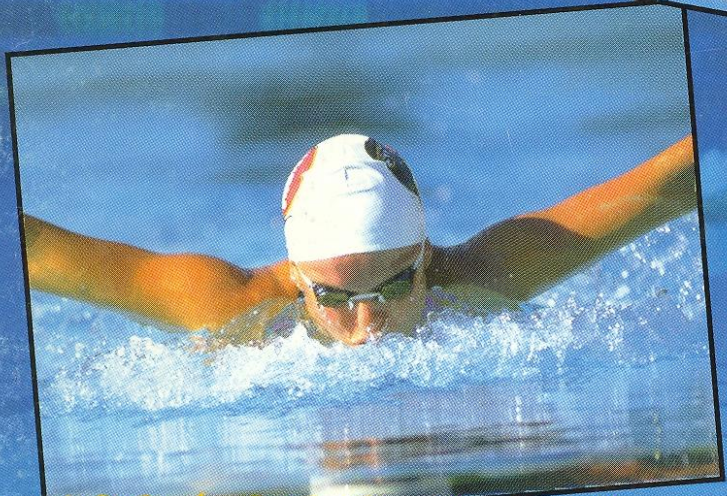
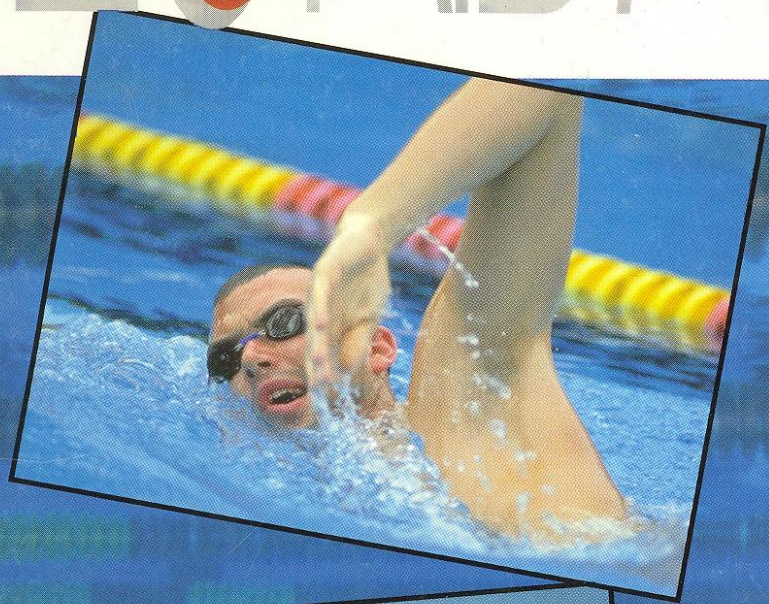


# FLORIDA STATE



*1994-95 Swimming & Diving Media Guide*

# Media Information

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## Note To The Media

Florida State swimming and diving meets are held at the Bobby E. Leach Center on the Florida State campus. Members of the media may be seated at the officials table at the west end of the pool. If any assistance is needed in covering the Seminoles at home, contact Brent Haley of the FSU Sports Information Office at (904) 644-1403.

The SID staff will provide complete results and fax service at all home meets. Coach Don Gibb can be reached for interviews at 644-1091 anytime during the day before 2 p.m. Interviews of student-athletes or other information concerning the coaches or team members can be handled by the Sports Information staff. Please let us know if we can be of any assistance to you in your coverage of Florida State athletics.

## Florida State Facts

President \_\_\_\_\_ Sandy D'Alemberte  
Location \_\_\_\_\_ Tallahassee, FL  
Enrollment \_\_\_\_\_ 29,000  
Founded \_\_\_\_\_ 1857  
Nickname \_\_\_\_\_ Seminoles  
Colors \_\_\_\_\_ Garnet and Gold  
Conference \_\_\_\_\_ Atlantic Coast  
Facility \_\_\_\_\_ Bobby E. Leach Center (indoor)  
Bim Stults Aquatic Center (outdoor)

## Athletic Administration

Interim Athletic Director \_\_\_\_\_ Wayne Hogan  
Associate Athletic Director \_\_\_\_\_ Cecile Reynaud  
Athletic Director Phone \_\_\_\_\_ (904) 644-1079  
Associate Director Phone \_\_\_\_\_ (904) 644-1091

## Swimming and Diving Staff

Head Coach \_\_\_\_\_ Don Gibb (2nd year/Florida '85)  
Diving Coach \_\_\_\_\_ Gary Cole (13th year/Bowling Green '75)  
Assistant Coaches  
Leigh Ann Fetter-Witt (2nd year/Texas '93)  
Neil Harper (1st year/Louisiana State '88)  
Swimming and Diving Office Phone \_\_\_\_\_ (904) 644-1091

## FSU Sports Information Office

Assistant Athletic Director  
for Communications \_\_\_\_\_ Wayne Hogan  
Sports Information Director \_\_\_\_\_ Rob Wilson  
Swimming and Diving SID \_\_\_\_\_ Brent Haley  
SID Address \_\_\_\_\_ Moore Athletic Center  
P.O. Drawer 2195, Tallahassee, FL 32316  
SID Office Phone \_\_\_\_\_ (904) 644-1403  
SID Fax \_\_\_\_\_ (904) 644-3820

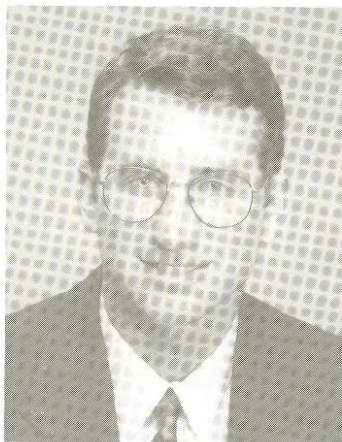
## Credits

Editor \_\_\_\_\_ Brent Haley  
Photography \_\_\_\_\_ Ryals Lee, Ross Obley  
FSU Photo Lab  
Design \_\_\_\_\_ Vision Advertising & Design  
Tallahassee, Florida  
Printing \_\_\_\_\_ FSU Printing Services

# The Coaches

## **Don Gibb (Florida '85) Head Coach**

The 1994-95 swimming season is Don Gibb's second as the head of the Seminole program. It also marks his third year on the Seminole staff after five seasons as the top assistant for the University of Florida men's program.



*Don Gibb,  
Head Coach*

A 1985 graduate of the University of Florida with a degree in psychology, Gibb swam for the Gators for two seasons (1981-82 and 1982-83) and was a member of the Florida 1982-83 national championship team. Individually, he was the SEC

100-yard freestyle champion in 1982, and also a World Games Trials finalist in the 100m freestyle.

He played an important role in 1983 as a member of the Gators NCAA champion 400-yard free relay team which clinched the national title for Florida. Gibb also took seventh place in the 100-yard (43.62) freestyle at the 1983 NAAs.

Gibb also led both the Florida State men's and women's teams to third place finishes at last season's ACC Championships, their highest places in the school's three year history in the league.

Married for nine years, Gibb and his wife Gena, a 1994 graduate of Florida State School of Nursing have a four-year-old daughter, Sarah.

*Below: Coaches, from left, Gary Cole, Neil Harper, Don Gibb, Leigh Ann Fetter-Witt, and Anthony Frangello.*



# The Coaches

## **Gary Cole (Bowling Green '75) Diving Coach**

In his 13th year as the diving coach at Florida State, Gary Cole continues to recruit and train some of the best divers in the nation. Besides his coaching responsibilities, Cole also assists with the team computer management systems.



*Gary Cole,  
Diving Coach*

A member of the NCAA Diving Rules Committee and the U.S. Professional Diving Coaches Association, Cole has coached two World Age Group Champions and four collegiate All-Americans in his career. In 1984, three of his athletes finished in the top eight at the Canadian Olympic Trials. In 1988, Cole was selected as South Korea's

Olympic Coach and also earned Metro Diving Coach of the Year honors. After the 1991 and 1992 seasons, Cole was honored as an All-American Diving Coach by the Professional Diving Coaches Association.

Last season, Cole served as the meet director for the Atlantic Coast Conference Swimming and Diving Championships held in Florida State's Bobby E. Leach Center. The FSU diving team was the first to win the ACC without having an individual champion in an event.

Cole, a standout diver in college and high school where he was instructed by U.S. Olympic Coach Ron O'Brien, is married to the former Vickie Welcher of Ormond Beach. Their first child, Angela Lynne, turned two on July 16, 1994.

## **Leigh Ann Fetter-Witt (Texas '93) Assistant Coach**

Entering her second year on the Florida State swim staff, Leigh Ann Fetter-Witt, is one of the most accomplished swimmers in NCAA history. The 1993 graduate of the University of Texas was a four-year letter winner for the powerhouse Longhorns.



*Leigh Ann Fetter-Witt  
Assistant Coach*

Fetter-Witt was the first woman in the world to break the 22 second barrier in the 50 freestyle and she currently holds the American record in that event.

She is also an international competition veteran, swimming in the 1988 Olympics, the 1989 Pan Pacific Games, the 1990 Goodwill Games, the 1991 Pan Pacific Games and the 1991 World Championship Games. While at Texas, Fetter-Witt was a 17-time NCAA Champion and worked as a student assistant for the Longhorns after completing her eligibility in 1991.

Fetter-Witt is married to Mike Witt and the couple celebrated their first anniversary on August 27, 1994.

## **Neil Harper (Louisiana State '88) Assistant Coach**

Neil Harper begins his seventh year of Division I College coaching and his first as part of the "new look" Seminole staff. The two-time British Olympian comes to Florida State after six successful years at his alma mater, Louisiana State.



*Neil Harper  
Assistant Coach*

Harper's responsibilities include men's and women's recruiting coordinator, individualized strength and conditioning for all FSU swimmers and the on-deck coaching of the IM and stroke groups. During his

# In Profile

tenure at LSU, his recruiting and coaching helped the men to two Top 15 NCAA finishes and the Lady Tigers to two Top 20 and two Top 15 NCAA finishes.

Harper graduated from LSU with a Bachelor of Science degree in Education and Kinesiology. He also earned his teacher's certificate in Physical Education and Social Studies K-12.

As a collegiate student-athlete he was a seven-time NCAA All-American and a four-time SEC Champion. In 1988 he led LSU to its first SEC team championship and a sixth place finish at the NAAs. He also swam in two Olympic Games representing his native Great Britain in 1984 and 1988 making the final of the 400 Medley Relay on both occasions. In 1986, he competed in the 1986 World Championships and won a silver medal in the Commonwealth Games that same year.

Harper is married to the former Paige Busch of Orlando, herself a former high school and NCAA All-American and SEC 100 breastroke champion. Harper and his wife Paige had their first child, Katherine Alexis, on November 8th of this year.

## **Anthony Frangello (Georgia '91) Assistant Coach**

Anthony Frangello begins his first year as a full-time assistant with Florida State after spending the past two years as a graduate assistant with the swimming program. This will be Frangello's second season as the coach for distance freestyle and the 400 IM group.



*Anthony Frangello  
Assistant Coach*

Frangello had an outstanding collegiate career at Brevard Community College in Cocoa, FL, then at the University of Georgia. While at BCC, Frangello was the Junior College National Champ in the 100 and 200 butterfly and was a five-time NJCAA All-American. At Georgia, he set the Bulldog school record in the 200 fly three times and was a South-eastern Conference finalist and

Junior National Qualifier in both the 100 and 200 fly.

Frangello is pursuing a Master's degree in Asian studies and is a student of Oriental Martial Arts.

## **Nada Cenanovic (Florida State '93) Graduate Assistant**

Beginning her first year as a graduate assistant is Nada Cenanovic. Cenanovic's primary responsibilities include being an administrative assistant as well as being the team videographer.



*Nada Cenanovic,  
Graduate Assistant*

As a swimmer at Florida State she was a member of the FSU record holding 400 freestyle relay team, and in high school she was a two-time state champion in the 50 free as well as claiming twelve letters in six different sports.

The twenty-two year old Mississauga, Ontario native received her undergraduate degree in multinational business and finance from Florida State University in 1993. She recently earned her master's degree in athletic administration and is currently pursuing a doctorate degree in the same field.

### *SEMINOLE teamwork.*



# Ladies' Outlook

The Lady Seminoles swimming and diving team has improved their Atlantic Coast Conference finish one place every year since becoming a conference member three years ago. They concluded last season with a successful third place finish and head coach Don Gibb sees the trend continuing as his women's program continues to improve and picks up steam.

Coach Gibb feels this could very well be the year that the Lady Seminoles start knocking not only on the conference door, but begin getting recognition on the national scene as well. "We have established ourselves on the conference level, but we're not satisfied with that," said Gibb. "We have work to do. We have done some great things here recently and we look to continue in that direction."

The Lady Seminoles are again led by returning All-ACC swimmers Dora Bralic and Helen Jepson.

Bralic, a senior from Rijeka, Croatia, was the conference champion in the 100 breaststroke and finished second in the 200 breast. She has been an All-ACC selection all three years at FSU and is the Croatian national record holder in the 100 breast.

Jepson finished second in the conference in the 200 fly and third in the 100 fly.

The junior from West Yorkshire, England is a two-time NCAA qualifier in the 200 fly and is also the school record holder in that event. Jepson just missed representing her native England in the 1992 Olympics.

While Jepson has qualified for the NCAAs the last two years, the coaching staff feels more athletes can qualify this year. "Helen went to NCAAs last year, and she should have a solid chance of reaching the finals at this year's," said Gibb. "Our program is moving into the area where we should have more swimmers qualify every year."

The Lady Seminoles will also rely heavily on seniors Ruth Kominski and Betty Engel, junior Claudia Wilson and sophomore Caroline Hamilton.

Kominski is an outstanding relay swimmer who recorded last season's fastest 50 free time. She also finished in the 50 free and 100 fly at the ACC championships.

Engel is a former transfer from Indian River Community College where she was named National



Junior College Athletic Association Swimmer of the Year. She has the potential to be one of the ACC's top IM swimmers.

Wilson, from Brazil, has finished in the 400 IM both years while at Florida State, and Hamilton returns as having swam the second fastest 200 breast time on the team behind the aforementioned Bralic.

Diving Coach Gary Cole returns the nucleus of last season's ACC diving championship team including junior Julie Henderson and sophomore Erin Gillooly. Both finished in the top five in the ACC with Henderson placing third and Gillooly fifth overall.

A newcomer to the diving squad is Julie's freshman sister Sarah, who is a former Florida high school state champion.

One sure sign the FSU program is rapidly improving is the talent-laden recruiting class which Coach Gibb considers to easily be national caliber. Among the headlining names are Jodi Krieg, Allison Smith and Mara Toole. All of whom are expected to make an immediate impact on the team.

