Tom Fetters FSU-Tenneco Relays March 28	250-4 Hank Langee 1981	266-1 Phil Olsen Tennessee 1978	271-6 Siggy Einarsson Alabama 1983	233-8 Eric Allain Florida State 1977	312-0 Brian Crouser Oregon 1985
High Jump (2.22)	7-2½ Tom Stitt Texas Relays April 4	7-4¼ Kenny Smith 1984	7-5 James Barrineau Athletic Attic 1983	7-5 James Barrineau Athletic Attic 1983	7-2 Kenny Smith Florida State 1984	7-8 Dennis Lewis LBCC 1985
Long Jump (7.88)	24-8½ Billy Close Metro Conference May 16	25-11½ Mark Freeman 1983	27-6¾ Larry Myricks Unattached 1982	27-6 Larry Myricks Athletic Attic 1982	25-9½ Jay Pennington Tulane 1983	28-3½ Carl Lewis Houston 1981
Triple Jump (16.15)	49-0 Billy Close Metro Conference May 16	54-2¼ Leon Hutchins 1982	54-0¾ Charlie Simpkins Liberty Baptist College 1984	54-0¾ Charlie Simpkins Baptist College 1983	52-3½ Larry Lowe Georgia Tech 1977	58-7¼ Willie Simpkins Baptist College 1985
Decathlon (7,400)	N/A	7,612 Rohn Stark 1981	7,835 (m.t.) John Christ Athletic Attic 1979	7,773 Paul Doyle Notre Dame 1982 John Sayre Unattached 1983	7,162 Tommy Riether Florida State 1985	8,278 Bill Moti Mount St. Mary's 1984
Pole Vault (5.33)	17-6 Larry Carr Orlando Track Classic April 25	17-1 Phares Rolle 1975-76	18-1 Billy Olson Pacific Coast Club 1983	18-1 Billy Olson Pacific Coast T.C. 1983	17-0 Brian Fitzsimmons Florida State 1986	19-2¼ Joe Dial Oklahoma State 1985

