

1983 FSU cross country

1983 Men's Cross Country Schedule

Date	Event	Time
Sept. 17	Santa Fe, South Florida	9:00 a.m.
Sept. 24	Seminole Invitational	9:30 a.m.
Oct. 1	Texas, LSU	9:00 a.m.
Oct. 15	at Clemson Invitational	11:00 a.m.
Oct. 22	Open	TBA
Nov. 5	at Metro Conference Championships	11: a.m.
Nov. 12	at Region III Championships	10:00 a.m.
Nov. 21	at NCAA Championships	TBA



1983 Women's Cross Country Schedule

Date	Opponent	Site
Sept. 17	North Carolina State Invitational	Raleigh, NC
Sept. 24	Florida State Invitational	Tallahassee, FL
Oct. 1	Tennessee vs Fla vs FSU vs Texas	Tallahassee, FL
Oct. 15	Clemson Invitational	Clemson, SC
Oct. 21	Florida Invitational	Gainesville, FL
Oct. 29	Appalachian State	Tallahassee, FL
Nov. 12	NCAA Regional	Clemson, SC
Nov. 21	NCAA Championship	Lehigh, PA



FLORIDA STATE

1983 cross country

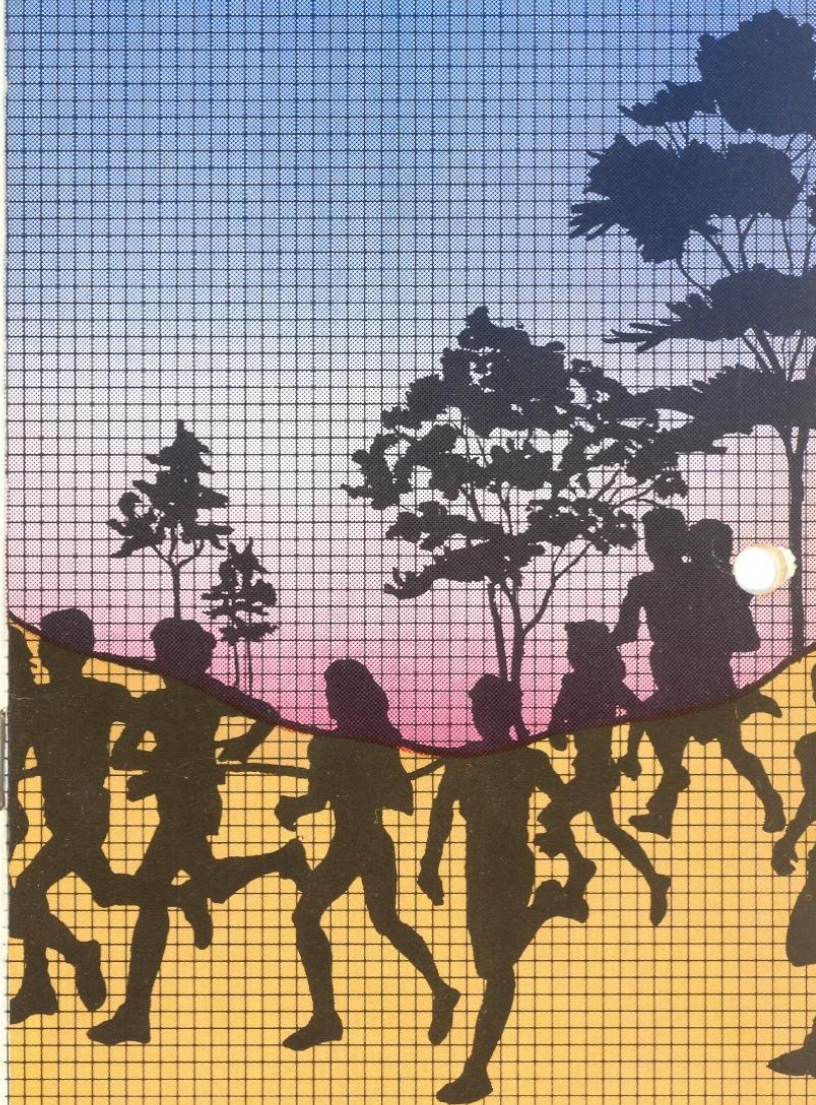


TABLE OF CONTENTS

WOMEN'S

Page

Coaching Staff	2
Outlook	3
Runner Biographies	4-5
1983 Roster	6
1982 Results	7
Staff	8

