

# Florida State Track and Field



1984 Media Guide

*Reaching New Heights*



# 1983 Results

(7-8)

Florida (H)	53	100
Georgia (H)	42½	57½
Florida (H)	42½	91
Texas (N)	41	100
Arizona (N)	41	58
Nebraska (N)	41	56
LSU (A)	41	27
Alabama (A)	39	78½
Mississippi State (N)	39	63½
*Virginia Tech (H)	188	162
*Cincinnati (H)	188	111
*Southern Mississippi (H)	188	73
*Memphis State (H)	188	60
*Tulane (H)	188	55
*Louisville (H)	188	1

\*Metro Conference Championships — 1st

## Best Marks of 1983

- 100 Meters—10.49, Mark Freeman, LSU Invitational, April 16, 1983  
200 Meters—21.19, Mark Freeman, SE Athletic Congress Championships, May 28, 1983  
400 Meters—47.97, Reggie Ross, Metro Conference Championships, May 14, 1983  
800 Meters—1:48.83, Doug Loftus, Metro Conference Championships, May 14, 1983  
1,500 Meters—3:55.10, Bobby Shackleford, FSU-Florida-Georgia Tri-Meet, April 2, 1983  
3,000 Meter Steeplechase—9:05.57, Ronnie Treadway, Springtime Relays, April 30, 1983  
5,000 Meters—14:05.83, Larry Greene, Tom Black Classic, May 21, 1983  
10,000 Meters—29.34, Larry Greene, Dogwood Relays, April 8, 1983  
110 Meter High Hurdles—14.41, Eric Riley, Springtime Relays, April 30, 1983  
400 Meter Intermediate Hurdles—51.28, Eric Riley, SE Athletic Congress Championships, May 28, 1983  
4x100 Meter Relay—40.74, Greg Allen, Kevin Gordon, Mark Freeman, Billy Allen, SE Athletic Congress Championships, May 28, 1983  
4x400 Meter Relay—3:11.38, Lee McKenzie, Larry Newell, Eric Riley, Reggie Ross, Domino's Pizza Relays, March 18, 1983  
Triple Jump—49-8 (15.14), Greg Allen, Metro Conference Championships, May 13, 1983  
\*Long Jump—25-11½ (7.91), Mark Freeman, TAC Nationals, June 18, 1983  
High Jump—7-3 (2.21), Kenny Smith, FSU-Alabama-Mississippi State Tri-Meet, April 23, 1983  
Pole Vault—17-0 (5.19), Dusty Harmon, SE Athletic Congress Championships, May 28, 1983  
Shot Put—51-1 (15.56), John Subers, Metro Conference Championships, May 14, 1983  
Discus—166-0 (50.60), John Subers, FSU-Alabama-Mississippi State Tri-Meet, April 23, 1983  
Javelin—209-5 (63.85), Glenn Quesenberry, Metro Conference Championships, May 14, 1983  
Decathlon—6419, Lenx Jackson, Metro Conference Championships, May 13, 1983  
\*School Record

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**On the Cover:** Florida State's senior jumpers are looking to help the Seminoles reach new heights. Pictured with head coach Dick Roberts are Mark Freeman (long jump), Dusty Harmon (pole vault) and Kenny Smith (high jump).

## Florida State Information

Location .....	Tallahassee, Fla.
Nickname .....	Seminole
Colors .....	Garnet and Gold
Enrollment .....	22,500
Conference .....	Metro
Facility .....	Mike Long Track
President .....	Dr. Bernard F. Sliger
Athletic Director .....	C.W. "Hootie" Ingram
Associate Athletic Director .....	Bob Goin
Assistant Athletic Director .....	Claude Thigpen
Assistant Athletic Director .....	Larry Pendleton
Business Manager .....	Joe Labat
Promotions Director .....	John Sheffield
Academic Advisor .....	Brian Mand
Sports Information Director .....	Wayne Hogan
Associate Sports Information Director .....	Lisa Morton
Assistant Sports Information Director .....	Dan Pearson
All Athletic Phones .....	(904) 644-1060

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## Track and Field Outlook

Over the last five years or so, Florida State's track team has been one of the best in the business. The 1983 season, therefore, was an unusual one in Tallahassee annals although FSU did win its seventh consecutive Metro Conference title.

"It was a down year for us," says head coach Dick Roberts, who has been at the helm of the program since 1978. "We were thin to begin with. We plain flat had not had a good recruiting year. Then we were snakebitten by some critical injuries."

But that's all behind the enthusiastic 42 year old coach. "We doubled our recruiting efforts this year," he says. "In our opinion, it's one of the finest we've ever had. We're also getting our injured people back and they're healthy. We think we're ready to get back in the national picture."

Florida State's emphasis in '84 will be mostly in the hurdles, sprints and jumps but the weight events should also become more competitive too.

The sprinting team, traditionally strong, should continue to be able to compete at any level. Last year's top sprinter, senior Mark Freeman, returns after a steady season in 1983 and Roberts expects him to be highly competitive in 1984. Sophomore Kevin Gordon, injured most of last year, will be trying to carry on the form that made him a TAC national junior finalist in the 200 meters over the summer. The depth in the short sprints — 100 and 200 meter dashes — will be supplied by football players Greg Allen, Billy Allen and Roosevelt Snipes. Greg Allen, a 1984 Heisman Trophy candidate, has shown significant improvement as FSU's leadoff man on the 400 meter relay and with one more move in speed improvement, could be able to challenge in the open 100 as well. Billy Allen has shown great promise although nagging injuries have hindered his progress. Snipes was a junior college All-American in the 100 meters at this time last year and is as good as any of FSU sprinters. His ability to contribute will hinge on spring football.

The 400 is a good event in terms of depth. Senior Reggie Ross returns as the veteran of the group with sophomore Leander McKenzie and juniors Eric Riley and Larry Newell also in the picture. Newcomers Vince Bostic and Charlie Carr have Roberts beaming.

Bostic was one of the nation's top junior college 400 meter runners last season while Carr sat out the year after transferring from Eastern Kentucky where he was to play football. Best bets for the 1,600 meter relay are McKenzie, Ross, Carr and Bostic. But four others — Riley, 800 meter runner Doug Loftus, Gordon and Newell — add depth and could be used in an injury situation.

Florida State has in the hurdles what Roberts terms as "the strongest foursome in the country". They include McKenzie (50.5), Riley (51.28), Carr (51.60) and Newell (51.9). McKenzie won both hurdle races at the Metro Conference meet as a freshman in 1982 before injuries curtailed his sophomore seasons. Riley won both the conference hurdle events last year. Carr was the 1983 TAC junior runner-up in the 400 meter hurdles.

Metro champion Loftus returns as the top 800 meter runner after narrowly missing national qualifying standards a year ago. He was FSU's most consistent performer and should be even better this year. Senior Ray Broughton has trained well through the fall and could make his mark in the 800 or 1,500. Newcomer Martin Enholm, the state's prep 3A 880 champion as a foreign exchange student from Stockholm, will also be tried at both distances. Adding depth to those three will be seniors Kirk Barrow and Tony Forde and freshman Tallahassee native Jim Howarth.

The distance program should be very representative for the Seminoles. Conference steeple champion Ronnie Treadway returns with NCAA qualifying potential. He will also run the 5,000, along with senior Paul Waldron, who is the top returnee in both the 5,000 and 10,000. Cross country runners Greg Doss, Paul Hodge, Chip Apple and Cavin Councilor will add depth.

The field events are the site of FSU's most rapid improvement, in fact, Roberts calls them not only one of the strongest parts of the team, but perhaps the best field team ever assembled at FSU.

The jumps are led by school record holder Freeman, who long jumped 25-11½ in the American Championships over the summer to grab ninth place. Greg Allen also competes here and has progressed so rapidly that Robert thinks 25 feet is easily in his future. Freshman Billy Close will add depth.

The triple jump becomes a triple threat with 1982 national junior college champion Andy Latimer on the Tallahassee campus. Latimer was hurt in 1983 but his best jump of 52-1 would make him the second best FSU has ever had. Greg Allen picked up the event last year when Roberts was looking for a competitor and improved to the point where he won the Metro championship. High School All-American and Tallahassee native Close rounds out the trio.

Senior and '83 qualifier Kenny Smith will try to better his own school record of 7-3 in the high jump after being injured most of his initial season at FSU. Latimer also has had past success in the high jump.

The pole vault returns conference champion Dusty Harmon, whose main goal in 1983 will be to reach national qualifying standards as well as gain the two inches he needs for the FSU record. Brian Fitzsimmons returns as his main backup while



## Outlook (continued)

sophomore Todd Wiseman and freshman Joel Smith have both cleared 15-0.

Newcomers to the FSU fold will be responsible for the throws being competitive in 1984. Florida State 4-A champion as well as Golden South champ Mike Droogsma (189-0) has shown good adjustment to the college discus in fall practice. 1982 state champion Stanley Scott, now an FSU sophomore as a football player but a redshirt in track, will also compete.

