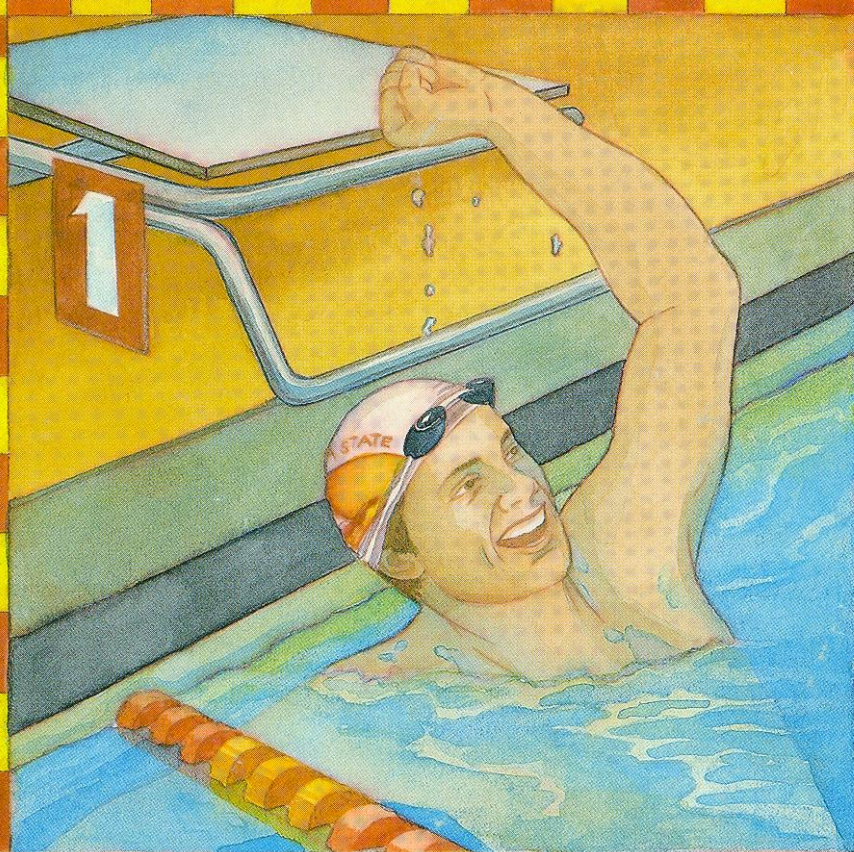
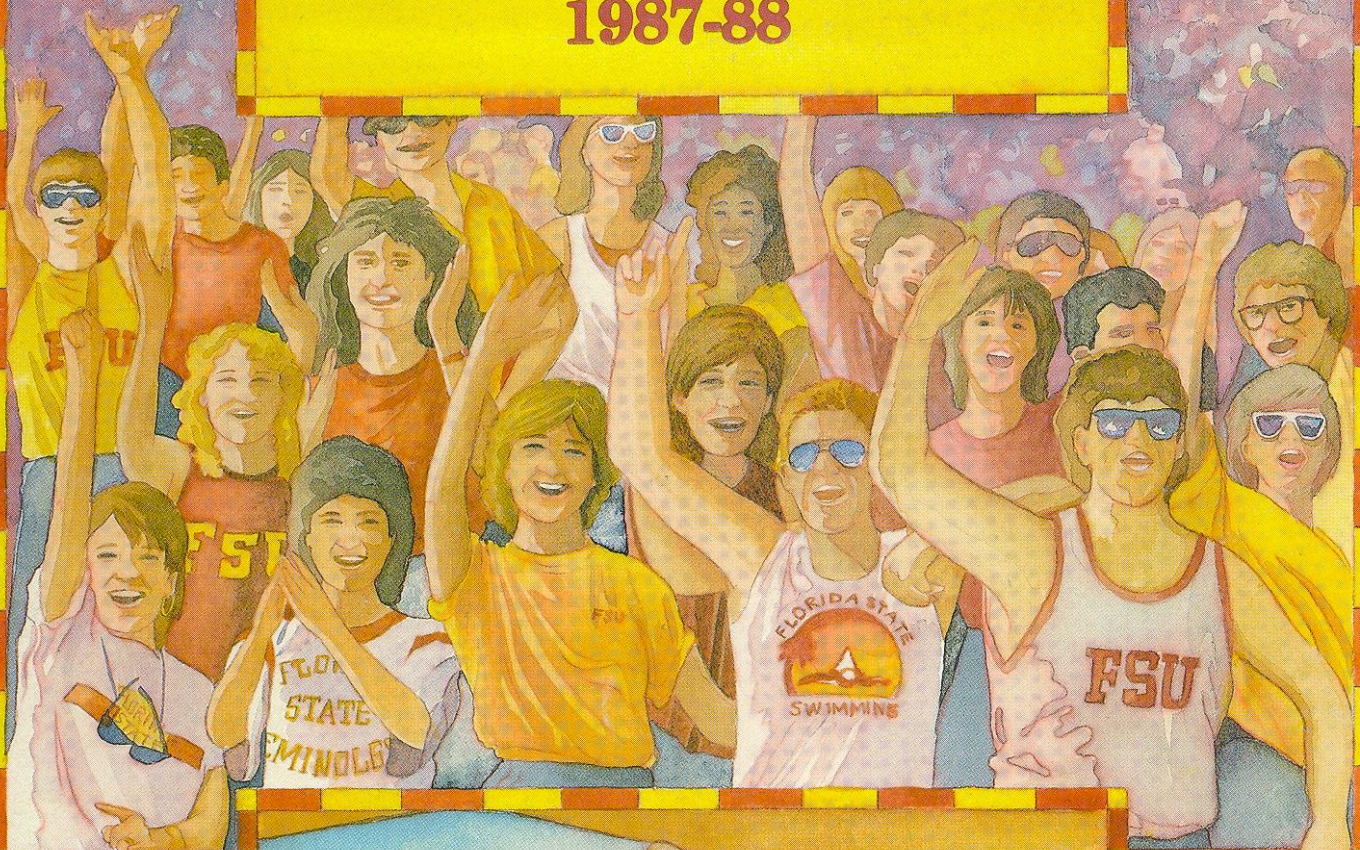


# Florida State Swimming Media Guide 1987-88



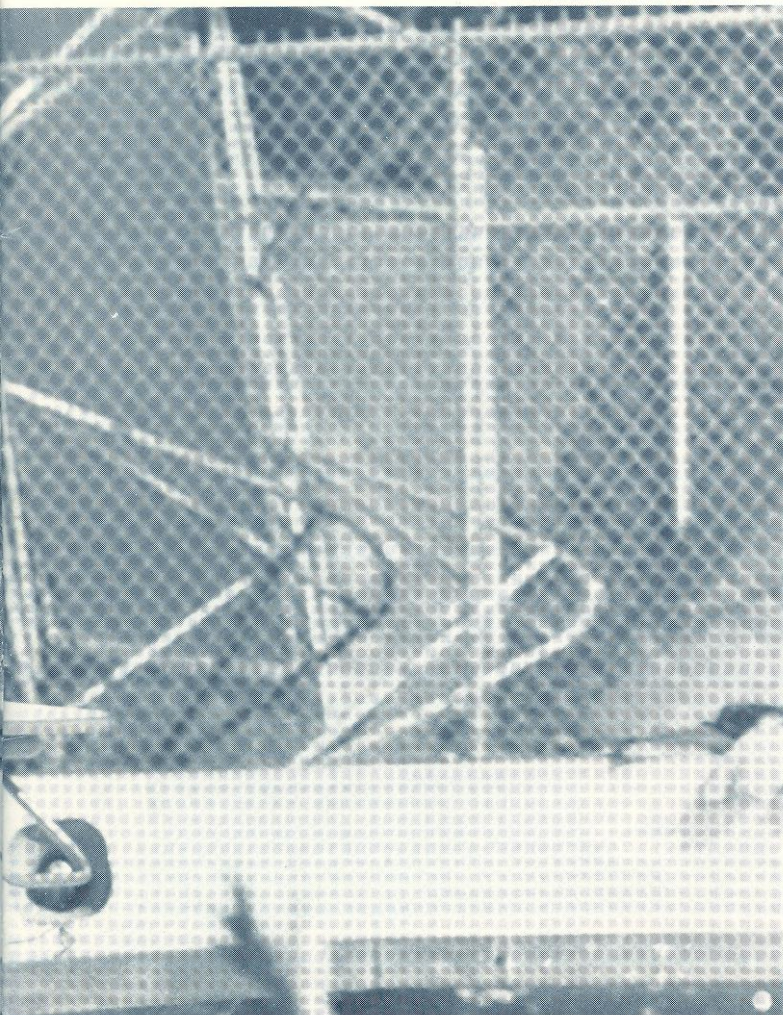


## Women's NCAA Qualifying Standards

	Short Course		Long Course
	Yards	Meters	Meters
50 Freestyle	23.59	26.18	26.80
100 Freestyle	50.89	56.48	57.50
200 Freestyle	1:49.39	2:01.42	2:03.60
500 Freestyle	4:50.49	4:14.17	4:19.36
1,650 Freestyle	16:38.09	16:35.09	16:53.28
100 Butterfly	55.89	1:02.03	1:03.15
200 Butterfly	2:01.89	2:15.29	2:17.72
100 Backstroke	57.79	1:04.14	1:05.29
200 Backstroke	2:03.69	2:17.29	2:19.76
100 Breaststroke	1:05.29	1:12.47	1:15.04
200 Breaststroke	2:21.09	2:36.60	2:42.17
200 Individual Medley	2:04.99	2:18.73	2:22.03
400 Individual Medley	4:24.59	4:53.69	5:00.67
200 Medley Relay	1:45.19	1:56.76	—
400 Medley Relay	3:49.99	4:15.28	4:21.05
200 Freestyle Relay	1:35.09	1:45.54	1:48.05
400 Freestyle Relay	3:26.69	3:49.42	3:53.54
800 Freestyle Relay	7:27.09	8:16.26	8:25.18*
1-Meter Diving	245/415		
3-Meter Diving	255/425		

## Men's NCAA Qualifying Standards

	Short Course		Long Course
	Yards	Meters	Meters
50 Freestyle	20.41	22.65	23.73
100 Freestyle	44.4	49.43	51.19
200 Freestyle	1:37.74	1:48.49	1:52.34
500 Freestyle	4:34.65	3:50.69	3:57.52
1,650 Freestyle	15:22.24	15:19.24	15:45.88
100 Butterfly	49.02	54.41	55.70
200 Butterfly	1:47.77	1:9.62	2:03.16
100 Backstroke	50.57	56.13	58.46
200 Backstroke	1:49.72	2:01.78	2:06.11
100 Breaststroke	56.20	1:02.38	1:05.34
200 Breaststroke	2:02.49	2:15.96	2:24.10
200 Individual Medley	1:49.82	2:01.90	2:07.69
400 Individual Medley	3:55.08	4:20.93	4:28.66
400 Freestyle Relay	3:00.72	3:20.59	3:27.72
800 Freestyle Relay	6:38.99	7:22.87	7:38.60
400 Medley Relay	3:20.92	3:43.02	3:51.47
1-Meter Diving	290/465		
3-Meter Diving	310/480		



