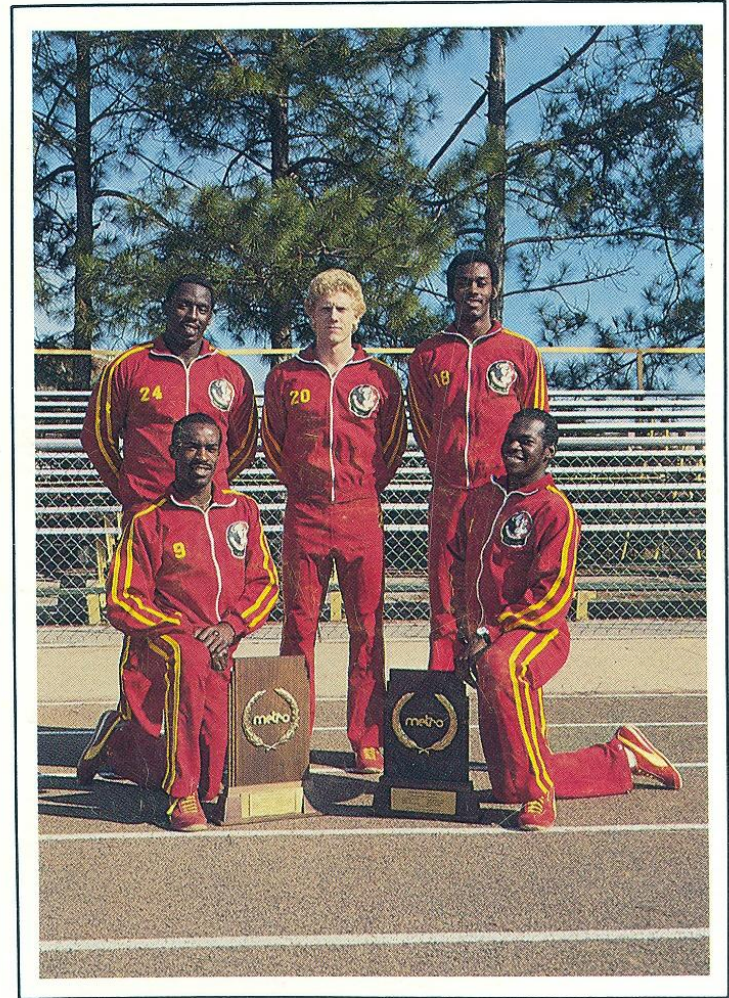


# 1979 Track & Field



Florida State University

# 1979 TRACK AND FIELD SCHEDULE

## INDOOR SEASON

DATE — DAY	MEET	CITY
Jan. 13, Sat.	East Tennessee Invitational	Johnson City, Tenn.
Jan. 20, Sat.	**Vitalis U.S. Olympic Invitational	New York, N.Y.
Jan. 20, Sat.	Mississippi State Invitational	Jackson, Miss.
Jan. 27, Sat.	Northeast Louisiana Invitational	Monroe, La.
Feb. 2, Fri.	*Toronto Star-Mapleleaf Games	Toronto, Ca.
Feb. 3, Sat.	Auburn Invitational	Auburn, Ala.
Feb. 9, Fri.	*Wanamaker-Millrose Games	New York, N.Y.
Feb. 10, Sat.	*Mason-Dixon Games	Louisville, Ky.
Feb. 17, Sat.	*Pepsi Invitational	Baton Rouge, La.
Feb. 18, Sun.	LSU, North Texas State, Georgia Tech, Mississippi State	Baton Rouge, La.
Feb. 24, Sat.	Metro Conference Championships	Lexington, Va.
Mar. 3, Sat.	**"Last Chance" Invitational	Murphreesboro, Tenn.
Mar. 9, Fri.	*NCAA Indoor Championships	Detroit, Mich.
Mar. 10, Sat.	*NCAA Indoor Championships	Detroit, Mich.

\*Selected entries only

\*\*National TV

## OUTDOOR SEASON

DATE — DAY	MEET	CITY
Mar. 17, Sat.	Florida, Georgia	Winter Haven, Fla.
Mar. 24, Sat.	Springtime Relays	Tallahassee, Fla.
Mar. 30, Fri.	Florida Relays	Gainesville, Fla.
Mar. 31, Sat.	Florida Relays	Gainesville, Fla.
Apr. 7, Sat.	Tennessee	Knoxville, Tenn.
Apr. 14, Sat.	LSU, Mississippi State	Baton Rouge, La.
Apr. 16, Mon.	South Alabama	Mobile, Ala.
Apr. 21, Sat.	Mississippi State	Tallahassee, Fla.
Apr. 28, Sat.	Domino Classic	Tallahassee, Fla.
Apr. 27, Fri.	*Drake Relays	Des Moines, Ia.
Apr. 28, Sat.	*Drake Relays	Des Moines, Ia.
May 5, Sat.	Florida	Tallahassee, Fla.
May 11, Fri.	Metro Conference Championships	Tallahassee, Fla.
May 12, Sat.	Metro Conference Championships	Tallahassee, Fla.
May 19, Sat.	Athletic Attic Qualifier	Tallahassee, Fla.
May 26, Sat.	OPEN	
June 1-3,		
Thurs.-Sat.	*NCAA Outdoor Championships	Champaign, Ill.
June 10, Sat.	*OPEN	
June 16, Fri.	** National AAU Outdoor Champs./ Pan Am Games Trials	Walnut, Calif.
June 17, Sat.	**National AAU Outdoor Champs./ Pan Am Games Trials	Walnut, Calif.

Home Meet Times: Springtime — 3:00 P.M.; Mississippi State — 7:15 P.M.; Domino Classic — 7:15 P.M.; Florida — 1:00 P.M.; Metro — 6:00 P.M. (Fri.), 7:15 P.M. (Sat.); Athletic Attic — 7:15 P.M.



# SEMINOLE TRACK AND FIELD

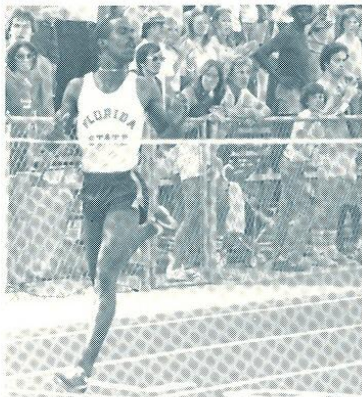
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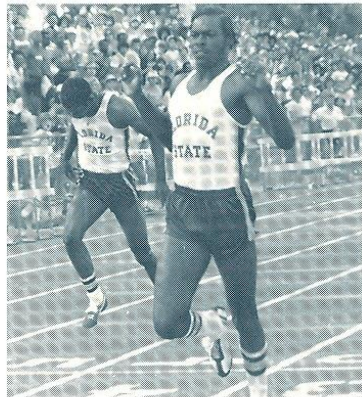
About the cover: Florida State All-American Ron Nelson, 2-time Metro Champion John Citron, and All-Americans Brad Cooper, Walter McCoy and Mike Roberson flank the 1977 and 1978 Metro Conference trophies.

## FLORIDA STATE UNIVERSITY

Location .....	Tallahassee, Florida
Nickname .....	Seminole
Colors .....	Garnet and Gold
Enrollment .....	22,000
President .....	Dr. Bernard F. Sliger
Athletic Director .....	John Bridgers
Assistant to Director .....	Claude Thigpen
Assistant to Director .....	Larry Pendleton
Sports Information Director .....	Mark Carlson
Assistant Sports Information Director .....	Mike Parsons
Head Track Coach .....	Dick Roberts
Assistant Track Coach .....	John Brogle
Assistant Coach .....	Jim Long
Sports Information Office .....	904/644-4038
Track Office .....	904/644-3836



**Roberson**



**McCoy**

## “YEAR OF THE SEMINOLES”

### INDOOR

If everything goes as expected, the 1979 indoor track and field season could be the best in Seminole history. Sixteen returning lettermen, including three NCAA All-Americans and 16 recruits headline the 1979 squad.

Florida State expects the sprints, relays and middle distances to be the backbone of its indoor team. Highlighting this group will be two world class athletes, senior Mike Roberson and sophomore Walter McCoy who have earned a total of 10 All-American honors (five each) between them.

Roberson, who has achieved All-American honors as a sprinter, hurdler and relayist will again lead off a national championship caliber mile relay unit. McCoy, the defending NCAA champion at 600 yards and an All-American as a sprinter and relayist, will anchor the four man squad. Joining the pair on the mile relay is sophomore Ron Nelson, relay All-American in '78, and Palmer Simmons, last year's National Junior College indoor 440 champion. Senior John Citron, a national qualifier in both hurdles, and two time Metro Conference intermediate hurdle champion will also bid for a spot on the team.

Roberson, who has tied the unofficial hand time world record of 9.9 for 100 meters, will leave the hurdles this year and run the 60 indoor for the first time. McCoy, who has a 45.56 400 will defend his 1:09.6 NCAA victory in the 600.