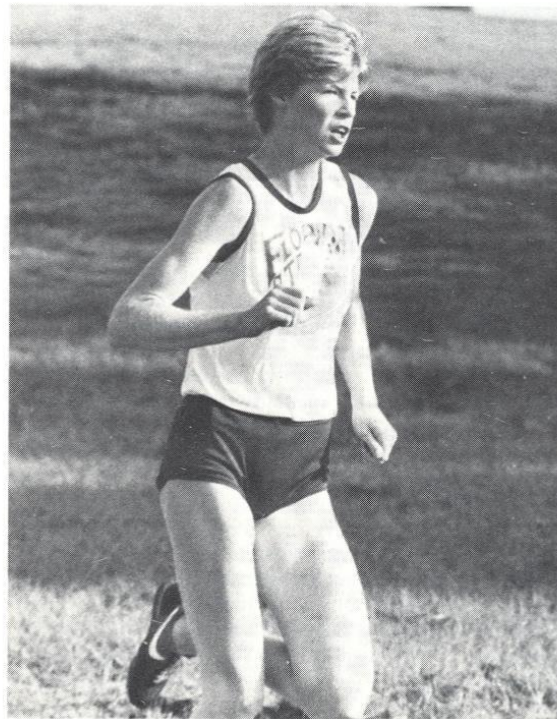
MEN'S

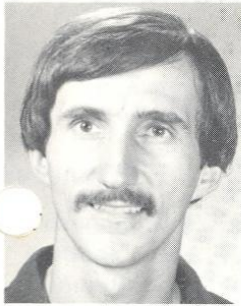
Coaching Staff	10
Outlook	11
Runner Biographies	12-13
1983 Roster	14
All-Americans	14
1982 Results	15
Staff	16
This is Florida State	IBC
Schedules	BC

FLORIDA STATE FACTS

Location	Tallahassee, Fla.
Nickname	Seminoles
Colors	Garnet and Gold
Enrollment	22,500
President	Dr. Bernard F. Sliger
Faculty Representative	Dr. James P. Jones
Home Course	Seminole Golf Course
NCAA District	III
Women's Coach	Al Schmidt (904) 644-1431
Men's Coach	John Brogle (904) 644-1060

The 1983 Cross Country Guide was written and edited by Lisa Morton (women's) and Dan Pearson (men's) of the FSU Sports Information Office. The cover design was by Bucky Parrish and J.S. Goodson & Associates and inside photography by Chris Uhland and the University Photography Lab. Any member of the media or friend of the University can receive additional information by calling (904) 644-1060 or writing to the Sports Information Office, P.O. Drawer 2195, Tallahassee, Fla. 32316.





Gary Winckler Head Track and Field Coach

Since Gary Winckler joined the Florida State staff in the fall of 1980, the Seminole program has been in the national spotlight. After a year as an assistant coach where Florida State finished third in the nation, Winckler led the Seminoles to third and second place finishes, respectively. Before Winckler arrived in Tallahassee, no FSU track and field team had finished in the nation's top 50.

Winckler was assistant women's track and field coach at Oregon State prior to joining the Seminole staff. Over three seasons, he helped build the program from the bottom of its 37-team region to a second place finish in 1980.

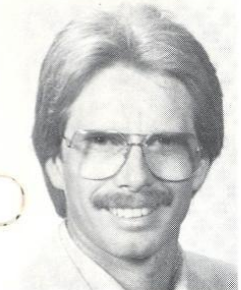
Winckler also picked up coaching experience at Seattle Pacific University and Lynnwood (Wash.) High School. After graduating from Seattle Pacific where he set the school's high jump record (6-10) he worked on the coaching staff.

Several of Winckler's writings on track and field techniques have been published, including Perspective on the Back-Layout High Jump which appeared in a 1980 issue of Scholastic Coach Magazine.

In the summer of 1981, Winckler was co-director of the U.S. Southeastern Olympic Development Track and Field camp hosted by Florida State. He is also a southeast region hurdles coordinator for Olympic Development program.

Winckler holds a master's degree in mathematics from Oregon State.

Al Schmidt Assistant Track & Field Coach Cross Country Coach



Returning to the Florida State staff for his second season as cross country coach and assistant track and field coach is Al Schmidt. Schmidt had come to the Seminole program in August of 1982 from the University of Kansas.

Since his arrival, good things have happened to Florida State. First, the track and field team finished second in the nation last spring. Secondly, Florida State signed three freshmen distance runners with outstanding credentials to complement its fine sprinting corps.

During his one-year stay at Kansas where he served as assistant men's track and field coach, Schmidt coached the distance runners in both cross country and track. The Jayhawks were indoor and outdoor Big Eight Champs that year.

Prior to his tenure at KU, Schmidt was the head coach of the men's track and field program at St. Louis University for five seasons. His cross country team was Metro Conference champion in 1977 and earned the runner-up position to Florida State in 1978 while St. Louis was still a member of the conference.

Before receiving his bachelor's degree from St. Louis in 1973, Schmidt had attended the University of Missouri for two years where he ran on the Tiger cross country track teams. After transferring back to his native St. Louis, he served as an assistant track coach at the University of Missouri-St. Louis his senior year.

Schmidt represented the United States on a Brazilian tour in 1979 where he helped conduct coaching clinics for the State Department.

In addition to his coaching duties in the cross country and distance areas, Schmidt serves as FSU's recruiting coordinator.

1983 Women's Outlook

"If we finish fifth in our region, we'll have a successful year." So says Florida State cross country coach Al Schmidt, who is just in his second year at the Tallahassee school.

But should folks understand a thing or two about Region III, they may understand more about Schmidt's statement. "Four of the top 10 teams in the country came from our region last year," he says. "Virginia, Clemson, North Carolina State and Tennessee were all up there. If we finish in the top five in the region, we're top 12 in the country."

Wait a minute! Does Schmidt really have the kind of team that conjures up thoughts of a top 12 finish? After all, the Seminoles didn't even come close to placing a year ago.