# Florida State Swimming Media Guide 1987-88

## Credits

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## 1987-88 Schedule

Sat., Sept. 26	Garnet & Gold Meet	11:00 AM	Tallahassee, FL
Sat., Oct. 3	Miami	10:00 AM	Tallahassee, FL
Sat., Oct. 17	Tampa	11:00 AM	Tampa, FL
Fri., Oct. 30	Alabama	2:00 PM	Tallahassee, FL
Sat., Oct. 31	FSU Homecoming Inv.	9:00 AM	Tallahassee, FL
Fri., Nov. 6	Georgia	2:00 PM	Tallahassee, FL
Sat., Nov. 14	LaSalle (Men)	1:00 PM	Philadelphia, PA
	Maryland		
	Maryland (Women)	3:00 PM	Philadelphia, PA
Fri., Dec. 5	Florida	12:00 PM	Gainesville, FL
	(Long Course)		
Dec. 20-22	USS Open	All Day	Orlando, FL
	(Long Course)		
Sat., Jan. 9	Furman	12:00 PM	Greenville, SC
Fri., Jan. 22	LSU	4:00 PM	Baton Rouge, LA
Sat., Jan. 23	Tulane	12:00 PM	New Orleans, LA
	NE Louisiana		
Fri., Feb. 5	Georgia Southern	3:00 PM	Statesboro, GA
Sat., Feb. 6	Florida Atlantic	12:00 PM	Tallahassee, FL
	(Women Only)		
Feb. 25-27	Metro Championship	TBA	Columbia, SC
Mar. 17-19	NCAA Women's		
	Championship	TBA	Austin, TX
Mar. 23-26	USS Senior Nationals	TBA	Orlando, FL
Apr. 7-9	NCAA Men's		
	Championship	TBA	Indianapolis, IN

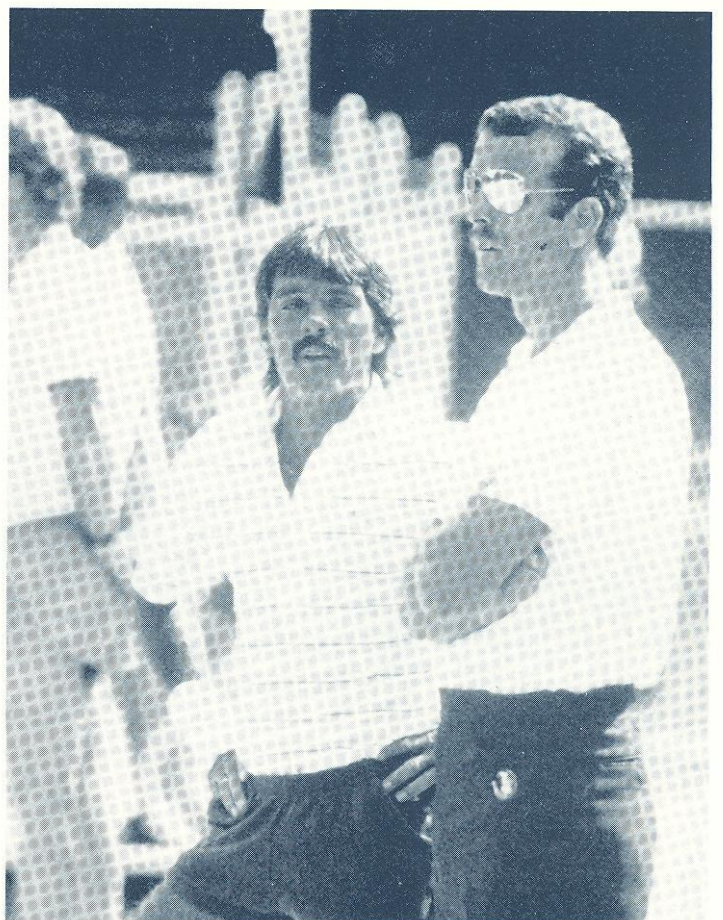
## Florida State Fingertip Facts

Location .....	Tallahassee, Florida
Enrollment .....	22,000
Founded .....	1854
Home Pool .....	Bim Stults Aquatic Center
Nickname .....	Seminoles
Colors .....	Garnet & Gold
Conference .....	Metro
President .....	Dr. Bernard F. Sliger
Athletic Director .....	C.W. "Hootie" Ingram
Associate Athletic Director .....	Bob Goin
Assistant Athletic Directors .....	Dr. Jan Stocker, Claude Thigpen, Larry Pendleton
Business Manager .....	Joe Labat
Assistant to the Athletic Director .....	John Sheffield
Head Swim Coach .....	Terry Maul
Head Swim Coach .....	Bill Shults
Assistant Coach .....	Sid Cassidy
Diving Coach .....	Gary Cole
1986 Conference Finish .....	2nd men, 2nd women
1986 Dual Meet Record .....	7-4 men, 8-3 women
Sports Information Director .....	Wayne Hogan
Associate SID .....	Lisa Franson
Assistant SID .....	Rob Wilson
Swimming Contact .....	Chris Sears

Florida State Athletics • P.O. Box 2195 • Tallahassee, Florida  
 Athletic Phone .....(904) 644-1060  
 Sports Information Phone ... (904) 644-1403  
 Swim Office .....(904) 644-1091



*Terry Maul*



*Bill Shults, Gary Cole*

## A Pair of Aces

It could be said that the Florida State swimming program has been raised by the power of two.

Two years ago, Terry Maul, then head coach of the women's program and Bill Shults, head coach of the men's combined the programs into one new innovative system, designed to capitalize on the strengths of the two respected coaches.

"Our goal was to offer our students an excellent education, while building our program to the point of being a national power," Shults says.

Maul agrees. "We've developed a plan for success that has already been set into motion and is operating smoothly," he says, "Under the new system, we are able to more efficiently monitor all of the critical areas necessary for the development of each student-athlete."

In just over a year's time, the Florida State swim programs are just now reaping the benefits of the move. Florida State's women's team vaulted from a fourth to second place at the Metro Conference Championships and came in fourth at the National Independents Championships.

FSU's men's team reached similar heights, moving two spots from the previous year to finish second in the NIC and second in the Metro.

But Florida State's success does not end in the swimming pool. Under the co-coach system, Seminole swimmers have the highest grade point average of any team on campus, turning in an impressive 2.6 last semester.

Florida State's impressive turnaround can be traced to the leadership of both men.

Maul, now in his 13th year as a Florida State head coach, has taken on a more specific role since the program was restructured. He is responsible for directing the overall training regimen for the entire men's and women's teams. That is no easy task consider-

ing the many aspects to the Seminole's training as well as the team's implementation of its psychological support systems.

Recognized throughout the country for his coaching achievements, Maul draws upon his success from the past when directing the FSU team. He has coached 28 All-Americans, compiled with 83-36-2 dual meet record, and finished second behind Texas at the 1982 AIAW National Championships. Maul also has gained valuable international experience, serving as head coach of the United States' entry in the 1984 South African Cup in Rio de Janeiro. He was also the South's head coach at the U.S. Olympic Festival this past summer in Chapel Hill, N.C.

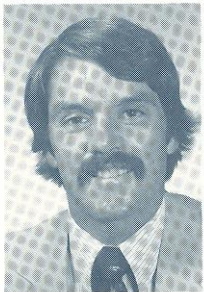
While Maul works with the development of the Florida State teams in the water, Shults works with the administrative aspects of the entire program. His main duties include academic monitoring, career counseling, computer-assisted coaching, video-taping and handling all budgetary items.

Although only 33, Shults has quickly climbed the ranks of collegiate coaching. The 1976 New Hampshire graduate received his first head coaching position at his alma mater after serving one year as an assistant. Shults moved on to FSU in 1979, working under former Seminole coach John Stafford before succeeding him three years later.

Widely respected in coaching circles, Shults serves on a number of committees. As regional representative and member of the board of directors to the College Swim Coaches Association, Shults serves as chairman of the academic committee of the same organization. Shults was also selected as chairman of the NCAA Legislative Input Committee for the CSAA. Last spring Shults was asked by the NCAA to give a report on the status of collegiate swimming to the president's commission.



Sid Cassidy, Bill Shults, Gary Cole



## GARY COLE

(Bowling Green '75)  
Diving Coach

Gary Cole, now in his sixth year as the diving coach at Florida State, has accumulated a wealth of collegiate and international coaching experience that helps enhance the diving program. Just this past summer, Cole was selected from applicants from across

the nation to coach South Korea's Olympic hopefuls. Before his work with the South Korean national team, Cole also gave clinics for the International Olympic Committee in Chile and Canada.

A graduate of Bowling Green, Cole has 15 years of experience and during his initial season won NIC Coach of the Year honors. Before coming to Florida State, Cole served as an assistant coach at Auburn, Bowling Green and Michigan State. He also coached and developed the Tulip Coity Diving Club in Holland, Michigan.

During his coaching career, Cole has developed divers at all levels, including two-time world age group champions and collegiate All-Americans. Three of his pupils placed in the top eight at the 1984 Canadian Olympic Trials.

At Florida State, Cole's duties go far beyond his work with the Seminole divers. He is responsible for opponent scouting, meet operations and he assists assistant coach Sid Cassidy with recruiting.

Cole is a member of the NCAA Diving Rules Committee and a member of the U.S. Professional Diving Coaching Association. A standout diver in high school, Cole was coached by Ron O'Brien, the U.S. Olympic coach since 1972.



## SID CASSIDY

(North Carolina State '77)  
Assistant Coach

Sid Cassidy, now in his third year at Florida State, is quickly gaining the reputation as one of the most dynamic young coaches on the collegiate swimming scene.

As recruiting coordinator in 1986-87, Cassidy was credited with Florida State's best recruiting year in history, as the school signed six All-American swimmers. "We've got an outstanding product to offer at Florida State," Cassidy says. "We're an up-and-coming school that intelligent student-athletes are finding desirable."

Cassidy's on-deck duties include planning and implementation of training methodologies for the distance swimmers, as well as assisting with all aspects of training for the entire team. The Kinston, NC native came to Florida State after serving as head coach of the Greater Tampa Swimming Association for two years. While in Tampa, he was a driving force in the creation of the Tampa Bay Swimming Association. In just its first year of existence, the club placed among the top 30 teams at the Senior Nationals and among the top 15 at the National Junior Olympic Meet. He also worked as an assistant coach for the University of Tampa's 1985 squad which placed third in the nation.