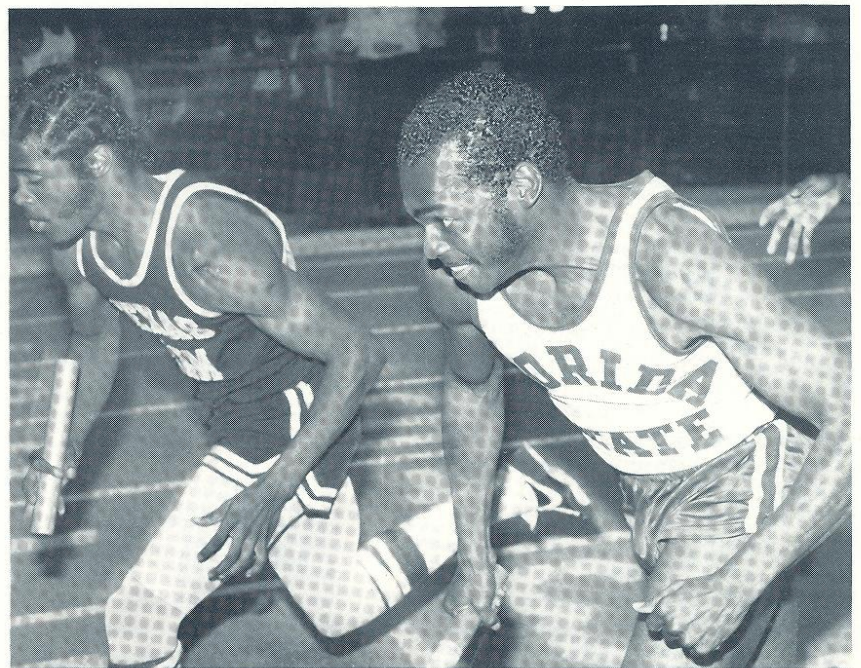
ALL-AMERICANS

RECORDS

Al Williams -	1963 NCAA Shot Put	Year	Coach
Mike Kelly -	1968 NCAA 120-Yard High Hurdles, 1969 USTFF 120-Yard High Hurdles, 1969 USTFF 440-Yard IM Hurdles	1949	Ken Miller
Ken Misner -	1969 USTFF Cross Country, 1969 NCAA Cross Country, 1970 USTFF Cross Country, 1971 NCAA Six Mile Run, 1971 USTFF Three Mile Run	1950	Ken Miller
Phil Parker -	1969 USTFF Triple Jump	1951	Ken Miller
Doug Brown -	1969 USTFF 100-Yard Dash	1952	Ken Miller
Bobby Brooks -	1971 USTFF Cross Country	1953	Ken Miller
Joel Garren -	1972 USTFF 200-Meter Dash	1954	Ken Miller
Danny Smith -	1973 NCAA 60-Yard High Hurdles, 1974 NCAA 60-Yard High Hurdles,* 1974 NCAA 120-Yard High Hurdles, 1975 NCAA 60-Yard High Hurdles*	1955	Mike Long
Jesse Forbes -	1975 NCAA 100-Yard Dash, 1978 NCAA 100-Meter Dash, 1978 400-Meter Relay	1956	Mike Long
Charlie Harris -	1975 USTFF Triple Jump	1957	Mike Long
Rudy Falana -	1975 USTFF Long Jump	1958	Mike Long
Tyrone Frederick -	1974 NCAA 880-Yard Run, 1975 USTFF 880-Yard Run	1959	Mike Long
Don Merrick -	1976 NCAA 60-Yard Dash	1960	Mike Long
Phares Rolle -	1976 NCAA Pole Vault	1961	Mike Long
Mike Roberson -	1976 NCAA 200-Meter Dash, 1977 NCAA 60-Yard High Hurdles, 1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1978 NCAA 400-Meter Relay 1980 NCAA 100-Meter Dash, 1980 NCAA 200-Meter Dash**, 1980 NCAA 400-Meter Relay	1962	Mike Long
Ron Nelson -	1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1979 NCAA 1,600-Meter Relay, 1980 NCAA Indoor Mile Relay*, 1981 NCAA 1,600-Meter Relay	1963	Mike Long
John Walker -	1978 USTFF Mile Relay, 1978 NCAA Mile Relay	1964	Mike Long
Walter McCoy -	1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1978 NCAA 600-Yard Run*, 1978 NCAA 400-Meter Dash, 1978 NCAA 400- Meter Relay, 1979 NCAA 400-Meter Dash, 1979 NCAA 1,600-Meter Relay, 1980 NCAA 400-Meter Relay, 1980 NCAA 400- Meter Dash, 1980 NCAA Indoor Mile Relay*, 1981 NCAA 400-Meter Relay, 1981 NCAA 1,600-Meter Relay, 1981 NCAA 400-Meter Dash	1965	Mike Long
Kevin Johnson -	1978 NCAA 400-Meter Relay, 1980 NCAA 400-Meter Relay	1966	Mike Long
Bradley Cooper -	1978 NCAA Discus, 1979 NCAA Discus**	1967	Mike Long
Earl Caruthers -	1979 NCAA 1,600-Meter Relay	1968	Mike Long
Palmer Simmons -	1979 NCAA 1,600-Meter Relay, 1980 NCAA Indoor Mile Relay*	1969	Mike Long
Bobby Butler -	1980 NCAA 400-Meter Relay	1970	Mike Long
Herb Wills -	1980 NCAA 10,000-Meter Run, 1981 NCAA 10,000-Meter Run, 1981 NCAA Cross Country, 1982 NCAA 10,000- Meters	1971	Mike Long
Leon Hutchins -	1980 NCAA Triple Jump	1972	Mike Long
Mel Boodie -	1980 NCAA Indoor Mile Relay*	1973	Mike Long
Reggie Ross -	1980 NCAA Indoor Mile Relay*, 1984 NCAA Indoor 1,600-Meter Relay	1974	Mike Long
Philip Rolle -	1981 NCAA 800-Meter Run, 1981 NCAA 1,600-Meter Relay, 1982 NCAA Indoor 800-Yard Run	1975	Mike Long
Rohn Stark -	1981 NCAA Decathlon	1976	Mike Long
Ronnie Taylor -	1981 NCAA 400-Meter Relay, 1982 NCAA 200 Meters	1977	Mike Long
Chip Wells -	1981 NCAA 400-Meter Relay	1978	Dick Roberts
Don Frost -	1981 NCAA 400-Meter Relay	1979	Dick Roberts
Lynn Brown -	1981 NCAA 1,600-Meter Relay	1980	Dick Roberts
Leander McKenzie -	1984 NCAA 400-Meter Intermediate Hurdles, 1985 NCAA 400 Intermediate Hurdles 1984 NCAA 1,600-Meter Relay 1985 NCAA 1,600-Meter Relay 1986 400-Meter Intermediate Hurdles 1986 1,600-Meter Relay	1981	Dick Roberts
Charlie Carr -	1984 NCAA 1,600-Meter Relay, 1981 NCAA 10,000-Meter Run, 1981 NCAA Cross Country, 1982 NCAA 10,000- Meters	1982	Dick Roberts
Kenny Smith -	1984 NCAA High Jump	1983	Dick Roberts
Vince (Bostic) Washington	1984 NCAA 1,600-Meter Relay	1984	Dick Roberts
Thomas Johnson -	1985 NCAA 1,600-Meter Relay	1985	Dick Roberts
Ocky Clark -	1986 NCAA 800-Meter Run	1986	Dick Roberts
Kevin Gordon -	1985 NCAA 1,600-Meter Relay	1987	Dick Roberts
Carter Williams -	1986 NCAA 1,600-Meter Relay	1988	Dick Roberts
Clark Waddell -	1986 NCAA 1,600-Meter Relay	1989	Dick Roberts
Arthur Blake -	1987 NCAA Indoor 55 Meter Hurdles	1990	Dick Roberts
Horatio Garcia -	1987 NCAA Hammer	1991	Dick Roberts