The 1994-95 Florida State Women's Swimming and Diving Team returns the bulk of last year's highly successful squad, supplemented by one of the South's finest recruiting classes. Mix that with a young, enthusiastic, coaching staff with olympic experience and what could be realized is the establishment of one of the region's most exciting and up and coming swim programs.

# 1994-1995 Lady Seminole Roster

<b>Name</b>	<b>Class</b>	<b>Event</b>	<b>Hometown</b>
Dora Bralic	SR	Breaststroke, IM	Riyeka, Croatia
Meghan Brennan	JR	Free, Back, IM	Tampa, FL
Kristen Campbell	JR	Back, Free	Jupiter, FL
Colleen Carpenter	SO	Backstroke	Austin, TX
Malindy Dorminy	SO	Breast, Free	Tifton, GA
Cara Duncan	SO	Sprint Freestyle	Longwood, FL
Betty Engel	SR	Individual Medley	Stuart, FL
Margaret Fox	SO	Distance Freestyle	Pensacola, FL
Maidar Gaztanaga	SO	Distance Freestyle	Ordizia, Spain
Erin Gillooly	SO	Diving	Orlando, FL
Caroline Hamilton	SO	Breaststroke	Seminole, FL
Julie Henderson	JR	Diving	Orlando, FL
Sarah Henderson	FR	Diving	Orlando, FL
Helen Jepson	JR	Butterfly	West Yorkshire, England
Ruth Kominski	SR	Free, Stroke	Silver Spring, MD
Jodi Krieg	FR	Back, Free	St. James City, FL
Shannon McHugh	SO	Distance Free, Fly	Plantation, FL
Beth Rosenbluth	JR	Back, Fly	Longwood, FL
Heather Schalk	JR	Freestyle	Longwood, FL
Paige Schiff	SR	Freestyle, Butterfly	Miami, FL
Karin Schmedeman	SO	Diving	Brandon, FL
Allison Smith	FR	Breaststroke	Columbus, MS
Mara Toole	FR	Butterfly	Tampa, FL
Claudia Wilson	JR	Backstroke, IM	Mina Gerais, Brazil

1st row (left to right)  
 Sarah Henderson,  
 Beth Rosenbluth,  
 Colleen Carpenter,  
 Mara Toole,  
 Allison Smith,  
 Helen Jepson,  
 Paige Schiff, Betty Engel,  
 Ruth Kominski,  
 Julie Henderson,  
 Shannon McHugh,  
 Pam Kuznia,  
 Karin Schmedeman,  
 Erin Gillooly,  
 Heather Schalk,  
 Claudia Wilson,  
 Meghan Brennan,  
 Dora Bralic,  
 Maidar Gaztanaga,  
 Caroline Hamilton.  
 Steps (from bottom)  
 Kristen Campbell,  
 Cara Duncan, J  
 odi Krieg, Margaret Fox  
 Not Pictured:  
 Lindy Dorminy



# Lady Seminoles



**Dora Bralic**  
Senior  
Riyeka, Croatia  
Coral Springs High School  
(Mission Bay)

One of the ACC's premier athletes in the breaststroke...two-time ACC defending champion in 100 breaststroke (1:04.46 in 1994 and 1:04.90 in 93)...expected to qualify

for NCAAAs...a three year ACC All-Conference selection... conference runner-up in 200 breaststroke in 1994 (2:19.40) and 93 (2:18.44)...versatile swimmer competing in the breaststroke, butterfly and individual medley events...had FSU's fastest times in the 100 and 200 backstroke and 200 IM all three years at FSU...placed fourth in conference in 200 IM last year...Florida State's Most Valuable Swimmer during the 1991-92 campaign...holds the Croatian record in the 100 breaststroke and a member of three relay teams (400 free, 800 free, and 400 medley)...will be counted on heavily for leadership...personal bests include a 1:04.19 in 100 breaststroke, 2:18.48 in 200 breaststroke and a 2:05.18 in 200 IM...**PREP:** Trained extensively at Boca Raton's Mission Bay under Steve Bultman...swam for two seasons at Coral Springs High and was her school's Most Valuable Swimmer her senior year...**PERSONAL:** Coordinator of international scientific conference in Croatia this past summer...majoring in public relations...born November 29, 1972.



**Meghan Brennan**  
Junior  
Tampa, FL  
Plant High School  
(Greater Tampa Swim Club)

Will add depth to IM squad during 1994-95 season...expected to score more points in the conference this season...versatile swimmer who can compete in both sprints and

distances...consolation finalist in the 200 and 400 individual medley and the 200 breaststroke at the conference championships... placed third in 1000 free and 200 IM against Georgia Southern...personal bests include 2:27.30 in the 200 breaststroke, 4:32.09 in 400 IM and 2:09.01 in the 200 IM...

**PREP:** Was an All-County swimmer at Plant H.S... **PERSONAL:** Majoring in criminology...father is the swim coach at the University of Tampa...born March 31, 1974.



**Kristen Campbell**  
Junior  
Jupiter, FL  
Jupiter High School  
(North Palm Beach C.C.)

Hard worker who should improve last season's conference performance...battled sinus problems and a bout with mononucleosis during 1993-94 season...outstanding

relay swimmer...finalist in 100 backstroke at ACC Championships... an ACC consolation finalist in 200 freestyle and 200 back as a sophomore...anchored 800 freestyle relay which finished fourth in ACC...conference consolation finalist in 100 and 200 backstroke as a freshman...outstanding student in and out of the water...personal bests include 58.76 in 100 back, 2:05.53 in 200 back, has swam a 52.68 relay split in the 100 free...**PREP:** Was captain and most valuable swimmer during her senior year at Jupiter High School... selected a High School Academic All-American by the National Swimming Coaches Association...placed second in the 100m backstroke and seventh in the 500m freestyle at the Florida State High School meet...swam under Dick Cavanah at North Palm Beach C.C. and Beth Howard at Jupiter H.S...**PERSONAL:** Double majoring in hospitality administration and marketing...November 2, 1974.



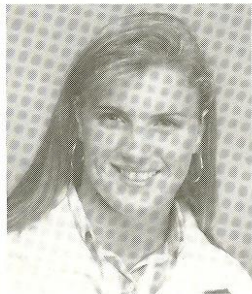
**Colleen Carpenter**  
Sophomore  
Austin, TX  
Westwood High School  
(Texas Aquatics)

One of many young Lady Seminole swimmers who should have a strong impact this season...had shoulder surgery in the off-season... finished fourth in the conference in

100 back as a freshman...expected to be a force in the freestyle events... possessed team's fastest time last season in 100 back (58:55)...personal best times include 57:30 in 100 back, 2:03.9 in 200 back, and 52.50 in 100 free...chose FSU over Texas A&M and UC Santa Barbara...**PREP:** A four-year letter winner at Westwood High School...won the Lady Warrior Award (most outstanding swimmer) at Westwood during her final two seasons...a high school All-American and All-State selection as a sophomore, junior, and senior...**PERSONAL:** Chose a major in elementary education... member of National Honor Society...born December 8, 1974.



# Swimming & Diving Team



**Malindy Dorminy**  
*Sophomore*  
*Tifton, GA*  
*Tift County High School*  
*(Americus Blue Tide)*

Outstanding sprinter who will be relied on heavily in relays...should score in ACC championships...ACC consolation finalist in 50 free...member of 200 free relay which finished third in conference...swam team's

third fastest 50 free as a freshman (24:60)...altitude trained in Quito, Ecuador this summer...personal bests include 24:33 in 50 free, 58:84 in 100 fly and 1:05.35 in 100 breast...chose FSU over Kentucky...**PREP:** Lettered in swimming four years at Tift County High School...Georgia state high school finalist in the 100 breast as a senior...an all-state selection...swam under the coaching of Kirt Myers at Americus Blue Tide...

**PERSONAL:** Majoring in communications...born January 6, 1975.



**Cara Duncan**  
*Freshman*  
*Longwood, FL*  
*Lake Brantley High School*  
*(Patriot Aquatics)*

Sprint freestyle specialist who took a redshirt last season due to shoulder surgery...potential to make strong impact...expected to contend for honors at the ACC Champion-

ships... strong relay swimmer...has a promising future in the FSU program...personal bests include 23:93 in the 50 free and 52.6 in the 100 free...chose FSU over Auburn...**PREP:** Attended Lake Brantley High School...Florida State champion in the 50 and 100 free after finishing second in both events as a sophomore...All-American relay swimmer all four years in high school...named the Central Florida Athlete of the Year after her final season...**PERSONAL:** Same club team as Beth Rosenbluth...plans to major in nursing...born February 10, 1975.



**Betty Engel**  
*Senior*  
*Stuart, FL*  
*Martin County High School*  
*(Pioneer Aquatics)*

Has potential to be one of the top swimmers in the conference in the 200 and 400 IM...should improve on last year's conference showing where she was a consolation finalist in 200 IM...will contend for 200

and 400 IM championships at the ACCs...former transfer from Indian River Community College where she was named the National Junior College Athletic Association Swimmer of the Year following her sophomore year...hard worker who will be looked to for senior leadership...outstanding student...

**PREP:** Four-year letter winner at Martin County High School...four-time state qualifier...Martin County record holder in five events...named to the All-Area Swim Team by the Palm Beach Post...**PERSONAL:** Honor roll student in both high school and junior college...volunteer for the Special Olympics and March of Dimes...majoring in nursing...birthday is June 30, 1973.



**Margaret Fox**  
*Sophomore*  
*Pensacola, FL*  
*Washington High School*  
*(Greater Pensacola)*

Hard worker who brings added depth to the distance events... dedicated walk-on who is a consummate team player...personal bests include 5:07 in the 500 free and 10:33

in the 1000 free...**PREP:** Lettered four years in swimming at Washington High School...team captain as a senior...won the Washington Leadership Award...**PERSONAL:** Majoring in child psychology...four year honor roll student in high school...born May 16, 1975.

# Lady Seminoles



**Maider Gaztanaga**  
**Sophomore**  
**Ordizia, Spain**  
**Jacksonville Bolles HS**

Talented middle distance swimmer with potential to score at NAAs...should improve greatly after spending another year getting acclimated to United States...owns last season's fastest time on team in 500 free (5:04.75) and 1000 free

(10:17.14)...consolation finalist in 500 free and 400 IM at conference championships...chose FSU over Florida...**PREP:** Earned All-American status in the 500 free while at Bolles and swimming under the direction of Coach Gregg Troy...also an all-state pick in the 1000 free...placed third in the 500 free at the Spanish Nationals in 1991...**PERSONAL:** Plans to major in multinational business and finance...born December 26, 1974.



**Erin Gillooly**  
**Sophomore**  
**Orlando, FL**  
**Gateway High School,**  
**Auburn NY**  
**(Team Orlando)**

Talented diver who possesses NCAA qualifying potential after one year of diving at the collegiate level...ACC finalist in both the

one and three meter boards...scored 27 points on diving team which took first place in ACC championships...has



excellent desire and is eager to improve...**PREP:** State Class 3A diving champion while at Gateway High School...finished third at the Junior Olympic Age Group Nationals in 1992...**PERSONAL:** Undecided on a major...born on September 13, 1974.



**Caroline Hamilton**  
**Sophomore**  
**Seminole, FL**  
**Seminole High School**  
**(St. Petersburg Aquatics)**

Hardworking swimmer with a promising future in the breaststroke...should final at ACC's this year...consolation finalist at conference championship as a freshman in 100

breaststroke...swam second best 200 breast on team last year (2:25.15)...personal best is 1:07.15 in 100 breast...selected Florida State over Florida...**PREP:** Enjoyed a distinguished prep career at Seminole High School swimming under Tom Haight...holds the school record in the 100 breast and a member of the Seminole record holding 200 free relay team...four-year letter winner...four-time state qualifier...**PERSONAL:** Born in Cuckfield, England...majoring in physical therapy...birthday is January 15, 1975.



**Julie Henderson**  
**Junior**  
**Orlando, FL**  
**Dr. Phillips High School**  
**(Team Orlando)**

Outstanding diver who coaches project as an NCAA qualifying possibility...finished third on three meter and fourth on one-meter at ACC Championship...consistent diver poised to become ACC's elite...

selected to the All-ACC Swimming and Diving team as a freshman...chose Florida State over Auburn...**PREP:** Named High School All-American four straight years at Dr. Phillips High School in Orlando...state High School and National Age Group finalist...**PERSONAL:** Sister, Sarah, is a freshman diver at FSU...a leisure major...born February 27, 1974.

*At left: A view of one of Florida State's many dormitories.*

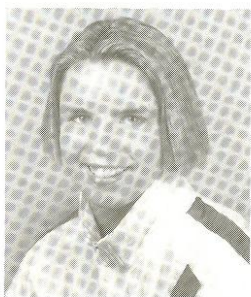
# Swimming & Diving Team



**Sarah Henderson**  
**Freshman**  
**Orlando, FL**  
**Dr. Phillips High School**  
**(Team Orlando Diving)**

A heavily recruited diver with a promising future at Florida State... very elegant diver who should find on both boards at ACCs...will gain valuable collegiate experience during

season...an expected future NCAA qualifier...chose FSU over Florida and Tennessee...**PREP:** Former Florida high school state champion while at Dr. Phillips...**PERSONAL:** planning on majoring in communications and wants to attend law school...sister, Julie, is a junior diver for Florida State...born May 29, 1976.



**Helen Jepson**  
**Junior**  
**West Yorkshire, England**  
**Wakefield Girls High School**

Two-time NCAA qualifier in the 200 fly...owns school record in 200 fly with a time of 2:00.92...a two-year All-ACC selection...ACC runner-up in 200 fly and finished third in 100 fly last season...former ACC cham-

pion in 200 fly and she finished second in 100 fly as a freshman... consolation finalist in 1650 free at conference meet... just missed representing England in the '92 Olympics in Barcelona...did swim for Great Britain at the World University Games in Buffalo in summer of 93...should again contend for top honors in the 200 butterfly, as well as the 100 fly and 1650 free at the ACC Championships...outstanding student and a leader by example...chose Florida State over Florida... personal best times of 56.5 in 100 fly and 2:00.92 in 200 fly ... **PREP:** Swam at Wakefield Girl's High School for coach Terry Dennis...**PERSONAL:** Majoring in child development... born on September 4, 1972.



