

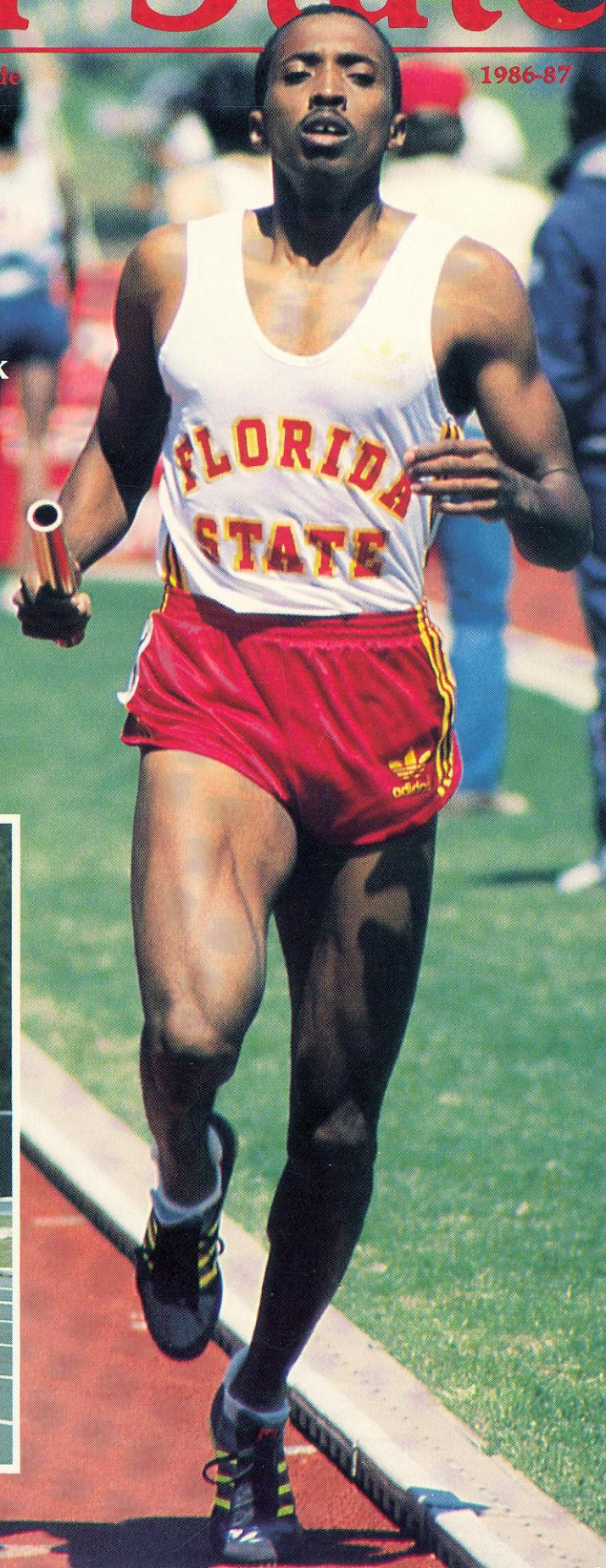
Florida State

Cross Country Track and Field Media Guide

1986-87

FSU's Frequent Fliers

All-Americans Ocky Clark
and Michelle Finn



LEADING OFF



1986 Cross Country Schedule

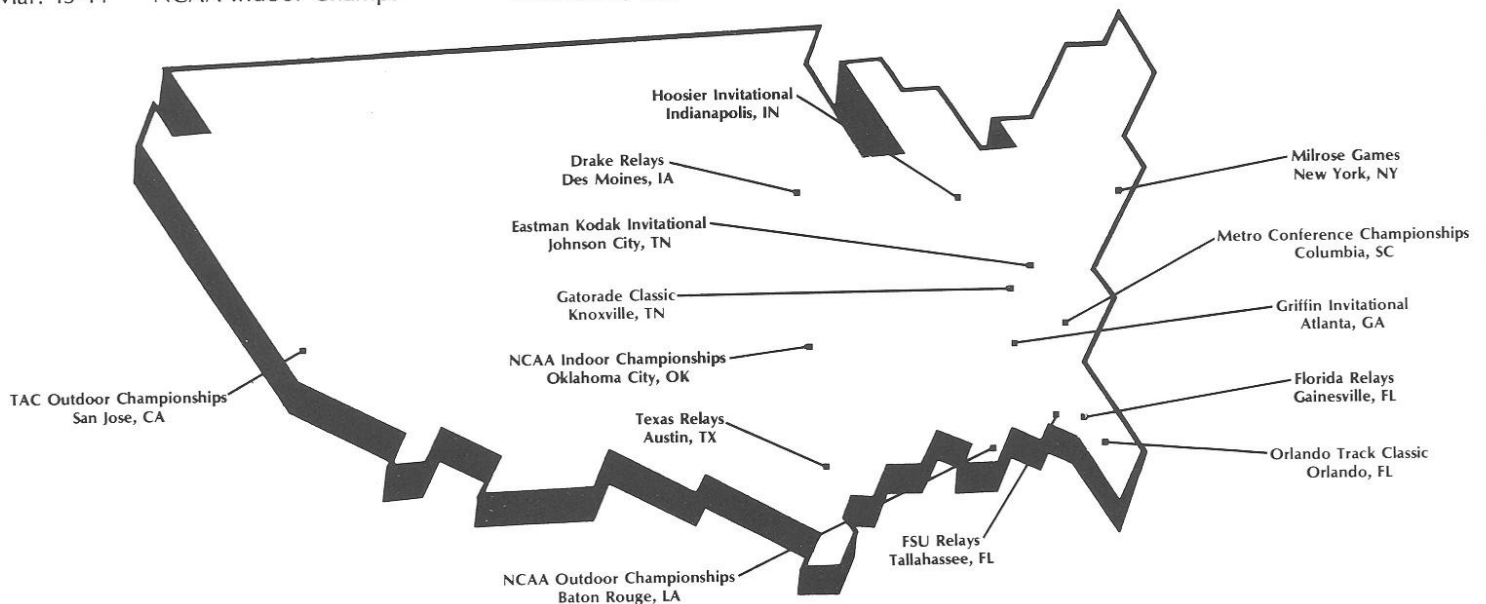
Oct. 4	Florida State Invitational	Tallahassee, FL
Oct. 11	Furman Invitational	Greenville, SC
Oct. 25	Florida Invitational	Gainesville, FL
Nov. 8	Metro Championships	Memphis, TN
Nov. 15	NCAA Regional Championships	Greenville, SC
Nov. 24	NCAA Championships	Tucson, AZ

1987 Indoor Schedule

Jan. 10	University of Florida Open	Gainesville, FL
Jan. 16-17	Eastman Kodak Invitational	Johnson City, TN
Jan. 23-24	LSU Relays	Baton Rouge, LA
Jan. 30	Milrose Games	New York, NY
Feb. 7-8	Florida Invitational	Gainesville, FL
Feb. 15	Florida Open	Gainesville, FL
Feb. 27	TAC Indoor Champs	New York, NY
Mar. 7	Hoosier Invitational	Indianapolis, IN
Mar. 7	Florida Fast Times	Gainesville, FL
Mar. 13-14	NCAA Indoor Champs	Oklahoma, OK

1987 Outdoor Schedule

Mar. 14	FAMU Relays	Tallahassee, FL
Mar. 20-21	FSU Relays	Tallahassee, FL
Mar. 27-28	Florida Relays	Gainesville, FL
Apr. 3-4	Texas Relays	Austin, TX
April 4	Run for the Stars	Jacksonville, FL
Apr. 11	Tampa Track Classic	Tampa, FL
Apr. 18	Eastern Invitational & FSU-Florida Men's Dual	Tallahassee, FL
Apr. 25	Orlando Track Classic	Tallahassee, FL
Apr. 23-25	Drake Relays	Orlando, FL
May 9	Griffin Invitational	Des Moines, IA
May 15-16	Metro Conference Champs	Atlanta, GA
May 22-23	Women's Open Date	Columbia, SC
May 30	Gatorade Classic	Knoxville, TN
June 3-6	Seminole Twilight	Tallahassee, FL
June 18-20	NCAA Outdoor Champs	Baton Rouge, LA
	TAC Outdoor Champs	San Jose, CA





Florida State

86-87 Cross Country/Track Media Guide

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Track Directory

Phone (904) 644-1060
After hours: 644-1075
Mailing Address:
Track Office
P.O. Drawer 2195
Tallahassee, FL 32316
Men's Head Coach: Dick Roberts
Women's Head Coach: Terry Long
Cross Country Head Coach: Al Schmidt
Assistant Coaches:
Jim Long
Dennis Nobles
William Garrett
Track Trainers:
Kent Knisley (Men)
Jennifer Dean (Women)
Academic Advisors:
Brian Mand (men)
Trudy Raybun (women)
Academic Coordinator:
Beverly Yerg

Athletic Directory

Athletic Director:
C.W. "Hootie" Ingram
Associate Director: Bob Goin
Assistant Directors:
Janice Stocker
Claude Thigpen
Larry Pendleton
Marketing & Promotions:
Terry A. Hume
Sports Information:
Phone: (904) 644-1060
After hours: 644-1403
Mailing Address:
Sports Information Office
P.O. Box 2195
Tallahassee, FL 32316
Director: Wayne Hogan
Associate: Lisa Franson
Student Assistant: Chris Sears

Florida State Fingertip Facts

Location	Tallahassee
Nickname	Seminoles
Enrollment	23,500
Colors:	Garnet and Gold
President	Dr. Bernard F. Sliger
Faculty Representative	Charles Ehrhardt
Conference	Metro
Track	Mike Long
1986 NCAA Indoor Finish	6th (Women) 12th (Men)
1986 NCAA Outdoor Finish	14th (Women) 31st (Men)
1986 Scored Meet Record	14-0-1 (Women) 22-0 (Men)

Credits

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FSU Photo Lab
Photographers

THE COACHES



Dick Roberts
Men's
Head Coach
(Florida State '64)

Age: 45
Years at Florida State: 18
Years of Collegiate



Coaching Experience: 23

Collegiate Coaching Experience:

Florida State—assistant coach (1970-78)

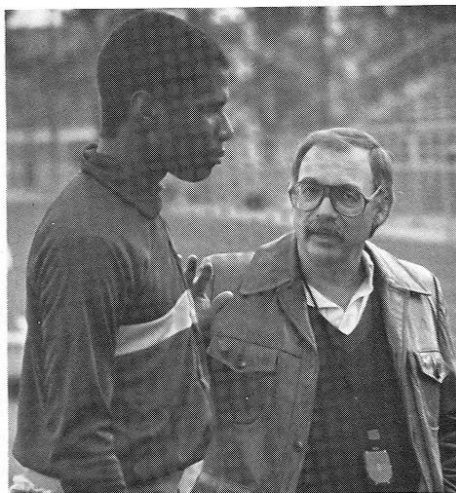
Florida State—head coach (1978-87)

Collegiate Track Experience:

Florida State—middle distance (1961-64)

Family: Wife Allene

Notes: a veteran of 23 years of coaching track and field ... this is his 18th and final season at FSU, as he has announced his retirement at the conclusion of the season ... since taking over the program in 1978, Roberts has led the Seminoles to a 92-25-1 record, nine consecutive Metro titles and nine top 20 finishes ... also led FSU to the 1978 and 1979 Metro Conference Indoor Championships, the only two that have been held ... coached 34 athletes to 71 All-American awards and four national champions ... one national champion, Walter McCoy was a member of both the 1980 and 1984 Olympic teams and returned from the Los Angeles Olympics with a gold medal in the 1600 meter relay ... Seminole athletes rewrote the school record book in 26 events during the nine years Roberts headed the program ... named Metro Conference Coach of the Year in 1978, '79, '80, '81, '84 and '86 ... highest national finishes under Roberts came in 1979 and 1980 when the Seminoles finished 10th and third respectively ... the 1980 squad had a perfect 9-0 record before surprising the nation with its highest finish ever ... following that season Roberts was named District 3 Coach of the Year ... Roberts received that honor again in 1986 following FSU's 22-0 scored meet outdoor season ... during his collegiate career at FSU, Roberts lettered three seasons as a middle distance runner under Mike Long who headed the program for 23 years ... was the school record holder in the half-mile, as well as the two-mile and distance medley relays ... remained in Tallahassee following



graduation to pursue a master's degree and to serve as a graduate assistant ... received his start in coaching at Dunedin High as head track and field coach where he led his team to the state championship in 1968, earning Florida High School Coach of the Year honors ... during his three year tenure, his athletes won 10 individual state championships and set 13 state records ... returned to FSU in 1970 as academic advisor as well as head cross country coach ... currently in his final year of a two year term as president of the NCAA Track and Field Coaches Association ... also selected as that organization's vice president for the 1982 through 1985 seasons ... served as assistant coach for the 1982 National Sports Festival, 1984 Pan-American Junior and was recently named assistant on the 1987 world indoor national team ... has spoken at many track and field affairs sponsored by the Florida High School Athletic Association, Hardee's, the Marine Corps, Medalist, the National High School Athletic Association and the NCAA Track and Field Coaches Association ... has served as meet director for the FSU Relays, formally the Domino's Pizza Relays, for several years and it was largely behind his efforts that that meet was born ... today, the FSU Relays is the largest outdoor track meet in the South featuring over 1000 competitors representing almost 100 colleges, universities and track clubs.

Terry Long
Women's
Head Coach
(Florida State '63)

Age: 45
Years at Florida State: 2
Years of Collegiate Coaching Experience:

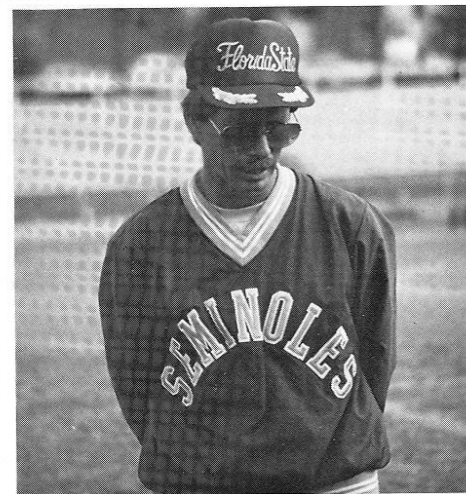
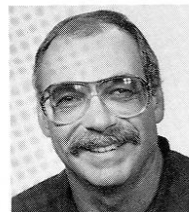
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Collegiate Coaching Experience:

Florida State—women's head coach (1986-87)

Seminole Community College—head coach (1970-82)

Santa Fe Community College—head coach (1982-83)



Florida—assistant men's coach (1984-85)
College Track Experience:

Florida State—hurdles (1958-63)

Family: Wife DeDe, two children

Notes: was a four-year letterman on the Florida State track team and at one time held eight different school records ... coached by his father, Mike Long, who was inducted into the FSU Hall of Fame ... brothers Jim and Curtis also are track coaches at FSU and Western Kentucky, respectively ... made high school coaching stops at Lake City and Delray Beach High Schools before entering the collegiate ranks at Seminole Community College in Sanford ... at Santa Fe and Seminole Community Colleges, he developed hundreds of All-Americans and 60 junior college national champions ... named junior college national Coach of the Year three times, as he directed his teams to 11 state championships ... after his move to Florida in 1984, he was named head coach of the United States' entry in the first World Indoor Track Championship in Paris ... has continued his ties to the United States Olympic movement by serving as chairman of the National Olympic Development Sprint Committee ... has also served as coach of the Athletic Attic and Bud Light Track Clubs that won five national TAC indoor and outdoor championships ... his most famous athlete that he has coached is Jacksonville native Chandra Cheeseborough winner of two gold medals at the 1984 Olympics in Los Angeles.

Al Schmidt
Head
Cross Country
Assistant Track
(St. Louis '73)

Age: 36
Years at Florida State: 6
Years of Collegiate Coaching Experience:

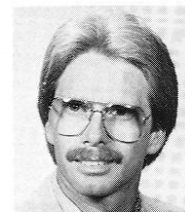
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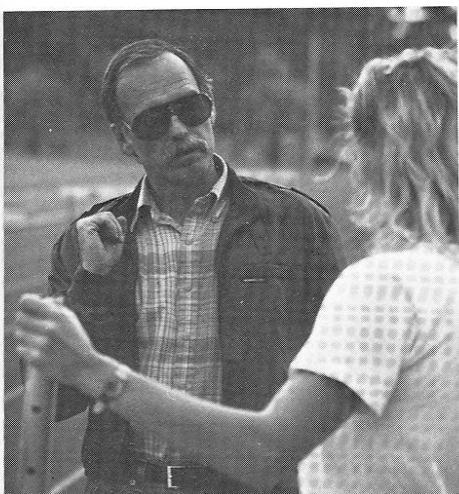
Collegiate Coaching Experience:

St. Louis—men's head coach (1975-80)

Kansas—assistant track coach (1982)

Florida State—women's head cross



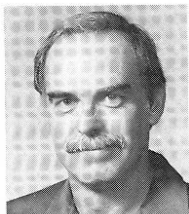


country coach, assistant track (1982-87)
men's cross country head coach,
assistant track (1985-87)

Collegiate Track Experience:

Missouri—distance (1969-71)

Notes: Came to FSU after a coaching stint at St. Louis University, where he directed the cross country team to the Metro crown in 1977 and a runnerup finish in 1978, before the school dropped out of the conference ... helped to bring the Lady Seminole track team to national prominence as he acts as recruiting coordinator and distance coach ... since his arrival, FSU has won two national championships—the 1985 indoor meets in 1983 and 1985 ... coached seven athletes who turned in 13 All-American performances at FSU ... led the 1984 Lady Seminole cross country team to a fourth place showing at the NCAA Region III meet, just missing a bid to the national championship meet ... last year, he took over the men's cross country head coaching duties ... holds a level 1 coaching certificate from The Track Athletic Congress (TAC) and was chosen to conduct the 1985 Florida High School Athletic Association's coaching clinic for distance and middle distance runners ... has represented the United States on a Brazilian Tour during which he helped conduct coaching clinics for the State Departments.



Jim Long
Assistant Coach
(Florida State '70)

Age: 37
Years at Florida State: 11
Years of Collegiate Coaching Experience: 11
Collegiate Coaching Experience:

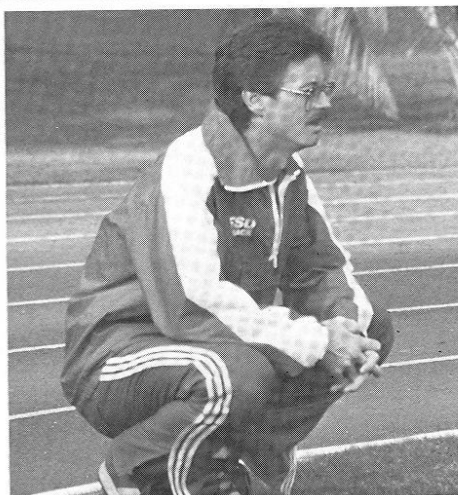
Florida State—sprints, hurdles (1975-87)

Collegiate Track Experience:

Florida State—sprints (1966-70)

Family: Wife Janis, two children

Notes: the son of former head coach Mike Long and the brother of head coach Terry Long ... returned to his alma mater in 1975 after serving as head coach at Tallahassee's



Leon High ... present duties include both hurdle races and certain decathlon events ... during his tenure at Florida State, he has coached 18 All-Americans, as well as 18 Metro Conference champions ... one All-American decathlete, Rohn Stark has gone to lead the NFL in punting for the last two years ... has also coached three high hurdlers who have run 13.4 or better and five sprinters who have run 10.21 or better in the 100 meters ... Long's most recent pupil, 400 hurdler Leander McKenzie, was ranked 10th in the world in 1985 ... served as clinician for two years at the U.S. Olympic Development camp in Orlando ... holds a bachelor's degree in humanities, a master's degree in history and lacks only a dissertation before completing doctorate in physical education.

Dennis Nobles
Assistant Coach
(Florida State '80)

Age: 29
Years at Florida State: 2
Years of Collegiate Coaching Experience: 3

Collegiate Coaching Experience:

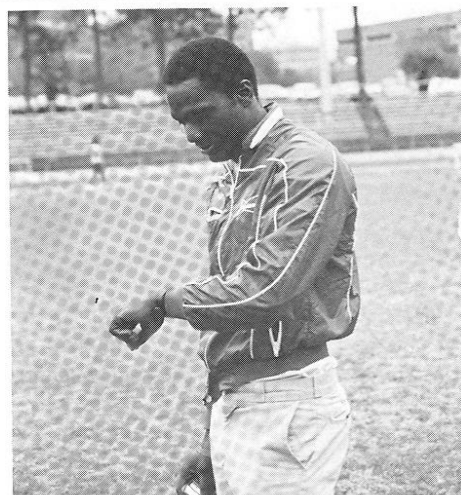
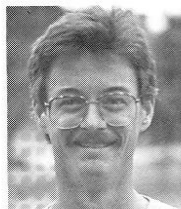
Florida State—assistant coach (1986-87)
Wayland Baptist—assistant coach (1984-85)

Collegiate Track Experience:

Florida State—pole vault (1979-81)

Family: Wife Vicki, daughter Sally

Notes: is rapidly developing into one of the most dynamic young coaches in track and field circles ... graduated cum laude from the FSU School of Physical Education and went on to obtain a master's degree in exercise physiology in 1983 ... accepted an assistant coaching position at Wayland Baptist in Plainview, TX, where he helped direct the team to the NAIA national championship as well as two runnerup finishes ... during his tenure at Wayland Baptist, he coached 14 All-Americans, two national champions, two U.S. Olympic qualifiers and a national record holder ... returned to his alma mater in 1986 as assistant track coach and is currently



working towards his Ph.D in athletic administration ... he has coached three All-Americans, one Olympian and one world record holder since returning to FSU ... invited to participate in last summer's elite women's javelin clinic in Long Beach, CA ... his duties at FSU will include coaching FSU men's and women's teams in the javelin, discus, long jump and triple jumps.

William Garrett
Assistant Coach
(Florida A&M '82)

Age: 27
Years at Florida State: 1

Collegiate Coaching Experience:

Florida State—assistant coach (1987)

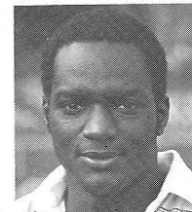
High School Coaching Experience:

Tallahassee Maclay School—head track and field coach (1985-86)
Quincy Shanks—head cross country coach (1981-85)
Orlando Lake Highland Prep—head track and field (1980-81)
Longwood Lyman—assistant coach (1979-80)

Collegiate Track Experience:

Seminole C.C.—distance (1977-79)

Notes: Former runner under Terry Long at Seminole Community College where he was on Long's first Junior College state championship cross country team ... received his first head coaching position at Orlando's Lake Highland Prep and developed two state champions and two state runnerups ... went on to Tallahassee's Maclay High School and led the girl's team to a second place state finish in the school's first appearance in the class A meet ... also led both the boys and girls cross country teams to their first top 10 finish at the state meet ... his duties at FSU will include assisting cross country coach Al Schmidt during the fall and coaching the distance runners in the spring.



THE LADY SEMINOLES

LIFE IN THE FAST LANE

You can see the intense competitive desire in her eyes as she looks toward the finish line 100 meters away. It has come to be the trademark of Senior Michelle Finn.

"If she has one ability that rises above all the rest, she knows how to compete," FSU head coach Terry Long says. "The tougher the meet, the better her performance."

Time and time again Finn has proven her ability during her first three years at Florida State. The Orlando native has captured two national championships while helping the Lady Seminoles to two national titles.

This will be an important year for Finn. With the 1988 Summer Olympics approaching, a chance to make the U.S. Olympic team is added incentive.

Ranked sixth in the world in 1986, Finn would like nothing better than to finish her collegiate career with a national title.

"Michelle is always a threat to win a national title," Long says. As co-captain of the 1987 team, Finn will help lead squad that finished 14th in last season's outdoor championships, the first time since 1980 the team was lower than third place. Moving back to the top 10 is the immediate goal. "I think we should be considered a top 10 team," Long says. "For us to set that as a goal on an annual basis would be very realistic."

FSU lost world record holder Esmeralda Garcia in the triple jump, and she scored in the 100 meters and long jump on the national level. Finn will try to offset the loss. In addition to her 100 meter specialty, Finn will also compete in the 200, long jump and 400 meter relay.

Senior Janet Davis, who finished sixth in the nation as a freshman, has the potential to return to the 200 meter final.

In the 100 meter hurdles, look for co-captain Ann Girvan to qualify after falling short in 1986. Converted sprinter Andrea Thompson will team with Girvan in the high hurdles and could be a force in the event. Florida State's only threat in the field events is javelin thrower Kari Keith, a walkon last year who also is a member of the softball team. Keith promptly qualified for the NCAA Championships. With a wealth of untapped potential, the sophomore from Ft. Lauderdale could become a national class athlete.

The youngest possible qualifier could be freshman Carrie Boyd, who comes to Florida State after winning the Texas class 5A state 800 title. She developed quickly during the cross country season and was named to the All-South freshman team.

Others who could emerge as headliners include Janet Levy and Angela Curry in the



100 and 200 meters, Carol Samuels and Jennifer Jonas in the 800 and Barbara Mathews in the 3,000 and 5,000.