"We have the potential for a good year," defends Schmidt. "Our season will depend on our first two runners. From the third position back to the seventh, we're solid."

Who will be those first two runners seems to be the first question. The simple answer, and most logical, would be senior Margaret Coomber, a 33 year old who has been the team's top runner three years running. She is described by Schmidt as the team's "silent force."

Coomber doesn't have a hold on the number one position, however. She'll be pushed by Carla Borovicka, who has emerged as a big surprise for Schmidt. Borovicka's highest finish a year ago was fourth but her off-season program has indicated that she's ready to make a move.

The next five runners are all presently bunched and one of Schmidt's immediate attentions come September will be to sort out j.c. transfer Jeanie Messinese, freshmen Barbara Matthews, Lori Littell and Julie Leonard and sophomore Colleen Curran.

Curran, the only non-rookie, has a load of untapped talent and should be able to contribute this year. Messinese was a top five finisher on the j.c. national championship team and the trio of freshmen all bring impressive credentials to FSU. Matthews and Littell both hail from Florida while Leonard trained on the hilly courses of Virginia as a high school runner.

Three other freshmen and a pair of j.c. transfers could prove to help out the team also. Redshirt Kelley Hackler is a question mark in that she may concentrate just on track this year while newcomers Marcia Brownlee and Suzanne

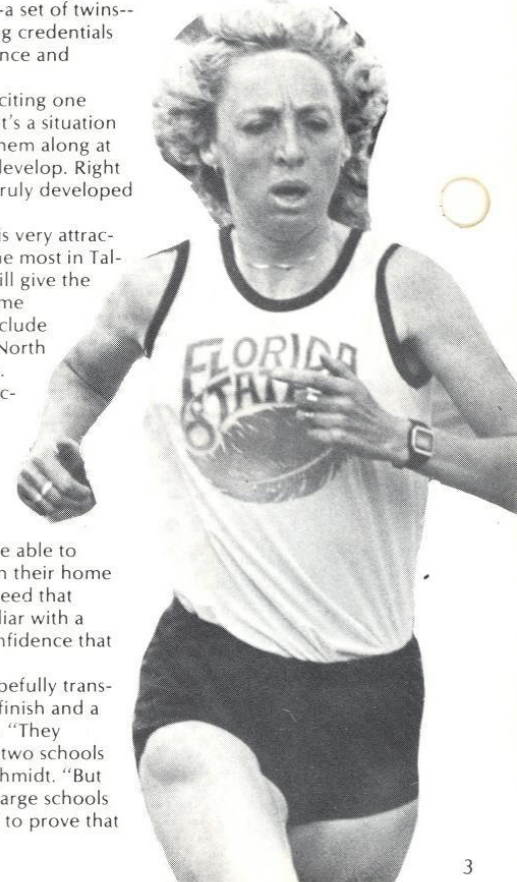
Pockell also come from good backgrounds. Sharon and Karen Parrish--a set of twins--have impressive road racing credentials and will add some experience and depth.

"This team will be an exciting one to coach," said Schmidt. "It's a situation where a coach can bring them along at his pace and watch them develop. Right now Margaret is the only truly developed runner we have."

Florida State's schedule is very attractive. Three home meets, the most in Tallahassee in recent years, will give the team experience on its home course. The away meets include the Florida, Clemson and North Carolina State Invitationals.

"The schedule is very attractive for two reasons," explains Schmidt. "First, we'll have experience running at Clemson and that's where the region meet will be held. The other reason is that we'll be able to have our young runners on their home course three times. They need that experience in getting familiar with a course and developing confidence that they're getting better."

"Getting better" will hopefully translate into a strong regional finish and a place in the national meet. "They automatically take the top two schools from each region," says Schmidt. "But last year they took two at-large schools from our region. We need to prove that we belong in that group."



Lady Seminole Profiles



MARGARET COOMBER, SENIOR, LONDON, ENGLAND...has been one of FSU's top two runners for last three years...highest finish in 1982 was second place at FSU Invitational...took third places at Alabama and Florida Invitationals...best time of season was the 16:34.3 she ran in Gainesville ...was team MVP as a freshman in 1980 after winning two invitationals that year...has qualified for NCAA track and field nationals in the 1,500 all three years at FSU...was seventh

in NCAA meet in 1982...member of FSU's indoor two-mile national championship and collegiate record-setting team...still a top runner at age 32...at one time was ranked among the top 30 women in the world in the half-mile...has run on British and Scotish International teams...husband Malcolm is an assistant coach for the FSU program...

CARLA BOROVICKA, SENIOR, PORTLAND, ORE.

Coach Al Schmidt labels her as "the biggest surprise on the team after spring workouts"...should definitely be one of the top two runners and could challenge for the top slot...best finish a year ago--in her first try at cross country--was a fourth place at the Florida Invitational ...time was 17:05.6...just missed qualifying for the NCAA meet last year in the 1,500 meters...lowered her time 12 seconds in that event during the year...member of the national collegiate record-holding mile relay from indoor championships in 1981...transfer from Oregon State...