**Ruth Kominski**  
**Senior**  
**Silver Spring, MD**  
**John F. Kennedy High School (Rockville Municipal Swim Club)**

Versatile swimmer who is looking to have a breakthrough senior year...swims the breaststroke, butterfly and freestyle events...an outstanding

relay swimmer...finished fifth in the 50 free and sixth in the 100 fly at last year's ACC Championships...placed seventh in the 100 butterfly at the ACC as a sophomore...also a consolation finalist in the 50 free and 100 breast as a sophomore... finished eighth at the ACC Meet in the 50 free as a freshman... comes out of the extremely competitive Rockville (MD) Municipal Swim Club...had FSU's fastest time in 50 free last season (24.03) chose Florida State over North Carolina, Penn State and Maryland...best times include 23.86 in 50 free, 57.50 in 100 fly, 1:05.00 in 100 breast and 52.80 in 100 free...**PREP:** A High School All-American in 100 breaststroke her sophomore, junior, and senior seasons...both a junior and senior national qualifier in the 50 free and 200 breaststroke...four-year letter-winner at John F. Kennedy High... **PERSONAL:** Was a delegator for the All-American Foundation this summer...a special education major...born July 22, 1973.

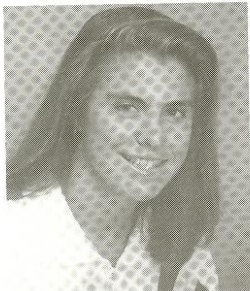


**Jodi Krieg**  
**Freshman**  
**Pine Island, FL**  
**Mariner High School**  
**(Swim Florida)**

One of the most heralded recruits ever to join the Florida State program...versatile swimmer who excels in sprint freestyle, backstroke, and IM events...should contend for conference supremacy and already

considered an NCAA prospect...a national recruit who chose Florida State over Florida...personal bests include 23.88 in the 50 free, 57.09 in the 200 back and 2:06 in the 200 IM...**PREP:** State champion and All-American in the 50 free and 100 back as a senior...four time district champion in 100 back...swam for Gregg Cross at Swim Florida... **PERSONAL:** Born in Ft. Wayne, Indiana on May 21, 1976.

# Lady Seminoles



**Shannon McHugh**  
**Sophomore**  
**Plantation, FL**  
**St. Thomas Aquinas High School (Pine Crest)**

Gained valuable experience last season in the butterfly and distance freestyle events...returns to add valuable depth to those events... finished second in dual meet vs. N.C.

State in 1000 free...possessed third fastest 500 free time on team (5:09.09) last season...excellent work ethic and a tremendous student...fastest times are 5:02 in 500 free, 10:15 in 1000 free, 17:05 in 1650 free and 2:09 in 200 fly...**PREP:** Four-time state finalist at St. Thomas Aquinas High School...a three-year honorable mention All-American...attended the same school as FSU men's freshman Frank Bradley...**PERSONAL:** Chose a major in elementary education...swam for Pine Crest Swim Club along with Seminole Heather Schalk...honor roll student in high school ... celebrates an April 6, 1975 birthday.



**Beth Rosenbluth**  
**Junior**  
**Longwood, FL**  
**Lake Brantley High School (Patriot)**

Backstroke and butterfly specialist with potential to final at ACC's...a consolation finalist at the conference championships in 100 back...will provide valuable depth in the backstroke and butterfly...had

team's third fastest 100 back time (1:00.79) last season...**PREP:** Lettered four years at Lake Brantley High School... helped lead her team to the State Championship during every season of her career...was a four-time All-County, All-Conference, All-District, and All-State selection...also named a high school All-American...**PERSONAL:** Has not decided on a major...same club team as Cara Duncan...born December 1, 1974.



**Heather Schalk**  
**Junior**  
**Boca Raton, FL**  
**Spanish River High School (Pine Crest)**

Butterfly and IM swimmer who has made great strides since walking-on two years ago...has since earned a scholarship...counted on heavily to score high in the conference meet...ACC consolation finalist in 200 fly the past two seasons...ACC consolation finalist in the 1650 free as a sophomore...**PREP:** Selected team captain during her junior and senior years at Spanish River High School...named to All-County team following her final year...captured the district title in the 100 fly in 1991...**PERSONAL:** Selected a major in nutrition and fitness...one of two lady swimmers whose club team was Pine Crest...born on June 19, 1974.



**Paige Schiff**  
**Senior**  
**Miami, FL**  
**Palmetto High School (Metro Aquatics)**

Freestyle and butterfly specialist who returns for senior season with hopes of being a finalist in both fly events at conference championships...reached consolation

final in 200 fly last season...consolation finalist at the ACCs in the 500 freestyle, and 100 and 200 butterfly as a sophomore... will supply great senior leadership...outstanding student...great attitude and desire...swam for well-known Kirk Peppas in Miami...personal best times include 58.0 in 100 fly, 2:04.8 in 200 fly and 5:04 in 500 free...**PREP:** Selected team captain and Most Valuable Swimmer while at Palmetto High...**PERSONAL:** A marketing major...served an internship with the World Cup in Orlando this summer as a marketing coordinator...born September 17, 1973.

# Swimming & Diving Team



**Karin Scmedeman**  
**Sophomore**  
**Brandon, FL**  
**Bloomington High School**  
**(St. Pete Aquatics)**

Consistent diver expected to provide depth on a talented diving squad...walk-on who is eager to improve on both one and three meter boards...hails from strong club program...

**PREP:** Three-time district champion and two-time conference champ at Bloomington High School...placed eighth at the state meet as a senior...team MVP three times...  
**PERSONAL:** Plans to major in marketing...born November 17, 1975.



**Allison Smith**  
**Freshman**  
**Columbus, MS**  
**Columbus High School**  
**(Falcon Aquatic/GPAC)**

One of the nation's top recruits in the breaststroke...has potential to be an NCAA qualifier in 100 and 200 breaststroke as a freshman... personal bests include 1:13.9

in the 100 breast and 2:40 in the 200 breast...chose FSU over LSU, Auburn, Alabama and Tennessee...**PREP:** Had

*Below: Fisher Lecture Hall.*



one of the finest careers in Mississippi High School history holding six state records...Named Outstanding Female Swimmer in Mississippi the last six years...Gold medalist in 1991 National Junior Olympics in 100 yd. breast...State Champion in 100 breast, 100 fly, and 200IM...**PERSONAL:** Majoring in Public Relations...born July 7, 1976.



**Mara Toole**  
**Freshman**  
**Tampa, FL**  
**Plant High School**  
**(Greater Tampa Swimming Association)**

Solid butterfly recruit with a strong possibility of finaling at the conference championships in both fly events...outstanding student...fastest

times include 24.80 in 50 free, 57.77 in 100 fly...chose FSU over North Carolina State and Kentucky...**PREP:** Had a stellar career at Tampa's Plant High School where she holds four school records...Hillsborough County Swimmer of the Year in '91...state runner-up in 100 fly as a senior...a five-time state championship 2:12.9 in 200 fly...**PERSONAL:** Undecided on major...born February 19, 1976.



**Claudia Wilson**  
**Junior**  
**Belo Horizonte, Brazil**  
**Dom Silverio High School**  
**(Coral Springs Swim Club)**

IM and backstroke specialist expected to again final at the ACC Championships...a possible NCAA qualifier as well...has finaled in the 400 IM as a freshman and a sopho-

more... finished sixth as a freshman and fifth as a sophomore... excellent student...fastest times include 4:24.58 in the 400 IM and 2:03.04 in the 200 back...**PERSONAL:** Majoring in civil engineering...born April 28, 1972.

# Lady Seminoles

## Individual All-Americans

Year	Name	Event
1976	Laura Barber	50 and 100 backstroke
1977	Laura Barber	100 backstroke
	Susie Yates	50 freestyle
1978	Terri Miller	400 IM and 1650 freestyle
	Jana Wilkins	100 butterfly
1980	Sharon Spuler	50 breaststroke
	Lisa Nencioni	100 breaststroke
	Lenore Gribble	100 butterfly
1981	Sharon Spuler	50 breaststroke
	Lenore Gribble	100 butterfly
	Meg McCully	50 and 100 backstroke
1982	Sharon Spuler	50 and 100 breaststroke
	Lenore Gribble	50 and 100 butterfly
	Meg McCully	50, 100, and 200 backstroke
	Kim Foster	200 backstroke
	Laurie Lehner	50 and 100 butterfly
		50 and 100 freestyle
1983	Sara Linke	200 and 500 freestyle
1984	Sara Linke	200 and 500 freestyle
1985	Wendy Fuller	One Meter Diving
1988	Kathy Isackson	100 and 200 butterfly
1989	Kathy Isackson	100 butterfly
	Danielle Van Dyke	100 breaststroke

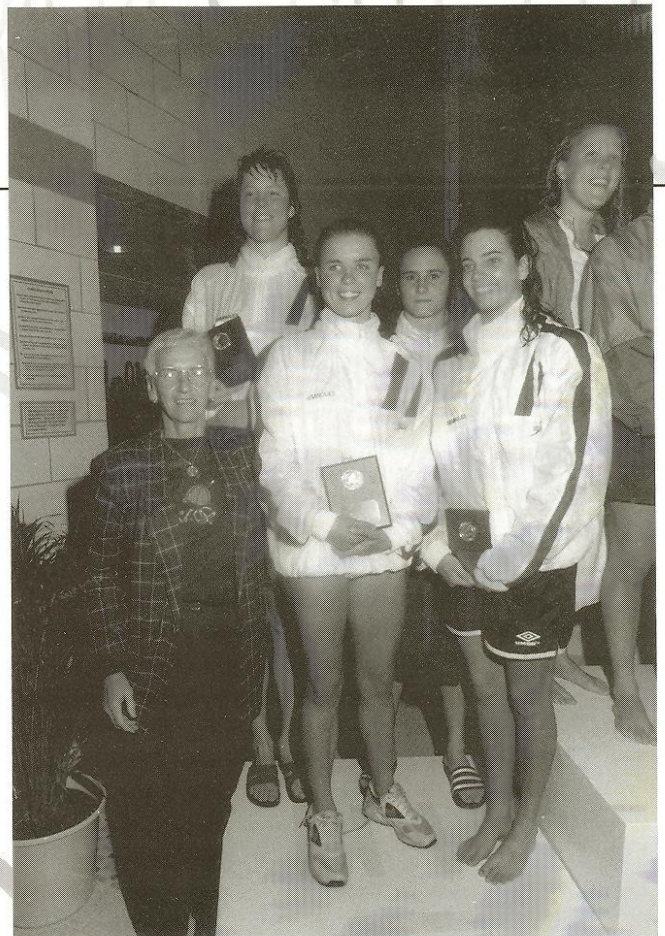
## Relay All-Americans

### 200 Free Relay

1976	Laura Barber, Kim Reeves, Patty Taylor, Ritchie Dorrier
1977	Laura Barber, Ritchie Dorrier, Susie Yates, Jana Wilkins
1982	Sharon Spuler, Lenore Gribble, Laurie Lehner, Simone Kusseling

### 400 Free Relay

1976	Laura Barber, Kim Reeves, Ritchie Dorrier, Kathy MacHardy
1977	Larua Barber, Ritchie Dorrier, Jana Wilkins, Susie Yates
1978	Terri Miller, Jeanne Dowdle, Laura Barber, Jana Wilkins
1979	Jeanne Dowdle, Lisa Davidson, Kim Dunlap, Kathi Miller
1982	Sharon Spuler, Laurie, Lehner, Lenore Gribble, Stacey Deck



Associate Athletic Director Jan Stocker congratulates the FSU women's 800 yard freestyle relay at last year's ACC championships held at the Bobby E. Leach Center in Tallahassee.

### 800 Free Relay

1977	Laura Barber, Sara Shuster, Nancy Pfaff, Beth Jones
1978	Terri Miler, Jackie Bajus, Jana Wilkins, Sara Shuster

### 200 Medley Relay

1977	Terri Winking, Kim Krueger, Jana Wilkins, Susie Yates
1978	Laura Barber, Jeanne Dowdle, Jana Wilkins, Jackie Bajus
1980	Kim Dunlop, Sharon Spuler, Lenore Gribble, Jeanne Dowdle
1981	Meg McCully, Sharon Spuler, Lenore Gribble, Kim Foster
1982	Meg McCully, Sharon Spuler, Laurie Lehner, Simone Kusseling
1988	Stacia Evans, Jennifer Hazard, Kathy Isackson, Krissy Myers

### 400 Medley Relay

1981	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble
1982	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble

# In The Record Book

## Year-By-Year

Year	W	L	T	Pct.
<b>Under Coach Terry Maul</b>				
1976	2	4	0	.333
1977	8	4	0	.667
1978	6	3	0	.667
1979	10	2	0	.833
1980	9	3	1	.750
1981	11	1	0	.910
1982	6	2	0	.750
1983	6	3	0	.667
1984	7	2	1	.720
1985	3	6	0	.333
1986	7	5	0	.583
1987*	7	4	0	.636
1988*	9	3	0	.750
1989*	8	5	0	.615
1990*	10	5	0	.667
1991	3	5	0	.375
1992	7	6	0	.538
1993	6	5	0	.545
<b>Under Coach Don Gibb</b>				
1994	6	5	0	.546

**All-Time            131            73            2            .642**

\* Co-coached by Bill Shults

The Seminole Swimming and Diving team now competes in the most impressive facility on campus, the Bobby E. Leach Center (at right).