Michelle Finn

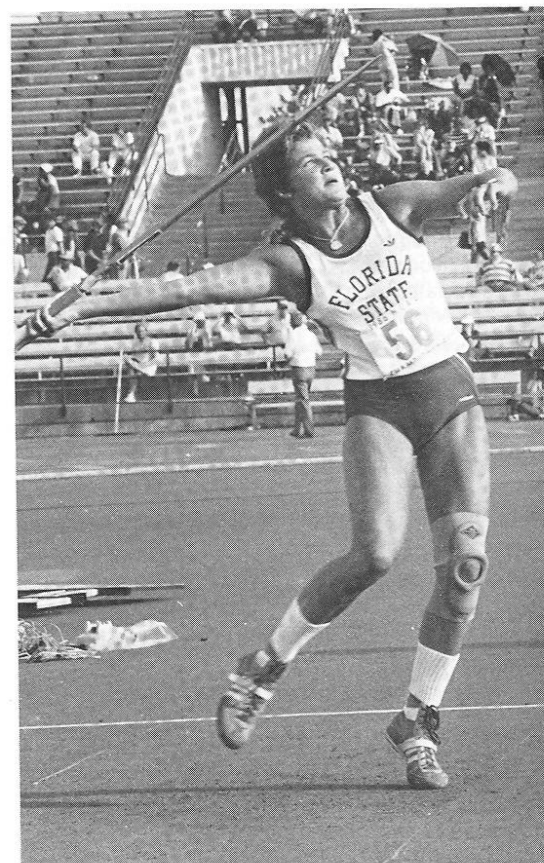
The Sprints—Nationally recognized for its prowess in the sprint events, Florida State again figures to score the bulk of its points in these events at the NCAA meet. Leading the way is senior All-American Finn who will try to rebound from a fifth place 100 meter and 7th place 200 meter showing in 1986.

FSU also welcomes back junior Janet Davis who looks to regain the form that made her a three-time All-American as a freshman. She could qualify in the 200 or 400.

Senior Janet Levy, has worked diligently in the weightroom and on the track during the off-season and has made the transition from the quarter to the 100 and 200 meters. She has also proven to be a valuable cog in the 400 and 1600 meter relays.

Joining fellow Orlando natives Levy and Finn on the 400 meter relay will be sophomore Angela Curry, who has run 11.57 in the 100. "Angela has the physical and mental traits to be a national class athlete," Long says of the former five-time state champion.

Rounding out the roster of sprinters is New York state champion Lisa Horton, who Long thinks in time could develop into a fine sprinting prospect.



Kari Keith

The Hurdles—The hurdle events are another area where FSU boasts both quality and depth. Junior Ann Girvan of London just missed NCAA qualifying standards by .07 of a second last year, but a rigorous off season training program should pay off in 1987 in her attempt to qualify in the 100 meter hurdles. Junior Andrea Thompson, an All-American relay sprinter, will make the transition to the 100 meter hurdles and could be a pleasant surprise to the coaching staff. "She's an unknown quantity," Long says of Thompson, "but she's got the speed to be an NCAA qualifier." Freshman signee Carolyn Hightower could also come into the hurdle picture as she will double in both the long and triple jumps.

In the 400 meter hurdles sophomore Mary Hawkins made tremendous progress and Long thinks that NCAA qualification could be on the horizon. "Mary Hawkins worked very hard last year," Long says of the former walkon. "I can't say enough good things about her."

Middle Distance—Long wanted improvement in this area and went out and signed several outstanding 800 and 1500 meter runners. Heading the list is freshman Carrie Boyd who is expected to meet the NCAA qualifying mark of 2:05.05 in the 800. Another talented signee is Adrienne Politowicz of Maitland, FL. Politowicz has an impressive list of credentials that include the prestigious Golden South mile crown as well as several state one and two mile titles.

Add these two to a host of developing young talent, and the middle distance events have the potential in time to develop the depth and quality enjoyed by the sprinting events.

Junior Carol Samuels returns as a key performer in the 1600 meter relay and as a possible NCAA qualifier in the 800 meters.

Another top returnee is senior Jennifer Jonas. She will primarily be used in the 800 meters where she has run a personal best of 2:08.

Also look for contributions from a pair of walk-ons in the 800 and 1500 meters. Sophomore Colleen O'Reilly came to FSU last year as a non-scholarship runner and promptly earned a spot on the cross country team. The other walk-on who made dramatic improvement was redshirt freshman Tina Davies.

Distance—Like the 800 and 1500 events, Long has placed more emphasis on this area which is coached by Al Schmidt. Leading the list of distance runners is Barbara Matthews, who has ran well in the distance events and is on the verge of qualifying for the NCAA Championships.

"She's been a solid competitor in the distance events," Long says. "We expect her to be a possible NCAA qualifier."

The newcomer in this group is Michele



Ann Girvan

Farrall who was recruited along with Politowicz and Boyd to bolster the FSU cross country team as well as strengthen the 800, 1500, and 3000.

"She has tremendous competitive qualities," Long says.

The Jumps—The horizontal jumps are one area where the Lady Seminoles will spend the year rebuilding, after losing world record holder Esmeralda Garcia in the jumps. Filling her void in the long jump will be Finn, who will lead a group of inexperienced, yet talented group of jumpers. Finn could figure to qualify for the NCAA Championships although she will concentrate on the sprint events.

Long will take a look at three freshmen for the future. Hightower, who was plagued by injuries during her high school career, will be tested in the long and triple jumps. The Orlando Evans product won the state long jump crown as a sophomore, before injuries took their toll later in her career.

Followers of Florida State football will recognize the last name of the second freshman in the horizontal jumps. Sonya Blades, whose brothers Brian and Bennie are starters on the Miami Hurricane football team, will concentrate on the long and triple jumps as well as the 400 meters. The third freshman, Kara Hutchenson of Tallahassee Maclay High, will also be tested in both horizontal jumps.

"The freshmen are a talented group," Long says. "But we're a year away from having national level qualifiers."

The Throws—Although she is the only Florida State entry in the throwing events, Kari Keith will make up for the lack of numbers. Keith registered the top arm velocity among the nation's top javelin throwers at the elite javelin throwers clinic in Long Beach, CA over the summer, after qualifying for the NCAA meet.

The Schedule—The Lady Seminoles are scheduled to compete at the Milrose Game in New York, the Eastman Kodak Invitational in Johnson City, TN and Florida Fast Times in Gainesville in preparation for the NCAA Indoor Meet in Oklahoma City, OK.

Those meets, however, will not provide the experience needed to adjust to Oklahoma State's unique 176 meter bank-boarded track.

FSU's outdoor home meet schedule includes three meets—with the FSU Relays and the Eastern Airlines Invitational featuring top competition from around the country. FSU will also travel to the Texas Relays, the Martin Luther King Games, the Gatorade Classic and Drake Relays. The 1987 NCAA outdoor Championships will be held in Baton Rouge, LA.

"We'll try to get qualified for the NCAA indoor in March," Long says. "The strength of this team is sure that we have some national level athletes who need to be in their top form in May and June."

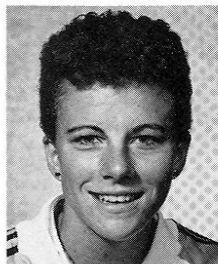
Finn also eyes the month of June as she hopes to cap her sparkling career at Florida State with another national championship.

Sonya Blades
Freshman
Ft. Lauderdale, Florida



400 (58.8), LJ (19-0)—a freshman signee who Long thinks is a promising young athlete ... will concentrate in the 400 meters and the horizontal jumps ... will also see action in the intermediate hurdles ... **Prep:** a two-time runnerup at the state track meet ... as a senior, she was named most valuable runner at Piper High ... an honor student with a grade point average of 3.5 ... **Personal:** enrolled in Florida State's basic studies ... born May 15, 1968 ... has excellent blood lines as brothers Brian and Bennie are starters on the University of Miami football team ... **Long on Blades:** "Coming from a very athletic family, Sonya will compete for the Lady Seminoles as a jumper and quatermiler. A fine athlete herself, she should prove to have an outstanding career at Florida State."

Carrie Boyd
Freshman
Garland, Texas



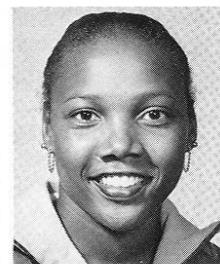
800 (2:11), 1500 (4:32)—one of the most heralded freshmen in the nation a year ago ... was capable of running in a national caliber high school field in the 800 meters ... looks also to run on FSU's cross country squad ... **Prep:** won the 800 and 1500 class 5A Texas state crowns at L.U. Berkner High School ... also turned in a second place finish in the state cross country championships ... finished third in the TAC cross country nationals ... a seven-time letterwinner in high school ... **Personal:** enrolled in FSU's basic studies ... born October 29, 1967 ... **Long on Boyd:** "Carrie is rapidly proving herself capable of being a national qualifier in her first season. She could develop into one of the greatest middle distance runners in FSU history."

Angela Curry
Sophomore
Orlando, Florida



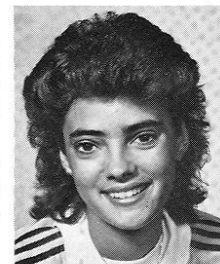
100 (11.57), 200 (23.84)—has the potential to be one of the outstanding young sprinters in the south ... one of five Orlando natives on the FSU women's roster ... **1986:** placed first at the Springtime Invitational in the 100 (11.57) and 200 (23.95) ... that 100 meter time is her personal record ... ran a PR in the 200 meters (23.84) at the Tampa Invitational ... **Prep:** a five-time 4A state champion at Orlando Evans ... her best in the 200 meters of 23.94 ranked eighth in the U.S. among high school athletes ... won the state 100 and 220 yard dashes in both her junior and senior years and also won the 220 as a sophomore ... **Personal:** enrolled in basic studies ... born July 1, 1967 ... **Long on Curry:** "Angela is on the way to making her own contributions to Florida State's sprinting tradition. She was limited in her first freshman year by a back injury, but we expect her to one of our leaders this spring."

Janet Davis
Junior
Indianola, Mississippi



100 (11.52), 200 (23.13), 400 (52.85)—another talented athlete in the sprint events ... will try to regain the form that made her a three-time All-American as a freshman ... **1986:** had her best meet of the outdoor season at the Tampa Invitational where she ran a 23.45 200 meters—that qualified her for the NCAA Championships ... also turned in a time of 53.39 in the 400 meters ... **1985:** sat out the 1985 track and field season, taking a redshirt year ... **1984:** ran on the national championship mile relay as well as placing sixth in the 200 meters at the NCAA meet ... ran on the second place mile relay team at indoor championship ... primarily competed in the 200 and 400 where she reached PRs in both events ... MVP at Spec Townes Relays where she won the 200, 400 and ran on the winning 1,600 meter relay team ... **Prep:** had a fabulous high school career ... owns the Mississippi records in the 100, 220 and 440 yard dashes ... member of the '82 and '83 junior national teams and set a record in 1983 in the 100 meter dash (11.52) also ran on the '82 Pan American junior team ... ranked number one in the country in 100 and 200 meters in 1983 ... placed second in the 100 meters at '82 U.S. Junior Championships and ninth in '81 ... ran in the '84 Olympic trials ... member of the '81 Sports Festival South team ... **Personal:** majoring in leisure services ... born February 11, 1963 ... **Long on Davis:** "Janet is one of the keys in our ability to run national level relays. She is a potential All-American."

Michele Farrall
Freshman
Seminole, Florida



3000 (10:08)—another outstanding distance signee who completes what Long calls "FSU's best ever distance recruiting class" ... is expected to run the 3000 and 5000 meters ... will also race on the cross country team ... **Prep:** a national high school All-America at Seminole High ... finished seventh at the National High School Cross Country Championships ... is the reigning 4A two-mile champion ... also placed third at the state cross country meet ... **Personal:** enrolled in FSU's basic studies ... born August 21, 1968 ... **Long on Farrall:** "Michele is an extremely competitive athlete who could be a great runner before she is finished at Florida State."



Michelle Finn

Michelle Finn
Senior
Orlando, Florida



100 (11.20), 200 (22.97), LJ (20-3)—12 time All-American and two-time national champion (indoor 55 meters and outdoors 100 meters in 1985) and international competitor ... is ranked among the top 10 100 meter sprinters in the United States ... will add the long jump to her repertoire this season ... owns school record in the 100 (10.20) and top two times in school history ... also owns indoor 55 meter record ... **1986:** although she had a disappointing end to her collegiate junior season with a fifth place finish in the 100 and seventh in the 200, she came back to place sixth in the TAC 100 as well as running on the gold medal-winning 400 meter relay at the Goodwill Games ... she also ran in the Olympic Sports Festival and competed in England over the summer ... during the collegiate season, was named MVP of the Tampa Invitational after winning the 100, 200 and placing second in the long jump with a personal best of 20-3 ... won the 100 at the Eastern Airlines Invitational defeating Texas Sprinters Mary Bolden and Juliet Cuthbert (Cuthbert won the 100 and 200 NCAA titles) ... also helped the 400 meter relay to a fifth place finish at the NCAA meet ... during the indoor season, was second in the 55 meter dash after winning it in 1985 ... **1985:** won two NCAA titles as a sophomore, surprising the country at the indoor national by winning the 55 meters and then coming back to win the 100 at the outdoor NCAA championships ... her 55 meter time of 6.75 was a school record ... also finished second (22.77) in the 200 at the NCAA meet and was a member of FSU's third place 400 meter relay ... during the regular season, took first place finishes in the 100 at the Tallahassee Tuneup, the Gatorade Classic, the Texas Relays and the Eastern Airlines Invitational ... also ran on FSU's 1600 meter relay throughout the season ... long jumped once and hit 18-6 ... following the collegiate season, continued to make strides ... placed eighth in the TAC meet in the 200 (23.33) and fifth in the 100 (11.37) ... won the 100 meters (11.63) and ran a leg on the winning 400 meter relay at the Pacific Coast Conference meet ... from there, took a fourth place at the Sports Festival in the 100 meters (11.48) and ran on the South's 400 meter relay that placed second ... ran in a dual meet vs. West Germany and was third in the 100 (11.48) and first on the 400 meter relay ... after an exhibition meet in Japan, Finn rounded out her 1985 season with a gold medal on the 400 meter relay ... **1984:** scored more points than any other freshman at the NCAA outdoor championships, placing fourth in the 100 meters and ninth in the 200 meters ... ran the leadoff leg for FSU's national championship 400 meter relay ... scored indoors by placing fourth in the 55 meters ... **Prep:** All-American who won the state of Florida's 100 meter crown as a senior at Oak Ridge High School ... member of the 1983 junior national team and a junior world record ... Junior Olympic champion in the 100 ... teammate of Andrea Thompson and Janet Levy at Oak Ridge ... **Personal:** majoring in rehabilitative services ... born May 8, 1965.

FREQUENT FLYER FINN

Finn's Fastest 100 Meters

1. 11.20, National Invitational Championships, May 3, 1986
2. 11.26, NCAA Championships (trials), May 30, 1985
3. 11.31, Gatorade Classic, May 11, 1985
4. 11.34, Eastern Airlines Invitational, April 20, 1985
5. 11.36, Tallahassee Tuneup, March 15, 1985
6. 11.43, NCAA Championships (trials), May 28, 1984

Where's She's Raced

U.S.-West Germany dual meet, West Germany
National Sports Festival, Baton Rouge, LA
World University Games, Kobe, Japan
U.S. Soviet Union dual meet, Moscow, Soviet Union
Exhibition meet, Tokyo, Japan
U.S.-Great Britain dual meet, London, England
Olympic Sports Festival, Houston, TX
Goodwill Games, Moscow, Soviet Union

Ann Girvan
Junior
London, England



100 HH (13.77)—is expected to have a banner year which would include qualifying for June's NCAA Championships ... just missed NCAA standards by .07 seconds last spring ... a co-captain of the 1987 team ... **1986:** won the 100 meter hurdle championship at the Eastern Airlines Invitational with a 13.95 clocking ... best showing of the year came at the Springtime Invitational, as she ran a first place time of 13.77 ... that time also eclipsed the meet record ... **1984:** sat out the season after transferring from Brigham Young ... **1983:** enrolled at Brigham Young, but didn't run in any meets for the Lady Cougars ... **Prep:** won a prep personal best of 13.55 in England during the summer following graduation ... **Personal:** majoring in fashion merchandising ... born November 25, 1965 ... although she is a resident of England, her parents are Scottish, which allows her to run for that country's national team ... **Long on Girvan:** "She is one of the team's best competitors. Ann really wants to be a great hurdler and should develop into a NCAA qualifier in the 100 meter hurdles."

Mary Hawkins
Sophomore
Columbus, Ohio

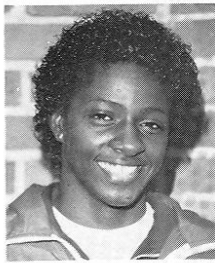


100 HH (14.38), 400 IH (54.67)—the Lady Seminole's most improved performer from a year ago ... made enormous strides in the hurdle events through hard work on the track and in the weight room ... **1986:** surprised many with her times at the prestigious Eastern Airlines Invitational ... ran a 14.78 in the 100 meter hurdles and later finished fourth in the 400 hurdles with a 54.67 time ... cut her time in the Seminole Twilight by running a 14.38 ... that time gave her third place and was her PR during her freshman year ... **Prep:** won the 100 meter hurdles state crown as a junior and senior at Columbus East High ... **Personal:** majoring in business management systems ... born June 7, 1965 ... **Long on Hawkins:** "Mary is the most improved athlete on this team. She has worked very hard and I just can't say enough good things about her."



Mary Hawkins

Carolyn Hightower
Freshman
Orlando, Florida



LJ (19-2½), 100 HH (14.5)—will concentrate her efforts on the high hurdles and long jump ... recruited as FSU's only long jumper ... joins five other Orlando natives on the Lady Seminole roster ... **Prep:** hampered by injuries through much of her high school career ... won the state long jump championship as a sophomore ... a high school teammate of FSU sprinter Angela Curry ... a 12-time letterwinner ... **Personal:** enrolled in FSU's basic studies ... born December 24, 1967 ... **Long on Hightower:** "Carolyn is another Orlando product who is regarded as an excellent athlete."

Jennifer Jonas
Senior
Gainesville, Florida

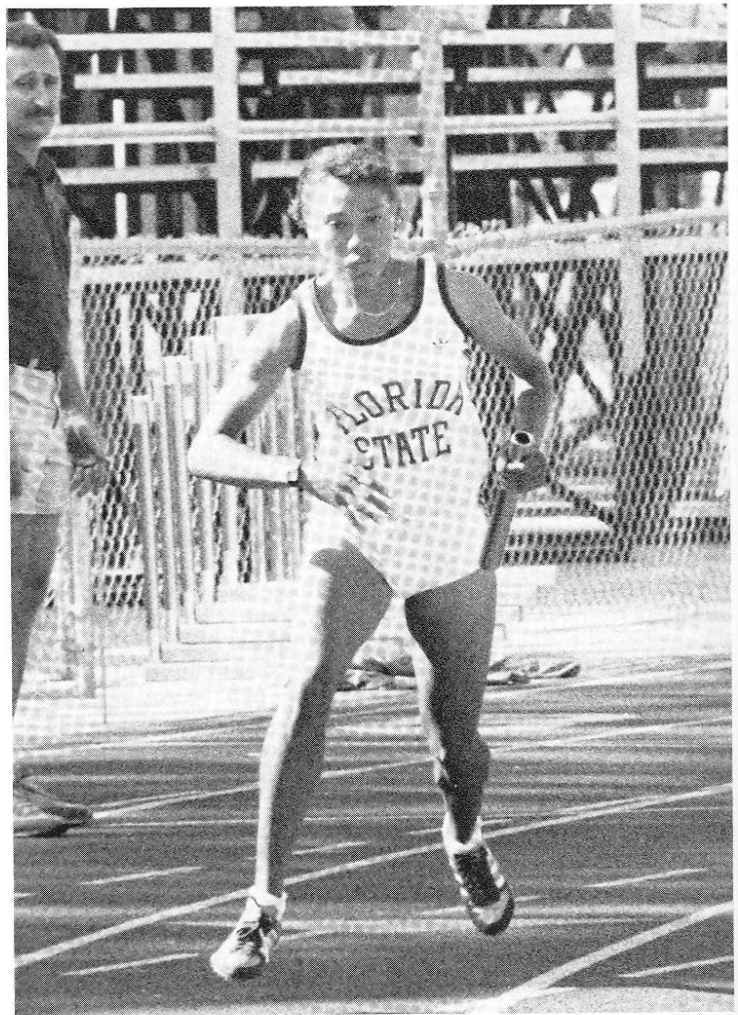


800 (2:08.6)—FSU's top returning middle distance runner ... cut her PR by 3 seconds last year ... could crack the NCAA qualifying barrier if improvement continues ... **1986:** best time of the season came at the Eastern Airlines Invitational where she ran a 2:08.6 ... finished third at both the Springtime Invitational and the Seminole Twilight with times of 2:09.78 and 2:10.4 ... a member of the 1600 relay that qualified for the NCAA Championships ... **1984-85:** transferred to Florida State from Santa Fe Community College where she was a six-time All-American ... excelled at the national junior college championships as she finished second indoors and third outdoors during her sophomore year ... first developed contact with FSU head coach Terry Long while he coached her at Santa Fe ... **Prep:** named to the state honor roll at Gainesville Eastside High ... **Personal:** majoring in special education ... born January 7, 1965 ... **Long on Jonas:** "Jennifer has the ability to make a significant contribution to FSU's relay and middle distance events."

Kari Keith
Sophomore
Ft. Lauderdale, Florida



JAV (172-1½)—has the potential to become a premier javelin thrower ... a walkon who was not even listed in last year's media guide ... promptly qualified for the NCAA Championships in her first collegiate meet ... splits time in the spring for FSU's nationally ranked softball team ... registered the highest arm velocity among the top javelin throwers in the nation at a clinic this summer that featured the nation's finest in the event ... possesses an extremely strong arm ... **1986:** in her first collegiate competition at the University of Florida, threw 160-3 which could have set a school record, but the javelin was an exhibition event ... began the outdoor season in spectacular fashion by breaking the school record with a throw of 171-5 at the Domino's Pizza Relays ... her top throw of the season came at the Eastern Airlines Invitational when she again rewrote the school record book, throwing the javelin 172-1½ ... on the softball diamond, she hit safely in 6 of 15 at-bats for a .400 average with one homerun ... **Prep:** played volleyball, basketball and softball at Ft. Lauderdale's Stranahan High ... **Personal:** majoring in criminology ... born February 25, 1967 ... **Long on Keith:** "If Kari can be patient while she learns more javelin technique, I think she can be one of the top performers in the country."



Jennifer Jonas

Janet Levy
Senior
Orlando, Florida



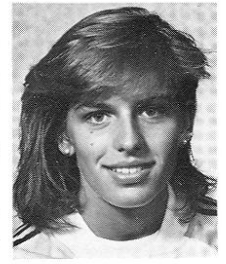
100 (11.65), 200 (23.94), 400 (53.47)—a three-time All-American ... worked extremely hard during the off-season in preparation for her senior year ... one of four co-captains ... **1986:** ran the leadoff leg of FSU's 1600 meter relay that qualified for both the indoor and outdoor NCAA Championships ... helped the indoor team to a 3:45.29 clocking at the NCAA's in Oklahoma City ... her best time (23.94) in the 200 meters came at the Tampa Invitational ... placed second to Angela Curry in both the 100 (11.65) and the 200 (24.07) at the Springtime Invitational ... concluded her season by running on FSU's 1600 meter relay team that ran a season best 3:34.98 at the NCAA trials ... **1985:** anchored the 400 meter relay to a third place finish at the NCAA Championships ... top time in the 400 (53.47) came in the Eastern Airlines Invitational and placed her second ... also came in second in the Gatorade Classic (54.02) and was third in the Meet of Champions (53.83) ... **1984:** Indoor All-American on the second place 1600 meter relay team ... recorded a best of 54.45 in the Spec Townes Invitational ... **Prep:** 440-yard runnerup in the state meet as a senior at Oak Ridge High in Orlando ... has been a teammate of Michelle Finn for eight straight years dating back to their days together at Oak Ridge ... **Personal:** a business major ... born May 20, 1965 ... **Long on Levy:** "Janet is an excellent example of the many Florida high school athletes who have come to Florida State and been successful both on the track and in the classroom. Janet is one of our senior captains and is a true team leader."

Barbara Matthews
Junior
Nokomis, Florida



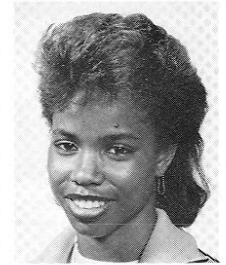
3,000 (10:02), 10,000 (36:16)—a versatile runner who is expected to run anywhere between the 3,000 and 10,000 meters ... she is a senior in eligibility for cross country, having already participated three years for Florida State, but just a junior in track after being redshirted in 1985 ... **1986:** an All-Metro cross country selection ... was FSU's top finisher at the Alabama Invitational where she placed 10th with a time of 18:39.7 also turned in 10th and 12th place performances at the Florida and FSU Invationals ... concluded her season by helping the Lady Seminoles to the runnerup trophy at the Metro Conference Cross Country Championships, as she finished fourth ... **1985:** finished 19th at the FSU Invitational and 26th at the Furman Invitational ... **Prep:** an all-state cross country runner at Venice High, where she finished sixth in the state at the class 3A high school cross country meet ... **Personal:** majoring in leisure services ... born January 28, 1965 ... made the Metro Conference Commissioner's list for attaining over a 3.0 grade point average for the third consecutive year ... **Long on Matthews:** "Barbara's a very hard worker who has made herself into a fine distance runner. She's also an outstanding student."