Year	Coach	Captains	W	L	T
1949	Ken Miller	None	0	3	0
1950	Ken Miller	Al Bradford	5	1	0
1951	Ken Miller	Max Watson	5	1	0
1952	Ken Miller	John Poston	6	1	0
1953	Ken Miller	Dick Mise	3	3	0
1954	Ken Miller	Carlos Fraundorfer	1	6	0
1955	Mike Long	Ron Weaver	20	15	0
1956	Mike Long	Ron Weaver	5	1	0
1957	Mike Long	Joe Davis	7	1	0
1958	Mike Long	Mike Conely, Jack Terwilliger	4	1	0
1959	Mike Long	Jim Casteel, Dick Elwood	4	0	0
1960	Mike Long	Ted Keen	3	1	0
1961	Mike Long	Don Ostergaard	4	0	0
1962	Mike Long	Jeff Clark, Quintin Till	3	2	0
1963	Mike Long	Carign Johnson, Herb Craft	5	0	0
1964	Mike Long	None	4	1	0
1965	Mike Long	Al Cato, Jerry McDaniel	5	0	0
1966	Mike Long	Kenny White, John Brogle	*4	*4	0
1967	Mike Long	Sid Gainey, Steve Landis	4	8	0
1968	Mike Long	Bud Manning, Charlie Vickers	7	4	0
1969	Mike Long	Mike Kelly	7	3	0
1970	Mike Long	Randy Stow, Ken Misner, Charlie Galloway	11	2	0
1971	Mike Long	Randy Stow, Ken Misner, Bill Jackson	6	5	0
1972	Mike Long	Chuck Crowder, Bernie Waxman	2	5	0
1973	Mike Long	Rudy Falana, Allen McMillen, Tyrone Frederick	10	5	0
1974	Mike Long	None	7	2	0
1975	Mike Long	None	15	2	0
1976	Mike Long	None	12	2	0
1977	Mike Long	Don Merrick	11	2	0
1978	Dick Roberts	Jesse Forbes, Cliff Cook	145	51	0
1979	Dick Roberts	Brad Cooper, John Citron	11	4	0
1980	Dick Roberts	Tom Herron, Palmer Simmons	13	3	0
1981	Dick Roberts	Philip Rolle, Walter McCoy, Larry Greene	14	1	0
1982	Dick Roberts	Ronnie Taylor, Robb Gomez	13	4	0
1983	Dick Roberts	John Subers, Larry Greene	7	8	1
1984	Dick Roberts	Reggie Ross, Dusty Harmon, Ronnie Treadway	11	3	1
1985	Dick Roberts	Vince Washington, Andy Latimers	11	5	0
1986	Dick Roberts	Leander McKenzie, Mark Sleman, Vince Washington, Ocky Clark	22	0	0
1987	Dick Roberts	Ashley Peoples Arthur Blake, Billy Close	6	1	0
Totals			274	97	2

