



FLORIDA STATE UNIVERSITY
1980 Cross Country Guide

Florida State Fingertip Facts

Location	Tallahassee, Fla.
Enrollment	22,000
Nickname	Seminoles
Colors	Garnet and Gold
Conference	Metro
President	Dr. Bernard F. Sliger
Acting Athletic Director	Phillip R. Fordyce
Acting Assistant Athletic Director	Larry Pendleton
Assistant to the Director	Claude Thigpen
Business Manager	Joe Labat
Sports Information Director	Mark Carlson
Ass't Sports Information Director	Glenn Greenspan
Ass't Sports Information Director	Lisa Morton
Cross Country Coach	John Brogle
Cross Country Phone	904/644-3638
Sports Information Phone	904/644-4038

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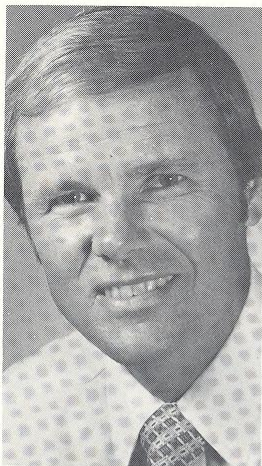
For further information, please contact the Sports Information Office at 904/644-4038. Requests in writing should be addressed to: Sports Information Office, Florida State University, Tallahassee, Fla. 32306.

The 1980 Cross Country Guide was written and edited by Assistant Sports Information Director Lisa Morton. Pictures were supplied by the University Photo Lab and by the Metro Conference.

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Head Coach John Brogle



John Brogle enters his fourth season on the Florida State track staff and his third as head coach of the cross country team.

Brogle, a former FSU student who obtained his physical education degree in 1966, served as captain of former coach Mike Long's track squad. He put his name in the record books that same year with a 1:52.2 clocking in the 880 yards.

Brogle began his coaching career on the staff of Clearwater's Oak Grove Junior High School where he remained three years before moving across the county to St. Petersburg Catholic.

Brogle's coaching record at his high school alma mater is nothing short of phenomenal. His cross country teams won state championships in 1969, 1972, 1973 and 1975 and never finished lower than third in the state meet during his eight years at the Class 3A school.

His track and field teams' performances have been just as impressive. Brogle-coached squads finished either second or third in the state meet between 1971-74 and won the state crown in 1970.

In his first two seasons as mentor of the FSU cross country team, Brogle has lived up to his past coaching credentials. His squads captured the Tribe's first-ever Metro Conference title in 1978 and followed up with another first place finish in 1979. Adding to the laurels, Brogle was named Metro Conference Coach of the Year in 1979.

In addition to his job as cross country coach, Brogle assists head track coach Dick Roberts in the distance and middle-distance events.

The easy-going coach obtained a master's degree in physical education from the University of South Florida. He is also an assistant professor of physical education at FSU.

He and his wife Margie have two children, Kimberly Ann, 12, and John Mark, Jr., 6.

CROSS COUNTRY OUTLOOK

A second straight Metro Conference championship highlighted the 1979 cross country season. Winning a third and qualifying for the NCAA championships is at the top of the list of desires for Coach John Brogle and his 1980 cross country team.

Nine out of the 10 lettermen responsible for last year's first-place finish are still wearing the Garnet and Gold. They form what Brogle terms a "young, but experienced squad". None of the nine lettermen are seniors, which would seem to guarantee two great years coming up.

Tallahassee native Herb Wills heads the list of Florida State talent. The spirited junior was a qualifier for the 1980 Olympic trials in the marathon and placed fourth in the NCAA national track and field championships for 10,000 meters.

Wills will be surrounded by a group of talented juniors including Larry Green, John Hodge, Brett Hoffman and first place 5,000 meters Metro finisher Doug Overfelt. Sophomore Marc Trigg also distinguished himself as a top performer last season, placing sixth in the Metro Cross Country Championships.

Depth among the top running spots will be provided by junior Robb Gomez, an All-American in the indoor 1,000 meters, junior Bobby Shackelford and senior Scott Taylor.

"While it is our goal to win a third Metro Conference Championship," says Brogle, "we don't want to stop at that. Qualifying for the NCAA's is within our reach and while I think we have the talent, we must keep everyone healthy for it to be a realistic goal for us."



Herb Wills should be out front for Florida State in '80.



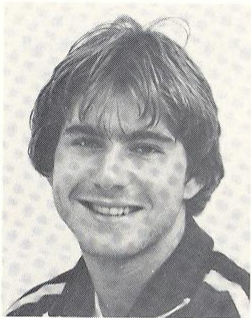
Robb Gomez
Junior St. Petersburg, Fla.

... main area of concentration has been in the middle distances ... has done well in track, recording a 1:49 timing in the 800 meters and 3:45.3 in the 1500 meters ... indoor 1000 meter All-American ...