Before his Tampa assignment, Cassidy was head coach of the Wilmington Aquatic club — the same club where he spent his scholastic years under the tutelage of the internationally acclaimed Bob Matson.

In 1985, Cassidy was chosen to serve as an assistant coach of the United State's entry in the Arena Championship in Bonn, West Germany. He also coached the Mexican Olympic National Team in Mexico City.

As a collegiate swimmer at North Carolina State, Cassidy earned All-American honor three times. After the conclusion of his college career, he became a world-ranked professional marathon swimmer. Presently, he coaches the senior team at the Area Tallahassee Aquatic Club.

The 30 year-old Cassidy is single.



## CHRIS BEADLE

Sophomore  
Cocoa, Florida

...the Lady Seminoles' top returning performer in the 200 and 500 free... expected to again head up Florida State's push to the Metro title in those events... was awarded the squad's Pike's Peak award, given annually to the swimmer who "climbs mountains during the swimming season"... highly motivated, she is considered a team leader by the coaching staff... 1986-87: saved her best time of the season (4:57.65) in the 500 free for the conference championships... that timing placed her fourth, helped FSU to a second overall... also posted the third best time on the team in the 200 free, a 1:54.20 clocking... Prep: a high school All-American at Cocoa High School... selected as MVP of Cocoa's team for four consecutive years... trained under John Hughes at the Brevard Swim Club... Personal: enrolled in FSU's basic studies... born February 18, 1968.



## MERRIE BRENNAN

Freshman  
Tampa, Florida

... a multi-talented swimmer who specializes in the butterfly and freestyle... has already turned a time of 16:42.89 in the 1650 free which would not only eclipse the existing FSU school record, but qualify for the NCAA Championships... her time of 10:06 in the 1000 free and 4:27 in the 400 I.M. also tops any time by a Lady Seminole in those events in '87... comes from good bloodlines, as her father Ed was named National Division II Coach of the Year, as head coach of the University of Tampa. Personal: enrolled in basic studies... born November 30, 1969... is the youngest Lady Seminole on this year's squad.



## MISSY BUNNELL

Sophomore  
Ft. Worth, Texas

... her presence in the 1650 free makes that event one of the most solid for the Lady Seminoles... 1986-87: capped an excellent freshman campaign with sixth and eighth place finishes at the Metro Conference Championships in the 1650 and 500 free... also placed sixth in the 400 IM... Prep: a state champion and All-American in the distance events at W.E. Boswell High in Saginaw, Texas... junior national finalist... swam for Lucky Foreman at Texas Aquatics... Personal: a business major... born October 4, 1967... named to the Metro Conference Commissioner's List after posting a perfect 4.0 grade point average.



## KRISTAN CHAMBERS

Freshman  
Ft. Worth, Texas

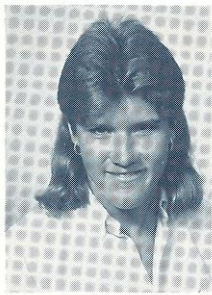
... one of 13 freshmen signees who are expected to challenge for spots on FSU's travel roster... will provide immediate depth in the backstroke, butterfly and individual medley events... swam for Texas Aquatics—the same program that sophomore Missy Bunnell trained in while in high school... Personal: enrolled in Florida State's undergraduate studies program... born January 3, 1969.



## JULIE DESKIN

Sophomore  
Palm Beach Gardens, Florida

... looks to be one of Florida State's top divers this season... is just now picking up the finer points of diving because she began diving late in her high school career... came to Florida State unheralded as a freshman and turned out to be a pleasant surprise... 1986-87: finished 10th at the Metro Conference meet on the one meter board... Prep: attended Palm Beach Gardens High School... coached by Jeff Shaffer at Mission Bay Swim Club... Personal: is enrolled in Florida State's basic studies program... born July 17, 1968.



## MARY DOUGHER

Sophomore  
North Palm Beach, Florida

... looks to be one of the Lady Seminoles' top performers this year in the backstroke... improved throughout last season to finish in the top 10 at the Metro Conference Championships last year... has a good chance to score again this year... a hard worker in both the pool and classroom... 1986-87: swam a 59.75 to finish seventh in the 100 fly at the Conference championships... received the team's Wheelbarrow Award, given annually to the toughest swimmer... Prep: honored by the Palm Beach Post as the High School Scholar Athlete of the Year at Cardinal Newman High School... coached by Dick Cavanaugh... Personal: enrolled in basic studies... born April 1, 1968.



## STACIA EVANS

Freshman  
Winter Park, Florida

... Florida State's biggest catch during the recruiting season... a national caliber athlete who was one of the top swimmers in Florida as a high school senior... possesses vast potential after deciding to concentrate on swimming recently... swam personal bests of 23.81 and 51.78 in the 50 and 100 free events... both times better FSU's top times last year... also competed in the 100 back and turned in a 1:00.05 timing, which again is faster than an time turned by an FSU swimmer in '87... chose Florida State over nationally-ranked Georgia and Clemson. Personal: enrolled in Florida State's basic studies program... born July 16, 1969.

Last year, Florida State placed 11 swimmers on the Metro Conference Commissioner's List. The list annually recognizes student-athletes in the conference who hold grade point averages over 3.0

Leading the list of eight Lady Seminoles was Missy Bunnell, who attained a perfect 4.0



## ALISON HARVEY

Freshman  
Cocoa Beach, Florida

...one of the most pleasant surprises for the FSU coaching staff since she set foot on campus in the fall...didn't have the impressive credentials that several of the other FSU recruits had, but came on strong during the latter part of the summer...could bolster the freestyle events where she owns personal bests of 52.92 (100) and 1:52.22 (200)...could also see action in the butterfly events...swam for John Hughes at the Brevard Swim Club... Personal: enrolled in Florida State's basic studies program... born July 23, 1969.



## JENNIFER HAZARD

Sophomore  
Boise, Idaho

... one of the Lady Seminoles' top returning letterwinners from a year ago... was the team's second leading point scorer at the '87 Metro Conference Championships... a versatile swimmer who can swim virtually any event... one of the fastest swimmers in the nation in the sprint free... comes off an outstanding freshman season... 1986-87: finished third in the 100 breast (1:06.14), fourth in the 200 breast (2:26.81), and 12th in the 50 free (25.53) at the Metro Conference Championships as a freshman... also swam on FSU's third place 400 and 200 medley relays... Prep: one of the top breaststroke talents in Idaho as a senior... qualified for senior nationals... the 1986 YMCA runner-up in the 100 breast... Personal: a fashion merchandising major... born May 25, 1968.



## JENNIE HUGUS

Sophomore  
Orlando, Florida

... returns as one of Florida State's top scorers at last year's Metro Conference Championships... will again be counted on to give depth in the sprint free and fly events... 1986-87: was Florida State's top finisher in both the 50 and 100 free at the Metro Championships... swam to a fifth place time of 24.62 in the 50 free and a sixth place time of 53.02 in the 100 free... also finished sixth in the 200 free (1:52.95)... one of her biggest accomplishments at the Conference meet came in the relays... swam legs on FSU's third place 200 free, 400 medley and 200 medley relays... Prep: an all-county selection at Orlando's Oak Ridge High... swam under coach John Woods as a member of the Orlando Dolphins... Personal: enrolled in Florida State's undergraduate studies program... born March 31, 1969.



## KATHY ISACKSON

Freshman  
Clearwater, Florida

... one of Florida State's most talented freshmen signees, who could surprise many with her early success in her first year of collegiate swimming... will challenge for the top spot in 200 fly, an event where she swam under NCAA qualifying standards in high school... will also swim a leg on FSU's 400 free and 400 medley

relays... Prep: one of the top talents coming out of the Clearwater area as a senior... a high school All-American. Personal: a special education major... born February 15, 1969.



## BELINDA MARTIN

Freshman  
Marlton, New Jersey

...another newcomer in the breaststroke who will see action in those events as a freshman...looks to be a potential NCAA qualifier in the 200 breast...swam 2:20.3 in the 200 breast which would have qualified for the NCAA Championships...her personal best in the 100 breast is 1:06.4...brother Donny (Pittsburgh) and sister Amanda (Southern Illinois) also had successful collegiate careers as breaststrokers... Personal: enrolled in Florida State's basic studies program... born June 16, 1969.



## KRISSY MYERS

Freshman  
Americus, Georgia

...will be a valuable addition in the sprint events...regarded by many as a sleeper in recruiting circles...comes from good bloodlines as her sister Angel is the current American record holder in the 50 meter freestyle...with a time of 53.0 in the 100 back, she is already ahead of the development of her older sister...both her parents serve as swim coaches for the Americus Blue Tide...Personal: enrolled in Florida State's basic studies program... born October 2, 1968.



## SUSAN NORTH

Freshman  
Dallas, Texas

...an outstanding young middle-distance freestyler who is expected to have an immediate impact...will also be tried on the 400 free relay...a three-time state 200 meter champion...defended her title as a senior, winning her second title with a 1:50.7 timing...also, swam under five minutes in the 500... Personal: enrolled in basic studies... born December 13, 1969.



## JENNIFER PEYTON

Freshman  
Upper Marlboro, Maryland

...comes to Florida State as one of the top breaststroke talents in the nation...is expected to be tested in the IM events as well...her personal record in the 100 and 200 breast are 1:05.2 and 2:20.2...the 2:20.2 time is over six seconds faster than any time recorded by the Lady Seminoles last year and would have qualified for the NCAA Championships...trained under John Mason at the Bulldog Swim Club. Personal: enrolled in Florida State's basic studies program... born March 30, 1969.



# SUSAN POLLACK

Freshman  
Miami, Florida

... teams with Stacy Wright to give Florida State two of the top freshman divers in the South ... a potential NCAA qualifier ... very versatile; can compete in the one, three and platform events ... comes to Florida State from the Hurricane Swim Club, which is one of the top programs in the country ... a very strong athlete who advanced to her age group's national championships the past two years ... Personal: enrolled in basic studies at FSU ... born November 11, 1969 ... is the second youngest Lady Seminole swimmer.

after signees as a senior at Lassiter High School ... won the junior national 200 fly in 2:02.38, while swimming for Swim Atlanta ... Personal: enrolled in Florida State's basic studies program ... born February 9, 1968.



# STACY WRIGHT

Freshman  
Methuen, Massachusetts

... although she is only a freshman, Stacy could be a force at the Metro Conference Championships ... also has the potential to advance to the NCAA Championships ... a very accomplished diver on the one and three meter boards, as well as the platform ... has competed against national competition for the last two years ... coached by Todd Sherrott in high school ... Personal: enrolled in the Florida State basic studies program ... born July 23, 1969.



