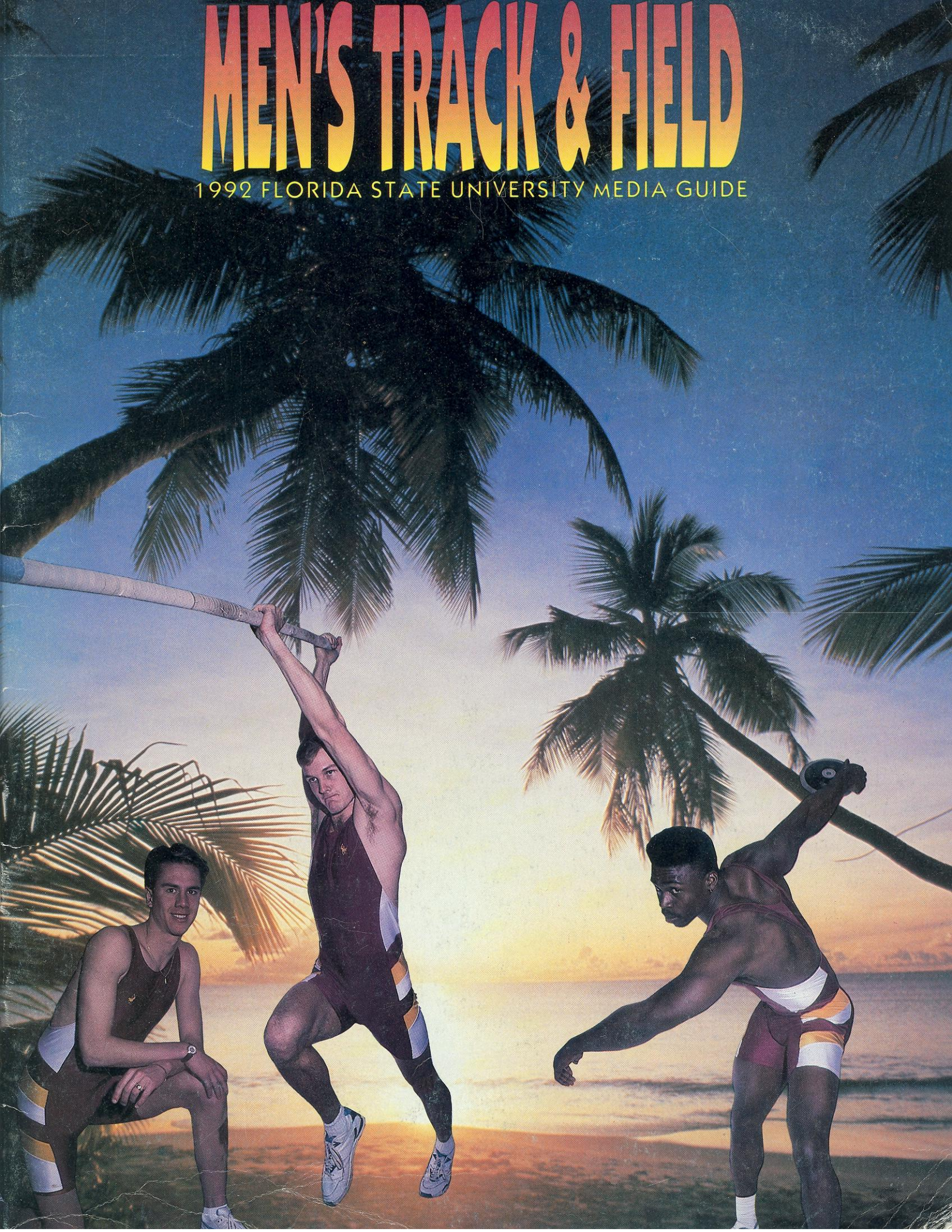


# MEN'S TRACK & FIELD

1992 FLORIDA STATE UNIVERSITY MEDIA GUIDE



# MEDIA INFORMATION

## ATHLETIC STAFF

Athletic Director ..... Bob Goin  
 Associate Athletic Director ..... Dr. Jan Stocker  
 Assistant Athletic Directors ..... Charles Hurst, Andy Urbanic  
 Assistants to the Athletic Director ..... Dr. John Eason,  
 Joe Labat, Brian Mand, John Sheffield  
 Academic Coordinator ..... Dr. Beverly Yerg  
 Athletic Business Manager ..... Greg Phillips  
 Director of Communications ..... Wayne Hogan  
 Director of Promotions & Marketing ..... Terry Hume  
 Director of Facilities ..... Bernie Waxman

## TRACK DIRECTORY

Phone ..... (904) 644-1073  
 Mailing Address ..... Track Office, P.O. Drawer 2195  
 Tallahassee, FL 32316  
 Head Coach (Men & Women) ..... Terry Long  
 Cross Country Coach (Men & Women) ..... Sue Addison  
 Assistant Coaches ..... Jim Long, Pat O'Connor, Mike Curcio,  
 Sue Addison, Dennis Nobles, Tom Shaw, Kim McKenzie  
 Track Trainers ..... Sam Lunt (Men), Karen Swanson (Women)  
 Academic Advisors ..... Mark Meleny (Men),  
 Trudy Raybun (Women)

## FLORIDA STATE FINGERTIP FACTS

Location ..... Tallahassee, Florida  
 Enrollment ..... 29,000  
 Founded ..... 1857  
 Colors ..... Garnet & Gold  
 Nickname ..... Seminoles  
 Conference ..... Atlantic Coast  
 Facility ..... Mike Long Track  
 President ..... Dr. Dale W. Lick  
 Faculty Representative ..... Dr. Charles Ehrhardt

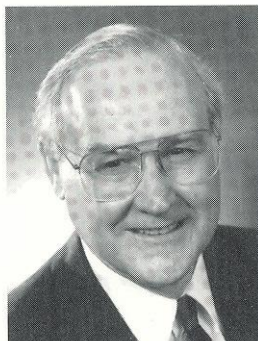
## THE FLORIDA STATE SID OFFICE

Director of Communications ..... Wayne Hogan  
 Assistant Directors .. Donna Turner, Kim McWilliams, Rob Wilson  
 Administrative Assistant ..... Bob Burda  
 Administrative Secretary ..... Debbie Powell  
 Student Assistants ..... Joey Ferolito, Jessica Reo,  
 Steve Roogow, Meredith Heins, Sharon Line  
 SID Office Phone ..... 904/644-1403  
 FAX ..... 904/644-3820

**MAILING ADDRESS**  
**Sports Information Office**  
**P.O. Drawer 2195**  
**Tallahassee, FL 32316**

**STREET ADDRESS**  
**Sports Information Office**  
**Moore Athletic Center**  
**Pensacola Street**  
**Tallahassee, FL 32306**

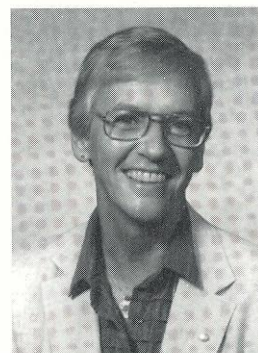
## ADMINISTRATION



**DR. DALE W. LICK**  
President



**BOB GOIN**  
Athletic Director



**DR. JANICE STOCKER**  
Associate Athletic  
Director

## NOTE TO THE MEDIA

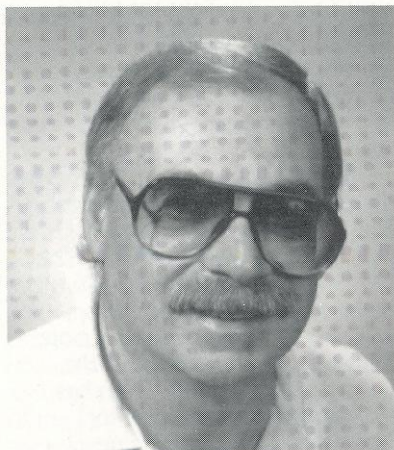
Florida State track and field meets are held at Mike Long Track on the campus of Florida State University. Members of the media may be seated in the press facility at the south end of the track. If any assistance is needed in covering the Seminoles at home, contact Joey Ferolito at the FSU Communications Office in the Moore Athletic Center at 904/644-1403.



**JOEY FEROLITO**

At all home meets the SID staff will provide complete results and fax service. Coach Terry Long can be reached for interviews at 644-5550 anytime during the day before 3 p.m. Interviews of student-athletes or other information concerning the coaches or team members can also be handled by the Communications staff. Please let us know if we can be of any assistance to you in your coverage of Florida State athletics.

# HEAD COACH



**TERRY LONG**

(Florida State '63)

**T**erry Long begins his fourth season as the head coach of both the men's and women's track teams. Following in his father's footsteps, Long continues the tradition fourteen seasons after his father, Mike, retired as head men's track coach at Florida State. Long has been associated with the Seminole track program since he was 15 years old, his age when Mike Long began his head coaching legacy at FSU in 1955.

A few years later, Terry formally joined the program as a student-athlete and ran track for the Tribe for four seasons. His senior year, he had the nation's fastest time in the 220 yard hurdles. Completing his bachelor's degree in 1963, and his master's in 1965, both at FSU, Long then began his track coaching career as head track and assistant football coach at Seacrest High School in Delray Beach and then head track and cross country coach at Lakeland High School.

In 1986, Long rejoined Florida State as the head women's track coach and coordinator of both the men's and women's track teams. Following the retirement of men's coach Dick Roberts, after the 1988 season, Long became the head coach of both the men's and women's teams.

As head coach and administrator of the women's program over the past five seasons, Long continued a strong tradition of outdoor track success by the Lady Seminoles. He has kept Florida State

near the top in women's track with three top 10 outdoor finishes, a national championship 400 meter relay team, and 25 All Americans.

Long's Lady Seminoles returned to the top ten in 1991, placing ninth at the NCAA Outdoor Championships in Eugene, Oregon. The men had a perfect 20-0 mark in scored competition and won the Metro Championship for the 15th consecutive season. Long was again named Metro Conference Coach of the Year. Long is currently coaching intermediate hurdler and Olympic hopeful Kim Batten. Batten was named the TAC Outdoor meet's most outstanding female after breaking the collegiate record in the 400-hurdles this past summer.

In 1988, Long tutored 1988 U.S. Olympian Arthur Blake who made the Olympic finals in the 110 high hurdles and is recognized as one of the top young hurdlers in the world. In addition to Blake, Long coached former Olympians Chandra Cheeseborough, Lakeland High School's Rey Robinson and Florida's sprinter Dennis Mitchell.

Long came to Florida State from the University of Florida where he served two seasons as an assistant men's track coach. However, Long built his reputation as a top track coach during 14 years of coaching at Santa Fe and Seminole Community colleges in Gainesville and Sanford, Florida, respectively.