Adrienne Politowitz
Freshman
Maitland, Florida



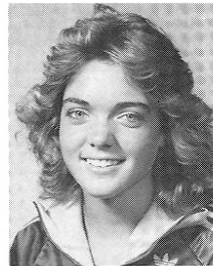
1500 (5:01)—a heralded freshman who is one of the three signees in the distance events ... could eventually solidify the top five for FSU's cross country team as well ... a gifted athlete, coaches will have her concentrate on the 800, 1500 and 1600 meter relay. **Prep:** an All-American selection at Maitland's Trinity Prep ... was the 1986 two-mile champion at the prestigious Golden South Classic in Winter Park ... also captured the Class A two-mile crown as a senior. **Personal:** enrolled in basic studies ... born October 3, 1968 ... **Long on Politowitz:** "Adrienne is a freshman who was a state mile and two-mile champion in high school. One of her best traits is her competitiveness in the big meets."

Carol Samuels
Junior
Ontario, Canada



400 (55.95) 800 (21:3.9)—a versatile runner who can run the 200 meters on up to the 800 ... has impressed the coaching staff with her work ethic ... is currently the only Canadian athlete on either the men's or women's roster ... **1986:** a member of FSU's 1600 meter relay that ran a time of 3:34.98 at the NCAA Championships last May ... came in fifth place at the Springtime Invitational in the 800 meters with 2:13.9 effort ... cut nearly two seconds off that time to take fourth place in the Eastern Airlines 400 meter dash (56.44) ... **1985:** did not enroll at Florida State until the spring semester ... best 200 of her freshman year was a third place 25.26 at the Eastern Airlines Invitational ... in the same meet, ran her best 400 time of the year (55.95) in bringing home another third place ribbon ... **Prep:** attended Dr. Norman Bethune High and ran on the 1600 meter relay that set an interscholastic record of 3:48.8 ... **Personal:** majoring in computer science ... born March 13, 1966 ... **Long on Samuel:** "If she can stay healthy, Carol has the ability to be a national level qualifier."

Colleen O'Reilly
Sophomore
Pembroke Pines, Florida

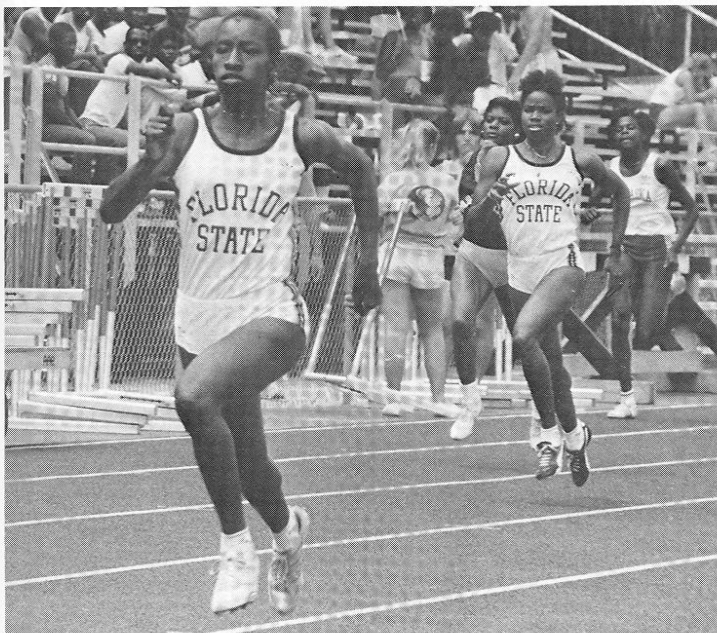


3000 (10:10)—made great strides in her development in the middle distance events ... is also an excellent competitor on the Lady Seminole cross country team ... **1986:** selected to the All-Metro cross country team ... turned in a fifth place time of 17:54 in her initial cross country meet at the Auburn and Alabama Invationals ... capped her freshman campaign with a sixth place showing at Metro Championships ... **1985:** redshirted as a freshman ... **Prep:** named Runner of the Year as a senior at Cooper City High ... **Personal:** majoring in interior design ... born February 15, 1967 ... **Long on O'Reilly:** "Colleen was one of the big surprises among our distance corps. She is showing the competitive spirit and ability necessary to be successful as a college distance runner."

Andrea Thompson
Junior
Orlando, Florida



100 HH (14.5)—looks to be Long's reconstruction project during 1987 ... primarily a sprinter during her first two years at FSU, she will make the transition to the hurdles ... **1986:** produced a pair of third place finishes in the 100 meters at the Springtime Invitational (11.74) and the Seminole Twilight (11.82) ... also ran an 11.94 100 meters at the Gatorade Classic ... concluded her season by helping the 400 meter relay to a eighth place finish at the NCAA Championships with a season best time of 44.12 ... **1985:** earned All-American honors as a freshman member of the 400 meter relay that placed third in the outdoor NCAA Championships ... best in the 100 meter hurdles was the 14.23 she clocked in the trials of the Texas Relays ... **Prep:** high school All-American in 1982 and 1983 and state 110-yard hurdles champion in 1983 ... Junior Olympics champion as well, who ran the fastest time in the nation ... attended Oak Ridge High—that's the same school that sent Michelle Finn and Janet Levy to FSU ... **Personal:** majoring in criminology ... born October 30, 1966 ... **Long on Thompson:** "Andrea's an unknown quantity in the hurdles. She has the speed to be a national qualifier and will be our grand experiment this year."



Janet Levy (left) Carol Samuels (right)

Indoor Record Book

Event	NCAA Qualifying		Time/Distance	Name	Date
	FAT	Manual			
50mH 60 Yd H 50m	7.92	**	7.0 7.74 6.41	Tonja Brown Carolyn Faison Randy Givens	1982 1982 1982
55m 60m 60 Yds	6.87	**	6.72 7.26 6.81	Michelle Finn Esmeralda Garcia Marita Payne	3-15-86 1981 2-11-84
300m 300 Yds * 400m			37.84 34.07 54.21	Marita Payne Randy Givens Janet Davis	1982 3-13-82 3-2-84
440 Yds 500m 600m	1:12.17	1:11.6	55.16 1:12.24 1:28.9	Angela Wright Ovrill Dwyer-Brown Ovrill Dwyer-Brown	3-13-82 3-2-84 1983
600 yds 800m 880 Yds	1:20.16	1:19.6	1:20.16 2:09.03 2:13.09	Ovrill Dwyer-Brown Kelley Hackler Janette Wood	1983 2-11-84 1982
1,000m 1,000 Yds 1,500m	2:45.54 2:31.54 4:24.34	2:45.3 2:31.3 4:24.1	2:43.08 2:31.73 4:17.73	Nancy Rettie Margaret Coomber Nancy Rettie	3-09-85 3-13-82 3-2-85
2,000m 3,000m Mile	9:25.00 4:44.34	9:24.4 4:44.1	6:18.98 9:55.9 4:45.79	Gale Grant Gale Grant Margaret Coomber	3-07-80 1981 2-11-84
5,000m Two Mile Three Mile	10:05.00	10:04.4	17:06.0 10:27.08 15:59.94	Darien Andreu Darien Andreu Darien Andreu	1981 2-20-82 2-19-82
4 x 176y Relay 4 x 200m Relay			1:18.18 1:36.80	Kim Parrish, Marita Payne, Alice Bennett, Randy Givens Janet Davis, Michelle Finn, Marita Payne, Randy Givens	1982 1984
4 x 220y Relay** 4 x 400m Relay			1:36.8 3:37.47	Janet Davis, Marita Payne, Michelle Finn, Randy Givens Janet Davis, Janet Levy, Ovrill Dwyer-Brown, Brenda Cliette	2-03-84 3-10-84
4 x 440y Relay 4 x 800 Meter Relay			3:39.11 8:38.34	Janet Davis, Marita Payne, Janet Levy, Ovrill Dwyer-Brown Kelley Hackler, Nancy Rettie Brenda Moore, Chris McKay	2-11-84 3-09-85
Two Mile Relay** Distance Medley Relay (Yds)	8:51.80	8:51.6	8:47.27 11:55.3	Margaret Coomber, Carla Borovicka, Janette Wood, Ovrill Dwyer-Brown Janette Wood, Scooby Golden, Gale Grant, Margaret Coomber	3-13-83 1981
Long Jump High Jump Shot Put	6.17 1.81 15.30		21-0 6-0 46-10	Esmeralda Garcia Wendy Markham Vickie Smith	3-15-1986 1983 1977
Triple Jump*** Pentathlon	12.40		44-4 3432	Esmeralda Garcia Margaret Moynihan	3-8-85 2-21-81

* - Ties American Record
 ** - National Collegiate Record
 *** - World Record

1986 Women's Results

Indoor Season (0-3)

	FSU	OPP
Florida Open		Unscored
Milrose Games		Unscored
LSU Open		Unscored
Florida Invitational		Unscored
Florida Open		Unscored
LSU Triangular	3rd	
Louisiana State	32	66
Alabama	32	53
Florida Fast Time		Unscored
NCAA Indoor Champs.	6th	

Outdoor Season (14-0-1)

	FSU	OPP		
FAMU Relays		Unscored	Tennessee	68.5 50
Domino Pizza Relays		Unscored	Indiana	68.5 50
Florida Relays		Unscored	Western Illinois	68.5 46
Tampa Invitational	1st		Kentucky	68.5 36
Florida	161	116	Missouri	68.5 31.5
Auburn	161	110	Miami	68.5 29
Florida A&M	161	58	Western Michigan	68.5 11
Eastern Airlines Inv.		Unscored	Northwestern	68.5 10
Martin Luther King		Unscored	Ohio	68.5 2
Springtime Invitational		Unscored	Florida All-Comers	Unscored
Nat'l Inv. Champs.	1st (Tie)		Gatorade Classic	Unscored
Wisconsin	68.5	68.5	Seminole Twilight	Unscored
Purdue	68.5	61	NCAA Championships	14th
Illinois	68.5	53.5		

Outdoor Record Book

NCAA Qualifying (FAT) (MT)	1986 Women's Bests	FSU Outdoor	Mike Long Track	Collegiate	American	World
100 Meters (11.48) (11.2)	11.20 Michelle Finn National Invitational May 4	11.20 Michelle Finn 1986	11.27 Randy Givens Florida State 1984	10.94 Diane Williams Cal-State-LA 1983	10.76 Evelyn Ashford USA 1984	10.76 Evelyn Ashford USA 1984
200 Meters (23.30) (23.0)	22.95 Michelle Finn Tampa Inv. April 12	22.31 Randy Givens 1983	23.08 Pauline Davis Alabama 1986	22.17 Merlene Ottey Nebraska 1982	21.81 Valerie Brisco-Hooks West Coast AC 1984	21.71 Marita Koch GDR 1979
400 Meters (53.00) (52.7)	53.39 Janet Davis Tampa Invitational April 12	49.91 Marita Payne 1984	52.4 Marita Payne Florida State 1983	49.91 Marita Payne Florida State 1984	48.83 Valerie Brisco-Hooks West Coast AC 1984	47.60 Jarmila Kratochvilova CZE 1985
800 Meters (2:05.50) (2:05.3)	2:08.6 Jennifer Jonas Eastern Airlines Inv. April 19	2:04.6 Ovriell Dwyer-Brown 1982	2:03.8 Linda Detiefsen Athletics West 1986	1:58.33 Claudette Groenendaal Oregon 1985	1:56.90 Mary Slaney AW 1985	1:53.28 Jarmila Kratochilova CZE 1983
1,500 Meters (4:20.50) (4:20.3)	4:23.50 Jeannie Messinese Florida Relays March 29	4:18.56 Nancy Rettie 1985	4:17.21 Liz Lynch Unattached 1985	4:05.88 Leann Warren Oregon 1982	3:57.12 Mary Slaney AW 1983	3:52.47 Tatyana Kazankina USSR 1980
3,000 Meters (9:24.00) (9:23.7)	N/A	9:22.94 Margaret Coomber 1984	8:47.73 Wendy Sly Great Britain 1984	8:49.64 Cathy Branta Wisconsin 1985	8:25.83 Mary Slaney AW 1982	8:22.62 Tatyana Kazankina USSR 1984
5,000 Meters (16:20.24) (16:20.0)	N/A	16:39.4 Darien Andreu 1981	16:00.68 Patti Sue Plumer Puma T.C. 1986	15:07.56 Cathy Branta Wisconsin 1985	15:06.53 Mary Slaney AW 1985	14:37.33 Ingrid Kristiansen NOR 1986
10,000 Meters (34:10.24) (34:10.0)	N/A	34:42.6 Darien Andreu 1981	34:42.6 Darien Andreu Florida State 1981	32:32.75 Stephanie Herbst Wisconsin 1986	31:35.3 Mary Slaney AW 1982	30:13.74 Ingrid Kristiansen NOR 1986
100-Meter Hurdles (13.65) (13.3)	13.77 Ann Girvan Springtime Inv. April 26	13.42 Tonja Brown 1982	13.2 Rhonda Blanford Nebraska 1985	12.84 Benita Fitzgerald -Brown Tennessee 1983	12.79 Stephanie Hightower Naturite TC 1982	12.26 Yordanka Dankova BUL 1986
400-Meter Hurdles (58.50) (58.2)	1:01.65 Fran Gordon National Inv. May 3	56.46 Tonja Brown 1982	56.08 Angela Wright -Scott Bud Light TC 1984	54.61 Nawal El Moutawakil Iowa State 1984	54.38 Judi Brown-King AW 1985	52.94 Marina Stepanova USSR 1986
400-Meter Relay (45.00) (44.7)	44.12 Janet Levy, Michelle Finn, Andrea Thompson, Janet Davis NCAA Champ. (trials) June 5, 1986	42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens 1983	43.9 Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens Florida State 1984	42.94 Florida State 1983	41.61 National Team 1983	41.35 GDR 1983
1,600-Meter Relay (3:36.24) (3:36.0)	3:34.98 Janet Levy, Michelle Finn, Carol Samuels, Janet Davis NCAA Champ. (finals) June 6, 1986	3:28.46 Randy Givens, Brenda Cliette, Angela Wright, Marita Payne	3:36.14 Marita Payne, Randy Givens, Janet Levy, Brenda Cliette Florida State 1984	3:28.46 Florida State 1983	3:18.29 National Team 1984	3:15.92 GDR 1983
Long Jump (6.32)	21-6 ³ / ₄ Esmeralda Garcia Seminole Twilight May 31	21-7 Esmeralda Garcia 1985	21-6 ³ / ₄ Esmeralda Garcia Florida State 1986	23-9 Jackie Joyner UCLA 1986	23-9 Jackie Joyner UCLA 1985	24-5 ¹ / ₂ Heike Dreschler EG 1986
Triple Jump (12.69)	44-10 ³ / ₄ Esmeralda Garcia NCAA Champ. (trials) June 3	44-10 ³ / ₄ Esmeralda Garcia 1986	43-6 ¹ / ₂ Esmeralda Garcia Florida State 1986	44-10 ³ / ₄ Esmeralda Garcia Florida State 1986	44-9 ³ / ₄ Terri Turner Texas 1986	44-10 ³ / ₄ Esmeralda Garcia BRAZ 1986
High Jump (1.83)	5-6 LaTashia Crews Eastern Airlines Inv. April 19	6-1 ¹ / ₂ Wendy Markham 1983	6-0 ¹ / ₂ Bridgette Reid Canada 1984	6-5 Maryse Ewanje-Epee' Arizona 1985	6-7 Louise Ritter Pacific Coast TC 1983	6-9 ³ / ₄ Stefka Kostadinova BUL 1986
Shot Put (15.56)	39-2 ¹ / ₄ LaTashia Crews Tampa Invitational April 12	46-10 ¹ / ₂ Quenna Smith 1977	47-8 ¹ / ₂ Meg Ritchie Bud Light TC 1984	62-3 ³ / ₄ Meg Ritchie Arizona 1983	62-9 ¹ / ₄ Ramona Pagel ADI 1985	73-11 Natalya Lisovskhya USSR 1984
Discus (51.36)	N/A	148-7 Donna Williams 1984	189-3 Kathy Landry Alabama 1986	221-5 Meg Ritchie Arizona 1983	216-10 Carol Cady STC 1986	244-7 Zdenka Silhava CZE 1984
Javelin (52.00)	172-1 ¹ / ₂ Kari Keith Eastern Airlines Inv. April 19	172-1 ¹ / ₂ Kari Keith 1986	182-8 Susie Ray Florida 1985	211-5 Karin Smith Cal Poly-SLO 1981	227-5 Kate Schmidt Pacific Coast TC 1977	254-1 Fatima Whitbread GB 1986
Heptathlon (5,350)	N/A	N/A	N/A	7161 Jackie Joyner UCLA 1986	7161 Jackie Joyner W/C 1986	7161 Jackie Joyner USA 1986

ALL-TIME OUTDOOR MARKS

100 Meters

- 11.20 Michelle Finn, National Invitational Championships, Indianapolis, Indiana, May 4, 1986
- 11.26 Michelle Finn, NCAA Championships (finals), Austin, Texas, May 30, 1985
- 11.27 Randy Givens, Olympic Preview Invitational, Tallahassee, Fla., April 21, 1984
- 11.28 Randy Givens, Penn Relays (semi-finals), Philadelphia, Pa., April 28, 1983
- 11.30 Brenda Cliette, Tom Black Classic, Knoxville, Tenn., May 21, 1983
- 11.31 Michelle Finn, Gatorade Classic, Knoxville, Tenn., May 11, 1985
- 11.34 Randy Givens, World University Games, Edmonton, Canada, July 8, 1983
- 11.34 Michelle Finn, Eastern Airlines Invitational, Tallahassee, Fla., April 20, 1985
- 11.35 Randy Givens, U.S. Olympic Trials, Los Angeles, Ca., June 18, 1984
- 11.36 Randy Givens, Pepsi-UCLA Invitational, Los Angeles, Ca., May 15, 1983
- 11.36 Brenda Cliette, NCAA Championships (semi-finals), Houston, Texas, June 1, 1983

200 Meters

- 22.31 Randy Givens, TAC Nationals (finals), Indianapolis, Ind., June 19, 1983
- 22.36 Randy Givens, Olympic Games, Los Angeles, Ca., August 9, 1984
- 22.47 Randy Givens, World University Games (finals), Edmonton, Canada, July 10, 1983
- 22.3(m) Randy Givens, Pepsi-UCLA Invitational, Los Angeles, Ca., May 16, 1982
- 22.59 Randy Givens, USA-GDR Meet (quarter-finals), Los Angeles, Ca., July 8, 1983
- 22.59 Randy Givens, NCAA Championships (finals), Provo, Utah, June 5, 1983
- 22.59 Randy Givens, U.S. Olympic Trials, Los Angeles, Ca., June 22, 1984
- 22.60 Randy Givens, NCAA Championships (finals), Houston, Texas, June 4, 1983
- 22.62 Marita Payne, World University Games, Edmonton, Canada, July 10, 1983
- 22.66 Randy Givens, U.S. Olympic Trials, Los Angeles, Ca., June 22, 1984

400 Meters

- 49.91 Marita Payne, Olympic Games (finals), Los Angeles, Ca., August 6, 1984
- 50.06 Marita Payne, World Track & Field Championships (finals), Helsinki, Finland, July 10, 1983
- 50.10 Marita Payne, International Meet, Cologne, West Germany, August 26, 1984
- 50.62 Marita Payne, Ivo Van Damme Meet, Brussels, Belgium, August 24, 1984
- 50.77 Marita Payne, Canadian National Championships, Winnipeg, Manitoba, Canada, July 1, 1984
- 50.78 Marita Payne, World Track & Field Championships (semi-finals), Helsinki, Finland, July 9, 1983
- 50.94 Marita Payne, Olympic Games (semi-finals), Los Angeles, Ca., August 5, 1984
- 51.01 Marita Payne, Budapest Grand Prix, Budapest, Hungary, July 29, 1983
- 51.05 Marita Payne, NCAA Championships (finals), Eugene, Ore., June 2, 1984
- 51.06 Marita Payne, ISTAF Meet, West Berlin, West Germany, August 17, 1984

800 Meters

- 2:04.6(m) Ovrill Dwyer-Brown, Tom Black Classic, Knoxville, Tenn., May 20, 1982
- 2:05.2(m) Ovrill Dwyer-Brown, Pacific Coast Invitational, Berkeley, Ca., May 14, 1982
- 2:05.3(m) Ovrill Dwyer-Brown, Pepsi-UCLA Invitational, Los Angeles, Ca., May 15, 1983
- 2:06.6(m) Ovrill Dwyer-Brown, Lady Gator Relays, Gainesville, Fla., March 19, 1983
- 2:06.6(m) Scooby Golden, Cavalier Invitational, Charlottesville, Va., May 14, 1983
- 2:06.86 Nancy Rettie, Meet of Champions, Houston, Tx., May 25, 1985
- 2:06.9(m) Ovrill Dwyer-Brown, FSU Five-Way Meet, Tallahassee, Fla., April 9, 1983
- 2:07.04 Nancy Rettie, Florida Invitational, Gainesville, Fla., May 4, 1985
- 2:07.2(m) Janette Wood, Cavalier Invitational, Charlottesville, Va., May 14, 1983

1,500 Meters

- 4:18.56 Nancy Rettie, NCAA Championships (finals), June 1, 1985
- 4:19.63 Nancy Rettie, NCAA Championships (trials), Austin, Tx., May 30, 1984
- 4:19.5(m) Margaret Coomber, Cavalier Invitational, Charlottesville, Va., May 15, 1982
- 4:19.92 Carla Borovicka, NCAA Championships (semi-finals), Eugene, Ore., May 28, 1984
- 4:20.65 Nancy Rettie, NCAA Championships (semi-finals), Eugene, Ore., May 28, 1984
- 4:20.80 Carla Borovicka, Gatorade Classic, Knoxville, Tenn., May 19, 1984
- 4:21.40 Margaret Coomber, NCAA Championships (semi-finals), Houston, Texas, June 1, 1983
- 4:21.6(m) Margaret Coomber, Cavalier Invitational, Charlottesville, Va., May 14, 1983
- 4:22.4(m) Margaret Coomber, Lady Gator Relays, Gainesville, Fla., March 20, 1982
- 4:22.5(m) Carla Borovicka, Southeastern Athletics Congress Championships, Tallahassee, Fla., April 26, 1984

3,000 Meters

- 9:22.94 Margaret Coomber, NCAA Championships (semi-finals), Eugene, Ore., May 28, 1984
- 9:26.26 Margaret Coomber, LSU Invitational, Baton Rouge, La., April 14, 1984
- 9:27.4(m) Margaret Coomber, NCAA Championships (finals), Eugene, Ore., May 30, 1984
- 9:34.15 Carla Borovicka, LSU Invitational, Baton Rouge, La., April 13, 1984
- 9:36.5 Carla Borovicka, Cavalier Classic, Charlottesville, Va., May 13, 1984

5,000 Meters

- 16:39.54 Darian Andreu, Lady Gator Relays, Gainesville, Fla., March 21, 1981
- 16:51.5(m) Darian Andreu, FSU-Florida Dual Meet, Gainesville, Fla., May 1, 1982
- 16:54.36 Darian Andreu, Texas Relays, Austin, Tx., April 3, 1981
- 17:03.7(m) Darian Andreu, FSU-Alabama-Arkansas, Tuscaloosa, Ala., April 17, 1982
- 17:14.2(m) Darian Andreu, AIAW Championships, Eugene, Ore., May, 1980

10,000 Meters

- 34:42.6(m) Darian Andreu, FSU Four Way Meet, Tallahassee, Fla., April 24, 1981
- 34:47.50 Darian Andreu, AIAW Nationals (finals), Austin, Tx., May 29, 1982
- 35:11.7(m) Darian Andreu, TAC nationals, Sacramento, Ca., June 19, 1981
- 35:52.2(m) Janet Bassford, Cavalier Invitational, Charlottesville, Va., May 16, 1982
- 36:07.40 Janet Bassford, Georgia Invitational, Athens, Ga., March 26, 1982

100 Meter Hurdles

- 13.42 Tonja Brown, NCAA, Championships (finals), Provo, Utah, June 3, 1982
- 13.2(m) Tonja Brown, Spec Townes Invitational, Athens, Ga., May 8, 1982
- 13.52 Tonja Brown, AIAW Championships (quarter-finals), Austin, Tx., May 27, 1981
- 13.58 Tonja Brown, AIAW Championships (semi-finals), Austin, Tx., May 29, 1981
- 13.71 JoAnn Brown, NCAA Championships (semi-finals), Eugene, Ore., May 29, 1984
- 13.72 JoAnn Brown, LSU Invitational, Baton Rouge, La., April 14, 1984
- 13.77 Tonja Brown, UCLA-Pepsi Invitational, Los Angeles, Ca., May 16, 1982
- 13.77 Ann Girvan, Springtime Invitational, April 26, 1986
- 13.78 JoAnn Brown, Bulldog Babe Invitational, Athens, Ga., March 31, 1984
- 13.78 JoAnn Brown, Meet of Champions, Houston, Tx., May 25, 1985

400 Meter Hurdles

- 56.46 Tonja Brown, NCAA Championships (finals), Provo, Utah, June 4, 1982
- 56.74 Angela Wright, TAC Nationals (semi-finals), Indianapolis, Ind., June 17, 1983
- 56.94 Ovrill Dwyer-Brown, TAC Nationals (finals), Indianapolis, Ind., June 18, 1983
- 57.05 Angela Wright, UCLA-Pepsi Invitational, Los Angeles, Ca., May 15, 1983
- 57.27 Angela Wright, NCAA Championships (finals), Houston, Tx., June 3, 1983
- 57.33 Angela Wright, TAC Nationals (finals), Indianapolis, Ind., June 18, 1983
- 57.49 Ovrill Dwyer-Brown, Olympic Preview Invitational, Tallahassee, Fla., April 21, 1984
- 57.53 Tonja Brown, Texas Relays, Austin, Tx., April 3, 1981
- 57.62 Angela Wright, Penn Relays (semi-finals), Philadelphia, Pa., April 28, 1983
- 57.70 Angela Wright, Sports Festival, Colorado Springs, Co., July 1, 1983