Veterans Cliff Cook and Tom Herron will join newcomers Robb Gomez and Bobby Shackelford to form the nucleus of the middle distance crew that will cover the 880, 1000, mile, two-mile relay and distance medley relay. Cook, the two-time Metro Conference outdoor 1500 champion has a 4:05.3 metric mile equivalent. Herron, who still shares the Florida high school AAAA mile record, has lowered his time to 4:06.6 Gomez, the highly touted freshman is expected to see early action in the 1000 as well as the relays. Shackelford, another multi-talented freshman, had one of the top doubles in Florida prep history at 4:14.4 and 1:54.3. The Miami native can also expect action in the relays.

Several other talented Seminoles also figure prominently in the '79 indoor season. Joining Roberson in the 60 will be Keith Davison, while distance running freshmen Herb Wills, John Hodge, Doug Overfelt and Larry Greene (all members of FSU's Metro Conference cross country champion squad) will cover the two and three mile events.

The field events will not be taking a back seat on the '79 indoor squad. Also featuring a blend of veterans and newcomers, the field event team will rely on veterans Ken Lanier, Brad Cooper and Ray Nuredini in the shot, Hilmar Skagfield in the pole vault and Rohn Stark in the high jump.

Lanier returns as the number two all-time shot putter for FSU with his 58-foot throw last year as a freshman. Senior discus record holder Cooper and junior Nuredini, the 1977 Metro shot put champion, are steadily improving. Skagfield, the top returning vaulter from '78, has cleared 15-7 in late fall competition, the same height as newcomer Al Stanley the '78 National Junior College runner-up. Stark, consistent at 6-10 in summer competition, will be joined by Florida prep AAAA champion Robert Haley (7-0) a '78 prep All-American. Brad Bosse, the national junior college runner-up in '77 and a 6-10 jumper, will give the Seminoles another three-man attack. Freshman Jeff Files has jumped 6'8".

Heading the horizontal jumps is another freshman, Joe Moss, state AAAA long jump champion (24-6) who will also be competing in the triple jump.

### OUTDOOR

In outdoor competition, much of the same holds true. Roberson, McCoy and company key the relays and sprints. Fast improving sophomore Nelson could challenge in the 100, 200 or 400 as could newcomers Simmons (400) and Davison (100 and 200). Citron takes responsibility for both hurdle events, while sophomore Leo Hodges, a surprise point getter in '78, will handle the 400 intermediate hurdles. Freshman hurdler Eddie Williams will work on the 110 hurdles, but should be a consistent factor in the 400 meter from the beginning.

Earl Caruthers, number three on the FSU all-time 800 list, returns for his final season of eligibility. Gomez, Herron, Shackelford and freshman Charlie Nye form the nucleus for an extremely capable middle distance corps. The distance events feature only one upperclassman, steeplechaser Tim McClain and four talented but inexperienced freshmen. Topping the list is two time prep All American Herb Wills. Already ahead of his prep performances, Wills could challenge for national qualifying standards as a freshman. The Tallahassee native will concentrate on 5,000 and 10,000 meters where he will be challenged by teammates Larry Greene and John Hodge. Doug Overfelt runs the steeplechase and is a talented prospect.

The field events strengthen during the outdoor season with the addition of the javelin, discus and decathlon. School record holder Eric Allain begins his junior year with more strength and consistency than any season past. Allain will be backed by sophomore Hank Langee, another surprise point getter in '78, who has demonstrated steady improvement. Bradley Cooper, the Seminole's top performer in the NCAA outdoor championships, will return for the discus. Ray Nuredini (former school record holder in the discus) and Ken Lanier are also expected to challenge the top throwers. Newcomer Mark Nugen, decathlete from Oregon, heads this new Seminole emphasis. Attempting the grueling event for the first time are punter-high jumper Rohn Stark and pole vaulter Dennis Nobles. Nobles is expected to be a top vaulter, while Stark should be right at the top in the high jump and Nugen adds excellent depth in the javelin.



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**DICK ROBERTS**

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## Head Track Coach

Florida State graduate Dick Roberts begins his second year as head coach of the Seminole track team after serving as assistant to Mike Long for eight seasons.

A native of St. Petersburg, Fla., Roberts was an outstanding distance runner for FSU and earned three varsity letters. He put his name in the school record book while running the indoor half-mile and as a member of the two-mile and distance medley teams. He also won the Florida Intercollegiate mile twice.

After graduating in 1964, Roberts remained on campus as a graduate assistant in cross country and track. He received his master's degree and moved to Dunedin High School as head coach where his track team won the state championship in 1968 and he was named Florida High School Coach of the Year. His athletes accumulated 10 individual state championships and set 13 state records during his three seasons at Dunedin.

Roberts returned to Florida State in 1970 as academic advisor for Seminole athletes, head cross country coach and assistant track coach.

In his first season at the Seminole helm, Roberts led the Tribe to an impressive 11-4 dual meet record including a second straight Metro Conference title. Overall, the Seminole thinclads finished 20th in the NCAA indoor and 21st outdoor. Also in his first season, Roberts coached seven All-Americans who earned the distinct honor 16 times.

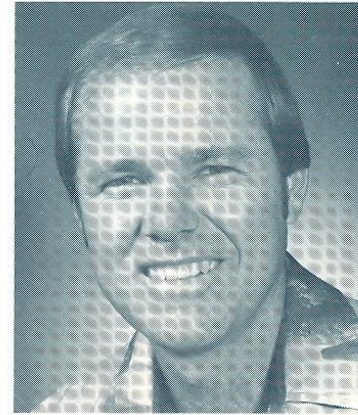
Roberts has gained the reputation of an energetic and highly successful recruiter. He has been responsible for bringing the Seminoles' top track and field performers to FSU, and this year's list of newcomers is again an example of his recruiting prowess.

He is also an experienced speaker and clinician having spoken at many track affairs including the 1973 NCAA Track Coaches winter clinic.

Roberts was tutored by one of the most respected coaches in the collegiate track and field ranks and holds the highest regard for Mike Long, the man who directed Seminole track fortunes for the past 23 years.

"My goal is to continue to guide the track program as successfully as we have in the past on the regional level and hopefully expand our accomplishments at the national level," said Roberts.

"Hopefully we made progress towards that end in 1978 and we'll continue in the same direction in '79."



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**JOHN BROGLE**

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## Assistant Track Coach Head Cross Country Coach

This season marks John Brogle's second on the Florida State track staff. Brogle, a former FSU student who obtained his physical education degree in 1966, served as captain of former coach Mike Long's track squad that year. He put his name in the Seminole record books that same year with a 1:52.2 clocking in the 880.

Brogle began his coaching career on the staff of Clearwater's Oak Grove Junior High School where he remained three years before moving cross county to St. Petersburg Catholic High School (formerly Bishop Barry).

Brogle's coaching career at Bishop Barry, his high school alma mater, is nothing short of phenomenal. His cross country teams won state championships in 1969, 1972, 1973 and 1975 and never finished lower than third in the state meet during his eight years at the Class AAA school.

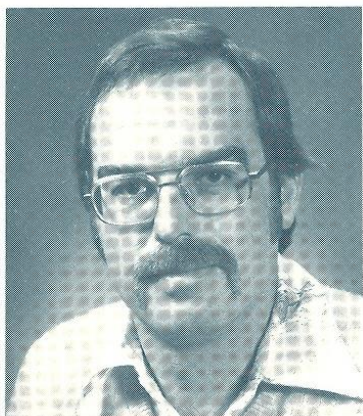
His track and field performance has been just as impressive. Brogle coached squads finished either second or third in the state meet between 1971-74 and won the state crown in 1970.

In his first season as mentor of the FSU cross country team, the Seminoles captured their first ever Metro Conference cross country championship.

"Returning to Florida State was like coming home," says the easy going coach. "We're excited to be back in the atmosphere that Tallahassee and FSU provide."

Brogle was largely responsible for organizing FSU's first Summer Track and Field and Cross Country Camp. The highly successful endeavor attracted over 100 participants from Florida and the southeast during its first year.

Brogle obtained a masters in physical education from the University of South Florida and serves as assistant professor in physical education in addition to his coaching duties. He and his wife, Margie, have two children, Kimberly Anne, 12 and John Mark, Jr., 6.



**JIM LONG**

## Assistant Coach

Former Florida State sprinter Jim Long returns to the Seminole track staff for his second season of coaching under head coach Dick Roberts.

Long, son of former Seminole mentor Mike Long, served as a graduate assistant in 1970 before moving cross town to accept the assistant coaching position at Tallahassee Leon. In his first season as assistant coach, the Long-led squad won both district and conference championships. The following season, Long was elevated to head coach and continued his winning ways capturing the conference championship twice and finishing second once.

The Seminole mentor was also instrumental in bringing women's high school athletics to the Leon County community. In 1974, Long served as a district representative on a committee to establish women's cross country in the Tallahassee area.

In his role for the Seminoles, Long's responsibilities include the hurdle, pole vault and decathlon events. Long also serves as the home meet administration correspondent with visiting teams.