National juco scorer Mike Brinkman leads in the shot put, having already thrown 53 feet in fall practice, while junior Jim Bagley has progressed in the javelin to where he will be counted on for points in scored meets. Also competing in the javelin are Bill Lickson and freshman John Ricciardi. The Golden South Champ in '83, Ricciardi is recovering from knee surgery and will probably redshirt for the 1984 season.

FSU's first competitor ever in the hammer will be Brinkman.

The decathlon will be yet another strong area for the Seminoles with the return of Metro scorers Lenx Jackson and Bill Lickson. Jackson is relatively young in the 10-part event and could have a super year. Newcomer Tommy Reither, the state's top high school decathlete, is an outstanding prospect out of Ft. Lauderdale.

Florida State has again scheduled a difficult lineup of meets. "We feel we're ready to challenge the same tough schedule we always do," says Roberts. "It's always been a good philosophy for us that there's no way to prepare your team without running top level competition. We think we can prosper from it in the end."

## 1984 NCAA Qualifying Standards

Event	Fully	
	Automatic Timing	Manual Timing
100 Meters	10.33	9.9
200 Meters	20.88	20.4
400 Meters	46.00	45.5
800 Meters	1:48.11	1:47.7
1,500 Meters	3:43.45	3:43.1
Steeplechase	8:45.10	8:44.8
5,000 Meters	13:57.20	13:56.8
10,000 Meters	29:08.00	29:07.6
110 Hurdles	13.88	13.5
400 Hurdles	51.00	50.6
400-M Relay	40.00	39.6
440-Y Relay	40.20	39.8
1,600-M Relay	3:06.82	3:06.4
Mile Relay	3:07.92	3:07.5

Event	Metric	Imperial
High Jump	2.22	7-3½
Pole Vault	5.28	17-4
Long Jump	7.85	25-9
Triple Jump	16.05	52-8
Shot Put	18.71	61-4½
Discus	58.06	190-6
Hammer	59.72	195-11
Javelin	75.74	248-6
Decathlon	7,550	7,450



## Dick Roberts

### Head Coach

A veteran of 18 years of coaching track and field, Florida State graduate Dick Roberts is in his seventh season at the helm of the men's track program. Sixteen of Roberts' 18 years have been spent at FSU; eight of those as an assistant coach.

Since he was named head coach in 1978, Roberts has led the Tribe to a 59-22 record, six consecutive Metro Conference titles and top 20 finishes five times. In addition, Roberts' squads won the 1978 and 1979 Metro Conference Indoor Championships, the only two that have been held. Twenty-one athletes have received 51 All-American awards and four have been national champions. Sprinter Walter McCoy (1977-81) was a member of the 1980 U.S. Olympic team. Seminole athletes have reset FSU school records in 21 events in the six years that Roberts has headed the program.

The highest National Tribe finishes under Roberts came in 1979 and 1980 when the Seminoles were 10th and third, respectively. In 1980, the squad had a 9-0 scored meet record before surprising the nation with its highest national finish ever. Roberts was named District 3 Coach of the Year.

The St. Petersburg native was an outstanding middle distance runner for FSU and earned three varsity letters. He put his name in the school's record books in the indoor half-mile and as a member of the two-mile and distance medley relays. He also won the Florida Intercollegiate mile twice during his career before graduating with his bachelor's degree in 1964.

He remained on the Tallahassee campus for two additional seasons as a graduate assistant, receiving his master's degree in 1966.

He then moved to Dunedin High School as head track and field coach when he led his team to the state championship in 1968, earning Florida High School Coach of the Year honors. His athletes won 10 individual state championships and set 13 state records during his three seasons as head coach.

He returned to Florida State in 1970 as academic advisor for all Seminole athletes as well as head cross country and assistant track and field coach.

Roberts is the first vice president of the NCAA Division 1 Track and Field Coaches Association and is scheduled to become president of that organization in 1984. He served as an assistant coach for the 1982 National Sports Festival.

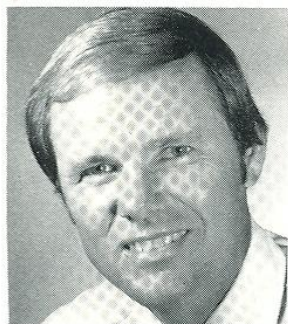
Roberts has spoken at many track and field affairs, and has participated in others. Those include track and field clinics sponsored by the Florida High School Athletic Association, Hardees, the Marine Corps, Medalist, the National High School Athletic Association and the 1972 NCAA Track and Field Coaches Association.

Roberts has served as meet director and the FSU-hosted Dominos Pizza Relays for several years. Behind his efforts on a local and national level, the meet has become the largest in the south and one of the most attended in the nation with over 1,000 competitors.

Roberts was tutored by Mike Long, one of the most respected collegiate coaches in the track and field ranks who directed FSU's program for 23 years.

Roberts is married to the former Allene Hughes of St. Petersburg.





## **John Brogle** **Assistant Track Coach** **Cross Country Coach**

John Brogle is in his sixth season as assistant track coach and head cross country coach at Florida State University. In five years at the FSU cross country helm, Brogle has coached Florida State runners to three Metro Conference Champions, a fourth place at the 1981 East Regional and a trip to nationals.

Brogle's outstanding collegiate coaching record is not surprising, however. Upon examination of his coaching career, one finds that Brogle has produced championship teams at all levels of competition.

After serving a three year stint at Clearwater's Oak Grove Junior High School, Brogle moved on to become head cross country coach at St. Petersburg High School. It was here that Brogle would put together teams that would dominate state AAA competition for nearly a decade.

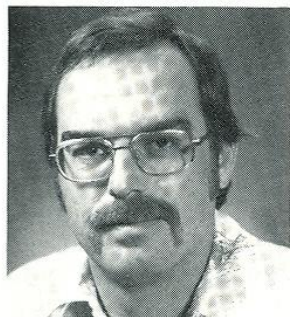
Under Brogle's leadership, St. Petersburg Catholic won state championships in cross country in 1969-72-73-75. In eight seasons, St. Petersburg never finish below third in the state meet.

Brogle also served as head track coach at St. Petersburg Catholic; his squads placed in the top three at the state meet for five years—including a state championship in 1970.

In 1976 he was named assistant track coach at Florida State. One season later, he was placed in charge of the cross country program at FSU.

Coaching is not the only area in athletics where Brogle excelled. In his college days at Florida State, he was a standout track athlete. He captained the 1966 track team and also set a school record in the 880-yard run (1:52.5).

Following completion of his degree at FSU, Brogle went on to earn a master's degree in physical education at South Florida. The popular Seminole coach also serves as an instructor within Florida State's physical education school. John and his wife Margie have two children, Kimberly Ann, 16, and John Mark, Jr., 8.



## **Jim Long** **Assistant Track** **and Field Coach**

Former Florida State sprinter Jim Long returns to the Seminole track staff for his seventh season of coaching.

The son of former Seminole mentor Mike Long, Jim was formerly the head track and field coach at Leon High School before joining the FSU program in 1975. From 1975 through 1977, his coaching duties were in the sprint and hurdle events. Since 1978, he has worked with the hurdles, pole vault and decathlon.

During his years on the Florida State staff, FSU has had 15 NCAA All-Americans, six of those individual, and 10 Metro Conference champions.

Long has served as a clinician for the last two years at the U.S. Olympic Development Camp in Orlando, Florida along with brothers Terry, an assistant at the University of Florida, and Curtis, head coach at Western Kentucky.

Long has a bachelor's degree in humanities, a master's degree in history and needs only a dissertation before completing his doctorate in physical education.

He and his wife Janis have two sons, Justin, 7, and Jarrett, 4.





## Vince Sthair Strength Coach

Vincent Sthair, a 1981 graduate of FSU, returned to his alma mater in August of 1983 to begin working as the strength coordinator for FSU men's nonrevenue sports. He also assists Dave Van Halanger, the head strength coach for football, as well as coaching the track team throwers.

Sthair received his master's degree in exercise physiology from Auburn University (The National Strength Research Center). While attending school there, he was a member of the power lifting team. Following graduation, he worked for four months as an assistant in the strength and conditioning program.

Sthair's coaching career began while he was attending Broward Community College. He was the assistant track coach of the Westminster Academy team that took the 1979 state champion title for Florida Class A high schools. He coached individually the shot putters and discus throwers. One of the discus throwers still holds the state record.

Sthair competed for three years in collegiate soccer and was a walk-on shot putter briefly for FSU. He still competes independently as a power lifter.