4x100 Meter Relays

- 42.94 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, NCAA Championships (finals), Houston, Tx., June 4, 1983
- 43.52 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, Pepsi-UCLA Invitational, Los Angeles, Ca., May 14, 1983
- 43.58 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, LSU Invitational, Baton Rouge, La., April 17, 1983
- 43.4(m) Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens, Calvier Classic, Charlottesville, Va., May 13, 1984
- 43.69 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, NCAA Championships (semi-finals), Houston, Tx., June 2, 1983
- 43.70 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, Penn Relays (finals), Philadelphia, Pa., April 29, 1983
- 42.72 Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens, NCAA Championships (finals), Eugene, Ore., June 2, 1983
- 43.73 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, NCAA Championships (finals), Provo, Utah, June 4, 1982
- 43.74 Angela Wright, Marita Payne, Brenda Cliette, Randy Givens, NCAA Championships (semi-finals), Provo, Utah, June 2, 1982
- 43.98 Esmeralda Garcia, Michelle Finn, Andrea Thompson, Janet Levy, NCAA Championships (finals), Austin, Tx., June 1, 1985

4x400 Meter Relays

- 3:28.46 Randy Givens, Brenda Cliette, Angela Wright, Marita Payne, NCAA Championships (finals), Houston, Tx., June 3, 1983
- 3:28.70 Angela Wright, Ovrill Dwyer-Brown, Randy Givens, Marita Payne, NCAA Championships (finals), Provo, Utah, June 5, 1982
- 3:32.28 Randy Givens, Ovrill Dwyer-Brown, Randy Givens, Marita Payne, Penn Relays (finals), Philadelphia, Pa., April 30, 1983
- 3:33.72 Angela Wright, Ovrill Dwyer-Brown, Randy Givens, Marita Payne, Penn Relays (finals), Philadelphia, Pa., April 23, 1982
- 3:33.89 Brenda Cliette, Randy Givens, Marita Payne, Janet Levy, Penn Relays, Philadelphia, Pa., April 27, 1984
- 3:34.06 Angela Wright, Ovrill Dwyer-Brown, Scooby Golden, Marita Payne, NCAA Championships (semi-finals), Provo, Utah, June 3, 1982
- 3:34.74 Jennifer White, Randy Givens, Ovrill Dwyer-Brown, Marita Payne, NCAA Championships (semi-finals), Houston, Tx., June 1, 1983
- 3:34.80 Angela Wright, Scooby Golden, Janette Wood, Marita Payne, AIAW Championships (finals), Austin, Tx., May 30, 1981
- 3:34.97 Janet Levy, Michelle Finn, Carol Samuels, Janet Davis, NCAA Championships, (Trials), June 5, 1986
- 3:51.17 Samantha Green, Janet Levy, Pam Hawkins, Esmeralda Garcia, NCAA Championships (trials), Austin, Tx., May 31, 1985

Long Jump

- 21-7 Esmeralda Garcia, NCAA Championships (finals), Austin, Tx., June 1, 1985
- 21-6¾ Esmeralda Garcia, Seminole Twilight, Tallahassee, Florida May 31, 1985
- 21-6½ Esmeralda Garcia, Lady Gator Relays, Gainesville, Fla., March 21, 1981
- 21-3½ Esmeralda Garcia, NCAA Championships (trials), Austin, Tx., May 30, 1985
- 20-10½ Esmeralda Garcia, NCAA Championships (trials), Austin, Tx., May 30, 1985
- 20-10½ Esmeralda Garcia, NCCA Championships (finals), Austin, Tx., June 1, 1985
- 20-10 Esmeralda Garcia, Meet of Champions, Houston, Tx., May 25, 1985
- 20-8½ Esmeralda Garcia, AIAW Championships (finals), Austin, Tx., May 29, 1983
- 20-8½ Esmeralda Garcia, National Invitation Championships, Indianapolis, Indiana, May 31, 1985
- 20-6½ Esmeralda Garcia, Eastern Airlines Invitational, Tallahassee, Fla., April 20, 1985

Triple Jump

- 44-10¾ Esmeralda Garcia, NCAA Championships (semi-finals), Indianapolis, Indiana, June 5, 1986
- 44-1¼ Esmeralda Garcia, NCAA Championships (semi-finals), Indianapolis, Indiana, June 5, 1986
- 43-7½ Esmeralda Garcia, NCAA Championships (finals), Austin, Texas, June 1, 1985
- 43-6¾ Esmeralda Garcia, NCAA Championships (finals), Indianapolis, Indiana, June 7, 1986
- 43-6½ Esmeralda Garcia, Seminole Twilight, Tallahassee, Florida, May 31, 1986

High Jump

- 6-1½ Wendy Markham, NCAA Championships (finals), Houston, Texas, June 4, 1983
- 6-0½ Wendy Markham, TAC Nationals (finals), Indianapolis, Ind., June 18, 1983
- 6-0¼ Wendy Markham, NCAA Championships (finals), Provo, Utah, June 5, 1982
- 6-0 Wendy Markham, Penn Relays (finals), Philadelphia, Pa., April 30, 1983
- 5-11¾ Wendy Markham, Lady Gator Relays, Gainesville, Fla., March 19, 1983
- 5-11½ Wendy Markham, Sports Festival, Colorado Springs, Co., July 3, 1983
- 5-11¼ Wendy Markham, Olympic Preview Invitational, Tallahassee, Fla., April 21, 1984
- 5-11 Wendy Markham, Cavalier Invitational, Charlottesville, Va., May 16, 1982
- 5-10¾ Wendy Markham, TAC Nationals, Knoxville, Tenn., June 19, 1982
- 5-10¾ Wendy Markham, NCAA Championships (finals), Eugene, Ore., June 2, 1984

Shot Put

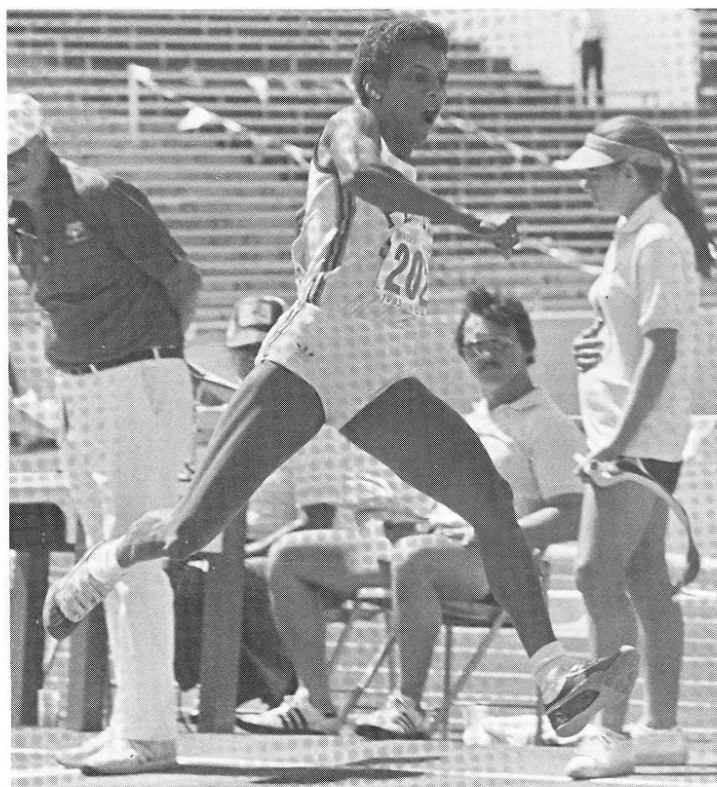
- 46-10½ Vickie Smith, N/A
- 46-7½ Vickie Smith, Becky Boone Relays, Richmond, Ky., April 23, 1977
- 46-6 Vickie Smith, FSU Invitational, Tallahassee, Fla., April 24, 1977
- 46-3 Donna Williams, LSU Invitational, Baton Rouge, La., April 14, 1984
- 45-11 Vickie Smith, Tennessee Women's Invitational, Knoxville, Tenn., Feb. 26, 1977

Discus

- 148-7 Donna Williams, Gatorade Classic, Knoxville, Tn., May 18, 1984
- 147-5 Donna Williams, Olympic Preview Invitational, Tallahassee, Fla., April 21, 1984
- 145-2 Rena Antanelis, Lady Gator Relays, Gainesville, Fla., March 19, 1983
- 143-9 Rena Antanelis, Gatorade Classic, Knoxville, Tn., May 10, 1985
- 143-7 Rena Antanelis, Eastern Airlines Invitational, Tallahassee, Fla., April 20, 1985

Javelin

- 172-1½ Kari Keith, Eastern Airlines Invitational, Tallahassee, Florida, April 19, 1986
- 171-5 Kari Keith, Domino's Pizza Relays, Tallahassee, Florida, March 22, 1986
- 171-4 Kari Keith, NCAA Championships (semi-finals), Indianapolis, Indiana, June 4, 1986
- 154-9 Nancy Townsend, N/A
- 151-10 Kari Keith, Eastern Airlines Invitational, Tallahassee, Florida, April 19, 1986



Esmeralda Garcia holds 16 FSU all-time marks.

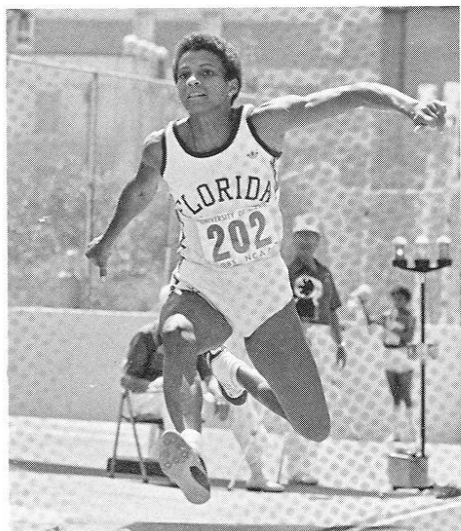
NATIONAL CHAMPS

Nobody Has Done It Better

Following Florida State's quick rise to its national outdoor championship in 1984, many track and field analysts expected the program to quickly retreat to an anonymous level. Why? Simply because the athletes responsible for 129 of the winning 145 points had graduated and were now but names in the record books.

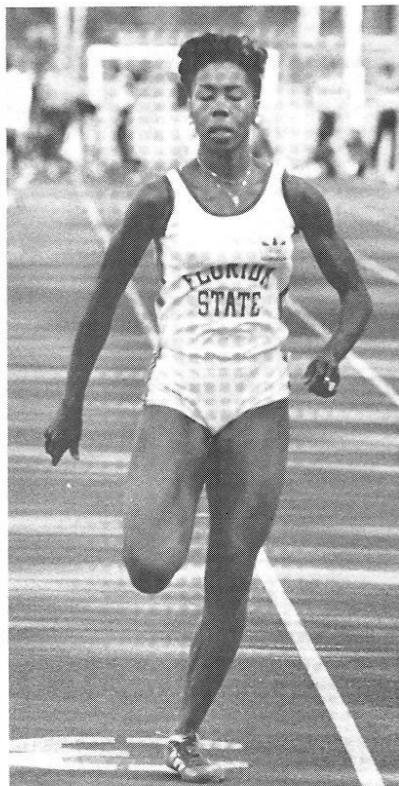
Nobody expected FSU to win the indoor national championship on March 9, 1985. With a few athletes left over from possibly the greatest sprinting team ever assembled on the college level, and with a newcomer who really wasn't a newcomer at all, Florida State won its national championship in less than a year. The rise of Michelle Finn, who was a surprise winner at 55 meters, was clearly a reason for FSU success as was Esmeralda Garcia, who had returned to Florida State following a three year absence. The time off didn't seem to hinder Garcia as she promptly went out and set the world record in the triple jump. Just six athletes totaled enough points for FSU to win.

To prove that it wasn't a fluke, the Lady Seminoles came powering back to the Outdoor NCAA Championships and ended in a tie with LSU for second place. Finn, just a sophomore, won her second individual national title in the 100 meters while Garcia doubled by winning the triple jump again. Finn went on to finish second in the 200 while Garcia took fifth in the 100 and third in the long jump. The two weren't done until they had each run a leg on FSU's 400 meter relay.



Esmeralda Garcia
1985 - Indoor Triple Jump (44-4)
1985 - Triple Jump (43-7½)

Back in 1980, when no one in women's track and field circles knew much about the Lady Seminoles, the program began to grow. Led by the late Roger Smith and his capable assistant Gary Winckler, the two recruited the core of what would become the 1984 national championship team. In that first year alone, FSU caught the nation



Michelle Finn
1985 - Indoor 55 meter Dash (6.57)
1985 - 100 Meter Dash (11.06w)

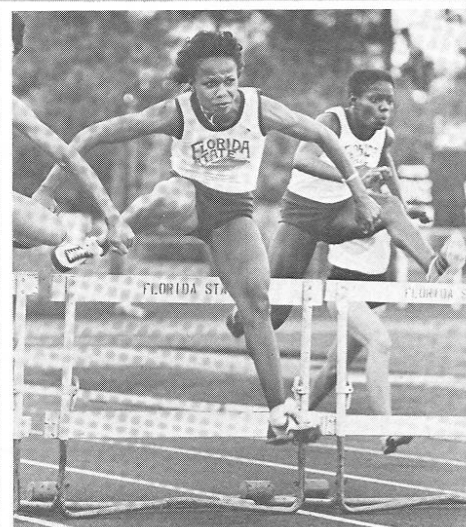
Relays

- 1981 Indoor 800 Meter Relay (Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens) 1:36.88
- 1981 Outdoor 400 Meter Relay (Esmeralda Garcia, Alice Bennett, Marita Payne, Randy Givens) 44.35
- 1982 Indoor Two-Mile Relay (Janette Wood, Ovrill Dwyer-Brown, Carla Borovicka, Margaret Coomber) 8:47.27
- 1983 Outdoor 400 Meter Relay (Angela Wright, Marita Payne, Brenda Cliette, Randy Givens) 42.94
- 1984 Outdoor 1,600 Meter Relay (Angela Wright, Marita Payne, Brenda Cliette, Randy Givens) 3:28.46
- 1984 Outdoor 400 Meter Relay (Michelle Finn, Marita Payne, Brenda Cliette, Randy Givens) 43.72
- 1984 Outdoor Mile Relay (Janet Davis, Brenda Cliette, Randy Givens, Marita Payne) 3:28.93

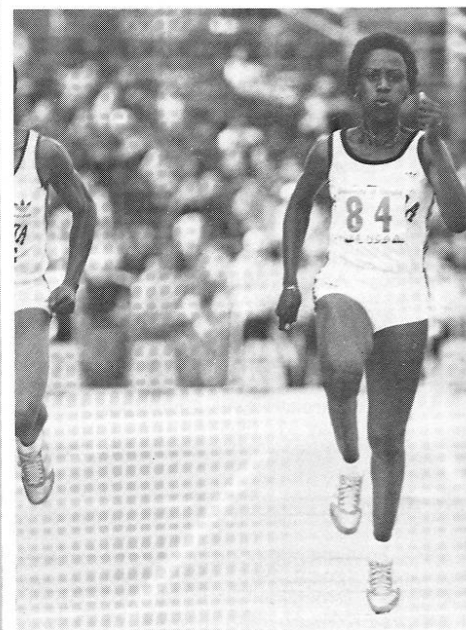
entirely by surprise and finished third. By 1983, FSU had continued to prove that it was among the best programs in the nation after a pair of second place finishes under Winckler, who had taken over the reins of the program. The national championship in 1984 was nothing more than the fruits of a strong foundation that had been built. Over the six year period, from 1981 until 1986, Florida State produced 53 indoor All-Americans, 64 outdoor All-Americans and a cross country All-American.

During a season of rebuilding in 1986, the Lady Seminoles placed sixth in the indoor championships and 14th in the outdoor championships.

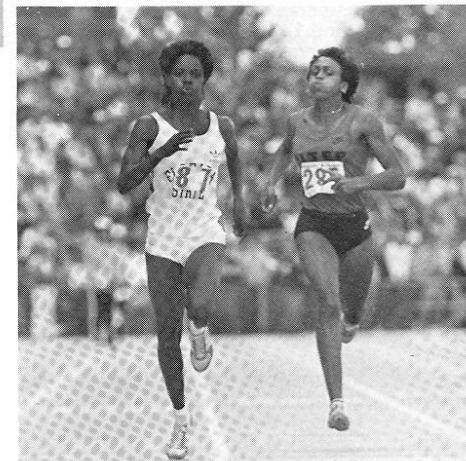
The tradition continues under Terry Long.



Tonja Brown
1982 - 400 Meter Hurdles (56.46)



Randy Givens
1984 - 100 Meter Dash (11.06w)
1984 - 200 Meter Dash (22.87)



Marita Payne
1982 - 400 Meter Dash (52.01)
1984 - 400 Meter Dash (51.05)

ALL-AMERICANS

By Athlete

Darien Andreu (1978-81)

1981
CROSS COUNTRY
1981
INDOOR
5,000 Meters (5th)

Alice Bennett (1979-82)

1981
INDOOR
Long Jump (4th)
800 Meter Relay (1st)
OUTDOOR
400 Meter Relay (1st)
800 Meter Medley Relay (6th)

1982
INDOOR
880 Yard Relay (2nd)
OUTDOOR
Long Jump (8th)
400 Meter Relay (2nd)

Carla Borovicka (1982-84)

1982
INDOOR
Two-Mile Relay (1st)
1984
INDOOR
1,500 Meters (6th)

Tonja Brown (1978-82)

1982
INDOOR
60 Yard Hurdles (7th)
Mile Relay (6th)
OUTDOOR
100 Meter Hurdles (4th)
400 Meter Hurdles (1st)

Ovrill Dwyer-Brown (1982-84)

1982
INDOOR
600 Yard Run (5th)
Two-Mile Relay (1st)
Mile Relay (6th)
OUTDOOR
1,600 Meter Relay (2nd)
1983
OUTDOOR
400 Meter Hurdles (8th)
1984
INDOOR
1,600 Meter Relay (2nd)
OUTDOOR
400 Meter Hurdles (6th)

Brenda Cliette (1983-84)

1983
OUTDOOR
100 Meters (3rd)
200 Meters (4th)
400 Meter Relay (1st)
1,600 Meter Relay (1st)
1984
INDOOR
1,600 Meter Relay (2nd)
OUTDOOR
100 Meters (2nd)
200 Meters (2nd)
400 Meter Relay (1st)
Mile Relay (1st)

Margaret Coomber (1981-84)

1981
INDOOR
1,000 Meters (3rd)
1982
INDOOR
1,000 Yards (8th)
Two-Mile Relay (1st)
OUTDOOR
1,500 Meters (7th)
1984
INDOOR
1,500 Meters (5th)

Janet Davis (1984)

1984
INDOOR
1,600 Meter Relay (2nd)
OUTDOOR
200 Meters (6th)
Mile Relay (1st)

Carolyn Faison (1982)

1982
INDOOR
60 Yard Hurdles (6th)

Michelle Finn (1984)

1984
INDOOR
55 Meters (4th)
OUTDOOR
100 Meters (4th)
400 Meter Relay (1st)

1985
INDOOR
55 Meters (1st)
OUTDOOR
100 Meters (1st)
200 Meters (2nd)
400 Meter Relay (3rd)

1986
INDOOR
55 Meters (2nd)
OUTDOOR
100 Meters (5th)
200 Meters (7th)
400 Meter Relay (5th)

Esmeralda Garcia (1981)

1981
INDOOR
Long Jump (2nd)
60 Meters (2nd)
800 Meter Relay (1st)
OUTDOOR
Long Jump (2nd)
100 Meters (5th)
400 Meter Relay (1st)
800 Meter Medley Relay (6th)
1985
INDOOR
Triple Jump (1st)
OUTDOOR
Triple Jump (1st)
Long Jump (2nd)
100 Meters (5th)
400 Meter Relay (3rd)
1986
INDOOR
Long Jump (2nd)
OUTDOOR
Triple Jump (2nd)
400 Meter Relay (5th)

Randy Givens (1981-84)

1981
INDOOR
800 Meter Relay (1st)
OUTDOOR
200 Meters (3rd)
400 Meter Relay (1st)
800 Meter Medley Relay (6th)
1982
INDOOR
300 Yard Dash (2nd)
880 Yard Relay (2nd)
OUTDOOR
100 Meters (7th)
200 Meters (3rd)
400 Meter Relay (2nd)
1,600 Meter Relay (2nd)
1983
OUTDOOR
100 Meters (6th)
200 Meters (3rd)
400 Meter Relay (1st)
1,600 Meter Relay (1st)
1984
OUTDOOR
100 Meters (1st)
200 Meters (1st)
400 Meter Relay (1st)
Mile Relay (1st)

Scooby Golden (1979-82)

1981
INDOOR
1,600 Meter Relay (4th)
OUTDOOR
1,600 Meter Relay (4th)
1982
INDOOR
Mile Relay (6th)

Kelley Hackler (1983-84)

1984
INDOOR
800 Meters (6th)
1985
INDOOR
3,200 Meter Relay (5th)

Janet Levy (1984)

1984
INDOOR
1,600 Meter Relay (2nd)
1985
OUTDOOR
400 Meter Relay (3rd)

Chris McKay

1985
INDOORS
3,200 Meter Relay (5th)

Wendy Markham (1982-84)

1982
OUTDOOR
High Jump (5th), tie
1983
INDOOR
High Jump (3rd)
OUTDOOR
High Jump (2nd)

Brenda Moore

1985
INDOOR
3,200 Meter Relay (5th)

Debbie Moss (1979-81)

1981
INDOOR
1,600 Meter Relay (4th)

Kim Parrish (1982)

1982
INDOOR
880 Yard Relay (2nd)

Marita Payne (1981-84)

1981
INDOOR
800 Meter Relay (1st)
1,600 Meter Relay (4th)
OUTDOOR
400 Meters (2nd)
400 Meter Relay (1st)
1,600 Meter Relay (4th)
800 Meter Medley Relay (6th)
1982
INDOOR
60 Yard Dash (7th)
300 Yard Dash (4th)
880 Yard Relay (2nd)
OUTDOOR
200 Meters (4th)
400 Meters (1st)
400 Meter Relay (2nd)
1,600 Meter Relay (2nd)
1983
OUTDOOR
200 Meters (6th)
400 Meters (5th)
400 Meter Relay 91st
1,600 Meter Relay (1st)
1984
OUTDOOR
200 Meters (3rd)
400 Meters (1st)
400 Meter Relay (1st)
Mile Relay (1st)

Nancy Rettie

1985
INDOOR
1,000 Meters (3rd)
3,200 Meter Relay (5th)

Andrea Thompson

1985
OUTDOOR
400 Meter Relay (3rd)

Janette Wood (1981-82)

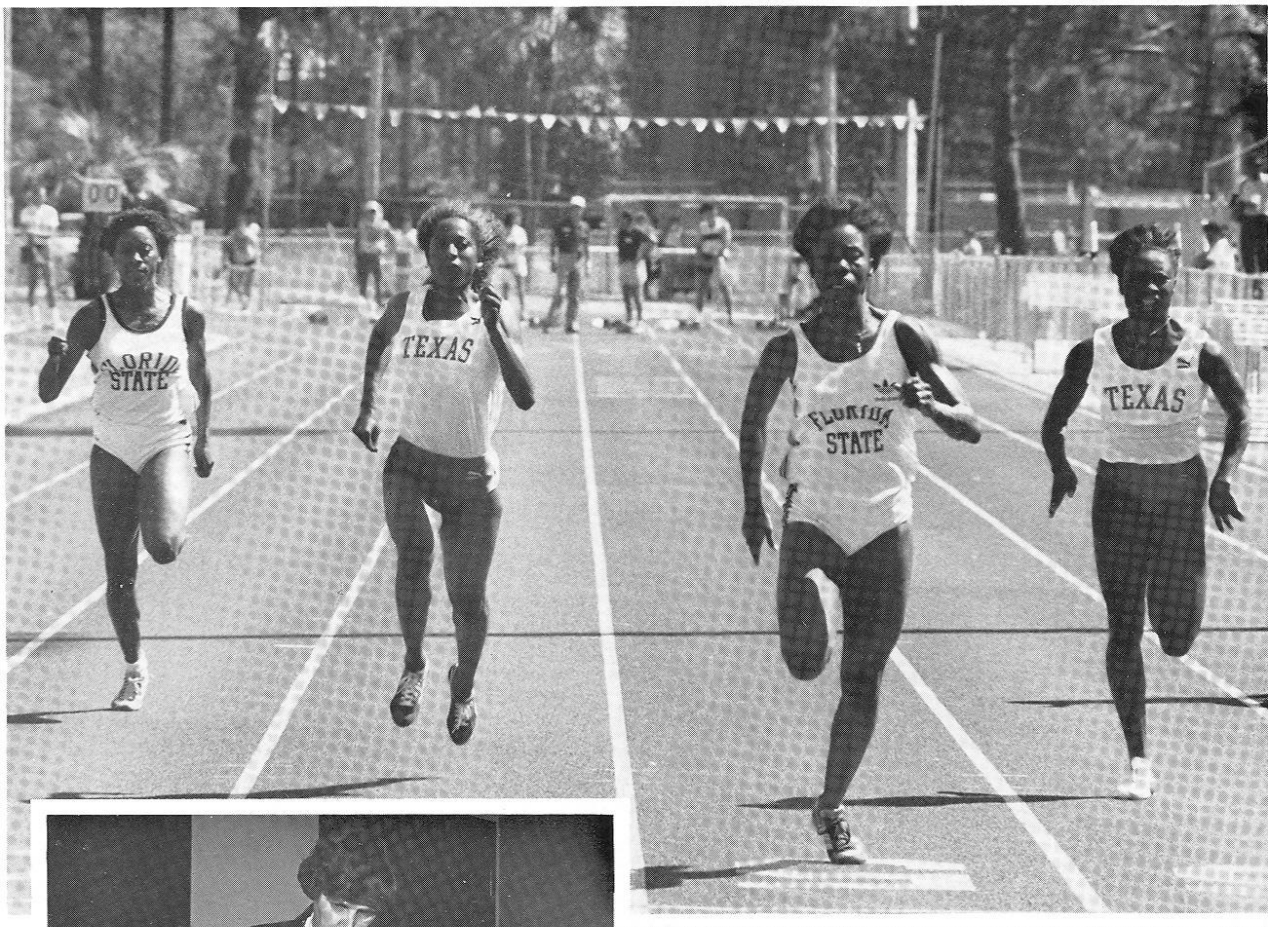
1981
OUTDOOR
1,600 Meter Relay (4th)
1982
INDOOR
Two-Mile Relay (1st)

Angela Wright (1980-83)

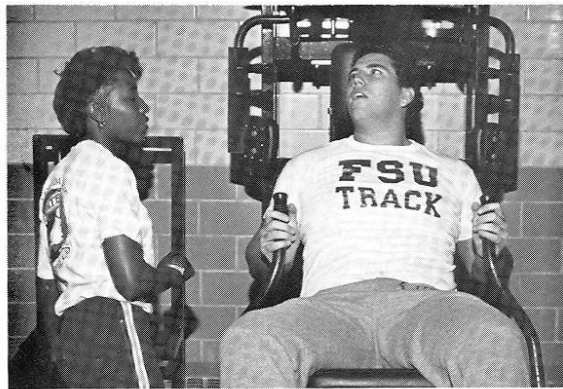
1981
INDOOR
400 Meters (4th)
1,600 Meter Relay (4th)
OUTDOOR
400 Meters (6th)
1,600 Meter Relay (4th)
1982
INDOOR
440 Yards (6th)
Mile Relay (6th)
OUTDOOR
400 Meters (7th)
400 Meter Relay (2nd)
1,600 Meter Relay (2nd)
1983
OUTDOOR
400 Meter Hurdles (3rd)
400 Meter Relay (1st)
1,600 Meter Relay (1st)

Note: All 1981 indoor and outdoor All-America awards are under the AIAW as well as all 1982 indoor awards. Beginning with the 1982 outdoor season, FSU competed in the NCAA meet. Places finished in Championship are in parenthesis.