While coaching in the Florida junior college ranks, Long developed literally hundreds of JC All Americans and 56 national junior college champions. His teams won 14 state junior college track and cross country titles. He was named Junior College National Coach of the Year three times and coached the Raiders to runner-up spots at the national championships. In 1982 and 1983, he guided the Santa Fe CC women's team to back-to-back national championships before moving on to Florida State the next season.

During his tenure at Seminole, Long was inducted into the Florida Track Hall of Fame, joining his father.

The sport of track has certainly been a life long and family wide tradition in the Long family. In addition to Mike Long, for whom

Florida State's track facilities are named, his three sons all became coaches. Terry is now head coach at FSU, Jim an assistant for the Seminoles and Curtis the head coach at Western Kentucky.

Terry is extremely active in track outside of Florida State and even the state of Florida. In 1984, he coached the United States team in the first World Indoor Track Championships, held in Paris, France. Presently, he serves as co-chairman of the National Olympic Development Sprint Committee.

Long, 52, has been head coach of the Athletic Attic, Mazda and Bud Lite Track clubs and his indoor and outdoor teams have won six national TAC championships. In 1988, Long brought the TAC Junior National Meet to Tallahassee and worked closely with TAC personnel to make the meet a resounding success. FSU hosted the TAC World Cross Country trials in 1991.

A Tallahassee Leon High School graduate, Long is married to DeeDee Malone Long.



**Age:** 52  
**Years at Florida State:** 7  
**Years of Collegiate Coaching Experience:** 22

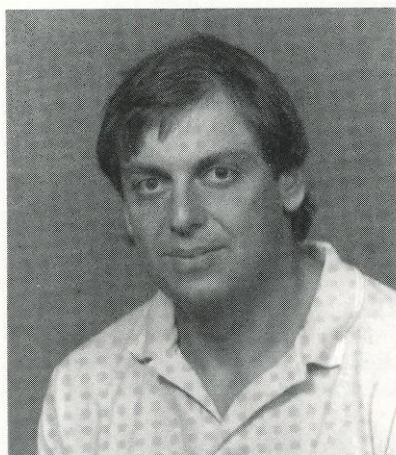
Florida State-Head Coach (men's & women's-1989-present), Coordinator (men's and women's track-1987-88), Women's Head Florida-Men's Assistant Coach (1984-85)

Santa Fe Community College-Head Coach (1982-83)  
Seminole Community College-Head Coach (1970-82)

**High School Coaching**

**Experience:**  
Lakeland Senior High School-Head Track & Cross Country Coach (1968-70)  
Delray Beach Seacrest High School-Head Track & Assistant Football Coach (1966-68)

# COACHES



## PAT O'CONNOR

**Recruiting Coordinator  
/Throws  
(University of Iowa '82)**

Pat O'Connor starts his third year at Florida State after tenures at Central Missouri State and Colorado, where he coached throwers for eight years.

A native of New Hampton, Iowa, O'Connor walked on at the University of Iowa, where he earned three letters. He broke the school record in the shot put as a junior.

O'Connor served at Central Missouri State from 1982-87, where he coached four Division II All-Americans, including Mark Blahnik, the 1987 indoor high jump champion. All throwing event records for both the men and women were broken by CMS athletes under O'Connor's tutelage.

While at Colorado, O'Connor coached two time Big 8 high jump champion Jason Dudley along with four throwers who finished in the top three places at the conference meet.

While at Florida State O'Connor has continued to coach throwers to record personal bests.

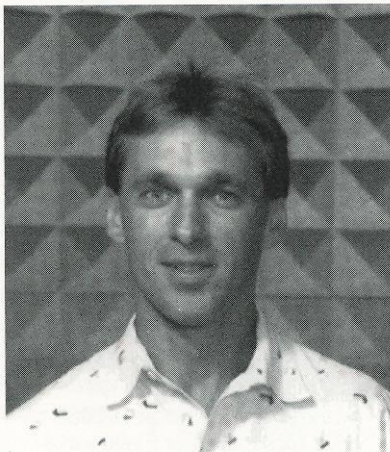
Pat and his wife, Amy, have been married for two years.

**Age:** 32  
**Years at Florida State:** 2  
**Years of Collegiate Coaching Experience:** 10

Central Missouri State Assistant Coach (1982-1984 and 1985-1987)

University of Colorado Assistant Coach (1987-1989)

**Collegiate Track Experience:**  
University of Iowa-shot put (1977-1980)



## TOM SHAW

**Assistant Coach/  
Home Meet Administrator  
(Central Michigan '82)**

Tom Shaw enters his fifth year with the Florida State staff in 1992. Shaw has served as Home Meet Coordinator for the past four seasons and will continue in that capacity this year. In addition, he works with men's and women's sprinters and jumpers as well as assisting recruiting coordinator Pat O'Connor.

Shaw, a native of Phoenix, Arizona, joined the Seminole staff after spending four years as the varsity track coach at Hudson High School in Tampa, Florida. While there, he led the program to a third place finish at the state meet in his final season. In 1985, he earned *St. Pete Times* and *Tampa Tribune* Coach-of-the-Year honors for his work at Hudson.

Prior to moving to the position at Hudson, Shaw was a four-time letterwinner at Central Michigan. He graduated in 1982 with a bachelor's degree. He also earned his master's degree in education from CMU in 1983, keeping up an impressive GPA of 3.85.

In 1989, Shaw worked with vaulters and recruited two of the premiere field eventers in the country, pole vaulter Jeff Bray and

high jumper Kevin Crist. Additionally, Shaw successfully recruited ten athletes to the Seminole program, four of who were listed as the #1 athletes in the nation in their events.

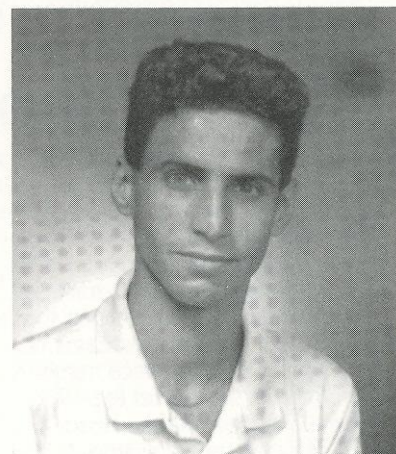
During the summer, Shaw is the director of the highly successful Seminole Summer Camps and Clinics. Shaw was elected as the TAC Southeast director for Olympic developmental pole vaulters, where he is in charge of the pole vault education schools for the seven southern states. Tom has also written many articles for *Scholastic Coach* magazine, *Technique* and *Track and Field Quarterly Review* on sprinting, pole vaulting, and speed improvement.

Shaw has drawn praise from FSU head coaches Bobby Bowden (football) and Mike Martin (baseball) for his speed improvement work with their respective athletes. Shaw will play an added role in recruiting elite athletes to the program in 1992.

**Age:** 32  
**Years at Florida State:** 5  
**Years of Collegiate Coaching Experience:** 5

Florida State-Assistant Coach (1988-1989)

**Collegiate Track Experience:**  
Central Michigan-sprint relays (1978-1982)



## MIKE CURCIO

**Graduate Assistant Coach  
/Distance  
(Appalachian State '87)**

Mike Curcio is beginning his fourth season with the Seminole staff as a graduate assistant in the program and currently works with cross country coach Sue Addison in developing the middle distance and long distance runners.

A four-year letterwinner and three-time All Southern Conference selection in middle distance at Appalachian State, Curcio participated on both the track and cross country squads. He then returned to his native New York to head St. John the Baptist High School's track program. In that position, he was responsible for all aspects of running the track program for one of the largest Catholic schools in the state.

He is currently working on a master's degree in Athletic Administration after earning a Bachelor's degree from Appalachian State in 1987.

**Age:** 26

**Years at Florida State:** 4

**Years of Collegiate Coaching Experience:** 4

Florida State-graduate assistant (1988-present)



## SUE ADDISON

**Cross Country Coach  
/Distance  
(Michigan State '78)**

Sue Addison enters her fourth season as a member of the Seminole track and field coaching staff. A veteran runner and coach, she handles the middle distance and distance runners in the spring and will direct all aspects of the cross country program in the fall.

Addison joined the staff four years ago. A three-time All-American at Michigan State and a

member of six U.S.A. National Track teams, she was ranked the number one miler of 1986 for the U.S. while representing Reebok as an international track athlete. In addition, she was the national champion in the 800 meters (2:03) her junior year at Michigan State and in 1986 posted the nations best time in the mile run (4:23), which stands as the third fastest time ever.

Addison's coaching experience includes a stint as head women's track & cross country coach at Brown University during the 1981-82 season and assistant track and field coach at the University of Colorado from 1985-1988. During her tenure at Colorado, she developed the Buffaloes' cross country team into one of the strongest in the Big Eight Conference. This included coaching two All-Americans and four Big Eight Champions, one being Mike Macinko, an 800 meter runner who represented the United States in the World Cup.

Completing her bachelor's degree in Physical Education in 1978 and her master's in Athletic Administration in 1981, both from Michigan State, Addison is proving to be a great asset to the Florida State Seminoles. In her first year at Florida State all the middle distance and distance runners set personal bests under her guidance.

Addison and her husband, Ron, have been married for nine years. They have one daughter, Rebecca.

**Age:** 35

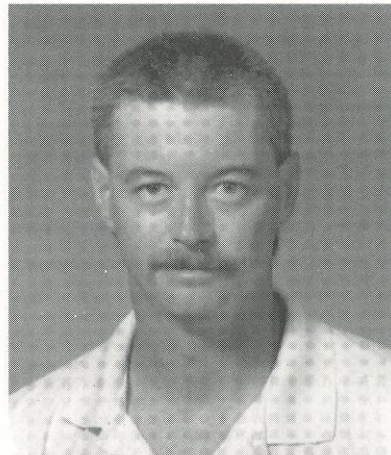
**Years at Florida State:** 3

**Years of Collegiate Coaching Experience:** 8

Brown University-Head Women's Track & Cross Country Coach (1981-1982)

University of Colorado-Assistant Track & Field Coach (1985-1988)

**Collegiate Track Experience:** 4  
Michigan State-Track & Field, Cross Country (1974-1978)



## DENNIS NOBLES

**Assistant Coach/Field Events  
(Florida State '82)**

Dennis Nobles enters his seventh year with the Seminole track and field staff and has developed into one of the top young coaches in the field.

A pole vaulter on FSU's track team from 1979-81, Nobles graduated cum laude from Florida State's School of Physical Education. He went on to obtain his

*A pair of Florida State track coaches are former NCAA Champions. Distance coach Sue Addison was the 1977 national champion in the 800-meters (2:03) out of Michigan State. Kim McKenzie won the 1983 100m hurdle title as a junior at Texas El Paso and also captured a bronze medal for the United States in the 100m hurdles at the 1984 Olympic games in Los Angeles.*

master's degree from FSU in Exercise Physiology in 1983.