## FSU School Records

Event	Name	Time	Year
50 Free	Laurie Lehner	22.77	1982
100 Free	Laurie Lehner	50.01	1982
200 Free	Sara Linke	1:49.39	1984
500 Free	Sara Linke	4:45.80	1984
1000 Free	Missy Connolly	10:01.62	1990
1650 Free	Missy Connolly	16:39.79	1990
50 Back	Meg McCully	27.06	1982
100 Back	Kiki Steinberg	57.65	1992
200 Back	Kiki Steinberg	2:02.07	1992
50 Breast	Sharon Spule	29.81	1982
100 Breast	Danielle Van Dyke	1:03.86	1989
200 Breast	Danielle Van Dyke	2:17.87	1989
50 Fly	Laurie Lehner	24.48	1982
100 Fly	Laurie Lehner	53.42	1982
200 Fly	Helen Jepson	2:00.92	1993
100 IM	Natalie Deschamps	58.37	1983
200 IM	Natalie Deschamps	2:04.97	1983
400 IM	Natalie Deschamps	4:24.62	1983
200 Free Relay	Lehner, Spuler, Kusseling, Gribble	1:33.50	1982
400 Free Relay	Cenanovic, Chambers, Myers, Harrington	3:25.65	1991
800 Free Relay	Proctor, Acre, Hoffman, Linke	7:32.26	1984
200 Med. Relay	McCully, Spuler, Lehner, Kesseling	1:42.86	1982
400 Med. Relay	Steinberg, Van Dyke, Isackson, Harrington	3:49.17	1990
One Meter Diving		(Points)	
11 Dives	Wendy Fuller	431.60	1985
6 Dives	Teri Likes	281.25	1991
Three Meter Diving			
11 Dives	Jane Alexander	470.00	1984
6 Dives	Patsy O'Toole	298.85	1986

# In The Record Book

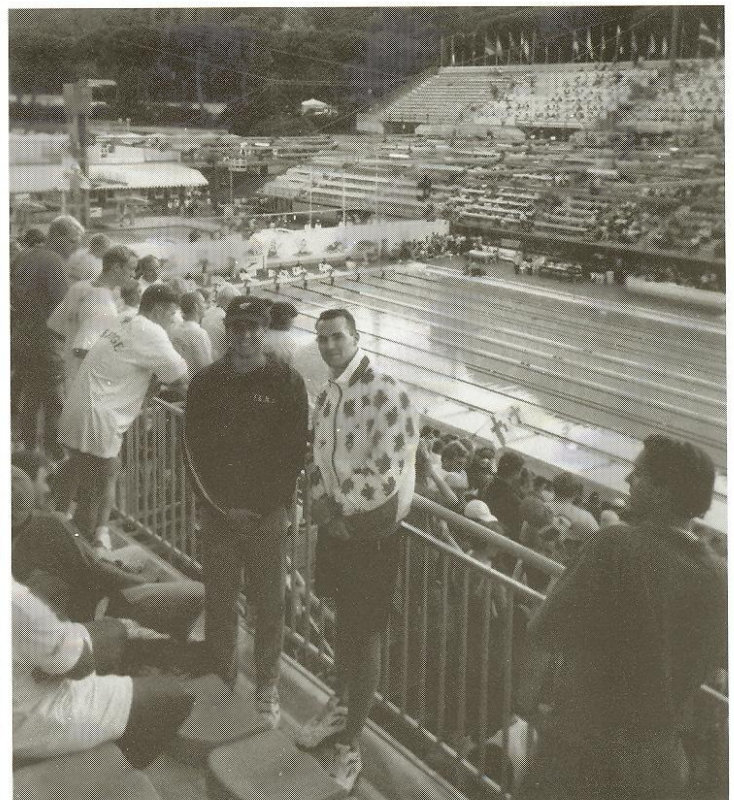
## All-Time Series Records

Opponents	W	L	T	Pct.
Alabama	5	5	0	.500
Auburn	3	3	0	.500
Brenau College	5	1	0	.833
Brevard CC	1	0	0	1.000
Charleston College	1	0	0	1.000
Cincinnati	0	1	0	.000
Clemson	3	1	1	.750
Colorado State	1	0	0	1.000
Daytona Beach CC	6	0	0	1.000
Duke	1	0	0	1.000
East Carolina	1	0	0	1.000
Florida	0	19	0	.000
Florida Atlantic	8	0	0	1.000
Furman	1	0	0	1.000
Georgia	5	8	0	.385
Georgia Southern	5	0	0	1.000
Georgia State	2	0	0	1.000
Harvard	0	1	0	.000
Houston	0	1	0	.000
Indian River CC	7	3	0	.700
James Madison	1	0	0	1.000
Louisiana State	2	7	0	.222
Maryland	4	0	0	1.000
Miami (FL)	9	8	0	.530
Miami (OH)	1	0	0	1.000
Michigan State	1	0	0	1.000
Miss. Women's College	2	0	0	1.000
Nebraska	3	0	0	1.000
New Orleans	2	0	0	1.000
North Carolina	0	4	0	.000
North Carolina State	5	2	0	.714
Northeast Louisiana	5	0	0	1.000
Notre Dame	1	0	0	1.000
Ohio State	1	0	0	1.000
Oklahoma State	1	0	0	1.000
South Carolina	3	4	1	.429
South Florida	11	1	0	.917
Southern Illinois	1	0	0	1.000
Southern Miss	2	0	0	1.000
Tampa	8	0	0	1.000
Tennessee	2	0	0	1.000
Texas A&M	0	1	0	.000
Texas Christian	1	0	0	1.000
Tulane	6	0	0	1.000
Vanderbilt	2	0	0	1.000
Virginia	0	3	0	.000
Virginia Tech	1	0	0	1.000
West Virginia	1	0	0	1.000
<b>All-Time</b>	<b>131</b>	<b>73</b>	<b>2</b>	<b>.642</b>

## 1993-94 Lady Seminoles Swimming & Diving Results

Date	Opponent	Women
Oct. 23	at Louisiana State	L 151-90
Oct. 29	Georgia Southern	W 102-85
Nov. 5	at Florida	L 128-90
Nov. 12	at Notre Dame	W 137-106
Jan. 8	Clemson	W 144-97
	Florida Atlantic	W 123-85
Jan. 10	North Carolina State	W 135.5-107.5
	Alabama	
Jan. 15	Texas A&M	L 123-120
Jan. 22	at Virginia	L 142-92
Jan. 29	Miami	W 121.5-90.5
Feb. 5	North Carolina	L 153.5-51.5
Feb. 18-26	ACC Championships	3rd
Mar. 16-19	NCAA Women's Championships	

*Below, senior Ignacio Merino and junior Robert Braknis take a break from competition at the World Swimming Championships in Rome, Italy this summer.*





# Men's Outlook

Recent occurrences suggest the Florida State men's swimming and diving program is quickly becoming one of, if not, the most up and coming program in the South.

Evidence points to the Seminoles third place finish in the Atlantic Coast Conference last season which means FSU has improved their conference finish every year since joining the ACC three seasons ago. FSU also returns three individuals who qualified for NCAA's, including two who qualified for the World Championships in Rome. FSU also boasts a recruiting class which is one of the strongest in school history. Parlay that with a young, energetic coaching staff and its easy to understand why Florida State is developing a national class swimming program.

Florida State will be led by senior Ignacio Merino, junior Robert Braknis and sophomore Chip Haberstroh.

Merino, who hails from Quito, Ecuador, has qualified for the NCAAs the past two years in the 200 fly, and was named second team All-American after he finished 13th at the NCAAs. He is the school record holder in the 100 and 200 fly and also is a part of two school relay records. This summer, Merino competed in the World Championships in Rome.

Braknis is a returning two-time ACC champion in the 100 backstroke. He also qualified for the NCAAs in the 200 back, an event in which he is also the school record holder. In all, Bracknis, from Chateaugay, Ontario, holds three individual school records and is a member of three school record holding relay teams.

A sophomore from Canton, Massachusetts, Haberstroh was the third Seminole to qualify for the NCAAs last season. An All-ACC selection, Haberstroh qualified in the 1650 free, an event which he is a school record holder in addition to the 1000 free.

One mark of a strong swimming and diving program is having quality depth. Already having outstanding individuals head coach Don Gibb sees his program acquiring quality depth. "We fully expect to have more individuals qualify for the NCAAs this year," said Gibb. "What Ignacio, Rob, and Chip did is great, but we want more to join that group."

A few possibilities of joining the NCAA group and also greatly contributing to any success enjoyed by FSU are Thomas Bendixen, Eduardo Coelho, Kevin Murphy and Matthew Schmauch.



Bendixen, a junior from Denmark is a strong middle distance freestyler who returns as having the team's fastest 200 free time. At last year's ACCs, Bendixen finished fourth in that event, as well as being a consolation finalist in the 500 free.

A sophomore from Rio de Janeiro, Eduardo Coelho is a freestyle and fly sprinter with a legitimate shot at qualifying for the NCAAs. He is a member of FSU record-holding 200 free and 400 medley relay teams.

Murphy, from Bowie, MD returns as an ACC finalist in the 200 breast the last two years. The junior also finaled in the 200 IM at the conference championships.

A former transfer, junior Matthew Schmauch returns as recording the team's fastest 200 IM time a year ago. Coach Gibb believes Schmauch has a good chance of reaching the ACC finals in as many as three events.

With FSU's recent moves up the ACC ladder and the program's improvement as a whole, it has begun to attract national-caliber recruits. Highlighting the impressive class are Dustin Bengston from St. Petersburg's Boca Ciega High School, and Chris Plaisted from Rockledge High School. Bengston enters FSU as a high school All-American while Plaisted was ranked second nationally in the 1500 free for his age group.

With virtually everyone returning from last year's successful team and a stellar recruiting class entering, the Florida State men's team is poised to have one of its finest seasons in school history.

# 1994-1995 Seminole Roster

<b>Name</b>	<b>Class</b>	<b>Event</b>	<b>Hometown</b>
Shaun Abernathie	SO	Freestyle	Palm Harbor, FL
Derek Banta	JR	Diving	Fort Lauderdale, FL
Thomas Bendixen	JR	Mid., Dis. Free	Varde, Denmark
Dustin Bengston	FR	Freestyle, Butterfly	St. Petersburg, FL
Frank Bradley	SO	IM, Breaststroke	Fort Lauderdale, FL
Rob Braknis	JR	Sprint Free, Back	Chateaugay, Quebec
Joseph Carlise	FR	Diving	Canton, OH
Eduardo Coelho	SO	Freestyle	Rio de Janeiro, Brazil
Matthew Dunn	SO	Mid., Dis. Freestyle	Gainesville, FL
Sean Gerrard	SR	Sprint Freestyle	West Palm Beach, FL
Kyle Gilliam	SO	Breastroke	Anderson, IN
Chip Haberstroh	SO	Butterfly, IM	Canton, MA
John Haynes	SR	Free, Back	Tallahassee, FL
Andrew Hjortas	JR	Sprint Freestyle	Naples, FL
Erik Hoag	JR	Breast, Back	Sarasota, FL
Paul Lizon	FR	Freestyle	Knoxville, TN
Ignacio Merino	SR	Fly, Breast, IM	Quito, Ecuador
Greg Miller	SR	Fly, Back, IM	Vancouver, B. C.
Kevin Murphy	JR	IM, Back, Free	Bowie, MD
Chris Plaisted	FR	Distance Free	Rockledge, FL
Kevin Rowley	Fr	Mid., Dis. Free	Orlando, FL
Erik Schlichenmaier	JR	Free, Back, Fly	Melbourne Beach, FL
Matt Schmauch	JR	Mid., Dis Free, IM	Dunedin, FL
Armando Schumacher	JR	Distance Freestyle	Tampa, FL
David Semesco	SO	Backstroke	Ocala, FL

1st row (left to right)  
 Erik Schlichenmaier,  
 Kevin Rowley, Andy  
 Hjortas, Armando  
 Schumacher, Dave  
 Semesco, Erik Hoag,  
 John Haynes, Matt  
 Schmauch, Sean  
 Gerrard, Joe Carlise,  
 Rob Braknis, Kevin  
 Murphy, Eduardo  
 Coelho, Thomas  
 Bendixen, Brian  
 Davey, Derek Banta,  
 Shawn Abernathie,  
 Dustin Bengston.  
 2nd row: Paul Lizon,  
 Chip Haberstroh,  
 Chris Plaisted.  
 Steps (from bottom)  
 Matthew Dunn,  
 Kyle Gilliam, Frankie  
 Bradley, Greg Miller  
 Not Pictured: Ignacio  
 Merino, Ryan Gratzick



# The Seminoles



**Shaun Abernathie**  
**Sophomore**  
**Palm Harbor, FL**  
**Tarpon Springs High School**  
**(Dunedin Aquatics)**

Hard working walk on who provides quality depth in the breaststroke events...expected to show much improvement over last year with solid training program...excellent

student...fastest times include 1:01 in the 100 breaststroke and 2:11 in the 200 breaststroke...**PREP:** Had a solid career while at Tarpon Springs High School...**PERSONAL:** Born April 8, 1975...majoring in biochemistry.



**Derek Banta**  
**Junior**  
**Ft. Lauderdale, FL**  
**Ft. Lauderdale High School**  
**(Pine Crest)**

Talented diver expected to improve on last year's performance in the ACC Championships where we gained valuable experience...placed 12th in conference in three meter and 13th on one meter...**PREP:** Honorable

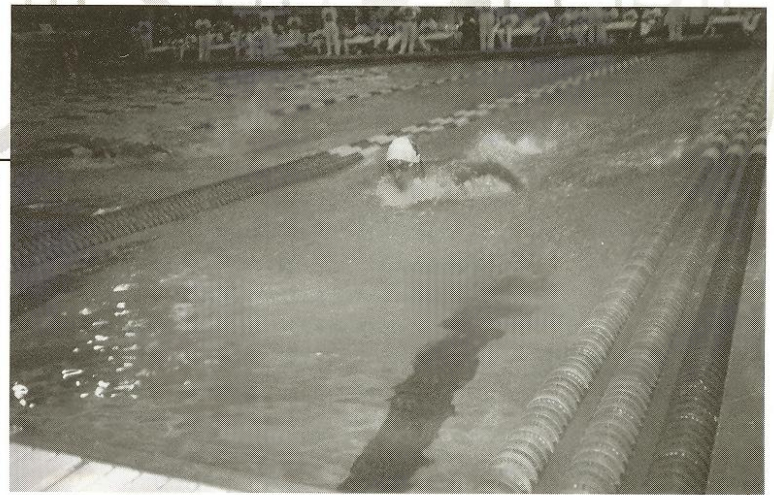
mention All-Broward County diver while at Fort Lauderdale High School...finished 12th at the Class 3A meet as a senior...**PERSONAL:** Born February 1, 1974...undecided on a major.



**Thomas Bendixen**  
**Junior**  
**Verde, Denmark**  
**(SGI Club Team)**

Middle distance freestylist who has the fastest returning 200 free time on team...finished fourth in conference in 200 free...was an ACC consolation finalist in 500 free...a member of 800 freestyle relay team

which finished fifth in conference...personal best times include 1:39.67 in the 200 free and 4:30 for 500 free...**PREP:** Swam for SGI Club Team in Denmark...**PERSONAL:** One of five of FSU's men's swimmers who hail from outside the United States...majoring in international business and marketing...born March 6, 1993.



At the NCAA Championships in Minneapolis, senior Ignacio Merino finished 13th in the 200 butterfly earning second team All-American honors. In preliminary competition Merino set a school record with a time of 1:47.11.



**Dustin Bengston**  
**Freshman**  
**St. Petersburg, FL**  
**Boca Ciega High School**  
**(St. Pete Aquatics)**

One of the top recruits in the country in the 200 freestyle...also swims 100 and 200 fly...potential to qualify for the NCAAs as a freshman... extremely hard worker...chose

Florida State over Auburn and Arizona State...fastest times include 45.87 in the 100 free, 1:38.85 in the 200 free, 49.77 in the 100 fly, and 1:51.0 in the 200 fly... **PREP:** Four-time High School All-American...Florida High School state champion in 100 fly as a junior and senior...state champ in 200 free as a senior...16th at the 1994 World Championships in 200 Free...**PERSONAL:** has not chosen a major...born July 28, 1976.