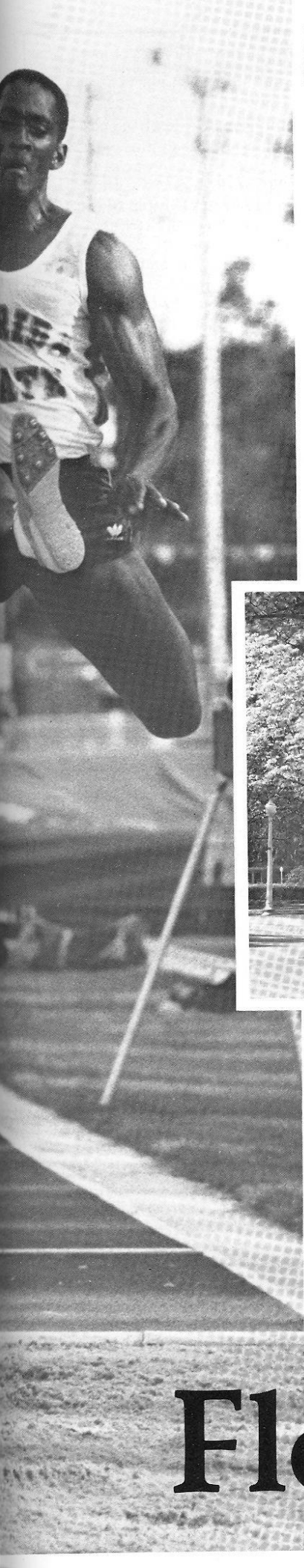
A WORLD CLASS ENVIRONMENT



2.



3.



“Running track at Florida State definitely helped me make it to the Olympics. I can travel anywhere and people recognize the quality of Florida State’s academic and track programs. I still train at FSU because the facilities and coaching is so good.**”**

Walter McCoy
Class of 1981
Olympic Gold Medalist



6.



5.

1. Two-time national champion Michelle Finn defeats Juliet Cuthbert of Texas to win the 100 meter dash champion at prestigious Eastern Airline Invitational hosted by FSU.
2. Academic coordinator Beverly Yerg assists Arthur Blake and Ann Girvan during study hall.
3. Seniors Mike Bell and Janet Levy work out in Florida State’s modern weight training facility located in Tully Gym.
4. Junior Billy Close long jumps at Mike Long Track during the FSU Relays, which has become the south’s largest outdoor meet.
5. Located just a few blocks from the Capitol, the Florida State campus is considered to be one of the most beautiful in the southeast.
6. Eight lane Mike Long Track is one of only a few tracks in the nation which features the running surface reckortan. The rubberized surface is the same that was used at the 1984 Olympic Games in the Los Angeles Coliseum.

Florida State

SEE EXCITING LANDS. PERFECT TECHNICAL SKILLS THAT CAN HELP YOU WITH YOUR CAREER. AND DO ALL THIS WHILE YOU GO TO COLLEGE.

Does this sound like an Armed Forces advertisement? No, it's just the lifestyle that FSU track All-Americans Michelle Finn and Ocky Clark have become accustomed to. Each has logged enough airline mileage to qualify as a frequent flyer. During their careers, Finn and Clark have been invited to participate in meets around the globe in such faraway places as England, West Germany, Cuba, Japan and the Soviet Union.

Of the two, perhaps the most traveled is Finn. She was no stranger to international competition when she chose Florida State over 22 other colleges four years ago as a senior at Orlando Oak Ridge. The high school All-American and state 100-yard dash champion won a spot on the 1983 junior national team that set a junior national world record.

She continued that success early in her career at FSU. During her freshman season, Finn played a key role to the Lady Seminoles' climb to the national championship, placing fourth and ninth in the 100 and 200 meter dashes, respectively. She also ran the lead-off leg on FSU's national champion 100 meter relay team. Finn however was not surprised to score more points in the NCAA meet than any other freshman.

"It's really wasn't a big deal for me to go to the NCAA meet," Finn says. "I was used to running against three of the top sprinters in the country in Randy Givens, Brenda Cliette, and Marita Payne at practice every day. If I had been an athlete from another school on the outside looking in, I wouldn't have wanted to run against Florida State."

Finn made believers of the track establishment by following up her sensational freshman campaign when she won both the NCAA indoor 55 meter and the outdoor 100 meter NCAA titles. Her performance in the indoor nationals helped the Lady Seminoles to their second national title in as many tries and landed her personal invitations to a number of prestigious meets, including the World University Games, where she ran on the gold medal-winning 400 meter relay team.

Finn's competition has learned one thing over the past few years—never count the 21-year-old out of any race. Finn simply thrives on competition. A look at her top five performances reveals that each time occurred in pressure situations against national caliber competition.

"I'm a self motivator," she says. "I'm not afraid of competition; I like it. I do my best when the pressure is on."

Finn placed fifth in the 100 meters at the NCAA Championships last June, somewhat of a disappointment by Finn standards. But, she went on to culminate the season in the Goodwill Games which was televised by

"I need to have good spring and summer season. I would like to add a couple more NCAA titles and All-America awards."

Already Finn is ranked sixth and seventh in the 100 and 200 meter dashes in the U.S. and is eyeing next year's World Championships in Rome as a springboard to success in the 1988 Olympic trials.

Also working toward the Olympic year is Clark, who arrived at Florida State through a much more indirect route. Clark's storybook journey began in 1977 as an underclassman at Seminole High School in Sanford. While at Seminole, a perennial track powerhouse, Clark remembers sitting underneath the stands while the Sanford team took a victory lap after capturing its annual conference championship. "I felt that since I didn't score any points, I didn't deserve to run in the victory lap," he says. Clark had improved by his senior year to run a 1:58 half mile, but that was about six seconds too slow to be recruited by any junior college, much less a four-year university.

Upon graduation in 1979, Clark joined the Navy and was stationed off the Washington coast on the U.S.S Enterprise which was in port under repair. He used his two-and-a-half year enlistment as an opportunity to continue his running; it provided an outlet from the rigors of living aboard a ship. "I still wanted to run after high school," Clark says. "I had some free time, so I would go run in the mountains."

During his training, a startling metamorphosis took place. Clark made dramatic progress, cutting his time by almost eight seconds in a Naval Meet in Annapolis, Maryland. "I'll never forget that race when I ran a 1:51.65," Clark says. "I was so excited; I knew that it was my ticket to get out of the Navy and move on to college."

Clark's good fortunes continued when he returned to Sanford and talked to Charlie Harris, a former FSU All-American who coached track at a nearby high school. Harris called his

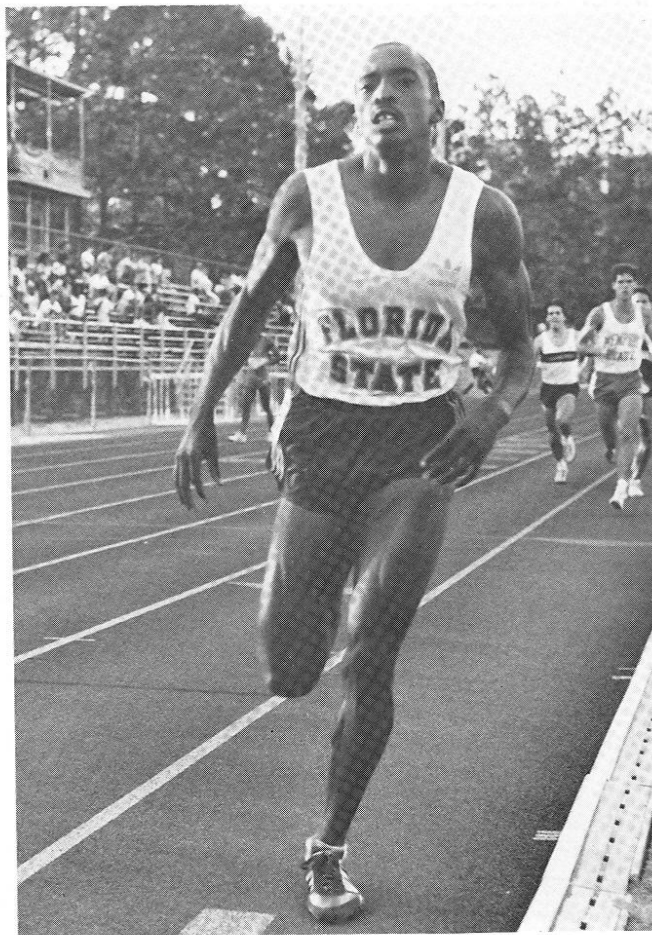
former coach Terry Long, who was then head track coach at Santa Fe Community College in Gainesville. "They talked for about an hour on the phone," Clark says. "Coach Long was willing to risk a scholarship on me when he hadn't seen me run in three years."

Clark's father passed away two years ago and Long became a close friend at Santa Fe. "Since that time he's been like a father to me," Clark says.

The rehabilitative services major had a pair of banner years at Santa Fe and was named to the junior college All-American

FSU FREQUENT FLYERS . . .

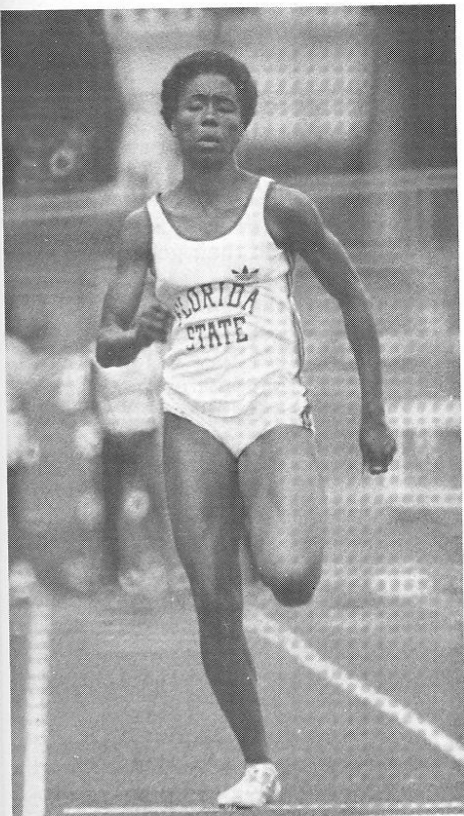
All-Americans Michelle Finn and Ocky Clark are looking to cap their sparkling careers with successful 1987 campaigns.



Superstation WTBS from Moscow. Teaming with Diane Williams, former FSU Olympian Givens, and 1984 Olympic Gold medalist Evelyn Ashford, Finn helped bring home a gold medal in the 400 meter relay.

The 12-time All-American will graduate next summer or fall with a degree in rehabilitative services and believes that her final track season at FSU will be an important test for her 1988 Olympic hopes. She missed qualifying for the 1984 United States team by just one place at the Olympic trials.

"I'm looking forward to 1988," she says.



team. He was set to join Long, who was named assistant men's coach across town at Florida, but didn't pass a math class and was forced to take the class again. He passed the class the next term, but backed out of his commitment to the Gators upon learning Long had accepted the head women's post at FSU.

Long is glad that Clark rejoined him in Tallahassee. "He's an excellent role model," Long says. "One of the great things about things about Ocky is that not only is he an outstanding athlete, but he's concerned about his teammates and other people. He's more happy when someone else does well than himself."

Clark has responded to the tutelage of FSU's head men's coach Dick Roberts and Long. In the 1985 National Sports Festival in Baton Rouge he ran a 1:45.29 in the 800 meters—that's just one second above world class standards. He went on to place fifth in both the indoor and outdoor NCAA Championships last spring while wearing an FSU uniform.

At 5-11 and 155 pounds, Ocky (short for Octavius) has the ideal slim physique to race in the 800 or 1500 meters, and he has no regrets when reflecting on his long journey to Florida State.

"I never would have thought I'd be where I am now," the 24 year-old says. "I enjoyed the bad times I went through. It has helped me appreciate how I have progressed."

Over the next two years, both Finn and Clark will continue to add up the frequent flyer mileage and bring smiles to the faces of their travel agents. But the two have one more stop left to fulfill their Olympic aspirations—a plane ticket to the 1988 Olympics in Seoul, South Korea.

■ Pipeline to the Pros?

Former FSU track athletes have gone to successful careers in a number of fields, including professional football. A look at NFL rosters reveals that seven former Seminoles were either drafted or made their respective team's roster, in the eighties.

Heading the list is two-time All-Pro punter Rohn Stark of the Indianapolis Colts, who earned All-American honors in both football and track at Florida State. Stark made his second straight trip to the Pro Bowl by leading the NFL in punting with over a 45 yard average in becoming the league's all-time punting leader.

Second year starter Jessie Hester also enjoyed a fine 1986 season. Hester, a former 100 meter dash sprinter, has developed into the Los Angeles Raiders' big play threat at wide receiver.

Four year starter Ken Lanier gave quarterback John Elway good pass protection in helping the Denver Broncos to the Super Bowl. Lanier left his mark on the FSU track program as he currently holds the school shot put record.

The fourth NFL starter who has ties to the FSU track program is Atlanta defensive



Jessie Hester

back Bobby Butler, a first round draft selection in the 1981 draft. Butler spent the 1986 season on the injured reserve list after leading the team in interceptions in 1985.

Other former track athletes drafted into the NFL include running back Greg Allen, kick returner Billy Allen, and defensive back Eric Riley.

■ The FSU Advantage

- During the 1984 Olympics, seven former FSU track athletes competed in the Los Angeles Games, returning with one gold and two silver medals. Leading the way was 1981 graduate Walter McCoy who was a member of the United States' 1600 meter relay team that captured a gold medal.

Former Lady Seminole Marita Payne won two silver medals with a pair of second place finishes in the 400 and 1600 meter relays, while competing for Canada.

Other former FSU athletes who competed in L.A. included Randy Givens,

Brenda Cliette and Angela Wright Scott: (United States), Esmeralda Garcia (Brazil) and Ovril Drywer-Brown (Jamaica).

- In 1986 FSU put together a sparkling 22-0 record on the way to a top 10 dual meet ranking by *Track and Field News*. That mark increased FSU's all-time record to 278-96-2—that's an outstanding .738 winning percentage.

- Florida State's success in scored meets has helped it to 10 consecutive Metro Conference titles. Here's a list of past conference results.

Metro Conference Championships

Year	Team Champion	Runnerup	Outstanding Athlete
1986	Florida State	Virginia Tech	Leander McKenzie (Florida State)
1985	Florida State	Cincinnati	Leander McKenzie (Florida State)
1984	Florida State	Virginia Tech	Leander McKenzie (Florida State)
			Donnie Young (Southern Miss)
1983	Florida State	Virginia Tech	Rodney Johnson (Cincinnati)
1982	Florida State	Virginia Tech	Ronnie Taylor (Florida State)
1981	Florida State	Virginia Tech	Terron Wright (Memphis State)
1980	Florida State	Virginia Tech	Mike Roberson (Florida State)
1979	Florida State	Memphis State	Terron Wright (Florida State)
1978	Florida State	Georgia Tech	Walter McCoy (Florida State)
1977	Florida State	Georgia Tech	John Walker (Florida State)
1976	Georgia Tech*	Memphis State	Paul Bannon (Memphis State)

* - Florida State was not yet in Conference

■ Lady Seminole National Finishes

Year	National Indoor Finish	National Outdoor Finish	Outdoor Scored Record	Head Coach
1981	2nd	3rd (tie)		Roger Smith
1982	4th	3rd	6-0	Gary Winckler
1983	—	2nd	8-4	Gary Winckler
1984	4th	1st	5-0	Gary Winckler
1985	1st	2nd (Tie)	0-0	Gary Winckler
1986	6th	14th	14-0-1	Terry Long

CROSS COUNTRY

Men's Outlook

The Florida State men's cross country team is ready to cash in on the dividends it has worked for over the past year.

A year ago, head coach Al Schmidt faced a rebuilding year in his first year as head coach and was forced to rely heavily on young runners throughout the season. That was apparent at the Metro Conference Championships, as the Seminoles finished sixth. "I think we went through a transition year last season," Schmidt says. "We just didn't have a good summer of training." But Schmidt says with confidence that FSU will challenge Virginia Tech, the defending conference champions. "Our goal is to win the Metro," Schmidt notes. "And I think that it's a very attainable one."

To reach that lofty goal, Schmidt will rely on a trio of runners who are battling it out for the number one runner position. Returning after a banner freshman campaign, Matt Farnen looks to retain his number one spot and improve on his 1985 performance which earned him All-Metro honors. Farnen recorded top 10 finishes at the Florida, FSU and Alabama Invitationals, as well as the Auburn Six-Way meet and the Metro Championships. "Last year Matt was our number one runner and our team leader," Schmidt says.

Also vying for a position in the top five is Cinderella story David Keen, who last year wasn't even among Florida State's top seven. But during the spring track schedule, Keen vastly improved and earned all-conference honors in the 10,000 meters. "David made a big breakthrough last year in track," Schmidt says. "This year, he's like bringing in a new person."

One runner who Schmidt did sign is Jacob Hosely, a DuPage Junior College transfer. Hosely brings with him a wealth of racing experience on the college level as well as 1985 Junior College All-America honors.

"I think that those three will be battling it out for our number one position," Schmidt says.

Another newcomer to the FSU program, Billy Penick, was last year's runner-up in Florida's class 4A mile competition after winning that event the previous year. "He's a very talented runner who I think will be in the top five," Schmidt says of the Sanford Seminole High graduate.

The fifth position will be filled by either sophomore Howard Jacobs, or juniors Chris Brooks and John Charlton. Both Brooks and Charlton have raced for the Seminoles in their careers.

Also in the picture for a post in the top

Women's Outlook

Orson Wells once said "You can't rush a fine wine before it's time." Florida State head coach Al Schmidt will use that philosophy to help the Lady Seminole cross country team reach their goal of the 1986 Metro title.

After finishing second in last year's conference championships, FSU added three of the country's most talented freshmen signees to the squad that returns two of the south's top runners. Schmidt elected to train during the entire month of September to allow the three newcomers to acclimate themselves to collegiate cross country racing. That means that the Lady Seminoles will open at the Florida State Invitational on October 4—that's almost two weeks later than what is common for college teams.

Schmidt hopes that the returning letterwinners will benefit from the delay as well.

Returning following a successful campaign last year are Barbara Matthews and Colleen O'Reilly, a pair of runners who finished in the top 10 in a number of races last year, including the Metro Championships where they finished fourth and sixth, respectively. "Every meet we went to, Barbara and Colleen were competitive," Schmidt notes.

Competing for the remaining pair of positions are the trio of newcomers. According to Schmidt, "you'd be hard-pressed in the Metro to find three finer freshmen."

Carrie Boyd, who last year captured Texas' class 5A state championships in both the mile and 800 meters, heads the trio. Each has a state championship to her credit. Adrienne Politowicz, who Schmidt calls, "an incredible young athlete," captured both the 2A and Golden South Championships as a senior at Orlando's Trinity Prep High School. The third heralded freshman is Michele Farrall,

last year's Florida class 4A state two mile champion from Seminole High School.

Schmidt believes that the 1986 edition of the Lady Seminole Cross Country team may be the strongest he's ever coached, but how far the team advances toward the NCAA Championships will depend on how well the freshman develop." If the team matures like a fine wine throughout the season as Schmidt hopes, the final product could be a winner.

ON THE ROAD TO MEMPHIS

Despite their youth, the FSU men's and women's cross country teams will battle for the top spot in November's Metro Cross Country Conference Championships.

Colleen O'Reilly



five will be 1500 meter All-American Ocky Clark. Clark will race in only the shorter competitions, such as the Metro Championships and the FSU and Florida Invitationals.

Although Florida State is young again in 1986, Schmidt believes the team will far surpass its 1985 performance. "Several of the kids assured me that last year will never happen again," Schmidt says. "That makes me think we can give Virginia Tech a run for the Metro title."