Following graduation from Florida State, he began his coaching career at Wayland Baptist College, a NAIA track powerhouse in Plainview, Texas.

While there, he coached 17 All-Americans, two national champions, a pair of Olympic qualifiers and a national record holder. He also led that school to a national championship and two runner-up finishes.

He returned to his alma mater in 1985 to accept a position as assistant coach. Nobles has since coached several All-Americans, another Olympian and a world record holder. He is currently working towards his Ph.D. in Athletic Administration.

His duties at FSU include coaching athletes in the javelin, long jump and triple jump events. In recent years, he has been invited to participate in the elite women's javelin clinic in Long Beach, California.

Nobles and his wife, Vicki, have one daughter, Sally.

**Age:** 34

**Years at Florida State:** 7

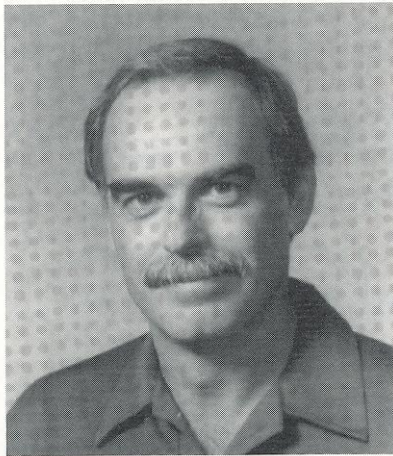
**Years of Collegiate Coaching Experience:** 9

Florida State-Assistant Coach  
(1985-present)

Wayland Baptist-Assistant Coach  
(1984-1985)

**Collegiate Track Experience:**

Florida State-pole vault (1979-1981)



## JIM LONG

**Assistant Coach/Hurdles  
(Florida State '70)**

Jim Long brings a lengthy track

background to his 16th season with the Florida State program.

A former Seminole sprinter and son of former FSU head coach Mike Long, Jim came back to his alma mater in 1975 as an assistant coach. His return followed a successful stint as head track coach Leon High School in Tallahassee.

Long's duties have varied since his arrival. He coached the sprinters and hurdlers until 1978, when he began working with the pole vaulters and decathletes in addition to the hurdlers. His current position has him directing athletes in both hurdle races and certain decathlon events.

During his years on the Florida State staff, Long has coached 21 NCAA All-Americans and 21 Metro Conference champions. One former All-American decathlete, Rohn Stark, has been one of the NFL's top punters over the past few seasons. He also coached Olympian hurdlers Kim McKenzie and Arthur Blake.

Long holds a bachelor's degree in humanities, a master's in history and needs only a dissertation before completing a doctorate in Physical Education.

He has served as a clinician at the U.S. Olympic Development camp in Orlando, joining brothers Terry, head coach at Florida State and Curtis, his Western Kentucky mentor. Long was inducted into the Florida Track Hall of Fame in 1991.

He and his wife Janis have two sons Justin, 14, and Jarrett, 11.

**Age:** 41

**Years at Florida State:** 16

**Years of Collegiate Coaching Experience:** 16

Florida State-sprints, hurdles,  
decathlon, pole vault (1975-1989)

**Collegiate Track Experience:**

Florida State-sprints (1966-1970)

Member-Florida Track Hall of  
Fame



## KIM MCKENZIE

**Graduate Assistant Coach**

**/Hurdles**

**(Texas El Paso '84)**

Kim McKenzie begins her fifth season on the Florida State staff in 1992. The former Olympic bronze medalist began her coaching career with Florida State in 1987 as a volunteer assistant while training for the 1988 games.

McKenzie was a member of the 1984 U.S. Olympic team and won the bronze medal in the 100 meter high hurdles in Los Angeles. She brings a multitude of experience and talents to her duties with the sprinters and high hurdlers, whom she has helped for the past two years. She currently competes for the Mazda Track Club. Kim was the top scorer in the high hurdles during the 1991 Grand Prix season.

A native of Detroit, Michigan, McKenzie has an extensive background in national and international track. In 1990, she set the American record in the 50 meter hurdles in an indoor meet in Canada. In addition, McKenzie was the NCAA Champion in the 100 meter hurdles in 1983, her junior season at Texas El Paso. The following season, she took runner-up honors at the NCAA meet. McKenzie also captured a silver medal at the Pan Am Games in the 100 meter hurdles.

McKenzie and her husband Leander, a six-time All-American at Florida State, have one son, Leander III.

**Age:** 29

**Years at Florida State:** 5

**Years of Collegiate Coaching Experience:** 4

Florida State-Assistant Coach  
(1987-present)

**Collegiate Track Experience:**

Texas El Paso-sprints, hurdles  
(1980-1984)

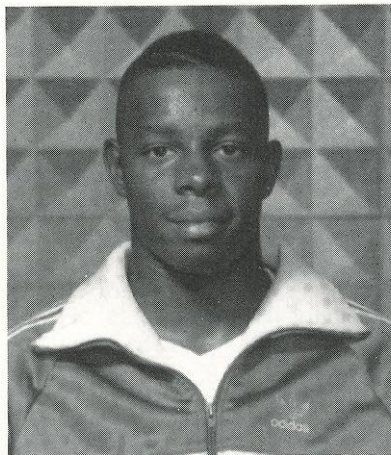
# 1992 ROSTER

NAME	EVENT	HT	WT	CL	EXP	HOMETOWN (HIGH SCHOOL)
Kevin Ansley	S	6-1	175	Fr.	HS	Live Oak (Suwanee)
Shannon Baker	S	5-10	180	Sr.	2L	Lakeland (Lakeland)
Jeff Bray	PV	6-0	155	So.	1L	Bloomfield, NM (Elk City)
Terrell Buckley	S	5-10	175	Jr.	1L	Pascagoula, MS (Pascagoula)
Thomas Carson	T	6-2	207	Fr.	HS	Sarasota (Riverview)
Jonathon Carter	S	5-10	160	Fr.	HS	Ft. Lauderdale (Dillard)
Eric Chambers	T	6-2	225	Sr.	3L	Apopka (Lake Brantley)
Rob Circelli	MD	5-9	140	Jr.	2L	Port Orange (Spruce Creek)
Kevin Crist	HJ	6-7	190	Jr.	2L	College Park, GA (Woodward)
John Crossman	S	5-9	140	So.	1L	Casselberry (Forest Hill)
Trey Culbertson	D	6-0	140	Jr.	TR	Odessa (Tampa Leto)
Corey Fuller	S	6-1	190	So.	1L	Tallahassee (Rickards)
Grant Edwards	S	5-8	145	Jr.	TR	Hampton, IA (Community)
'Omar Ellison	S	6-2	195	So.	HS	Griffin, GA (Griffin)
Tim Franklin	S/H	6-2	177	Fr.	HS	Chattanooga, TN (McCallie)
Steve Gilmer	S	5-11	192	So.	HS	Tallahassee (Godby)
Hillard Goldsmith	S	5-10	157	Sr.	3L	Pensacola (Washington)
Michael Hampton	D	5-10	145	So.	1L	Punxsutawney, PA (Punxsutawney)
Philip Healy	D	5-11	158	So.	1L	Northern Ireland
Nehemiah Jefferson	S	6-0	165	Jr.	2L	Tallahassee (Rickards)
David Jones	PV	6-0	180	So.	1L	San Antonio, TX (Churchill)
Jason Kaiser	D	6-0	160	So.	1L	Winter Park (Seminole)
Rance Kay	MD	6-2	175	Sr.	2L	Ocala (St. John Lutheran)
Chris Keen	ME	5-10	175	Jr.	2L	Jefferson, GA (Jefferson)
Chris Keeney	D	5-9	140	Sr.	3L	Honolulu, HI (Punahou)
Craig MaGuire	D	5-11	150	Fr.	HS	Ponte Vedra (Nease)
John Meadows	PV	5-11	164	Sr.	3L	Orlando (Lake Highland Prep)
James Milton	ME	6-3	205	Sr.	3L	Ocala (Forest)
Mike Musick	MD	5-11	140	Fr.	HS	Lakeland (Lakeland Christian)
Kelsey Nash	S/J	6-2	167	So.	1L	Mableton, GA (Westminster)
Arthur Nelson	J	6-2	175	Sr.	2L	Charleston, SC
Darren Nutt	H	6-3	170	Jr.	2L	Overland Park, KA (Shawnee Mission)
Brennan O'Brien	D	5-10	150	Fr.	HS	Jacksonville (Bishop Kenny)
Derwent Palmer	MD	6-0	163	Sr.	1L	Lake Hamilton (Haines City)
Scott Peterson	T	6-2	255	So.	1L	Lafayette, LA (Acadiana)
John Rothell	H	5-11	155	So.	1L	Titusville (Astronaut)
Steven Scott	H	5-8	139	Fr.	HS	Plantation (So. Plantation)
Dante Snodgrass	S	5-7	155	So.	1L	Huntsville, AL (Huntsville)
Chris Tillman	D	5-7	110	Fr.	HS	Tampa (Leto)
David Unversaw	D	6-0	158	Fr.	HS	Coral Springs (Miramar)
David Wells	PV	5-11	165	Fr.	HS	Plantation (So. Plantation)
Steve Wilcox	D	6-0	160	Jr.	1L	St. Petersburg (Boca Ciega)
John Wilson	D	6-0	155	Fr.	HS	Pensacola (Escambia)
John Winkler	D	5-7	135	Sr.	1L	Miramar (Miramar)

*J-Jumps; S-Sprints; H-Hurdles; PV-Pole Vault; ME-Multi Events MD-Middle Distance; T-Throws; HJ-High Jump; D-Distance; R-Relay*

## SEMINOLES

# SEMINOLES



## KEVIN ANSLEY

6-1, 175, Freshman

Live Oak, FL

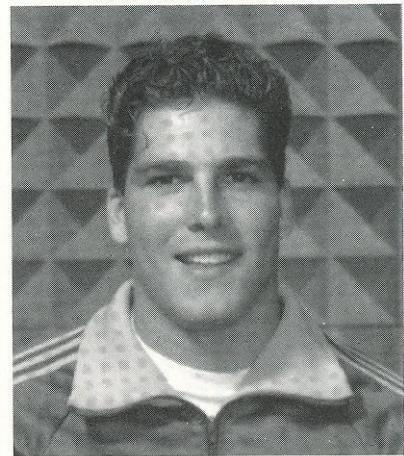
(Suwannee HS)

*High School Bests:* 400m (47.14)

Has all the qualities to be a nationally ranked competitor...big and strong runner...could make an immediate impact...**PREP:** '91 State Champ in the 400m for Suwannee High...also a Golden South Champion...named Florida's top sprinter in 1991...**PERSONAL:** a criminology major...born October 23, 1972.