COLLEEN CURRAN, SOPHOMORE, DAYTON, OHIO...scored in two meets last fall for FSU with her best finish, seventh place, coming at the Florida Invitational...the 17:16.2 time that she ran in the meet was also her best time of the season...a superior talent with the most untapped potential on the squad...loves to run...placed second in the TFA-USA cross country national championships in 1981...placed first in 800 and second in 1,500 in '81 Canadian Junior Indoor Nationals...ran for Kettering Striders Track and Field Club while in high school...

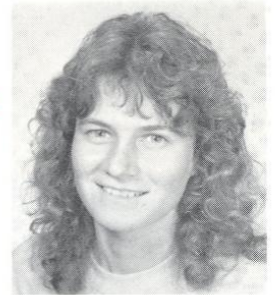
Lady Seminole Profiles



JULIE LEONARD, FRESHMAN, VIENA, VA...was nagged by injuries in her last two years of high school competition...when healthy she performed well...was all-state in track and field and cross country...finished third in the state meet in 5,000 meters (17:44.0)...district and region MVP in cross country...last one to beat heralded Andrea Volpe, the East's top prep runner last year, when she beat her as a junior ...experience on hilly courses of Virginia will help FSU...attended James Madison High School...

LORI LITTELL, FRESHMAN, TAMPA, FLA

...surprised everyone in the state last year as she won the 4-A state championship in the mile (5:03.1)...beat some impressive runners in that meet...has good desire and coaches expect big things out of her in the future...also competed in tennis while at Leto High School...



BARBARA MATTHEWS, FRESHMAN, NORTH OMIS, FLA...potentially the best long distance runner to come out of the Florida high school ranks last year...most of her laurels came in track and field where she was the state's 3-A runner-up in both the mile (5:06.8) and the two-mile (11:03.1)...was also all-state in cross country where she finished sixth in the state meet...attended Venice High School...

JEAN MESSINESE, JUNIOR, JACKSONVILLE BEACH, FLA

...transfer from Florida Junior College...team won the 1982 national junior college championships as Messinese placed in the top five...also impressive credentials as a high school runner where she placed sixth in the state cross country meet as a senior...great attitude towards improvement ...attended Beaches Chapel High School before attending FJC...



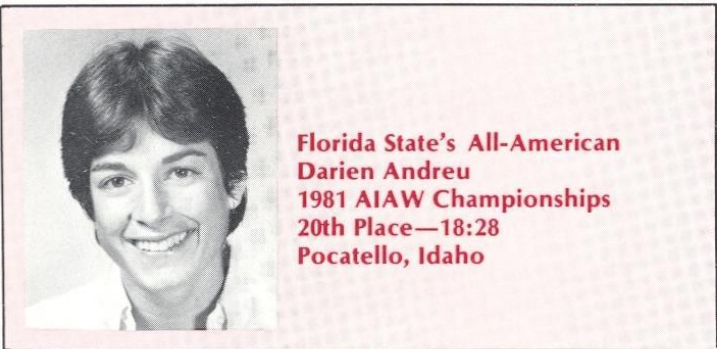
1983 Women's Cross Country Roster

Name	Cl.	High School/Hometown
Carla Borovicka	Jr.	Beaverton/Portland, Ore.
Marcia Brownlee	Fr.	Toms River/Toms River, N.J.
Margaret Coomber	Sr.	London, England
Colleen Curran	So.	Chaminade-Julienne/Dayton, Ohio
Jill Decker	Fr.	Rockledge/Rockledge, Fla.
Kelley Hackler	Fr.	Eustis/Eustis, Fla.
Julie Leonard	Fr.	James Madison/Vienna, Va.
Lori Littell	Fr.	Leto/Tampa, Fla.
Barbara Matthews	Fr.	Venice/Nokomis, Fla.
Jeanie Messinese	Jr.	Beaches Chapel/Jacksonville Bch, Fla.
Karen Parrish	Jr.	Pensacola Catholic/Pensacola, Fla.
Sharon Parrish	Jr.	Pensacola Catholic/Pensacola, Fla.
Suzanne Pockell	Fr.	Cherry Hill West/Cherry Hill, N.J.



Capsule Analysis

Letterwinners Returning: (3) Margaret Coomber, Carla Borovicka, Colleen Curran
 Letterwinners Lost: (2) Janet Bassford, Janette Wood
 Newcomers (10): Marcia Brownlee, Jill Decker, Kelley Hackler, Julie Leonard, Lori Littell,
 Barbara Matthews, Jean Messinese, Karen Parrish, Sharon Parrish and
 Suzanne Pockell



**Florida State's All-American
Darien Andreu
1981 AIAW Championships
20th Place—18:28
Pocatello, Idaho**

1982 Team Results

Alabama Invitational - 1st Place	
Florida State	29
Florida	40
Alabama	51
Alabama-Birmingham	108
Florida State Invitational - 1st Place	
Florida State	32
Florida	49
Auburn	73
Georgia	97
Florida International	136
Troy State	172
Biscayne	176
Central Florida	199
Florida A&M	223
Virginia Invitational - 2nd Place	
Virginia	15
Florida State	70
Alabama	130
Auburn	180
Tennessee Invitational - 3rd Place	
Tennessee	26
Michigan State	66
Florida State	70
Northwestern	82
East Tennessee State	114
Florida Invitational - 1st Place	
Florida State	21
Florida	39
Florida International	81