The former Leon coach is no stranger to many of the Seminole athletes he now tutors having coached Seminole standouts Jesse Forbes, John Hodge and Metro Conference individual cross country champion Herb Wills.

Academically, the highly educated Long has already earned a B.A. in Humanities, a Master's in history and only needs a dissertation before completing his doctorate in physical education.



**Allain**



**Bailey**



**Bilotto**



**Bosse**

### **ERIC ALLAIN**

Javelin  
Junior  
Madison, Conn.

FSU school record holder (250'0") and NCAA qualifier . . . two time and defending metro conference champion . . . excellent competitor . . . added strength and consistency in '78 . . . should have his best year in '79.

### **DONNIE BAILEY**

Pole Vault  
Sophomore  
Orlando, Fla.

Former state AAAA champion and record holder . . . plagued by injury in '78 but should overcome that this season . . . one of a group of dedicated Seminole vaulters.

### **VINCENT BILOTTO**

Hammer, Shot Put  
Senior  
Locust Valley, N.Y.

FSU School record holder in hammer . . . first attempted the event in '78 . . . should make improvement and contribute to team effort this season.

### **BRAD BOSSE**

High Jump  
Junior  
Findlay, Ohio

National Junior College runner-up in '77 . . . best jump of 6-10 . . . great attitude and excellent worker . . . should be a consistent scorer indoor and outdoor.



**Caruthers**



**Citron**



**Cook**



**Cooper**

**EARL CARUTHERS**

Middle Distance, Relays  
Senior  
St. Petersburg, Fla.

One of the most talented athletes on team . . . two time all-state basketball performer in high school as well as state champion (880) in track . . . made great comeback from knee surgery and reinjury to earn career best of 1:49.0 in '79 . . . ran on NCAA mile relay two of his three competitive seasons.

**JOHN CITRON**

Intermediate Hurdles, High Hurdles, Relays  
Senior  
Miami Beach, Fla.

NCAA qualifier in both high and intermediate hurdles . . . two time Metro Conference 400 IH champion . . . Metro 110 meter champ in '78 . . . ran on NCAA mile relay in '78 . . . No. 2 on all time FSU list . . . Maccabiah high hurdle and intermediate hurdle champ in '77 . . . could achieve national prominence in '79.

**CLIFF COOK**

Middle Distance, Relays  
Senior  
Tampa, Fla.

Two time Metro 1500 meter champion (3:47.1) . . . has indoor eligibility remaining only . . . No. 2 on all time FSU list in 1500/1 mile . . . good worker.

**BRADLEY COOPER**

Discus, Shot Put  
Senior  
Nassau, Bahamas

Established FSU School record (188-11) in discus last season . . . placed fourth in NCAA finals to earn All-American honors . . . former National Junior College record holder . . . excellent worker, competitor and big meet performer . . . improved from 48 feet to 54-5 in shot put . . . should make another move in both events in '79.



**Davison**



**Files**



**Gates**



**Gomez**

**KEITH DAVISON**

Sprint, Relays, Long Jump  
Junior  
Tampa, Fla.

Former outstanding high school and junior college sprinter . . . extremely talented . . . established reputation as outstanding leadoff runner on sprint relays . . . twin brother is '78 FSU All-American Kevin Johnson . . . can also run hurdles and long jump.

**JEFF FILES**

High Jump, Triple Jump  
Freshman  
Pensacola, Fla.

One of top prep high jumpers in state last year . . . also performed well in high hurdles . . . should see action in both as well as triple jump as a Seminole.

**SAM GATES**

High Jump  
Freshman  
Spring Grove, Pa.

Outstanding Pennsylvania high school performer in '78 . . . excellent talent for either high jump or triple jump . . . should be a point getter in '79 . . . good worker . . . outstanding student.

**ROBB GOMEZ**

Middle Distance, Relays  
Freshman  
St. Petersburg, Fla.

One of the nation's top high school prospects in '78 . . . state 880 champion (1:51.4) in '76 and '78 and second in '75 and '77 . . . Florida's all-time fastest prep half miler . . . National prep leader through regular season . . . made cross country team as seventh man last fall . . . excellent attitude towards work and competition . . . potential future NCAA scorer in 800 or 1500.



**Greene**



**Herron**



**Hodge**



**Hodges**

**LARRY GREENE**

Distance  
Freshman  
Miami Beach, Fla.

Florida High School 4A Cross Country and Track (2 mile) champion (9:20) . . . consistent top 5 finisher on FSU's Metro Conference championship team . . . will compete in the 5000/10,000 this year . . . great attitude . . . should be a mainstay of Seminole distance corps.

**TOM HERRON**

Middle Distance, Distance, Relays  
Junior  
Tangerine, Fla.

Fast improving in all areas . . . could challenge for national recognition this season . . . still co-holds prep 4A mile record in Florida (4:10.4) . . . ran 3:48.3 (4:06) last season . . . top returning 1500 meter runner from Metro outdoor championship . . . leader of Seminole cross country team last fall . . . finished 4th in conference meet.

**JOHN HODGE**

Distance  
Freshman  
Tallahassee, Fla.

Talented member of top five in cross country . . . finished seventh in conference meet . . . never worse than third in state 2A and 3A two mile competition for 3 years . . . will concentrate on 5000/10,000 meters as a Seminole . . . excellent talent for improvement throughout career.

**LEO HODGES**

Intermediate Hurdles, High Hurdles  
Sophomore  
Winter Park, Fla.

Surprise point getter as a freshman in '78 . . . with added strength and experience should make another jump this season . . . one of a long line of athletes who have succeeded in track at FSU from Winter Park High.



**Langee**



**Lanier**



**McClain**



**McCoy**

**HANK LANGEE**

Javelin  
Sophomore  
Gainesville, Fla.

Surprise point getter in '78 . . . extremely hard worker who has made tremendous gains in strength . . . should be a consistent 200 plus thrower this season with potential to throw much farther.

**KEN LANIER**

Shot Put, Discus  
Sophomore  
Columbus, Ohio

Established himself as one of the South's top shot putters as a freshman last year . . . No. 2 on all-time FSU list (58'0") . . . starting offensive tackle on Seminole football team for past two seasons . . . with dedication to strength training could be one of the best anywhere.

**TIM McCLAIN**

Steeplechase, Distance  
Senior  
St. Petersburg, Fla.

Finished third in conference steeplechase in '78 . . . plagued by chronic injuries throughout his career . . . possibility of an excellent season.

**WALTER McCOY**

Sprint, Relays  
Sophomore  
Daytona Beach, Fla.

One of the nation's top prospects and future Olympic hopefuls . . . made All-American five times as a freshman . . . NCAA 600 champion . . . won three major meet 400 titles . . . placed 5th in NCAA 400 while anchoring both relays . . . represented South team in National Sports Festival during summer . . . Metro champion in 400, 200, and both relays . . . named outstanding performer in entire Metro Spring Sports Tournament.



**Moss**



**Nelson**



**Nobles**



**Nugen**

**JOE MOSS**

Long Jump, Triple Jump  
Freshman  
Jacksonville, Fla.

Florida prep 4A long jump champion in '78 . . . part of Seminole wide receiver corps in football . . . outstanding talent . . . could be one of the best . . . will also begin work on the triple jump.

**RON NELSON**

Sprints, Relay  
Sophomore  
Rockledge, Fla.

Tall, talented and tough . . . an outstanding prospect at 100-400 meters (10.3, 20.9, 46.8) . . . All-American relayist as a freshman . . . could add individual honors at any time . . . outstanding student . . . great team man.

**DENNIS NOBLES**

Pole Vault, Decathlon  
Sophomore  
Margate, Fla.

Vaulted 15 feet consistently as a transfer in '78 . . . switching concentration to decathlon in '79 . . . excellent prospect in both . . . should develop as year progresses.

**MARK NUGEN**

Decathlon, Javelin  
Junior  
Oregon City, Ore.

Outstanding junior college decathlete in Oregon for past two seasons . . . should fit well into Seminoles added emphasis on decathlon in '79 . . . adds depth in javelin (195') for dual meet competition.



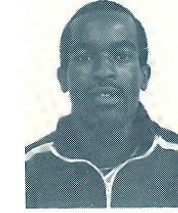
**Nuredini**



**Nye**



**Overfelt**



**Roberson**

**RAY NUREDINI**

Discus, Shot Put  
Junior  
Winter Park, Fla.

Metro Conference champion in shot put in '77 . . . took year off for training and academic decisions in '78 . . . dedicated worker . . . National Merit Scholar Program recipient . . . has size, strength, and willingness to work to the top . . . held FSU school record in discus in '77.

**CHARLES NYE**

Middle Distance  
Freshman  
Pensacola, Fla.

Had an outstanding career in football and track in high school . . . excellent early season progress was followed by illness in '78 . . . good competitor . . . with maturity he could be a real contributor to team success.

**DOUG OVERFELT**

Steeplechase, Distance  
Freshman  
Titusville, Fla.

Florida prep 3A mile champion in '77 . . . one of state's top 880/mile/two mile/cross country runners for four years . . . extremely hard worker . . . tough competitor . . . top five on cross country team last fall . . . may concentrate on steeplechase this spring.