Has shown world-class speed and is becoming more focused as a track athlete...with added experience in major competition, Shannon can be expected to be seen in the NCAA Championships this spring...should follow in the footsteps of former star football players who also excelled on the track...one of many dual-sport athletes at FSU...**1991 AS A SOPHOMORE:** Metro Conference Champion in the 100m (10.48)...**PREP:** two time state 4A champion in the 100- and 220-yard dash...a two-time 4A All-State football selection at wide receiver ('87) and quarterback ('88)...honorable mention All-American choice by USA Today...**PERSONAL:** born July 20, 1970.

West Invitational...**PERSONAL:** majoring in criminology...will be married over spring break...born September 8, 1970.



## RYAN CARSON

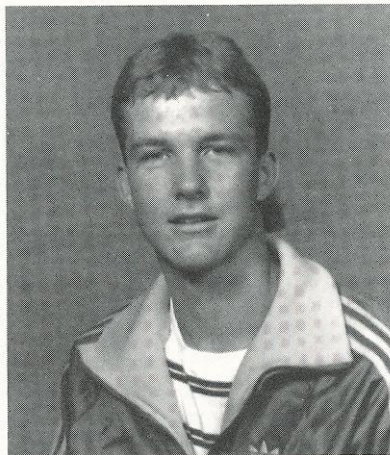
6-0, 207, Freshman

Sarasota, FL

(Riverview HS)

*High School Bests:* Shot (59-2), Discus (162-5)

A very promising athlete...should be a point contributor in the shot, discus and javelin...expected to be an NCAA qualifier before his career is through at FSU...**PREP:** placed second in the shot at the state meet...an all-area selection out of Sarasota's Riverview High...**PERSONAL:** enrolled in the undergraduate studies program at Florida State...born December 14, 1972.



## JEFF BRAY

6-0, 155, Sophomore

Bloomfield, NM

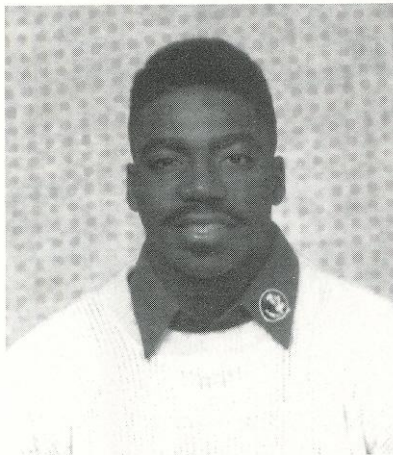
(Elk City HS)

*Career Bests:* Collegiate Indoor — Pole Vault (18-0.5);

Collegiate Outdoor — (17-11.5)

*High School Bests:* PV (17-7.25)

One of the outstanding young pole vaulters in he country...has great talent and the edge to go with it...two-time NCAA qualifier...school record holder indoors...**1991 AS A FRESHMAN:** competed at the NCAA championships where he finished ninth...Metro Conference Champion, leading FSU's three finishers in the top four...**1990:** participated in indoor season only and redshirted during the outdoor season...**PREP:** a prize recruit brought into the FSU program by recruiting coordinator Tom Shaw...the top prep pole vaulter in the nation in 1989 out of Oklahoma's Elk City HS...a three-time All-State performer...was the AAU National Indoor Champion...also won the pole vaulting title at the Golden



## SHANNON BAKER

5-10, 180, Junior

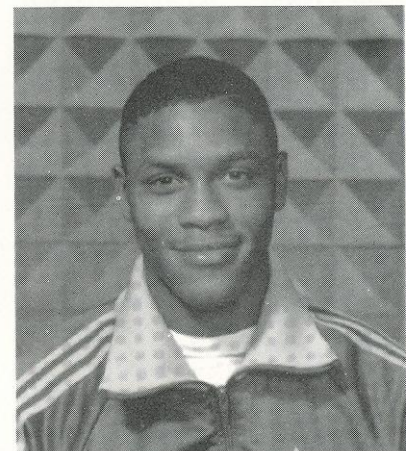
Lakeland, FL

(Lakeland HS)

*Career Bests:* Collegiate Indoor — 55m (6.21), 200m (21.51);

Collegiate Outdoor — 100m (10.48)

*High School Bests:* 100m (10.54), 200m (21.5)



## JONATHAN CARTER

5-10, 160, Freshman

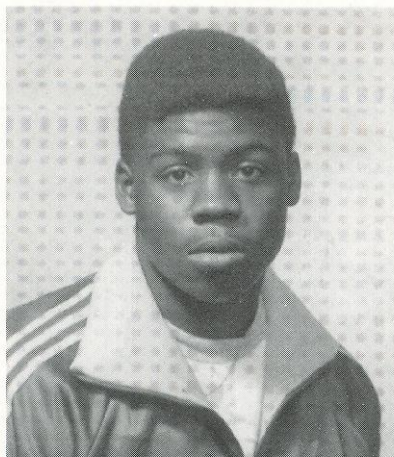


**Fort Lauderdale, FL  
(Dillard HS)**

**High School Bests:** 100m (10.54)

Has improved dramatically since first arriving at FSU...an outstanding sprint talent...will be a significant contributor to Florida State's nationally ranked relay teams...**PREP:** anchored Florida's fastest 4x100 relay team ever (40.8)...state runner-up in the 100m dash...

**PERSONAL:** a communications major...born May 5, 1972.

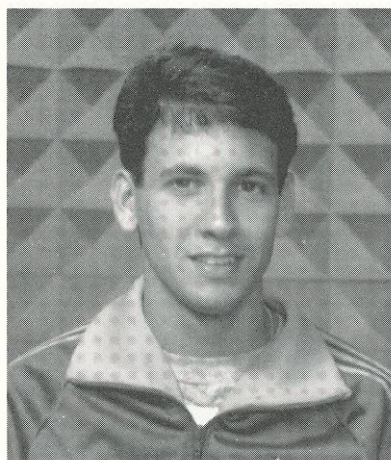


**ERIC CHAMBERS**

**6-2, 225, Grad Student  
Apopka, FL  
(Lake Brantley HS)**

**Career Bests:** Discus (175-4), Shot (54-4), Hammer (165-10)

Expected to be more competitive in discus and qualify for NCAAs...will contribute primarily in the discus but could be a scorer in the shot...provides senior leadership to the squad...the best conditioned athlete on the team in terms of strength, quickness and power...**1991 AS A JUNIOR:** Metro Conference Champion in the discus...Metro runner-up in the shot...**1990 AS A SOPHOMORE:** placed fourth in the discus at the Metro...was fifth in the shot and sixth in the hammer...**1989:** redshirted in 1989...**1988 AS A FRESHMAN:** spent most of the indoor and outdoor season recovering from pneumonia...sidelined for more than a month and lost much of the strength and bulk he gained during the fall...**PREP:** won the Florida 4A shot put title as a senior in 1987 (56-1)...one of three state champions signed in 1987...an all-district linebacker at LBHS...**PERSONAL:** completed his undergraduate degree in marketing communications...taking classes towards a masters...born July 8, 1970.

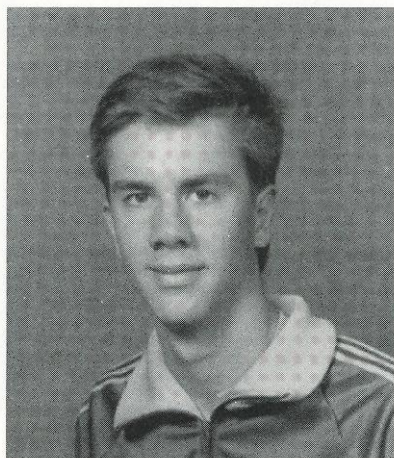


**ROB CIRCELLI**

**5-9, 140, Junior  
Port Orange, FL  
(Spruce Creek HS)**

**Career Bests:** Collegiate Indoor - 800m (1:48.64), Indoor School Record - 800m (1:48.47), 1500m (3:49.1), 400m (48.5)

Speedy middle-distance runner...takes on new challenge of the ACC after dominating the Metro scene last year...should easily qualify for the NCAAs in the 800 again...could also be a scorer in the 1500m...**1991 AS A SOPHOMORE:** NCAA qualifier in the 800 meter run...named the Metro Championship's outstanding performer...led FSU's three-man sweep in the 1500...came back to win the 800 meter final...team MVP for the 1991 season...**1990 AS A FRESHMAN:** won the Metro 1500 meter title...**PREP:** conference champion in the 880, 1- and 2-mile runs for three consecutive years at Spruce Creek High School...**PERSONAL:** a criminology major...born January 8, 1971.

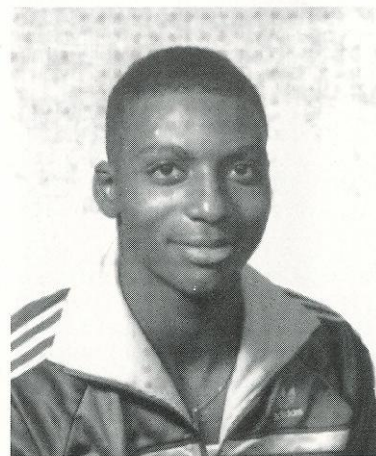


**KEVIN CRIST**

**6-7, 185, Junior**

**College Park, GA  
(Woodward Academy)  
Career Bests: High Jump (7'3")**

A great talent...if he can improve his competitive focus, could be among the nation's top collegiate high jumpers...spent time working with the FSU basketball team in the fall...**1991:** placed ninth at the Indoor Nationals...qualified for the NCAA outdoor championships but failed to make the final...Metro high jump champion...**1990 AS A FRESHMAN:** placed fourth in the high jump at the Metro meet...**PREP:** the top prep high jumper in the country in 1988 and Woodward Academy...won the state championship in both junior and senior seasons...also named Georgia Track Athlete of the Year in 1988 and '89...ranked No. 1 by USA Today after a PR of (7-2 1/2)...**PERSONAL:** a physical education major...born July 16, 1970.



**HILLARD  
GOLDSMITH**

**5-9, 157, Junior  
Pensacola, FL  
(Washington HS)  
Career Bests: 400m (47.09)**

Possesses solid athletic talent and outstanding character...a potential NCAA qualifier in both the 400 and 1600 meter relay...**1991:** finished third at the Metro meet in the 400 meter dash...**1990 AS A FRESHMAN:** Metro runner-up in the 400 meters...**1989:** redshirted in 1989...**PREP:** named Most Outstanding Male Athlete at Louisiana State University Invitational as a senior...1988 West Florida Track Athlete of the Year...all-city track team selection...**PERSONAL:** majoring in criminology...born November 7, 1970.