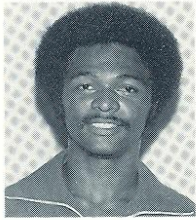
* Won-Loss records since 1966 include multiple team victories and losses (i.e. third place in five-way meet scored as two wins and two losses.)



* - NCAA Indoor Champion
** - NCAA Outdoor Champion and Record Holder

TRACK TRADITION

Florida State's NCAA Champions



DANNY SMITH
60 yd. HH (7.1)
1974 and 1975

In 1975, Danny Smith became the first person to win the NCAA indoor championships in the 60 yd. high hurdles two years in a row. Including trials and finals over three years, Smith won 11 of 12 races, placing second to Olympic champion Rod Milburn in 1973.



WALTER McCOY
600 yd. run (1:09.6)
1978

McCoy's upset victory as a freshman was only a tenth of a second off the NCAA meet record of 1:09.5 set by Olympian and world record holder Rick Wolhuter.



BRADLEY COOPER
Discus (212-6)
1979

Cooper's victory established a new NCAA meet record and climaxed an undefeated senior year. His record throw was the second longest in collegiate history.



MIKE ROBERSON
200 Meters (19.96)
1980

Roberson saved his greatest collegiate race for his last one. After three races in the 4 x 400 relay (which placed third) and three races in the 100 meters where he finished second, he became the first human in history to break 20 seconds for 200 meters at sea level, finally winning an NCAA championship in the race he loved most.

**(RON NELSON), REGGIE ROSS
MELFORD BOODIE, PALMER SIMMONS
WALTER McCOY**
Mile Relay (3:16.7)
1980

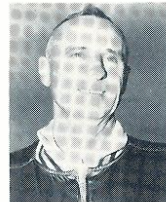
Lead-off runner Nelson suffered a severe hamstring strain during the qualifying race but even so the Seminoles were the fastest qualifier. Boodie flew in the next morning and Ross replaced Nelson at the lead off. McCoy's come-from-behind anchor leg was the fastest of the meet and brought FSU the victory.

Florida State Hall of Fame



KEN MISNER
Elected 1977

The team captain of the 1970 and 1971 Seminoles, Misner specialized in distance events for FSU. He earned All-America status in two sports (track and cross country). Misner first made All-American in 1969 in cross country and repeated that honor in 1970. The following year, he was All-American in both the three and six mile runs. Misner at one time held school records in the indoor two mile run, as well as the outdoor 2, 3 and 6 mile events.



MIKE LONG
Elected 1978

One of the most prolific coaches in the history of the sport, Mike Long headed the Florida State track and field program for 23 seasons. During that time, Long recorded a won-lost record of 145-51 and had only one losing season. He coached five undefeated teams at FSU and had five others that lost only once. During that period, he coached 14 athletes who garnered a total of 26 All-American titles.



MIKE KELLY
Elected 1979

An outstanding hurdler for Florida State in the late sixties, Kelly earned All-American honors in both the 120-yard high hurdles and the 440-yard IM hurdles. His combined time of 63.9 in those two events set a world mark that stood for seven years.



MIKE CONLEY
Elected 1980

As a member of Florida State's track team, Conley was one of the South's most dominating runners from 1956-58. During his junior and senior seasons, he went undefeated in the one mile run. So dominating was Conley that his time of 4:05.7 in the mile run at the Meet of Champions in Houston (1958) would set a Florida State school record that would stand for 16 years.