# KATHY TURNER

Sophomore  
Roswell, Georgia

... proved to be one of the most talented freshmen in the Metro Conference last year ... scored more points for FSU than any other swimmer at the Metro Conference meet ... qualified for the Pan Am trials in the 200 fly ... qualifying for the NCAA Championships could be just around the corner if she continues to improve at her present rate ... posted the team's best times in the 200 fly (2:04.63), 200 IM (2:09.81) and 400 IM (4:31.63) last year ... 1986-87: the third place finisher in the 200 fly at the conference championships, swimming a season-best 2:04.63 ... back to swim 4:31.63 in the 400 IM for third place ... also scored in the 200 IM (sixth place - 2:09.81) ... Prep: one of the country's most sought



# SHARON WARNING

Senior  
Sarasota, Florida

... enters the season as one of the top female divers in the Metro Conference ... received Florida State's most valuable diver award last year ... singled out for her leadership by the coaching staff ... 1986-87: posted a third place conference finish on the one meter board ... 1985-86: came in fifth in the one-meter and seventh in the three-meter diving as a sophomore at the Metro Championships ... 1984-85: an All-American and all-state selection as a senior at Armstrong High ... Personal: majoring in advertising ... born June 26, 1966.





## Women's Roster

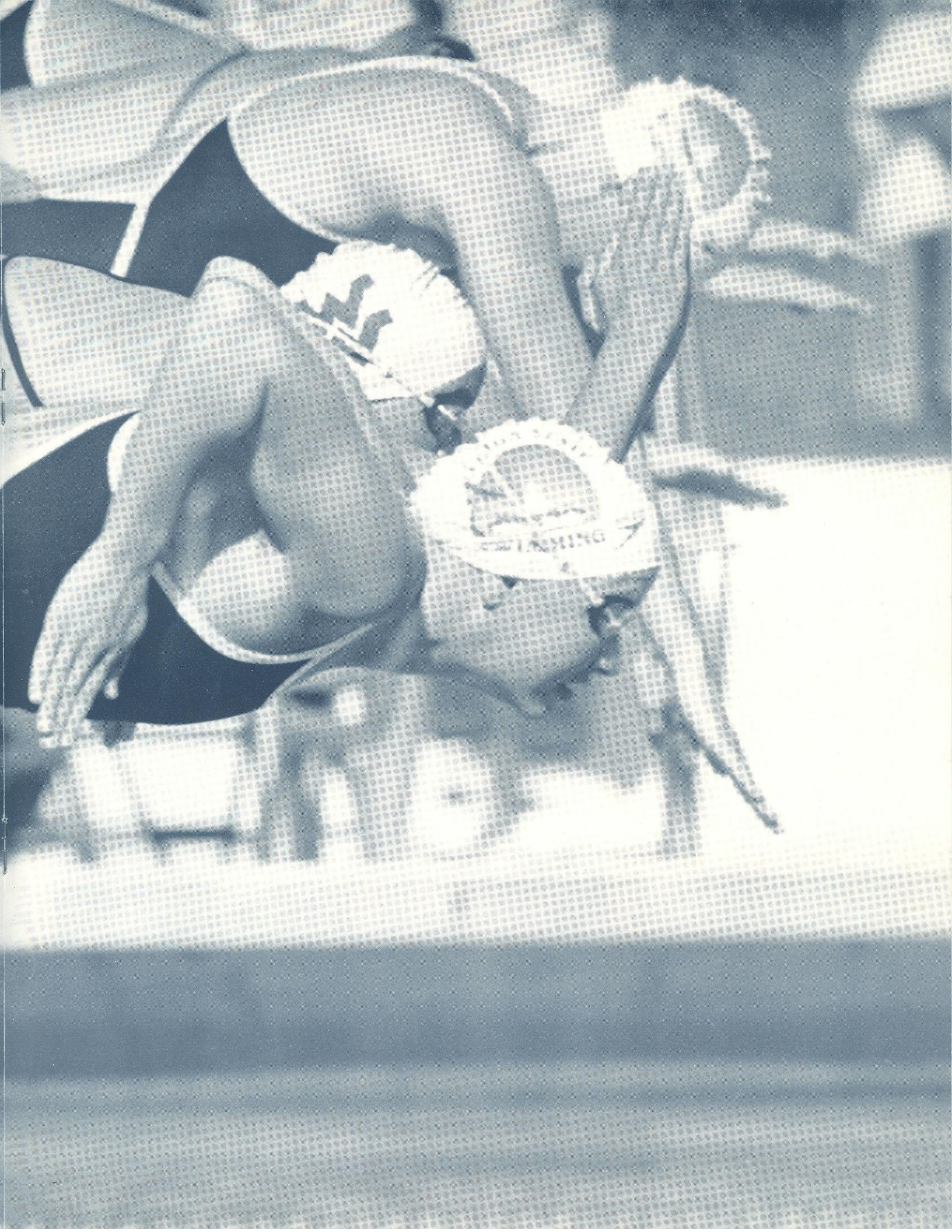
NAME	DOB	HOMETOWN	CLASS	HT	EVENTS
Amberntson, Carolynn	7/17/69	Orlando, FL	Freshman	5'10	Sprint Free
Beadle, Chris	2/18/68	Cocoa, FL	Sophomore	5'10	Mid Dist Free
Brennan, Merrie	11/30/69	Tampa, FL	Freshman	5'4	IM & Dist Free
Bunnell, Missy	10/04/67	Ft. Worth, TX	Sophomore	5'3	Dist Free & IM
Chambers, Kristan	1/03/69	Ft. Worth, TX	Freshman	5'7	Freestyle
Deskin, Julie	7/17/68	Palm Beach Gardens, FL	Sophomore	5'3	Diver
Epstein, Carolan	6/06/68	Key Biscayne, FL	Sophomore	5'8	Sprint Free
Evans, Stacia	7/16/69	Clermont, FL	Freshman	5'8	Sprint Free
Harvey, Alison	9/28/69	Cocoa Beach, FL	Freshman	5'6	Freestyle
Hazard, Jennifer	5/25/68	Boise, ID	Sophomore	5'6	Breaststroke
Hugus, Jennie	3/31/69	Orlando, FL	Sophomore	5'11	Sprint Free
Isackson, Kathy	2/15/69	Clearwater, FL	Freshman	5'8	Fly
Martin, Belinda	6/16/69	Marlton, NJ	Freshman	5'6	Breaststroke
Myers, Krissy	10/02/68	Americus, GA	Freshman	5'7	Backstroke
North, Susan	12/13/68	Dallas, TX	Freshman	5'7	Mid Dist Free
Peyton, Jennifer	3/30/69	Upper Marlboro, MD	Freshman	5'8	Breaststroke
Pollack, Susan	11/07/69	Miami, FL	Freshman	5'6	Diver
Turner, Kathy	2/09/68	Roswell, GA	Sophomore	5'6	Fly & IM
Warning, Sharon	6/26/66	Sarasota, FL	Senior	5'8	Diver
Wright, Stacy	7/23/69	Columbia, SC	Freshman	5'1	Diver



## Men's Roster

NAME	DOB	HOMETOWN	CLASS	HT.	EVENTS
Aycock, Ryan	2/15/68	Winter Park, FL	Sophomore	6'4	Sprint Free
Carothers, Graham	6/16/68	Tallahassee, FL	Sophomore	6'0	Free & Fly
Cobb, Drew	3/21/66	Satellite Beach, FL	Senior	6'0	IM & Breaststroke
Cotter, Eric	11/01/69	Winter Park, FL	Freshman	6'1	Breaststroke
Densmore, Dan	12/13/66	Orlando, FL	Junior	5'10	IM & Breast
Dotson, Mike	12/12/68	Lakeland, FL	Freshman	6'0	Freestyle
Duncan, Keith	6/18/68	Walnut Creek, CA	Sophomore	5'10	Fly & IM
Gathercole, Ben	9/17/65	Australia	Junior	5'11	Sprint Free
Hermann, Mike	1/14/68	Milltown, NJ	Sophomore	5'11	Backstroke
Kearn, Dennis	1/23/67	Hales Corners, WI	Junior	5'10	Breaststroke
Kenny, John	12/25/67	Tampa, FL	Sophomore	5'7	Dist Free
Kraus, Rick	8/17/69	Louisville, KY	Freshman	5'9	Freestyle
Laing, Skip	12/05/67	Jupiter, FL	Junior	6'4	Sprint Free
Lockhart, Mike	3/31/69	Dallas, TX	Freshman	5'9	Free, IM
McCullough, John	9/10/68	St. Petersburg, FL	Sophomore	6'0	Breaststroke
Muller, Matt	9/26/66	Mulberry, FL	Sophomore	5'11	Sprint Fly
Owens, Pat	7/27/66	Tallahassee, FL	Senior	5'9	Fly & Free
Roder, Mike	12/15/68	Morgantown, WV	Freshman	6'3	Sprint Free
Rose, Charlie	3/21/69	Altamonte Springs, FL	Freshman	5'10	IM & Backstroke
Schulte, Mike	8/30/69	Lilburn, GA	Freshman	6'1	Freestyle
Seguin, Benoit	7/11/63	Montreal, Quebec	Senior	5'8	Diver
Severance, Rick	5/19/68	Worthington, OH	Sophomore	5'11	Diver
Shensky, Mark	1/03/68	Milltown, NJ	Sophomore	5'10	Fly
Tankersley, Vance	8/02/68	Miami, FL	Sophomore	6'1	Freestyle
Van Farowe, Jim	11/15/66	Mukilteo, WA	Junior	6'2	IM & Backstroke
Wilkerson, Jay	9/09/68	Wrightsville Beach, NC	Sophomore	5'7	Dist Free
Zuments, Kris	9/06/67	Arvada, CO	Junior	5'9	Dist Free





# Making a Splash in the Metro

It's no longer a case of sink or swim for the Florida State women's swim team.

Last year, most onlookers thought it would be a transition year for FSU, as it unified the men's and women's programs. But Florida State turned in a surprising second place finish in the women's competition.

Things will only get better. "I don't think any other team in the Metro has improved like we have," head coach Terry Maul says. "We're going to close the gap."

Although virtually every top performer returns, Maul and co-head coach Bill Shults didn't wait around last spring for the upcoming season. The pair along with assistant coach Sid Cassidy went out and signed the school's best recruiting class in history. "We had far and away the strongest recruiting year in the conference," Maul says.

Several of FSU's prized recruits, including Stacia Evans, Merrie Brennan, Stacy Wright, Kathy Isackson, Krissy Myers and Susan Pollack, will make their presence felt at the Metro Conference Championships. They also could qualify for the NCAA Championships—something that no Florida State swimmer was able to do last season.

This group of freshmen will compliment an ever-improving group of returning letterwinners. Sophomores Jennifer Hazard, Missy Bunnell and Kathy Turner will lead the way.

1650 FREE . . . a very strong event for the Lady Seminoles, where all three entrants could finish in the top six at the Conference meet . . . look for sophomores Bunnell, Chris Beadle and freshmen Brennan to contribute . . . Brennan, whose father Ed is the head coach of division II powerhouse Tampa, has already swam under NCAA standards in high school . . . the Lady Seminoles will feel the loss of Karen Acre to graduation after she finished second in the conference in the event.