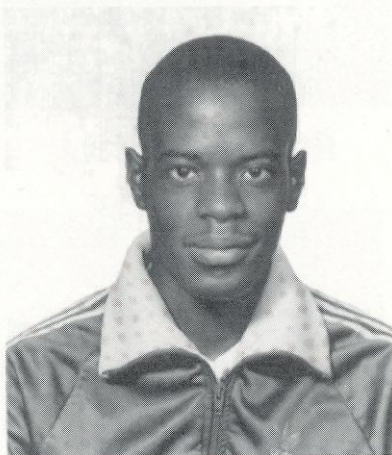
## MICHAEL HAMPTON

5-10, 144, Sophomore  
Punxsutawney, PA  
(Punxsutawney HS)

**Career Bests:** 1500m (3:49.53),  
800m (1:51.20)

Coming off foot injury during indoor season... hopes to run into shape for early spring to become an integral part of the distance relay teams... looks to score for FSU at the ACC championships in the 1500 and 800 meter runs... **1991 AS A FRESHMAN:** finished third in 1500 meter run at Metro to complete three-man sweep of event for FSU... **PREP:** the #2 1500m prep in the nation for 1990 (3:50.1)... a high school All-American... **PERSONAL:** a communications major... born January 28, 1972.

second season indoors... narrowly missed ten-year-old indoor mile record... expected to team with Hampton for points in 1500m at the conference championships... may see limited action in the 800... **1991 AS A FRESHMAN:** placed fifth in the 1500 meter run at the Metro meet... **PREP:** the top middle distance prep in the United Kingdom in 1990... PRs of 1:52.6 (800) and 3:45.9 (1500)... **PERSONAL:** enrolled in FSU's undergraduate studies program... born October 1, 1970.

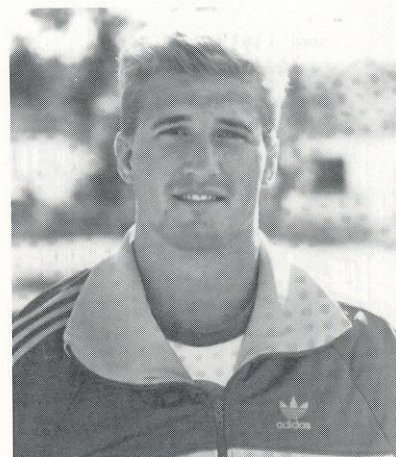


## NEHEMIAH JEFFERSON

6-0, 165, Junior  
Tallahassee, FL  
(Rickards HS)

**Career Bests:** 400m (47.75)

Needs to focus and have more intensity in his day-to-day practices... by taking another step forward could become an NCAA qualifier in the 400 and 1600 meter relay... **1991 AS A SOPHOMORE:** Metro Conference 400 Meter Champion... **1990 AS A FRESHMAN:** placed fourth in the 400 meters at the Metro Championships... anchored FSU's conference championship 1600m relay team... **PREP:** placed fifth at the state class 3A meet in the 400m in 1989... also fifth at the Golden South meet... **PERSONAL:** a marketing-management major... born January 3, 1971.



## CHRIS KEEN

5-10, 175, Junior  
Jefferson, GA  
(Jefferson HS)



## PHILIP HEALY

5-11, 158, Sophomore  
Northern Ireland

**Career Bests:** 800m (1:52.7),  
1500m (3:45.9)

Has become more consistent after



Junior Darren Nutt is expected to challenge NCAA qualifying standards in the 100-meter hurdles.

**Career Bests:** Javelin (191-10),  
Pole Vault (16-6),  
Decathlon (6490)

Will work at becoming a full-time decathlete this year...great all-around athlete...strongest events have been the pole vault and javelin...a defensive back and special teamer for FSU's football team...**1991 AS A SOPHOMORE:** placed second in the decathlon at the Metro meet...came in fifth at the conference championships in the javelin...**1990 AS A FRESHMAN:** Metro Conference champion in the javelin... also pole vaulted in 1990...**PREP:** one of the top pole vaulters to come out of the high school ranks in 1989...named the outstanding track athlete in the state of Georgia by *USA Today* out of Jefferson HS...an All-State wide receiver and a state wrestling champion as well...**PERSONAL:** enrolled in FSU's undergraduate studies program...born August 3, 1968.



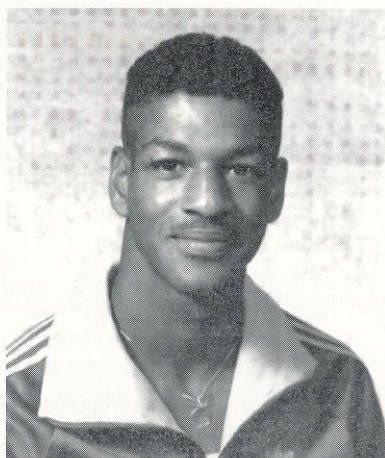
## DARRELL MEADOWS

5-11, 164, Senior  
Orlando, FL

(Lake Highland Prep)

**Career Bests:** Pole Vault (16'6")

Has had an outstanding career as a vaulter...tends to rise to the occasion in the big meets...should challenge for the top spots in the conference...**1991 AS A JUNIOR:** runner-up in Metro championships to teammate Bray...**1990 AS A SOPHOMORE:** finished third in conference championships...**1989 AS A FRESHMAN:** provided depth while learning to compete at the college level...**PREP:** a three-time state champion at Lake Highland Prep...**PERSONAL:** a biology major...born January 19, 1970.



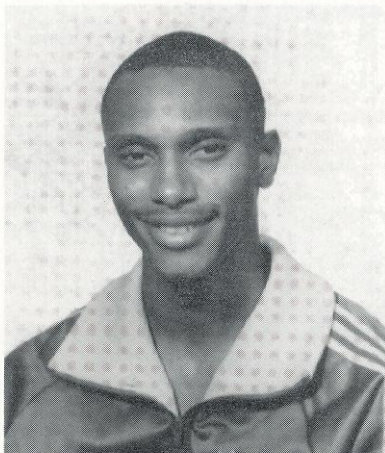
## JAMES MILTON

6-3, 205, Senior

Ocala, FL (Forest HS)

**Career Bests:** Long Jump  
(25-0 3/4), Triple Jump (48-2)

Another outstanding talent who has been limited by injuries...should be a significant factor in the horizontal jumps and sprint relays at the conference meet...**1991:** season cut short by injuries...**1990:** battled early season injuries, but still took the Metro long jump championship for the second consecutive year...also fourth in the 100 (10.84) and fourth in the triple jump (48-2)...an with the 4x100m relay team that placed second at the Metro Meet...**1989 AS A FRESHMAN:** won the Metro long jump with a leap of 25-1 and finished second to teammate Rodney Lawson in the 200m dash (21.53)...**PREP:** the 1988 state decathlon champion at Ocala Forest HS...Junior Olympic decathlon champion...committed early to FSU and held to that commitment despite a late rush by a number of schools...**PERSONAL:** a criminology major...born August 28, 1970.



## KELSEY NASH

6-2, 167, Sophomore

Mableton, GA  
(The Westminster School)

**Career Bests:** 100m (10.64),  
200m (21.27), 400m (46.1r), Long  
Jump (24-11), Triple Jump (50-10)

National class talent who has been somewhat limited due to injury...possesses an outstanding ability to compete...has potential to be an NCAA qualifier in the horizontal jumps and the 4x400 relay...**1991:** the Metro triple jump champion...third place finish in the long jump at the conference championships...**PREP:** state triple jump champion in 1988 and 1989...won the state 300m hurdles championship in 1988 and the 200m dash in 1990...Atlanta Track Club's Man-of-the-Year in 300m hurdles (1989) and 200m dash (1990)...**PERSONAL:** majoring in business...born July 19, 1971.



## DARREN NUTT

6-3, 170, Junior

Overland Park, KS

(Shawnee Mission HS)

**Career Bests:** 110m High Hurdles  
(14.10)

Enjoying solid career at FSU as a hurdler...possesses outstanding speed...expected to be an NCAA qualifier in the 110m high hurdles this season...**1991:** third place finish in the 110m high hurdles at the Metro meet...also ran on the Metro winning 4x100 meter relay team...**1990 AS A FRESHMAN:** ran lead-off leg on FSU's 2nd place 4x100m relay team at the Metro meet...placed third in the high hurdles at the conference championships...**PREP:** ran PRs of 13.76 (HH) and 37.3 (IH) as a prep at Shawnee Mission HS...though injured at state meets, Nutt ranked fifth on the Kansas All-Time track list in the intermediate hurdles...a two-time All-Metro selection...**PERSONAL:** an accounting major... born April 4, 1971.



## SCOTT PETERSON

6-2, 255, Sophomore  
Lafayette, LA  
(Acadiana HS)

**Career Bests:** Shot Put (57-8),  
Discus (143-3)

Junior National Shot Put Champion... returns after an excellent start as a freshman... has shown improvement with his technique and work ethic ... **1991 AS A FRESHMAN:** the Metro shot put champion... **PREP:** a three-time high school All-American out of Acadiana HS... Gatorade State Track Athlete of the Year in Louisiana (1990) ... ranked second in the nation in the shot put in both his junior and senior seasons by both *USA Today* and *Track and Field News*... a three-time All-State performer... **PERSONAL:** a criminal justice major... born November 9, 1972.



Graduate student Eric Chambers has shown consistent improvement in the shot and discus.

## INDOOR RECORDS

55m Dash	Mike Roberson	6.13	1979
55m Hurdles	Arthur Blake	6.05	1988
800m Dash	Rob Circelli	1:48.86	1991
Mile Run	Cliff Cook	4:05.60	1979
3,000m Run	Herb Wills	8:04.10	1982
5,000m Run	Herb Wills	14:00.10	1982
1600m Relay	Leander McKenzie, Reggie Ross, Charlie Carr, Vince Wahsington	3:08.67	1984
3200m Relay	Allen Williams, Billy Pennick, Mark Bednarz, Jason Frank	7:29.00	1990
Shot Put	Mike Bell	59'0"	1987
Pole Vault	Jeff Bray	17'10½"	1990
High Jump	Darrell Wills	7'3½"	1986
Long Jump	Billy Close	25'6¼"	1987
Triple Jump	Leon Hutchins	51'3½"	1982

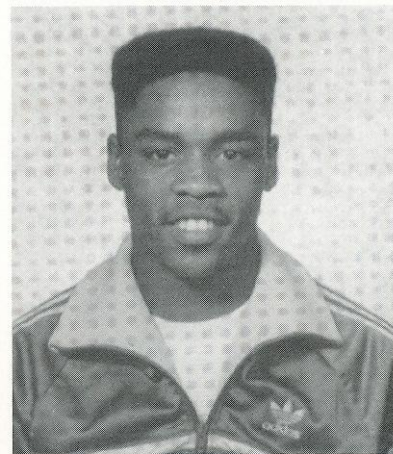


## JOHN ROTHELL

6-0, 160, Sophomore  
Titusville, FL (Astronaut HS)

**Career Bests:** 400m Intermediate  
Hurdles (51.23)

World Junior National Champion in the 400 IH this past summer in Kingston, Jamaica... possesses as much talent as any intermediate hurdler in the nation... coaches feel John could be the best athlete at FSU since Arthur Blake... will probably redshirt in 1992... **1991 AS A FRESHMAN:** Metro champion in the 400 meter intermediate hurdles... also a Junior Tac National champion and a Junior Pan American Champion... **PREP:** a prep All-American intermediate hurdler... Junior Olympic National Champion... ranked No. 1 in the nation by *USA Today* in the 400 IH in 1989... ranked second in 1990 in that event... all-Space Coast, all-conference and all-brevard County... **PERSONAL:** enrolled in FSU's undergraduate studies program ... born March 29, 1972.