1982 Individual Results

Virginia Invitational			
9 — Margaret Coomber	18:25.6	15 — Janette Wood	18:59
11 — Sandra Arthurton	18:42.6	17 — Janet Bassford	19:0
		18 — Carla Borovicka	19:09.4
Alabama Invitational			
1 — Sandra Arthurton	17:17.6	10 — Carla Borovicka	18:44
3 — Margaret Coomber	17:23	13 — Janette Wood	19:00
6 — Janet Bassford	18:24	21 — Colleen Curran	20:31
FSU Invitational			
2 — Margaret Coomber	17:18.6	10 — Colleen Curran	18:10.8
3 — Sandra Arthurton	17:34.0	11 — Janette Wood	18:11.6
6 — Janet Bassford	17:57.2	13 — Carla Borovicka	18:17.6
Florida Invitational			
2 — Sandra Arthurton	16:32.0	4 — Carla Borovicka	17:05.6
3 — Margaret Coomber	16:34.3	5 — Janet Bassford	17:07.4
		7 — Colleen Curran	17:16.2
Tennessee Invitational			
6 — Sandra Arthurton	18:25	11 — Carla Borovicka	18:58
7 — Margaret Coomber	18:27	14 — Janet Bassford	19:31
		32 — Colleen Curran	21:24

Women's Athletic Staff



Barbara Palmer Associate Athletic Director

Barbara Palmer has been with the Florida State athletic program since 1977. As associate athletic director, Palmer is in charge of the women's athletic program.

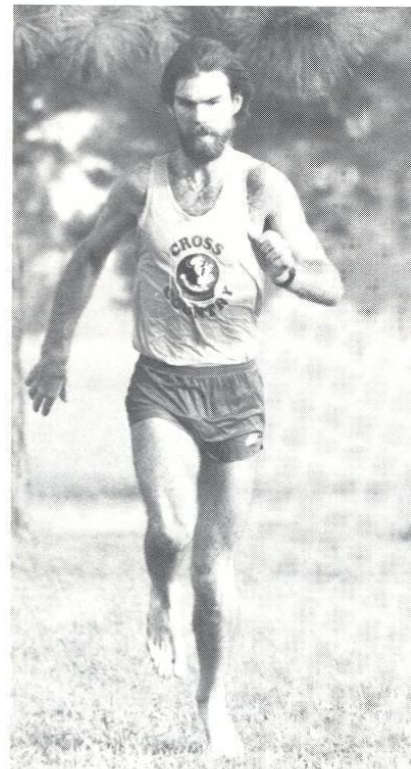
Since her arrival on campus, the FSU women's program has grown to the point where it is now considered among the top five programs in the country.

All eight women's sports have turned in winning records over the past three years. There have been three national championships won, including back-to-back titles by the softball team in 1981 and 1982. In 1982 Florida State sent every team to a national tournament, a feat accomplished by only one other school in the nation.

Simply put, Barbara Palmer has been the energy behind that climb toward national excellence. She was directly responsible for the funding FSU women's athletics receives from the state legislature each year. It was Palmer's lobbying that pushed Title IX legislation through the state government in 1980.

So great has been Palmer's impact on the growth of women's athletics in the state of Florida that she was chosen to the inaugural Women's Florida Hall of Fame by Governor Bob Graham. She was one of just six women elected from a field of 226 candidates.

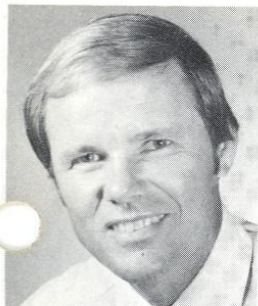
Palmer joined Florida State after serving four years as executive director of a private leisure and recreation services organization. A long-time resident of Tallahassee, Palmer graduated from FSU in 1970 and earned a master's degree in leisure services in 1974.



Women's Staff

Associate Athletic Director	Barbara Palmer (904) 644-2087
Assistant Athletic Director	Jo Heath (904) 644-1013
Promotions and Marketing Coordinator	Terry Hume (904) 644-1441
Equipment and Travel Coordinator	Judy Spainhour (904) 644-1013
Athletic Trainer	Nancy Watson (904) 644-5017
Academic Advisor	Trudy Raybun (904) 644-1258
Strength Coach	Donna Murdoch (904) 644-2087
Special Events Coordinator	Susan Scherling (904) 644-2087

1983 MEN'S CROSS COUNTRY



Head Coach John Brogle

John Brogle is in his sixth season as head cross country coach at Florida State University. In his first five seasons, Brogle has established himself as one of the top collegiate cross country coaches in this sector of the country.

In five years at the FSU helm, Brogle has coached Florida State runners to three Metro Conference Championships, a fourth place at the 1981 East Regional and a trip to nationals.

Brogle's outstanding collegiate coaching record is not surprising however. Upon examination of his coaching career, one finds that Brogle has produced championship teams at all levels of competition.

After serving a three year stint at Clearwater's Oak Grove Junior High School, Brogle moved on to become head cross country coach at St. Petersburg High School. It was here that Brogle would put together teams that would dominate state AAA competition for nearly a decade.