**MIKE ROBERSION**

Sprint, Relay  
Senior  
Winter Park, Fla.

One of the nation's most outstanding and versatile athletes . . . formerly national prep co-record holder in 120-220-120 high hurdles . . . world ranked as a Seminole for past three seasons . . . holds FSU school in eight events including relays . . . five times an All-American including sprints, hurdles, and both relays . . . fifth on world list at 100M in '78 (10.11) . . . co-holds handtimed world record for 100M at 9.9.





**Shackelford**



**Simmons**



**Skagfield**



**Stanley**

**BOBBY SHACKLEFORD**

Middle Distance  
Freshman  
Miami, Fla.

One of state's top prep middle distance runners in '78 . . . had one of top doubles ever in Florida with 1:54.3/4:14.3 . . . should be one of FSU's top middle distance runners in time.

**PALMER SIMMONS**

Sprints, Relays  
Junior  
Hilton Head, S.C.

National junior college indoor 440 champion in '78 . . . outstanding relay runner . . . at his best in big meet competition . . . should be a mainstay of Seminole sprint corps and boost relays to national caliber performance again in '79.

**HILMAR SKAGFIELD**

Pole Vault  
Senior  
Tallahassee, Fla.

Top returning Seminole vaulter from '78 . . . has equaled personal best of 15-6 in early season . . . maturity in competition should add consistency in '79 . . . one more move could make him an outstanding performer.

**AL STANLEY**

Pole Vault  
Junior  
Maitland, Fla.

National junior college runner-up in '78 . . . extremely dedicated and diligent worker . . . honor student . . . state junior college champion . . . has attitude, desire and willingness to work to be one of the best.



**Stark**



**Stockton**



**Williams**



**Wills**

**ROHN STARK**

Sophomore  
Decathlon, High Jump  
Fifty Lakes, Minn.

Entered FSU as a freshman last spring and competed in high jump during outdoor season . . . state high school champion in high jump and shot put in '77 . . . showed outstanding potential and sincere interest in the decathlon. Could compete at the top with experience . . . outstanding punter for Seminole football team.

**J. T. STOCKTON**

High Jump  
Freshman  
Miami, Fla.

One of the top high school jumpers in Florida in '78 . . . good worker . . . best approach technique on team . . . has exceptional chance for success as a collegian.

**EDDIE WILLIAMS**

400IH, 110HH  
Freshman  
Tallahassee, Fla.

Outstanding 400 intermediate hurdles prospect . . . was undefeated in 1978 until late season injury eliminated further participation . . . will also work on and compete in the 110 high hurdles.

**HERB WILLS**

Distances  
Freshman  
Tallahassee, Fla.

One of the nation's top high school athletes in '78 . . . established himself as a contender at distances from one mile to the marathon . . . set numerous age group records at various distances over the past 10 years . . . two-time high school cross country All-American . . . added Metro championship last fall . . . Nat'l Junior Olympic 2 mile champion in '77 and '78 . . . ran national class two hour, 22 minute marathon prior to indoor season . . . national Merit Scholar recipient.

# 1979 TRACK & FIELD ROSTER FLORIDA STATE UNIVERSITY

NAME	EVENT	HT.	WT.	CL.	AGE	HOMETOWN
Eric Allain	J	6-0	180	Jr.	20	Madison, Conn.
John Anderson	MD	5-10	150	Fr.	20	Reston, Va.
Israel Andrews	MD	6-0	176	Fr.	19	Florida City, Fla.
Steve Andrews	D	5-8	130	So.	19	Titusville, Fla.
Will Anquish	D	5-9	132	Fr.	19	Miami, Fla.
Paul Askea	D, MD	5-8	145	Fr.	18	Sarasota, Fla.
Donald Bailey	PV	5-8	155	So.	19	Orlando, Fla.
Vincent Bilotto	HAM, SP	6-0	225	Sr.	22	Locust Valley, N.Y.
Brad Bosse	HJ	6-5	180	Jr.	20	Findlay, Ohio
Tony Bradley	MD	5-11	155	Fr.	18	Orlando, Fla.
Mike Cadoret	PV	5-11	160	Jr.	22	Margate, Fla.
Earl Caruthers	MD, R	6-1	153	Sr.	22	St. Petersburg, Fla.
Tony Chim-Konis	IH	6-0	175	Fr.	19	Orlando, Fla.
John Citron	IH/HH/R	6-1	180	Sr.	21	Miami Beach, Fla.
Cliff Cook	MD, R	6-1	170	Sr.*	22	Tampa, Fla.
Bradley Cooper	DS/SP	6-2	250	Sr.	21	Nassau, Bahamas
Scott Corbett	D	6-1	165	Jr.	19	Orlando, Fla.
Keith Davison	S/R/LJ	5-7	156	Jr.	21	Tampa, Fla.
Jeff Files	HJ, TJ	5-11	163	Fr.	18	Pensacola, Fla.
Mike Fox	MD, R	5-10	150	Fr.	19	Dunedin, Fla.
Sam Gates	HJ, TJ	6-2	170	Fr.	18	Spring Grove, Pa.
Steve Godfrey	LJ, TJ	5-9	155	Fr.	22	Tallahassee, Fla.
Robb Gomez	MD, R	6-2	160	Fr.	18	St. Petersburg, Fla.
Larry Greene	D	5-7	115	Fr.	18	Miami Beach, Fla.
Robert Haley	HJ	6-3	180	Fr.	18	Brandon, Fla.
Tom Herron	MD, D, R	5-11	145	Jr.	20	Tangerine, Fla.
John Hodge	D	6-1	160	Fr.	18	Tallahassee, Fla.
Leo Hodges	IH, HH	6-0	160	So.	19	Winter Park, Fla.
Brett Hoffman	D	6-0	158	TRS	19	St. Petersburg, Fla.

Leon Hutchins	TJ/LJ	6-0	155	TRS	19	Macon, Ga.
Kevin Johnson	S/LJ/R	5-5	142	IRS	21	Tampa, Fla.
Wilford Kennedy	S	5-11	175	So.	23	Quincy, Fla.
Cyril Kidder	D	6-2	155	Sr.	22	Ft. Walton Beach, Fla.
Mike Kushner	D	6-0	151	Jr.	21	Hollywood, Fla.
Hank Langee	JAV	6-3	225	So.	19	Gainesville, Fla.
Ken Lanier	SP, DS	6-4	265	So.	19	Columbus, Ohio
Kevin Lilly	MD	5-10	140	Fr.	19	Ft. Pierce, Fla.
Craig Lindell	PV	5-9	155	Jr.	21	Delmar, N.Y.
Tim McClain	SC/D	6-3	155	Sr.	22	St. Petersburg, Fla.
Walter McCoy	S/R	5-9	160	So.	20	Daytona Beach, Fla.
Mark McGee	D	5-11	135	Fr.	18	Longwood, Fla.
Kevin Minger	SC	5-10	150	Jr.	20	Miami, Fla.
Andy Moore	MD/D/R	5-10	138	TRS	19	San Antonio, Tex.
Joe Moss	LJ/TJ	6-0	170	Fr.	19	Jacksonville, Fla.
Ron Nelson	S/R	6-2	174	So.	20	Rockledge, Fla.
Dennis Nobles	PV/DEC	6-0	165	So.	21	Margate, Fla.
Mark Nugen	DEC/JAV	5-10	165	Jr.	21	Oregon City, Ore.
Ray Nuredini	DS/SP	6-5	240	Jr.	22	Winter Park, Fla.
Charles Nye	MD	5-10	170	Fr.	19	Pensacola, Fla.
Doug Overfelt	SC/D	6-0	155	Fr.	18	Titusville, Fla.
Rabbit Patrick	S	5-10	153	Fr.	18	St. Petersburg, Fla.
Mike Roberson	S/R	5-10	162	Sr.	22	Winter Park, Fla.
Chuck Rolling	Mgr.	5-10	155	Sr.	22	Davie, Fla.
Bobby Shackelford	MD	6-0	155	Fr.	18	Miami, Fla.
Palmer Simmons	S/R	5-8	150	Jr.	22	Hilton Head, S.C.
Hilmar Skagfield	PV	6-1	165	Sr.	22	Tallahassee, Fla.
Al Stanley	PV	5-11	166	Jr.	20	Maitland, Fla.
Rohn Stark	DEC/HJ	6-3	195	So.	20	Fifty Lakes, Minn.
Jerome Stockton	HJ	6-0	135	Fr.	19	Bay Harbor, Fla.
Tim Ward	PV	6-0	145	Fr.	18	Naples, Fla.
Eddie Williams	IH/HH	5-11	160	Fr.	19	Tallahassee, Fla.
Herb Willis	D	6-0	125	Fr.	18	Tallahassee, Fla.

KEY: S-Sprints, HH-High Hurdles, IM-Intermediate Hurdles, LJ-Long Jump, TF-Triple Jump, SP-Shot Put, PV-Pole Vault, MD-Middle Distance, D-Distance, SC-Steeplechase, J-Javelin, HJ-High Jump, DEC-Decathlon, DS-Discus, R-Relays, IRS-Illness or Injury Red Shirt, TRS-Transfer Red Shirt.