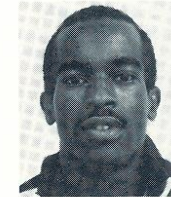
DANNY SMITH
Elected 1981

A three-time All-American in the hurdles, Smith at one time was co-holder of the world record in the indoor 50-yard hurdles. From 1975-76, Smith became the first athlete in NCAA history to claim back-to-back NCAA Championships in the indoor hurdles. A former world and NCAA record holder, Smith finished his career at FSU with seven university records to his credit.



BRADLEY COOPER
Elected 1984

Florida State's greatest field event performer came to Tallahassee from the Bahamas. In 1978, his junior year, Cooper won All-American honors when he finished fourth in the NCAA discus competition with a throw of 189 feet. His senior year, Cooper became FSU's first NCAA record-holder in track and field when he won the NCAA Championship discus event with a throw of 212-6. That mark stood for four years. Cooper, the co-captain of the 1979 track and field team, also holds the second-best shot put mark in FSU history at 60-2.



MIKE ROBERSON
Elected 1985

A World Class sprinter all four years (1976-1980) at Florida State, Mike Roberson set records at all levels of competition. He set FSU indoor and outdoor marks in the 60, 100 and 200, and Metro Conference records in the 100 and 200. Roberson won a gold medal in the 100 in the World University Games and was a member of the gold medal winning 400 meter relay team in the Pan American Games.

In 1980 FSU's greatest team, led by Roberson, finished third in the nation. He won the NCAA 200 meter championship in 19.6, becoming the first human in history to break 20 seconds at sea level. He also picked up second place in the 100 and was a member of FSU's third place 400 meter relay.



WALTER McCOY
Elected 1986

Upon his arrival at Florida State from Daytona Beach in 1978, Walter McCoy immediately started setting records for the Seminoles. As a freshman, he was the NCAA's 600 yard indoor champion, finishing the race in 1:09.6—just one tenth of a second off the NCAA meet record held by Olympian Rick Wolhuter. McCoy captained Florida State during his final season and set the school and Metro Conference 400 meter dash records, both of which still stand today. The 12 time All-American was a member of the U.S. Olympic team and won a gold medal as a member of the 400 meter relay.

THIS IS FLORIDA STATE



Florida State is the University which boasts of such diverse assets as the world's most powerful supercomputer and the greatest all-collegiate show on Earth, the Flying High Circus.

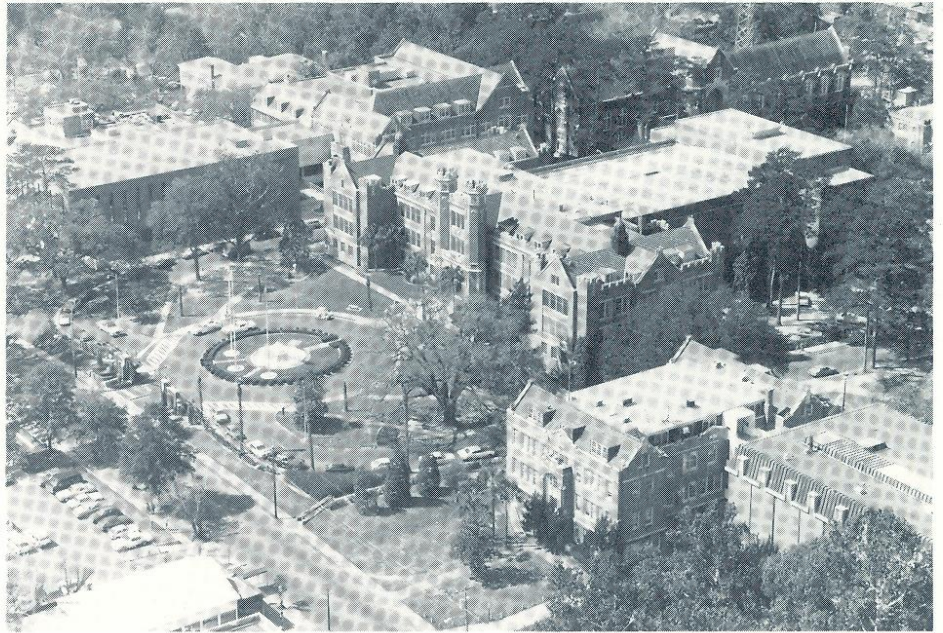
Located in Tallahassee, the capital of Florida, FSU is a public, coeducational university and a senior member of the State University System.