Under Brogle's leadership, St. Petersburg Catholic won state championships in cross country in 1969-72-73-75. In eight seasons, St. Petersburg never finished below third in the state meet.

Brogle also served as head track coach at St. Petersburg Catholic; his squads placed in the top three at the state meet for five years--including a state championship in 1970.

In 1976, he was named assistant track coach at Florida State. One season later, he was placed in charge of the cross country program at FSU.

Brogle's coaching accomplishments include three Metro titles and two runner-up trophies. But 1981 brought the most impressive cross country achievement to date. Under Brogle's guidance, the Seminoles placed eighth in the NCAA Cross Country Championships--the highest finish ever for an FSU team.

Coaching is not the only area in athletics where Brogle excelled. In his college days at Florida State, he was a standout track athlete for the legendary Seminole coach Mike Long.

As a Seminole runner, Brogle captained the 1966 track team and also set a school record in the 880-yard run (1:52.5).

Following completion of his degree at FSU, Brogle went on to earn a master's degree in physical education at South Florida. The popular Seminole coach also serves as an instructor within Florida State's physical education school.

John and his wife Margie have two children, Kimberly Ann, 16, and John Mark Jr., 8.



1983 Men's Outlook

When cross country runners Philip Rolle and Ronnie Treadway graduated last spring, it marked the end of an era in that sport at Florida State. Rolle and Treadway were the last two runners to have participated on Florida State's 1981 cross country team that finished eighth in the nation at the NCAA meet.

Although Seminole head coach John Brogle brought in several promising runners last fall and managed to win the Metro Conference Championship, the Seminoles suffered growing pains and failed to qualify for the national meet.

Now 1983 is on the horizon and FSU is faced with competing with a team that consists mostly of newcomers and one-year veterans. "We brought some good runners in last year, but with the exception of Paul Waldron they were mostly freshman," Brogle said. "Although several of these runners have a year's experience, we lost two more of our top five runners and are basically faced with running a young team again."

If the Seminoles are to find success in the coming year, Brogle must have productive years from the few veterans he has returning. Without question, Waldron is the key.

A transfer from Seminole Community College prior to the 1982-83 school year, Waldron had a solid season last year. Placing near the top in all FSU meets last year, Waldron earned all-conference honors last year in helping Florida State to become the first team to win the Metro Championship three times.

"Paul had an excellent summer of road racing," Brogle added. "We need him to come in here and establish himself as the leader of this team."

Complimenting Waldron this season will be senior Brother Barker and sophomore Greg Doss. Barker is coming off an excellent outdoor track season in the steeplechase and appears ready to establish himself as a solid collegiate cross country runner.

Doss came on strong towards the end of last season and became a consistent top finisher for FSU in 1982.

"I feel pretty confident that these three runners will establish themselves as the nucleus for this team," Brogle said. "But in terms of scoring well in meets, three runners will not do it for you. We need to have five and I hope some of the veterans or newcomers will come forward and do the job."

Senior Paul Hodge could step in to fill this role. The Tallahassee native has had several injuries in his career but had a strong summer season and appears to be healthy heading into the fall.

Sophomores Chip Apple and Jeff Muth are both coming off injuries and could possibly help, provided the rehabilitation process goes smoothly for both.

Help may also come in the form of junior college transfer Cavin Councilor and Joe DeVito. Councilor from Southwest Michigan Community College and DeVito from Seminole Community College both had outstanding JC careers and will be counted on heavily to help both the track and cross country teams.

Pat Calcutt and Rich Corbett finished second and third in last year's Georgia State High School meet and will be two freshmen with a chance to break into the top five.

FSU will again face a tough schedule in order to prepare for the Metro Conference meet. The Seminoles will host their annual Invitational on Sept. 24, before hosting Texas in a dual meet the following week. The Clemson Invitational (Oct. 15) and the Florida Invitational (Oct. 21) will highlight the regular season, before the Tribe participates in the Metro meet (Nov. 5) and the NCAA East Regional (Nov. 12).

"Although we will be fielding a young team, I believe we have some potential," Brogle said. "Our goal will be to improve every meet and try to win the Metro again."

Seminole Profiles



Chip Apple
So., 6-0, 150
Orlando, Fla.

Injury riddled during most of freshman season...could break into top seven if he stays healthy...came to Florida State after outstanding career at Orlando's Edgewater High School...placed fifth in the state high school class AAAA cross country championships.



Brother Barker
Sr., 5-10, 155
Bristol, Va.

Turned in good outdoor season in steeplechase and appears ready to establish himself as a solid collegiate cross country runner...another runner who has experienced several injuries throughout collegiate career...won state championships in both the indoor and outdoor two mile events at 1980 Virginia High School Championships.



Patrick Calcutt
Fr., 5-8, 140
LaGrange, Ga.

Won four track and cross country letters at LaGrange High School...finished second in the state cross country championships last fall...has a 34:03 best in the 10,000-meter and 15:47 in three-mile...will also compete in distance events during track season.



Richard Corbett
Fr., 5-9, 130
Marietta, Ga.

Placed third in state cross country meet during senior year at Walton High School...lettered four times in track and four times in cross country...earned all-metro, all-county and regional MVP during high school career...has a 33:40 best in 10,000-meters.