THE ROSTERS

1987 SEMINOLES

NAME	EVENT(S)	HGT.	WGT.	CL.	HOMETOWN	HIGH SCHOOL JUNIOR COLLEGE	HIGH SCHOOL J.C. COACH
Mike Bell	SP	6-4	236	Sr.	Ventura, Ca.	Glendale C.C.	Ralph Neighbors
Arthur Blake	IH, HH	5-11	150	So.	Haines City, Fla.	Haines City	Jerry Barber
Larry Carr	PV	6-2	180	So.	Jacksonville, Fla.	Wolfson	Paul Nowicki
John Charlton	D*	6-2	160	So.	Kissimmee, Fla.	Osceola	Mike Lehning
Ocky Clark	MD*	5-11	160	Sr.	Sanford, Fla.	Santa Fe C.C.	Dr. Byron Dyce
Billy Close	LJ, TJ	5-9	160	Sr.	Tallahassee, Fla.	Lincoln	Pat Murphy
John Dawson	JAV	6-5	280	Sr.	Jacksonville, Fla.	Florida J.C.	Larry Monts
Chris Duggan	MD	6-2	150	Jr.	Tampa, Fla.	Leto	Robert Ennis
Jeff Ellis	MD	5-10	148	Fr.	Memphis, Tenn.	Germantown	Tommy Harrison, Ken Netherland
Matt Farnen	D*	5-8	150	Fr.	Largo, Fla.	Largo	Brent Haleg
Tom Fetters	JAV	5-10	170	So.	Pittsburgh, Pa.	North Hills	Chris Richards
Brian Fitzsimmons	PV	5-9	160	Sr.	Winter Park, Fla.	Orange Park	Ken Taylor
Brian Frazier	PV	5-9	150	Sr.	Pensacola, Fla.	Woodham	Charles Nye
Horatio Garcia	HAM, JAV	6-2	195	Sr.	Wheaton, Ill.	DuPage C.C.	Ron Ottoson
Raymond Green	S, R	5-8	150	Fr.	Gainesville, Fla.	Bucholtz	Michael Holloway
Michael Harrison	800	5-11	175	Jr.	Rego Park, NY	Santa Fe C.C.	Dr. Byron Dyce
Michael Hill	DIS, HAM	6-1	200	Fr.	Kingston, Jamaica	Wolmer	Steven Francis
Jacob Hoesly	D*	6-1	145	Jr.	Addison, Ill.	DuPage C.C.	Ron Ottoson
Howard Jacobs	D*	5-7	135	So.	Jacksonville, Fla.	Bolles	Greg Troy
Bruce James	MD	6-1	160	Fr.	Kingston, Jamaica	Wolmer	Steve Francis
Bill Jensen	D*	5-10	140	So.	Barreo, La.	Archbishop Shaw	Stan Gomez
Earl Johnson	SP, DIS	6-3	225	Jr.	Jacksonville, Fla.	Bishop Kinney	Steve Lyons
George Karakatsanis	HAM	6-1	200	So.	Hollywood, Fla.	Greece	None
David Keen	D*	6-2	145	So.	Marianna, Fla.	Marianna	Lowell Centers
Rodney Lawson	IH, HH	6-2	147	Fr.	Jacksonville, Fla.	Sandalwood	Charles McPhilomy
Brian Mallory	TJ, LJ	5-9	130	Fr.	Rockville, Md.	Richard Montgomery	Jerome Easton
Martin Mayhew	S, R	5-8	172	Jr.	Tallahassee, Fla.	Florida	Pat Murphy
Billy Penick	D*	6-0	155	Fr.	Sanford, Fla.	Seminole	Ken Brauman
Jay Pichard	DEC	5-6	150	So.	Tallahassee, Fla.	Leon	Jim Evertt
Tom Riether	PV	5-10	165	Jr.	Cooper City, Fla.	Western	Bob Sable
Joel Smith	PV	5-9	160	Jr.	Valparasio, Ind.	Valparasio	Sam Rasmussen
Sammie Smith	S, R	6-1	219	So.	Apopka, Fla.	Apopka	Phil Bohleder
Tom Stitt	HJ	6-4	180	Sr.	Lisle, Il.	DuPage C.C.	Ron Ottoson
Jason Treco	JAV	5-10	190	So.	Miami, Fla.	Palmetto	Bob Miller
Jason Welch	HH	6-4	185	So.	Dunedin, Fla.	Dunedin	Randy Lightfoot
Eric West	H	6-4	190	Jr.	Jacksonville, Fla.	Florida J.C.	Larry Monts
Carter Williams	S, R	5-10	150	Sr.	Jacksonville, Fla.	Florida J.C.	Larry Monts
Darrell Wills	HJ	6-1	173	Jr.	Florahome, Fla.	Interlachen	Bobby Stevens

1987 LADY SEMINOLES

NAME	EVENT(S)	HGT.	WGT.	CL.	HOMETOWN	HIGH SCHOOL	H.S. COACH
Sonya Blades	S, R	5-4	126	Fr.	Ft. Lauderdale, Fla.	Piper	Ted Beverly
Carrie Boyd	MD, D*	5-8	129	Fr.	Garland, Tex.	L.U. Berkner	Sandra Lyman
Barbara Cooper	H, S	5-6	125	Fr.	Decatur, Ga.	Columbia	Terry Jessup
Angela Curry	S, R	5-5	115	So.	Orlando, Fla.	Evans	Bob Pryor
Tina Davies	D*	5-1	96	So.	New York, NY	Lakenworth	None
Janet Davis	S, R	5-5	115	Jr.	Indianola, Miss.	Indianola	Stanley Lott
Michele Farrall	D*	5-4	104	Fr.	Seminole, Fla.	Seminole	Bruce Calhoun
Michelle Finn	S, R	5-5	120	Sr.	Orlando, Fla.	Oak Ridge	Bill Stamper
Ann Girvan	HH	5-8	130	Jr.	Chesive, England	Helsby	Jim Harris
Mary Hawkins	H	5-2	111	Jr.	Columbus, Ohio	Columbus East	Douglass Smith
Deana Hawkins	HEPT	5-8	130	Fr.	Pensacola, Fla.	Pine Forest	Pearl Perkins
Carolyn Hightower	HH, LJ	5-6	115	Fr.	Orlando, Fla.	Evans	Bob Pryor
Lisa Horton	SP	5-5	107	Fr.	Rochester, N.Y.	East	Betty Rich
Kara Hutchinson	S, H, LJ	5-1	130	Fr.	Quincy, Fla.	Maclay	William Garrett
Jennifer Jonas	MD	5-7	110	Jr.	Gainesville, Fla.	Santa Fe C.C.	Byron Dyce
Kari Keith	JAV	5-9	150	So.	Ft. Lauderdale, Fla.	Stranahan	Sue Collins
Janet Levy	S	5-5	115	Sr.	Orlando, Fla.	Oak Ridge	Bill Stamper
Barbara Matthews	D*	5-4	110	Sr.	Nokomis, Fla.	Venice	Charlie Powell
Colleen O'Reilly	MD*	5-8	118	So.	Pembroke Pines, Fla.	Cooper City	Steve Yerks
Adrienne Politowicz	MD*	5-5	110	Fr.	Maitland, Fla.	Trinity Prep	Jon Hughes
Carol Samuels	S, R	5-6	113	Jr.	Scarborough, Canada	Bethune	Paul Richards
Andrea Thompson	S, HH	5-4	114	Jr.	Orlando, Fla.	Oak Ridge	Bill Stamper

KEY:D-Distance, HAM-Hammer, HH-High Hurdles, IH-Intermediate Hurdles, JAV-Javelin, HJ-High Jump, Dis-Discus, LJ-Long Jump, PV-Pole Vault, S-Sprints, SP-Shot Put, MD-Middle Distance, R-Relays, TJ-Triple Jump, DEC-Decathlon, *Denotes Cross Country team members.

THE SEMINOLES

BACK TO THE FUTURE

One need only to turn the clock back 25 years to get a glimpse of the 1987 track and field team. The 1962-64 Seminoles put together a 14-1 mark with the help of a young middle distance runner named Dick Roberts.

Roberts, who enters his tenth year as head track coach of his alma mater thinks this year's team is reminiscent of FSU teams of the past.

"This is a throwback to the old track and field days when you used to evaluate teams on the basis of their dual meet record," Roberts says. "We're a very solid dual meet team."

Last year, Roberts guided Florida State to a 22-0 scored meet ranking and a top 10 dual meet ranking by *Track and Field News* on the way to winning its 10th consecutive Metro Conference title.

Another banner year could be on the horizon for Florida State as the Seminoles return the bulk of its top performers from a year ago.

The Seminoles lost three-time Metro Most Valuable Performer Leander McKenzie, but replaced him with world class hurdler Arthur Blake, a sophomore who transferred to FSU from Florida. Blake comes to Florida State with credentials that include breaking Renaldo Nehemiah's national high school record two years ago.

Another headliner who is a world class athlete and is a threat to capture the national championship in his event is 800 and 1500 ace Ocky Clark. Clark placed fifth in both the indoor and outdoor NCAA Championships in 1986 in the 1000 and 800 meters, respectively.

Several other returnees have the potential to score in the NCAA meet. Senior Carter Williams continues to improve in the 400 and is a key element of FSU's 1600 meter relay.

Roberts hopes additional points will come from the field events which he calls, "the strongest in school history."

Tom Riether and Brian Fitzsimmons have both cleared the 17-foot barrier in the pole vault and give FSU a potent 1-2 punch in that event. Riether, who was redshirted in 1986, vaulted 17-6 last spring as a redshirt. "Tom should be one of the best vaulters in the country in 1987," Roberts says. Fitzsimmons cleared 17-0 to win the Metro vault title.

Also adding prowess to the horizontal jumps is Darrell Wills who qualified in 1986 with a personal best of 7-3½.

Add to this list a host of potential qualifiers including Martin Mayhew (100,200) Mike Bell (shot put), Horatio



Top: In his best effort of the season, senior Horatio Garcia, threw the javelin 196-11 at the Gatorade Classic in Knoxville, TN, shattering the school record by over 34 feet.

Right: All-American Carter Williams, whose personal best in the 400 meters is 45.85, will be a valuable cog in FSU's drive for an eleventh consecutive Metro Conference crown.

Far Right: Senior Ocky Clark, a two-time All-American at FSU, won the Metro Conference 800 title last year with a 1:48 clocking.



Garcia (hammer, javelin), Joel Smith (pole vault), Jacob Hoesly (steeplechase) and Billy Close (long and triple jumps).

Sprints—With the loss of several key personnel last year, Florida State will count on a number of returning lettermen to pick up the slack. One of them, Martin Mayhew, should have no problem contributing after developing into a national class sprinting prospect last year. A three-year starter at conerback on the Seminole football team, he missed the NCAA qualifying standards by just .2 of a second. Heralded sophomore running back Sammie Smith will join Mayhew in the starting blocks in the 100 and 200 meters as well as the 400 relay. One newcomer who could become a factor is freshman Raymond Green, who was a top high school sprinter last year at Gainesville's Bucholtz High School.

In the 400 meters, Carter Williams returns as not only a returning NCAA qualifier, but a potential threat to score. Williams, whose top 400 time is 45.84, will work to replace Thomas Johnson, who left Florida State to join the army.

Hurdles—The hurdle events have always been FSU's strong suit and 1987 will be no exception. Again this year, FSU processes a strong corp of hurdlers despite the loss of four-time All-America Leander McKenzie. "Potentially the hurdles is the strongest it's ever been in school history," says Roberts.

The reason for Robert's optimism is redshirt transfer Blake, who is simply one of the finest 110 meter hurdlers in the world. He owns a personal best of 13.57. Another hurdler who transferred from Florida to Florida State is Jason Welch, who has the potential to qualify in the 110's along with Blake. During the spring, Roberts added Florida Junior College transfer Eric West and Rodney Lawson of Jacksonville Sandalwood. Both will compete in the 110 and 400 meter races.

If this group can remain healthy, Florida State should be as talented as any team in the country in the shuttle hurdle relay.

Middle Distance—A definite strength for the Seminoles is Clark, who is one of the premier performers in the nation. Used primarily in the 800 a year ago, Clark will be a busy man as he concentrates his efforts on the 1500. He will also run on Florida State's 1600 and 3200 meter relays. "I can see Ocky running on all of our relay teams from the 1600 meter relay on up," Roberts says. "We're also going to take a strong look at him in the 1500 meters."

If Clark makes the switch to the 1500, several newcomers are ready to fill his vacancy in the 800. Santa Fe Community College transfer Mike Harrison looks to be the heir apparent in the event. "We think that Mike's the guy to carry the load if we move Ocky," Roberts says. "He's a key athlete in our scheme."

Distance—"You're going to see a vastly improved distance corps this year," Roberts said after signing a pair of talented runners to a group that is improving with age. He



recruited junior college All-American Jacob Hoesly to give Florida State a potential national qualifier in the 3,000 meter steeplechase, something the Seminoles have not had in a number of years. Roberts also added freshman Billy Penick, the 1986 Class 4A state runnerup in the mile, who will make the transition to steeplechase as well.

Two returning runners will handle the 3,000 and 5,000 meter duties. Matt Farnen, one of the top runners on the cross country team for the past two years, will try to overcome a leg injury sustained over the summer.

David Keen is also slated to race in the 10,000 meters. Last year the freshman walk-on made a dramatic improvement to place fourth in the Metro. "David has worked very hard to become a significant factor for us in the distance events," Roberts says.

The Jumps—FSU has quickly jumped into national prominence in the pole vault. Leading the pack of talented vaulters is Riether. In 1986 as a redshirt, he consistently inched closer to the 18-foot mark and would have broken the school record by over five inches. "Tommy is expected to be one of the best vaulters in the country this year," Roberts says.

Just behind Riether at the 17-foot plateau is Fitzsimmons, the defending Metro Conference Champion. Joel Smith, Brian Frazier and Larry Carr follow with the bests of 16-6, 16-0, and 16-0 last year, respectively.

Last season Florida State might have been the only team in America to have as many as four high jumpers clear seven feet. This year, Florida State's jump fortunes rest on Wills and senior Tom Stitt. Wills qualified for the NCAA Championships with a personal record of 7-3½ before he suffered a knee injury that required surgery a year ago. Stitt constantly cleared 7-0 last year and looks to go to even higher heights 1987.

Returning for his junior year, Billy Close will lead a young group of long and triple jumpers. Hampered by injuries through much of his career, Close jumped a PR of 25-8 last year. Freshman Brian Mallory will add depth in both events.

The Throws—The throws continue to be a much improved event. Senior Mike Bell,

who was redshirted in 1986, returns for his final year in hopes of scoring at the NCAA Championships.

While no other FSU shot putter has ever surpassed 61 feet, Bell's personal record is just a foot short of that barrier.

The discus chores will be handled by junior Earl Jones, the 1986 Metro Conference champion.

Senior Horatio Garcia made great strides in the hammer and javelin and is another athlete in the throws who just missed qualifying last season. Garcia threw a personal best of 196-11 in the hammer at the Seminole Twilight—just missing the NCAA standard by three feet. A change in technique should give him the added distance to qualify. Sophomore Tom Fetters, who Roberts calls, "the most dedicated worker on the team," comes off a redshirt year and looks to be competitive.

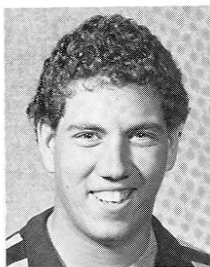
The Schedule—Roberts will not change Florida State's philosophy of not emphasizing the indoor schedule. Seminole athletes will compete in eight meets leading up to the NCAA Indoor championships on March 13-14 in Oklahoma City. The schedule will be highlighted by the Milrose Games in New York, and the Hoosier Invitational in Indianapolis.

The Tallahassee climate allows Florida State to host four meets during the outdoor season. The highlight of the schedule is the FSU relays, formerly the Domino Pizza Relays, which annually opens the track season for a number of top teams in the country. The Seminoles will also host arch rival Florida in the 31st meeting between the two schools. Florida State will travel to the Texas Relays in Austin and the Drake Relays in Des Moines in preparation for June's Outdoor NCAA outdoor Championships in Baton Rouge.

Coming off a 31st place showing in last year's NCAA meet and a 10th place national dual meet ranking, FSU could again be a top 20 team in 1987.

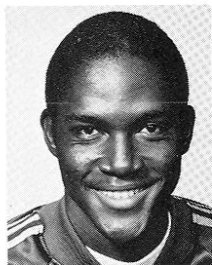
"This year's team is quite similar overall to the 1986 team," Roberts says. "It will be a challenge but the potential for another outstanding team is definitely there."

Mike Bell
Senior
Ventura, California



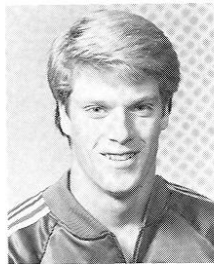
SP (58-1)—returns in 1987 after taking a redshirt year ... is looking to break the 61-foot mark to qualify for the NCAA Championships ... with that accomplishment, he could also surpass the FSU school record of 60-4, held by Ken Lanier since 1979 ... selected as Florida State's captain for the 1987 season ... **1986:** participated in a number of meets as an unattached thrower ... consistently improved throughout the season ... his best throw of the indoor season came at the LSU Relays with a throw of 55-4¼ ... also won the men's open division at the Seminole Twilight with a throw of 57-4 ... **1985:** moved to the number four slot on FSU's all-time shot list with a best throw of 58-1¾ achieved in the closing weeks of the outdoor season ... was Metro Conference champ (56-1) and placed second in the Springtime Invitational ... **1984:** transferred to FSU from Glendale Community College (Az.) where he was a finalist in the NCJAA national championships ... **Personal:** majoring in social science ... born March 23, 1964 ... **Roberts on Bell:** "Mike is back and he's got an excellent chance of being a NCAA qualifier."

Arthur Blake
Sophomore
Haines City, Florida



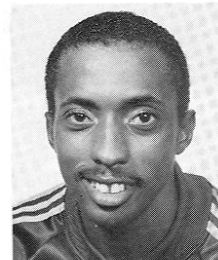
110 HH (13.39W, 13.57)—a world class hurdler who is expected to have an immediate impact in the scoring column at the NCAA meet ... will serve as team captain of the 1987 squad ... holds the national high school mark in the standard collegiate 42-inch high hurdles at 13.84 ... **1986:** sat out the year as a redshirt after he transferred from the University of Florida ... won the open 110 highs at the Martin Luther King Games in Atlanta and at the Domino's Pizza Relays where he ran a 13.87 ... **1985:** led Florida's shuttle hurdle relay to a first place time of 57.15 at the Penn Relays ... **Prep:** named by *Track and Field News* as the national high school athlete-of-the-year runnerup ... recipient of the Hertz #1 Award, given annually to Florida's top prep athlete ... eclipsed the national high school records in the 110 meter hurdles (13.18) and the 300 intermediates (35.3) ... the 110 meter record was previously held by current world record holder Renaldo Nehemiah ... claimed state crowns in both hurdle events, as well as the 100 yard dash ... was also the Pan-American and USA Junior 110 meter high hurdle champion ... **Personal:** a physical therapy major ... born August 10, 1965 ... nicknamed King Arthur ... appeared in *Sports Illustrated's* "For the Record" section for his accomplishments in 1984 ... **Roberts on Blake:** "Arthur's a very hard worker in both the classroom and on the track. He has the ability to be one of the finest hurdlers in the country this year."

Larry Carr
Sophomore
Jacksonville, Florida



PV (16-0)—One of five vaulters who make that event one of the strongest in school history ... has the size, strength and speed to reach NCAA qualifying standards before his career is over ... **1986:** cleared 15-2¾ and 15-0 in dual meets against Auburn and Florida ... tied for fourth at the Metro Championships with a vault of 15-6 ... **Prep:** attended Wolfson High where he was the state champ in the pole vault with a best of 16-0 ... that mark made him the first high school athlete to clear 16-feet in Florida ... **Personal:** enrolled in basic studies ... born December 14, 1966 ... **Roberts on Carr:** "He is an outstanding talent in the pole vault. Larry is a hard worker who one day should be a NCAA qualifier."

Ocky Clark
Senior
Sanford, Florida



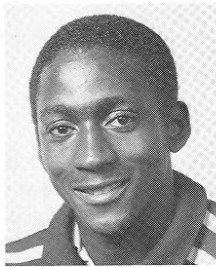
800 (1:45.29), 1,000 (3:43.02)—many pick him to win the collegiate title in the 800 this year, but whether Clark will concentrate on the 800 or 1,500, or both, is still up in the air ... set FSU school records in both races last year ... also set the Mike Long Track record in the 1,500 and has held the 800 record for two years ... although he turned in the fastest time of the 800 trials at the outdoor NCAA 1986 Championships (1:46.19), he faded to fifth in the finals ... had an outstanding season leading up to those championships, winning the National Invitational Meet (1:47.57) and the Metro Conference (1:48.74) 800 races ... set the conference record in the trials with a 1:48.02 clocking ... was MVP of the Domino's Pizza Relays after running on FSU winning sprint medley, distance medley and 3,200 meter relay teams ... earned first All-American award for FSU during the indoor season, where he finished fifth in their 1,000 meters with a school record 2:21.70 timing ... earlier in the indoor season set an O'Connell Center record at the University of Florida with his 2:21.32 1,000 time while winning the event at the Florida Fast Times Meet ... following his collegiate indoor and outdoor seasons, participated in the Sports Festival ... **1985:** running for Bud Light Track Club, Clark had outstanding spring and summer seasons ... finished fifth at the Sports Festival with his personal best of 1:45.29 ... that finish qualified him for the World University Games where he was the fifth finisher, and second American finisher, with his second best time of 1:45.51 ... also participated in the TAC national championships in June and finished eighth ... he was the second collegian to finish ... at the Pacific Coast Championships the week after the TAC meet, won the 800 meters ... ran the third best time of his career (1:46.61) at the FSU-hosted Springtime Invitational where he set the meet and Mike Long Track record ... placed first in the Domino's Pizza Relays and the Seminole Twilight meet, both hosted by FSU ... **1984 and 1984:** ran for Santa Fe Community College where he was the indoor and outdoor national champion and juco record holder at the 800 meter distance ... was a silver medalist his freshman year in Havana, Cuba ... semi-finalist for Olympic trials in 1984 ... was coached by FSU track coach Terry Long his freshman year at Santa Fe ... **Prep:** attended Seminole High School ... **Personal:** majoring in rehabilitative services ... born November 14, 1961 ... real name is "Octavius"

Clark's Top Five 800 Meter Times

1. 1:45.29, Sports Festival, 1986
2. 1:45.51, World University Games, 1985
3. 1:46.19, NCAA Championships (semis), 1986
4. 1:46.61, Springtime Invitational, 1985
5. 1:47.75, NCAA Championships (finals), 1986

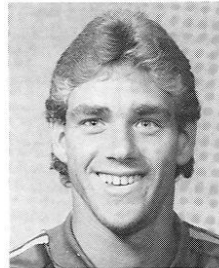


Billy Close
Junior
Tallahassee, Florida



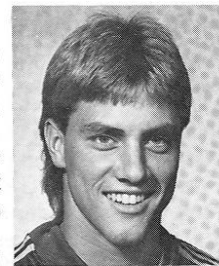
LJ (25-8)—has the potential to be an NCAA qualifier this season in the long jump ... his PR of 25-8 came at the National Invitational Track and Field Championships in Indianapolis ... **1986:** his top mark of the indoor season came in Gainesville where he long jumped 24-6¼ ... showed steady improvement throughout the year and helped FSU to a dual meet victory over Auburn with a jump of 24-10½ ... **1985:** took first in the Domino's Pizza Relays (24-0), FSU-Florida dual meet (24-3¾) and the Springtime Invitational (24-7½) ... was fourth in the Metro Conference (24-1) ... **1984:** received a medical redshirt as a freshman after he had bone spurs in his ankles that orthotics helped to heal ... **Prep:** a high school All-American as a senior at Tallahassee's Leon High School, where he was the State 3A long and triple jump champion ... also won the triple jump at the Golden South Classic ... **Personal:** majoring in psychology and criminology ... born January 1, 1965 ... came to FSU on an academic scholarship and has put together an A average in his first three years ... **Roberts on Close:** "Billy has emerged as one of the track team's most outstanding track and field athletes. He will be one of the team captains for 1987."

Matt Farnen
Freshman
Largo, Florida



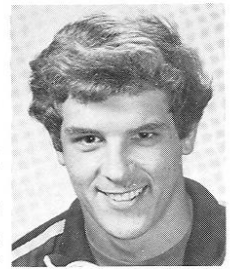
Expected to pick up where he left off last year on the Seminole Cross Country team, when he was named to the All-Metro squad ... one of the team leaders on last year's team, although only a freshman ... **1986:** placed in the top ten in all five meets he ran in ... finished sixth at both the Florida Invitational and Auburn six way meet ... capped his freshman campaign by running a time of 26.56 to place eighth at the Conference Championships in Louisville ... red-shirted during the indoor and outdoor track seasons ... **Prep:** led his Largo High School team to the state class 4A cross country championships in 1984 ... individually, he was the state runnerup in both cross country and in the mile during the track season ... was coached by one of the premier distance coaches in the South, former FSU star Brent Haley ... **Personal:** enrolled in basic studies ... born October 25, 1967 ... **Roberts on Farnen:** "Matt has developed into an outstanding young distance runner. We expect Matt to progress even farther this year."

Tom Fetters
Sophomore
Longboat Key, Florida



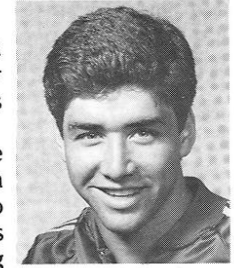
JAV (209-0)—labeled the hardest worker on the team by the coaching staff ... that extra effort paid off when he was rewarded a scholarship in spring after joining the team as a walk-on ... the only thing that hinders his continued progress is his lack of size at 160 pounds ... **1986:** although he was redshirted, Tom competed in the open division in a number of meets ... threw 185-1 at the Seminole Twilight ... also finished first with a throw of 203-5 at the Domino's Pizza Relays ... **1984-85:** attended Edison Community College in Ft. Myers ... **Prep:** was the captain of the North Hills Track team in Pittsburgh ... **Personal:** majoring in marketing ... born August 1, 1965 ... **Roberts on Fetters:** "Tom has shown the competitive drive and determination to be a major force on this year's team. He will enter the season as FSU's top javelin thrower."

Brian Fitzsimmons
Senior
Orange Park, Florida



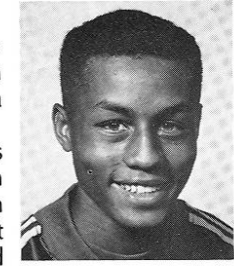
PV (17-0)—came on strong at the end of last season to establish a personal best of 17-0 ... an intelligent athlete who uses his knowledge of the vault to his advantage ... **1986:** turned in a superb year by topping his personal record by almost a foot ... jumped 16-0 to take third at the Gatorade Classic ... helped FSU upset Auburn with a first place vault of 16-8¾ ... won the Metro Conference pole vault title as he set the conference record with a vault of 17-0 ... **1985:** was redshirted in 1985 after dislocating his shoulder during the indoor season ... **1984:** best jump of the season (16-0¾) came at the Gatorade Classic ... placed fourth at the Metro Championships ... **1983:** best jump as a freshman (15-6) came at the Georgia-Florida tri-meet ... **Prep:** was the state class 4A runnerup with a 15-3 vault as a high school senior at Orange Park High ... **Personal:** a business major ... born June 24, 1964 ... **Roberts on Fitzsimmons:** "Brian's a classic example of an athlete who has worked himself into the position of becoming a national class pole vaulter. He was also named team captain because of his leadership qualities."

Horatio Garcia
Senior
Wheaton, Illinois



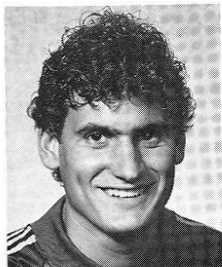
HAM (196-11) JAV (191-7)—just missed the NCAA qualifying standards last year ... a change in his technique from three turns to four should give the added distance to surpass the NCAA mark of 200 feet ... the coaching staff calls Horatio, "pound-for-pound the strongest athlete on the team" ... has tremendous body awareness ... **1986:** placed third at the Gatorade Classic with a throw of 196-11—that was his personal best and shattered the school record by 33 feet ... took first at the Metro Championships (188-9) and Auburn dual meet in the javelin (191-7) ... in his final meet of the year (Seminole Twilight) he threw the hammer 196-3 ... **1984-85:** transferred from DuPage Junior College where he set the Illinois Junior College hammer record ... **Personal:** majoring in physical education ... born April 1, 1964 ... **Roberts on Garcia:** "Horatio came to Florida State from DuPage Junior College and has quickly emerged into one of the nation's top hammer throwers."