**Frank Bradley**  
**Sophomore**  
**Ft. Lauderdale, FL**  
**St. Thomas Aquinas**  
**High School (Pine Crest)**

Talented breaststroke and IM specialist who should improve on last year's ACC performance...placed eighth in the 100 breaststroke, was a member of the second place 400

medley relay, and was a consolation finalist in the 200 breast in the conference meet...recorded the team's second fastest 100 breaststroke time last season (57.56)...**PREP:** Florida State high school champion in the 100 breaststroke and Broward's County's Swimmer of the Year as a senior...three year

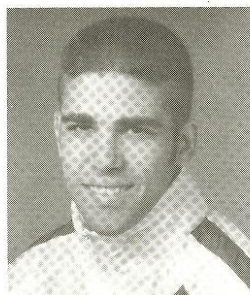
# The Seminoles

All-American at St. Thomas Aquinas High school... **PERSONAL:** plans to major in psychology...born August 6, 1975.



**Robert Braknis**  
**Junior**  
**Chateaugay, Quebec**  
**Howard S. Billings**  
**High School**  
**(Chateaugay Aquatics)**

Returning two-time ACC champion in the 100 back...qualified for NCAAs in the 200 back...placed second in the 200 back the last two years in conference...broke his own school record in the 200 back in 1:46.70 at that meet...finished second in conference in 50 free...two-time member of All-ACC team...holds three individual school records in 50 free (20.26), 100 back (48.68), and 200 back (1:45.54)...also a member of three school record-holding relay teams in the 200 free relay (1:21.05), 200 medley relay (1:31.16), and 400 medley relay (3:18.90)...invited to compete at 1994 World Championships in Rome this summer...should score at NCAAs this year...chose FSU over Florida, Cal-Berkeley, Arizona State and Auburn...**PREP:** Had a stellar career at Howard S. Billings High School in Quebec... **PERSONAL:** Majoring in criminology... born January 8, 1973.



**Joseph Carlise**  
**Freshman**  
**Canton, OH**  
**(Parry Diving Club)**

Strong diving signee with potential to score on both one and three meter boards at the conference championships...has potential to surprise the ACC as an impact newcomer...will gain valuable experience throughout first year...chose Florida State over Miami (Ohio), and Alabama...**PERSONAL:** Undecided on a major...born December 15, 1975.



**Eduardo Coelho**  
**Sophomore**  
**Rio de Janeiro, Brazil**  
**Coral Springs High School**  
**(Coral Springs Swim Club)**

Strong free and fly sprint swimmer with a legitimate shot of making NCAAs...excellent relay swimmer...member of school record-holding 200 free and 400 medley relays...coming off a solid freshman season as he placed sixth at ACCs in 50 free, finished sixth in the 200 free, was a member of the 200 free relay which finished second and anchored the runner-up 400 medley relay...considered Florida before enrolling at FSU...personal best times include 20:70 in the 50 free, 45:03 in the 100 free, 1:40 in the 200 free and 50.69 in the 100 fly...**PREP:** Had an outstanding career at Coral Springs High School...**PERSONAL:** Majoring in industrial engineering...born September 27, 1975.



**Matthew Dunn**  
**Sophomore**  
**Gainesville, FL**  
**Bucholz High School**  
**(Florida Aquatics)**

Will face first year of collegiate competition in the middle to distance freestyle events after sitting out freshman season...should be among team's best in the middle distance free events...unrealized potential...fastest times include 1:41 in the 200 free and 4:33 in the 500 free...**PREP:** Seven-time district champion at Bucholz...Gainesville Sun's Swimmer of the Year as a junior and senior...state qualifier all four years of high school...**PERSONAL:** Majoring in marine biology...born August 26, 1974.

# Swimming & Diving Team

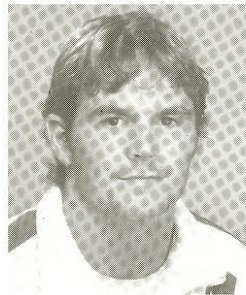


**Sean Gerrard**  
**Sophomore**  
**West Palm Beach, FL**  
**Palm Beach Lakes**  
**Community High School**  
**(Lytal Aquatics)**

Sprint freestylist who FSU coaches call the surprise of the ACC last season...expected to improve on conference performance...finished

eighth in the 100 free at last year's ACCs...won the conference consolation final heat in the 50 free...member of school record holding relay teams in the 200 free and 200 medley...consolation finalist in 200 free...**PREP:** 4A district champion in both the 50 and 100 freestyle...placed fifth in the 50 free and sixth in 100 free at state meet...a four-year letter winner and served as captain during junior and senior years...

**PERSONAL:** Majoring in hospitality administration...born January 16, 1973.



**Kyle Gilliam**  
**Sophomore**  
**Anderson, IL**  
**Anderson High School**  
**(Anderson Community)**

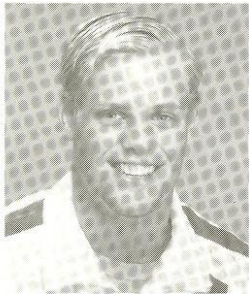
Has the potential to be one of the top breastrokers in the conference when healthy...missed the ACC Championships due to illness...swam 1:02.00 in the 100 breastroke and

2:08.84 in the 200 breastroke last season...chose FSU over Indiana, Michigan and Purdue...personal best times include 57.10 in the 100 breastroke, 21.3 in the 50 free, and 2:08 in the 200 breastroke...**PREP:** Set three high school state records while at Anderson High School...holds four school records...finished second in the state 100 breast as a senior and seventh at the National High School Championship meet...**PERSONAL:** Majoring in business administration...born July 19, 1975.

*The University Center (below) is a new state-of-the-art facility comprised of three major components: the University Center building, a parking facility, and stadium expansion. The project will add approximately 500,000 square feet of office/administrative space, 15,000 spectator seats, and 1,500 surface parking spaces to Doak Campbell Stadium and the surrounding site. The Center is a comprehensive multi-use facility, providing a centralized place for student services housing departments for Athletic Academic Advising, Career Development, Admissions, International Programs, Multi-Cultural Student Center, Dean of Students, Honors and Scholars, among others.*



# The Seminoles



**Chip Haberstroh**  
**Sophomore**  
**Canton, MA**  
**Boston College High School**  
**(Massachusetts Bay**  
**Marlins)**

Distance freestylist IM, and fly swimmer who enjoyed a tremendously successful freshman year... qualified for NCAAs in Minneapolis in

the 1650 freestyle...a potential scorer at this year's NCAAs... named to the All-ACC team...conference runner-up in the 400 IM...finished sixth in the 500 fly...finished third in the 1650 free...school record holder in the 1000 free (9:14.69) and the 1650 free (15:24.62)...**PREP:** lettered four times at Boston College High School...Massachusetts Swimmer of the Year as a sophomore, junior and senior...**PERSONAL:** Plans to major in business management...born May 11, 1975.



**John Haynes**  
**Senior**  
**Tallahassee, FL**  
**Lincoln High (Area**  
**Tallahassee Aquatics Club)**

Hard worker who has a chance at making conference in the 100, 200, and 500 freestyle events... also swims backstroke...outstanding student...a former national AAU

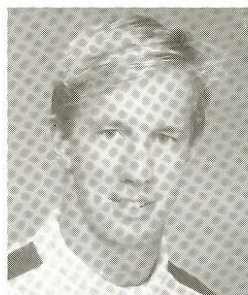
champion in the 100, 200, and 400 free events...chose Florida State over Georgia Tech...personal best times include 1:42.0 in the 200 free and 42:00 in the 100 free...**PREP:** A three-year letterwinner at local Lincoln High School...school record holder in both the 100 back and 200 freestyle...**PERSONAL:** An electrical engineering major...born June 2, 1973.



**Andrew Hjortas**  
**Junior**  
**Naples, FL**  
**Barron Collier High School**  
**(Collier City YMCA)**

Strong sprint free and fly swimmer who should contend for a spot on conference team...adds depth to the sprint freestyle events... personal best times include 21.7 in the 50 free, 46.3 in the 100 free and

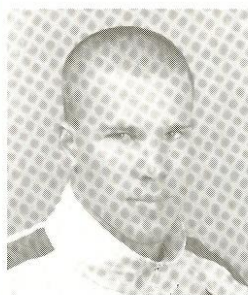
52.6 in the 100 fly...**PREP:** Was a member of the all-county team all four years at Barron Collier...three-time team MVP...**PERSONAL:** Majoring in finance...born March 6, 1974.



**Erik Hoag**  
**Junior**  
**Sarasota, FL**  
**Bayshore High School**  
**(Manatee City)**

Talented breastroke swimmer who recorded the team's fastest 100 breastroke time (57.11) a year ago... placed sixth in the conference meet in 100 breastroke and was a consolation

finalist in the 200 breastroke...should improve on those performances...fastest times include 57.11 in the 100 breastroke 2:05.36 in the 200 breastroke, both set the ACCs...**PREP:** State high school finalist in the 100 breast and 100 back all four years in high school...three-time Bayshore High School team MVP...**PERSONAL:** Majoring in Economics... born December 21, 1972.

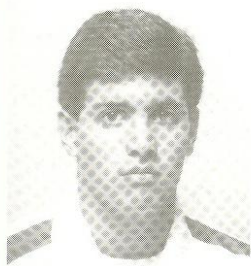


**Paul Lizon**  
**Freshman**  
**Knoxville, TN**  
**Webb School of Knoxville**  
**(Pilot Aquatics)**

Promising sprint freestyle signee with potential to final in the conference meet...a hard worker in and out of the water...chose FSU over Syracuse and Wisconsin... personal

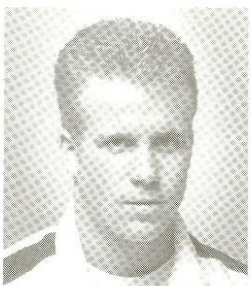
best times include 21.54 in the 50 free, 46.6 in the 100 free and 1:45.0 in the 200 free...**PREP:** a standout swimmer at the Webb School in Knoxville...**PERSONAL:** Born February 27, 1976...undecided on a major.

# Swimming & Diving Team



**Ignacio Merino**  
**Senior**  
**Quito, Ecuador**  
**American High School**  
**(Americus Blue Tide)**

One of the finest swimmers ever in the FSU Swimming and Diving Program...a two-time NCAA qualifier in the 200 fly...named Second Team All-American after finishing thirteenth at last year's NCAAs...selected to the All ACC team the past two years...finished second in both 100 and 200 fly and 200 breast in last season's ACC championships...invited to this summer's World Championships in Rome...individual school record holder in the 100 fly (48.38), and 200 fly set at last year's NCAA qualifying (1:47.11)...also a member of school record holding 200 medley and 400 medley relay teams...  
**PREP:** Team captain at American High School in Americus, Georgia during his senior year...placed second in the 100 fly at the South American Championships...**PERSONAL:** Double majoring in business and economics...born July 9, 1972.



**Greg Miller**  
**Senior**  
**Vancouver, British Columbia**  
**St. George's High School**

Talented butterfly and breaststroke swimmer with potential to final at conference championships...consolation final winner in 100 fly at ACC championships...also was a consolation finalist in the 100 and 200 back...recorded team's third fastest times in 100 fly (50.38) and 100 back (51.49) last season...finalist in the 200 fly and 100 back at the Canadian World Trials two years ago...chose Florida State over Texas A&M, Syracuse, and Michigan State...**PREP:** Swam at Vancouver's St. George's High School where he was also honored for his academic achievements...member of the Provincial Youth Team for the Western Canada Games...**PERSONAL:** Double majoring in multinational business and Hospitality Administration...born November 1, 1973.



**Kevin Murphy**  
**Junior**  
**Bowie, MD**  
**Roosevelt High School**  
**(Bulldog Aquatics)**

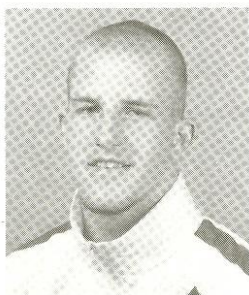
Steady performer in the IMs and breaststroke who coaches consider a darkhorse to qualify for NCAAs...a conference finalist in the 200 breaststroke the past two seasons...finished sixth in the 200 IM (1:52.15) at last years ACCs...won his consolation final heat in the 400 IM...an extremely hard worker who possesses great work habits...outstanding student...chose FSU over West Point and Providence...personal best times include 3:57 in the 400 IM, 1:52.1 in the 200 IM and 2:04.5 in the 200 breaststroke...**PREP:** Four-time letter winner at Maryland's Roosevelt High School...an All-Metro pick his junior and senior years...**PERSONAL:** A chemical engineering major...born August 22, 1974.



**Chris Plaisted**  
**Freshman**  
**Rockledge, FL**  
**Rockledge High School**  
**(Brevard Swimming)**

One of the top distance recruits in the country...has potential to qualify for NCAAs as a freshman...a consolation finalist at the World Championship Trials in the mile swim...**PREP:** Ranked second nationally in the 1500 free for his age group...state champion in the 200 free as a junior...state runner-up in the 500 free as a junior...finished ninth at Senior Nationals in the 800 meter free...named Florida Today's Swimmer of the Year as a junior...**PERSONAL:** Plans to major in biology...born March 27, 1976.

# The Seminoles

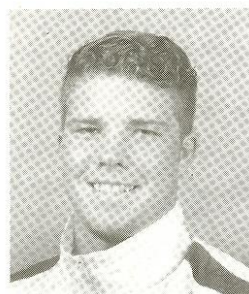


**Kevin Rowley**  
**Freshman**  
**Orlando, FL**  
**University High School**  
**(Trinity Aquatic)**

Freshman recruit who will add quality depth in the IM, freestyle and backstroke events...should contend for a spot on the conference team...a senior national qualifier...fastest times include 4:09.9 in the 400 IM, 1:56.2 in

the 200 IM, 1:55.5 in the 200 back and 47.5 in the 100 free...

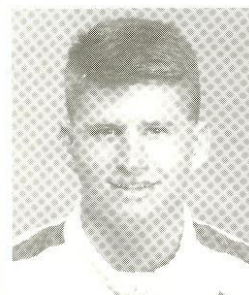
**PREP:** Standout swimmer at Orlando's University High School...**PERSONAL:** plans to major in communications... born July 2, 1976.



**Erik Schlichenmaier**  
**Junior**  
**Melbourne Beach, FL**  
**Satellite High School**  
**(Broward)**

Talented, versatile sprinter who can compete in the backstroke, butterfly and freestyle events...finished sixth in the conference in the 100 fly...placed eighth in the 100

back...member of school record holding 200 free and 200 medley relay teams...chose FSU over the University of Tampa...personal best times include 51.40 in the 100 back, 50.62 in the 100 fly and 21.33 in the 50 free...**PREP:** Was a finalist in the state meet in the 100 free and 100 back at Satellite Beach...qualified for Junior Nationals...**PERSONAL:** Majoring in Political Science...born July 14, 1974.