## SEMINOLES WIN FIRST CROSS COUNTRY CHAMPIONSHIP

### METRO CROSS COUNTRY

Florida State's Herb Wills, going out at a quick pace in hope of helping his team, set a course and school record November 4 to lead the freshman-dominated Seminoles to their first Metro Conference championship. The victory is coupled with FSU's two consecutive track and field titles.

FSU put three men in the first 10 at the 8,000 meter Seminole Golf Course loop, to defeat defending conference champion and pre-meet favorite St. Louis and first year Metro team Virginia Tech. The Seminoles had 43 points, St. Louis 55 and Virginia Tech 58.

Cincinnati (90), Memphis State (92), Louisville (157) and Tulane (218) completed the team scoring.

Wills, a native of Tallahassee, said after his victory that he ran better because he thought FSU had a chance to win.

Wills' winning time was 24:05.2 over the slightly less than five-mile cross country course. He opened up a 5-10 yard lead in his first mile, increased it slightly at three miles and then easily held off a challenge by defending champion Bernie Weber of Cincinnati. Weber finished 11 seconds behind Wills.

The Seminoles used their strongest effort of the season to win the team title.

Junior and team captain Tom Herron ran his best race of the season, finishing fourth in 24:55. Freshman John Hodge may have nailed down the victory for FSU when he sprinted past two St. Louis runners to finish seventh in 25:01.

Other FSU finishers were freshman Doug Overfelt (12th in 25:08) and Larry Greene (19th in 25:32), sophomore Steve Andrews (31st in 26:34) and freshman Bobby Shackelford (34th in 26:47).

Following the meet, cross country coach John Brogle stressed that team unity and pride were the keys in winning for the young Seminoles.

"I felt we were ready for our best effort of the year," said Brogle. "This meet was something that we looked forward to from the outset of the season. What we lacked in experience we made up in determination and pride."



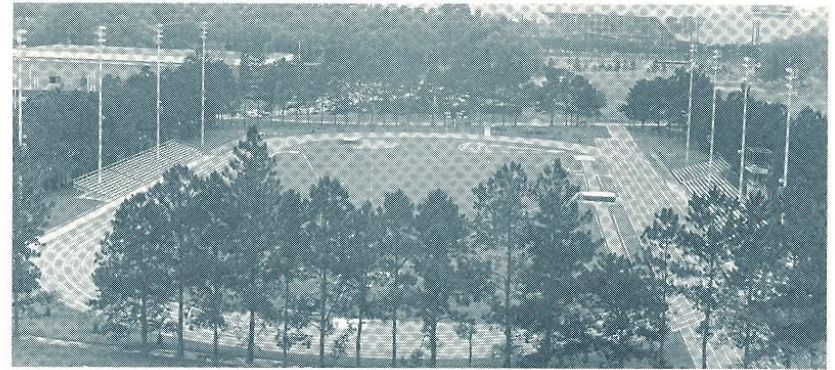
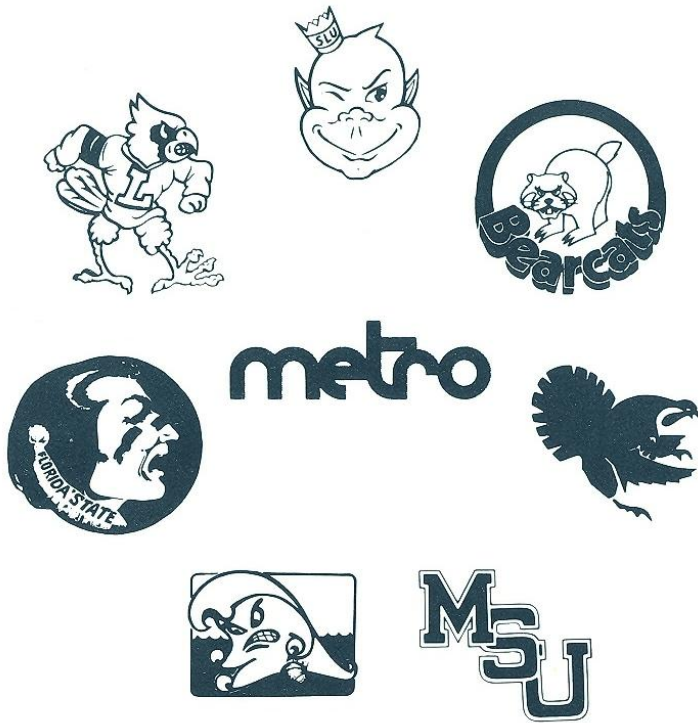
Brogle and Wills

## INDIVIDUAL STANDINGS

NO.	NAME	TIME	SCHOOL
1	Herb Wills	24:05.2	FSU
2	Bernie Welser	16.4	Cincinnati
3	Steve Anders	47.7	Memphis State
4	Tom Herron	55.6	FSU
5	Greg Lemieux	59.4	Virginia Tech
6	Gene Crane	25:00.0	Virginia Tech
7	John Hodge	11.7	FSU
8	John O'Donnell	04.6	St. Louis
9	Dave Kretschman	06.5	St. Louis
10	Robbie White	07.0	Virginia Tech
11	Ed Slattery	07.6	St. Louis
12	Doug Overfelt	08.7	FSU
13	Mark Luzecky	11.1	St. Louis
14	George Grigs	16.9	St. Louis
15	Ray Ackenbom	21.9	Virginia Tech
16	Chris Gilbert	23.4	Cincinnati
17	Rick Brill	24.5	Louisville
18	Ed Raposa	27.9	Memphis State
19	Larry Greene	32.5	FSU
20	Dan Ferrara	37.3	Cincinnati

## TEAM STANDINGS

1.	Florida State	43
2.	St. Louis	55
3.	Virginia Tech	58
4.	Cincinnati	90
5.	Memphis State	92
6.	Louisville	157
7.	Tulane	218



## MIKE LONG TRACK

In addition to the structural renovations at one of the finest on-campus outdoor facilities in the nation, the Florida State track has also added a name.

After 23 years at the Seminole helm, head coach Mike Long's name will be placed on the scoreboard to commemorate his devoted service to Florida State and the Tallahassee community.

Located conveniently on the FSU athletic complex, the eight lane, quarter mile oval has a highly regarded Chevron 440 running surface. The same surfacing material is used for the jump runways in the infield portion of the track. The Chevron 440 surface is reputed to be one of the finest all-purpose surfaces for a multi-use university track. It not only gives a uniform, fast, all-weather track for meets, but also is soft enough to be an ideal daily workout surface.

A new scoreboard commemorating the Mike Long Track will feature a running display clock which connects with an Accutrack system to be viewed by both runners and spectators. The new clock can stop for split times and then catch up. It will be used to record the winning time and then continue. A time and temperature clock will also be featured on the scoreboard which will display in five second intervals, four seconds of time and one second of temperature. The time readout displays seconds as well as the hour and minutes.

Illuminated for 24 hours, the clock can be utilized not only for Seminole athletes, but for joggers in training.

Also added to the '79 addition of the Mike Long Track is a new innovative design, combination high jump takeoff and javelin approach area. Located at the south end, the area will feature an octagonal design which will provide eight separate takeoff areas.

Extending from the northernmost and southernmost sides is an additional extension to increase the length of runup for the javelin to 110 feet.

Shot put will move to the southeast corner and the discus throwing circle will be moved to the southwest end of the track. This will place all field event performers in front of the spectators.

Chutes at both ends of the straightaway provide the opportunity to take advantage of prevailing winds in the 110 HH and 100 meter dash. Additionally, the long jump, triple jump, and pole vault are constructed to also take advantage of any favoring wind.

The facility, completely enclosed and surrounded by tall pines and short palms, is used by the entire campus. The track has seating for approximately 5,000 persons and a press box is located over the west stands. The facility is lighted for night events.