Cavin Councilor
Jr., 5-11, 160
Naples, Fla.

Transfers to Florida State from Southwest Michigan Junior College...had excellent junior college career in the middle distance events...posted a 14:39 best in the 5000-meters at SMJC last spring...runner-up in Michigan state cross country championships sophomore and junior years, before winning state title senior year for Kearsley High.

Seminole Profiles



Chris Daniels
So., 5-10, 138
Ft. Myers, Fla.

Will run cross country for the first time this season, after concentrating on track last year...ran 400-meter event last spring with a best time of :49 flat...also competed in 1500...standout performer at North Ft. Myers High...described by Brogle as having "excellent potential."



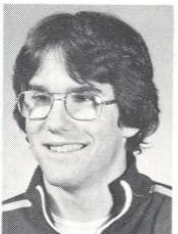
Joe DeVito
Jr., 5-9, 123
Largo, Fla.

Transfer to Florida State from Santa Fe Community College where we ran under ex-Seminole Terry Long...will have two years of eligibility remaining...will concentrate on the 3000 and 10,000-meter races during track season, as well as running cross country...personal best of 30:29 in the 10 K.



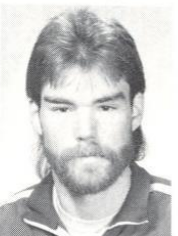
Greg Doss
So., 5-11, 145
Orlando, Fla.

Lettered last season as a freshman on FSU cross country team...earned all-conference recognition in helping the Seminoles to the 1982 Metro Conference Championship...turned in solid outdoor season...teammate of Chip Apple at Edgewater High School.



Paul Hodge
Sr., 5-11, 150
Tallahassee, Fla.

Returns for senior season, after excellent summer of road racing...has shown good potential in career but has been hampered by a rash of injuries...standout track and cross country performer at Tallahassee's Lincoln High School.



Paul Waldron
Sr., 6-0, 140
St. Petersburg, Fla.

Transferred to Florida State from Seminole Community College last season and quickly established himself as one of FSU's top distance runners...all-conference selection after finishing second out of FSU runners in Metro Conference Championships...has had a 14:28 best in the 5000-meter and a 30:53 best in 10,000-meter...junior college All-American in cross country...one of few cross country runners in nation to compete barefooted...lettered in track and scored points in 10,000-meter run to help lift FSU to seventh straight Metro Conference track championship.

1983 Men's Florida State Cross Country Roster

Name	Ht.	Wt.	Class	Hometown
Chip Apple	6-0	150	So.	Orlando, Fla.
Brother Barker	5-10	155	Sr.	Bristol, Va.
Ray Broughton	5-9	147	Sr.	Deland, Fla.
Patrick Calcutt	5-8	140	Fr.	LaGrange, Ga.
Richard Corbett	5-9	130	Fr.	Marietta, Ga.
Cavin Councilor	5-11	160	Jr.	Naples, Fla.
Chris Daniels	5-10	138	So.	Ft. Myers, Fla.
Joe DeVito	5-8	123	Jr.	Largo, Fla.
Greg Doss	5-11	145	So.	Orlando, Fla.
Tony Forde	6-0	145	Sr.	Riviera Beach, Fla.
Paul Hodge	5-11	150	Sr.	Tallahassee, Fla.
James Howarth	5-10	150	Fr.	Tallahassee, Fla.
Rich Melin	5-7	135	Jr.	Miami, Fla.
Jeff Muth	5-9	141	Jr.	Orlando, Fla.
Paul Waldron	6-0	140	Sr.	St. Petersburg, Fla.

Seminole All-Americans



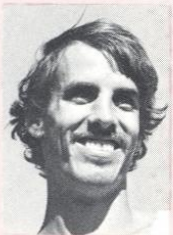
Herb Wills

Latest FSU two sport All-American, earning cross country honors in 1981 and track All-American citations in both 1980 and 1981...placed 16th overall in 1981 NCAA Championships in helping FSU to an eighth place finish overall.



Bobby Brooks

Three time track and cross country lettermen at Florida State...selected to All-American team in 1971 by the United States Track and Field Federation following national meet...outstanding 10,000-meter runner for track team.



Ken Misner

One of top track athletes of all time at FSU...earned a total of five different All-American honors at FSU from 1969-71 ...cross country All-American in 1969 and 1970...held four different school records at one time...one of only four track athletes to be selected into the prestigious Florida State Hall of Fame.

1982 Cross Country Results

Three-Way Meet		Florida Invitational (2nd Place/30 teams)	
FSU	OPP	FSU	OPP
30	South Florida	42	
30	Santa Fe CC	51	
		33	Florida
			29

Florida State Invitational		Metro Conference Championships	
FSU	OPP	FSU	OPP
68	Auburn	25	
68	Florida	64	
68	South Alabama	117	
68	Troy State	117	
68	South Florida	157	
68	Central Florida	181	
68	Florida International	225	
68	Jacksonville	254	
68	Albany State	308	
68	Florida A&M	349	
37	Virginia Tech	41	
37	Cincinnati	75	
37	Memphis State	91	
37	Louisville	124	
37	Tulane	155	
37	Southern Mississippi	170	

Furman Invitational (1st place, 14 teams)