## DANTE SNODGRASS

5-7, 155, Sophomore  
Huntsville, AL  
(Huntsville HS)

**Career Bests:** 100m (10.59),  
200m (21.59)

Great student who is improving his skills as a sprinter... may see action in the sprint relays... came to FSU on a full academic scholarship... **1991 AS A FRESHMAN:** an Academic All-American... ran leg on FSU's Metro winning 4x100 meter relay team... **PREP:** a two-sport standout at Huntsville HS... two-time all-state performer... all-city track team all four years in high school... also an all-state quarterback his senior year... **PERSONAL:** a chemical engineering major... born February 19, 1972.

# PREVIEW



1992 Seminoles.

**A**fter a 15 year reign as king of the Metro Conference Track and Field scene, Florida State is charting new territory to claim. Now a member of the Atlantic Coast Conference, the Seminoles will be competing against the likes of Clemson, North Carolina and N.C. State to keep hold of a conference championship that has become so familiar at FSU.

Florida State will not enter the 1992 season favored to win their first ever ACC title. But with three NCAA qualifiers returning and strength at each area, the Seminoles may prove they can win in any conference.

Pole vaulter Jeff Bray, high jumper Kevin Crist and middle distance runner Rob Circelli are poised to return and score at the NCAA meet. Add a talented group of returnees with a highly ranked recruiting class and you get a squad that can make an impact on a number of levels, including nationally.

Florida State Track and Field has become as accustomed to "borrowing" many of the always nationally ranked football team's speedsters as they have winning championships. Making the move to two-sport athlete this season are

Shannon Baker, Terrell Buckley and Corey Fuller, three sprinters that can account for major points throughout the season.

Continuing in their model of success, Florida State will take on a schedule as competitive as any in the nation. Here is what to look for from the 1992 Seminoles.

**SPRINTS** - Look for another strong showing from this year's

sprint squad. Like previous years, the team received a big boost from several football players sharing their time between a big boost from several football players sharing their time between spring football and on the track. Shannon Baker, Corey Fuller and Terrell Buckley will complement an already sound squad led by Nehemiah Jefferson and Hillard Goldsmith. Both the



Sophomore thrower Scott Peterson.

4x100 and 4x400 meter relays should be NCAA qualifiers if the sprinters can remain healthy. Jefferson was last year's Metro champion and could become an NCAA qualifier this season. Goldsmith runs right on Jefferson's heels. He, too might be ready to challenge NCAA standards. Baker possesses world-class speed. Fuller and Buckley will see action on the relay teams. Add freshman Kevin Ansley, a high school state champion, and Jonathan Carter, a high school state record holder to the team's already deep depth. Jumpers James Milton and Kelsey Nash will be called to duty if needed.

**HURDLES** - Florida State's hurdles team will be hard-pressed to continue the success enjoyed by previous hurdle squads. With the graduation of Chris Sloan and sophomore John Rothell sitting out a redshirt year, junior Darren Nutt will be left with most of the hurdling responsibility. Nutt is primarily a 110 meter high hurdler who placed third at last year's Metro meet. His consistent improvement will put him in contention to score at most meets. Sophomore Kelsey Nash, although lacking experience in collegiate hurdling competition, was a high school state champion in the 400 intermediate hurdles. Nash could contribute in that event.

**MIDDLE AND LONG DISTANCE**— Distance coach Sue Addison believes the team's strength lies in the middle distance. Rob Circelli returns after a record breaking sophomore season. Circelli should return to the NCAA Championships for the second straight year. Philip Healy is ready to make the jump to contender in the 1500 meter run. Michael Hampton, a Metro finalist in the mile as a freshman, returns to collegiate competition after redshirting last year. Freshman Mike Musick, a state high school record holder, adds depth to this young, yet talented group. Junior transfer Trey Culbertson could be a scoring factor in the steeplechase. Steve Wilcox and John Winkler will lead a

distance squad that will have to overcome a lack in depth.

**THROWS**— This group is very promising. The squad possesses both youth and leadership. The shot put features sophomore Scott Peterson, the Metro champ a year ago. Peterson is followed with very good depth in the event. Eric Chambers, a Metro champ in the discus, is ready to make the jump to the NAAs. The javelin may be a weak link. If Chris Keen remains healthy, he may be a solid performer.

**JUMPS/POLE VAULT** — This squad is quite possibly the strongest area of the team, with

major point scoring potential. Kevin Christ and Jeff Bray, both NCAA qualifiers last season, will challenge NCAA marks. Christ is consistent high jumping over seven feet. He may be ready to score nationally. Bray, only a sophomore, placed third in the pole vault at the 1992 NCAA Indoors, and may duplicate the mark outdoors. Kelsey Nash and James Milton are on the brink of NCAA qualifying standards. Nash is a triple jump specialist, with Milton Ready to make the most of his senior year in the long jump. There is not a great deal of depth at these events, yet a quality performer at each spot.



*FSU's track team has traditionally received a boost from football players like sophomore sprinter Corey Fuller.*

# RECORDS

EVENT	FSU OUTDOOR RECORD	MIKE LONG TRACK RECORD	ACC RECORD	COLLEGIATE RECORD
100 Meter Dash	10.08c, 1979 Mike Roberson	10.11 Andre Cason, Texas A&M	10.16, 1991 James Trapp, Clemson	9.93, 1983 Calvin Smith, Alabama
200 Meter Dash	20.08, 1980 Mike Roberson	20.47, 1979 James Mallard, Alabama	20.27, 1988 Danny Peebles, N.C. State	19.75, 1988 Joe DeLoach, Houston
400 Meter Dash	44.99, 1981 Walter McCoy	45.34, 1984 James Rolle, Bud Light TC	44.71, 1984 Antonio McKay, Georgia Tech	43.68, 1968 Lee Evans, San Jose State
800 Meter Run	1:46.19, 1986 Ocky Clark	1:46.61, 1985 Ocky Clark, Bud Light TC	1:43.16, 1989 Paul Erens, Virginia	1:41.77, 1984 Joaquinn Cruz, Oregon
1,500 Meter Run	3:43.02, 1986 Ocky Clark	3:43.02, 1986 Ocky Clark, FSU	3:38.57, 1987 Terrance Herrington, Clemson	3:31.71, 1987 Abdl Bile, George Mason
3000 Meter Steeplechase	8:52.7, 1976 Bobby James	8:26.46, 1986 Brian Abshire, Auburn	8:21.72, 1981 Hans Koeleman, Clemson	8:19.27, 1984 Farley Gerber, Web
5,000 Meter Run	13:53.26, 1982 Herb Wills	13:45.2, 1982 Bary Brown, Florida Track Club	13:24.46, 1984 Stijn Jaspers, Clemson	13:14.80 Bill McChesney, Oregon
10,000 Meter Run	28:58.7, 1982 Herb Wills	29:06.0, 1983 Jim Saplenza, Dartmouth	28:48.37, 1991 Bob Henes, N.C. State	27:41.05, 1985 Ed Eyestone, BYU
110 High Hurdles	13.29, 1987 Arthur Blake National Sports Festival	13.27, 1990 Arthur Blake, Mazda TC	13.00, 1979 Renaldo Nehemiah, Maryland	13.00, 1979 Renaldo Nehemiah, Maryland
400 IM Hurdles	49.33, 1985 Leander McKenzie	49.36, 1985 Tony Rambo, Bud Light TC	48.60, 1986 Derrick Adkins, Georgia Tech	47.45, 1977 Edwin Moses, Morehouse
400 Meter Relay	39.34c, 1977 Roberson, Walker, Merrick, Forbes	39.15, 1984 Butler, Kruee, Smith, Lattany, Bud Light TC	39.07, 1989 Bryant, Frazier, Brooks, Braunskill, N.C. State	38.46, 1986 Tatum, Smith, Reid, Scholars, Texas Christian
1,600 Meter Relay	3:03.76, 1986 Williams, McKenzie, Waddell, Johnson	3:03.34, 1985 Krehnbrink, Hind, Bernard, Armour, Georgia Tech	3:03.34, 1985 Krehnbrink, Hind, Bernard, Armour, Georgia Tech	2:59.91, 1988 Lewis, Young, Everett, Thomas, UCLA
Hammer	215-8, 1986 Horatio Garcia	221-8 1/2, 1983 Deirin Hegerty, Boston		257-0, 1986 Ken Flax, Oregon
Shot Put	60-8, 1987 Mike Bell	64-0, 1986 Mike Spiritoso, Clemson	68-4 1/4, 1986 Mike Spiritoso, Clemson	71-11, 1984 John Brenner, UCLA
Discus	212-6, 1979 Brad Cooper	211-4, 1986 Brad Cooper, Bahamas TC	203-4, 1982 Jack Harkness, Clemson	217-11, 1985 Mike Bunic, Kentucky
Javelin	250-4, 1981 Hank Langee	248-5, 1988 Tom Pukstys, DuPage	234-8, 1990 Sean Murray, North Carolina	292-4, 1990 Patrick Bodin, Texas
High Jump	7-4 1/4, 1984 Kenny Smith	7-5, 1983 James Varrineau, Unattached	7-6, 1986 Victor Smalls, Clemson	7-10, 1989 Hollis Conway, Southwestern Louisiana
Long Jump	25-11 1/2, 1983 Mark Freeman	27-6 3/4, 1982 Larry Myricks, Unattached	26-2 1/4, 1985 Jake Howard, N.C. State	28-3 1/2, 1981 Carl Lewis, Houston
Triple Jump	54-2 1/4, 1982 Leon Hutchins	54-0 3/4, 1984 Charlie Simpkins, Liberty Baptist	55-3, 1979 Dennis Ivory, Maryland	58-7 1/4, 1985 Charlie Simpkins, Liberty Baptist
Decathlon	7612, 1981 Rohn Stark	7873, 1990 Kevin McGorty, Unattached	7833, 1988 Kevin McGorty, North Carolina	8322, 1986 Mike Ramos, Washington
Pole Vault	18-1 1/2, 1989 Larry Carr	18-3 1/2, 1988 Jeff Ward, Unattached	18-0, 1981 John Warner, Maryland	19-2 1/4, 1985 Joe Dial, Oklahoma State