## METRO CONFERENCE TRACK RECORDS

Event	Name	Time/ Distance	Year
100 Meter	Mike Roberson (Florida State)	10.27	1977
200 Meter	Walter McCoy (Florida State)	21.18	1978
400 Meter	Walter McCoy (Florida State)	45.56	1978
800 Meter	Philip Rolle (Florida State)	1:48.69	1977
1500 Meter	Cliff Cook (Florida State)	3:47.2	1978
5000 Meter	Donnie Cook (Florida State)	14:15.4	1978
110 HH	Wayne Mason (Cincinnati)	14:24	1977
400 IH	John Citron (Florida State)	50.86	1978
400 Relay	Florida State (Roberson, McCoy, Forbes, Johnson)	40.37	1978
Mile Relay	Florida State (Citron, Kettenacker, Caruthers, McCoy)	3:11.7	1978
Steeplechase	Mike Sauter (Florida State)	9:03.70	1978
Pole Vault	Manny Wetherbee (Florida State)	15-7	1978
Javelin	Eric Allain (Florida State)	233-8	1977
Long Jump	Terdell Middleton (Memphis State)	24-9	1976
Shot Put	Carlos Tandron (Georgia Tech)	58-2½	1977
Triple Jump	Larry Lowe (Georgia Tech)	52-3½	1977
High Jump	Dexter Rowland (Georgia Tech)	6-11	1977
	Larry Jenkins (Memphis State)		1978
Discus	Brad Cooper (Florida State)	187-11	1978
10,000 Meter	Donnie Cook (Florida State)	30:14.4	1978

# FSU INDOOR RECORDS

EVENT	RECORD	HOLDER	YEAR
50 Yard Dash	:05.3	Doug Brown, Eddie McMillan	1970
		Danny Smith	1973
		Don Merrick	1977
60 Yard Dash	:06.1	Kenny White	1965
		Jesse Forbes	1975
		Don Merrick	1976
		Kevin Johnson	1978
		Cyril Wyatt	1978
100 Yard Dash	:09.6	Eddie McMillan	1971
440 Yard Dash	:47.3**	Joel Garren	1972
	:48.8	Vesco Bradley	1975
600 Yard Dash	1:08.9**	Walter McCoy	1978
	1:09.6	Walter McCoy	1978
880 Yard Run	1:52.4	Tyrone Frederick	1973
1000 Yard Run	2:10.3	Tommy Curtis	1976
Mile Run	4:07.0	Bob Burr	1974
2 Mile Run	8:43.7**	Ken Misner	1971
50 Yard High Hurdles	:05.8*	Danny Smith	
60 Yard High Hurdles	:06.9***	Danny Smith	1974
70 Yard High Hurdles	:08.0***	Danny Smith	1975
Mile Relay	3:12.5**	David Williams, Marvin Dixon, Mike Roberson, Don Merrick	1976
2 Mile Relay	7:33.5	Glenn Kettenacker, Walter McCoy, Earl Caruthers, Lynn Brown	1978
4 Mile Relay	17:33.4	Del Ramers, Jack Wise, Bobby Brooks, Ken Misner	1971
Distance Medley	9:52.4**	Jack Wise, Randy Stow, Del Ramers, Ken Misner	1971
Distance Medley	10:00.0	Bobby James, Billy Weldon, Bob Burr, Bobby Brooks	1974
Shot Put	57-1¾	Osborn Brown	1973
Pole Vault	17-2	Phares Rolle	1976
High Jump	7-1	Jeff Nedimyer	1976
Long Jump	24-10¼	Henry Finney	1977
Triple Jump	50-6	Charlie Harris	1974

\*Ties World Record

\*\*Oversize Track

\*\*\*National Collegiate Record

# FSU OUTDOOR RECORDS

EVENT	RECORD	HOLDER	YEAR
100 Yard Dash	9.3	Vesco Bradley	1975
		Don Merrick	1976
		Jesse Forbes	1976
		Mike Roberson	1976
		Mike Roberson	1978
100 Meter Dash	9.9*		
	(10.11)		
200 Meter Dash	20.5	Don Merrick	1976
(Curve)		Mike Roberson	1977, 78
220 Yard Dash	20.3	Ron Harrison	1960
(Straight)			
400 Meter Dash	45.56	Walter McCoy	1978
800 Meter Run	1:48.3	Tyrone Frederick	1974
Mile Run	4:02.4	Bobby Burr	1974
2 Mile Run	8:50.6	Ken Misner	1971
5000 Meter Run	13:55.1	George West	1976
6 Mile Run	27:55.2	Ken Misner	1971
3000 Meter Steeplechase	8:52.7	Bobby James	1976
110 Meter High Hurdles	13.4	Danny Smith	1974
		Mike Roberson	1977
		Mike Kelly	1969
400 Meter IM Hurdles	49.9	Terry Long	1962
220 Yard Low Hurdles	22.6	Steve Landis	1965
330 Yard IM Hurdles	37.6	John Citron, Mike Woods,	1977
480 Yard High Hurdle	57.5	Gary Bassa, Mike Roberson	
Shuttle Relay		Mike Roberson, John Walker,	1977
400 Meter Relay	39.1	Don Merrick, Jesse Forbes	
		Ron Nelson, Walter McCoy,	1978
		Kevin Johnson, Mike Roberson	
800 Meter Relay	1:23.3	Ron Nelson, Lynn Brown,	1978
Mile Relay	3:07.6	Mike Roberson, Walter McCoy	
		Glenn Kettenacker, Lynn Brown,	1977
		Tommy Curtis, Philip Rolle	
2 Mile Relay	7:27.1	Donnie Cook, Bobby James,	1976
4 Mile Relay	17:05.8	Tommy Curtis, George West	
		Danny Smith, Billy Weldon,	1973
		Joel Garren, Tyrone Frederick	
Sprint Medley	3:19.4	Glenn Kettenacker, Warner Miller,	1976
		Tommy Curtis, George West	
Distance Medley	9:50.3	Vesco Bradley	1975
		Henry Finney	1976
		Jeff Nedimyer	1975
		Phares Rolle	1975, 76
		Allen Williams	1963
Long Jump	25-6¾	Bradley Cooper	1978
Triple Jump	51-10	Eric Allain	1971
High Jump	7-1	Vinny Bilotto	1978
Pole Vault	17-1	Charlie Galloway	1971
Shot Put	59-10		
Discus	188-11		
Javelin	250-0		
Hammer	106'5"		
Decathlon	6,829		

\*Ties world record

# MIKE LONG TRACK RECORDS

EVENT	RECORD	HOLDER & AFFILIATION	YEAR
100 Yard Dash	9.3	Vesco Bradley (Florida State)	1975
		Don Merrick (Seminole C.C.)	1975
100 Meter Dash	10.0	Don Merrick (Florida State)	1977
		Harvey Glance (Auburn)	1977
		Mike Roberson (Florida State)	1978
200 Meter Dash	20.5	Mike Roberson (Florida State)	1977-78
400 Meter Dash	45.56	Walter McCoy (Florida State)	1978
800 Meter Run	1:47.0	Horace Tuitt (Florida)	1977
1500 Meter Run	3:44.3	Wesley Maiyo (Florida)	1977
Mile Run	4:00.2	Jim Schaper (South Carolina)	1974
2 Mile Run			
5000 Meter Run	13:45.9	Barry Brown (Fla. Track Club)	1973
10,000 Meter Run	30:14.4	Donnie Cook (Florida State)	1978
3000 Meter Steeplechase	8:46.6	Wesley Maiyo (Fla. Track Club)	1976
110 Meter High Hurdles	13.4	Mike Roberson (Florida State)	1977
400 Meter Intermediate Hurdles	49.2	Edwin Moses (Morehouse)	1976
400 Meter Relay	39.1	Mike Roberson, John Walker, Don Merrick, Jesse Forbes (Florida State)	1977
800 Meter Relay	1:24.2	John Walker, Ron Nelson, Kevin Johnson, Mike Roberson (Florida State)	1978
Mile Relay	3:06.6	Dennis Otono, Carl Mose, Don Stringfellow, Evis Jennings (Mississippi State)	1978
2 Mile Relay	7:36.6	Ben Vaught, Terry Martin, Wes Koenig, Glenn Kettenacker (Florida State)	1975
4 Mile Relay	17:15.0	Phil Taul, John Hexom, Vince Marino, Charlie Messenger (Unattached)	1975
Sprint Medley Relay	3:29.8	Gary Woolford, Jesse Forbes, Mike Kincaid, Earl Caruthers (Florida State)	1975
Distance Medley Relay	10:07.8	Glenn Kettenacker, Wes Koenig, Bobby James, George West (Florida State)	1975
440 Meter Shuttle Hurdle Relay	58.2	Mike Woods, Mark Herman, James Ruth, Mike Roberson (Florida State)	1976
Pole Vault	17'9"	Dave Roberts (Fla. Track Club)	1976
High Jump	7'1"	Jeff Nedimyer (Florida State)	1975
Long Jump	25'3"	Larry Myricks (Mississippi Coll)	1976
Triple Jump	52'5¾"	Stephen Hanna (Miami-Dade North)	1977
Shot Put	59'3½"	George Woods (So. Illinois)	1966
Discus	187'11"	Bradley Cooper (Florida State)	1978
Javelin	266'1"	Phil Olsen (Tennessee)	1978
Hammer	183'11½"	Ken Jansson (Dartmouth)	1978