About 23,500 students representing all 50 states and more than 100 foreign countries work toward more than 250 different graduate and undergraduate degrees in the 15 schools and colleges of Florida State. The colleges of arts and sciences, business, communication, education, engineering, home economics, law and social sciences combine with the schools of criminology, library and information studies, music, nursing, social work, theatre and visual arts to make FSU a nationally acclaimed university.

The Florida State campus, located just a few blocks from the state Capitol, is one of the most beautiful in the southeast. Traditional Gothic-style structures combine with the latest in modern architecture, all brought together by an array of oaks, pines, palms, dogwoods and azaleas. The natural beauty of the 347-acre main campus mirrors the picturesque features of the surrounding North Florida region.

Florida State was founded in 1857 as the Seminary West of the Suwannee River. Name changes over the years included Florida State College and, in 1909, Florida State College for Women. Governor Millard Caldwell signed a bill in 1947 which again made the institution coeducational and named it Florida State University.

Today, Florida State faculty and administrators generate more than \$35 million annually in external funding to supplement state sponsorship of research.



In addition, almost \$13 million in private gifts was raised through the FSU Foundation during the past fiscal year. These contributions from alumni, friends, corporations, the university community and charitable foundations are for the sole benefit of Florida State's academic programs.

The FSU Supercomputer Computations Research Institute has attracted international attention to the University, home of the world's fastest supercomputer. The ETA10 has the capacity to perform 10 billion calculations per second.

The Tandem Van De Graaf-Superconducting Accelerator Laboratory in the Department of Physics houses two powerful atom smashers and has been ranked in the top four in the nation by the National Science Foundation.

The University's location affords excellent research and internship opportunities in government, law and the social sciences. The reputation of Florida State's research programs, the expertise of its more than 1,500 faculty members—including four members of the National Academy of Sciences—and the quality of the graduate students involved in research represent major strengths of the University.

Programs in music, dance and theater at Florida State have earned well-deserved national recognition. The visual and performing arts exhibited and produced on campus offer students and the community a wealth of enrichment opportunities.

Student activities at FSU create an important balance between the classroom experience and the personal life of the individual scholar. Honors programs, student government, intramural sports and more than 200 organizations are available for student involvement.

Students from every academic major have a chance to become stars on the highwire or flying trapeze by participating in the Flying High Circus, the only one of its kind in the nation.

Florida State academic programs extend well beyond Tallahassee. The FSU Marine Laboratory is located on the Gulf of Mexico, 45 miles away. Students participate in professional training programs at the Asolo State Theater in Sarasota and the Burt Reynolds Institute for Theatre Training in Jupiter. The Panama City Campus of Florida State offers upper-level courses which lead to bachelor's and master's degrees. The Center for Professional Development and Public Service, housed in the Florida State Conference Center on the edge of campus, manages educational outreach activities from Pensacola to Miami. In addition, Florida State maintains programs of study in England, Italy, Costa Rica, Switzerland, Yugoslavia, the Panama Canal Zone and even the People's Republic of China.

The physical growth of the University during the Sliger administration is best evidenced by such additions as the new wing of the Rovetta Business Building, the University Union expansion project, the new Paul A.M. Dirac Science Library Building, the Panama City Campus, the Jeffersonian Village Green project at the College of Law and the new building for the FAMU/FSU College of Engineering, now under construction.

Florida State is setting the pace as higher education in Florida prepares to enter the 21st century. And President Sliger takes pride not only in the academic programs and facilities of the University, but also in the people—students, faculty, alumni, administrators and staff—who make Florida State a successful monument to learning.