Raymond Green
Freshman
Gainesville, Florida



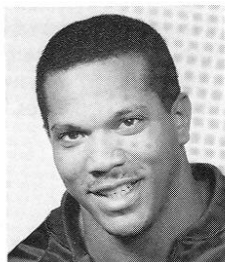
100 (10.3)—one of the top sprinting prospects in the state out of Gainesville's Bucholtz High School ... could provide immediate help in the sprinting events and challenge for a top slot ... will be used primarily in the 100, 200 and 400 meter relay ... **Prep:** ... named MVP at the Bob Hayes Invitational in Jacksonville ... **Personal:** majoring in business administration ... born October 15, 1968 ... **Roberts on Green:** "Raymond was one of the state's top sprinters while in high school. He has the tools to become an outstanding college sprinter."

Jacob Hoesly
Junior
Addison, Illinois



3000 SC (9:01)—a junior college transfer, Hoesly was recruited to strengthen Florida State's distance events ... expected to concentrate his efforts in the 3000 meter steeplechase and could turn out to be one of FSU's best ever ... **1985-86:** a junior college All-American at DuPage Junior College ... appeared at the Domino's Pizza Relays last March and left a good impression on the FSU coaching staff by winning the 3000 meter division II steeplechase with a time of 9:09.8 ... **Personal:** majoring in geography and physical education ... born December 1, 1965 ... **Roberts on Hoesly:** "Jacob has proven to be an excellent competitor. He is one of the building blocks upon which Coach Schmidt will rely on as he rebuilds the FSU distance corps."

Earl Johnson
Junior
Jacksonville, Florida



D (175-10)—a walk-on who has steadily improved during his first three years at Florida State ... bettered his previous PR by 19 feet in the discus last year ... **1986:** was undefeated in dual meet competition with throws of 164-2 and 168-11 against Florida and Auburn ... also placed third and fourth at the Springtime and Seminole Twilight meets ... won the George C. Griffin Invitational and the Metro Championship ... his throw of 175-10 was the best by a FSU discus thrower in a number of years ... **1985:** concentrated mostly on the discus as a freshman and came out with a winning throw of 156-1 at the Florida State Invitational ... **Prep:** attended Bishop Kinney ... **Personal:** a political science major ... born August 19, 1965 ... **Roberts on Johnson:** "Earl is another walk-on athlete who has earned scholarship status. He has the ability to become a national level discus thrower with hard work and increased maturity."

David Keen
Sophomore
Marianna, Florida



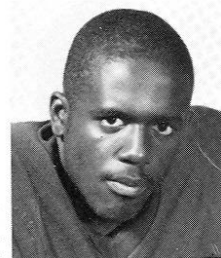
10,000 (31:12)—comes off a storybook season last year ... Assistant Coach Al Schmidt says Keen's development "was like bringing in a new person" ... **1986:** Keen was a member of the FSU cross-country team, but wasn't even among its top seven runners ... made a startling breakthrough in the spring and placed fourth in the Metro Championships with a time of 31:34.43 ... received All-Metro honors for that performance ... **Prep:** the state runnerup in the mile as a junior ... attended Marianna High ... **Personal:** a business major ... born June 17, 1967 ... **Roberts on Keen:** "David is a walk-on who has worked very hard. He is becoming a significant factor in the distance events."

Rodney Lawson
Freshman
Jacksonville, Florida



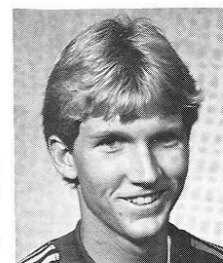
110 HH (13.5), 400 IH (54.7)—a national caliber high school hurdler who Florida State signed last spring ... named to the *Track and Field News* High School All-America team ... **Prep:** ranked second in the nation in 1986 ... also placed sixth at the junior national championships ... **Personal:** enrolled in basic studies ... born January 22, 1967 ... **Roberts on Lawson:** "Rodney is considered a bright hurdle prospect and will fit nicely into one of FSU's best hurdling groups in school history."

Martin Mayhew
Junior
Tallahassee, Florida



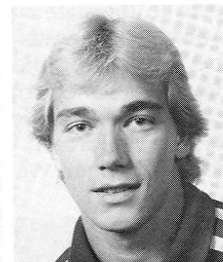
100 (10.51), 200 (21.18)—proved to be a valuable addition to the team last year in his first year on the circuit ... is a three-year letterman on the football team where he plays cornerback ... a possible NCAA qualifier if his improvement continues ... **1986:** produced two of the Seminoles' top times in the 100 and 200 meter dashes ... ran a 10.51 to win the 100 at the FSU-Florida dual meet ... came back to run a 21.18 200 meter time at the same meet ... helped the Seminoles pull a major upset at the Auburn dual meet by running a strong second leg in the 400 meter relay ... **Prep:** attended Tallahassee's Florida High ... **Personal:** majoring in business management ... born October 8, 1965 ... a 1986 CoSIDA-GTE Academic All-America as a defensive back ... **Roberts on Mayhew:** "Martin was one of the greatest surprises as a sprinter last year. He has shown the ability to become a national level sprinting prospect."

Billy Penick
Freshman
Sanford, Florida



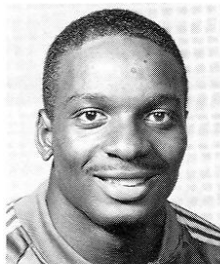
3000 SC (16:03), 1500 (4:17.7)—a freshman recruit who Roberts signed to help shore up distance corps ... although primarily a miler in high school, he will be tried in the steeplechase ... ran on FSU's cross country team in the fall ... **Prep:** won the class 4A mile crown as a junior and placed second in that event last spring ... helped Seminole to consecutive state championships his final two years there ... also won the 4A individual title at the 1985 Florida State Cross Country Invitational ... made the transition to the steeplechase in meets over the summer ... **Personal:** enrolled FSU's basic studies ... born June 21, 1968 ... **Roberts on Penick:** "As in the case with most freshman, Billy is going to have to put in the time and be patient; but he's got all the attributes of a top notch distance runner."

Tom Riether
Junior
Cooper City, Florida



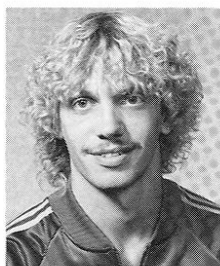
PV (17-6)—is expected to meet the NCAA qualifying standards in 1987 after surpassing the needed 17-4 mark a year ago ... was redshirted last year to give him an extra year of seasoning ... will concentrate solely in the pole vault after doubling as a decathlete through his first three years at FSU ... invited to vault in the Pan-Am Games, scheduled for next August ... **1986:** consistently vaulted over 17 feet throughout the season ... his top performance of the indoor season came in Gainesville where he vaulted 17-1½ came back to jump 17-0 at the George C. Griffing Invitational in Atlanta and 17-6 at the Springtime Invitational in Tallahassee ... that vault that would have broken the 10-year-old FSU school record by five inches ... **1985:** was the runnerup to Leander McKenzie for the outstanding performer award in the Metro Conference Championships after setting meet records in the decathlon (7162) and pole vault (16-6) ... finished second in the Domino's Pizza Relays decathlon with a personal best of 7193 ... **1984:** Metro Conference runnerup in the decathlon with 6702 points ... his best total of the year came at the Domino's Pizza Relays (6861) ... **Prep:** selected as the MVP of his Western High School track and field team as a senior ... **Personal:** majoring in Spanish and business ... born April 10, 1964 ... **Roberts on Riether:** "Tom came to FSU as a decathlete and quickly improved to occupy the spot as FSU's top pole vaulter and bettered the school record last year as a redshirt. We are expecting Tom to be one of the nation's top collegiate pole vaulters in 1987."

Sammie Smith
Sophomore
Apopka, Florida



100 (10.58)—a two-sport athlete, Smith also plays football and could split time this spring between football practice and track ... **1986:** placed third in the Metro Championships in the 100 meters with a personal record of 10.58 ... also ran on the FSU Metro Championship 400 meter relay team that ran 40.54 ... placed third at the Florida State-Florida dual meet in the 100 with a 10.63 clocking ... in the final two football games of the season he rushed for 116 and 205 yards against Florida and Indiana ... had three runs from scrimmage longer than 50 yards ... **1985:** was medically redshirted as a freshman footballer but gained 121 yards in three games ... **Prep:** won the class 4A 100 (9.6) and 220 yard (21.3) state titles as a junior and placed third in both races as a senior ... captained Orange County all-star track team ... most highly sought-after prep player in the country out of Apopka High ... *Parade Magazine* All-America ... **Personal:** enrolled in FSU's basic studies ... born May 16, 1967 ... **Roberts on Smith:** "Sammie has been an outstanding sprinter during his high school and college careers. He will again run the 400 relay and the 100 meter for FSU this spring."

Tom Stitt
Senior
Lisle, Illinois



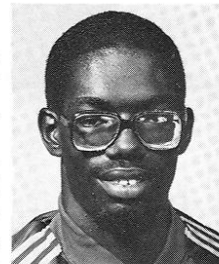
(7-2)—teams with Darrell Wills to give FSU a formidable 1-2 punch in the high jump ... a consistent 7-foot jumper. **1986:** won the Metro high jump championship with a jump of 7-0 ... helped the Seminoles to dual meet victories over Auburn and Florida with a pair of first place finishes at both meets, jumping 6-10 and 7-0 respectively ... came in second at the George C. Griffin Invitational in Atlanta by clearing 7-0. **1984-85:** the national junior college indoor champion and outdoor runnerup at DuPage Community College ... cleared the 7-0 height 10 times over the two years he competed at DuPage. **Personal:** majoring in nuclear physics ... born January 5, 1965. **Roberts on Stitt:** "Tom was one of four high jumpers to clear seven feet last year. We expect him to have an excellent senior year."

Jason Welch
Sophomore
Dunedin, Florida



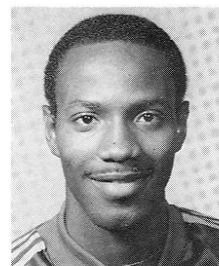
110 HH (14.11)—one of two hurdlers who followed Long from Florida to Florida State ... his emergence leads Roberts to call the FSU hurdlers, "potentially the best in school history" ... personal best is a 14.11 clocking in the 110's ... **1986:** sat out the year as a redshirt transfer ... **1985:** a member of the Florida track team who developed into a fine 110 meter hurdler under the tutelage of the Long ... ran on the Gator shuttle hurdle relay that took first place at the prestigious Penn Relays ... combined with present FSU and former UF teammate Arthur Blake to make up half of that relay team ... **Prep:** slowed by injuries during his senior year at Dunedin High ... did manage to run a 13.9 time in the 120 yard hurdles ... **Personal:** majoring in finance ... born September 10, 1965 ... **Roberts on Welch:** "Jason's a quality student athlete who we expect to be a NCAA qualifier."

Eric West
Junior
Jacksonville, Florida



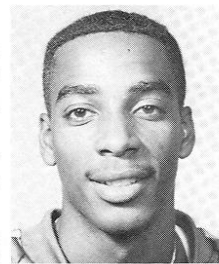
(51.2)—a valuable junior college signee who could develop into a pleasant surprise for FSU ... a possible national class athlete if he can tap a wealth of potential. **1986** ranked among the top three JuCo 400 meter hurdlers in the nation as a redshirt sophomore ... ran a personal best of 51.2 at Florida Junior College in 1986 ... the state junior college 400 meter hurdle champ as a freshman. **Prep:** captured the conference, district and regional championships as a senior at Jacksonville Forrest High ... also ran at the prestigious Golden South and Golden West High School trackmeets. **Personal:** majoring in economics ... born January 4, 1965 ... **Roberts on West:** "Eric is a very strong athlete who could become a national-level athlete if he can refine his technique."

Carter Williams
Senior
Jacksonville, Florida



400 (45.84)—a valuable performer for the Seminoles last year who qualified for the NCAA Championships in both the 400 meters and the 1600 meter relay ... **1986:** ran an indoor qualifying 1:02.15 at the Florida All-Comers meet in mid-January ... capped the indoor season by anchoring FSU's 1600 meter relay in the finals of the NCAA meet ... that team ran a 3:08.16 with a time 46:39 ... his best clocking of the season came at the Tampa Invitational where he ran a NCAA qualifying 45.94 ... ran the leadoff leg of Florida State's 1600 meter relay that set a school record with a time of 3:04.01 ... Metro Conference 400 meters champion ... **1984-85:** spent two seasons at Florida junior College in his hometown of Jacksonville ... finished second in the country among junior college athletes in the 800 meters (1:50.09) ... took third in the Domino's Pizza Relays in the 400 (47.17) as a member of FJC's track team ... **Prep:** a former state 440 champion at Bishop Kinney ... **Personal:** an economics major ... born August 29, 1965 ... **Roberts on Williams:** "Carter has had a successful career both in the classroom and on the track. As a senior All-American, Carter is a key man for Florida State's relay success and has the ability to qualify for the NCAA's in an individual event."

Darrell Wills
Junior
Florahome, Florida



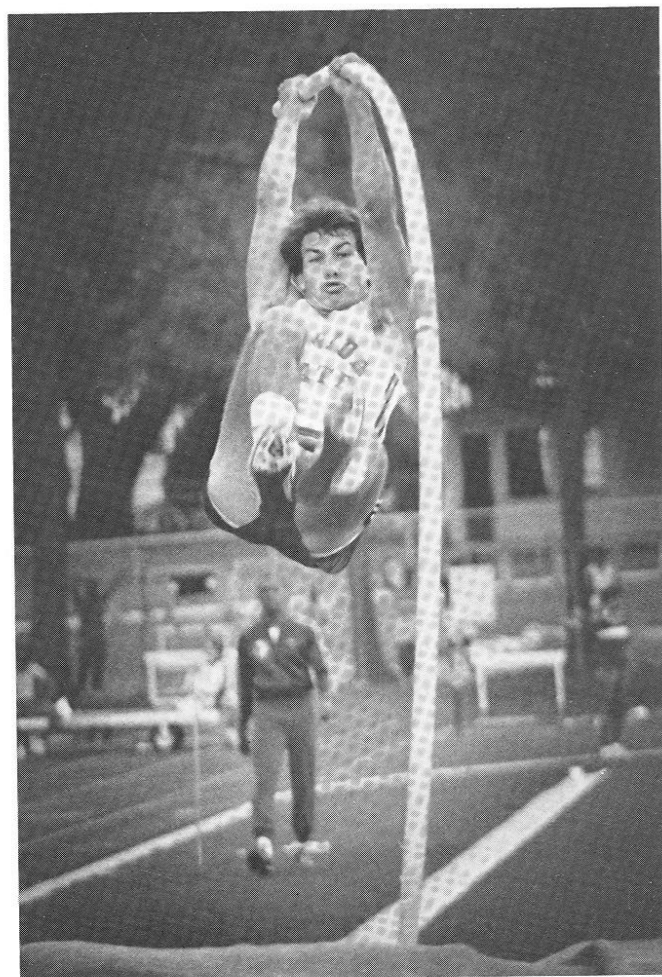
HJ (7-3½)—returns for his junior year after being sidelined midway through last season with a knee injury which required surgery ... was a pleasant surprise to the FSU coaching staff when he consistently cleared the 7-foot barrier ... **1986:** won the Miller Lite Indoor Invitational in Flagstaff, AZ with a jump of 7-3½ ... took first place at the Florida All-Comers meet with a jump of 7-0 during the indoor season ... went on to clear 7-2 in the final regular season indoor meet of the year in Gainesville ... finished second at the Florida Relays, clearing the bar at 7-2½ ... **1984-85:** played junior college basketball at St. Johns River Community College where he began to compete on his own in track and field ... **Prep:** high jumped a best of 6-9 while at Intellachen High where he was the high jump state champion ... **Personal:** majoring in marketing ... born December 1, 1965 ... **Roberts on Wills:** "Darrell was an NCAA qualifier last year. He's got the physical tools to be one of the best high jumpers in the country."

Indoor Record Book

Event	NCAA Qualifying		Time	Record Holder	Year
	FAT	MT			
60 Yard Dash	6.22	**	6.13	Mike Roberson	1979
500 Meter Dash	1:01.50	1:01.2	1:01.10	Thomas Johnson	1986
600 Yard Dash	1:08.51	1:08.2	**1:08.9	Walter McCoy	1981
			1:09.6	Walter McCoy	1978
800 Meter Run			1:49.86	Ocky Clark	1986
1,000 yard Run	2:08.70	2:08.5	2:09.3	Robb Gomez	1980
1000 Meter Run			2:21.32	Ocky Clark	1986
Mile Run	4:03.58	4:03.3	4:05.6	Cliff Cook	1979
2 Mile Run	8:41.00	8:40.8	**8:43.7	Ken Misner	1971
50 Yard High Hurdles			*5.8	Danny Smith	1974
60 Yard High Hurdles	7.27	**	***6.9	Danny Smith	1974
70 Yard High Hurdles			****8.0	Danny Smith	1975
4 x 400 Meter Relay			3:08.67	Leander McKenzie, Reggie Ross, Charlie Carr, Vince Washington	1984
2 Mile Relay	7:29.80	7:29.6	7:33.5	Glenn Kettenacker, Walter McCoy, Earl Caruthers, Lynn Brown	1984
4 Mile Relay			17:33.4	Del Ramers, Jack Wise, Randy Stow, Bobby Brooks, Ken Misner	1971
Distance Medley Relay			**9:52.4	Jack Wise, Randy Stow, Del Ramers, Ken Misner	1971
Distance Medley Relay			10:00.0	Bobby James, Billy Weldon, Bob Burr, Bobby Brooks	1974
Shot Put	18.75		57-1 $\frac{3}{4}$	Osburn Brown	1973
Pole Vault	5.26		17-2	Phares Rolle	1976
High Jump	2.22		7-3 $\frac{1}{2}$	Darrell Wills	1986
Long Jump	7.78		24-10 $\frac{3}{4}$	Mark Freeman	1983
Triple Jump	15.95		51-3 $\frac{1}{2}$	Leon Hutchins	1981, 82



Sammie Smith



Joel Smith

Outdoor Record Book

Event NCAA Qual.	1986 Bests	FSU Outdoor Records	Mike Long Track Record	FSU Relays Record	Metro Conference Track Record	Collegiate Record
100 Meter Dash (10.29) (9.9)	10.50 Clark Waddell Metro 1986	9.9 Mike Roberson 1979	10.16 Mel Lattany Athletic Attic 1983	10.0 Don Merrick Florida State 1977	10.27 Mike Roberson Florida State 1977	9.93 Calvin Smith Alabama 1983
200 Meter Dash (20.70) (20.2)	21.11 Clark Waddell Metro 1986	20.08 Mike Roberson 1980	20.47 James Mallard Alabama 1979	20.74 Mike Roberson Athletic Attic 1981	20.55 Terror Wright Memphis State 1981	19.99 Kirk Baptiste Houston 1984
400 Meter Dash (46.20) (45.7)	45.69 Thomas Johnson Tampa Inv. 1986	44.99 Walter McCoy 1981	45.34 James Rolle Bud Light Track Club 1984	45.35 Calvin Long Odessa J.C. 1985	45.52 Walter McCoy Florida State 1981	43.68 Lee Evans San Jose State 1968
800 Meter Run (1:48.10) (1:47.6)	1:47.57 Ocky Clark National Inv. Meet 1986	1:46.19 Ocky Clark 1986	1:46.61 Ocky Clark Bud Light Track Club 1985	1:47.19 James Mays Athletic Attic 1983	1:48.02 Ocky Clark Florida State 1986	1:41.77 Joaquim Cruz Oregon 1984
1,500 Meter Run (3:43.00) (3:42.6)	3:43.02 Ocky Clark FSU-Auburn Dual 1986	3:43.02 Ocky Clark 1986	3:43.02 Ocky Clark Florida State 1986	3:43.70 Earl Jones Eastern Michigan 1985	3:43.1 Geoff Cooper Memphis State 1982	3:31.1 Jim Ryan Kansas 1967
3,000 Meter Steeplechase (8:44.74) (8:44.3)	9:44.5 John Charlton FSU-Auburn Dual 1986	8:52.7 Bobby James Bernie Weber 1976	8:26.46 Brian Abshire Auburn 1986	8:32.49 Edison Wedderbunn Unattached 1983	8:53.39 Bernie Weber Cincinnati 1981	8:05.4 Henry Rono Washington State 1978
5,000 Meter Run (13:57.00) (13:56.6)	14:45.2 Mike Clerc Domino's Pizza Relays 1986	13:53.26 Herb Wills 1982	13:45.2 Barry Brown Florida Track Club 1973	13:52.96 Elliot Bikani Farleigh Dickenson 1986	13:57.71 Herb Wills Florida State 1981	13:08.4 Henry Rono Washington State 1978
10,000 Meter Run (29:17.00) (29:16.6)	31:34.43 David Keen Metro Champs 1986	28:58.7 Herb Wills 1982	29:06.0 Jim Sapienza Dartmouth 1983	29:06.0 Jim Sapienza Dartmouth 1983	29:16.0 Mark Stickley Virginia Tech 1983	27:22.4 Henry Rono Washington State 1978
110 High Hurdles (13.88) (13.5)	13.87 Leander McKenzie Domino's Pizza Relays 1986	13.4 Mike Roberson 1976	13.57 Arthur Blake Unattached 1986	13.43 Roger Kingdom Unattached 1984	13.8 Terror Wright Memphis State 1981	13.00 Renaldo Nehemiah Maryland 1979
400 IM Hurdles (50.50) (50.1)	46.99 Leander McKenzie Metro Champs 1986	49:33 Leander McKenzie 1985	49:36 Tony Rambo Bud Light Track Club 1985	49:38 Reggie Davis Florida A & M 1985	49:58 Leander McKenzie Florida State 1984	47.45 Edwin Moses Morehouse 1977
400 Meter Relay (39.85) (39.4)	40.09 Leander McKenzie, Martin Mayhew, Phillip Bryant, Clark Waddell FSU-Auburn Dual 1986	39.1 Mike Roberson, John Walker, Don Merrick, Jesse Forbes 1977	39.15 James Butler, Marty Krullee, Calvin Smith, Mel Lattany Bud Light Track Club 1984	39.15 James Butler, Marty Krullee, Calvin Smith, Mel Lattany Bud Light Track Club 1984	40.0 Roberson, McCoy, Forbes, Johnson 1978	38.46 Tatum, Smith Reid, Scholars Texas Christian 1986
800 Meter Relay	N/A	1:23.3 Ron Nelson, Walter McCoy, Kevin Johnson, Mike Roberson 1978	1:22.26 Ronnie Taylor, Mel Lattany, Walter McCoy, Anthony Blair Athletic Attic 1983	1:21.44 Wayne Banks, Yura Bryant, Lorenzo Daniel, Ronnie Dennis Mississippi State 1984	N/A	N/A
1600 Meter Relay (3:05.72)	3:03.76 Carter Williams, Leander McKenzie, Clark Waddell, Thomas Johnson, Gatorade Classic 1986	3:03.76 Carter Williams, Leander McKenzie, Clark Waddell, Thomas Johnson 1986	3:03.34 Mike Krehnbrink, Tom Hind, Carlyle Bernard, Mike Armour Georgia Tech 1985	3:05.64 James Butler James Rolle, Calvin Smith, Walter McCoy Bud Light T.C. 1984	3:07.39 Taylor, Brown, Rolle, McCoy 1981 1981	3:00.78 Southern Illinois 1984
Hammer (61.02)	196-11 Horatio Garcia 1986	196-11 Horatio Garcia Springtime Inv. 1986	221-8½ Derrin Hegerty Boston 1983	221-8½ Derrin Hegerty Boston 1983	191-1 Paul Sulik Virginia Tech 1981	257-0 Ken Flax Oregon 1986
Shot Put (18.75)	50-0½ Stanley Scott Tampa Inv. 1986	60-4 Ken Lanier 1979	64-0 Mike Spiritoso Clemson 1986	64-0 Mike Spiritoso Clemson 1986	58-2½ Carlos Tandon Georgia Tech 1978	71-11 John Brenner UCLA 1984
Discus (57.92)	171-7 Earl Johnson Seminole Twilight 1986	212-6 Brad Cooper 1979	211-4 Brad Cooper Bahamas T.C. 1986	204-10½ Brad Cooper Florida T.C. 1980	198-2 Brad Cooper Florida State 1979	217-11 Mike Bunic Kentucky 1985
Javelin (71.00)	191-7 Horatio Garcia FSU-Auburn Dual 1986	250-4 Hank Langee 1981	266-1 Phil Olsen Tennessee 1978	271-6 Siggy Einarsson Alabama 1983	233-8 Eric Allain Florida State 1977	312-0 Brian Crouser Oregon 1985
High Jump (2.22)	7-2¼ Darrell Wills Florida Relays 1986	7-4¼ Kenny Smith 1984	7-5 James Barrineau Unattached 1983	7-5 James Barrineau Athletic Attic 1983	7-2 Kenny Smith Florida State 1984	7-7¼ Five Tied, latest Dennis Lewis LBCC 1985
Long Jump (7.87)	24-10½ Billy Close FSU-Auburn Dual 1986	25-11½ Mark Freeman 1983	27-6¾ Larry Myricks Unattached 1982	27-6 Larry Myricks Athletic Attic 1982	25-9½ Jay Pennington Tulane 1983	28-3½ Carl Lewis Houston 1981
Triple Jump (16.05)	49-0½ Tony Eaton Tampa Inv. 1986	54-2¼ Leon Hutchins 1982	54-0¾ Charlie Simpkins Liberty Baptist College 1984	54-0¾ Charlie Simpkins Baptist College 1983	52-3½ Larry Lowe Georgia Tech 1977	58-7¼ Willie Simpkins Baptist College 1985
Decathlon 7,450	N/A	7,612 Rohn Stark 1981	7,835 (m.t.) John Christ Athletic Attic 1979	7,773 Paul Doyle Notre Dame 1982 John Sayre Unattached 1983	7,162 Tommy Riether Florida State 1985	8,278 Bill Moti Mount St. Mary's 1984
Pole Vault (5.33)	17-0 Brian Fitzsimmons Metro Champs 1986	17-1 Phares Rolle 1975-76	18-1 Billy Olson Pacific Coast Club 1983	18-1 Billy Olson Pacific Coast T.C. 1983	17-0 Brian Fitzsimmons Florida State 1986	19-2¼ Joe Dial Oklahoma State 1985

10 IN A ROW!

1986 IN REVIEW

Florida State outdistanced second place Virginia Tech by over 50 points to win its tenth consecutive Metro Conference Track and Field Championship May 15-17. The Seminoles proved again to be the dominant team in the conference, winning every Metro Championship since it joined the conference in 1977. Senior Leander McKenzie, who was named the meet's most valuable performer for the third year in a row, helped FSU amass 180 points by winning both the high and intermediate hurdle events. The victory was a fitting end to the 1986 dual meet schedule that saw Florida State tally its best record in school history.