### Seminoles Now Coaching Track & Field

NAME	SCHOOL	CITY
John Brogle	Florida State University	Tallahassee, Florida
Brad Cooper	Florida State University	Tallahassee, Florida
Jerry Cousins	Deland High School	Deland, Florida
Jeff DeCola	Brandon High School	Brandon, Florida
Rudy Falana	Countryside High School	Dunedin, Florida
Jesse Forbes	Godby High School	Tallahassee, Florida
Joel Garren	St. Petersburg Catholic High	St. Petersburg, Florida
Tom Graham	Flagler College	St. Augustine, Florida
Brent Haley	Largo Senior High School	Largo, Florida
Charlie Harris	Seminole Community College	Sanford, Florida
Randy Hutchinson	Sandy High School	Portland, Oregon
Doc Kelly	Brevard Community College	Cocoa, Florida
Curt Long	Western Kentucky University	Bowling Green, Kentucky
Jim Long	Florida State University	Tallahassee, Florida
Terry Long	University of Florida	Gainesville, Florida
Walter McCoy	Florida State University	Tallahassee, Florida
Terry Martin	Colonial High School	Orlando, Florida
Billy Maxwell	Louisiana State University	Baton Rouge, Louisiana
Warren Murray	J.I. Leonard High School	Ft. Lauderdale, Florida
James Pelham	Shanks High School	Quincy, Florida
David Pitts	Blountstown High School	Blountstown, Florida
Bob Neyland	Dover High School	Dover, Delaware
Dick Roberts	Florida State University	Tallahassee, Florida
Don Roberts	McArthur High School	McArthur, Florida
Bob Sable	Western High School	Ft. Lauderdale, Florida
Michael Urich	Raritan High School	Hazlet, New Jersey
John Webb	Barton County Community College	Great Bend, Kansas



# Seminole Profiles



## Billy Allen

Junior  
Cleveland, Ohio  
100 (10.4), 200 (21.21)

...showed great promise in both 100 and 200 during first two years in program...ran on 1982 NCAA Championships on 12th place 400 meter relay but was hampered by injuries in 1983... good worker with great enthusiasm...speed should improve in 1984...placed in Metro Conference 100 and 200 as a freshman...plays tail-back on the Seminole football team...

## Greg Allen

Junior  
Milton, Fla.  
100 (10.4), LJ (24-9), TJ (49-8)

...one of FSU's greatest athletes ever...1984 Heisman Trophy candidate on the football field...made steady progress over last two track seasons in speed, improving from 4.64 to 4.28 in the 40 yd. dash...improved his 100 time significantly to 10.5...runs leadoff leg on 400 meter relay team...more at home as a jumper where he won Metro title in triple jump in first year competing in the event...number five long jumper ever at FSU...team MVP award last season for horizontal jumps...could be an NCAA qualifier...



## Chip Apple

Sophomore  
Orlando, Fla.  
5,000 (15:32), 10,000 (32:01)



...redshirted last season as a freshman because of knee surgery...has demonstrated that his knee is back to full strength through a successful cross country season...should have a successful collegiate career...will be running several distance events this year...placed fifth in state high school 4A cross country championships at Orlando's Edgewater High...

## Vince Bostic

Sophomore  
West Palm Beach, Fla.  
400 (46:56)

...one of the team's top recruits for the 1984 season...originally an outstanding hurdler in high school who attended junior college in California...won the state championship in the 400 there...had one of the fastest junior college times in the nation and ran on the national juco record setting 1,600 meter relay team...should run fastest times at FSU since Walter McCoy... leadership qualities...





# Seminole Profiles

## Mike Brinkman

Junior  
Glen Ellyn, Ill.  
SP (50-0), HM (165-0)



...one of the nation's top junior college putters in 1983...excellent worker with the potential to be one of FSU's best ever in the event...has already thrown 53 feet in fall workouts...also will throw the hammer in scored competition and it makes him FSU's very first hammer thrower ever...attended Glenbard High School as a prepster...

## Ray Broughton

Senior  
DeLand, Fla.  
800 (1:49.2), 1,500

...showed steady progress in 1983 to move into one of FSU's top ten ever in the 800 meters...geared his training to compete in the 1,500 in 1984 and could be the team's strongest entry there...good worker and leader...finished fourth in the Metro Conference Championship meet last year in the 800...transferred to FSU from Santa Fe Community College...



## Charlie Carr

Freshman  
Tampa, Fla.  
400 H (51.60)



...begins his first season of eligibility after sitting out as a transfer from Eastern Kentucky where he originally intended to play football...placed second in the TAC American Junior Championships in 1983 and toured with the American junior team last summer...had a great fall and should be an NCAA qualifier in his first year...will also compete in the high hurdles and run a leg on the 1,600 meter relay...

## Billy Close

Freshman  
Tallahassee, Fla.  
LJ (23-11), TJ (49-11)

...outstanding talent who came to FSU on a combination athletic-academic scholarship...achieved All-American honors in high school last spring in the triple jump...won the state 3A long jump and triple jump championships...also won the triple jump title at the Golden South Invitational...has potential to be as good as FSU has ever had in both events...ran under former FSU All-American Jesse Forbes at Godby High School...





# Seminole Profiles



## Greg Doss

Sophomore  
Orlando, Fla.  
1,500 (3:52.0), 5,000 (14:07.45)

...made excellent progress in cross country last fall and could be ready to help this spring... finished ninth in the Metro Conference cross country championships and sixth in the 1983 Metro track meet...has the range to compete from the 1,500 to the 10,000...earned all-conference recognition as a freshman, helping FSU to Metro title in 1981...talented runner...

## Mike Droogsma

Freshman  
Gulf Breeze, Fla.  
DS (189-0 h.s.)

...the top prep discus thrower in the state of Florida in 1983, winning the state 4A crown as well as the Golden South Classic...had the longest throw in the state in several years...has adjusted quickly to the college discus and with increases in strength and technique has the ability to throw on a national level...



## Martin Enholm

Freshman  
Stockholm, Sweden  
800 (1:53.7)



...won the Florida prep 800 title in 1983 running for Milton High School as an exchange student from Sweden...had never run track before coming to the United States...entered school in January and started slowly but obviously has the talent to run at the college level...good attitude toward competition...should improve with time...

## Brian Fitzsimmons

Sophomore  
Orange Park, Fla.  
PV (15-6)

...had an up and down freshman year in 1983 but has worked hard and shown more consistency in fall workouts...will be the number two vaulter for FSU this year once again...very dedicated to his event and could make a breakthrough competitively in 1984...state prep 4-A runnerup in the pole vault with a 15-3 jump as a senior...



## Seminole Profiles

### Tony Forde

Senior  
Riviera Beach, Fla.  
800 (1:52.4)



...career has been plagued by injury but seems to be healthy for the 1984 season...another senior who has geared his training to the 1,500 where he could definitely make a contribution...former junior college runner at Miami Dade...placed second in the state's Sunshine Games in the 800 in the summer of '82...strong desire to succeed and a cooperative attitude...

### Mark Freeman

Senior  
Winter Park, Fla.  
LG (25-11½), 100 (10.3), 200 (21.16)

...established FSU school record in the long jump last season and was the team's top 100 and 200 meter runner...received the team MVP award for the season...finished ninth in the American Championships in the long jump and qualified for the U.S. Olympic trials this past summer...could be an NCAA scorer if he can refine his landing position...national junior college runnerup in the long jump in 1982 at Santa Fe Community College...as tough a competitor as you'll find...



### Kevin Gordon

Sophomore  
St. Petersburg, Fla.  
100 (10.5), 200 (21.0)



...top prep prospect in 1982 who had problems with injuries in his first collegiate season...made excellent progress late in the season and was a finalist in the 200 at the TAC American Junior Championships...also won the Sunshine State Games 100 meter dash during the summer...graceful and smooth sprinter who could add NCAA qualifying standards in 1984...

### Dusty Harmon

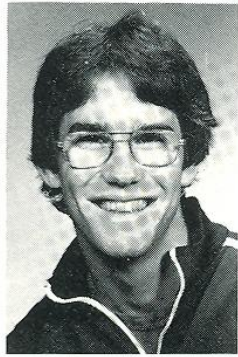
Senior  
Tallahassee, Fla.  
PV (17-0)

...has overcome early career injuries and inconsistencies to have an excellent outdoor season in 1983, winning the Metro Conference vault...came close to NCAA qualifying standards with his best of 17-0...that vault is the second best on the all-time FSU list and just one inch short of the school record...has an excellent chance of achieving both NCAA standards and the FSU record this season...has the talent to make it happen...married...





# Seminole Profiles

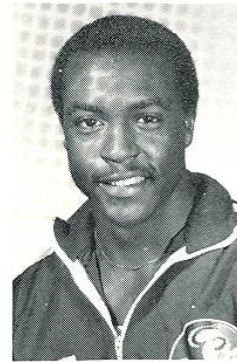


**Paul Hodge**  
Senior  
Tallahassee, Fla.  
SC (9:35.0)

...a senior who has been held back by injuries most of his career...has shown signs of making a contribution in the steeplechase in fall workouts...had his best fall with the cross country team and hopes to close out his career with a good spring...could add FSU's needed depth in the event...standout performer at Lincoln High School...