# FSU TRACK HISTORY

YEAR	COACH	CAPTAINS	W	L	
1949	Ken Miller	None	0	3	
1950	Ken Miller	Al Bradford	5	1	
1951	Ken Miller	Max Watson	5	1	
1952	Ken Miller	John Poston	6	1	
1953	Ken Miller	Dick Mize	3	3	
1954	Ken Miller	Carlos Fraundorfer	1	6	
			20	15	
1955	Mike Long	Ron Weaver	5	1	
1956	Mike Long	Ron Weaver	7	1	
1957	Mike Long	Joe Davis	4	1	
1958	Mike Long	Mike Conley, Jack Terwilliger	4	0	
1959	Mike Long	Jim Casteel, Dick Elwood	3	1	
1960	Mike Long	Ted Keen	4	0	
1961	Mike Long	Don Ostergaard	4	1	
1962	Mike Long	Jeff Clark, Quintin Till	5	0	
1963	Mike Long	Craig Johnson, Herb Craft	4	1	
1964	Mike Long	None	5	0	
1965	Mike Long	Al Cato, Jerry McDaniel	5	0	
1966*	Mike Long	Kenny White, John Brogle	4*	4*	
1967	Mike Long	Sid Gainey, Steve Landis	4	8	
1968	Mike Long	Bud Manning, Charlie Vickers	7	4	
1969	Mike Long	Mike Kelly	7	3	
1970	Mike Long	Randy Stow, Ken Misner	11	2	
		Charlie Galloway			
1971	Mike Long	Randy Stow, Ken Misner, Bill Jackson	6	5	
1972	Mike Long	Chuck Crowder, Bernie Waxman	2	5	
1973	Mike Long	Rudy Falana, Allen McMillen, Tyrone Frederick	10	5	
1974	Mike Long	None	7	2	
1975	Mike Long	None	15	2	
1976	Mike Long	None	12	2	
1977	Mike Long	Don Merrick	11	2	
			131	32	
1978	Dick Roberts	Jesse Forbes, Cliff Cook	11	4	
			Total	157	54

\*Won-Loss records since 1966 include multiple team meet victories and losses (e.g. third place in five-way meet scored as two wins and two losses.)

# SEMINOLE TRACK & FIELD ALL-AMERICANS



**Kelly**



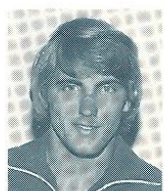
**Merrick**



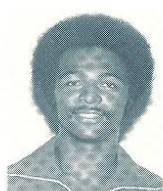
**Parker**



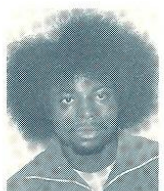
**Brown**



**Garren**



**Smith**



**Forbes**



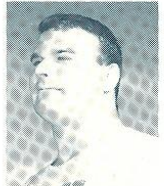
**Harris**



**Falana**



**Frederick**



**Williams**



**Rolle**



**Misner**



**Nelson**



**Walker**



**McCoy**



**Johnson**



**Cooper**



**Roberson**

# THEIR RECORDS

Al Williams	1963 NCAA Shot Put
Mike Kelly	1968 NCAA 120-Yard High Hurdles 1969 USTFF 120-Yard High Hurdles 1969 USTFF 440-Yard IM Hurdles
Ken Misner	1969 USTFF Cross Country 1969 NCAA Cross Country
Phil Parker	1969 USTFF Triple Jump
Doug Brown	1969 USTFF 100-Yard Dash
Ken Misner	1970 USTFF Cross Country 1971 NCAA Six Mile Run 1971 USTFF Three Mile Run
Bobby Brooks	1971 USTFF Cross Country
Joel Garren	1972 USTFF 200-Meter Dash
Danny Smith	1973 NCAA 60-Yard High Hurdles 1974 NCAA 60-Yard High Hurdles* 1974 NCAA 120-Yard High Hurdles 1975 NCAA 60-Yard High Hurdles*
Jesse Forbes	1975 NCAA 100-Yard Dash 1978 NCAA 100-Meter Dash 1978 NCAA 400-Meter Relay
Charlie Harris	1975 USTFF Triple Jump
Rudy Falana	1975 USTFF Long Jump
Tyrone Frederick	1974 NCAA 880-Yard Run 1975 USTFF 880-Yard Run
Don Merrick	1976 NCAA 60-Yard Dash
Phares Rolle	1976 NCAA Pole Vault
Mike Roberson	1976 NCAA 200-Meter Dash 1977 NCAA 60-Yard High Hurdles 1978 USTFF Mile Relay 1978 NCAA Mile Relay 1978 NCAA 400 Meter Relay
Ron Nelson	1978 USTFF Mile Relay 1978 NCAA Mile Relay
John Walker	1978 USTFF Mile Relay 1978 NCAA Mile Relay
Walter McCoy	1978 USTFF Mile Relay 1978 NCAA Mile Relay 1978 NCAA 600-Yard Run* 1978 NCAA 400-Meter Dash 1978 NCAA 400-Meter Relay
Kevin Johnson	1978 NCAA 400-Meter Relay
Bradley Cooper	1978 NCAA Discus

\*NCAA Indoor Champion

## SEMINOLES NOW COACHING TRACK & FIELD

NAME	SCHOOL	CITY
John Brogle	Florida State University	Tallahassee, Florida
Jerry Cousins	Deland High School	DeLand, Florida
Jeff DeCola	Brandon High School	Brandon, Florida
Rudy Falana	Largo Jr. High School	Largo, Florida
Don Fuchs	South Plantation High School	Plantation, Florida
Joel Garren	St. Petersburg Catholic High	St. Petersburg, Florida
Tom Graham	Flagler College	St. Augustine, Florida
Brent Haley	Largo Senior High School	Largo, Florida
Charlie Harris	Seminole Community College	Sanford, Florida
Randy Hutchinson	Sandy High School	Portland, Oregon
Keith Ingram	Florida State University	Tallahassee, Florida
Doc Kelly	Brevard Community College	Cocoa, Florida
Curt Long	University of Georgia	Athens, Georgia
Jim Long	Florida State University	Tallahassee, Florida
Terry Long	Seminole Community College	Sanford, Florida
Terry Martin	Colonial High School	Orlando, Florida
Billy Maxwell	University of Tennessee	Knoxville, Tennessee
Warren Murray	J. I. Leonard High School	Ft. Lauderdale, Florida
James Pelham	Shanks High School	Quincy, Florida
David Pitts	Blountstown High School	Blountstown, Florida
Bob Neyland	Dover High School	Dover, Delaware
Dick Roberts	Florida State University	Tallahassee, Florida
Don Roberts	McArthur High School	McArthur, Florida
Bob Sable	Plantation High School	Plantation, Florida
Michael Urich	Raritan High School	Hazlet, New Jersey

## COACHING ASSISTANTS



Ingram



Wills

Keith Ingram and Dr. Herb Wills are working closely with coaches Dick Roberts and John Brogle during the 1979 track season.

Ingram, one of the top Seminole vaulters ever, works regularly with the Florida State vaulters. Pursuing post graduate studies, Ingram still competes as often as possible while lending valuable assistance to the coaching staff. A walk-on in the 1971 season, the first year mentor worked his way to the team's number one vaulter in '74.

Wills, father of Florida State freshman distance runner Herb Wills, continues his life time running enthusiasm by assisting in the distance events. A former high school level coach, Wills lettered in track, cross country and wrestling while attending Eastern Illinois University. The highly scholared mentor has earned a B.S. and M.S. in mathematics and a doctorate in education.

## DR. BERNARD SLIGER

### FSU PRESIDENT



Dr. Bernard F. Sliger, Florida State University's president since 1977, is one of the most ardent fans in Seminole sports history.

The 53-year-old Sliger believes that competition is an integral part of university life. "A major public institution is benefited by a well-rounded athletic program," he said. "In addition to being an important source of outside giving, it is a means of identification. Athletics is a rallying point for present and former students as well as supporters of Florida State."

An economist and scholar in special fields of economic theory and finance, Dr. Sliger earned his B.A., M.A. and Ph.D. degrees in economics at Michigan State University, and has done postdoctoral studies in mathematical economics at the University of Minnesota. He has taught at Michigan State, Southern University and Louisiana State University. He served as executive director of Louisiana Coordinating Council for High Education before joining FSU as executive vice president in 1972.

Dr. Sliger, and his wife Greta, have four children.

## JOHN BRIDGERS

### ATHLETIC DIRECTOR



John Bridgers came on the Florida State scene as its athletic director in the spring of 1973 and since that time the Seminole program has constantly been on the move upward.

His list of accomplishments is an imposing one for an athletic director who has been faced by the same general financial woes that beset the economy in general and intercollegiate athletics in particular nationwide. These problems were compounded at Florida State since the Tribe football program — the main source of revenue generation

for the department — had suffered through its leanest years since the University resumed athletics in 1947.

A native of Birmingham, Ala., Bridgers came to Florida State from South Carolina. Previously he had spent 10 years as athletic director and head football coach at Baylor University, a period during which the Bears participated in three bowl games.

Following graduation from Auburn, Bridgers served two years with the Army in Korea, being discharged as a captain after enlisting as a private.

Bridgers is married to the former Frances Young of Florence, Alabama.