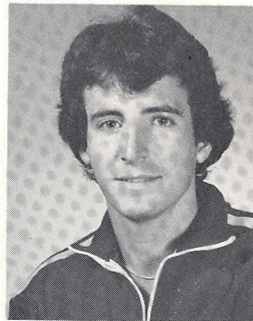
Larry Greene
Junior Miami Beach, Fla.

... had an excellent sophomore year ... consistently in the top five ... best 10,000 meter time is 30:08 ... finished third in both the 5 kilometers and 10 kilometers in the Metro Outdoor Track Championships ... state 4A cross country champion in 1977 at North Miami Beach High School ...



John Hodge
Junior Tallahassee, Fla.

... finished eighth in last season's Metro Cross Country Championships with a 25:18 clocking ... should be a solid member of the top five this season ... 10,000 meter scorer in 1980 Metro Spring Sports Championships ... hard worker ...



Brett Hoffman
Junior St. Petersburg, Fla.

... injury problem most of last year ... came back to run in the Regional Cross Country Championships ... being counted on to add strength and depth to the team ... can run competitively between 1500 and 10,000 meters ... state's all-time fastest prep two miler with an 8:53 clocking ...



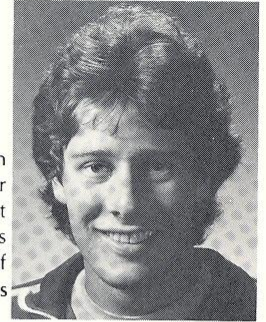
Mark McGee
Junior Longwood, Fla.

... was one of the top five runners with the cross country team last year prior to being injured ... also nagged by injury during the outdoor track season ... should be a rebuilding year for McGee with the possibility of regaining one of the squad's top five positions ...



Doug Overfelt
Junior Titusville, Fla.

... coming off a fine sophomore season where he finished fourth in the Metro Cross Country Championships with a 25:05 timing ... first in the 5,000 meters and the steeple chase at the Metro Spring Sports Championships ... expected to be a frontrunner on this year's squad ...



Bobby Shackelford
Junior Miami, Fla.

... primarily a middle distance runner with the capability of having success at the longer distances ... made a major breakthrough last spring, running a fine 3:47 for the 1,500 meters and a 1:51 for the 800 meters ... has intention of securing one of the top seven slots in cross country ...



Scott Taylor
Junior Jacksonville, Fla.

... established himself as a fine distance runner last year by making the district cross country team which traveled to Memphis, Tn. ... will be counted on as a definite contributor to the team's success this season ...



Marcus Trigg
Sophomore St. Petersburg, Fla.

... made a major contribution in Metro competition, finishing sixth in the cross country championships ... finished third in both the outdoor steeple chase and the 5,000 meters in the Spring Sports Championships ... state 4A cross country champion in 1978 ...



Herb Wills
Junior Tallahassee, Fla.

... National Junior AAU cross country champion in 1978 and National Junior AAU 10,000 meter champion in 1979 ... Metro Outdoor 10,000 meter champion ... MVP of the squad in 1978 and 1979 ... placed fourth in the 10,000 meters in the 1980 NCAA track championships, the highest American to finish ... Olympic trials qualifier for the marathon ... should break into the national scene as a cross country runner this fall ...

1980 CROSS COUNTRY SCHEDULE

Date	Event	Place	Time
Sept. 27	Florida State Tri-Meet	Tallahassee, Fla.	10:00 AM
Oct. 4	Florida State Invitational	Tallahassee, Fla.	11:00 AM
Oct. 11	Furman Invitational	Greenville, N.C.	11:00 AM
Oct. 18	Florida Invitational	Gainesville, Fla.	11:00 AM
Nov. 1	Metro Conference Championship	St. Louis, Mo.	11:00 AM
Nov. 15	NCAA Qualifying Regional	Greenville, N.C.	11:00 AM
Nov. 24	NCAA Championships	Wichita, Kan.	TBA

1980 CROSS COUNTRY ROSTER

Name	Class	Hometown
Jay Adams	Freshman	Little Rock, Ark.
Paul Askea	Junior	Sarasota, Fla.
Steve Ballew	Sophomore	Largo, Fla.
Abraham Barker	Freshman	Bristol, Va.
Bruce Bosley	Sophomore	Johnston, Ohio
Robb Gomez	Junior	St. Petersburg, Fla.
Chip Gorman	Freshman	Cocoa Beach, Fla.
Larry Greene	Junior	Miami, Fla.
John Hodge	Junior	Tallahassee, Fla.
Paul Hodge	Sophomore	Tallahassee, Fla.
Brett Hoffman	Junior	St. Petersburg, Fla.
Mark McGee	Junior	Longwood, Fla.
Andy Moore	Senior	San Antonio, Tx.
Pete Nachtigal	Sophomore	Largo, Fla.
Doug Overfelt	Junior	Titusville, Fla.
Bob Shackelford	Junior	Miami, Fla.
Scott Taylor	Junior	Neptune Beach, Fla.
Marc Trigg	Sophomore	St. Petersburg, Fla.
Herb Wills	Junior	Tallahassee, Fla.