**Lenx Jackson**  
Senior  
Tallahassee, Fla.  
DC (6419)

...competed in his first decathlon last spring and placed third in the conference championships...has unlimited potential and could challenge for NCAA qualifying standards...best events are the hurdles and high jump where he could also compete individually...letterman at tight end on the FSU football team as a senior...



**Andy Latimer**  
Junior  
Jacksonville Beach, Fla.  
TJ (52-1), HJ (6-9)



...won the national junior college triple jump as a freshman in 1982...overcame injuries during 1983 juco season to jump a personal best 52-1...has been plagued by injuries in fall workouts this year...if he jumps his PR it would put him second on the all-time FSU triple jump list behind Leon Hutchins...excellent technician who has talent to compete nationally...can also provide needed depth in the high jump for FSU scored meets...

**Bill Lickson**  
Junior  
Tallahassee, Fla.  
DC (5920)

...scored in the Metro Conference championship, placing fifth...in 1981, he finished sixth in the same meet...broke his leg in the Dominos Pizza Relays in 1982, forcing him to redshirt...has improved in all areas of the decathlon and will be challenging for top honors in the conference...



# Seminole Profiles

## Doug Loftus

Junior  
Hollywood, Fla.  
800 (1:48.5)

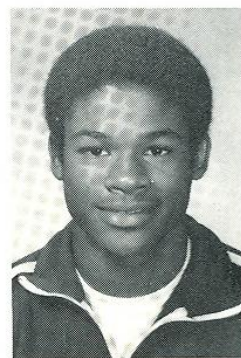


...overcame early inconsistencies in 1983 to become the team's most outstanding middle distance runner...won the conference championship in the 800 and anchored the winning 1,600 meter relay...won LSU Invitational 800 meters as well as two FSU scored meet titles... should be NCAA qualifier this season...placed sixth in the Metro 800 as a freshman...state prep 4A 440 scorer in 1980 and 81...

## Leander McKenzie

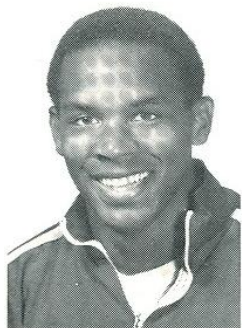
Sophomore  
Tallahassee, Fla.  
110 HH (13.9), 400 IH (50.5)

...undoubtedly one of the nation's best young athletes...suffered a foot injury which kept him sidelined for the 1983 season after being rated the world's number one junior hurdler in 1982...won three Metro Conference titles as a freshman, including both hurdler races, plus the 1,600 meter relay...the relay finished 12th in the nation also...won TAC junior nationals and Junior Pan American Games titles in summer of '83...appears ready to challenge for NCAA honors this season...leads off NCAA qualified mile relay team...



## Larry Newell

Junior  
Panama City, Fla.  
110 HH (14.7), 400 IH (51.9)



...the team's top 400 meter intermediate hurdler in 1983...also competed excellently on the 1,600 meter relay...won FSU's MVP award last season for the hurdles...hard worker with a good team attitude...qualified for 1982 TAC junior national meet in the intermediates... finished third in Metro Championships in event...National Merit Scholar...

## Ashley Peebles

Sophomore  
Hollywood, Fla.  
HJ (6-7)

...one of the team's hardest workers...an excellent student of his event and hopes to contribute in scored meets in 1984...hardshipped in 1982 with a leg injury...has also done a bit of triple jumping in his career at FSU and could add depth there...one of state's top prep jumpers as a high school senior in 1980...





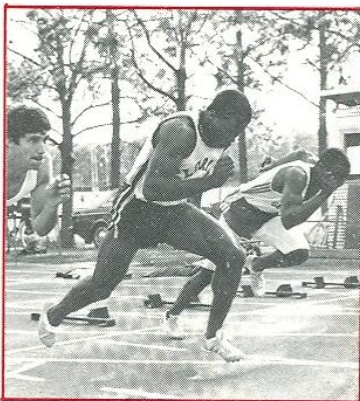
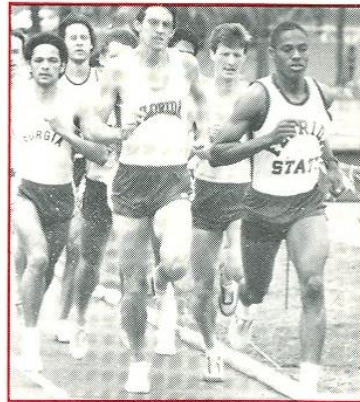
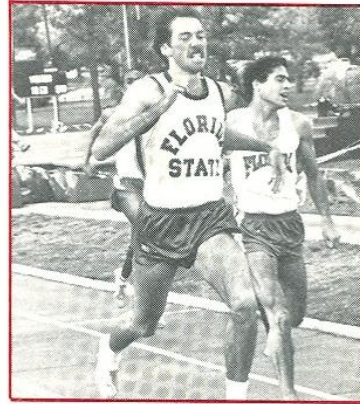
## 1984 Florida State Men's T

NAME	EVENT(S)	HGT.	WGT.	CL.
Billy Allen	R, S	6-0	205	Jr.
Greg Allen	LJ, R, S	5-11	200	Jr.
Chip Apple	D	6-1	155	So.
James Bagley	JAV	5-9	160	Jr.
Kirk Barrow	MD	6-3	175	Sr.
Vincent Bostic	MD, R, S	6-1	170	So.
Mike Brinkman	SP	5-11	220	Jr.
Ray Broughton	MD	5-9	150	Sr.
Patrick Calcutt	D	5-8	140	Fr.
Charlie Carr	IH, R, S	6-2	175	Fr.
Billy Close	LJ, TJ	5-9	160	Fr.
Richard Corbett	D	5-9	130	Fr.
Cavin Councilor	D, SC	5-11	160	Jr.
Doug Covert	IH	5-8	150	So.
Chris Daniels	D	5-10	140	Sr.
Greg Doss	D	5-10	140	So.
Mike Droogsma	DS	6-2	220	Fr.
Martin Enholm	MD	5-8	135	Fr.
Scott Evelyn	DS	6-3	195	Jr.
Brian Fitzsimmons	PV	5-10	155	So.
Tony Forde	MD	5-11	150	Sr.
Brian Frazier	PV	5-9	140	So.
Mark Freeman	LJ, R, S	5-9	150	Sr.
Kevin Gordon	R, S	6-1	155	So.
Dusty Harmon	PV	5-9	150	Sr.
Jessie Hester	S	6-0	175	Jr.
Paul Hodge	D	5-11	150	Sr.
Jim Howarth	MD	6-1	160	Fr.
Lenx Jackson	HH	6-3	210	Sr.
Andy Latimer	HJ, TJ	6-1	170	Jr.
Bill Lickson	DEC, JAV	6-1	190	Jr.
Doug Loftus	MD	6-4	165	Jr.
Basil Magee	MD	5-10	155	Jr.
Carlton Marshall	HH, IH	6-0	165	Jr.
Marcus Mattox	MD, S	5-9	140	Fr.
Leander McKenzie	HH, IH, MD, R	5-11	160	So.
Rich Melin	D	5-7	135	Jr.
Jeff Muth	D	5-8	140	Jr.
Larry Newell	HH, IH, R, S	5-11	170	Jr.
George Norfleet	R, S	6-3	190	So.
Burt Parker	MD, S	6-0	170	Fr.
Ash Peebles	HJ	6-0	170	So.
Joe Petersen	DEC, DS, JAV	6-0	190	So.
Tom Reither	DEC	5-10	165	Fr.
Eric Riley	IH, R, S	6-0	170	Jr.
Reggie Ross	MD, R, S	6-1	175	Sr.
Stanley Scott	DS	6-4	220	So.
Joel Smith	PV	5-8	150	Fr.
Kenny Smith	HJ	6-1	155	Sr.
Rosie Snipes	S	5-9	170	So.
Ronnie Treadway	D, SC	6-2	150	Sr.
Paul Waldron	D	6-0	140	Sr.
Todd Wiseman	PV	6-0	165	So.