**Matthew Schmauch**  
**Junior**  
**Dunedin, FL**  
**Allen Park High School**  
**(Livonia Aquatic Club)**

Hard working IM and middle distance freestyler who should final in three events at ACC championships...recorded team's fastest 200 IM time last year (1:52.02)...placed fifth in

conference in 200 IM a year ago...a consolation finalist in the 400 IM...a former transfer from the University of Florida...fastest times include 1:52.0 in the 200 IM and 3:50.5 in the

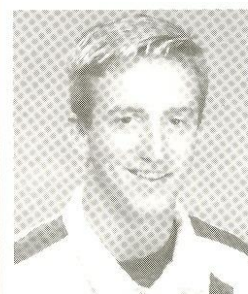
400 IM...**PREP:** Earned All-Area and All-State honors four times at Allen Park High School in Michigan...won back-to-back state 200 IM titles during his junior and senior years...runner-up in 500 free...**PERSONAL:** Majoring in Finance... born November 10, 1973.



**Armando Schumacher**  
**Junior**  
**Tampa, FL**  
**Bolles Prep School**

Provides depth in distance freestyle events...could vie for a spot on the ACC squad...personal best times include 46.5 in the 100 free, 1:43.0 in the 200 free and 4:47.0 in the 500 free...**PREP:** Recipient of

two letters while at swimming powerhouse Bolles High School in Jacksonville...member of state championship team as a senior...**PERSONAL:** Majoring in International Affairs...born August 16, 1974.



**David Semesco**  
**Sophomore**  
**Ocala, FL**  
**Ocala, FL**  
**(Central Florida)**

Expected to provide depth in the backstroke events...with added size and strength should improve on last year's performances...chose FSU over Western Kentucky...fastest times include 53.2 in the 100 back and

1:56.0 in the 200 back...**PREP:** team MVP as a senior at Forest High School in Ocala...named team's Most Improved Swimmer after his first season...**PERSONAL:** plans to major in criminology...born April 23, 1975.



# FSU Seminoles

## Individual All-Americans

Year	Name	Event
1950	Roger Slater	One Meter Diving
1951	Roger Slater	One Meter Diving
1954	Ernest Stock	100 Breaststroke
1959	Buck Hiles	400 Freestyle
	Curt Genders	One Meter Diving
	Robert Weber	One and Three Meter Diving
1961	Curt Genders*	One and Three Meter Diving
	Buck Hiles	100 Butterfly
1962	Paul Thompson	220 and 440 Freestyle
1969	Phil Boggs	One Meter Diving
1970	Phil Boggs	One and Three Meter Diving
	Dean Jerger	50 Freestyle
1971	Phil Boggs*	One and Three Meter Diving
1978	Steve Allbritton	50 Freestyle
1979	Kevin Connell	200 Breaststroke
1985	Dan Akre	200 Breaststroke
	Mike Kowalski	100 Backstroke
1986	Mike Kowalski	100 Backstroke
1991	Paul Spray	One Meter Diving
	Craig Zettle	100 Breaststroke
1992	Paul Spray	One and Three Meter Diving
1994	Ignacio Merino	200 Butterfly

\* National Champion

## Relay All-Americans

### 800 Free Relay

1974	John Hegert, Bob Horne, Steve Meisel, Cliff Schlak
1976	Larry Brown, Steve Meisel, Mike Gratton, Cliff Schlak
1990	Vance Tankersly, Dieter Holtz, Scott Mundell, Charlie Rose
1991	Jose Gutierrez, Dieter Holtz, Scott Mundell, Charlie Rose



## FSU School Records

Event	Name	Time	Year
50 Free	Robert Braknis	20.26	1994
100 Free	Skip Laing	44.91	1989
200 Free	Scott Mundell	1:38.25	1991
500 Free	Vance Tankersly	4:25.10	1988
1000 Free	Chip Haberstroh	9:14.69	1994
1650 Free	Chip Haberstroh	15:24.62	1994
100 Back	Robert Braknis	48.68	1994
200 Back	Robert Braknis	1:45.54	1994
100 Breast	Craig Zettle	55.03	1991
200 Breast	Ignacio Merino	2:00.01	1993
100 Fly	Ignacio Merino	48.38	1994
200 Fly	Ignacio Merino	1:47.11	1994
200 IM	Desmond Koh	1:50.55	1992
400 IM	Desmond Koh	3:50.76	1994
200 Free Relay	Braknis, Coelho, Schlichenmaier, Gerrard	1:21.05	1994
400 Free Relay	Mundell, Feldman, Holtz, Gutierrez	2:58.54	1991
800 Free Relay	Mundell, Holtz, Rose, Gutierrez	6:33.18	1991
200 Med. Relay	Braknis, Merino, Schlichenmaier, Gerrard	1:31.16	1994
400 Med. Relay	Braknis, Merino, Bradley, Coelho	3:18.90	1994
One Meter Diving		(Points)	
11 Dives	Paul Spray	581.65	1991
6 Dives	Phil Boggs	360.90	
1971 Three Meter Diving			
11 Dives	Paul Spray	591.90	1992
6 Dives	Phil Boggs	359.35	1971

# In The Record Book

## Year-By-Year Records

Year	W	L	T	Pct.
<b>Under Bim Stults</b>				
1949	3	5	0	.375
1950	7	2	0	.778
1951	7	0	0	1.000
1952	5	2	1	.714
1953	7	1	0	.875
1954	9	0	0	1.000
1955	6	0	0	1.000
1956	9	2	0	.818
1957	9	3	0	.750
1958	10	1	1	.909
1959	8	1	0	.889
1960	10	0	0	1.000
1961	9	1	0	.900
1962	11	1	0	.917
1963	6	3	0	.667
1964	7	0	0	1.000
1965	9	0	0	1.000
1966	7	1	0	.875
1967	9	2	0	.818
1968	4	4	0	.500
1969	8	2	0	.800
1970	8	3	0	.727
1971	8	3	0	.727
1972	4	6	0	.400
1973	5	5	0	.500
<b>Under Coach Terry Carlisle</b>				
1974	4	5	0	.444
1975	5	4	0	.556
1976	6	3	0	.667
1977	5	5	0	.500
<b>Under Coach John Stafford</b>				
1978	9	2	0	.818
1979	6	2	0	.750
1980	5	5	0	.500
1981	4	5	0	.444
1982	6	2	0	.750
<b>Under Coach Bill Shults</b>				
1983	5	3	0	.625
1984	3	9	0	.333
1985	4	4	0	.500
1986	8	5	0	.615

### Under Co-Coaches Bill Shults and Terry Maul

1987	7	4	0	.636
1988	8	3	0	.727
1989	5	5	0	.500
1990	7	4	0	.636

### Under coach Terry Maul

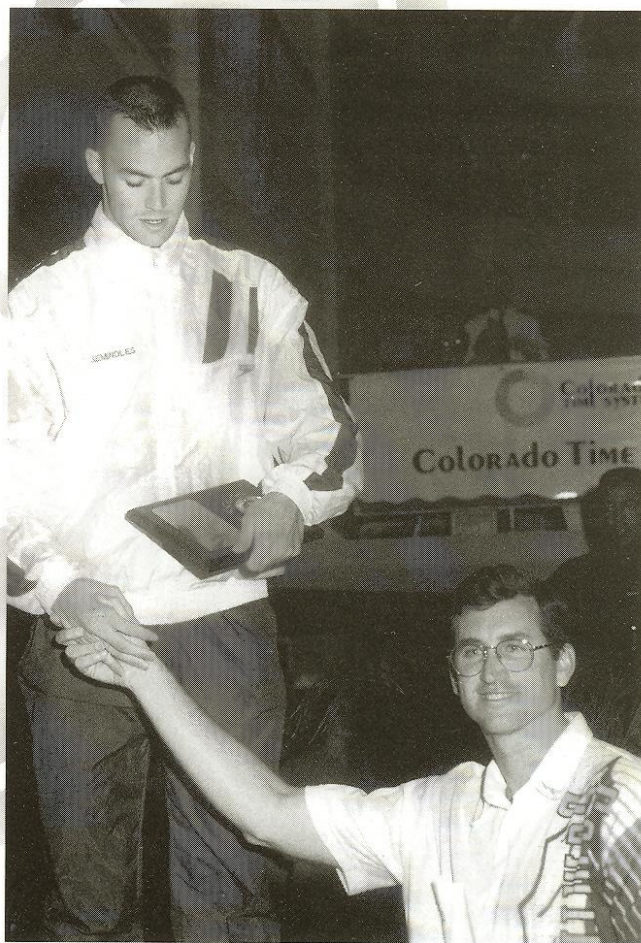
1991	4	2	0	.667
1992	10	4	0	.714
1993	8	4	0	.667

### Under coach Don Gibb

1994	6	6	0	.500
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<b>All-Time</b>	<b>310</b>	<b>134</b>	<b>2</b>	<b>.698</b>
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All-ACC selection Rob Braknis is congratulated by head coach Don Gibb after winning the 100 yard back at last season's ACC Championships. Braknis is also the school record holder in that event.



# In The Record Book

## All-Time Series Records

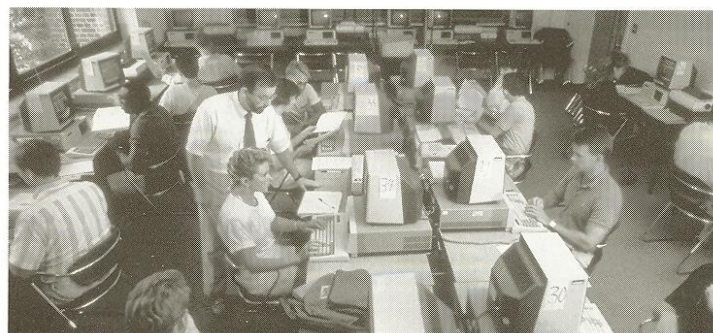
Opponents	W	L	T	Pct.
Alabama	8	6	0	.571
Arkansas	0	1	0	.000
Auburn	0	8	0	.000
Bethany	1	0	0	1.000
Birmingham Southern	1	0	0	1.000
Brevard CC	1	0	0	1.000
Bowling Green	2	0	0	1.000
Cincinnati	0	1	0	.000
Clemson	8	0	0	1.000
Daytona Beach CC	5	0	0	1.000
Drexel	1	0	0	1.000
Duke	2	0	0	1.000
East Carolina	13	1	0	.930
Emory	11	1	0	.917
Evansville	4	0	0	1.000
Florida	21	35	1	.375
Florida Atlantic	3	0	0	1.000
Furman	2	0	0	1.000
Georgia	39	12	1	.765
Georgia Southern	4	0	0	1.000
Georgia State	2	0	0	1.000
Georgia Tech	20	1	0	.950
Indian River CC	9	0	0	1.000
Jacksonville Navy	4	0	0	1.000
James Madison	1	0	0	1.000
Kentucky	4	0	0	1.000
LaSalle	1	0	0	1.000
Louisiana State	6	5	0	.546
Louisville	2	0	0	1.000
Maryland	4	0	0	1.000
Miami (FL)	21	15	0	.583
Miami (OH)	2	0	0	1.000
NE Louisiana	5	0	0	1.000
NW Louisiana	1	0	0	1.000
North Carolina	10	7	0	.588
North Carolina State	4	9	0	.308
Notre Dame	1	0	0	1.000
Oberlin	1	0	0	1.000
Pensacola Navy	2	2	0	.500
Rice	3	0	0	1.000
St. Bonaventure	1	0	0	1.000
Suwanee	4	0	0	1.000
South Carolina	10	9	0	.526
South Florida	22	0	0	1.000
Southern Illinois	0	2	0	.000
Southern Methodist	2	4	0	.333
Southern Mississippi	2	0	0	1.000
Tampa	7	1	0	.875

Opponents	W	L	T	Pct.
Tennessee	0	4	0	.000
Texas A&M	8	2	0	.800
Texas Christian	1	0	0	1.000
Tulane	19	5	0	.792
UNC-Wilmington	1	0	0	1.000
Vanderbilt	1	0	0	1.000
Virginia	0	3	0	.000
Virginia Tech	1	0	0	1.000
Wake Forest	1	0	0	1.000
West Virginia	1	0	0	1.000
<b>All-Time</b>	<b>310</b>	<b>134</b>	<b>2</b>	<b>.698</b>

## 1993-94 Seminoles Swimming & Diving Results

Date	Opponent	Men
Oct. 23	at Louisiana State	L 134-103
Oct. 29	Georgia Southern	W 123-74
Nov. 5	at Florida	L 138-94
Nov. 12	at Notre Dame	W 132.5-98.5
Jan. 8	Clemson	W 136.5-98.5
	Florida Atlantic	W 123-82
Jan. 10	North Carolina State	W 138-105
	Alabama	L 136-106
Jan. 15	Texas A&M	L 146-97
Jan. 22	at Virginia	L 136-99
Jan. 29	Miami	W 134-84
Feb. 5	North Carolina	L 122-83
Feb. 18-26	ACC Championships	3rd
Mar. 23-26	NCAA Men's Championships	7 <sup>th</sup>

A new state-of-the-art computer lab with up-to-date software support opens this year specifically to assist student-athletes.



# 1993-1994 Season In Review

During the 1993-94 season, Florida State's Swimming and Diving program continued their upward climb in the Atlantic Coast Conference and made numerous positive strides which are beginning to put Florida State on the national swimming and diving map.

Florida State finished in third place in both the men's and the women's ACC championships. The third place finish marked the highest finish for both team's in their young, three year existence in the conference, an existence which has seen FSU finish higher in the ACC every year.

FSU also claimed two individual champions, Dora Bralic in the 100 breast and Robert Braknis in the 100 back. In addition to Bralic and Braknis, three others claimed All-ACC honors including Helen Jepson, Chip Haberstroh, and Ignacio Merino.

Helen Jepson, Braknis, Haberstroh and Merino also qualified for the NCAA championships in Minneapolis. Merino finished thirteenth in the 200 fly to claim honorable mention All-American honors.

One of the biggest stories of the 1993-94 season was nine school records were broken. Robert Braknis claimed school records in the 50 free, 100 back and 200 back. Chip Haberstroh set the school record in the 1000 and 1650 free, while Ignacio Merino set records in the 100 and 200 fly. In addition to the seven new individual records being set, two school relay records were broken in the 200 and 400 medley relays.