# QUALIFYING

## 1992 NCAA MEN'S QUALIFYING MARKS

### OUTDOOR

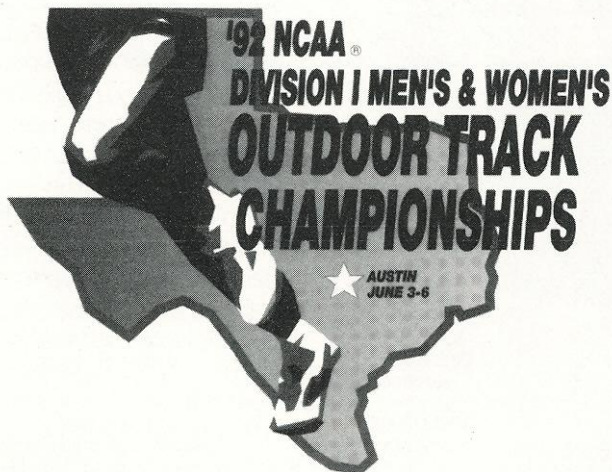
EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
100 Meter Dash	10.22	—	10.40	—
200 Meter Dash	20.55	—	20.87	—
400 Meter Dash	45.80	45.5	46.60	46.3
800 Meter Run	1:47.50	1:47.2	1:48.80	1:48.5
1500 Meter Run	3:41.40	3:41.1	3:45.00	3:44.7
Mile Run	3:59.10	3:58.8	4:03.00	4:02.7
3000 Meters				
Steeplechase	8:43.00	8:42.7	8:52.00	8:51.7
5000 Meter Run	13:48.50	13:48.2	14:07.00	14:06.7
10,000 Meter Run	28:54.00	28:53.7	29:35.00	29:34.7
110 Meter Hurdles	13.72	—	14.02	—
400 Meter Hurdles	50.70	50.4	51.30	51.0
400 Meter Relay	39.50	39.2	40.00	39.7
440 Yard Relay	39.70	39.4	40.20	39.9
1600 Meter Relay	3:04.00	3:03.7	3:07.00	3:06.7
Mile Relay	3:05.20	3:04.9	3:08.20	3:07.9
High Jump	2.25m	(7-4 ½)	2.18m	(7-1 ¾)
Long Jump	8.08m	(26-6 ¼)	7.80m	(25-7 ¼)
Triple Jump	16.30m	(53-5 ¾)	15.85m	(52-0)
Shot Put	18.75m	(61-6 ¼)	17.80m	(58-4 ¾)
Pole Vault	5.52m	(18-1 ¼)	5.34m	(17-6 ¼)
Discus	58.50m	(191-11)	54.50m	(178-10)
Javelin	74.00m	(242-9)	67.00m	(219-10)
Hammer	63.00m	(206-8)	58.00m	(190-3)
Decathlon	7,700	—	7,200	—

### INDOOR

EVENT	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.18	—	6.28	—
55-Meter Hurdles	7.24	—	7.38	—
200 Meters				
(Under 200m/220 yds)*	21.36	—	21.70	—
(200m/220 yds)*	21.16	—	21.50	—
(Over 200m/220 yds)*	20.86	—	21.20	—
400 Meters				
(Under 200m/220 yds)*	47.50	47.2	48.40	48.1
(200m/220 yds)*	46.70	46.4	47.60	47.3
(Over 200m/220 yds)*	46.10	45.8	47.00	46.7
800 Meters				
(200m/220 yds or less)*	1:49.10	1:48.8	1:50.84	1:50.1
(Over 200m/220 yds)*	1:48.20	1:47.9	1:49.50	1:49.2
Mile#				
(200m/220 yds or less)*	4:01.80	4:01.5	4:05.00	4:04.7
(Over 200m/220 yds)*	4:00.20	3:59.9	4:03.40	4:03.1
3,000 Meters#				
(200m/220 yds or less)*	8:01.20	8:00.9	8:10.00	8:09.7
(Over 200m/220 yds)*	7:58.60	7:58.3	8:07.40	8:07.1
5,000 Meters#				
(200m/220 yds or less)*	13:57.00	13:56.7	14:12.50	14:12.2
(Over 200m/220 yds)*	13:53.30	13:53.0	14:08.80	14:08.5
1,600-Meter Relay				
(Under 200m/220 yds)*	3:11.80	3:11.5	3:15.80	3:15.5
(200m/220 yds)*	3:09.00	3:08.7	3:13.00	3:12.7
(Over 200m/220 yds)*	3:06.20	3:05.9	3:10.20	3:09.9
Mile Relay				
(Under 200m/220 yds)*	3:13.00	3:12.7	3:17.00	3:16.7
(200m/220 yds)*	3:10.20	3:09.9	3:14.20	3:13.9
(Over 200m/220 yds)*	3:07.40	3:07.1	3:11.40	3:11.1
3,200-Meter Relay				
(Under 200m/220 yds or less)*	7:25.43	7:25.1	7:32.00	7:31.7
(Over 200m/220 yds)*	7:21.83	7:25.5	7:28.40	7:28.1
Two-Mile Relay				
(Under 200m/220 yds or less)*	7:28.43	7:28.1	7:35.00	7:34.7
(Over 200m/220 yds)*	7:24.83	7:24.5	7:31.40	7:31.1
High Jump	2.25m		2.16m	
Long Jump	7.87m		7.62m	
Triple Jump	16.15m		15.70m	
Pole Vault	5.45m		5.28m	

\*—Size of track.

#—Altitude adjustment available.





# ALL-AMERICANS

## CROSS COUNTRY

- 1969 Ken Misner
- 1970 Ken Misner
- 1971 Bobby Brooks
- 1981 Herb Wills

## INDOOR

- 1980 Mel Boodie, Walter McCoy, Reggie Ross, Palmer Simmons - mile relay (1st)
- 1982 Philip Rolle - 800 yards
- 1984 Reggie Ross - 4x400
- 1987 Arthur Blake - 55m hurdles
- 1988 Arthur Blake - 55m hurdles

## OUTDOOR

- 1963 Carter Williams - shot put
- 1968 Mike Kelly - 120-yd hurdles
- 1969 Doug Brown - 100 yards; Mike Kelly - 120-yd hurdles; Mike Kelly - 440-yd IM hurdles; Phil Parker - triple jump
- 1971 Ken Misner - 3 and 6 miles
- 1972 Joel Garren - 200 meters
- 1973 Danny Smith - 60-yd hurdles
- 1974 Tyrone Frederick - 880 yards; Danny Smith - 60-yd hurdles (1st) and 120-yd hurdles
- 1975 Rudy Falana - long jump; Jessebes - 100 yards; Charlie Harris - triple jump; Tyrone Frederick - 880 yards; Danny Smith - 60-yd hurdles (1st)
- 1976 Don Merrick - 60 yards; Mike Roberson - 200 meters; Phares Rolle - pole vault
- 1977 Mike Roberson - 60-yd hurdles
- 1978 Bradley Cooper - discus; Rudy Forbes - 100 meters; Walter

McCoy - 600 yards (1st) and 400 meters; Rudy Forbes, Kevin Johnson, Walter McCoy, Mike Roberson - 4x100; Walter McCoy, Ron Nelson, Mike Roberson, John Walker - mile relay

- 1979 Bradley Cooper - discus (1st); Walter McCoy - 400 meters; Earl Carruthers, Walter McCoy, Palmer Simmons, Ron Nelson - 4x400
- 1981 Walter McCoy - 400 meters; Philip Rolle - 800 meters; Rohn Stark - decathlon; Herb Wills - 10,000 meters; Don Frost, Walter McCoy, Ronnie Taylor, Chip Wells - 4x100; Lynn Brown, Walter McCoy, Ron Nelson, Philip Rolle - 4x400
- 1982 Ronnie Taylor - 200 meters; Herb Wills - 10,000 meters
- 1984 Leander McKenzie - 400 IM hurdles; Kenny Smith - high jump; Charlie Carr, Leander McKenzie, Vince Washington - 4x400
- 1985 Leander McKenzie - 400 IM hurdles; Kevin Gordon - 4x100; Thomas Johnson, Leander McKenzie, Vince Washington - 4x400
- 1986 Ocky Clark - 800 meters; Leander McKenzie - 400 IM hurdles; Thomas Johnson, Leander McKenzie, Clark Waddell, Carter Williams - 4-400
- 1987 Horatio Garcia - hammer
- 1988 Arthur Blake - 110m hurdles
- 1989 Larry Carr - pole vault
- 1990 Larry Carr - pole vault

## NATIONAL CHAMPIONSHIP RELAYS

### 1980 OUTDOOR MILE RELAY

Reggie Ross, Melford Boodie, Palmer Simmons, Walter McCoy

## SEMINOLES IN THE OLYMPICS

### 1988-SEOUL, SOUTH KOREA

Arthur Blake (United States)

110 Hurdles (8th place)

Bradley Cooper (Bahamas)

Discus

### 1984-LOS ANGELES, CALIFORNIA

Bradley Cooper (Bahamas)

Discus

Walter McCoy (United States)

1600 Meter Relay (Champion)

### 1976-MONTREAL, CANADA

Danny Smith (Bahamas)