FSU	OPP	East Regionals	
42	Brevard	44	
42	Clemson TC	124	
1.	East Tennessee State	56	
2.	Clemson	94	
3.	Virginia Tech	132	
4.	Tennessee	141	
5.	Virginia Tech	164	
12.	Florida State	305	

Metro Championship Results 1975-82

1982		1978	
1.	Florida State	37	
2.	Virginia Tech	41	
3.	Cincinnati	75	
1.	Florida State	43	
2.	St. Louis	55	
3.	Virginia Tech	58	
1981		1977	
1.	Virginia Tech	24	
2.	Florida State	31	
3.	Memphis State	97	
1.	St. Louis	38	
2.	Cincinnati	59	
3.	Memphis State	71	
1980		1976	
1.	Virginia Tech	30	
2.	Florida State	38	
3.	Memphis State	86	
1.	Memphis State	43	
2.	Georgia Tech	65	
3.	Cincinnati	73	
1979		1975	
1.	Florida State	39	
2.	Virginia Tech	51	
3.	Memphis State	54	
1.	Georgia Tech	53	
2.	Memphis State	57	
3.	St. Louis	67	



C.W. "Hootie" Ingram Athletic Director

Cecil Ingram, known to his friends and associates as "Hootie", is in his third year as Florida State's athletic director. He came to the post in January of 1981 after serving as associate commissioner of the Southeastern Conference.

Since his arrival in Tallahassee, Ingram has initiated a \$10 million dollar building program for athletic facilities. A new athletic administration building that houses all administration, coaches and ticket personnel opened this fall. Fully equipped with locker rooms, weight rooms and a cafeteria, the complex also serves as a home for the Seminole football team.

The brand new Seminole Baseball Stadium, second to none in the South, was completed in April while further improvements to Doak Campbell Stadium have also recently been completed. Renovations to the pool area are still in progress.

A native of Tuscaloosa, Ala., the home of the University of Alabama, Ingram played football for the Crimson Tide from 1951 through 1954. He was All-SEC as a sophomore when he led the nation in pass interceptions. The '53 Alabama team played in the Orange Bowl and the '54 squad in the Cotton Bowl. Ingram also lettered for the Tide as an infielder.

He later moved into college coaching and has assistant coaching assignments at Wake Forest, Virginia Tech, Georgia and Arkansas. His only college football head coaching job began in 1970 at Clemson. Three years later he joined the SEC as assistant commissioner.



Bob Goin Associate Athletic Director

Bob Goin joined Florida State's staff as associate athletic director in July of 1981. All men's non-revenue sports' coaches report to Goin and he also assists athletic director Hootie Ingram in day-to-day operations of the entire athletic department.

Goin is well-experienced both as an administrator and coach. He came to Florida State after serving two years as athletic director of California (Pa.) State College. Prior to taking the California post, he was assistant director of athletics at West Virginia. Between 1960 and 1976, he served in various capacities at Bethany (W. Va.) College. Included among his Bethany duties were coaching responsibilities in football, basketball and baseball.

At California State, Goin was responsible for expansion of the athletic department. He formed the Cal State Athletic Scholarship Fund and Athletic Booster Club.

Immediately prior to moving to West Virginia, Goin served Bethany as associate professor and chairman of physical education and athletics. That assignment lasted for four years (1972-76). Goin was Bethany's football coach between 1963 and 1972.

This is Florida State



Florida State University, nestled in the center of Florida's capital city, is home to more than 22,500 students from all over the nation and from 115 foreign countries. FSU was founded in 1857 as the Seminary West of the Suwannee. Today, the main campus, with more than 340 green acres, is one of the prettiest in the South. Camellias, azaleas and dogwoods blossom under towering moss-draped oaks. From the stately Gothic-styled structures on the eastern end of the campus to the contemporary science complex on the west, FSU has grown and changed with the times. Enrollment has quadrupled since the school became coeducational in 1947, following nearly half a century as FSCW — Florida State College for Women.

Today, students at Florida State can choose from more than 100 career options made available by 14 schools and colleges including arts and sciences, business, communication, criminology, education, home economics, law, library science, music, nursing, social sciences, social work, theatre and visual arts. Also, the FAMU/FSU Institute of Engineering began this fall.

The University's location in the capital city of Florida affords excellent study and research opportunities in the areas of government, social sciences and policy sciences. Additionally, the presence of state government provides widespread opportunities for internships and on-the-job study.

In terms of scientific research, FSU excels as a basic research-oriented university. The nuclear physics laboratory is ranked by the National Science Foundation as one of the top four in the nation. FSU also maintains a large marine laboratory on the coast of the Gulf of Mexico.

Florida State counts among its faculty six members of the National Academy of Sciences, including Paul Dirac, a Nobel Prize winner in physics. Kurt Waldheim, former secretary general of the United Nations, recently joined the university faculty as a distinguished visiting lecturer in international relations and law.

The University is home to the only collegiate circus in the country. The Flying High Circus carries a reputation of quality, professional aerial and stage entertainment for children of all ages.

But it's not just good programs that make the University great. As President Bernard Slinger proclaims, it is the people who make Florida State the successful monument to learning that it is. He takes special pride in the people—students, faculty, administrators and staff—who are Florida State University.