1979 RESULTS

Event	Place
Florida State Tri-Meet (Troy State and Seminole C.C.)	1st
Florida State Invitational	3rd (of 6)
Furman Invitational	6th (of 18)
Metro Conference Championship	1st (of 7)
NCAA Qualifying Regional	12th (of 42)

1980 Metro Cross Country Champions

Front Row—(left to right) Marc Trigg, Larry Greene
Top Row—(left to right) John Hodge, Doug Overfelt, Coach John Brogle, Tom Herron, Scott Taylor, Herb Wills.

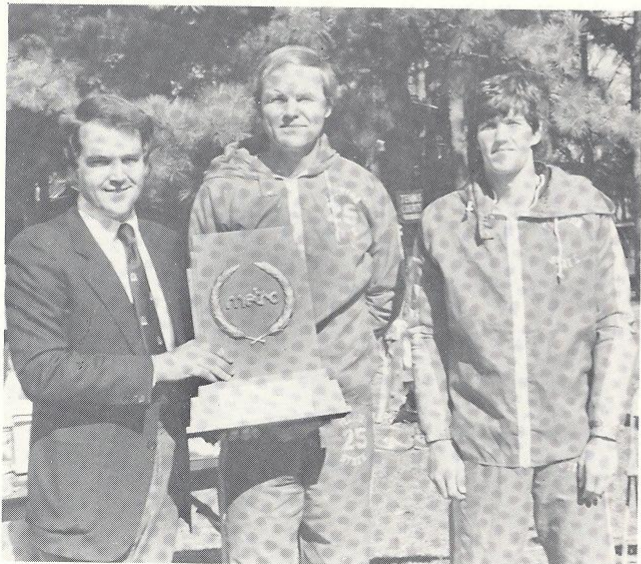




Metropolitan Collegiate Athletic Conference

- Cincinnati
- Florida State
- Louisville
- St. Louis
- Memphis State
- Tulane
- Virginia Tech

1980 Metro Cross Country Championship
Nov. 1, 1980
St. Louis



Florida State coach John Brogle (center) and captain Tom Herron accept 1980 Metro Championship trophy from commissioner Larry Albus. The Seminoles have won the championship the past two years.

THIS IS FLORIDA STATE

Florida State University — the home of more than 20,000 Seminoles — has a campus that starts at the top of one of Tallahassee's famed seven hills, and rolls gently downward and westward across 340-odd acres of pines, palms and pecan trees.

Founded in 1857 as the Seminary West of the Suwanee, its heritage is evidenced in the wide range of architectural struggles to preserve history and keep up with modern times and air conditioning. Yet it still ranks as one of the South's last, few bastions of campus greenery — the kind that combines the blossoms of camellias, azaleas and dog woods with moss-hung oaks that are, in some cases, as old as the University itself, if not older.

From the Gothic towers of Westcott at the eastern entrance to the campus, to the modern glass and steel structures of its Science Complex to the west, Florida State University has moved forward in time and growth more rapidly than many of its newer counterparts in the State University System. Its enrollment has quadrupled since it became coeducational in 1947, following nearly half a century as the Florida State College for Women.

Today, its 14 schools and colleges are spread through \$150 million worth of buildings, its annual budget exceeds \$100 million and it attracts more than \$18 million a year in research contracts and grants. Students can pick and choose from more than 100 career options offered in arts and sciences, business, communication, criminology, dance, education, home economics, law, library science, music, nursing, social sciences, social work, theater and visual arts programs.

The location of FSU in the Capital City of Florida offers unusual opportunities for study and research in the social and policy sciences, and an optimum environment for internships and on-the-job learning experiences for students in many fields of study.

The University operates major laboratory facilities for nuclear, marine and computer research. In addition, it has a wide-ranging spectrum of institutes and research centers, each of which deals with specialized aspects of the following fields of study: government, geophysical fluid dynamics, molecular biophysics, educational research, American theater, gerontology, social research, community mental health, employee relations, economic development, analysis of resources and environment, Southern culture and religion, statistical consultation, educational technology and instructional systems, population studies, multi-campus systems, educational tax policy, urban and regional planning, criminological and correctional research, and the study of women in educational management systems. A Regional Rehabilitation Center serves citizens in the tri-state area with diagnostic and remedial treatment of speech and hearing problems.

A city within a city, Florida State has 1,200 faculty members, more than 6,000 additional employees and a construction program that will exceed \$50 million between now and 1981. The construction of a new civic center and a center for continuing education — both near the State Capitol — are destined for completion by the fall of 1980.