## 1993-94 Florida State Women's Top Times

### 50 Free

1. Kominski	:24.03
2. Cenanovic	:24.41

### 100 Free

1. Cenanovic	:53.75
2. Bralic	:54.13

### 200 Free

1. Carpenter	1:54.63
2. Campbell	1:54.38

### 500 Free

1. Gaztanaga	5:04.75
2. Jepson	10:24.84

### 1000 Free

1. Gaztanaga	10:17.14
2. Jepson	10:24.84

### 1650 Free

1. Jepson	17:15.48
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### 100 Fly

1. Jepson	:57.00
2. Kominski	:57.81

### 200 Free Relay

1. Cenanovic, Carpenter, Dorminy, Kominski	1:36.32
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### 400 Free Relay

1. Kominski, Cenanovic, Carpenter, Campbell	3:32.22
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### 800 Free Relay

1. Jepson, Gaztanaga, Carpenter, Campbell	7:38.96
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### 200 Medley Relay

1. Schalk, Bralic, Jepson, Kominski	1:47.01
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### 400 Medley Relay

1. Carpenter, Bralic, Jepson, Cenanovic	3:53.37
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### 200 Fly

1. Jepson	2:02.18
2. Schiff	2:09.18

### 100 Back

1. Carpenter	:58.55
2. Campbell	:59.30

### 200 Back

1. Wilson	2:03.04
2. Carpenter	2:04.18

### 100 Breast

1. Bralic	1:04.46
2. Kominski	1:06.01

### 200 Breast

1. Bralic	2:19.40
2. Hamilton	2:25.15

### 200 IM

1. Bralic	2:05.81
2. Wilson	2:08.09

### 400 IM

1. Wilson	4:26.40
2. Gaztanaga	4:28.90

# Swimming & Diving Results

## 1993-94 Florida State Men's Top Times

### 50 Free

1. Braknis	:20.26
2. Coelho	:20.70

### 100 Free

1. Coelho	:45.03
2. Gutierrez	:45.30

### 200 Free

1. Gutierrez	1:39.66
2. Bendixon	1:39.67

### 500 Free

1. Haberstroh	4:29.50
2. Bendixon	4:31.67

### 1000 Free

1. Haberstroh	9:25.69
2. Schmauch	9:33.11

### 1650 Free

1. Haberstroh	15:24.62
2. Davey	15:48.44

### 100 Fly

1. Merino	:48.38
2. Schlichenmaier	:50.60

### 200 Free Relay

1. Braknis, Coelho, Schlichenmaier, Gerrard	1:21.05
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### 400 Free Relay

1. Coelho, Gutierrez, Gerrard, Braknis	3:00.03
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### 800 Free Relay

1. Coelho, Bendixon, Gerrard, Gutierrez	6:43.33
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### 200 Medley Relay

1. Braknis, Bradley, Schlichenmaier, Gerrard	1:31.16
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### 400 Medley Relay

1. Braknis, Bradley, Merino, Coelho	3:18.90
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### 200 Fly

1. Merino	1:47.11
2. Gutierrez	1:51.18

### 100 Back

1. Braknis	:49.05
2. Schlichenmaier	:51.22

### 200 Back

1. Braknis	1:45.54
2. Hoffman	1:48.74

### 100 Breast

1. Hoag	:57.11
2. Bradley	:57.56

### 200 Breast

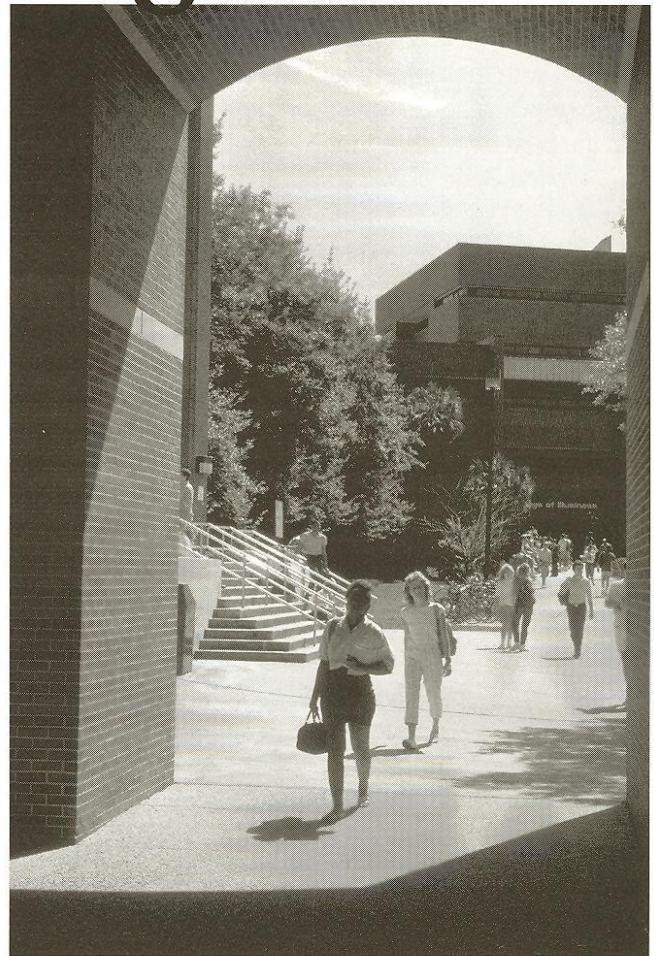
1. Merino	2:02.90
2. Murphy	2:04.53

### 200 IM

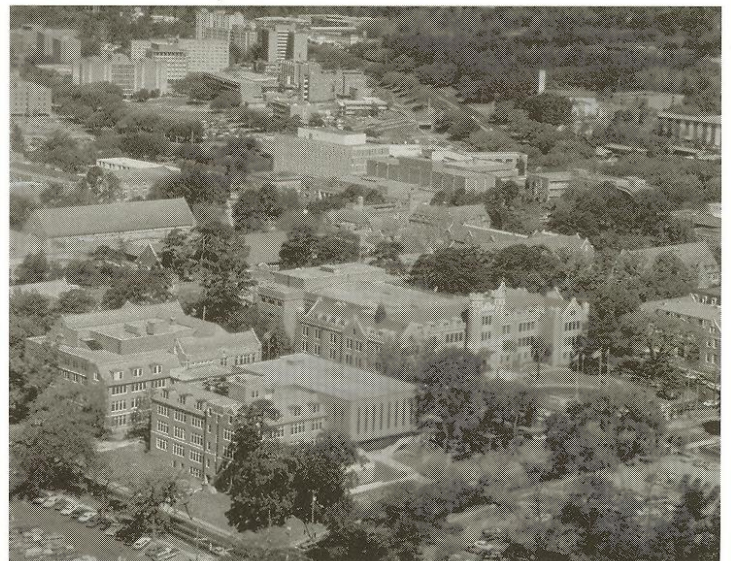
1. Schmauch	1:52.02
2. Murphy	1:52.15

### 400 IM

1. Haberstroh	3:50.76
2. Murphy	3:57.36



Above: The student Union. Below: From atop the State's Capitol Building, just below, one can view many of the campus' buildings meticulously arranged inside a bed of Tallahassee's many treasured shade trees.



# The ACC Championships

The 1994-95 Atlantic Coast Conference Swimming and Diving Championships return to the Koury Natatorium in Chapel Hill, with the University of North Carolina serving as host. The women's championships will be held February 16-18 while the men's championships will be held the following week, February 23-25. The return to Chapel Hill marks the eighth time in the past nine years that the championships have been held in the state of North Carolina.

Florida State played host to the 1993-94 ACC Swimming and Diving Championships for the first time. The Championships were held in the Bobby E. Leach Center with North Carolina taking both men's and women's team honors.

Florida State had their most successful ACC finish in school history by finishing third place in both the men's and women's championships. Helen Jepson and Robert Braknis claimed individual titles in the 100 breast and 100 back respectively. FSU also placed Helen Jepson, Bralic, Chip Haberstroh, Ignacio Merino and Braknis on the All-ACC team.

## 1994 ACC Swimming and Diving Championship results:

### Team Totals

#### WOMEN

1. UNC	815
2. UVA	734
3. FSU	496.5
4. Clemson	474
5. NCST	468.5
6. Maryland	210
7. Duke	197

#### MEN

1. UNC	781
2. UVA	667.5
3. FSU	614.5
4. NCST	505
5. CU	403
6. MD	188
7. GT	166
8. DU	130

### Individual Results

#### WOMEN

##### 500 Free

1. Rutkowski, UVA	4:45.71
2. Mayo, UVA	4:47.80
3. Ramsey, UNC	4:52.25

##### 200 IM

1. Szluc, UNC	2:04.30
2. Jones, UVA	2:04.33
3. Lehman, NCST	2:05.38
4. Bralic, FSU	2:05.81

##### 50 Free

1. Haag, UNC	23.28
2. Kleinderlein, UVA	23.90
3. Wilcox, CU	23.98
4. Kominski, FSU	24:03

##### 200 Medley Relay

1. UVA	1:45.47
2. NCST	1:46.26
3. UNC	1:46.26
5. FSU	1:47.01

##### 200 Free Relay

1. UNC	1:34.56
2. NCST	1:35.35
3. FSU	1:36.32

##### 400 IM

1. Szluc, UNC	4:18.03
2. Mayo, UVA	4:19.28

3. Repetto, UVA	4:20.44
5. Wilson, FSU	4:26.40

##### 100 Fly

1. Jones, UVA	56.12
2. Lehman, NCST	56.31
3. Jepson, FSU	57.01
6. Kominski, FSU	57.81

##### 200 Free

1. Rutkowski, FSU	1:49.16
2. Haag, UNC	1:49.66
3. Wilcox, CU	1:50.03

##### 400 Medley Relay

1. UVA	3:49.32
2. CU	3:50.57
3. UNC	3:50.72
4. FSU	3:53.37

##### 200 Fly

1. Ramsey, UNC	2:01.04
2. Jepson, FSU	2:02.18
3. Jones, UVA	2:02.39

##### 100 Back

1. Jones, CU	57.66
2. Burgess, UNC	57.79
3. Hardy, NCST	58.35
4. Carpenter, FSU	58.55
7. Campbell, FSU	59.42

##### 100 Breast

1. Bralic, FSU	1:04.46
2. Lehman, NCST	1:04.46
3. Repetto, UVA	1:04.89

##### 800 Free Relay

1. UVA	7:24.30
2. UNC	7:27.43
3. FSU	7:38.96

##### 1650 Free

1. Rutkowski, UVA	16:19.24
2. Mayo, UVA	16:27.63
3. Ramsey, UNC	16:32.51

##### 100 Free

1. Haag, UNC	51.37
2. Kleinderlein, UVA	51.45
3. Hart, UNC	51.50

##### 200 Back

1. Jones, CU	2:00.92
2. Burgess, UNC	2:02.81
3. Wilson, FSU	2:03.04

##### 200 Breast

1. Repetto, UVA	2:19.65
2. Bralic, FSU	2:19.40
3. Nemeth, UNC	2:20.16

##### MEN

##### 500 Fly

1. Wright, UVA	4:22.05
2. deFabrique, UNC	4:25.68
3. Copeland, UNC	4:26.55
4. Haberstroh, FSU	4:29.62

##### 200 IM

1. Summerlin, UNC	1:47.79
2. Smyth, UVA	1:48.25
3. Fry, CU	1:49.25
5. Schmauch, FSU	1:52.02

##### 50 Free

1. Wilcox, MD	20.30
2. Braknis, FSU	20.44
3. Cox, NCST	20.52
6. Coelho, FSU	20.78

##### 200 Medley Relay

1. UVA	1:31.04
2. NCST	1:31.48
3. UNC	1:31.51

##### 200 Free Relay

1. UNC	1:20.56
2. FSU	1:21.05
3. NCST	1:22.54

##### 400 IM

1. Smyth, UVA	3:47.98
2. Haberstroh, FSU	3:50.76
3. Summerlin, UNC	3:50.91
7. Hoffman, FSU	3:59.62

##### 100 Fly

1. Boch, UVA	48.27
2. Merino, FSU	48.77
3. Anaya, CU	49.78
6. Schlichenmaier, FSU	50.62

##### 200 Free

1. Thorpe, UNC	1:38.23
2. Wright, UVA	1:38.63
3. deFabrique, UNC	1:38.86
4. Bendixon, FSU	1:39.67
5. Gutierrez, FSU	1:40.05
6. Coelho, FSU	1:40.32

##### 400 Medley Relay

1. UNC	3:18.68
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2. FSU	3:18.90
3. UVA	3:19.16

##### 200 Fly

1. deFabrique, UNC	1:47.33
2. Merino, FSU	1:47.71
3. Anaya, CU	1:48.91

##### 100 Back

1. Braknis, FSU	49.05
2. Cox, NCST	49.51
3. Webb, UVA	49.67
8. Schlichenmaier, FSU	51.55

##### 100 Breast

1. Weiss, UNC	56.32
2. Harris, CU	56.67
3. Calver, UVA	56.74
6. Hoag, FSU	57.11
7. Bradley, FSU	57.56

##### 800 Free Relay

1. UNC	6:34.40
2. UVA	6:40.22
3. NCST	6:41.02
5. FSU	6:43.33

##### 1650 Free

1. Wright, UVA	15:03.39
2. Casto, UVA	15:20.67
3. Haberstroh, FSU	15:24.62

##### 100 Free

1. Summerlin, UNC	44.49
2. Sedlak, UNC	45.00
3. Wilcox, MD	45.02
5. Coelho, FSU	45.29
6. Gutierrez, FSU	45.30
8. Gerrard, FSU	45.93

##### 200 Back

1. Smyth, UVA	1:45.35
2. Braknis, FSU	1:45.54
3. Webb, UVA	1:47.56
5. Hoffman, FSU	1:48.92

##### 200 Breast

1. Weiss, UNC	2:00.04
2. Merino, FSU	2:02.90
3. Graber, UVA	2:03.07
8. Murphy, FSU	2:05.55

##### 400 Free Relay

1. UNC	2:59.67
2. FSU	3:00.03
3. NCST	3:01.48

# ACC Records

## Women

### 50 Freestyle

Conference: :22.83 Sarah Perroni, UNC, 1993  
 ACC Meet: :22.13 Sarah Perroni, UNC, 1993

### 100 Freestyle

Conference: :48.84 Mitzi Kremer, Clemson, 1989  
 ACC Meet: :49.64 Mitzi Kremer, Clemson, 1989

### 200 Freestyle

Conference: 1:44.78 Mitzi Kremer, Clemson, 1989  
 ACC Meet: 1:47.14 Mitzi Kremer, Clemson, 1989

### 500 Freestyle

Conference: 4:39.18 Mitzi Kremer, Clemson, 1989  
 ACC Meet: 4:45.66 Mitzi Kremer, Clemson, 1989

### 1000 Freestyle

Conference: 9:44.20 Mitzi Kremer, Clemson, 1989

### 1650 Freestyle

Conference: 16:19.24 Nicole Rutkowski, UVA, 1994  
 ACC Meet: 16:19.24 Nicole Rutkowski, UVA, 1994