500 FREE . . . Freshmen Susan North, Kathy Isackson and Alison Harvey will team with Bunnell, Brennan and Beadle to form a nucleus that should score during the course of the season.

200 FREE . . . Former Texas state champion Susan North will lead sophomores Jennie Hugus and Beadle, who all have the potential to score.

50 FREE and 100 FREE . . . FSU will depend on a number of newcomers to shore up these two events . . . Evans, the talented freshmen from Orlando who already has been timed under the NCAA qualifying mark in high school leads this group . . . Myers and Jennie Hugus will swim both events, giving FSU a strong one-two combination for the future . . . Harvey, North and Hugus will compete in the 100 as well . . . "The 50 and 100 free

events have the potential to be very good," Maul says. "It's an untested area that could become better than we expected."

100 and 200 FLY . . . Here are two events where FSU coaches hope experience and youth will gell . . . sophomore Kathy Turner, who was FSU's top point scorer a year ago at the Metro Championships, had an excellent off-season of training, qualifying for the Pam Am Trials . . . freshman Isackson also qualified for the Pan Am Trials and could give FSU a formidable one-two punch.

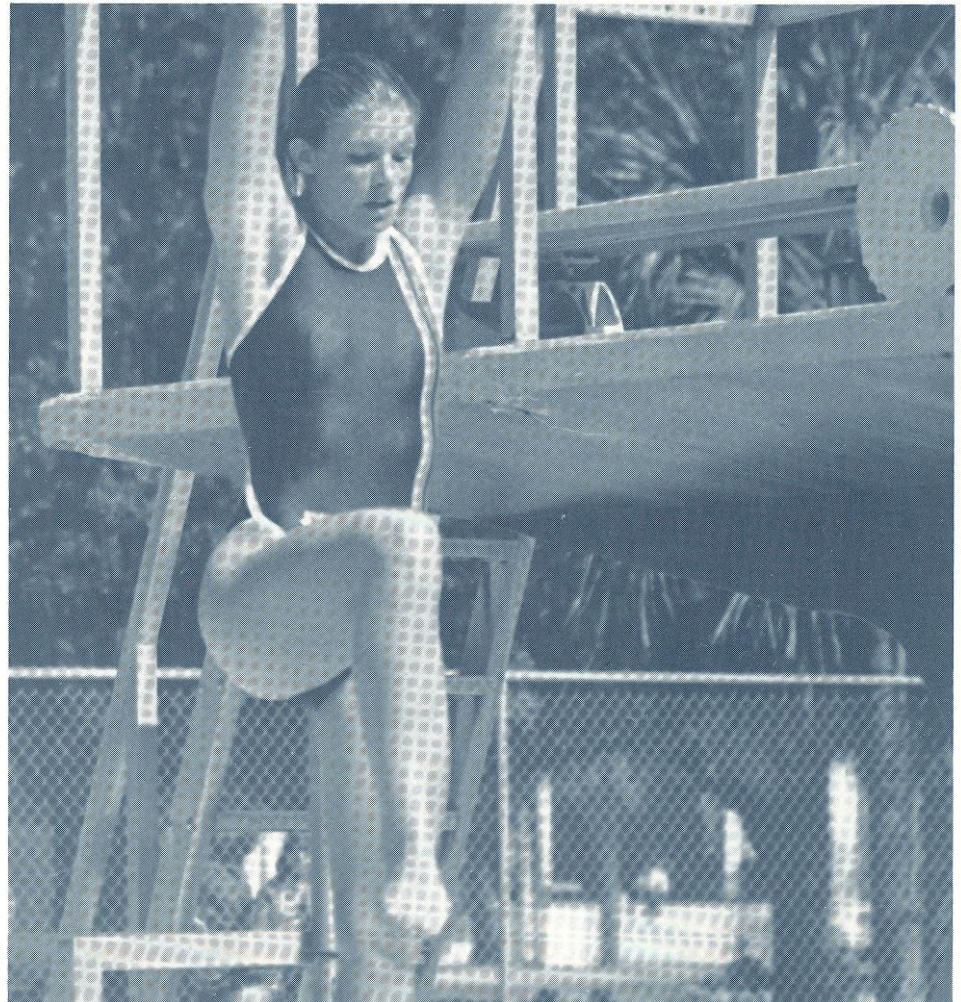
100 and 200 BACK . . . Maul says that the Lady Seminoles will concentrate on the 100 back but adds, "it should be a very good event for us . . . freshmen Evans, Myers and Kristan Chambers are penciled in as the top performers in both events going into the season . . .

100 and 200 BREAST . . . if there's an event the coaching staff feels comfortable about, it's this one . . . "We have three talented swimmers in these events," Maul says . . . one of those is sophomore Hazard who is capable of swimming as fast as anyone in the country in the sprint breaststroke . . . she will head this group that includes freshmen Peyton, and Belinda Martin.

200 and 400 IM . . . both events boast depth, although they don't have the strength of the breast and fly . . . Turner, Peyton and Martin will swim the 200 distance . . . in the demanding 400, Brennan, Bunnell and Turner will see action.

ONE and THREE METER DIVING . . . not since the days of Wendy Fuller and Patsy O'Toole have the Lady Seminoles had the top-rated personnel in the diving events . . . senior Sharon Warning finished third last year in the one meter board at the conference meet . . . she will be pushed by a trio of competitors . . . coming off her first full year of diving competition, Julie Deskin has been impressive during pre-season workouts . . . incoming freshmen Stacy Wright and Susan Pollack are two promising divers who have the potential to qualify for the NCAA Championships.

If there was one concern at the beginning of the season, it would be allowing this young team the time to become accustomed to competition with the nation's top teams. Maul and Shults will not have to wait long to see just how good their team is. FSU opens the season against nationally ranked Miami before



taking on the likes of S.E.C. powers Florida, Alabama and Georgia. During the winter months, FSU will take on Louisiana State in preparation for the Metro Conference Championship on February 25-27 in Columbia, SC. The challenging schedule, combined with the youth of the squad, would be enough to scare most coaches, but not Maul. "I'm only worried to the extent that the freshmen haven't had considerable dual meet experience," Maul says. "Youth also provides great enthusiasm which allows us to accept these formidable challenges."

Talk about close encounters of the third kind. No, not the movie but the career of Florida State diver Benoit Seguin. For the last three years, Seguin has established himself as one of the South's best divers on the one and three meter boards. Every year, however, he has missed qualifying for the NCAA Championships by the narrowest of margins—6/100's of a point in 1985. But this year Seguin is ready to change his luck; he leads a young group of skilled athletes into the season that could see several Seminoles qualify for the NCAA Championships and a challenge for the Metro Conference title.

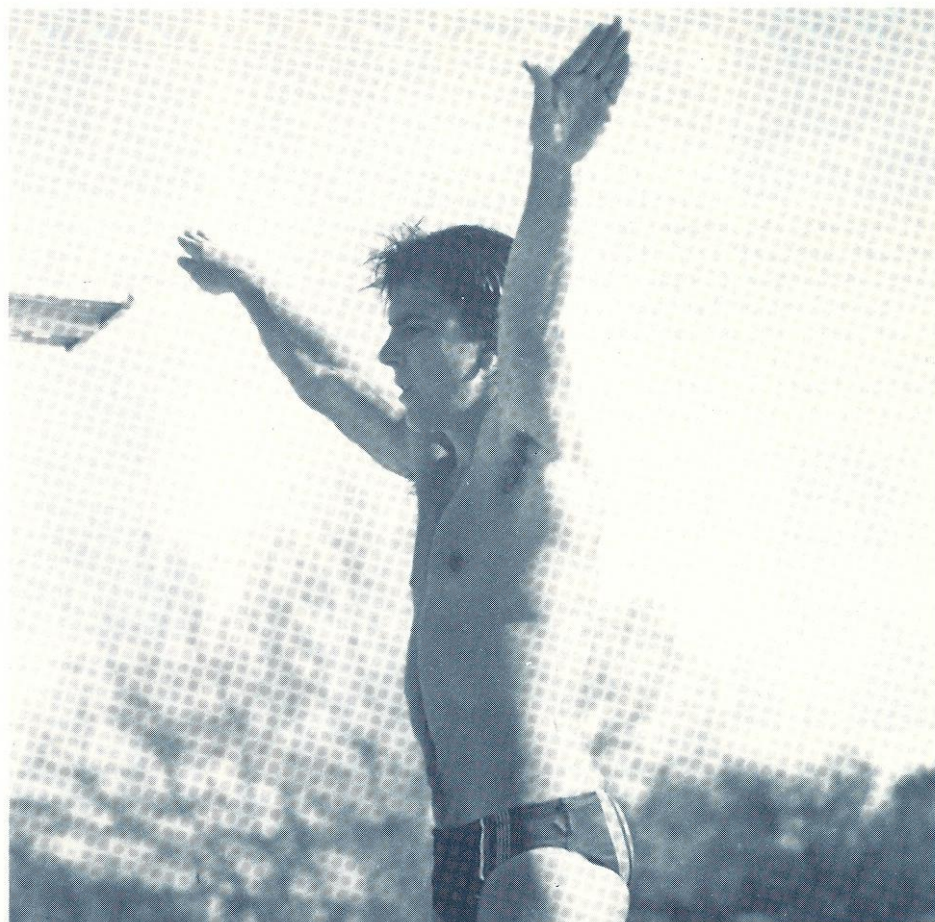
With over 32 swimmers on the roster, the Seminoles have nearly every event covered. FSU welcomes an impressive recruiting class that features national junior college champion Skip Laing, and heralded freshmen Charlie Rose and Mike Lockhart. The newcomers will compliment a corps of returning lettermen led by Jim Van Farowe, Dan Densmore, Mark Snesky, Graham Carothers and Vance Tankersley.

1650 FREE ... without question, the 1650 free will be the men's best event ... sophomore Wilkerson cut 16 seconds for his personal best during his freshman season to finish fourth last year in the Metro Championships ... he went on to swim at the National Sports Festival ... John Kenny and Kris Zumeants also add quality depth in this event.

500 FREE ... FSU is loaded in this event as well ... sophomore Vance Tankersley returns after finishing third last year in the event at the conference championships ... he will be joined by the entire group of 1650 swimmers.

200 FREE ... the men's team will find an easier time scoring at the Metro Championships with the graduation of four of the top six performers in the conference ... heralded freshmen Lockhart, junior college transfer Laing and sophomores Graham Carothers, Ryan Aycock and freshman Mike Dotson all are untested but have vast potential.

50 and 100 FREE ... Laing, a junior college national champion from Indian River, looks to be a formidable force in the conference ... sophomores Carothers,



Aycock, and Matt Muller will provide quality depth ... freshmen and Roder may be a year away from becoming a factor.