The Seminoles began the season with an exciting 80-69 upset victory over Auburn, who finished third in the NCAA Indoor Championships. FSU dominated the field events to pull off the upset by winning four of six events.

Florida State came back seven days later to prove the win was no accident at the Tampa Invitational. Florida State outdistanced the Tigers for a second straight week by 16 points to take the top team trophy.

Florida State then traveled to Gainesville to defeat arch rival Florida 97½ to 55½ at Percy Beard Track. The win marked FSU's eighth win in nine meetings with the Gators and increased its series advantage to 19-12.

FSU concluded its regular season with an impressive first place showing at the National Invitational Championships in Indianapolis, IN. The Tribe scored 112½ points to defeat Iowa, Indiana, Wisconsin, Cincinnati, Kentucky, Brigham Young, Northwestern, Notre Dame and NCAA Outdoor Champion Arkansas.

The win capped the 1986 season with a perfect 22-0 record, the best mark in school history.

Men's Indoor Season (4-1)

	FSU	OPP
Florida Open		Unscored
Eastman Invitational		Unscored
Milrose Games		Unscored
LSU Relays		Unscored
Florida Six-Way Meet	2nd	
Auburn	107	113
Penn State	107	96
Florida	107	93
Pittsburgh	107	47
Northwestern	107	31
Florida Open		Unscored
Florida Fast Time		Unscored
NCAA Indoor Champs.	12th	

Men's Outdoor Season (22-0)

FAMU Relays		Unscored
Domino Pizza Relays		Unscored
Florida Relays		Unscored
Auburn	80	69



Above: Sammie Smith, who doubles as the Seminoles' starting tailback on the football team, anchors FSU's winning 400 meter relay in last May's Metro Conference Championships

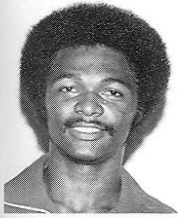
Left: Head coach Dick Roberts and Leander McKenzie accept Florida State's tenth Metro Conference Trophy.

Tampa Invitational	1st	
Auburn	186 2/3	171 2/3
Florida	186 2/3	63
Florida A&M	186 2/3	59
Miami	186 2/3	17
Bethune-Cookman	186 2/3	10

Florida Dual	97½	55½
Martin Luther King		Unscored
Springtime Invitational		Unscored
Nat'l Inv. Champs.	1st	
Iowa	112½	87
Indiana	112½	85
Arkansas	112½	80
Wisconsin	112½	60½
Cincinnati	112½	47
Kentucky	112½	35
Brigham Young	112½	30
Northwestern	112½	27
Notre Dame	112½	12
Florida All-Comers		Unscored
Metro Conf. Champs.	1st	
Virginia Tech	181	130
South Carolina	181	115
Cincinnati	181	75
Memphis State	181	72
Southern Mississippi	181	63
Louisville	181	14
Gatorade Classic		Unscored
Seminole Twilight		Unscored
NCAA Championships		31st (tie)

FSU TRACK TRADITION

Florida State's NCAA Champions



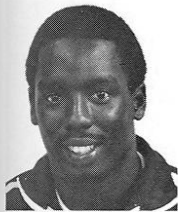
DANNY SMITH
60 yd. HH (7.1)
1974 and 1975

In 1975, Danny Smith became the first person to win the NCAA indoor championships in the 60 yd. high hurdles two years in a row. Including trials and finals over three years, Smith won 11 of 12 races, placing second to Olympic champion Rod Milburn in 1973.



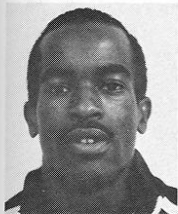
WALTER McCOY
600 yd. run (1:09.6)
1978

McCoy's upset victory as a freshman was only a tenth of a second off the NCAA meet record of 1:09.5 set by Olympian and world record holder Rick Wolhuter.



BRADLEY COOPER
Discus (212-6)
1979

Cooper's victory established a new NCAA meet record and climaxed an undefeated senior year. His record throw was the second longest in collegiate history.



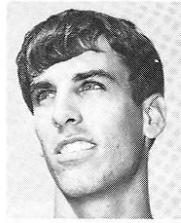
MIKE ROBERSON
200 Meters (19.96)
1980

Roberson saved his greatest collegiate race for his last one. After three races in the 4 x 400 relay (which placed third) and three races in the 100 meters where he finished second, he became the first human in history to break 20 seconds for 200 meters at sea level, finally winning an NCAA championship in the race he loved most.

**(RON NELSON), REGGIE ROSS
MELFORD BOODIE, PALMER SIMMONS
WALTER McCOY**
Mile Relay (3:16.7)
1980

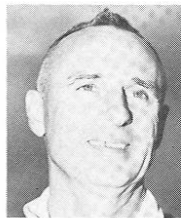
Lead-off runner Nelson suffered a severe hamstring strain during the qualifying race but even so the Seminoles were the fastest qualifier. Boodie flew in the next morning and Ross replaced Nelson at the lead off. McCoy's come-from-behind anchor leg was the fastest of the meet and brought FSU the victory.

Florida State Hall of Fame



KEN MISNER
Elected 1977

The team captain of the 1970 and 1971 Seminoles, Misner specialized in distance events for FSU. He earned All-America status in two sports (track and cross country). Misner first made All-American in 1969 in cross country and repeated that honor in 1970. The following year, he was All-American in both the three and six mile runs. Misner at one time held school records in the indoor two mile run, as well as the outdoor 2, 3 and 6 mile events.



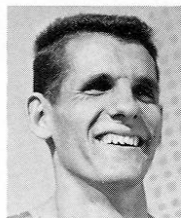
MIKE LONG
Elected 1978

One of the most prolific coaches in the history of the sport, Mike Long headed the Florida State track and field program for 23 seasons. During that time, Long recorded a won-lost record of 145-51 and had only one losing season. He coached five undefeated teams at FSU and had five others that lost only once. During that period, he coached 14 athletes who garnered a total of 26 All-American titles.



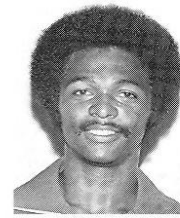
MIKE KELLY
Elected 1979

An outstanding hurdler for Florida State in the late sixties, Kelly earned All-American honors in both the 120-yard high hurdles and the 440-yard IM hurdles. His combined time of 63.9 in those two events set a world mark that stood for seven years.



MIKE CONLEY
Elected 1980

As a member of Florida State's track team, Conley was one of the South's most dominating runners from 1956-58. During his junior and senior seasons, he went undefeated in the one mile run. So dominating was Conley that his time of 4:05.7 in the mile run at the Meet of Champions in Houston (1958) would set a Florida State school record that would stand for 16 years.



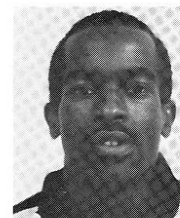
DANNY SMITH
Elected 1981

A three-time All-American in the hurdles, Smith at one time was co-holder of the world record in the indoor 50-yard hurdles. From 1975-76, Smith became the first athlete in NCAA history to claim back-to-back NCAA Championships in the indoor hurdles. A former world and NCAA record holder, Smith finished his career at FSU with seven university records to his credit.



BRADLEY COOPER
Elected 1984

Florida State's greatest field event performer came to Tallahassee from the Bahamas. In 1978, his junior year, Cooper won All-American honors when he finished fourth in the NCAA discus competition with a throw of 189 feet. His senior year, Cooper became FSU's first NCAA record-holder in track and field when he won the NCAA Championship discus event with a throw of 212-6. That mark stood for four years. Cooper, the co-captain of the 1979 track and field team, also holds the second-best shot put mark in FSU history at 60-2.



MIKE ROBERSON
Elected 1985

A World Class sprinter all four years (1976-1980) at Florida State, Mike Roberson set records at all levels of competition. He set FSU indoor and outdoor marks in the 60, 100 and 200, and Metro Conference records in the 100 and 200. Roberson won a gold medal in the 100 in the World University Games and was a member of the gold medal winning 400 meter relay team in the Pan American Games.

In 1980 FSU's greatest team, led by Roberson, finished third in the nation. He won the NCAA 200 meter championship in 19.6, becoming the first human in history to break 20 seconds at sea level. He also picked up second place in the 100 and was a member of FSU's third place 400 meter relay.

All-Americans

Al Williams -	1963 NCAA Shot Put
Mike Kelly -	1968 NCAA 120-Yard High Hurdles, 1969 USTFF 120-Yard High Hurdles, 1969 USTFF 440-Yard IM Hurdles
Ken Misner -	1969 USTFF Cross Country, 1969 NCAA Cross Country, 1970 USTFF Cross Country, 1971 NCAA Six Mile Run, 1971 USTFF Three Mile Run
Phil Parker -	1969 USTFF Triple Jump
Doug Brown -	1969 USTFF 100-Yard Dash
Bobby Brooks -	1971 USTFF Cross Country
Joel Garren -	1972 USTFF 200-Meter Dash
Danny Smith -	1973 NCAA 60-Yard High Hurdles, 1974 NCAA 60-Yard High Hurdles,* 1974 NCAA 120-Yard High Hurdles, 1975 NCAA 60-Yard High Hurdles*
Jesse Forbes -	1975 NCAA 100-Yard Dash, 1978 NCAA 100-Meter Dash, 1978 400-Meter Relay
Charlie Harris -	1975 USTFF Triple Jump
Rudy Falana -	1975 USTFF Long Jump
Tyrone Frederick -	1974 NCAA 880-Yard Run, 1975 USTFF 880-Yard Run
Don Merrick -	1976 NCAA 60-Yard Dash
Phares Rolle -	1976 NCAA Pole Vault
Mike Roberson -	1976 NCAA 200-Meter Dash, 1977 NCAA 60-Yard High Hurdles, 1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1978 NCAA 400-Meter Relay, 1980 NCAA 100-Meter Dash, 1980 NCAA 200-Meter Dash**, 1980 NCAA 400-Meter Relay
Ron Nelson -	1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1979 NCAA 1,600-Meter Relay, 1980 NCAA Indoor Mile Relay*, 1981 NCAA 1,600-Meter Relay
John Walker -	1978 USTFF Mile Relay, 1978 NCAA Mile Relay
Walter McCoy -	1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1978 NCAA 600-Yard Run*, 1978 NCAA 400-Meter Dash, 1978 NCAA 400- Meter Relay, 1979 NCAA 400-Meter Dash, 1979 NCAA 1,600-Meter Relay, 1980 NCAA 400-Meter Relay, 1980 NCAA 400- Meter Dash, 1980 NCAA Indoor Mile Relay*, 1981 NCAA 400-Meter Relay, 1981 NCAA 1,600-Meter Relay, 1981 NCAA 400-Meter Dash
Kevin Johnson -	1978 NCAA 400-Meter Relay, 1980 NCAA 400-Meter Relay
Bradley Cooper -	1978 NCAA Discus, 1979 NCAA Discus**
Earl Caruthers -	1979 NCAA 1,600-Meter Relay
Palmer Simmons -	1979 NCAA 1,600-Meter Relay, 1980 NCAA Indoor Mile Relay*
Bobby Butler -	1980 NCAA 400-Meter Relay
Herb Wills -	1980 NCAA 10,000-Meter Run, 1981 NCAA 10,000-Meter Run, 1981 NCAA Cross Country, 1982 NCAA 10,000- Meters
Leon Hutchins -	1980 NCAA Triple Jump
Mel Boodie -	1980 NCAA Indoor Mile Relay*
Reggie Ross -	1980 NCAA Indoor Mile Relay*, 1984 NCAA Indoor 1,600-Meter Relay
Philip Rolle -	1981 NCAA 800-Meter Run, 1981 NCAA 1,600-Meter Relay, 1982 NCAA Indoor 800-Yard Run
Rohn Stark -	1981 NCAA Decathlon
Ronnie Taylor -	1981 NCAA 400-Meter Relay, 1982 NCAA 200 Meters
Chip Wells -	1981 NCAA 400-Meter Relay
Don Frost -	1981 NCAA 400-Meter Relay
Lynn Brown -	1981 NCAA 1,600-Meter Relay
Leander McKenzie -	1984 NCAA 400-Meter Intermediate Hurdles, 1985 NCAA 400 Intermediate Hurdles 1984 NCAA 1,600-Meter Relay 1985 NCAA 1,600-Meter Relay 1986 400-Meter Intermediate Hurdles 1986 1,600-Meter Relay
Charlie Carr -	1984 NCAA 1,600-Meter Relay
Kenny Smith -	1984 NCAA High Jump
Vince (Bostic) Washington	1984 NCAA 1,600-Meter Relay 1985 NCAA 1,600-Meter Relay
Thomas Johnson -	1985 NCAA 1,600-Meter Relay 1986 NCAA 1,600-Meter Relay
Ocky Clark -	1986 NCAA 800-Meter Run
Kevin Gordon -	1985 NCAA 1,600-Meter Relay
Carter Williams -	1986 NCAA 1,600-Meter Relay
Clark Waddell -	1986 NCAA 1,600-Meter Relay

* - NCAA Indoor Champion

** - NCAA Outdoor Champion and Record Holder

FSU Track History

Year	Coach	Captains	W	L	T
1949	Ken Miller	None	0	3	0
1950	Ken Miller	Al Bradford	5	1	0
1951	Ken Miller	Max Watson	5	1	0
1952	Ken Miller	John Poston	6	1	0
1953	Ken Miller	Dick Mise	3	3	0
1954	Ken Miller	Carlos Fraundorfer	1	6	0
			20	15	0
1955	Mike Long	Ron Weaver	5	1	0
1956	Mike Long	Ron Weaver	7	1	0
1957	Mike Long	Joe Davis	4	1	0
1958	Mike Long	Mike Conely, Jack Terwilliger	4	0	0
1959	Mike Long	Jim Casteel, Dick Elwood	3	1	0
1960	Mike Long	Ted Keen	4	0	0
1961	Mike Long	Don Ostergaard	3	2	0
1962	Mike Long	Jeff Clark, Quintin Till	5	0	0
1963	Mike Long	Carign Johhson, Herb Craft	4	1	0
1964	Mike Long	None	5	0	0
1965	Mike Long	Al Cato, Jerry McDaniel	5	0	0
1966	Mike Long	Kenny White, John Brogle	*4	*4	0
1967	Mike Long	Sid Gainey, Steve Landis	4	8	0
1968	Mike Long	Bud Manning, Charlie Vickers	7	4	0
1969	Mike Long	Mike Kelly	7	3	0
1970	Mike Long	Randy Stow, Ken Misner, Charlie Galloway	11	2	0
1971	Mike Long	Randy Stow, Ken Misner, Bill Jackson	6	5	0
1972	Mike Long	Chuck Crowder, Bernie Waxman	2	5	0
1973	Mike Long	Rudy Falana, Allen McMillen, Tyrone Frederick	10	5	0
1974	Mike Long	None	7	2	0
1975	Mike Long	None	15	2	0
1976	Mike Long	None	12	2	0
1977	Mike Long	Don Merrick	11	2	0
			145	51	0
1978	Dick Roberts	Jesse Forbes, Cliff Cook	11	4	0
1979	Dick Roberts	Brad Cooper, John Citron	11	2	0
1980	Dick Roberts	Tom Herron, Palmer Simmons	13	3	0
1981	Dick Roberts	Philip Rolle, Walter McCoy, Larry Greene	14	1	0
1982	Dick Roberts	Ronnie Taylor, Robb Gomez	13	4	0
1983	Dick Roberts	John Subers, Larry Greene	7	8	1
1984	Dick Roberts	Reggie Ross, Dusty Harmon, Ronnie Treadway	11	3	1
1985	Dick Roberts	Vince Washington, Andy Latimers	11	5	0
			91	30	2
1986	Dick Roberts	Leander McKenzie, Mark Sleeman, Vince Washington, Ocky Clark	22	0	0
		Ashley Peoples	113	30	2
	Totals		268	96	2

* Won-Loss records since 1966 include multiple team victories and losses (i.e. third place in five-way meet scored as two wins and two losses.)



Walter McCoy, 1984 Olympic Gold Medalist

THIS IS FLORIDA STATE

Florida State University, a coeducational institution and a senior member of the nine universities in the state system, is in Tallahassee, Florida, the state's capital.

Located just a few blocks from the Capitol, the Florida State campus is considered to be one of the most beautiful in the southeast. The 347-acre campus is covered with hardwoods, pines and palms as well as springtime greenery that combines the blossoms of camellias, azaleas and dogwoods.

The approximately 22,500 students currently enrolled at Florida State learn from a faculty of 1,500, which include four members of the National Academy of Sciences.

Florida State offers students the opportunity to choose from more than 100 career options in arts and sciences, business, communication, criminology, education, engineering, home economics, law, library and information studies, music, nursing, social sciences, social work, theater and visual arts. Honors programs are available for top students.

The University has been recognized by the Board of Regents for its continuing leadership at the graduate levels of education.

Overseas study programs in fields ranging from law to hotel and restaurant administration are offered in Florence, Italy; Oxford and London, England; Switzerland; Yugoslavia, Costa Rica and the Panama Canal Zone.

The University's location in the state capital affords excellent study, research and internship opportunities in the areas of government, social sciences, law and policy sciences.

Florida State is setting the pace as higher education in Florida prepares to enter the 21st century. One of the few institutions of learning in the United States with its own supercomputer, FSU is attracting researchers from around the globe.

In 1982, Florida State received the Panama City campus, originally a part of the University of West Florida, through administrative transfer from the Board of Regents and the state legislature. Today



approximately 85 percent of the courses offered in Panama City are taught by full-time Tallahassee faculty.

The Bay County Commission purchased 21 acres, 16 of which make up Phase I of the new campus. The remaining acreage will be available for expansion into technical degree programs such as engineering and science.

Social life for many students in Tallahassee centers around 24 fraternities and 20 sororities. Wind surfing, swimming and sunning are among the activities to be enjoyed at FSU's lakeside "Reservation" or along the sandy beaches of nearby coasts. In the fall, the campus goes wild for football, supporting the Seminoles both at home and away.

When it comes to intercollegiate athletics, Florida State has established a winning tradition. Both the men's and women's athletic programs are among the nation's best.

A unique extracurricular activity is the Flying High Circus, the nation's only all-collegiate circus. Students from every academic major can become stars on the

flyng trapeze or highwire or in clown acts.

Florida State is growing. Construction has begun on the Florida A&M University/FSU College of Engineering Building, located adjacent to Innovation Park, two miles southwest of the FSU campus. It is expected to be completed by October 1987.

Construction began last fall on the new student union complex and construction is expected to be completed in 1987 on the Science Center Library.

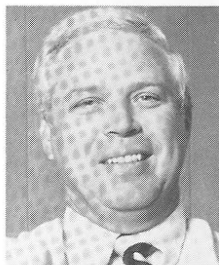
Plans are also underway for a \$12.1 million multipurpose student gym, approved by the 1986 Legislature, as well as improvements to the central utility plant and renovation of the old Music Building (Music School South).

The College of Law's Village Green project has begun. When completed, the \$3.8 million project will feature four restored historic homes to be used as study, meeting and reception areas.

FSU President Bernard P. Sliger takes pride not only in the programs, but also in the people—students, faculty, administrators and staff—who make Florida State a successful monument to learning.



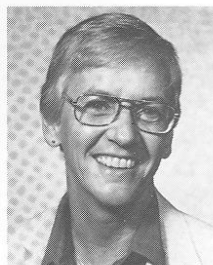
Dr. Bernard F. Sliger
President



C.W. "Hootie" Ingram
Athletic Director



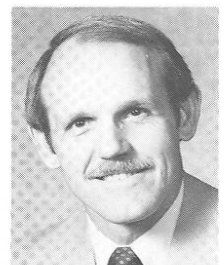
Bob Goin
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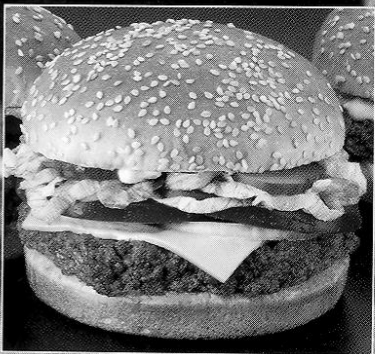
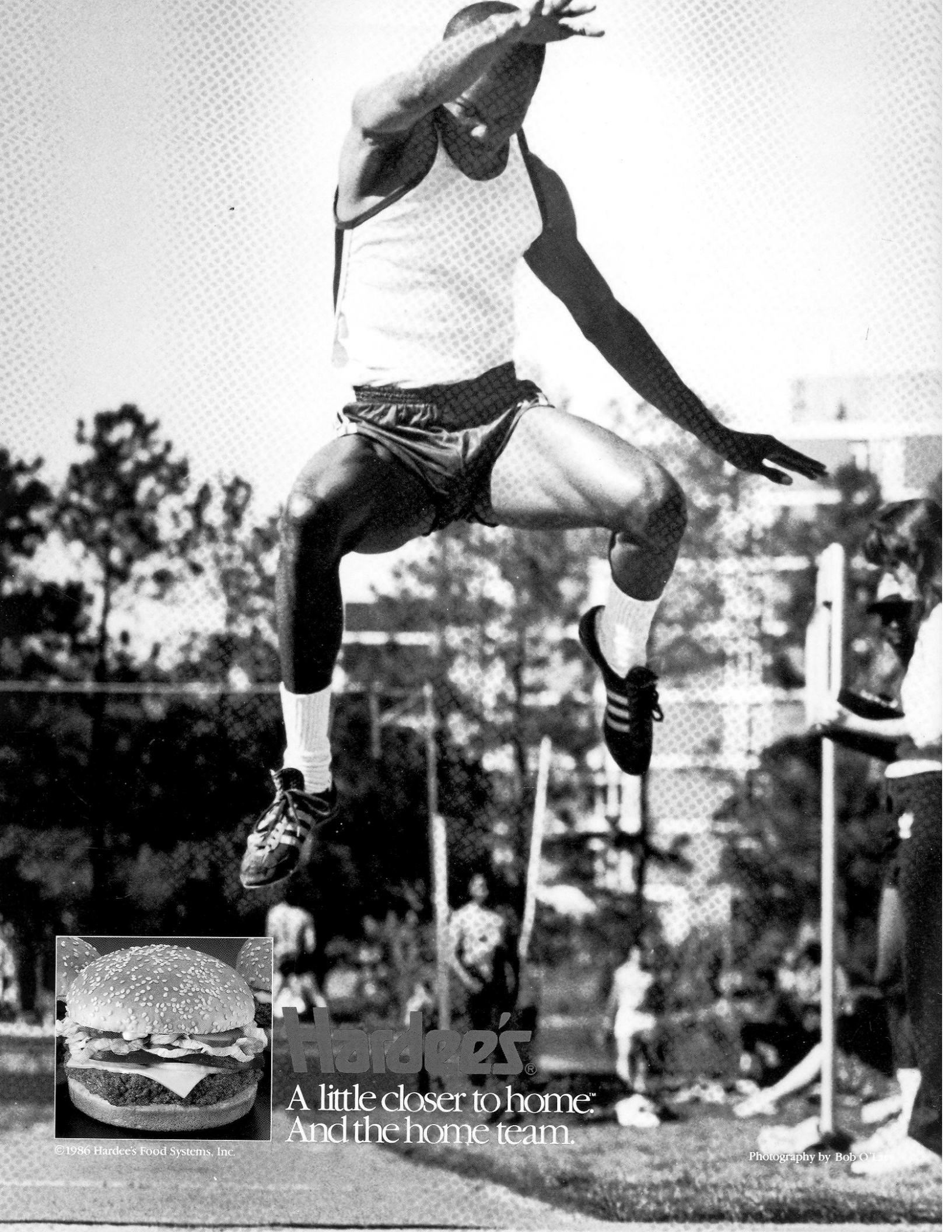
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