**KEY:** D-Distance; DEC-Decathlon; DS-Discus; HH-High Hurdles; HJ-High Jump; IH-MD-Middle Distance; PV-Pole Vault; R-Relays; S-Sprints; SC-Steeplechase; SP-Shot

# Track Roster

L.	AGE	HOMETOWN
.	25	Cleveland, Ohio
.	20	Milton, Fla.
.	19	Orlando, Fla.
.	20	West Bloomfield, Mich.
.	22	Nassau, Bahamas
.	19	West Palm Beach, Fla.
.	20	Glen Ellyn, Ill.
.	22	Deland, Fla.
.	18	LaGrange, Ga.
.	19	Tampa, Fla.
.	18	Tallahassee, Fla.
.	18	Marietta, Ga.
.	21	Naples, Fla.
.	19	Dunedin, Fla.
.	21	Ft. Myers, Fla.
.	19	Orlando, Fla.
.	18	Gulf Breeze, Fla.
.	18	Stockholm, Sweden
.	20	Palm Springs, Fla.
.	19	Orange Park, Fla.
.	23	Riviera Beach, Fla.
.	19	Pensacola, Fla.
.	22	Winter Park, Fla.
.	19	St. Petersburg, Fla.
.	22	Tallahassee, Fla.
.	20	Belle Glade, Fla.
.	21	Tallahassee, Fla.
.	18	Tallahassee, Fla.
.	21	Tallahassee, Fla.
.	20	Jacksonville, Beach, Fla.
.	20	Tallahassee, Fla.
.	20	Hollywood, Fla.
.	21	Largo, Fla.
.	20	Columbia, Md.
.	17	Gainesville, Fla.
.	20	Orlando, Fla.
.	21	Miami, Fla.
.	20	Orlando, Fla.
.	20	Panama City, Fla.
.	19	Niceville, Fla.
.	17	Alachua, Fla.
.	20	Hollywood, Fla.
.	19	Miami, Fla.
.	19	Cooper City, Fla.
.	21	Ft. Myers, Fla.
.	22	Sarasota, Fla.
.	20	Brandon, Fla.
.	18	Valparaiso, Ind.
.	20	Rockledge, Fla.
.	21	Sarasota, Fla.
.	22	Palmetto, Fla.
.	21	St. Petersburg, Fla.
.	19	Ocala, Fla.



IH-Intermediate Hurdles; JAV-Javelin; LJ-Long Jump; Not Put; TJ-Triple Jump



# Seminole Profiles

## Tom Reither

Freshman  
Cooper City, Fla.  
DC (N/A)



...prospect who could have an excellent year as a freshman...as dedicated worker as any...is expected to make steady progress throughout his career and was recruited with that in mind... has improved significantly in most events through fall workouts...MVP of his Western High School track and field team...

## Eric Riley

Junior  
Ft. Myers, Fla.  
110 HH (14.22), 400 IH (51.28)

...starting defensive back on the FSU football team...may participate full time with track this spring for the first time in his career...Metro Conference champion in both hurdle races as a junior ('83)...barely missed NCAA qualifying standards and hopes to reach those in '84...team MVP for running events last year...NCAA qualifier on 1,600 meter relay in 1982 and member of nation's fastest indoor mile relay in 1981 as a freshman...



## Reggie Ross

Senior  
Sarasota, Fla.  
400 (46.64)



...has been a mainstay of the open 400 and the 1,600 meter relay for the past three years at FSU...has been plagued by injuries at times but now seems to have the strength and endurance to make his last year his best...has an excellent team attitude...All-American relay in 1980 as a member of NCAA championship indoor mile team...NCAA qualifier in 1982 on 1,600 meter relay team that was 12th...third in Metro 400 in 1983...

## Stanley Scott

Freshman  
Brandon, Fla.  
DS (150-0)

...redshirted last year and threw unattached for most of the season...defensive end on FSU's Peach Bowl Championship football team where he lettered...state 4A champion in the discus in 1982 with a 184-foot throw...has the talent to be an outstanding collegiate thrower, according to coaches...could begin to contribute this spring...



# Seminole Profiles

## Kenny Smith

Senior  
Rockledge, Fla.  
HJ (7-3)



...established FSU school record and NCAA qualifying standard in the high jump in 1983 in his first season at FSU...was voted team's MVP for vertical jumps...has worked on approach and technique as well as strength training and should improve his PR this season...finished third in the Metro high jump with a 6-11 jump... national junior college runnerup in 1982...

## Ronnie Treadway

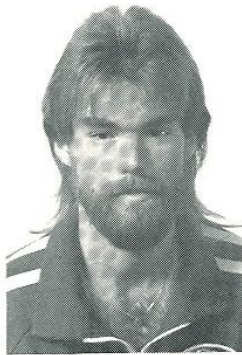
Senior  
Palmetto, Fla.  
5,000 (14:22), SC (9:05.5)

...All-American distance runner from Brevard Junior College in North Carolina...demonstrated his potential in the steeplechase last season at FSU with a fourth place finish at the Metro Conference championships...also established himself as the fourth best steeplechaser ever at FSU with a 9:05.5 clocking during his first year in the event...very coachable...should have great season...



## Paul Waldron

Senior  
St. Petersburg, Fla.  
5,000 (14:20), 10,000 (30:30)



...in his second season at Florida State after gaining All-American honors at Seminole Community College as the j.c. state two-mile runnerup...has the talent and capabilities of having an outstanding season...can compete in distances from the 1,500 to the 10,000...second in the Metro Conference 10,000 meter race last year...best of 29:32 in cross country at the NCAA regional...being counted on to shoulder the load in the 5,000 this season...dedicated and hard-working...

## Todd Wiseman

Sophomore  
Ocala, Fla.  
PV (15-0)

...has made steady progress and should be ready to make a contribution this spring...could fill the number three position behind Dusty Harmon and Brian Fitzsimmons...has the size (6-0), strength and speed to be an excellent college vaulter...excellent worker...attended Forest High School...





# FSU Indoor Records

EVENT	TIME	RECORD HOLDER	YEAR
50 Yard Dash	5.2	Mike Roberson	1979
60 Yard Dash	6.13	Mike Roberson	1979
100 Yard Dash	9.6	Eddie McMillian	1971
440 Yard Dash	47.3**	Joel Garren	1972
		Ron Nelson	1979
	47.48	Ronnie Taylor	1981
600 Yard Dash	1:08.9**	Walter McCoy	1978
	1:09.6	Walter McCoy	1978
880 Yard Run	1:51.24	Philip Rolle	1982
1,000 Yard Run	2:09.3	Robb Gomez	1980
Mile Run	4:05.6	Cliff Cook	1979
2 Mile Run	8:43.7**	Ken Misner	1971
50 Yard High Hurdles	5.8*	Danny Smith	1974
60 Yard High Hurdles	6.9***	Danny Smith	1974
70 Yard High Hurdles	8.0****	Danny Smith	1975
Mile Relay	3:08.67	Leander McKenzie, Reggie Ross, Charlie Carr, Vince Bostic	1984
4x400 Meters	3:09.6	Ron Nelson, Eric Riley, Ronnie Taylor, Walter McCoy	1981
2 Mile Relay	7:33.5	Glenn Kettenacker, Walter McCoy, Earl Caruthers, Lynn Brown	1978
4 Mile Relay	17:33.4	Del Ramers, Jack Wise, Bobby Brooks, Ken Misner	1971
Distance Medley	9:52.4**	Jack Wise, Randy Stow, Del Ramers, Ken Misner	1971
Distance Medley	10:00.0	Bobby James, Billy Weldon Bob Burr, Bobby Brooks	1974
Shot Put	57-1¾	Osborn Brown	1973
Pole Vault	17-2	Phares Rolle	1976
High Jump	7-3	Kenny Smith	1983
Long Jump	24-10¾	Mark Freeman	1983
Triple Jump	51-3½	Leon Hutchins	1981, 1982

\*Ties World Record

\*\*Oversize Track

\*\*\*National Collegiate Record

\*\*\*\*Ties National Collegiate Record



# FSU Outdoor Records

EVENT	TIME	RECORD HOLDER	YEAR
100 Yard Dash	9.3	Vesco Bradley	1975
		Don Merrick	1976
		Jesse Forbes	1976
		Mike Roberson	1976
100 Meter Dash	9.9*	Mike Roberson	1979
	(10.07)		
200 Meter Dash	20.1	Mike Roberson	1979
(Curve)	(19.96w)		
220 Yard Dash	20.3	Ron Harrison	1960
(Straight)			
400 Meter Dash	44.99	Walter McCoy	1981
800 Meter Run	1:46.58	Philip Rolle	1981
1500 Meter Run	3:43.6	Robb Gomez	1982
Mile Run	4:02.4	Bobby Burr	1974
2 Mile Run	8:50.6	Ken Misner	1971
5,000 Meter Run	13:53.26	Herb Wills	1982
10,000 Meter Run	28:58.7	Herb Wills	1982
6 Mile Run	27:55.2	Ken Misner	1971
3,000 Meter Steeplechase	8:52.7	Bobby James	1976
120 Yard High Hurdles	13.4	Danny Smith	1974
110 Meter High Hurdles	13.4	Mike Roberson	1976
440 Yard IM Hurdles	50.2	Mike Kelly	1969
400 Meters IM Hurdles	50.46	John Citron	1979
220 Yard Low Hurdles	22.6	Terry Long	1962
330 Yard IM Hurdles	37.6	Steve Landis	1965
480 Yard High Hurdle Shuttle Relay	57.5	John Citron, Mike Woods	1977
		Garry Bassa, Mike Roberson	
400 Meter Relay	39.1	Mike Roberson, John Walker,	1977
		Don Merrick, Jesse Forbes	
800 Meter Relay	1:23.3	Ron Nelson, Walter McCoy,	1978
		Kevin Johnson, Mike Roberson	
1,600 Meter Relay	3:04.29	Ron Nelson, Reggie Ross,	1980
		Walter McCoy, Palmer Simmons	
2 Mile Relay	7:27.1	Glenn Kettenacker, Lynn Brown	1977
		Tommy Curtis, Philip Rolle	
4 Mile Relay	16:47.8	Tom Herron, Doug Overfelt,	1980
		Bobby Shackelford, Robb Gomez	
Sprint Medley Relay	3:17.23	Ron Nelson, Ronnie Taylor,	1981
		Walter McCoy, Philip Rolle	
Distance Medley Relay	9:05.3	Glenn Kettenacker,	1976
		Warner Miller, Tommy Curtis,	
		George West	
Long Jump	25-11½ (7.91)	Mark Freeman	1983
Triple Jump	54-2¼	Leon Hutchins	1982
High Jump	7-3 (2.21)	Kenny Smith	1983
Pole Vault	17-1	Phares Kolle	1975, 1976
Shot Put	60-4	Ken Lanier	1979
Discus	212-6	Bradley Cooper	1979
Javelin	250-4	Hank Langee	1981
Hammer	127-0	Vinny Bilotto	1979
Decathlon	7612	Rohn Stark	1981