100 and 200 FLY ... two tested veterans will challenge Matt Muller for the top spots in the 100 fly ... sophomores Carothers and Snesky swam FSU's top times in the 100 last year, missing NCAA qualifying standards by just one second ... the 200 is more clouded, with juniors Keith Duncan and senior Pat Owens entering the season as the top returning performers ... Tankersley will also be tried in hopes of solidifying the event.

100 and 200 BACK ... traditionally backstroke is the event that is the toughest to score in the conference meet ... that will again be the case in 1988 ... junior Jim Van Farowe and freshman Charlie Rose are a pair of candidates who will try to turn the tide for FSU.

100 and 200 BREAST ... the Seminoles aren't able to boast the quality that they do in other events, but there is a catch ... five out of the top eight scorers from last year's conference meet have graduated ... untested juniors Dennis Kearn and Dan Densmore, senior Drew Cobb and freshmen Eric Cotter and Mike Roder are on the verge of making breakthroughs ... Mike Herman also returns and has shown improvement over the summer.

200 and 400 IM ... this is an event where Florida State has a perfect mixture of experience, youth and depth ... Lockhart, Van Farowe and Rose will lead this group ... Duncan, Densmore, Cobb and Mike Herrman will return to compete for the remaining positions ... look for Duncan and Densmore to swim the 400.

ONE and THREE METER DIVING ... FSU's hopes of sending a diver to the NCAA Championships rests with Seguin ... his improvement will also be a key in the Seminoles' drive for the team title at the Metro Championships ...

With the top-flight talent that Florida State boasts going into the season, there's no doubt that the Seminoles are ahead of schedule. That timetable was set last year when the men's and women's programs were combined into one last year. Maul and Shults designed a schedule that would lead the program to the Metro Conference championship and a top 20 finish within three years. "Before last year, the plan was really just a model that hadn't been tested," Shults says. "But now the plan is a working model. We accomplished the first-year goals and we are really looking forward to the second year of the plan. We're making steady improvement and we're starting to see the results we expected."



## RYAN AYCOCK

Sophomore  
Winter Park, Florida

... will provide quality depth in the sprint free events ... has all the ingredients to become a great swimmer before his career is over ... 1986-87: Seminoles' top performer in the 100 free at the Metro Championships when he swam a 46.96 time to finish ninth

... also finished seventh in the 50 free ... turned in FSU's second fastest split on the 400 free relay that finished fourth ... Prep: as a senior at Winter Park High ... swam under John Woods at Orlando Dolphins Swim Club ... Personal: majoring in television communication ... born February 15, 1968.

Florida State will count on freshmen like Kathy Isackson in its quest for the Metro Conference Championship.



## DREW COBB

Senior  
Satellite Beach, Florida

... looks to provide both depth and leadership in the breast and IM events ... came to FSU from Brevard Community College and immediately contributed in the breast and IM events ... 1986-87: finished seventh in the 200 breast with a season-best time of 2:09.47 ...

also came in 10th in the 100 breast, swimming a 1:00.05 ... 1985-86: swam for Brevard Community College, where he was a NJCAA national finalist ... Prep: a three-year state finalist and team MVP at Satellite Beach High School ... coached by John Hughes ... Personal: a finance major ... born March 21, 1966.



## ERIC COTTER

Freshman  
Orlando, Florida

... a freshman signee who is expected to add strength to the breaststroke events ... could be one year away from reaching his potential ... cut seven seconds off his time in his specialty — the 100 breast ... his PR of 1:01 would have ranked third last year among the

times posted on the FSU team ... was coached by Don Prokes — the same coach who tutored freshman Charlie Rose and Stacia Evans ... Personal: enrolled in basic studies ... born November 1, 1969.



## DAN DENSMORE

Junior  
Orlando, Florida

... a versatile swimmer who will strengthen FSU's IM corps ... last year he swam a total of five different events, including the 200 and 400 IM, 100 and 200 breaststroke, and 1000 free ... FSU coaches will count on his leadership throughout the season ... 1986-87: posted

a 4:08.52 time in the 400 IM to finish in ninth place at the Metro Conference Championships ... also swam to a 12th place showing in the 200 IM ... 1985-86: provided depths in the freestyle and IM events as a freshman ... Prep: had an outstanding high school career at Orlando Bishop Moore, where he was the team's MVP for three years. Personal: majoring in communications ... born December 13, 1966 ... swims in the off-season for Coach Prokes of the Central Florida Aquatic Stars.



## MIKE DOTSON

Freshman  
Bartow, Florida

... a freshman signee who may be a year away from contributing to the Seminole team ... has great talent, but is really just learning the sport ... has tremendous competitive instincts ... expected to see action in the middle distance freestyle events ... coached

by Sam Griner as a member of the Bartow Imperial Flyers ... Personal: enrolled in FSU's basic studies program ... born December 12, 1968.



## KEITH DUNCAN

Sophomore  
Walnut Creek, California

... a potential NCAA qualifier in the 200 fly ... turned out to be a pleasant surprise as a freshman, swimming lifetime bests to score at the Metro Conference meet ... had an excellent summer and qualified for the short course senior nationals ... 1986-87: his time of

4:03.36 in the 400 IM placed him fifth at the Metro Conference Championships ... also finished 10th in the 200 IM, swimming to a 1:56.77 clocking ... Prep: scored at the 1986 Junior Olympic Nationals ... trained under Jim Wood at Berkley Aquatic Club in New Jersey before moving to California ... Personal: enrolled in basic studies ... born June 18, 1968.



## MIKE HERMANN

Sophomore  
Milltown, New Jersey

... will be a contributor for Florida State in the backstroke event ... enters the season as one of the top returning lettermen in both the 100 and 200 back ... continued improvement could lead to NCAA qualification ... worked during the off-season on upper body develop-

ment ... 1986-87: posted seventh and eighth place finishes at the Metro Championships, when he swam season best times ... his times of 52.30 in the 100 back and 1:55.50 were second only on the team to Jim Van Farowe ... Prep: a three time All-American and state champion in the 100 back at St. Joseph's High School ... coached by Lou Petrozziello at the Gator Aquatic Club ... high school teammate of Mark Snesky ... Personal: a business management major ... born January 14, 1968.



## DENNIS KEARN

Junior  
Ft. Pierce, Florida

... another junior college athlete who is expected to have an immediate impact ... has the potential to become one of the Seminoles' top breaststrokers ... a two-time junior college national champion, he is one of three swimmers who came to Florida State from Indian

River Community College ... overcame an injury last year to swim an impressive 58.0 and 2:08 clockings in the 100 and 200 breast ... Personal: majoring in business ... born January 23, 1967.

Over the years, Florida State has had several swimmers and coaches chosen to international teams. The latest additions to the list were diving coach Gary Cole (coach of the South Korean Olympic team), co-coach Terry Maul (National Sports Festival Coach) and sophomore Jay Wilkerson (member of the South team at the National Sports Festival). Other international team members include Mike Grattan (1975 Pan Am Games), Phil Boggs (1976 U.S. Olympic Team), Laurie Lehner 1979 Pan Am Games), Meg McCulley (U.S.S. International), Sara Linke (1982 World Championships), Benoit Seguin (1982 Commonwealth Games), Wendy Fuller (1985 World University Games), Sid Cassidy (1985 West German Festival Coach), Maul (1985 South American Cup Coach).



## PAT OWENS

Senior  
Tallahassee, Florida

... will be counted on by the coaching staff to provide leadership to the young Florida State squad ... one of the team's top performers last year in the 200 fly ... a three-year letterman ... 1986-87: turned in a fourth place finish at the Metro Championships in the 200 fly (1:55.17) ... also came in ninth in the 100 fly, swimming to a 52.64 time ... 1985-86: a finalist in the 200 fly at the Metro Championships ... 1984-85: a member of the Metro Conference Commissioner's List for Academic Achievement ... Prep: a four-year all-state performer at Leon High while training under Terry Maul ... Personal: majoring in biology ... born July 27, 1966.



## RICK KRAUS

Freshman  
Louisville, Kentucky

... one of several young recruits who may be a year away from cracking the lineup ... FSU's coaching staff is excited about his work ethic ... could see action in the middle distance freestyle events before the season is over ... Personal: enrolled in Florida State's undergraduate studies program ... born August 17, 1969.



## MIKE RODER

Freshman  
Morgantown, West Virginia

... a top recruit from West Virginia who could make a significant contribution as a freshman... has great talent and size... a multi-talented swimmer, Mike could see action in a variety of events... will concentrate on improving his stroke mechanics during his freshman season... his PR's in the 100 breast (58.0) 50 free (21.0) and 100 free (47.0) are already among the top times posted last year by the FSU team... Personal: enrolled in basic studies... born December 15, 1968.



## MIKE LOCKHART

Freshman  
Dallas, Texas

...one of FSU's top signees last spring... expected to make an immediate impact on the Seminole swim program... as a senior a J.S. Pearce High School, he was one of the most versatile swimmers in Texas, excelling in the freestyle and IM events... his PR's of 21.21 and 46.37 in the 50 and 100 free are better than any time turned in by a Florida State swimmer during the '86-87 and are not far off NCAA qualifying standards... while swimming for Dallas' COR team under head coach Marc Williams, he also turned in 1:53.86 and 4:01.60 performances in the 200 and 400 IM races, as well as a 58.0 in the 100 breast... a sleeper in recruiting circles, Mike chose Florida State over Texas A&M... qualified for the Pan Am trials... Personal: enrolled in basic studies... born March 31, 1969.



## CHARLIE ROSE

Freshman  
Orlando, Florida

... a multi-talented swimmer who could see action in a number of events as a freshman ... FSU Coaches will test him in the individual medley and backstroke events... as a senior, many recruiters felt he was the top performer available in the talent-rich Orlando area... owns personal bests of 53.0 and 1:52.0 in the 100 and 200 meter backstroke events... has also turned in fine times of 1:53.0 in the 200 IM, 52.0 in the 100 fly, and 47.0 and 1:43 in the 100 and 200 freestyle... Personal: enrolled in pre-med... born March 21, 1969.



## SKIP LANG

Junior  
Cocoa Beach, Florida

... considered to be the finest sprinter available in the state and in recruiting circles... called a "potential NCAA finalist" by head coach Terry Maul... won three events at the NJCAA swim meet, swimming personal bests in the 50 free (20.8), 100 free (45.4) and 200 free (1:40.1)... selected MVP at the NJCAA swim meet... chose Florida State over Miami, Georgia, and Auburn... Personal: Majoring in physical education... born December 5, 1967.