110 Hurdles

## INDIVIDUAL NCAA CHAMPIONS

Danny Smith

1974 - Indoor 60-yd. HH

1975 - Indoor 60-yd. HH

Walter McCoy

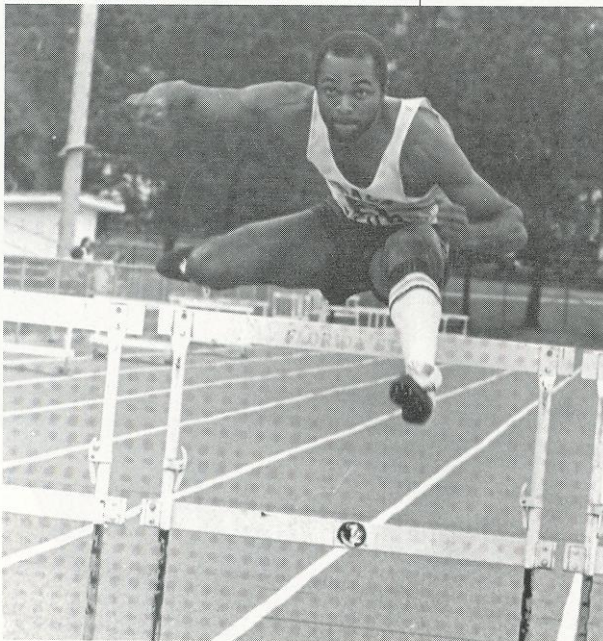
1978 - Outdoor 600-yd. Run

Bradley Cooper

1979 - Outdoor Discus

Mike Roberson

1980 - Outdoor 200m Dash

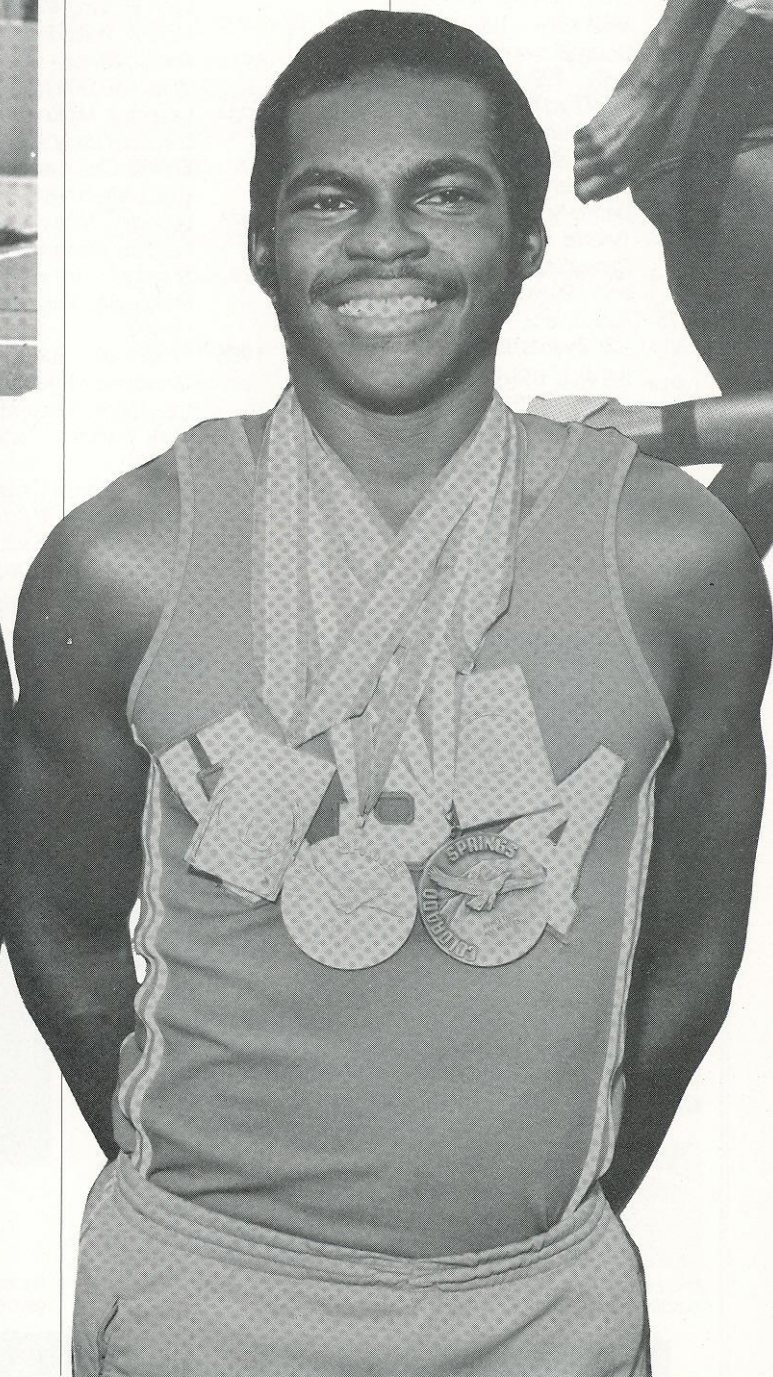
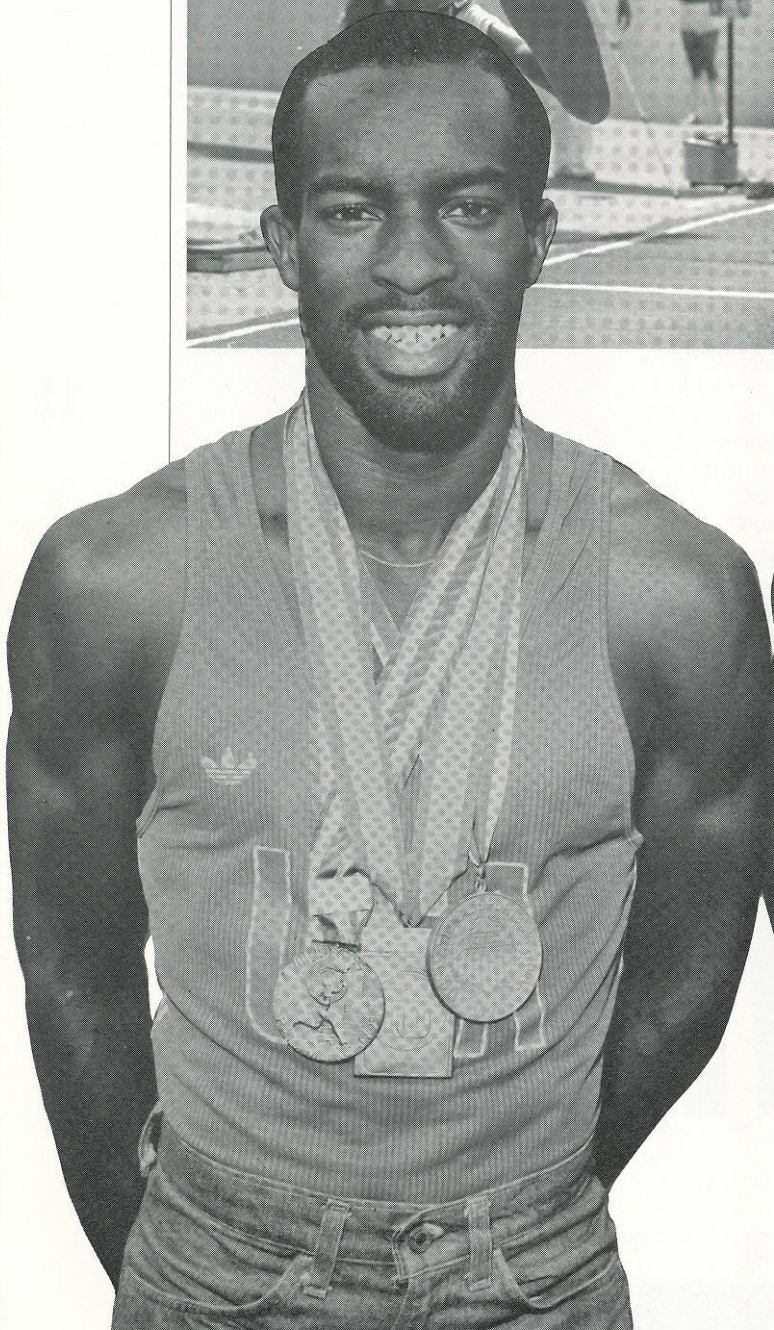
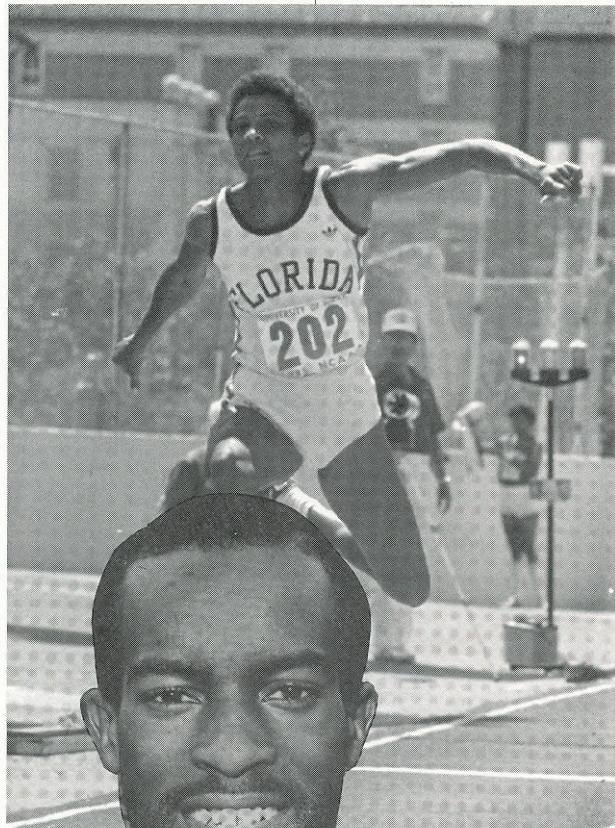


FSU Hall of Famer Danny Smith won the NCAA Indoor 60-yard hurdle championship in 1974 and '75.



Former U.S. Olympian Walter McCoy won a gold medal at the 1984 games.

# FLORIDA STATE



# TRACK & FIELD



## INDOOR SCHEDULE

January 18  
Ottawa Invitational  
Ottawa, Canada

January 19  
Gator Open  
Gainesville, Florida

January 24-25  
U.S. Air Invitational  
Johnson City, Tennessee

January 26  
Florida Invitational  
Gainesville, Florida

February 1  
Barnett Bank Invitational  
Gainesville, Florida

February 7  
Snickers Millrose Games  
New York City, New York

February 9  
Mobil 1 Invitational  
Fairfax, Virginia

February 14-15  
ACC Championships  
Johnson City, Tennessee

February 22  
University of Nevada  
Invitational  
Reno, Nevada

February 28  
National TAC Indoor  
Championships  
New York City, New York

February 29  
Mason Dixon Games  
Louisville, Kentucky

February 29  
Alex Wilson Games  
South Bend, Indiana

March 1  
Florida Fast Times  
Gainesville, Florida

March 6  
LSU Tiger Invitational  
Baton Rouge, Louisiana

March 13-14  
NCAA Indoor Championships  
Indianapolis, Indiana

## OUTDOOR SCHEDULE

March 14  
FAMU Relays  
Tallahassee, Florida

March 18-21  
FAMU Relays  
Tallahassee, Florida

March 27-28  
Florida Relays  
Gainesville, Florida

March 28  
North Carolina Dual  
Chapel Hill, North Carolina

April 3-4  
Kiwanis Invitational  
Tallahassee, Florida

April 4  
Sun Angel Relays  
Tempe, Arizona

April 11  
Miami-FAMU-Miami Dade S.  
Tallahassee, Florida

April 17-18  
ACC Championships  
Tallahassee, Florida

April 23-25  
Pennsylvania Relays  
Philadelphia, Pennsylvania

April 25  
Gator Invitational  
Gainesville, Florida

May 2  
Colorado Open  
Boulder, Colorado

May 2  
+Mutual Games  
Kingston, Jamaica

May 2  
Spec Townes Invitational  
Athens, Georgia

May 9  
Texas Invitational  
Austin, Texas

May 16  
Clemson Invitational  
Clemson, South Carolina

May 23  
Georgia Tech Invitational  
Atlanta, Georgia

May 28  
Seminoles Twilight  
Tallahassee, Florida

June 2-6  
NCAA Championships  
Austin, Texas

June 19-28  
USA Olympic Trials  
New Orleans, Louisiana