\*Ties World Record





# Domino's Pizza Relays Meet Records

EVENT	RECORD HOLDER	TIME/ DISTANCE	YEAR
100 Meter Dash	Don Merrick (Florida State)	10.0	1977
100 Meter Dash Invitational	Mel Lattany (Athletic Attic)	10.20	1982
200 Meter Dash	Tony Dees (Mississippi)	21.02	1983
200 Meter Dash Invitational	Mike Roberson (Athletic Attic)	20.74	1981
400 Meter Dash	Wally Bumpas (Mississippi)	47.12	1983
400 Meter Dash Invitational	Tim Peters (Athletes in Action)	45.82	1982
800 Meter Run	James Mays (Athletic Attic)	1:47.19	1983
1,500 Meter Run	Randy Stephens (Athletic Attic)	3:45.10	1983
5,000 Meter Run	Mabry McCray (Jacksonville T.C.)	14:05.98	1983
10,000 Meter Run	Jim Sapienza (Dartmouth)	29:06.0	1983
3,000 Meter Steeplechase	Edison Wedderburn (Unattached)	8:32.49	1983
110 Meter High Hurdles	Mike Roberson (Florida State)	13.6	1977
	Tony Dees (Mississippi)	13.6	1983
110 Meter High Hurdles Inv.	Terry Bradwell (Unattached)	14.54	1983
400 Meter IM Hurdles	David Lee (Athletic Attic)	49.65	1982
400 Meter IM Hurdles Inv.	David Patrick	49.80	1983
400 Meter Relay	Emmitt King, Don Williams, Calvin Smith, Walter Monroe (Alabama)	39.56	1981
400 Meter Relay Invitational	Emmitt King, Walter Monroe Calvin Smith, Don Williams (Alabama)	39.49	1983
800 Meter Relay	Emmitt King, Walter Monroe Don Williams, Calvin Smith (Alabama)	1:22.92	1983
1600 Meter Relay	Terry Menefee, Lamar Smith, Allen Buford, Cedric Vaughans (Alabama)	3:06.99	1983
2 Mile Relay	Walt McCoy, Scott Lowe, Robb Gomes, Philip Rolle (Florida State)	7:28.47	1981
4 Mile Relay	Conrad Conneely, Brian Dunne, Dennis Stark, Kevin Johnson (East Tennessee State)	16:27.26	1983
Sprint Medley Relay (Yds)	Sancho, Sims, Wynn, Williams (Florida A & M)	3:17.19	1981
Distance Medley Relay	Dennis Stark, James Barkham, Conrad Conneely, Kevin Johnson (East Tennessee State)	9:38.9	1983
440 Meter Shuttle Hurdle	Mike Woods, Mark Herman, James Ruth, Mike Roberson (Florida State)	58.2	1976
Pole Vault	David Volz (Indiana)	18-0½ (5.50)	1982
	Grey Rappe (Louisiana State)	18-0½ (5-50)	1983
Pole Vault Invitational	Billy Olson (Pacific Coast T.C.)	18-1 (5.51)	1983
High Jump	Jim Pringle (Athletic Attic)	7-4½ (2.25)	1982

High Jump Invitational	James Barrineau (Athletic Attic)	7-5 (2.26)	1983
Long Jump	Larry Myricks (Athletic Attic)	27-6 (8.38)	1982
Long Jump Invitational	Jason Grimes (Athletics West)	25-5 (7.74)	1983
Triple Jump	Dennis Ivory (Maryland)	53-6	1979
Shot Put	Ian Pyka (Maryland)	63-7	1979
Discus	Brad Cooper (Florida T.C.)	204-10½	1980
Discus Invitational	John Powell (Athletic Attic)	207-10 (67.57)	1983
Javelin	Barry Darling (Alabama)	259-1 (78.98)	1982
Hammer	Declan Hegerty (Boston)	221-8½ (67.57)	1983
Decathlon	Paul Doyle (Notre Dame)	7773	1982
	John Sayre (Unattached)	7773	1983

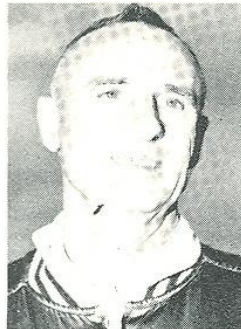
## Mike Long Track Records

EVENT	TIME	RECORD HOLDER	YEAR
100 Yard Dash	9.3	Vesco Bradley (Florida State)	1975
		Don Merrick (Seminole C.C.)	1975
100 Meter Dash	10.16	Mel Lattany (Athletic Attic)	1983
200 Meter Dash	20.47	James Mallard (Alabama)	1979
400 Meter Dash	45.56	Walter McCoy (Florida State)	1978
800 Meter Run	1:47.19	James Mays (Athletic Attic)	1983
1500 Meter Run	3:43.1	Colin Hume (Memphis State)	1982
Mile Run	4:00.2	Jim Shaper (South Carolina)	1974
5,000 Meter Run	13:45.9	Barry Brown (Florida Track Club)	1973
10,000 Meter Run	29:06.0	Jim Sapienza (Dartmouth)	1983
3,000 Meter Steeplechase	8:32.49	Edison Wedderbern (Unattached)	1983
110 Meter High Hurdles	13.4	Mike Roberson (Florida State)	1977
400 Meter IM Hurdles	49.2	Edwin Moses (Morehouse)	1976
400 Meter Relay	39.1	Mike Roberson, John Walker, Don Merrick, Jesse Forbes (Florida State)	1977
800 Meter Relay	1:22.26	Ronnie Taylor, Mel Lattany Walter McCoy, Anthony Blair (Athletic Attic)	1983
1,600 Meter Relay	3:04.66	Ronnie Taylor, Ron Nelson Philip Rolle, Walter McCoy (Florida State)	1981
2 Mile Relay	7:28.47	Walter McCoy, Scotty Lowe, Robb Gomez, Philip Rolle (Florida State)	1981
4 Mile Relay	16:27.26	Conrad Conneely, Brian Dunne, Dennis Stark, Kevin Johnson (East Tennessee State)	1983
Sprint Medley Relay (yds)	3:17.19	Calvin Sancho, Javaro Sims, Harold Wynn, Al Williams (Florida A & M)	1981
Distance Medley Relay (yds)	9:38.9	Dennis Stark, James Barkham, Conrad Conneely, Kevin Johnson (East Tennessee State)	1983
440 Meter Shuttle Hurdle Relay	58.2	Mike Woods, Mark Herman, James Ruth, Mike Roberson (Florida State)	1976
Pole Vault	(5.51) 18-1	Billy Olson (Pacific Coast Club)	1983
High Jump	(2.26) 7-5	James Barineau (Athletic Attic)	1983
Long Jump	(8.40) 27-6¾	Larry Myricks (Athletic Attic)	1982
Triple Jump	(16.30) 53-6	Dennis Ivory (Maryland)	1979
Shot Put	(19.38) 63-7	Ian Pyka (Maryland)	1979
Discus	(63.98) 209-11	Bradley Cooper (Florida State)	1980
Javelin	(81.10) 266-1	Phil Olsen (Tennessee)	1978
Hammer	(67.57) 221-8	Declan Hegerty (Boston)	1983
Decathlon	7835 m.t.	John Crist (Athletic Attic)	1979