## MIKE SCHULTE

Freshman  
Lilburn, Georgia

... a big, strong swimmer who the coaching staff feels has vast potential ... his continued improvement is expected to lead to drops in his times ... enters his freshman season with personal bests of 22.1 (50 free), 48.0 (100 free) and 1:46 (200 free) ... will also compete in backstroke, an event where he owns a personal record of 55.3 in the 100 ... Personal: enrolled in FSU's basic studies ... born August 30, 1969.



## BENOIT SEGUIN

Senior  
Quebec, Canada

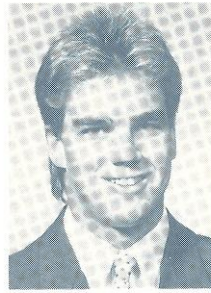
... Florida State's legitimate All-American candidate ... after barely missing NCAA qualifying standards for the last three years, Benoit could be on the verge of securing a place at this year's meet ... will also have an impact at the Metro Conference Championships, where he's had success over the years ... will also provide valuable senior leadership on a team that only has two seniors ... has already qualified for the 1988 Olympic Trials ... 1986-87: finished third at the Metro Conference Championships on the one meter and fifth on the three meter board ... 1985-86: was the Metro runner-up in the one meter diving ... also finished third on the three meter board ... 1984-85: placed sixth at the NCAA Zone meet and missed the NCAA Championships by 5/100th's of a point ... Prep: a member of the Canadian Junior and Senior National teams ... finished seventh in the Junior World meet ... also made the Canadian Commonwealth Team in 1982 ... Personal: a business major ... born July 11, 1963.



## RICK SEVERANCE

Sophomore  
Worthington, Ohio

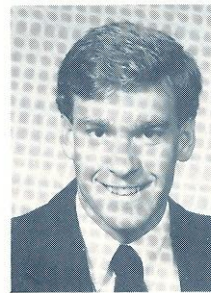
... enters the season as Florida State's number two diver behind Benoit Seguin ... could be the heir apparent to Seguin on the one and three meter boards next year ... has improved dramatically since coming to Florida State last year ... 1986-87: finished fifth in the conference in the one and three meter diving events ... Prep: a two-time All-American at Worthington High ... also a national age group finalist ... coached by Sam-Randall of the Red Roof Inns Diver's team ... Personal: will spend one more year in Florida State's undergraduate studies program before selecting a major ... born May 19, 1968.



## VANCE TANKERSLEY

Sophomore  
Miami, Florida

... although he is the top returning performer in the 500 and 200 free, Vance will be pushed by the addition of several of Florida State's signees ... the increased competition could help him to qualify for the NCAA Championships ... 1986-87: made an immediate contribution as a freshman, finishing third at the Metro Championships with a 4:27.88 in the 500 free ... that time was just 6/10ths of a second off the school record ... his top time in the 200 free (1:40.30) was also just one second off the school mark ... also posted a season-best 1:53.46 in the 200 fly ... Prep: came to Florida State as one of the country's most sought-after prospects as a member of the Hurricane Swim Club ... a two-time All-American at Miami Palmetto High ... won the 500 free state title in a come-from-behind finish ... coached by Charlie and Amy Hodgson ... Personal: enrolled in FSU's basic studies ... born August 2, 1968 ... sister Jennifer was a member of the Florida State team from 1983-87.



## JIM VAN FAROWE

Junior  
Mukileto, Washington

... had an immediate impact on the Seminole program after transferring to Florida State ... a versatile swimmer, Jim will be counted on the swim in the backstroke and IM events ... 1986-87: came in fourth in the Metro 200 meter IM, swimming to a 1:52.20 ... also placed sixth in the 200 back ... 1985-86: transferred to Florida State following a year at Edmonds Junior College ... 1984-85: swam one season for Pepperdine University in California ... Prep: a high school All-American in four events ... was a senior national qualifier at the Cascade Swim Club ... Personal: majoring in marketing and management ... born November 15, 1968.



## KRIS ZUMENTS

Junior  
Arvada, Colorado

... will be counted on to provide both leadership and experience in the distance free events ... recognized by the coaching staff as one of the most dedicated workers on the squad ... 1986-87: came on during the course of the season to finish sixth in the 1650 free at the Metro Conference Championships ... 1985-86: came in 12th in the 1650 at the Metro Championships ... recipient of the Pikes Peak award, given annually to the swimmer who "climbs the most mountains during the year" ... Prep: a three-time all-state selection in high school ... trained under Ken Kelley at the North Jeffco Swim Club ... Personal: a psychology major ... born September 6, 1967.

Although the bulk of Florida State swimmers are from the state, FSU does boast a diverse geographic distribution. Florida State's swimming roster is made up of swimmers from 18 different states. Florida leads the way with a total of 29 followed by Georgia with five. The swimmer who traveled the longest distance to FSU is Washington's Jim Van Farowe.



# Seminole History

## All-Americans

Name	Event
Roger Slater	One-meter diving
Roger Slater	One-meter diving
Roger Slater	Three-meter diving
Ernest Stock	100-yard breaststroke
Buck Giles	440-yard freestyle
Curt Genders	One-meter diving
Robert Weber	One-meter diving
Robert Weber	Three-meter diving
*Curt Genders	One-meter diving
Curt Genders	Three-meter diving
Buck Giles	100-yard butterfly
Paul Thompson	220-yard freestyle
Paul Thompson	440-yard freestyle
Phil Boggs	Three-meter diving
Phil Boggs	One-meter diving
Phil Boggs	Three-meter diving
Dean Jerger	50-yard freestyle
Phil Boggs	One-meter diving
*Phil Boggs	Three-meter diving
Dean Jerger	50-yard freestyle
John Hegert	800-freestyle relay
Bob Horne	800-freestyle relay
Steve Meisel	800-freestyle relay
Cliff Schlak	800-freestyle relay
Cliff Schlak	800-freestyle relay
Larry Brown	800-freestyle relay
Steve Meisel	800-freestyle relay
Mike Grattan	800-freestyle relay
Steve Allbritton	50-yard freestyle
Kevin Connell	200-yard breaststroke
Dan Akre	200-yard breaststroke
Mike Kowalski	100-yard backstroke
Mike Kowalski	100-yard backstroke

\*National Champions

## Swimming Records

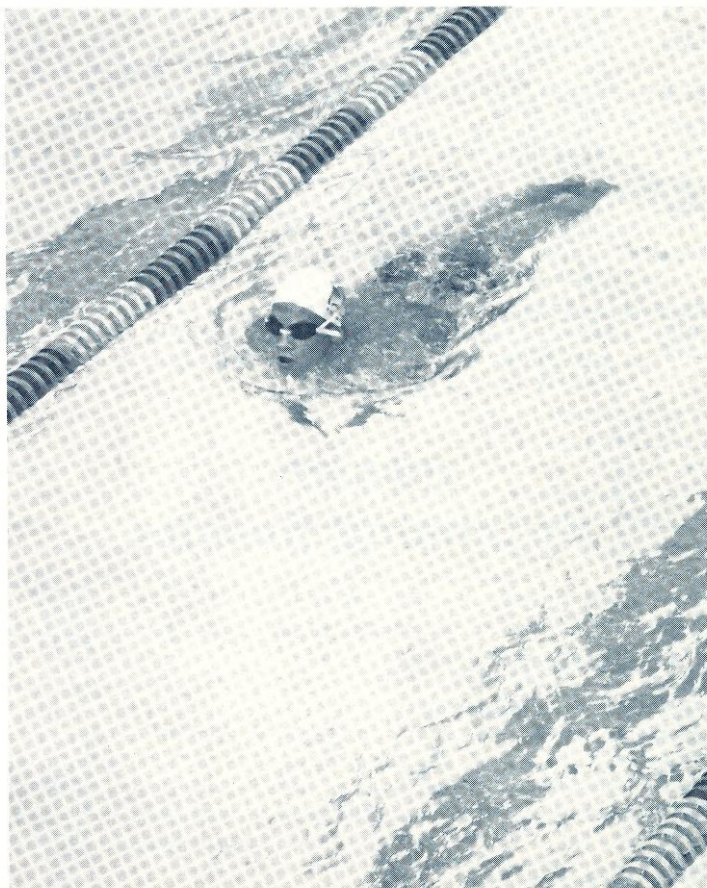
Event	Time	Holder	Year
50-Free	20.30	Pat McConnell	1986
100-Free	45.28	Mike Kowalski	1985
200-Free	1:39.99	Henrick Jangvall	1987
500-Free	4:27.27	Henrick Jangvall	1987
1000-Free	9:18.85	Henrick Jangvall	1987
1650-Free	15:26.85	Henrick Jangvall	1987
100-Back	49.37	Mike Kowalski	1986
200-Back	1:52.46	Jim Van Farowe	1987
100-Breast	55.96	Dan Akre	1985
200-Breast	2:01.27	Dan Akre	1985
100-Fly	48.88	Sam Seiple	1982
200-Fly	1:48.32	David DeGruchy	1984
200-IM	1:50.96	David DeGruchy	1984
400-IM	3:58.61	David DeGruchy	1984
400-Medley Relay	3:22.39	Kowalski, Akre, Muller, McConnell	1986
400-Free Relay	3:01.39	Kowalski, McConnell, Halfacre, Akre	1985
800-Free Relay	6:45.07	Niemer, Kerr, Akre, Seiple	1982

## Diving Record

Event	Score	Holder	Year
1-Meter Diving	360.90	Phil Boggs	1971
3-Meter Diving	359.35	Phil Boggs	1971

## 1986-87 Swimming Results

Tampa	W	71-37
South Florida	W	70-29
Tulane	W	70-42
Southern Mississippi	W	74-28
Miami	L	104-113
Penn State Invitational		2nd
West Virginia	W	129-83
Alabama	L	46-67
Northeast Louisiana	W	69-26
Florida	L	33-67
Georgia	L	46-67
Furman	W	61.5-42.6
Metro Conference		2nd



# Lady Seminole History

## All-Americans

## Swimming Records

### Individual

1976 -	Laura Barber, 50 and 100 backstroke
1977 -	Laura Barber, 100 backstroke Susie Yates, 50 freestyle Jana Wilkins, 100 butterfly
1978 -	Terri Miller, 400 IB, 1,650 freestyle Jana Wilkins, 50 and 100 butterfly
1980 -	Sharon Spuler, 50 breaststroke Lisa Nencioni, 100 breaststroke Lenore Gribble, 100 butterfly
1981 -	Sharon Spuler, 50 breaststroke Lenore Gribble, 50 and 100 butterfly Meg McCully, 50 and 100 backstroke
1982 -	Sharon Spuler, 50 and 100 breaststroke Lenore Gribble, 50 and 100 butterfly Meg McCully, 50, 100 and 200 backstroke Kim Foster, 200 backstroke Laurie Lehner, 50 and 100 butterfly, 50 and 100 freestyle
1983 -	Sara Linke, 200 and 500 freestyle
1984 -	Sara Linke, 200 and 500 freestyle
1985 -	Wendy Fuller, One meter diving