# THIS IS FLORIDA STATE

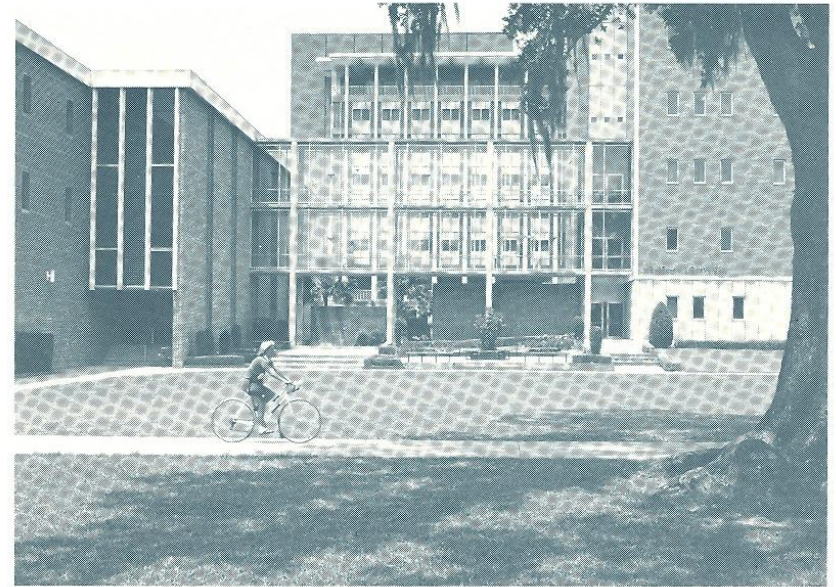
Florida State University — the home of more than 20,000 Seminoles — has a campus that starts at the top of one of Tallahassee's famed seven hills, and rolls gently downward and westward across 340-odd acres of pines, palms and pecan trees.

Founded in 1857 as the Seminary West of the Suwannee, its heritage is evidenced in the wide range of architectural struggles to preserve history and keep up with modern times and air conditioning. Yet it still ranks as one of the South's last, few bastions of campus greenery — the kind that combines the blossoms of camellias, azaleas and dogwoods with moss-hung oaks that are, in some cases, as old as the University itself, if not older.

From the Gothic towers of Westcott at the eastern entrance to the campus, to the modern glass and steel structures of its Science Complex to the west, Florida State University has moved forward in time and growth more rapidly than many of its newer counterparts in the State University System. Its enrollment has quadrupled since it became coeducational in 1947, following nearly half a century as the Florida State College for Women.

Today, its 14 schools and colleges are spread through \$150 million worth of building, its annual budget exceeds \$100 million and it attracts more than \$18 million a year in research contracts and grants. Students can pick and choose from more than 100 career options offered in arts and sciences, business, communication, criminology, dance, education, home economics, law, library science, music, nursing, social sciences, social work, theater and visual arts programs.

The University is a member of the Academic Common Market and has overseas study centers in Florence, London and the Panama Canal Zone. Summer programs of study are offered in law at Oxford, in hotel and restaurant ad-

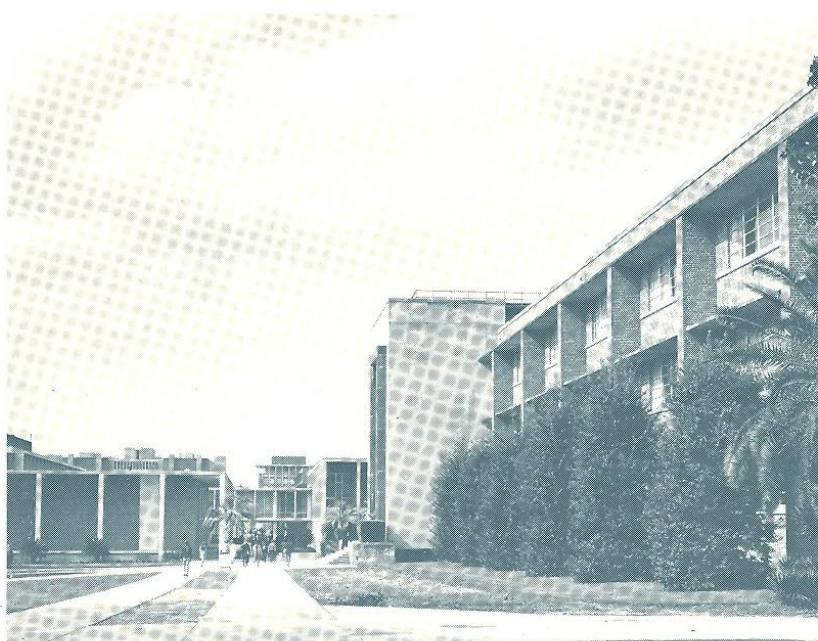


ministration in Switzerland, and in comparative studies of economic and social systems in Yugoslavia.

The location of FSU in the Capital City of Florida offers unusual opportunities for study and research in the social and policy sciences, and an optimum environment for internships and on-the-job learning experiences for students in many fields of study.

The University operates major laboratory facilities for nuclear, marine and computer research. In addition, it has a wide-ranging spectrum of institutes and research centers, each of which deals with specialized aspects of the following fields of study: government, geophysical fluid dynamics, molecular biophysics, educational research, American theater, gerontology, social research, community mental health, employee relations, economic development, analysis of resources and environment, Southern culture and religion, statistical consultation, educational technology and instructional systems, population studies, multi-campus systems, educational tax policy, urban and regional planning, criminological and correctional research, and the study of women in educational management systems. A Regional Rehabilitation Center serves citizens in the tri-state area with diagnostic and remedial treatment of speech and hearing problems.

A city within a city, Florida State has 1,200 faculty members, more than 6,000 additional employees and a construction program that will exceed \$50 million between now and 1981. The construction of a new civic center and a center for continuing education — both near the State Capitol — are destined for completion by the fall of 1980.



## MIKE LONG JOINS FSU HALL OF FAME



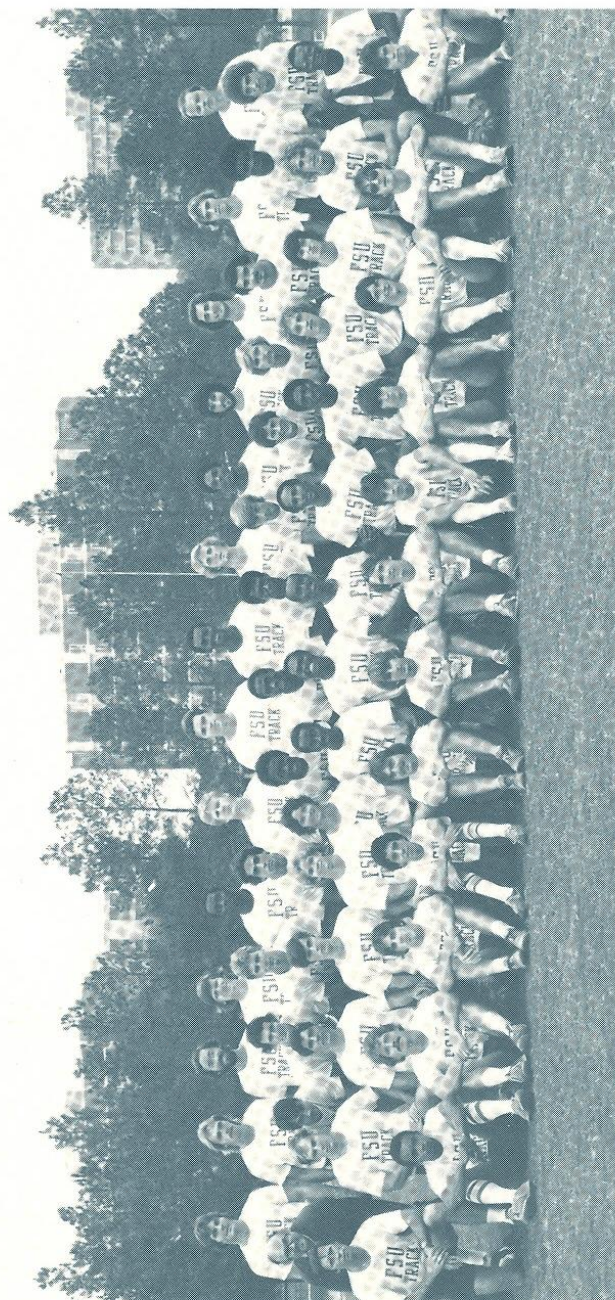
MIKE LONG

## FSU HALL OF FAME 1978

In his 23 years as FSU track coach, Mike Long amassed an enviable record of 131 wins and 32 losses. Five times in his 23 years Long's teams were undefeated and on six other occasions Florida State lost only one meet. From 1955 to 1977 Mike Long made the Seminoles one of the strongest track and field powers in the South. Fourteen Florida State thinclads won All American designation. Furthermore, four of Coach Long's sons competed for the garnet and gold. In his final year, Long led the Tribe to an overwhelming Metro Conference championship. From 1953 to 1955 Mike Long also coached football, handling ends for head coach Tom Nugent.

An excellent on-the-field coach, Mike Long instilled a fierce sense of competition in his athletes. He is largely responsible for making the Florida State program and facility among the best in the nation.

Long joins previous inductee Ken Misner and Mike Kelly, who will join the pair at the 1979 induction.



1979 FLORIDA STATE SEMINOLES

This public document was promulgated at an annual cost of \$1512, or \$1.51 per copy to serve as a guide for track and field to acquaint the media and fans with the 1979 Florida State University track program.