Miller



Long



Roberts

# FSU Track History

YEAR	COACH	CAPTAINS	W	L
1949	Ken Miller	None	0	3
1950	Ken Miller	Al Bradford	5	1
1951	Ken Miller	Max Watson	5	1
1952	Ken Miller	John Poston	6	1
1953	Ken Miller	Dick Mize	3	3
1954	Ken Miller	Carlos Fraundorfer	1	6
			<b>20</b>	<b>15</b>
1955	Mike Long	Ron Weaver	5	1
1956	Mike Long	Ron Weaver	7	1
1957	Mike Long	Joe Davis	4	1
1958	Mike Long	Mike Conley, Jack Terwilliger	4	0
1959	Mike Long	Jim Casteel, Dick Elwood	3	1
1960	Mike Long	Ted Keen	4	0
1961	Mike Long	Don Ostergaard	3	2
1962	Mike Long	Jeff Clark, Quintin Till	5	0
1963	Mike Long	Craig Johnson, Herb Craft	4	1
1964	Mike Long	None	5	0
1965	Mike Long	Al Cato, Jerry McDaniel	5	0
1966	Mike Long	Kenny White, John Brogle	4*	4*
1967	Mike Long	Sid Gainey, Steve Landis	4	8
1968	Mike Long	Bud Manning, Charlie Vickers	7	4
1969	Mike Long	Mike Kelly	7	3
1970	Mike Long	Randy Stow, Ken Misner, Charlie Gallaway	11	2
1971	Mike Long	Randy Stow, Ken Misner, Bill Jackson	6	5
1972	Mike Long	Chuck Crowder, Bernie Waxman	2	5
1973	Mike Long	Rudy Falana, Allen McMillen, Tyrone Frederick	10	5
1974	Mike Long	None	7	2
1975	Mike Long	None	15	2
1976	Mike Long	None	12	2
1977	Mike Long	Don Merrick	11	2
			<b>145</b>	<b>51</b>
1978	Dick Roberts	Jesse Forbes, Cliff Cook	11	4
1979	Dick Roberts	Brad Cooper, John Citron	11	2
1980	Dick Roberts	Tom Herron, Palmer Simmons	13	3
1981	Dick Roberts	Philip Rolle, Walter McCoy, Larry Greene	14	1
1982	Dick Roberts	Ronnie Taylor, Robb Gomez	13	4
1983	Dick Roberts	John Subers, Larry Greene	7	8
			<b>69</b>	<b>22</b>
		Total	234	88

\*Won-Loss records since 1966 include multiple team victories and losses (e.g. third place in five-way meet scored as two wins and two losses.)

# ALL-AMERICANS

Al Williams	1963 NCAA Shot Put
Mike Kelly	1968 NCAA 120-Yard High Hurdles
Ken Misner	1969 USTFF 120-Yard High Hurdles, 1969 USTFF 440-Yard IM Hurdles
	1969 USTFF Cross Country, 1969 NCAA Cross Country, 1970 USTFF Cross Country
	1971 NCAA Six Mile Run, 1971 USTFF Three Mile Run
Phil Parker	1969 USTFF Triple Jump
Doug Brown	1969 USTFF 100-Yard Dash
Bobby Brooks	1971 USTFF Cross Country
Joel Garren	1972 USTFF 200-Meter Dash
Danny Smith	1973 NCAA 60-Yard High Hurdles, 1974 NCAA 60-Yard High Hurdles*, 1974 NCAA 120-Yard High Hurdles, 1975 NCAA 60-Yard High Hurdles*
Jesse Forbes	1975 NCAA 100-Yard Dash, 1978 NCAA 100-Meter Dash, 1978 NCAA 400-Meter Relay
Charlie Harris	1975 USTFF Triple Jump
Rudy Falana	1975 USTFF Long Jump
Tyrone Frederick	1974 NCAA 880-Yard Run, 1975 USTFF 880-Yard Run
Don Merrick	1976 NCAA 60-Yard Dash
Phares Rolle	1976 NCAA Pole Vault
Mike Roberson	1976 NCAA 200-Meter Dash, 1977 NCAA 60-Yard High Hurdles, 1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1978 NCAA 400-Meter Relay, 1980 NCAA 100-Meter Dash, 1980 NCAA 200-Meter Dash**, 1980 NCAA 400-Meter Relay
Ron Nelson	1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1979 NCAA 1,600-Meter Relay, 1980 NCAA Indoor Mile Relay*, 1981 NCAA 1,600-Meter Relay
John Walker	1978 USTFF Mile Relay, 1978 NCAA Mile Relay
Walter McCoy	1978 USTFF Mile Relay, 1978 NCAA Mile Relay, 1978 NCAA 600-Yard Run*, 1978 NCAA 400-Meter Dash, 1978 NCAA 400-Meter Relay, 1979 NCAA 400-Meter Dash, 1979 NCAA 1,600-Meter Relay, 1980 NCAA 400-Meter Relay, 1980 NCAA 400-Meter Dash, 1980 NCAA Indoor Mile Relay*, 1981 NCAA 400-Meter Relay, 1981 NCAA 1,600-Meter Relay, 1981 NCAA 400-Meter Dash
Kevin Johnson	1978 NCAA 400-Meter Relay, 1980 NCAA 400-Meter Relay
Bradley Cooper	1978 NCAA Discus, 1979 NCAA Discus**
Earl Caruthers	1979 NCAA 1,600-Meter Relay
Palmer Simmons	1979 NCAA 1,600-Meter Relay, 1980 NCAA Indoor Mile Relay*
Bobby Butler	1980 NCAA 400-Meter Relay
Herb Wills	1980 NCAA 10,000-Meter Run, 1981 NCAA 10,000-Meter Run, 1981 NCAA Cross Country, 1982 NCAA 10,000-Meters
Leon Hutchins	1980 NCAA Triple Jump
Mel Boodie	1980 NCAA Indoor Mile Relay*
Reggie Ross	1980 NCAA Indoor Mile Relay*
Robb Gomez	1980 NCAA Indoor 1,000-Meter Run
Philip Rolle	1981 NCAA 800-Meter Run, 1981 NCAA 1,600-Meter Relay, 1982 NCAA Indoor 800-Yard Run
Rohn Stark	1981 NCAA Decathlon
Ronnie Taylor	1981 NCAA 400-Meter Relay, 1982 NCAA 200 Meters
Chip Wells	1981 NCAA 400-Meter Relay
Don Frost	1981 NCAA 400-Meter Relay
Lynn Brown	1981 NCAA 1,600-Meter Relay
*NCAA Indoor Champion/**NCAA Outdoor Champion and Record Holder	



# Florida State's NCAA Champions



**DANNY SMITH** — 60 yd. HH (7.1),  
1974 and 1975

In 1975, Danny Smith became the first person to win the NCAA indoor championships in the 60 yd. high hurdles two years in a row. Including trials and finals over three years, Smith won 11 of 12 races, placing second to Olympic champion Rod Milburn in 1973.



**WALTER McCOY** — 600 yd. run (1:09.6), 1978

McCoy's upset victory as a freshman was only a tenth of a second off the NCAA meet record of 1:09.5 set by Olympian and world record holder Rick Wolhuter.



**BRADLEY COOPER** — Discus (212-6), 1979

Cooper's victory established a new NCAA meet record and climaxed an undefeated senior year. His record throw was the second longest in collegiate history.

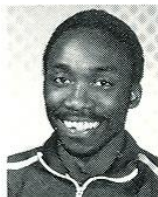


**MIKE ROBERSON** — 200 Meters (19.96), 1980

Roberson saved his greatest collegiate race for his last one. After three races in the 4 x 100 relay (which placed third) and three races in the 100 meters where he finished second, he became the first human in history to break 20 seconds for 200 meters at sea level, finally winning an NCAA championship in the race he loved most.



**Ross**



**Boodie**



**Simmons**



**McCoy**

(RON NELSON) REGGIE ROSS, MELFORD BOODIE, PALMER SIMMONS, WALTER McCOY — Mile Relay (3:16.7), 1980

Lead-off runner Nelson suffered a severe hamstring strain during the qualifying race but even so the Seminoles were the fastest qualifier. Boodie flew in the next morning and Ross replaced Nelson at the lead off. McCoy's come-from-behind anchor leg was the fastest of the meet and brought FSU the victory.

# Florida State's National Team and International Tour Competitors

VESCO BRADLEY

1979 U.S. Army European Tour (long jump)

BRADLEY COOPER

1980 Bahamian Olympic team (discus), 1981 World Cup Championships (discus), 1979 Pan American Games (discus)

JESSE FORBES

1973 U.S. Junior Team European and Russian tour (100 meters, 400 meter relay)

WALTER McCOY

1978 National Sports Festival (400 meters, 1,600 meter relay), 1979 and 1981 World University Games (400 meters, 1,600 meter relay), 1980 U.S.A. Olympic Team (400 meters, 1,600 meter relay), 1981 World Cup Championship (1,600 meter relay)

LEE McKENZIE

1982 Junior Pan American Games (400 meter hurdles), 1982 U.S.A. Junior team Canadian tour (400 meter hurdles)

DON MERRICK

1975 U.S.A. China tour (100 meters, 200 meters, 400 meter relay)

KEN MISNER

1978 National Sports Festival (10,000 meters)

MIKE ROBERSON

1978, 1979, 1981 National Sports Festival (100 meters, 200 meters, 400 meter relay), 1979 Pan American Games (400 meter relay), 1979 World Cup Championships (400 meter relay), 1979 World University Games (100 meters, 400 meter relay), 1980 European tour (100 meters, 200 meters, 400 meter relay)

PHILIP ROLLE

1982 National Sports Festival (800 meters)

PALMER SIMMONS

1980 U.S.A., England, Australian and Cuban tour (800 meters)

DANNY SMITH

1972 and 1976 Bahamian Olympic team (110 meter high hurdles, 400 meter relay)

RONNIE TAYLOR

1982 National Sports Festival (200 meters, 1,600 meter relay), 1982 U.S.A., England and Japan tour (200 meters, 400 meters, and 1,600 meter relays), 1982 U.S.A. Eight Nations meet (400 and 1,600 meter relays)

HERB WILLS

1981 World University Games (marathon), 1982 National Sports Festival (10,000 meters)

CHARLIE CARR

1983 U.S.A. Junior National Team (400 meter hurdles)



# Florida State Hall of Fame



**Ken Misner, Elected 1977**

The team captain of the 1970 and 1971 Seminoles, Misner specialized in distance events for FSU. He earned All-America status in two sports (track and cross country). Misner first made All-American in 1969 in cross country and repeated that honor in 1970. The following year, he was All-American in both the three and six mile runs. Misner at one time held school records in the indoor two mile run, as well as the outdoor 2, 3 and 6 mile events.