### 100 Backstroke

Conference: :55.74 Sue Walsh, UNC, 1983  
 ACC Meet: :55.41 Karen Burgess, UVA, 1993

### 200 Backstroke

Conference: 1:58.82 Sue Walsh, UNC, 1984  
 ACC Meet: 1:58.88 Karen Burgess, UVA, 1993

### 100 Butterfly

Conference: :53.91 Melanie Buddemeyer, UNC, 1985  
 ACC Meet: :54.56 Melanie Buddemeyer, UNC, 1987

### 200 Butterfly

Conference: 1:58.04 Melanie Buddemeyer, UNC, 1985  
 ACC Meet: 1:58.41 Melanie Buddemeyer, UNC, 1985

### 200 IM

Conference: 2:00.81 Karen Burgess, UVA, 1993  
 ACC Meet: 2:00.81 Karen Burgess, UVA, 1993

### 400 IM

Conference: 4:11.32 Polly Winde, UNC, 1984  
 ACC Meet: 4:17.64 Carrie Szulc, UNC, 1993

### 200 Free Relay

Conference: 1:32.15 UNC, 1984  
 ACC Meet: 1:32.86 UNC, 1981

### 400 Free Relay

Conference: 3:21.02 UNC, 1993  
 ACC Meet: 3:21.02 UNC, 1993

### 800 Free Relay

Conference: 7:15.96 UVA, 1988  
 ACC Meet: 7:21.75 UNC, 1993

### 200 Medley Relay

Conference: 1:42.63 UNC, 1981  
 ACC Meet: 1:43.99 UNC, 1993

### 400 Medley Relay

Conference: 3:44.42 UNC, 1984  
 ACC Meet: 3:46.88 UNC, 1987

## Men

### 50 Freestyle

Conference: :19.14 David Fox, NC State, 1993  
 ACC Meet: :19.40 David Fox, NC State, 1992

### 100 Freestyle

Conference: :43.07 David Fox, NC State, 1993  
 ACC Meet: :43.25 David Fox, NC State, 1992

### 200 Freestyle

Conference: 1:35.59 John Davis, UNC, 1990  
 ACC Meet: 1:35.59 John Davis, UNC, 1990

### 500 Freestyle

Conference: 4:17.88 Peter Wright, UVA, 1993  
 ACC Meet: 4:19.53 David Monasterio, UNC, 1991

### 1000 Freestyle

Conference: 9:05.23 Peter Wright, UVA, 1994

### 1650 Freestyle

Conference: 14:59.64 Peter Wright, UVA, 1994  
 ACC Meet: 15:03.39 Peter Wright, UVA, 1994

### 100 Backstroke

Conference: 48.80 Chucky Cox, NC State, 1992  
 ACC Meet: 48.80 Chucky Cox, NC State, 1992

### 200 Backstroke

Conference: 1:44.95 Bill Smyth, UVA, 1993  
 ACC Meet: 1:44.95 Bill Smyth, UVA, 1993

### 100 Breaststroke

Conference: :54.99 Gary Gauch, UNC, 1991  
 ACC Meet: :54.99 Gary Gauch, UNC, 1991

### 200 Breaststroke

Conference: 1:58.74 Chris Graber, UVA, 1993  
 ACC Meet: 1:59.86 Drew Calver, UVA, 1993

### 100 Butterfly

Conference: :47.59 Adam Boch, UVA, 1992  
 ACC Meet: :47.59 Adam Boch, UVA, 1992

### 200 Butterfly

Conference: 1:45.30 David Monasterio, UNC, 1991  
 ACC Meet: 1:45.30 David Monasterio, UNC, 1991

### 200 IM

Conference: 1:47.33 John Davis, UNC, 1990  
 ACC Meet: 1:47.33 John Davis, UNC, 1990

### 400 IM

Conference: 3:47.98 Bill Smyth, UVA, 1994  
 ACC Meet: 3:47.98 Bill Smyth, UVA, 1994

### 200 Free Relay

Conference: 1:19.99 NC State, 1992  
 ACC Meet: 1:19.99 NC State, 1992

### 400 Free Relay

Conference: 2:56.61 UNC, 1991  
 ACC Meet: 2:56.61 UNC, 1991

### 800 Free Relay

Conference: 6:26.71 UNC, 1993  
 ACC Meet: 6:29.46 UNC, 1992

### 200 Medley Relay

Conference: 1:29.80 NC State, 1992  
 ACC Meet: 1:29.80 NC State, 1992

### 400 Medley Relay

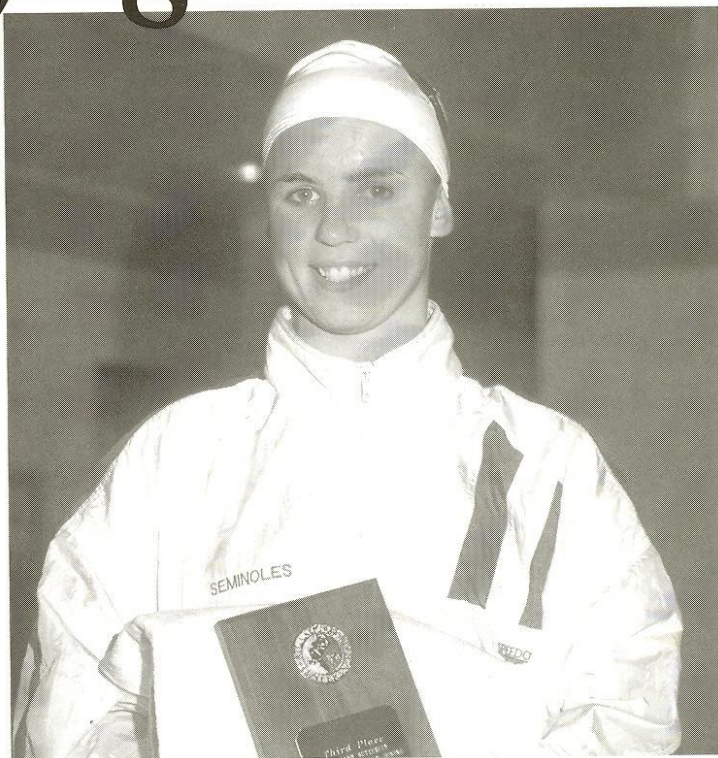
Conference: 3:15.64 UVA, 1993  
 ACC Meet: 3:15.64 UVA, 1993

# 1995 NCAA Qualifying Standards

## Men

Event	Automatic	Consideration
50 Free	19.88	20.47
100 Free	43.91	45.22
200 Free	1:36.39	1:39.28
500 Free	4:21.03	4:28.86
1650 Free	15:11.78	15:39.13
100 Fly	48.12	49.56
200 Fly	1:46.41	1:49.60
100 Back	47.97	49.40
200 Back	1:44.69	1:47.83
100 Breast	55.07	56.72
200 Breast	1:58.78	2:02.34
200 IM	1:47.16	1:50.37
400 IM	3:50.23	3:57.13
200 Free Relay	1:19.41	1:21.79
400 Free Relay	2:55.60	3:00.86
800 Free Relay	6:28.47	6:40.12
200 Medley Relay	1:28.58	1:31.23
400 Medley Relay	3:14.06	3:19.88

Below, NCAA qualifiers Robert Braknis, Chip Haberstroh, and Ignacio Merino spend time with former Florida State and current Houston Rocket guard Sam Cassell in Minneapolis during NCAA championship week.



Lady Seminole Dora Bralic receives her award for claiming first place in the 100 breast in last season's ACC championships. Bralic was one of two swimmers FSU placed on the All-ACC women's swimming and diving teams.

## Women

Event	Automatic	Consideration
50 Free	23.19	23.88
100 Free	50.15	51.65
200 Free	1:48.54	1:51.79
500 Free	4:47.65	4:56.27
1650 Free	16:24.17	16:53.69
100 Fly	55.09	56.74
200 Fly	2:00.29	2:03.89
100 Back	55.27	56.92
200 Back	1:58.19	2:01.73
100 Breast	1:02.33	1:04.19
200 Breast	2:15.03	2:19.08
200 IM	2:01.59	2:05.23
400 IM	4:18.47	4:26.22
200 Free Relay	1:32.25	1:35.01
400 Free Relay	3:21.52	3:27.56
800 Free Relay	7:17.94	7:31.07
200 Medley Relay	1:41.85	1:44.90
400 Medley Relay	3:42.18	3:48.84



# The University

From its beginning as “The Seminary West of the Suwannee” in 1857, Florida State University has grown to stretch across 347 acres of rolling oak and pine-covered hills to comprise a campus which has educated millions of students over the last century.

Florida State University has boasted a heritage of service and scholarship since the beginning when the legislature passed an act authorizing two state colleges — one east (now University of Florida) and one west of the meandering Suwannee River.

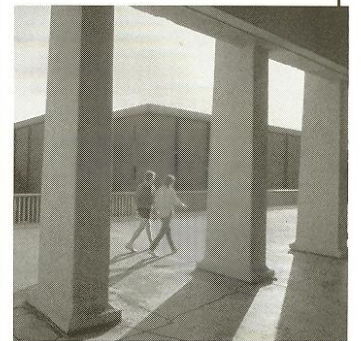
Starting with a 130-member coed enrollment in 1857, the Seminary survived the Civil War, reconstruction, radical social changes, and a variety of name changes to emerge in 1909 as the Florida State College for Women.

It was helped back into coed status in 1947 by a legislature anxious to open up the state’s educational resources to thousands of degree-seeking ex-GI’s from World War II. It also was granted a new name “Florida State University.” The university’s expanse and complexity today contrast vividly with its beginning. Sixteen schools and colleges within the University serve more than 28,300 students who are enrolled in the 276 graduate and undergraduate degree programs and live and work among 1,300 faculty and 2,600 staff members. About 5,000 degrees are awarded every year.

In the past several years, the University has joined an elite group of universities in the United States which produce more than 200 doctoral graduates annually. Emphasis on graduate research and study at the University continues to grow, and today more than 4,000 graduate students pursue a variety of degrees.

Student life at Florida State University also offers young people ample opportunity to acquire leadership skills and to apply their classroom learning in student government, residence hall government, Greek social organizations, honors programs, departmental organizations and more than 200 other registered student organizations active on campus. The FSU Artist Series, the Distinguished Lecture Series and outstanding music, theater and dance production provide enjoyable evenings for the entire community.

Being a student at Florida State University means stepping into a tradition of more than 130 years of higher education. From its Flying High Circus to its Supercomputer Computations Research, Florida State provides a panorama of excitement, blending the educational and social sides of campus life.



*Architectural depth and richness abound throughout Florida State’s campus. From the Westcott building’s grand turreted facade with its landmark fountain out front, to interesting walkways winding beneath turn-of-the-century brick archways and modern concrete canopies, students and professors alike find the trek between classes a short walk through this university’s unique history.*

# Florida State Academics

Academic, personal and professional support are essential to college success. At Florida State University, we have developed an outstanding support program which enables student-athletes to reach their full potential. The successes of the FSU swimming and diving program have carried over into the academic field as well. Earlier this year the men's team was the recipient of the prestigious Golden Torch Award which is presented annually at a black tie affair to the team with the highest grade point average on campus. The women's swimming and diving team finished second on campus with an overall GPA of 2.95 for the '93-'94 school year.

FSU's academic support philosophy is "to offer an academic support program integrated with the total university that will assess all student-athletes with the transition into college and provide continued support in all phases of academic and professional development culminating with graduation, job placement or graduate school."

To accomplish this goal we have developed an academic environment which facilitates the academic success of student-athletes. Student success is encouraged through competent academic counseling, career exploration, planning and placement and academic assistance through tutorial programs.

Our program operates on a "proactive" rather than "reactive" approach. At Florida State, our academic staff does not wait for academic crises to occur. We gather important background information and build an academic profile on all student-athletes to assess their needs in advance. We also stay informed on the daily progress of each student athlete.

The academic programs are moving to the state-of-the-art University Center and will be located on the sixth floor of the \$126,000,000 facility. It includes private study carrels, a tutorial study area and a computer lab outfitted with 16 new IBM computers and laser printers. In addition, athletic sky boxes are utilized for group and individual tutorial instruction.

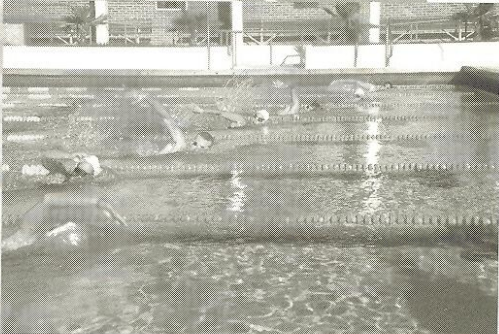
FSU offers 16 Schools and Colleges with 99 undergraduate degrees and 75 post-baccalaureate degrees.

## Schools and Colleges

Arts and Science  
Business  
Communication  
Criminology  
Education  
Engineering  
Human Sciences  
Interdisciplinary  
Motion Picture,  
Television, and  
Recording Arts

Music  
Nursing  
Social Sciences  
Social Work  
Theatre  
Visual Arts and  
Dance





# 1994-95 Florida State University Swimming & Diving Schedule

<i>Date</i>	<i>Opponent</i>	<i>Site</i>	<i>Time</i>
<b>10/14</b>	<b>Florida</b>	<b>Tallahassee</b>	<b>3 p.m.</b>
<b>10/21-22</b>	<b>ATAC Invitational</b>	<b>Tallahassee</b>	<b>TBA</b>
10/28	Georgia Southern	Statesboro, GA	2 p.m.
<b>11/4</b>	<b>Auburn</b>	<b>Tallahassee</b>	<b>3 p.m.</b>
11/18	Clemson	Clemson, SC	11 a.m.
12/2-4	Rammer Jammer Inv.	Tuscaloosa, AL	All Day
<b>1/11</b>	<b>Virginia</b>	<b>Tallahassee</b>	<b>TBA</b>
1/14	N. C. State	Raleigh, NC	12 p.m.
1/20	Florida Atlantic	Fort Lauderdale	TBA
1/21	Miami	Miami	TBA
<b>1/28</b>	<b>Louisiana State</b>	<b>Tallahassee</b>	<b>TBA</b>
2/4	North Carolina	Chapel Hill, NC	11 a.m.
2/16-18	Women's ACC Championships	Chapel Hill, NC	All Day
2/23-25	Men's ACC Championships	Chapel Hill, NC	All Day
TBA	NCAA Diving Pre-Qualifying	Lexington, KY	All Day
3/16-18	W - NCAA Championships	Austin, TX	All Day
3/23-25	Men's NCAA Championships	Indianapolis, IN	All Day

Home Meets in Bold