### 200 Freestyle Relay

1976 -	Laura Barber, Kim Reeves, Patty Taylor, Ritchie Dorrier
1977 -	Laura Barber, Ritchie Dorrier, Susie Yates, Jana Wilkins
1982 -	Sharon Spuler, Lenore Gribble, Laurie Lehner, Simone Kusseling

### 200 Medley Relay

1977 -	Terri Winkling, Kim Krueger, Jana Wilkins, Susie Yates
1978 -	Laura Barber, Jeanne Dowdle, Jana Wilkins, Jackie Bajus, Lisa Davidson
1980 -	Kim Dunlop, Sharon Spuler, Lenore Gribble, Jeanne Dowdle
1982 -	Meg McCully, Sharon Spuler, Laurie Lehner, Simone Kusseling

### 400 Freestyle Relay

1976 -	Laura Barber, Kim Reeves, Ritchie Dorrier, Kathy MacHardy
1977 -	Laura Barber, Ritchie Dorrier, Jana Wilkins, Susie Yates
1978 -	Terri Miller, Jeanne Dowdle, Laura Barber, Jana Wilkins
1979 -	Jeanne Dowdle, Lisa Davidson, Kim Dunlop, Kathi Miller
1982 -	Sharon Spuler, Laurie Lehner, Lenore Gribble, Stacey Deck

### 400 Medley Relay

1981 -	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble
1982 -	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble

### 800 Freestyle Relay

1977 -	Laura Barber, Sara Shuster, Nancy Pfaff, Beth Jones
1978 -	Terri Miller, Jackie Bajus, Jana Wilkins, Sara Shuster

Event	Time	Holder	Year
50-Free	22.77	Laurie Lehner	1982
100-Free	50.01	Laurie Lehner	1982
200-Free	1:49.39	Sara Linke	1984
500-Free	4:45.80	Sara Linke	1984
1,650-Free	16:56.92	Karen Acre	1987
50-Back	27.06	Meg McCully	1982
100-Back	57.71	Meg McCully	1982
200-Back	2:04.04	Meg McCully	1982
50-Breast	29.81	Sharon Spuler	1982
100-Breast	1:04.43	Sharon Spuler	1982
200-Breast	2:22.17	Joanne Bedard	1983
50-Fly	24.48	Laurie Lehner	1982
100-Fly	53.42	Laurie Lehner	1982
200-Fly	2:04.34	Sara Linke	1986
100-IM	58.37	Natalie Deschamps	1983
200-IM	2:04.97	Natalie Deschamps	1983
400-IM	4:24.62	Natalie Deschamps	1983
200-Medley Relay	1:42.86	Meg McCully, Sharon Spuler, Laurie Lehner, Simone Kusseling	1982
400-Medley Relay	3:50.88	Meg McCully, Sharon Spuler, Lisa Nencioni, Lenore Gribble	1982
200-Free Relay	1:33.50	Laurie Lehner, Sharon Spuler, Simone Kusseling, Lenore Gribble	1982
400-Free Relay	3:27.52	Laurie Lehner, Stacey Deck, Sharon Spuler, Sonya Booth	1982
800-Free Relay	7:32.26	Missy Proctor, Karen Acre, Patty Hoffman, Sara Linke	1984

## Diving Records

Event	Score	Holder	Year
1-Meter (6-dives)	276.4	Wendy Fuller	1986
1-Meter (11-dives)	431.60	Wendy Fuller	1985
3-Meter (6-dives)	298.85	Patsy O'Toole	1986
3-Meter (11-dives)	470.00	Jane Alexander	1984

## Swimming Through The Years

### 1986-87 Swimming Results

	Year	Coach	W	L	T	Pct.
Tampa	70-33	Terry Maul	2	4	0	.333
South Florida	76-27	Terry Maul	8	4	0	.666
Tulane	96-43	Terry Maul	6	3	0	.666
Southern Mississippi	71-14	Terry Maul	10	2	0	.833
Miami	102-115	Terry Maul	9	3	0	.750
Penn State Invitational	2nd	Terry Maul	11	1	0	.916
West Virginia	134-81	Terry Maul	6	2	0	.750
Alabama	38-75	Terry Maul	6	3	0	.666
Northeast Louisiana	70-23	Terry Maul	7	2	1	.727
Florida	40-71	Terry Maul	3	6	0	.333
Georgia	48-65	Terry Maul	7	4	0	.636
Furman	60-51					
Metro Conference	2nd					
<b>TOTALS</b>			<b>75</b>	<b>34</b>	<b>1</b>	<b>.685</b>

# This Is FSU

Florida State is the University which boasts of such diverse assets as the world's most powerful supercomputer and the greatest all-collegiate show on Earth, the Flying High Circus.

Located in Tallahassee, the capital of Florida, FSU is a public, coeducational university and a senior member of the State University System.

About 23,500 students representing all 50 states and more than 100 foreign countries work toward more than 250 different graduate and undergraduate degrees in the 15 schools and colleges of Florida State. The colleges of arts and sciences, business, communication, education, engineering, home economics, law and social sciences combine with the schools of criminology, library and information studies, music, nursing, social work, theatre and visual arts to make FSU a nationally acclaimed university.

The Florida State campus, located just a few blocks from the state Capitol, is one of the most beautiful in the southeast. Traditional Gothic-style structures combine with the latest in modern architecture, all brought together by an array of oaks, pines, palms, dogwoods and azaleas. The natural beauty of the 347-acre main campus mirrors the picturesque features of the surrounding North Florida region.

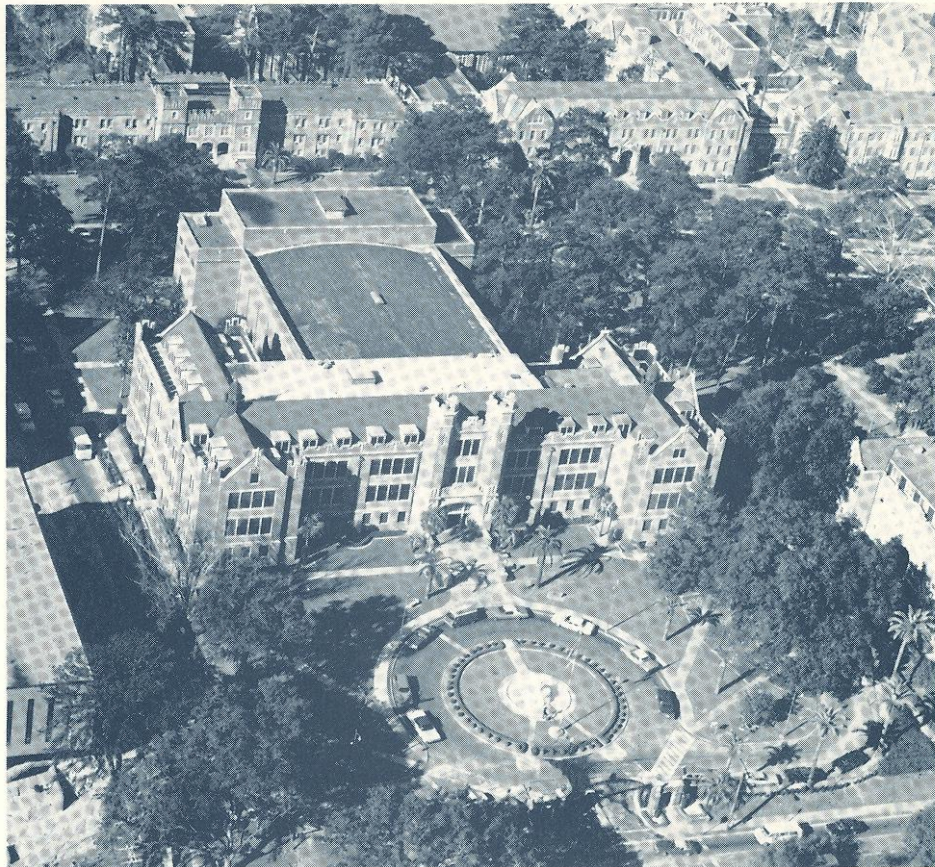
Florida State was founded in 1857 as the Seminary West of the Suwannee River. Name changes over the years included Florida State College and, in 1909, Florida State College for Women. Governor Millard Caldwell signed a bill in 1947 which again made the institution coeducational and named it Florida State University.

Today, Florida State faculty and administrators generate more than \$35 million annually in external funding to supplement state sponsorship of research. In addition, almost \$13 million in private gifts was raised through the FSU Foundation during the past fiscal year. These contributions from alumni, friends, corporations, the university community and charitable foundations are for the sole benefit of Florida State's academic programs.

The FSU Supercomputer Computations Research Institute has attracted international attention to the University, home of the world's fastest supercomputer. The ETA10 has the capacity to perform 10 billion calculations per second.

The Tandem Van De Graaf-Superconducting Accelerator Laboratory in the Department of Physics houses two powerful atom smashers and has been ranked in the top four in the nation by the National Science Foundation.

The University's location affords excellent research and internship opportunities in government, law and the social



sciences. The reputation of Florida State's research programs, the expertise of its more than 1,500 faculty members—including four members of the National Academy of Sciences—and the quality of the graduate students involved in research represent major strengths of the University.

Programs in music, dance and theater at Florida State have earned well-deserved national recognition. The visual and performing arts exhibited and produced on campus offer students and the community a wealth of enrichment opportunities.

Student activities at FSU create an important balance between the classroom experience and the personal life of the individual scholar. Honors programs, student government, intramural sports and more than 200 organizations are available for student involvement.

Students from every academic major have a chance to become stars on the highwire or flying trapeze by participating in the Flying High Circus, the only one of its kind in the nation.

Florida State academic programs extend well beyond Tallahassee. The FSU Marine Laboratory is located on the Gulf of Mexico, 45 miles away. Students participate in professional training programs at the Asolo State Theater in Sarasota and the Burt Reynolds Institute for

Theatre Training in Jupiter. The Panama City Campus of Florida State offers upper-level courses which lead to bachelor's and master's degrees. The Center for Professional Development and Public Service, housed in the Florida State Conference Center on the edge of campus, manages educational outreach activities from Pensacola to Miami. In addition, Florida State maintains programs of study in England, Italy, Costa Rica, Switzerland, Yugoslavia, the Panama Canal Zone and even the People's Republic of China.

The physical growth of the University during the Sliger administration is best evidenced by such additions as the new wing of the Rovetta Business Building, the University Union expansion project, the new Paul A.M. Dirac Science Library Building, the Panama City Campus, the Jeffersonian Village Green project at the College of Law and the new building for the FAMU/FSU College of Engineering, now under construction.

Florida State is setting the pace as higher education in Florida prepares to enter the 21st century. And President Sliger takes pride not only in the academic programs and facilities of the University, but also in the people—students, faculty, alumni, administrators and staff—who make Florida State a successful monument to learning.