**Mike Long, Elected 1978**

One of the most prolific coaches in the history of the sport, Mike Long headed the Florida State track and field program for 23 seasons. During that time, Long recorded a won-lost record of 145-51 and had only one losing season. He coached five undefeated teams at FSU and had five others that lost only once. During that period, he coached 14 athletes that garnered a total of 26 All-American titles.



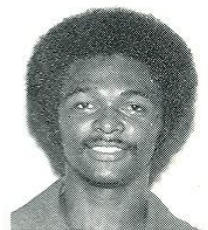
**Mike Kelly, Elected 1979**

An outstanding hurdler for Florida State in the late sixties, Kelly earned All-American honors in both the 120-yard high hurdles and the 440-yard IM hurdles. His combined time of 63.9 in those two events set a world mark that stood for seven years.



**Mike Conley, Elected 1980**

As a member of Florida State's track team, Conley was one of the South's most dominating runners from 1956-58. During his junior and senior seasons, he went undefeated in the one mile run. So dominating was Conley that his time of 4:05.7 in the one mile run at the Meet of Champions in Houston (1958) would set a Florida State school record that would stand for 16 years.



**Danny Smith, Elected 1981**

A three-time All-American in the hurdles, Smith at one time was co-holder of the world record in the indoor 50-yard hurdles. From 1975-76, Smith became the first athlete in NCAA history to claim back-to-back NCAA Championships in the indoor hurdles. A former world and NCAA record holder, Smith finished his career at FSU with seven university records to his credit.

# Athletic Leaders



## C.W. "Hootie" Ingram Athletic Director

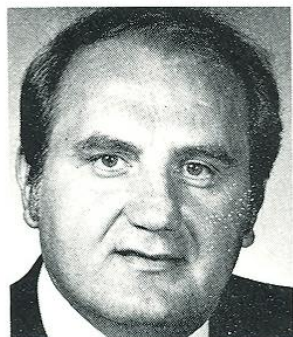
Cecil Ingram, known to his friends and associates as "Hootie", is in his third year as Florida State's athletic director. He came to the post in January of 1981 after serving as associate commissioner of the Southeastern Conference.

Since his arrival in Tallahassee, Ingram has initiated a \$10 million dollar building program for athletic facilities. A new athletic administration building that houses all administration, coaches and ticket personnel opened this fall. Fully equipped with locker rooms, weight rooms and a cafeteria, the complex also serves as a home for the Seminole football team.

The brand new Seminole Baseball Stadium, second to none in the South, was completed in April while further improvements to Doak Campbell Stadium and Mike Long Track have also recently been completed. Renovations to the pool area are still in progress.

A native of Tuscaloosa, Ala., the home of the University of Alabama, Ingram played football for the Crimson Tide from 1951 through 1954. He was All-SEC as a sophomore when he led the nation in pass interceptions. The '53 Alabama team played in the Orange Bowl and the '54 squad in the Cotton Bowl. Ingram also lettered for the Tide as an infielder.

He later moved into college coaching and has assistant coaching assignments at Wake Forest, Virginia Tech, Georgia and Arkansas. His only college football head coaching job began in 1970 at Clemson. Three years later he joined the SEC as assistant commissioner.



## Bob Goin Associate Athletic Director

Bob Goin joined Florida State's staff as associate athletic director in July of 1981. All men's non-revenue sports' coaches report to Goin and he also assists athletic director Hootie Ingram in day-to-day operations of the entire athletic department.

Goin is well-experienced both as an administrator and coach. He came to Florida State after serving two years as athletic director of California (Pa.) State College. Prior to taking the California post, he was assistant director of athletics at West Virginia. Between 1960 and 1976, he served in various capacities at Bethany (W. Va.) College. Included among his Bethany duties were coaching responsibilities in football, basketball and baseball.

At California State, Goin was responsible for expansion of the athletic department. He formed the Cal State Athletic Scholarship Fund and Athletic Booster Club.

Immediately prior to moving to West Virginia, Goin served Bethany as associate professor and chairman of physical education and athletics. That assignment lasted for four years (1972-76). Goin was Bethany's football coach between 1963 and 1972.



# This is Florida State



Florida State University, nestled in the center of Florida's capital city, is home to more than 22,500 students from all over the nation and from 115 foreign countries. FSU was founded in 1857 as the Seminary West of the Suwannee. Today, the main campus, with more than 340 green acres, is one of the prettiest in the South. Camellias, azaleas and dogwoods blossom under towering moss-draped oaks. From the stately Gothic-styled structures on the eastern end of the campus to the contemporary science complex on the west, FSU has grown and changed with the times. Enrollment has quadrupled since the school became coeducational in 1947, following nearly half a century as FSCW — Florida State College for Women.

Today, students at Florida State can choose from more than 100 career options made available by 14 schools and colleges including arts and sciences, business, communication, criminology, education, home economics, law, library science, music, nursing, social sciences, social work, theatre and visual arts. Also, the FAMU/FSU Institute of Engineering began this fall.

The University's location in the capital city of Florida affords excellent study and research opportunities in the areas of government, social sciences and policy sciences. Additionally, the presence of state government provides widespread opportunities for internships and on-the-job study.

In terms of scientific research, FSU excels as a basic research-oriented university. The nuclear physics laboratory is ranked by the National Science Foundation as one of the top four in the nation. FSU also maintains a large marine laboratory on the coast of the Gulf of Mexico.

Florida State counts among its faculty six members of the National Academy of Sciences, including Paul Dirac, a Nobel Prize winner in physics. Kurt Waldheim, former secretary general of the United Nations, recently joined the university faculty as a distinguished visiting lecturer in international relations and law.

The University is home to the only collegiate circus in the country. The Flying High Circus carries a reputation of quality, professional aerial and stage entertainment for children of all ages.

But it's not just good programs that make the University great. As President Bernard Sliger proclaims, it is the people who make Florida State the successful monument to learning that it is. He takes special pride in the people—students, faculty, administrators and staff—who are Florida State University.







# Florida State University 1984 Men's Track & Field Schedule

## Indoor

January 20-21	Eastman Invitational	Johnson City, Tenn.
January 21	Gator Open	Gainesville, Fla.
January 27	Wanamaker Millrose Games	New York, N. Y.
January 27-28	LSU Relays	Baton Rouge, La.
February 5	LSU Multi Team Invitational	Baton Rouge, La.
February 18	Indiana, Tennessee	Bloomington, Ind.
February 25	U.S. Olympic Invitational	East Rutherford, N. J.
March 2	Florida Fast Time	Gainesville, Fla.
March 9-10	NCAA Indoor Championships	Syracuse, N. Y.

## Outdoor

March 10	FAMU Relays	Tallahassee, Fla.
March 14-17	Domino's Pizza Relays	Tallahassee, Fla.
March 23-24	Paper Tiger Invitational	Baton Rouge, La.
March 30-31	Florida Relays	Gainesville, Fla.
April 6-7	Texas Relays	Austin, Tex.
April 13-14	Dogwood Relays	Knoxville, Tenn.
April 20	Florida	Gainesville, Fla.
April 28	Springtime Invitational	Tallahassee, Fla.
May 5	Spec Townes Invitational	Athens, Ga.
May 5	Indiana Invitational	Bloomington, Ind.
May 11-12	Metro Conference Championships	Tallahassee, Fla.
May 18-19	Gatorade Classic	Knoxville, Tenn.
May 28	Seminole Twilight	Tallahassee, Fla.
May 30- June 2	NCAA Outdoor Championships	Eugene, Ore.
June 8-10	USA Outdoor Championships	San Jose, Ca.
June 16-24	United States Olympic Trials	Los Angeles, Ca.
June 30-July 1	USA Junior Championships	Elmhurst, Ill.